

RadioTimes

3-9 FEBRUARY 2024

DIGITAL
EDITION

**YOUR
COMPLETE
TV & RADIO
GUIDE TO
THE SIX
NATIONS**

Six Nations Rugby
Italy v England
Saturday ITV1

YOU AND WHOSE ARMY?

**ENGLAND'S NEW CAPTAIN JAMIE GEORGE
ON LEADING HIS MEN INTO BATTLE**

PLUS Lawrence Dallaglio Brian O'Driscoll
Sir Ian McGeechan Shane Williams Benjamin Kayser
and Sergio Parisse deliver their verdicts



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**SCOTLAND'S RORY DARGE IS
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**GARETH DAVIES ON WHY WALES
WILL BE THE TOUGHEST TEAM TO BEAT**

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**YOUR
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THE SIX
NATIONS**

Six Nations Rugby
France v Ireland
Friday 2 Feb ITV1

**YOU AND
WHOSE
ARMY?**

**CAPTAIN PETER O'MAHONY SAYS
IRELAND ARE STILL THE TEAM TO BEAT**

PLUS Brian O'Driscoll Lawrence Dallaglio
Sir Ian McGeechan Shane Williams Benjamin Kayser
and Sergio Parisse deliver their verdicts



RadioTimes

3-9 FEBRUARY 2024

SIX NATIONS SPECIAL!

STEVE BORTHWICK 12
Let battles commence... The England coach casts his eye over this "fantastic tournament" – the rivalry, pressure and expectation. While his new captain Jamie George reveals his goal is clear: to be crowned champions of Europe

THE PLAYERS 14
Gareth Davies of Wales, Rory Darge of Scotland and Peter O'Mahony of Ireland look ahead with relish to the key confrontations

THE PUNDITS 16
Our experts weigh in on the strengths and hopes of their teams – Sir Ian McGeechan for Scotland, Lawrence Dallaglio for England, Shane Williams (Wales), Brian O'Driscoll (Ireland), Benjamin Kayser (France) and Sergio Parisse (Italy).

SIMON BARNES 18
It's all change in the camps of the competing nations. But will a leader emerge who is going to "change the world"?



From the Editors

RUGBY'S SIX NATIONS Championship arrives just when we need it most. As we crawl out of January, and February stretches ahead like a month of grey Sundays, suddenly high-impact sport bursts into our sitting rooms to jolt us out of hibernation and enliven even the dreariest afternoon.

Time was when all Six Nations matches – or Five Nations as it once was – kicked off at the same time on the same day. Now, thanks to the demands of television, the action is spread over a weekend so you can watch one match, then another and another. Which is something of a grand slam (or should that be a Triple Crown?) for the armchair fan.

Now matches are scheduled from Friday nights to Sunday evenings, although nothing quite beats the pleasure of settling down to watch the Six Nations on a Saturday afternoon. It was once rugby union's equivalent to the FA Cup final, the only time of the year when your sport would be broadcast live, on the BBC or ITV. It's where many of us first found our love for the game.

What can we expect from the home nations this year? Ireland are the favourites, Wales are backing youth, England are rebuilding and Scotland are making a fresh start with a strong team. But don't take our word for it – listen to the experts.

Because inside this issue we've spoken to the captains of England, Scotland and Ireland, plus the Wales scrum half. We also hear from England's coach, Steve Borthwick, and a line-up of rugby royalty in the form of ITV's pundits, including such legends as Shane Williams, Brian O'Driscoll, Lawrence Dallaglio and Sir Ian McGeechan. Read our seven-page guide to all the teams, players and matches, beginning on page 12.

Stick with the action and the Six Nations will see you through to March. By then we'll be crowning the champions – and just two weeks away from Easter. Let the games begin.

Contact Radio Times by email on RTeditor@radiotimes.com

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Aristocrats join the criminal underworld in a Netflix series from Guy Ritchie. Here's a peek

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Only Fools star Sir David Jason and *The Repair Shop*'s Jay Blades on the friendship at the heart of their series

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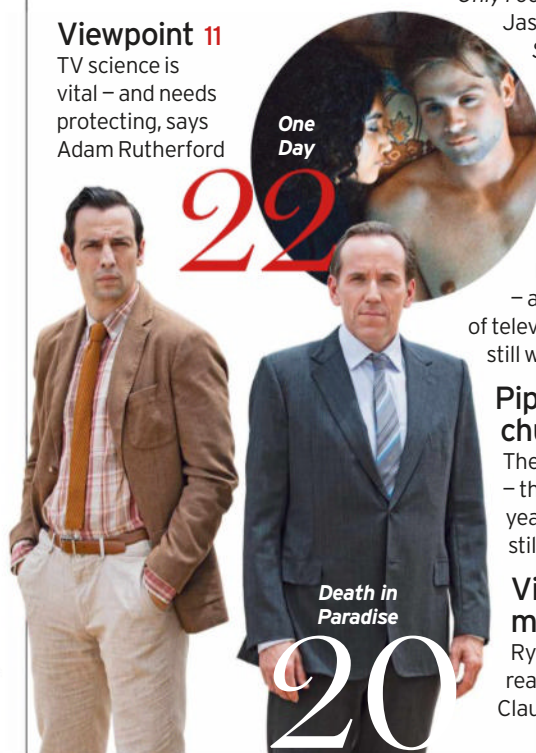
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TV Death in Paradise

Sunday 9.00pm **BBC1**
The sunny crime drama that feels like a dose of vitamin D during the cold winter months hits 100 episodes. But one beloved series regular is in the firing line...

INTERVIEW P20 ►

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STREAMING

One Day

All episodes available Thursday **Netflix**
David Nicholls's modern classic is reimagined in a mesmeric and irresistibly bingeable TV adaptation starring relative newcomers Ambika Mod and Leo Woodall as best friends Emma and Dexter.

FEATURE P22 ►



FILM Nobody ★★★★★

Saturday 9.10pm **c4**

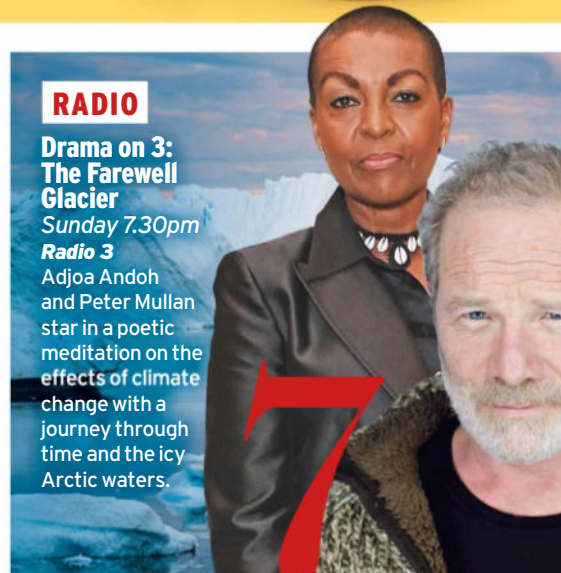
This darkly comedic action movie is just a black suit away from *John Wick*, with Bob Odenkirk (*Better Call Saul*) as the family man who calls upon the brutal skills he learnt in his previous job after a run-in with a Russian gang.



PODCAST

History Extra: Conspiracy

Available now
Queen Elizabeth I was a man! The CIA killed JFK! These and other conspiracy theories are debunked by expert historians.



RADIO

Drama on 3: The Farewell Glacier

Sunday 7.30pm

Radio 3

Adjoa Andoh and Peter Mullan star in a poetic meditation on the effects of climate change with a journey through time and the icy Arctic waters.

THIS WEEK

THE TEN BEST SHOWS TO WATCH, LISTEN TO & STREAM

3

TV Six Nations Rugby

Saturday 1.30pm **ITV1**
4.00pm **BBC1/S4C**

It's all eyes on the prize... After high-flyers Ireland and France opened the tournament last night, today England face Italy in Rome (k/o 2.15pm), then Wales host Scotland (k/o 4.45pm).

FEATURE P12 ►



TV The Hairy Bikers Go West

Tuesday 7.00pm **BBC2**

After his recent health scare, Dave Myers (above left) is beyond excited to team up with his best mate Si King and get back on his bike to explore what food the Isle of Bute can offer. It's emotional.

4

STREAMING Hot Mess Summer

Available from Wednesday
Amazon PrimeVideo

Rylan hosts a new reality show in which party-loving 20-somethings take part in what they *believe* to be a series focusing on their antics on the Greek island of Zante...

INTERVIEW
P146 ►



RADIO Do We Still Need the Pips?

Monday 9.00pm **Radio 4**

Paddy O'Connell celebrates a century of the time signal that punctuates Radio 4 listeners' days – and asks whether digital and internet radio mean the pips' days are numbered.

FEATURE P110 ►



FILM

The Marvels

★★★ **12**

Available from
Wednesday
Disney+

Captain Marvel (Brie Larson, right) has a universe-sized problem on her hands when a quantum glitch throws her together with Ms Marvel (Iman Vellani) and Monica Rambeau (Teyonah Parris).



9

10

HOME TO ROOST

Seated from left: Joely Richardson as Lady Sabrina, Daniel Ings as Freddy Horniman, Theo James as Eddie Horniman and Kaya Scodelario as Susie Glass

MEET THE GANG

GUY RITCHIE'S NEW MANOR

Veteran director/writer Guy Ritchie's new Netflix series may feature dukes and stately homes, but don't expect fancy frills in the vein of *Bridgerton*. Instead, in *The Gentlemen*, a gangster romp loosely spun off from Ritchie's 2020 film of the same name, he and co-writer Matthew Read are embroiling the aristocracy in the world of organised crime.

"Our TV series is inspired by the film, inspired by the same world, taking a sojourn through the aristocratic and gangster underworld," Ritchie says. "It's been quite eye-opening and refreshing...You can evolve characters throughout a TV series, which is something I'm not overfamiliar with in film."

The eight-part drama stars *The White Lotus* actor Theo James as Eddie Horniman, the newly minted Duke of Halstead, who is pulled into a dangerous underworld after he discovers his family fortune is tied up in a cannabis empire. The ensemble cast includes Vinnie Jones (with whom Ritchie previously worked on the films *Lock, Stock and Two*

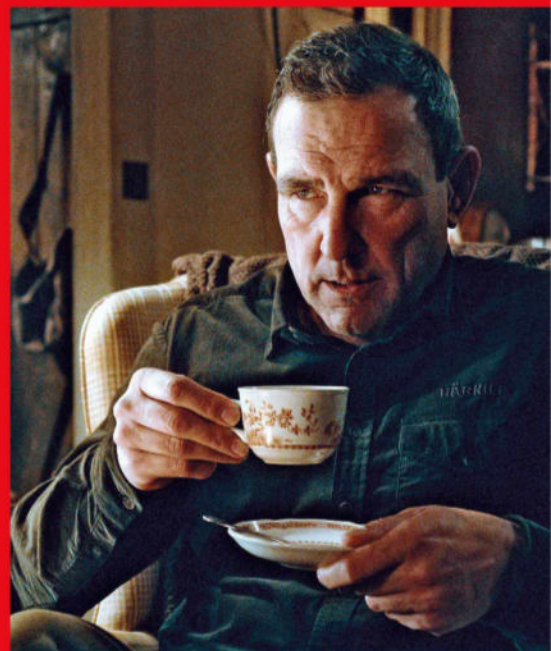
Smoking Barrels and *Snatch*), Ray Winstone, Giancarlo Esposito, Kaya Scodelario, Joely Richardson and Daniel Ings.

"Understandably, Eddie wants to extract himself from this particular business – but gradually finds himself being beguiled into it," says Ritchie. "Deals are struck with the underworld that will probably come back to haunt him at some point."

Despite the title, there's little to connect the new series with the earlier film – which starred Matthew McConaughey and Hugh Grant – beyond a theme of old money mixing with modern crime.

"In *The Gentlemen*, the central idea of aristocrats teaming up with working-class criminals creates a friction and a tension which is really dramatic," says co-writer and executive producer Read. "As in all Guy's stories, it's not just the differences between the two, but the common ground they share that's really interesting." HUW FULLERTON

The Gentlemen comes to Netflix this March





GRAPEVINE

The TV stories that are getting us talking...

THE HUNT FOR JUSTICE

Sky has bagged **Colin Firth** for the lead in *Lockerbie*, a five-part drama about the campaign to unearth the truth behind the 1988 plane crash. The *King's Speech* and *Bridget Jones* star will play Dr Jim Swire, who became the spokesperson for the 270 victims of Pan Am Flight 103, whose number included Swire's daughter.



FULLY BOOKED

With almost 40 novels still to adapt, Netflix's appetite for **Harlan Coben** thrillers shows no signs of abating. Fresh from the success of *Fool Me Once*, the streamer's eighth Coben adaptation, it has announced two more: *Run Away* and *Missing You*. No cast has been revealed yet, but with frequent Coben adapter Danny Brocklehurst and Victoria Asare-Archer (who penned two episodes of Coben's *Stay Close*) on writing duties, fans are in safe hands.

STAGE TO SCREEN

After Phoebe Waller-Bridge's *Fleabag* and Michaela Coel's *Chewing Gum*, another one-woman stage show is being expanded for screen. *Murphy's Law* creator Colin Bateman has adapted his 2013 show *Bag for Life*, which was originally performed by Irish actor Julie Addy. Now, **Annabel Scholey** (*The Sixth Commandment*) and former *Merlin* star Colin Morgan have started filming the reworked story as *Dead and Buried*, a BBC Northern Ireland drama about a woman who seeks revenge for her brother's murder.



LOUIS THE-NEW

Comedian **Jamali Maddix** is following in Louis Theroux's footsteps by meeting religious cults, fringe political movements and ostracised groups with extreme views in *Follow the Leader*, a four-part series for Dave. Theroux, whose company is making the series, says Maddix is "brave, funny, curious, challenging and confronting where necessary but also empathetic and kind".

ROBIN PARKER

COUNTRY SET
The Gentlemen's ensemble cast includes, from far left, Vinnie Jones, Giancarlo Esposito and Joely Richardson

TEN QUESTIONS WITH

JEFFREY WRIGHT

The Oscar-tipped actor on small budgets, cinematic batons... and supporting Arsenal

It's movie awards season, and Jeffrey Wright (*Westworld*, the recent Bond movies and *The Batman*) is in the thick of it. Wright has been nominated for a best actor Oscar for his lead role in *American Fiction*. A biting, provocative satire of book publishing, Hollywood marketing, consumer taste and perceptions of what "authentic" black stories look, sound and feel like, the film itself is nominated for best picture. The 58-year-old from Washington plays a disillusioned professor and author who bangs out a spoof "gangsta" novel – only for the book, and his fake criminal-turned-writer alter-ego, to be adored by the critical establishment.

You have an Emmy, Golden Globe and Tony, and there's serious Academy Award heat around *American Fiction*. How meaningful would it be to add an Oscar to your collection?

There are many great actors who never won an Oscar. Albert Finney – how did he never win an Oscar? Who beat him for *The Dresser*? [Robert Duvall for *Tender Mercies*.] But I'm pleased that the film is getting this attention. Among the films that have also received

ARTWORK
Wright as artist Jean-Michel Basquiat in *Basquiat* (1996)

nominations, we are the smallest budget. We're the little guys, punching above our weight. So if it helps get word out about the film, I'm pleased. And if they're handing these things out, sure, we'll take a few!

***American Fiction* writer/director Cord Jefferson, a former journalist, said that after picking up Percival Everett's source book *Erasure*, "I started reading the novel in Jeffrey Wright's voice." Why do you think he heard you in his head?**

No idea. I'm pleased that he did. I understand how personal that novel read for him, and I found deep personal resonances as well. So we were very much in sync, emotionally and psychologically, on this film.

'I don't mind playing supporting roles, it keeps me humble'

JEFFREY WRIGHT





watching *Dr No*, I was drawn to [original Leiter actor and *Hawaii Five-O* star] Jack Lord as much as Sean Connery. So again, yeah, I'll play Leiter, as I'm taking the cinematic baton from an actor like that.

You had a voice role in Marvel's animated series, *What If...?* Would you like to be in a superhero film?

If it makes sense. The drivers behind the choices I make have evolved – one of the considerations is my kids' interests. They are older now [he has a son aged 22 and a daughter aged 18 from his marriage to actor Carmen Ejogo], but my son was so excited when I was asked to be a part of *What If...?* I also appreciate that the Marvel stories influence the tastes of a young generation of moviegoers. The first adult movie I saw in the cinema was Sidney Lumet's *Dog Day Afternoon* – I try to introduce those types of films to my kids as well. My son is a bit more resistant than I'd like – but my daughter is highly receptive.

You also voiced a character in *The Last of Us Part II* video game. Would you reprise the role for season two of the TV adaptation? All things are possible. I didn't watch the show, but I hear it's wonderful. Those video game developers are real storytellers.

And finally... as an Arsenal fan, how do you feel about their performance so far this season?

It's wonderful that they're playing an enviable style of football again. But I haven't paid close attention this season because I've been spending too much time talking about myself! **CRAIG MCLEAN**

American Fiction will be in cinemas from Friday 2 February

with his mother. My mother passed a year or so before I got the script, so I was still very much in the deep waters that one finds oneself in after that happens.

Did that loss perhaps feed into your ability to depict the character so resonantly?

My son saw the film and said: "I saw a lot of myself in that character. And it's a beautiful homage to Grandma."

As for "navigating" your way through Hollywood, have you been offered stereotypical roles?

I've turned down a lot of stuff, sure. But I was spoilt early in my career with *Angels in America* [on Broadway, 1993–4]. It taught me that this work could be exciting, broad, original – and unexpected. It set the bar very high.

You have worked a lot in TV and in supporting roles, but this is your first prominent lead role in a film since *Basquiat* in 1996...

One: I don't mind playing supporting roles, it keeps me humble. Two: with *The Batman*, I was a big Batman fan anyway, and they asked me to play Commissioner Gordon – Gary Oldman played Gordon, and he was one of my biggest inspirations. If the career I have echoes Gary's, what the f*** more do you want?

Was it fun to play Felix Leiter in the Daniel Craig Bond movies? Great fun. When I was a kid

WHAT IT'S LIKE TO...

be the *First Dates* bartender



Bartender Merlin Griffiths, has been serving drinks to the couples on *First Dates* since the show started in 2013. The 48-year-old pub owner from Cheltenham reflects on a decade of matchmaking.

FIRST IMPRESSIONS Channel 4 was looking for somebody to do some bartending, and I thought that meant at corporate events. I turned up for the interview in a suit alongside two other guys. It's only afterwards I found out it was for *First Dates*. I thought I'd just be sitting around in the background making pretty drinks – I didn't realise I'd be talking to people! I got the job because I kept saying bartending isn't actually about the drinks, it's about people.

DRINKS ORDER The top three cocktails on the show this year were porn star martinis and resurgence drinks – the negroni and old-fashioned.

TOOLS FOR THE JOB I bring all my own bar tools, and a couple of cocktail reference books to look up drinks I might not know. I've also got a bag of fire-and-smoke tools – there are various ways of flambéing, smoking, bubbling.

And a case with ice moulds – I make hearts, spheres and shot glasses out of ice.

CHECKING IN Maître d'hôtel Fred Sirieix and waitress CiCi Coleman were the first people on the team that I told I had stage three bowel cancer [Merlin was diagnosed in 2021 and, after treatment, received the all-clear in 2023]. They were brilliantly supportive. We have a *First Dates* WhatsApp group – the team was wonderful, helping me manage filming alongside my treatment.

SHAKEN, NOT STIRRED When we filmed in Manchester, I was doing oral chemotherapy. At the end of the first week, I had to go to the hospital in Banbury, where I was getting treated, to have my intravenous injections. It completely knocks you sideways. I'd go home to sleep for 24 to 48 hours, and then go straight back up to carry on filming. I never considered not filming – look at the people who climb mountains, jump out of planes and swim channels. Shaking up a few martinis is the least I could do!

LAURA RUTKOWSKI

First Dates is on Tuesday 10pm on C4

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VIEWPOINT

SCIENCE ON TV IS UNDER THREAT

We may never see another Attenborough on the BBC, says **Dr Adam Rutherford**



OF ALL THE things the BBC does well – journalism, news, drama, sport – one stands out. When it comes to science, nobody does it better. David Attenborough is perhaps the human being most closely associated with the factual output of the BBC, and what is it that he makes? Television about science.

I became a scientist because of Attenborough. There is a whole generation of people who became scientists because they caught the bug after watching his programmes. In fact, given the duration of his career, it is multiple generations. I sat and watched *Life on Earth* in 1979 with my dad, just as I watched *Planet Earth III* with my nine-year-old daughter last year.

These programmes are gateway drugs, incredible Reithian masterpieces that inspire lifelong addictions to trying to understand the natural world, the universe and our place in it. We also have Brian Cox, whose presence on the BBC has resulted in a measurable and significant uptick in the number of pupils applying for physics at university. Or Chris and Xand van Tulleken, both doctors and serious scientists but also the absolute loons of *Operation Ouch!* I wonder how many children have chosen a career in medicine after watching their larks?

Or perhaps Professor Hannah Fry, my co-host for Radio 4's *The Curious Cases of Rutherford and Fry*. Her irrepressible star continues to rise, most recently past her award-winning docu-



GOING MAINSTREAM
Professor Hannah Fry

mentaries and into the realm of mainstream television as host of *Have I Got News for You*. When Hannah and I meet the public at live shows, the queues are packed with young people, and notably girls who love maths and love Hannah.

'Science is a public good: it serves people and needs protecting'

And there's Alice Roberts and Jim Al-Khalili and Liz Bonnin – I could go on and on. Some of our programmes are used by teachers. Students cite our work on the UCAS forms. The BBC made us all.

Science programming has been formally enshrined in public service broadcasting.

But this commitment is being removed, excised from the remit. The Communications Act 2003 specified that Public Service Broadcasters (which includes Channel 4, S4C and Channel 5 as well as the BBC) must produce "sufficient content in specific genres such as news, entertainment, drama, science and religion and other beliefs".

It is for others to argue for the ringfencing of other subject-specific programming, such as for religion. But in this Act's replacement, we see the formal

removal of a statutory commitment to science on television. The Media Bill that is currently going through Parliament suggests that in the age of Netflix the public service remit that obliges the BBC to make such programmes is outdated – though little justification is given for this assertion.

THE MEDIA LANDSCAPE has radically changed since 2003, and appetites have, too. I run a science communication course at University College London and the students teach me much about the new ways they consume factual content. They may not be sitting down to watch on a Sunday night, as so many of us did in the past, but they all still watch Attenborough et al, and trust the BBC to make extraordinary, high-quality science content.

We need scientists more than ever. There will be another pandemic, and despite loud contrarian voices on social media, the BBC remains the most trusted source in the United Kingdom on matters of science. Climate change is the defining global issue of our age. Gene editing techniques have revolutionised our understanding of biology and our ability to manipulate it. And we can travel to the stars. Science is a public good: it serves people and it needs protecting. But we must never forget that science is done by people. Do we really want to diminish the inspiration for the next generation of scientists?

*Dr Adam Rutherford is a scientist and broadcaster. His most recent book is *Where Are You Really From?**



A QUESTION OF TRUST
David Attenborough has been the face of science at the BBC for over 50 years

THIS WEEK ON RADIOTIMES.COM

- The **Death in Paradise** cast reveal what to expect from new episodes of the beloved drama.
- **Raël: the Last Prophet** – exploring the true story that inspired the Netflix documentary series.
- **Ambika Mod** (right) opens up on the challenges of bringing *One Day* to the screen.
- Live coverage of **NFL: Super Bowl LVIII**.
- **PLUS** the latest sport news, previews and gaming guides.



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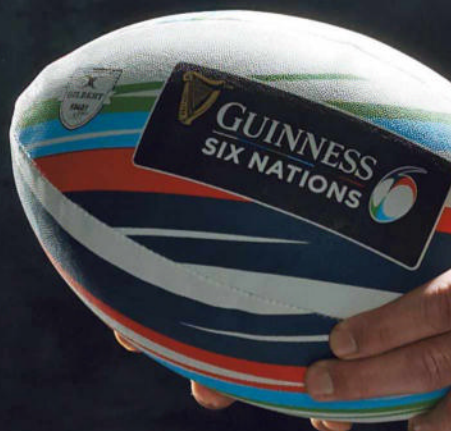
SIX NATIONS 2024

CAN ENGLAND CARRY IT HOME?

Steve Borthwick's side has a new captain and new energy. Will it be enough to overcome old rivalries? And what about Scotland, Ireland and Wales?

INTERVIEWS BY
JAMES MANNION

EXCLUSIVELY
PHOTOGRAPHED
FOR RADIO TIMES BY
ELAINE HILL



Alongside the downed trees and power outages, Storm Isha managed to achieve what you'd suspect a crash of rhinos would struggle with: stopping the England and French rugby teams in their tracks. The impact can be felt all around the Guinness Storehouse in Dublin, the venue for the official launch of this year's Six Nations tournament. There are missing players, missing journalists and a lot of stressed press officers.

However, while his new captain Jamie George is stranded at Heathrow, England

coach Steve Borthwick, 44, is present and correct, having flown in a day earlier. Joining *RT* in our makeshift studio, he is keen to talk about this most storied of competitions.

"It is a fantastic tournament, which I think is down to two things," he begins. "Firstly, there is the history, which has bred rivalries that have existed for over a century. And secondly, it's the standards. There are six fantastic teams. Ireland and France have set the levels in recent years and rightfully go into this as favourites. Every other team – ourselves included – is trying to improve as fast as they can to catch up."

'Ireland and France have set the level... we're trying to catch up'

STEVE BORTHWICK

Ah yes, rivalries. A tournament that sees the best teams in Europe play one another every year is littered with them, but it's fair to say England appear to be a popular target.

"As a coach, every game is as important as the next," Borthwick says diplomatically. "But growing up, the match I savoured the most was England against Scotland. I grew up in Carlisle, just across the border, and that made it even more important to win. Those were the games I followed and recall most vividly."

Borthwick will line up his England team with a new captain. Back in November, Owen Farrell announced he was taking a break from international rugby to prioritise his mental wellbeing. In his stead, Borthwick has turned to 33-year-old hooker Jamie George.

"Jamie is someone I respect enormously. He is supremely talented and has a brilliant understanding of the game, but more than anything it's his character that made my decision for me. He is a positive, energetic individual who draws people to him. He has built great relationships not only with the other players but also with the management. The England set-up is better because of his presence."

High praise indeed, especially coming from Borthwick, who captained England himself from 2008 to 2010. What advice will he pass on? "The one thing I have said to Jamie is to be himself, not to lose sight of the attributes that got him where he is: his personality and his energy. When I led the team, I didn't do that and I wasn't myself, and I very much regret it."

Borthwick knows what it takes to be a part of England rugby, having experienced it as a player, captain and coach. "Being involved with England, there is always pressure and attention on what you do and how you play. And that's exactly how it should be."

"I want to be involved with a team that have standards expected of them rather than having no one care. So regardless of whether you are a player, captain or coach, you know what is expected."

England's first match is on Saturday at Rome's Stadio Olimpico against Italy. How is he feeling about the battles ahead?

"Both as an ex-player and as a coach I take confidence from the preparation we put in. If you get that right and push yourself to exceed the levels you were at previously, then everything takes care of itself. I just can't wait for the tournament to get started."

Neither can we, Steve.

Italy v England Saturday 1.30pm (k/o 2.15pm) ITV1

Six Nations From Sat, 1.30pm (k/o 2.15pm)
ITV1; 4.00pm (k/o 4.45pm) **BBC1/S4C**
Full fixture guide: page 18



JAMIE GEORGE

England captain and hooker, 85 caps. Aged 33

What's special about the Six Nations?

It's the opportunity to be crowned champions of Europe. It's always been a tournament I look forward to – either watching when I was younger or playing in it now.

And now you're the new team captain?

Steve [Borthwick, England coach] and I catch up regularly and during one of those chats he raised it. Having been captain himself, he was at pains to say I should take my time to think about it and to speak with my family as it would affect them as well. Thankfully, it was a unanimous "yes", so I gladly accepted. It's a huge honour.

Does that mean you're in charge of selecting the music played in the changing room?

Ha! It's certainly not me! I've been studying the boys to work out who has the best taste. I have just told Chandler Cunningham-South and Ben Earl they're in charge of the music on the bus for the next few weeks, so it's a trial run for them both. If there's any rubbish they're going to be quickly out of the job!

How did you feel when your predecessor Owen Farrell stepped down to focus on his mental health?

I know Owen very well. We have been friends since we were 14 and first and foremost I was proud of him. It took a lot of strength to say he was struggling. Hopefully this shows people that, even though we play sport, we can be hurt by the things that are said about us, especially on social media.

Do you have any pre-game rituals?

I don't love the changing room environment before games – there can be a lot of nervous energy in there – so I like to get out, sit on the bench and watch the stadium fill up.

Are you able to find time to relax between games?

I have a physiotherapy business called Carter & George that keeps me busy and I'm also a total coffee snob. I'd definitely make a handy barista. We have a machine in camp and there are a few of us who like a coffee, so competition is high to get to use it.

TOTAL COMMITMENT
England hooker Jamie George is admired by Steve Borthwick for his positive attitude

THE KEY PLAYERS

With six weeks of action ahead, three home nations' stars share their hopes and fears for the **Six Nations** – and why their team can lift the trophy



GARETH DAVIES

Welsh scrum half, 74 caps.

Aged 33

Why is the Six Nations so special?

For me it's the best tournament in the world. There are massive games taking place every week, the quality is so high and there are no easy fixtures. It never disappoints.

What are Wales's strengths?

We work hard for each other, which is the Gatland way [Warren Gatland, Wales head coach]. It's how he trains us, and with the amount of work we put in I really believe we are the toughest and fittest squad in the tournament.

How do you feel about Wales's run of fixtures – and starting against Scotland?

I don't think you can look at how the fixtures are planned. You need to take every game as it comes, so the first one against Scotland is massive and where our full focus is going to be.

After the World Cup, is 2024 the dawn of a new era for Wales?

I think we have a nice mixture in the squad; there are a lot of new faces around – which might suggest a bit of a reset – but there is an experienced spine to it, too.

Who is a stand-out player for you?

Centre Mason Grady – he's still only 21, but he's one hell of an athlete. He was with us in the World Cup, but probably didn't get to play as much as he'd like. He's strong, fast, powerful and very skilful. I can't wait to see him develop during this Six Nations.

How do you deal with any pre-match nerves?

The older I get, the more nervous I am during the build-up to games. I'm not sure why. When I was younger I never used to think about it! Maybe it's because as you get older, you become one of the more experienced members of the squad and feel that weight on your shoulders to lead by example both on and off the pitch.

Wales v Scotland Saturday 4.00pm (k/o 4.45pm) **BBC1, S4C**





RORY DARGE

Scotland's co-captain and flanker, 15 caps. Aged 23

What is it about the Six Nations?

I think it's the fact you are playing your neighbours – who are often your biggest rivals! Growing up, I always looked forward to Scotland playing England and that hasn't changed.

Is that the fixture you're most excited about?

Yes, I've never played against England at a senior level, and this year the game falls on 24 February, which is the day after my birthday. So beating them would be the perfect present!

How did you feel about being named the new Scotland co-captain?

Gregor [Townsend, Scotland coach] called me at home and even as he told me he was calling to update me on the captaincy, I never thought he was going to offer it to me! I was delighted and incredibly honoured. Also, to share it with Finn Russell is special – he's a great player; I think we complement each other well.

So, how did you celebrate?

I called my folks straightaway. My mum got a bit teary. My dad said he didn't cry, but my mum told me he lied!

What makes a good captain?

You have to concentrate on yourself first. Train well, play well and work on your own game. I think that's vitally important. If you set your own high standards then you can demand those same standards from others – but it has to come from you first.

Do you have any pre-match rituals?

I try to be pretty consistent with what I eat before a game – I need a chicken wrap and a couple of eggs.

How do you relax between games?

To be honest, I need to get better at switching off. At the moment I gear myself up to be ready for a match and then I find I stay in that emotional state, which can be draining. I need a hobby. Maybe I will give golf a go!

Wales v Scotland Saturday 4.00pm (k/o 4.45pm) **BBC1, S4C**



PETER O'MAHONY

Ireland captain and flanker, 101 caps. Aged 34

What makes this a stand-out tournament?

I think the fact that it's been around for almost 150 years means there's great tradition.

What are Ireland's strengths?

The squad is just hugely talented across every position. We also have some great young guys that Andy [Farrell, Ireland's head coach] is bringing through, and they will be getting a taste of what it's like to train with the senior squad. I remember my first campaign, in 2012, and know what a wonderful experience it is.

Are there any fixtures you expect to be particularly pivotal?

I think it's wrong to look too far down the line in the Six Nations because it's so competitive. Our first game is against France in Marseille, which will be a fantastic way to kick off. There will be an incredible atmosphere.

Which past captains inspired you and what kind of leader are you?

To be your nation's captain is a great honour. I was lucky to play with Brian O'Driscoll, who is one of the best leaders the game has ever seen. So I studied and learnt how he went about his work. He has certainly shaped the captain I am today, but I also like to think I am my own man.

Do you still get nervous before important games?

Yes! It doesn't get any easier! I still get incredibly nervous beforehand – and if anything it's getting worse.

Do you have any superstitions?

I like to make sure all my kit is clean before kick-off.

How do you relax between games?

I like to get home and do a bit of gardening to chill out. I also have three small kids, so they take up the rest of my time!

France v Ireland Friday 2 February 7.15pm (k/o 8pm) **ITV1**

INTERVIEWS BY JAMES MANNION

THE PUNDITS

ITV's experts on their nations' chances – and the players to watch



SIR IAN MCGEECHAN ON SCOTLAND

Scotland fly half (32 caps, 1972–9) and coach (1988–93)



■ Scotland are one of the best set-piece attacking teams. If they get that firing, they have speed and variety, and their opponents will want to slow them down.

Coach Gregor Townsend has gone for co-captains in fly half Finn Russell and flanker Rory Darge. I like to see captains in the forwards, especially the front five at the heart of where most things are going on. Those are the key players for Scotland, with lineout and scrum very important to them. Grant Gilchrist, Richie Gray and Scott Cummings are so experienced, while Sam Skinner has a lot to offer and Cameron Redpath is potentially outstanding.

Scotland need to put Wales under pressure in the opener if they are to break the sequence of no wins in Cardiff for 22 years. You can't underestimate the impact of a win in the first match. They need momentum for their home games against France and England. Ultimately, Scotland would be happy with three wins, delighted with four.

LAWRENCE DALLAGLIO ON ENGLAND

England flanker and number eight, 85 caps, 1995–2007



■ England finished third at the World Cup, although they were by no means the third-best team in the world. Coach Steve Borthwick inherited a lot of damaged goods, has brought in new coaches and, with Owen Farrell stepping back from England duties, has now made Jamie George captain.

Jamie will create a reconnection between the team and the fans. I admire Owen but you waste the joker by making the fly half captain, because most rugby decisions are given at the breakdown, where the forwards are.

Maro Itoje and Henry Slade will be important, while Tom Pearson and Ben Spencer have a big future. This is Steve's opportunity to make his mark, especially as it will be difficult for France and Ireland to fix the psychological disappointment of missing out at the World Cup. England have lost more games than they've won in the last three Six Nations. I don't expect them to win the grand slam, but winning more games than they lose would be progress.

SHANE WILLIAMS ON WALES

Wales winger and scrum half, 87 caps, 2000–11



■ It's a difficult time for Welsh rugby with all that's happened over the last 24 months. Issues surrounding wages and funding mean the regions have lost experienced players, and Louis Rees-Zammit has quit rugby for the NFL. Add to that the retirements of players like Dan Biggar, and it means it's a time for exciting young talent.

But this Six Nations is a big ask. We didn't know much about Mackenzie Martin, Cameron Winnett or Ioan Lloyd last season. Now they and others must take the chance with two hands.

I didn't expect Dafydd Jenkins, at the age of 21, would become captain so early, but he was the go-to second row at the World Cup and coach Warren Gatland likes his attitude. Warren did something similar with the little-known Sam Warburton when I was playing, and I'm sure Dafydd will do a great job.

Wales will target their home games – facing Ireland and England away in successive matches will be tough – with a third or fourth place looking realistic.

SIX OF THE BEST

From left: Scotland's Cameron Redpath, England's Maro Itoje, Wales's Dafydd Jenkins, Ireland's Jack Crowley, France's Grégory Alldritt and Italy's Tommaso Allan



BRIAN O'DRISCOLL ON IRELAND
Ireland outside centre, 133 caps, 1999–2014



Another quarter-final defeat at the World Cup still hurts. The months since have been hard.

Retirements mean we've lost Johnny Sexton's great leadership and also Keith Earls, but you can't immediately cast aside all those who won't be involved in the next World Cup. New captain Peter O'Mahony might not seem a long-term prospect at 34, but it's not inconceivable he might get to Australia 2027. He has huge authority in the squad.

Ireland's first fixture is France away, the match that has decided the championship for the last few years. Win and you have momentum, lose and you're against the ropes immediately.

The half backs are always key, with Jack Crowley most likely taking over from Sexton as kicker and orchestrator. He has just nine caps, many of them off the bench, so fans will need to be patient with him. Calvin Nash has one cap and isn't guaranteed selection, but there's a voltage when he gets the ball and he can create problems.

BENJAMIN KAYSER ON FRANCE
France hooker, 47 caps, 2008–15



France coach Fabien Galthié has said that he hopes 80 per cent of last year's World Cup squad will make it to the next one in 2027, so France are experiencing less change than others in this Six Nations. They are without Antoine Dupont, who is focusing on sevens for the Paris Olympics, and that loss is huge. They say that no single player is bigger than the team, but Dupont is the best player in the world.

His replacement at scrum half, Maxime Lucu, has been playing tremendously well for Bordeaux, and Grégory Alldritt is a fantastic choice for captain. Among the other players, look out for massive man mountain Emmanuel Meafou, who is injured for the Ireland match but could make an impact afterwards.

The opening fixture against Ireland in Marseille is going to be huge. I'm looking forward to seeing a tremendous game of rugby, but there's no point beating Ireland at home if you can't manage to win away in Scotland and Wales.

SERGIO PARISSE ON ITALY
Italy flanker and number eight, 142 caps, 2002–19



Kieran Crowley wanted to stay as Italy coach, but Gonzalo Quesada has replaced him. Gonzalo is a friend – he coached me at Stade Français – and he is the right man for the job. He has named five uncapped players, but is keeping the base of the World Cup team.

Italy's first match is in Rome against England, the only Six Nations side Italy have never beaten. Of course it will be tough, but the most important thing will be to compete for 80 minutes. After ending the World Cup with heavy defeats to New Zealand and France, Italy want to show they're not that team.

It will be key to see how nine and ten play, with both Tommaso Allan and Paolo Garbisi in the squad. Allan has played more full back than fly half at his club Perpignan, while Paolo has been playing fly half but also inside centre for Montpellier. As for new names, uncapped players Alessandro Izeke and Ross Vintcent are both really athletic with qualities you need in the back row.

INTERVIEWS BY KATE BATTERSBY



SIX NATIONS LIVE TV GUIDE

ROUND 1

Friday 2 February
FRANCE v IRELAND 8.00pm **ITV1***

Saturday 3 February
ITALY v ENGLAND 2.15pm **ITV1**
WALES v SCOTLAND
4.45pm **BBC1, S4C**



ROUND 2

Saturday 10 February
SCOTLAND v FRANCE 2.15pm **BBC1**
ENGLAND v WALES
4.45pm **ITV1, S4C**

Sunday 11 February
IRELAND v ITALY 3.00pm **ITV1**



ROUND 3

Saturday 24 February
IRELAND v WALES 2.15pm **ITV1, S4C**
SCOTLAND v ENGLAND
4.45pm **BBC1**

Sunday 25 February
FRANCE v ITALY 3.00pm **ITV1**



ROUND 4

Saturday 9 March
ITALY v SCOTLAND
2.15pm **ITV1**

ENGLAND v IRELAND
4.45pm **ITV1**

Sunday 10 March
WALES v FRANCE 3.00pm **BBC1, S4C**



ROUND 5

Saturday 16 March
WALES v ITALY 2.15pm **BBC1, S4C**
IRELAND v SCOTLAND
4.45pm **ITV1**
FRANCE v ENGLAND 8.00pm **ITV1**

BBC RADIO Live coverage of all matches is also available on Radio 5 Live or 5 Sports Extra. For details of this week's coverage, see page 115. *Times given are for kick-off.

SIX NATIONS 2024

LIFE AFTER THE WORLD CUP

With five teams under new leadership and key players departing, this year's Six Nations is all about fresh starts, says **Simon Barnes**



A NEW BEGINNING. As if all the bad things had never happened and there could only ever be good things from now on. Is there anything in life quite so intoxicating?

This week, each of the countries competing in the Six Nations is promising a new start. The same thing happens every four years: northern hemisphere teams go to the World Cup full of optimism, then come back chastened a few weeks later. There have been ten World Cups; northern hemisphere teams have won just once. So now, as the Six Nations comes round again, five teams have new captains and the air is fizzing with hope.

Steve Borthwick, England coach, said, "We want this to be a different mindset for England, a different way of approaching the game and the tournament." England finished fourth last time around – so does he mean no more kicking the ball back to the opposition? And no more running incessantly into contact because passing the ball only leads to trouble? We'll see.

'Five teams have new captains – the air is fizzing with hope'

Jamie George takes over the captaincy because Owen Farrell has stepped away from international rugby to prioritise his mental health. He has also joined French club Racing 92, which makes him ineligible for England, as the RFU don't want its players picking up nasty foreign habits like giving the ball to the backs.

England, given the softest draw possible at the 2023 World Cup, reached the semis without meeting top opposition – and then shocked themselves by playing very well but losing to South Africa, the eventual winners, by a single point.

Wales have gone for youth, with the retirement of big names and a general need to try something new. Dafydd

Jenkins is made captain at 21, the youngest to fill that role since Gareth Edwards in 1968. But a bigger shock came with the announcement that their best player, Louis Rees-Zammit, has gone to America to see if he can make it in the NFL – now that really is a new start. Warren Gatland, the Wales coach, said the only thing possible in the circumstances: "It's always been the case with Wales that your write us off at your peril."

FRANCE'S NEW CAPTAIN is Grégory Alldritt, as they have decided to aim the ineffable Antoine Dupont at the Olympic seven-a-side tournament. France were arguably the biggest disappointments of the World Cup, losing in the quarter-finals to South Africa on home turf.

Ireland, grand slam winners in last year's Six Nations and playing the best rugby of any team in the world, were the second biggest disappointment, losing to New Zealand in the quarters. The new captain is Peter O'Mahony. Their coach, Andy Farrell, talked about "evolving, growing as a group, learning the lessons we need to". Another sort of new start.

Scotland have taken the unconventional approach of appointing two captains, Finn Russell and Rory Darge. Both will no doubt work together admirably, but the twin appointment doesn't look terribly decisive, does it?

As for Italy, they have a new coach in Gonzalo Quesada of Argentina. He has selected five uncapped players in his squad, which includes the Welsh-born Stephen Varney. They begin with a visit from England. Italy's job, as usual, is to try and look as if they are in the tournament on merit, rather because everyone loves a weekend in Rome.

So that's six new starts. Perhaps one of them will produce a World Cup winner in Australia in 2027. Perhaps a player and a leader will emerge in the next few weeks, ready to change the world.

A new start, eh? It's easy to be cynical right now, but once the ball makes its first lazy parabola into the sky, none of us with sporting blood in our veins can fail to think, "Maybe this time. Maybe this time we'll win..."



POINTS TO PROVE
Wales coach Warren Gatland and his Ireland counterpart Andy Farrell

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Garden designer and author



Joe Swift

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Frances Tophill

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Nick Bailey

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Ben, you were the original *Death in Paradise* detective, DI Richard Poole, and Ralf, you are currently Saint Marie's finest, DI Neville Parker – but your paths have crossed before?

RALF Yes, it always pleases me when I see Ben's little smiling face!

BEN It's lovely of you to call it "little" – it is, in fact, a champion swede! Ralf was in series two as a suspect. We got on like a house on fire. I remember we had a lot of science fanboy chat. I studied physics, and didn't you study medicine?

RALF That's a generous way of putting it. I started medical school, but dropped out after a few weeks. But yes, I was on that path. Ben published his book about science [*It's Not Rocket Science*] not long before I went out to Guadeloupe; I read it and couldn't wait to talk to him about it. I seem to remember I said to you, "Ben, some notes. I'm not sure I agree with you about this part..." You were like, "Who is this lad?"

BEN I couldn't remember any of it. "Large Hadron Collider? No, doesn't ring a bell."

Ralf, when you got the role of DI Parker in *Death in Paradise*, did you ask Ben for advice?

RALF Yes, once I was cast, I called Ben, Kris [Marshall, who played DI Humphrey Goodman] and Ardal [O'Hanlon, who played DI Jack Mooney] and said, "Guys, I've got some news. It's very top secret, but I was just wondering if you've got any advice for me?" All of them were really supportive.

BEN I gave him the advice I always give to anyone who's going to play the detective in *Death in Paradise* – when you film the denouement, that long, *Poirot*-type scene at the end, just make sure that you shoot your bit in the morning. Because in the morning, it's warm, but it's not so hot that you can't remember your own name. Let the guest cast remember their lines in the 43 degree heat!

RALF The general advice from all of you was: you're going to spend about 20 per cent of your energy trying to remember your lines, 20 per cent of your energy trying to hit your marks and 60 per cent of your energy trying to work out how to get into a bit of shade.

Apparently, the former *Doctor Whos* have a WhatsApp group. Do the *Death in Paradise* detectives have one?

RALF We don't – but we absolutely should have one. We should start that!

So, is working in the Caribbean heat of Guadeloupe – the filming location for the fictional Saint Marie – the most challenging part of the job?

BEN Yes, I'm very bad with heat. Between takes, I had to go and sit in a car, close the

'We say: come for the killings, stay for the characters'

RALF LITTLE

LIFE'S A BEACH

As *Death in Paradise* reaches its 100th episode, original star **Ben Miller** meets the latest detective **Ralf Little** to talk sun, sea, sand and suspects

INTERVIEW BY JAMES RAMPTON



SHORE THING
DI Neville Parker (Ralf Little) is the third detective to head up Saint Marie's police department since DI Richard Poole (Ben Miller) left in 2014 (he returned for a cameo in 2021). Below, left to right: Ben Miller, Kris Marshall, Ardal O'Hanlon and Ralf Little

windows and put the air conditioning on full blast for ten minutes before I could go back. On one occasion, I was so hot that I totally lost my mind. We were filming on the beach and I overheated, went mad, started screaming, ripped off all my clothes and ran into the sea. I can't really believe it happened now, but it just seemed like the only answer at the time.

RALF I don't think anyone who hasn't worked out there quite gets it. It's honestly a lot tougher than you think. Quite understandably, people say, "Oh, yeah, it sounds really difficult being in the Caribbean for six months. Boo hoo!" But it genuinely is hard!

BEN By the end of the first year, I'd figured out that if any part of my thick wool suit wasn't included in a shot, I didn't have to put it on. So if you can't see an item of clothing in the shot, I'm not wearing it. It was like that joke about the newsreader wearing a shirt and tie above the desk and then being naked from the waist down.

Death in Paradise has perfected the art of the cosy murder drama, hasn't it?

RALF Yes, everybody loves that genre. There are plenty of shows that don't do it as well, but there's an alchemy in *Death in Paradise* that really works.

'I was so hot I went mad, tore off my suit and ran into the sea'

BEN MILLER

BEN Definitely. I still watch it and love it. I think the show's amazing, and Ralf's doing his thing brilliantly. Although I have to admit, at the beginning, I didn't realise what sort of show we were doing. I thought we were making a hard-hitting crime drama. *The Wire* was very popular at the time, and I genuinely thought we were making something similar – a gritty detective drama set in the Caribbean. I remember, during my research, I met up with a Met detective from homicide and learnt all about how they dealt with crime scenes. I was

bringing all this stuff to the producer, who had to say to me, very gently, "Ben, it's not that kind of show."

When I asked, "Why is nobody wearing gloves at the crime scene?" he replied, "If you want to, you can use your tie." The moment of clarity came to me when I

was on the beach, watching one of the very first murders, and they pushed a dummy dressed in bridal white off the top floor of a building. The dummy was so unlikelike. It circled and somersaulted down, bounced headfirst off a rock, and then crashed to the ground. I remember saying to the producer, "Oh, are we doing that so I know where to look when the stunt happens?" And he said, "No, that *is* the stunt." They really knew what they were doing from the start. It took me a while to catch up.

Indeed! In this, the 13th series, *Death in Paradise* reaches the milestone of 100 episodes. What has made it so successful?

RALF Scheduling it at this time of year really helps. People want that little bit of escapism and to see that beautiful, sunny landscape in the middle of the British winter. Viewers also really care about the characters. The phrase we use is: come for the killings, stay for the characters.


BEN I've got a couple more reasons why it's so successful. The whole show is brilliantly written, but the whodunnit puzzles are particularly well written – to the extent that you think you know who the murderer is, but you really, really don't. I also think Guadeloupe is not your obvious choice for a location. If you wanted to set a show in the Caribbean, you'd set it among stereotypical gorgeous white sands and palm trees. But this is set somewhere quite different. There's an undercurrent of menace about the rainforests and something slightly unsettling about the island itself. I used to feel like whenever you turned your back on it, everything in the rainforest was creeping up on you slowly. It's not the Caribbean that we're familiar with.

Ralf, now that Kris [Marshall] has *Beyond Paradise*, set in the West Country, would you like your own spin-off series? Perhaps it could be set in your home town of Manchester? Ben, your character was murdered in 2014, and you've already come back once as a ghost, so perhaps your spin-off could see you return as a sleuthing spectre?

RALF Why have I got to go to Manchester? Why can't I do a spin-off series in the Maldives? I'd much prefer *Death in the Maldives*, not *Death in Manchester*.

BEN They had a ghost who solved crime in *Randall and Hopkirk (Deceased)*, so why not? My spin-off could be called *Beyond Life*. Or perhaps it was all a dream? I could walk out of the shower back at the beginning of series three and go, "Ruddy hell, I just had a really weird moment. I thought I'd been stabbed in the chest with an icepick."

RALF Then you look in the mirror and say, "I appear to have aged ten years. How did that happen? There must have been something very funny in the water."

A photograph of two young adults, a woman and a man, sitting outdoors in a grassy field. The woman, on the left, has long dark hair and is wearing a rust-colored button-down shirt. She is smiling and looking towards the man. The man, on the right, has short brown hair and is wearing a blue and white patterned button-down shirt. He is also smiling broadly, showing his teeth, and has his hand near his face. The background is a soft-focus green field with some blurred figures of other people in the distance.

WRITTEN IN
THE STARS
One Day's
Ambika Mod
(Emma) and Leo
Woodall (Dexter)

Love is in. the air

A heartfelt tale of slow-burning romance, *One Day* was a bestseller and a Hollywood hit. Now, it's back, on TV, which is where it should have been all along, says author **David Nicholls**

INTERVIEW BY ROSIE MILLARD

'Ambika's audition with Leo was wonderful, they fitted so well'

DAVID NICHOLLS



IT WAS THE must-read of 2009. The book that visited one day, 15 July, every year for the same two protagonists, for 20 years. You had to read it, then you had to talk about it with someone else who had read it. Which was basically everybody. It was everywhere, a familiar fixture within every book club and every bookshop. It was translated into 40 languages, sold many millions, won the 2010 Book of the Year award. And what a page-turner! "Twenty years. Two People," went the subtitle. What a plot! I still remember where I was when I got to THAT moment. It was as much a watercooler event and as universally consumed as any TV series.

And now, it *is* a TV series, on Netflix, and always ought to have been one, according to author David Nicholls. "The perfect form for the book adaptation is the TV series, particularly since the advent of streaming," he says. "Now we have a form that fits the actual novel."

"You can now alter the length of the episodes, that's been brilliant because some of the days are more eventful than others. One episode a day and make it as long as it needs to be."

Equally, with 14 episodes available from Thursday, you can binge-watch as much as we all binge-read back in 2009. "When you publish a novel, you have no control over how someone ingests it. It's the same with streaming, you can binge it in one day, or read it in instalments." Plus, the money is there, the author adds. "The economics of streaming mean that you can

'Now we have a form that fits the actual novel'

afford to go to Paris and Rome and Greece, as the book does."

Furthermore, Nicholls, 57, is something of a TV nut. Forget the slightly ho-hum 2011 movie adaptation. TV is Nicholls's happy place.

"TV is the thing I grew up on. It was 'me time' and I watched it all the time. I would eat while watching TV, do my homework watching TV." What did he watch? Basically, everything. "I loved *Coronation Street*, I watched it with

my nan. And *Z Cars*. But other stuff, too. I loved the 'told' tradition of *Play for Today*. I loved shows like *Blue Remembered Hills*, *Boys from the Blackstuff*... Anything by Mike Leigh – *Abigail's Party* was a cult for us at college."

What about comedy? "My era was that golden, post-Monty Python world of alternative comedy. So, *The Young Ones*, *Not the Nine o'Clock News*, *The Comic Strip*... those shows were massively important to me. I studied drama at university [Bristol], but TV was my passion. I have all the associated albums and books; I videotaped everything and I watched these shows over and over again. I loved it."

Once he had got acting out of his system ("I spent a long time failing as an actor"), he understood that it was the writing he loved. Hence *One Day*, the knockout bestseller.

Although, because it was such a hit, many of the prospective viewers will know the story before they embark on the series. Does that matter? "The story still works," says Nicholls. "People know it's a romantic comedy with dark, more tragic elements. People read it understanding what the significance of the one day is."

NICHOLLS WAS ORIGINALLY inspired by a line from *Tess of the D'Urbervilles*, when Tess noted "dates as they came past in the revolution of the year" and realised that as well as her birthday, there was "a day which lay sly and unseen... that of her own death... giving no sign or sound when she annually passed over it."

"I was obsessed by that when I was 17. It started to sneak into my mind at New Year's Eve, whether this will be the year. That is the genesis of the novel." Does it still worry him? "Now my kids are growing up, they are a practical reminder of the process of getting old, but I am not too morbid yet."

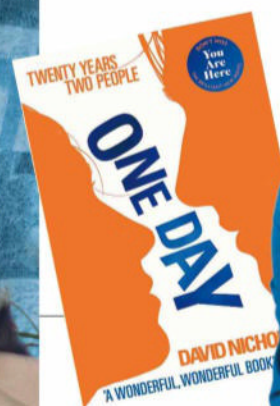
Has he updated the novel? Of course not. It is still set at the back end of the 20th century.

"We did talk about whether we should lift it and drop it into contemporary life, but it felt so tied into that period, with its political and cultural changes, we wanted to embrace the nostalgia and the music."

The two main actors, Leo Woodall (Dexter) and Ambika Mod (Emma) weren't actually born when the book begins its story. "It was the first time for them doing something like using a rotary dial payphone, but we decided to embrace it rather than junk it. Dexter throws himself fully into a 90s club culture that maybe doesn't exist quite so much

now, but the thing is to be authentic. You do worry for him."

One significant change to the original story is the casting >



A WRITE ROMANCE
Author of
One Day,
David
Nicholls

◁ of Mod, whose Indian parents came to the UK as youngsters. “We had all seen Ambika in *This Is Going to Hurt* [the adaptation of Adam Kay’s book] and thought she had a lot of qualities that Emma has,” says Nicholls. “Her audition with Leo was wonderful, they fitted so well. Once we made that decision, and found an actor that we all absolutely loved, we worked out how to adapt the material so it made sense.”

Nicholls wrote the cinema adaptation very soon after completing the novel, so for this version, he has stepped back into an executive producer role and given writing honours to Nicole Taylor. “*One Day* took up a good seven years of my life. Now, I felt it needed a new writer. I knew Nicole’s work, and I felt it was time to give it to someone else. I loved being an exec but didn’t want to throw myself back into it.”

SPEAKING TO NICHOLLS, there is a clear sense that he has come full circle with *One Day*, back to his original love. “I have always wanted to write drama that is absolutely emotionally engaging. As a TV viewer, when you have those experiences it is very powerful. When I was a young person, and watched TV as much as I could, those memories of being gripped, moved to tears and unable to sleep because of the power of what I was watching, were so strong. To make an audience absolutely keep watching – that is the power of drama.”

You read it here. *One Day*. See you on the other side.



ONE DAY WE’LL FLY AWAY...
Is holiday romance on the cards for Dexter (Leo Woodall) and Emma (Ambika Mod)?

THE TWO PROTAGONISTS

‘WE CLICKED AND IT WORKED’



AMBIKA MOD
EMMA MORLEY

Securing the role of Emma Morley in the new TV adaptation of

One Day involved a rigorous audition process that took months, recalls Ambika Mod.

“I totally get why they did it,” she says, “because they’re two massive roles and they needed to cast them right.” Leo Woodall was the second potential Dexter Mayhew she read with and although, at the time, she was yet to see him in series two of *The White Lotus*, she remembers that they experienced “a really natural rhythm... a really good vibe”.

Watching the undeniable connection between the two as they film in a studio in Acton, north London, certainly justifies their selection out of the 200 or so other actors who auditioned.

While Woodall was yet to find fame when he got the part, Mod had appeared in the BBC1 series, *This Is Going to Hurt*, in which she played student doctor Shruti Acharya. “The show felt extremely important,” she tells me. “We filmed it during lockdown, so it was a more crucial time than ever for the NHS. I knew it was going to strike a chord, but I didn’t realise Shruti’s storyline was going to have the effect it did.

I feel lucky and proud of that job.”

Mod, now 29, read *One Day* aged 13 when it first came out in 2009 and has reread it four times since. She also watched the 2011 film when it was released but has not revisited it for the role. “I’m very different to Anne Hathaway, so I was never worried about that. Just the fact that I’m not white and I’m getting to play Emma... I don’t think that would have happened ten years ago. That in itself is a way to modernise the story.”

Mod, who grew up in Potters Bar, Hertfordshire, to Indian immigrant parents, shares a dry, sense of humour with her character. In fact, the series’ lead writer Nicole Taylor says Mod “gives a damn good script note”.

“I’m a writer and I can’t turn that side of my brain off ever,” Mod says of working with Taylor to find the best version of Emma. “I got to know her so well. I just really, really love Emma and always wanted to do right by her.”

LAURA RUTKOWSKI



LEO WOODALL
DEXTER MAYHEW

Acting was something Leo Woodall resisted at first, having

come from a family of actors, all the way back to American star Maxine Elliott, who worked in silent films in the 1910s. But he eventually caught the bug and graduated from London’s Arts Educational School in 2019.

It was Woodall’s mum, Jane, who had read *One Day* and told him all about the character when he was invited to audition. He watched the film and then, when he was called back, started reading the book himself.

“I’m very middle-class,” the 27-year-old west Londoner says, telling the story of how his grandparents came to have lunch with the Queen (his grandfather was a member of the Draper’s Company). “I come from privilege, and privilege definitely plays a part in Dexter’s life.”

Like Mod, he also felt immediate chemistry when the two met, feeling

instantly that she was Emma to his Dexter. “We clicked and it worked.”

When their roles were confirmed, the pair met for a drink to get to know each other. “We knew that what we were about to take on was a big thing and we needed to lean on each other,” he says.

This particularly helped when it came to the love scenes, which they worked on with intimacy coordinators. “When Ambika and I started doing those scenes, we’d already built up a trust and a friendship that made it more comfortable and a safer space.”

During filming, the second series of *The White Lotus* was released, in which Woodall plays Essex lad Jack, the “nephew” of Tom Hollander’s character, Quentin. “It exceeded everyone’s expectations,” he says. “For me, it opened a lot of doors.”

Have people started approaching him in the street yet? “It happens,” Woodall shrugs. “It’s not really something worth paying too much attention to.” That may be, but is he prepared for even more attention? “Ambika and I both put so much into the show and cared so deeply about the story and our characters – our only hope is that people respond well to it.” **LR**

PAST LIVES
Mod in *This Is Going to Hurt* and Woodall in *The White Lotus*





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AMONG THE BRIC-A-BRAC of the Three Pigeons salvage yard in Oxfordshire, huddled around a fire, we find two national treasures warming their hands against the biting cold and guffawing like naughty schoolchildren. In the chair furthest away – so that his friend can be closer to the flames – sits *The Repair Shop's* Jay Blades and across from him, nursing a slight cold, is Sir David Jason.

The reason these two stalwarts of British TV are hunkered down, around the meagre fire, is to discuss their BBC2 show, *David and Jay's Touring Toolshed*, which continues this week (previous episodes are available on iPlayer). They travel the UK to meet shed-based tinkerers and experts alike, who showcase skills from glass blowing to renovating planes from the Second World War.

While we all know Blades is no stranger to a repair or two, the fact that Del Boy is adept with a spanner and screwdriver comes as a bit of a surprise – but it turns out Jason trained as an electrician and has been tinkering with everything from motorcycles to end-of-the-pier automatons for years. “I’ve always repaired things, and even now at 83 [he’s 84 on 2 February] I’ll replace a blown fuse,” he says. “I never had

‘I love *Only Fools* – it’s wild to me that we are friends’

JAY BLADES

much money, growing up, so you’d mend something rather than throw it out. Today things are far more disposable, which I don’t think is right.”

Both men grew up in working-class areas of London – Jason in Edmonton, north London, and Blades, 30 years his junior, just down the road in Hackney – and they believe it’s an important part of their bond. “We were brought up with a similar view on life,” says Jason. “It’s a ‘waste not, want not’ mentality. That’s very war-time, but it still resonates today. You need to be careful with the pennies.”

Blades explains how the idea for the show arose. “When I found out Sir David was a tinkerer, I asked him how would he like to travel up and down the country with me, finding people like us to learn from, and thankfully he said yes.”

This May–December bromance began among the sequins and glitterballs of 2021’s Christmas *Strictly Come Dancing*, with Blades dancing a jive to the theme tune of his favourite show of all time – *Only Fools and Horses*. “I love *Only Fools* and was bowled over when they played the message of support from Sir David. At first, I couldn’t quite believe it was him. My bottom lip started going. It meant the world to me. For me, the video was better than the dance.”

“The video was *much* better than the dance,” retorts Jason.



“Ha! It was mediocre at best,” agrees Blades. “I wouldn’t even have said it was that good,” returns Jason.

“Cheeky so-and-so. See what I have to put up with?” says Blades.

This rat-a-tat rapport runs throughout *RT's* chat as well as the show itself and began as soon as they met. “After *Strictly*, I invited Sir David and his wife up to the Repair Shop and straightaway he started taking the mickey out of me – asking what kind of establishment I was running because the barn was a bit of a mess. That made me laugh. We just got on right from the start. It’s still wild to me that we are friends.

“One day during filming, we were sitting next to one another having ice cream and I looked

over and suddenly caught myself thinking, “That’s Sir David Jason, this is for real!” Then the next thing I know he has broken this lovely moment by sticking his nose in his ice-cream cone and carrying on as if nothing had happened.”

As we wouldn’t be here freezing our assets off without *Only Fools and Horses*, it seems only right to ask Jason about the possibility of a new series – the mere mention of which sets Blades’s eyes a-twinkling; “Oh, I’d love that. I want to be in it. I could be a long-lost nephew.”

“You’d be long, long, *long* lost if you appeared in it,” jokes Jason. “I’ve had offers over the years, but without John Sullivan [the sitcom’s creator, who died in 2011] it just wouldn’t work. He was



‘Even now at 83,
I’ve got some old riding
boots I’m going to make
into lamp stands’

DAVID JASON

PARTNERSHIPS

Jay Blades and David Jason launching their *Touring Toolshed*
Inset left: Blades and Luba Mushtuk in the 2021 Christmas *Strictly*

a magician and could whip up humour out of virtually nothing – that was his genius. Without him, I don’t see it working, sadly.”

It’s astonishing to discover that *David and Jay’s Touring Toolshed* is in fact the first time Jason has appeared in a series without a script – did it feel daunting to be this exposed? “Exceptionally so, but I just followed his lead,” he says, hooking a thumb in his co-star’s direction. “He’s brilliant. He just puts everyone at ease and has a way of keeping the whole thing rolling along. He’s also good at chatting up the birds.”

“Ha! No comment, but that’s very kind of you,” demurs Blades.

The pair point out that among all the fun of the show, there is an important side to having a

hobby, which is elegantly typified by one of the experts they meet – 94-year-old Gordon Talbot, who works at the Midland Air Museum and admits that having a pastime is not only a way to keep active but also a reason to live. “They are so important,” agrees Jason. “You need something outside of your work life to pour yourself into. It’s good for your mental health, it keeps your brain active, and it makes you feel young.”

Traditionally someone has more time for hobbies when they retire – but Jason quickly rebuffs the idea. “Not at all. I’m healthy and I’m not stopping until we’ve done five series!”

As die-hard tinkerers then, what are their respective home set-ups like? Blades is first to answer. “Oh, it’s gorgeous. I have a workshop full of half-finished projects. I love going there. It’s my happy place and I can while away hours.”

“I have a workshop, too, and by the sounds of it, it’s kept in the same state as his,” returns Jason. Is it pristine? “In your dreams! I think most men’s work-spaces are kept unkept.”

IT’S SURPRISING TO find that both men – who aren’t short of a penny or two – are working on home-projects they hope to profit from. “I have a lovely little idea on the go involving old riding boots that I’m going to make into lamp stands,” says Jason. “I inherited a stable block, and the man who had it before left behind ten pairs of boots. I looked at them and a light bulb went off. They could be a nice little earner. I reckon I can get £300 per stand when they’re done.”

“Hold up, you said you’d sell one to me for £500!” says Blades.

“Oh yes, special price for you, my friend,” returns Jason. “Of course, if I really wanted to, I could go out and buy a lamp stand, but being a tinkerer, I know I can make one and I can make a few quid out of them, too. You can’t lose who you are and where you’ve come from. It’s not like I’m just going to give them away!”

Blades’s venture is much more modest. “I’ve got some lovely candelabras that I’m working on that I’d charge £50 or so for. Cheap. Entry level – not like him.”

What memories will they take from making the show? Blades jumps in straightaway. “I loved it when we had a little waltz around a field. He told me he didn’t like dancing, but I got him up on his feet. I have a video if you want to see?” Blades plays a clip on his phone of the two in a classic ballroom embrace, slowly turning in a circle with Jason’s head resting on Blades’s chest. Jason’s wife Gill – who is here with her husband – is flabbergasted. “He never dances with me! Send that video to me please, Jay. You wait till we get home, David!”

“Look what you’ve done now, JB,” says Jason.

“Sorry, DJ – I’ve proper stitched you up there,” apologises Blades.

As they descend into yet another fit of giggles, it’s clear their firm friendship is one thing that requires no tinkering. **JAMES MANNION**

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BADA BING, BADA BOOM!

The era of high-quality TV begun by *The Sopranos* is far from over

■ A MOBSTER, HIS family and his therapist. A simple idea for a small-screen drama that was swiftly rejected by all the leading US networks, before it was accepted by a then barely known cable service called HBO, spearheading the “golden age of TV”.

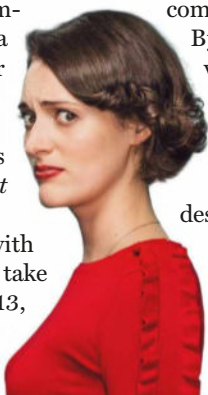
January marked 25 years since *The Sopranos* made its era-defining US debut, and its creator David Chase has been ruminating on how he succeeded in breaking away from formulaic, ad-driven network TV, hitherto cinema’s poor relation. With the freedom provided by a subscription service, he proved the appeal of grown-up, filmic, character-driven TV drama and changed our viewing habits for ever. Why, then, is Chase now lamenting that this is a time not for celebration but, as he told *The Times*, to “look at it like a funeral” for that golden age?

For sure, the turn of the century gave us some great shows (Chase cites *Mad Men*, *The Wire*, *Breaking Bad*) that all stand up to a rewatch

‘Grown-up, filmic TV changed our viewing habits for ever’

to this day. What made them so special? Creative freedom, big budgets, unlimited seasons and episode lengths. In a word, cable, which culture writer Peter Biskind said “propelled TV into shouting distance of the great 19th-century novels” and also made the networks raise their game – think *The West Wing*, for example.

Then along came the streamers, with their deep pockets and willingness to take a similar-sized leap of faith. In 2013, Kevin Spacey tried to explain to me and other TV journalists how the



CRIMINALLY GOOD
From left: Steven Van Zandt, James Gandolfini, Michael Imperioli and Tony Sirico in *The Sopranos*

whole series of *House of Cards* would be arriving in one go on the Netflix platform. “So you mean I can finish this week’s episode, and click straight onto next week’s?” Sigh. “Let’s start again...”

Cut to 2024, and this year’s list of Emmy award winners reveals a catalogue of equally satisfying, morally ambivalent, ambitious shows like *Succession*, *The White Lotus*, *The Bear* and *Beef*. To that list, we could add *The Crown*, *Bad Sisters*, *Stranger Things*, as well as international titles such as *Squid Game*, *Money Heist*, *Lupin* and more. What exactly is Chase’s... beef?

TWO PROBLEMS, APPARENTLY, the first being ads. Chase cites the recent decision by Netflix and Amazon to introduce commercial breaks onto their cheaper tiers. Bye-bye immersive TV, he moans. To which I say, hello *Broadchurch*, *Downton Abbey*, *Brideshead Revisited* and, of course, *Endeavour* (without which regular readers will recognise no column is complete): all fully absorbing despite the tea breaks.

Chase’s other gripe: dumbing down, which means, he says, “We can’t make anything that makes too much sense, takes our attention and requires an audience to focus.” Has he seen *The*

Last of Us, *Game of Thrones* or *Line of Duty*?

When viewers complained online that *Line of Duty* was too complicated to follow, writer Jed Mercurio told them to get off social media.

And that’s before we get to the women, and minority representation. Female-led dramas like *Orange Is the New Black* and Glenn Close’s legal thriller *Damages* often fall by the wayside when discussing TV glories past, but no one can ignore recent heavy hitters such as *Fleabag* with Phoebe Waller-Bridge (pictured left), *I Will Destroy You*, *Big Little Lies*, *The Queen’s Gambit*, *Killing Eve*, *Bridgerton*... I’m not lamenting that the perilous odyssey of the straight white male is no longer the only story in town.

If there is a problem, it’s that in the past 12 months we’ve seen the very last of *Ted Lasso*, *Better Call Saul*, *Succession*, *Happy Valley* and others (yes, *Endeavour*). Meanwhile, advertisers tightening their belts, rising production costs and the after-effects of last year’s creative strikes mean we’re seeing some shows abruptly cancelled after one or two seasons and others hitting the brakes before they even make it to the screen.

The golden age of TV may have begun 25 years ago, but let’s not be too busy mythologising that era to appreciate the TV we have in the present. We may need to enjoy it while we can.



RADIO TIMES & SMART TV PODCASTS

■ This week on the main Radio Times podcast, host **Kelly-Anne Taylor** talks to **Rylan**. Available 30 January. See page 146

■ Join **Kelly-Anne Taylor** and **Caroline Frost** for **Smart TV** – RT’s bonus podcast previewing the TV week. Available every Friday.

YOUR TV WEEK STARTS HERE

STREAMING The latest TV and film picks from Netflix, Amazon Prime, Disney+ and more **p32**

DAILY CHOICES AND LISTINGS
70 packed pages for the week ahead **p40**

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Streaming

Edited by
**FRANCES
TAYLOR**

CONNECTED

Ambika Mod
and Leo Woodall
star as Emma
and Dexter

Streaming TELEVISION & FILM

DRAMA

One Day

All 14 eps available on Netflix from Thursday

A beguiling and irresistibly bingeable adaptation of David Nicholls's modern classic introduces star-crossed Emma Morley and Dexter Mayhew to a new generation.

After bumping into one another at their graduation ball on 15 July 1988, studious Em (Ambika Mod) and roguish Dex (Leo Woodall) embark on a friendship that spans the next two decades. A wistful indie soundtrack accompanies them as they're drawn together, driven apart and back together again through the growing pains of dead-end jobs and dead-end relationships.

Tender and charming, the 14-episode limited series remains faithful to the novel and gives their story space to breathe (unlike the curtailed and disappointing 2011 film adaptation with Anne Hathaway and Jim Sturgess). Just as the book was unputdownable, it's difficult not to devour their whole story in a single stretch.

FRANCES TAYLOR See feature: page 22

IAN ▶

JONNY WELDON

Aspiring comic Ian falls for Emma, but worries about her close relationship with Dexter

TILLY ▶

AMBER GRAPPY

After they meet at university, Emma makes a lifelong friend in forthright and spirited Tilly

**ALISON ▶
ESSIE DAVIS**

Dexter and his mother Alison have a strong relationship, until his actions rock its foundations

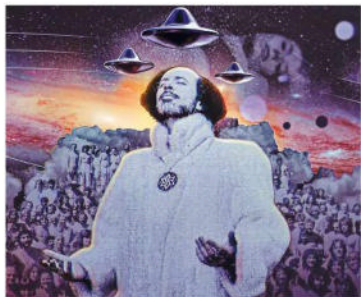
▲ **STEPHEN
TIM MCINNERNY**

Stoic yet caring, Dexter's father looks out for his son during times of crisis

◀ **SYLVIE
ELEANOR
TOMLINSON**

Wealthy and no-nonsense, Sylvie becomes a significant love of Dexter's life

Netflix

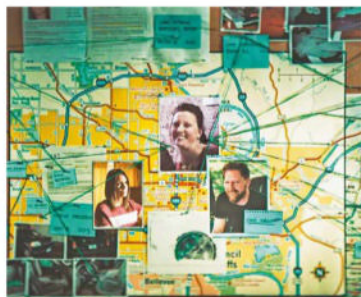


DOCUMENTARY

Raël: the Last Prophet

All 4 episodes available Wednesday

France, the 1970s: a man called Claude Vorilhon rebrands as "Raël", claims to have received deep wisdom from aliens and starts a cult, a way for him to overcome his eccentric hairdo and convince vulnerable women to devote themselves to him. Up to that point, this documentary series tells a familiar, if still disturbing tale of hysteria and deception, with some cracking archive footage of furious arguments on French TV talk shows. Once "Raëlism" takes off it arrives in unexpected places and propels its leader to global notoriety. The series interviews the mercurial man himself. **JACK SEALE**



TRUE CRIME

Lover, Stalker, Killer

Available Friday

A textbook true-crime documentary that offers romance, jealousy, obsession and violence, in that order, as we follow the queasy undulations and hairpin turns in a case that compelled onlookers and befuddled law enforcers. Newly single Omaha mechanic Dave rejoins the dating scene, hooking up first with Cari, then with Liz. When the two women become aware of each other, Dave begins to receive threatening phone messages – the start of a mysterious harassment campaign that ends in homicide. You may well guess the big twist, but the details along the way are consistently jaw-dropping. **JS**

PERIOD DRAMA

The Favourite ★★★★★ 15

Available now

The capriciousness of court and the perils of falling from favour are explored in this tragicomic take on the reign of Queen Anne from director Yorgos Lanthimos. Flanking the ailing and erratic queen (Olivia Colman) are a dastardly bunch, including her lover Lady Sarah (Rachel Weisz) and Sarah's cousin – and rival – Abigail (Emma Stone). Stone is superbly cunning and Weisz gloriously fearsome, yet it's Colman who stands out in an Oscar-winning and profanity-laden performance. As a decidedly offbeat take on the costume drama, it's something of a rehearsal for Lanthimos and Stone's Bafta- and Oscar-nominated *Poor Things* – but with a poignant power all its own.

EMMA SIMMONDS



TRIPLE THREAT
From left:
Emma Stone,
Olivia Colman
and Rachel
Weisz



BIOPIC

King Richard ★★★ 12

Available Tuesday

Will Smith won an Oscar for his performance in this largely satisfying biopic of Richard Williams, the father of tennis superstars Venus and Serena. The film charts the journey of the sisters (played by Saniyya Sidney and Demi Singleton), from playing on a run-down court in mid-1990s Los Angeles to success on the juniors circuit and beyond. Smith delivers a complex, lived-in performance, but it's a shame that the film largely brushes over his character's more troubling flaws, while the sisters themselves are ultimately sidelined in their own success story. **ES**



THRILLER

Deep Fear ★★ 15

Available now

Solo yachtswoman Naomi (Madalina Ghenea) comes to regret taking a detour to rescue three shipwreck survivors in this shark-infested thriller. It turns out the people she saves are ruthless drug traffickers, who force her to dive down to their wrecked ship to recover their sunken cocaine stash. If that wasn't bad enough, there's a storm brewing and the wreck has attracted some hungry sharks. What follows is largely predictable, but the shark attacks are surprisingly effective, and the film delivers a serviceable blend of *Jaws* and *Dead Calm*. **DAVE GOLDER**



ANIMATION

Orion and the Dark ★★★

Available from 2 February

Being John Malkovich writer Charlie Kaufman turns to childhood anxieties with this endearing adaptation of Emma Yarlett's picture book. Young Orion (voiced by Jacob Tremblay) is terrified of the dark, so the benign embodiment of darkness (Paul Walter Hauser) visits to soothe his fears. A brisk buddy movie follows as the pair join other "night entities" – *Insomnia*, *Unexplained Noises* etc – in their work. Although slightly derivative of previous Pixar efforts, Sean Charmatz's film is a vivid, relatable charmer, and benefits from Kaufman's surreal touch. **KEVIN HARLEY**



Disney+

SUPERHERO ACTION

The Marvels ★★★

Available Wednesday

An all-woman team-up marks out this fitfully entertaining 33rd entry in the Marvel Cinematic Universe. Kamala Khan (Iman Vellani), aka Ms Marvel, joins fellow superheroes Captain Marvel (Brie Larson) and Monica Rambeau (Teyonah Parris) when their "world lines" cross and they begin teleporting to each other's locations. The plot, concerning rival alien races and Zawe Ashton's power-grabbing villain, is less than involving. Still, there's plenty of quirky cosmic humour to relish, from a tentacle-sporting ginger cat to a planet of people who speak in song. **JAMES MOTTRAM**

MARVELLOUS
Ms Marvel (Iman Vellani), Captain Marvel (Brie Larson) and Monica Rambeau (Teyonah Parris) team up to save the world. Samuel L. Jackson's Nick Fury is along for the ride, too

Amazon Prime Video



DRAMA

Expats

Episode 4 available Friday

The characters in this brittle drama have a lot to get off their chests. In an episode clearly influenced by that time Del Boy and Rodney got stuck in a lift, everyone has watershed conversations in confined spaces. Mercy and David are in her small flat, competing to see who is the most racked by guilt; Margaret (Nicole Kidman) and Clarke get locked in a hospital room, where they confront the loss of their son; Hilary actually is stuck in a lift. Brace yourself for a lot of Acting with a capital A. **JACK SEALE**



REALITY

Hot Mess Summer Available Wednesday

A new entry in that amusing sub-genre of reality shows that lure contestants under false pretences. A gang of young UK adults who live to party arrive on the Greek island of Zante and are met by host Rylan, but what they think is a show where they're filmed boozing and fornicating flips on them: they actually face a summer of hard work, running a bar. The scene where these preening, dissolute slackers are played video messages from the exasperated loved ones who nominated them for the programme is a killer. **JS**
The View from My Sofa – Rylan: page 146



CRIME DRAMA

Bosch

All 7 series available now

FULL BOX SET

Happy tenth birthday to a leathery show that emerged in 2014 from Amazon's now-defunct pilots scheme. At first, Harry Bosch, the detective in Michael Connelly's books and embodied here powerfully by Titus Welliver, was investigating a child murder while facing trial for shooting a suspect; since then he's continued to tiptoe on the edge of illegality in a noir-ish LA. In the two series of spin-off *Bosch: Legacy* (also available), he still manages to tangle with the city's worst villains. **JS**

Apple TV+

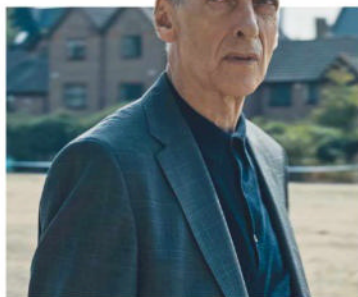


WAR DRAMA

Masters of the Air

Episode 4 available Friday

Aerial combat is this epic's raison d'être, but it's confident enough to switch modes entirely now and deliver an earthbound episode. Those who bailed out of their crafts during last week's chaos now find themselves in occupied territory, ushered from place to place by French resistance fighters. While that produces some classic "papers, please" tension on a train, back in Britain the men of the Bloody 100th (like Callum Turner's Bucky) are indulging in the sort of romance that only wartime can bring. **JS**



CRIME DRAMA

Criminal Record

Episode 6 available Friday

Bent copper and bee-keeper DS Tony Gilfoyle (a skin-crawlingly seedy Charlie Creed-Miles) is seen discussing the hierarchy of his hive and the fight for supremacy between an ageing queen and her challengers. It is, of course, a metaphor for the attempts to take down Hegarty (Peter Capaldi), though the outcome is by no means assured. Those hoping that good will triumph must first endure further tragedy, but might this moment of upset prove to be the catalyst for a confession? **DAVID BROWN**

NO SLOUCH
Gary Oldman as *Slow Horses* spook Jackson Lamb

WHAT I'M STREAMING

KATHERINE PARKINSON
"My husband (*Toast of London* actor Harry Peacock) and I tend to watch things like *Slow Horses* and *The White Lotus*, which are dramatic and thrilling, but also have a lot of humour," says the *Here We Go* (Friday BBC1) actor. "There's almost no excuse to not have humour in TV dramas any more. It's bad manners, really. Why wouldn't you have both? What's wrong with you?!"
All 3 series of *Slow Horses* are available on Apple TV+

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BBC iPlayer



DRAMA Three Girls

All three episodes available now

This 2017 BBC1 drama is an extremely tough watch, but the tale of the Rochdale sex abuse scandal wasn't known when it needed to be.

Invaluably, some atonement was offered by a series in which Maxine Peake and Lesley Sharp bolstered superb performances by Molly Windsor, Ria Zmitrowicz and Liv Hill as three teenage victims. A recent report confirming how badly girls were failed by the police and local authorities lends *Three Girls* new relevance but, as a piece of TV, it's fine, fierce storytelling. **JACK SEALE**



COMEDY Nighty Night

Both series available now



Twenty years since it first aired on BBC3, *Nighty Night* remains a transgressive comedy.

Julia Davis, who went on to unsettle viewers with shows like *Hunderby*, *Camping* and *Sally4Ever*, played Jill, a sociopath who takes her husband's cancer diagnosis as a cue to pursue another man. Jill really is a monster, with no qualms about using sex, cruelty and even murder to get her way. The result is a carnival of grotesquery that delights in getting seedier as its series charge on. **JS**



WHAT I'M STREAMING



AMOL RAJAN

"I've just watched *Louis Theroux Interviews* (iPlayer). Louis is incredible. I saw his interview with Pete Doherty and I thought that was a masterpiece, actually. He is peerless, and Pete really opened up. As a documentary, it was really well made. I'm also absolutely into *Peppa Pig* (CBeebies). There is no aspect of the *Peppa Pig* creative universe that I'm not very, very familiar with." *Amol Rajan hosts University Challenge, Monday 8.30pm BBC2*

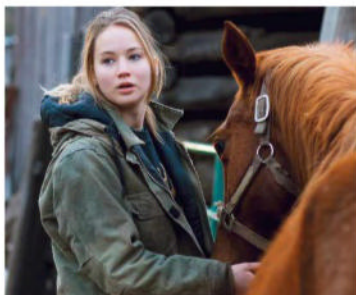
ITVX



THRILLER Enemy ★★★★★ 15

Available from 1 February

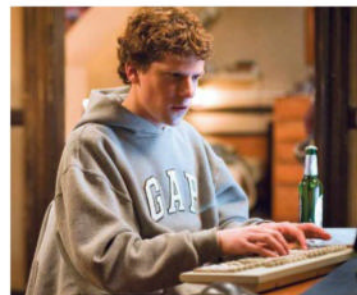
In what appears to be an alternate, possibly totalitarian Toronto, college lecturer Jake Gyllenhaal chances upon his own duplicate (also played by him) in a movie he has rented and proceeds to stalk him. As chaos seems to loom over the city, the two Jakes meet and their lives merge. An earlier, more low-key effort from *Dune* director Denis Villeneuve, this goes heavy on subconscious symbolism, and arachnophobes should beware. It may be difficult to love, but *Enemy* will stay with you. **ANDREW COLLINS**



THRILLER Winter's Bone ★★★★★ 15

Available from 1 February

The shanty towns of America's Ozarks region provide the setting for this excellent, award-winning thriller. Jennifer Lawrence is superb in her first starring role as Ree Dolly, an older-than-her-years teenager forced to take charge of her flaky mother and younger siblings when her drug-dealing father jumps bail and goes on the run. The film never flinches from the ugliness of its details, but Lawrence's gutsy performance ensures this is much more than a grim skid-row whodunnit. **DAMON WISE**



DRAMA The Social Network ★★★★★ 12

Available now

Sunday marks the 20th anniversary of Facebook's founding, a landmark that comes under scrutiny in this Oscar-winning drama. Student Mark Zuckerberg (Jesse Eisenberg) is an unloved outsider at Harvard, but circumvents its traditional elite by creating the networking technology that eventually makes him one of the world's youngest billionaires. Aaron Sorkin's dazzling wordplay and David Fincher's intensely focused direction create a gripping morality tale for our times. **TREVOR JOHNSTON**

Channel 4



SCI-FI Under the Skin ★★★★★ 15

Available from Saturday

This dark sci-fi tale from British director Jonathan Glazer stars Scarlett Johansson as a mysterious *femme fatale* who preys on men in Scotland. Johansson is mesmerising in her role, and Glazer smartly juxtaposes Glasgow's grey streets with strange and startling moments of cosmic horror, making this a truly unforgettable experience. Glazer's feature debut, *Sexy Beast*, is also available on catch-up, while his latest film, the Oscar- and Bafta-nominated *The Zone of Interest*, is in cinemas this weekend. **AC**

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Time to dine

When it comes to food, you'll be able to sample an impressive variety of complimentary, casual and speciality foods on your cruise. Think fresh pastries, handmade pasta and steaks that are aged and cut on board. Plus, wherever you go, you'll be able to dine like a local, thanks to the on-board chefs who cook up regional dishes inspired by your destinations – from fragrant curries in India to freshly caught seafood in Alaska.

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The Good Food Show at Sea, 2-16 November 2024

This year, Princess Cruises is hosting the first ever Good Food Show at Sea, sailing from Southampton to Spain and Portugal. The two-week culinary voyage will see *Sky Princess* transformed into a food-lover's paradise, with a range of interactive workshops, tutored tastings and celebrity cooking demos from the likes of John Torode, Lisa Faulkner and Gennaro Contaldo.



The ship will also visit renowned culinary destinations where you can immerse yourself in the local cuisine, from pintxos bars in the Spanish city of Bilbao to pasteis de nata in Lisbon, Portugal's capital.



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Paramount+



ANIMATION

The Tiger's Apprentice

★★ Available from Saturday

This San Francisco-set animated adventure revolves around Chinese-American teen Tom Lee (voiced by Brandon Soo Hoo), who inherits an ancient phoenix egg. Taking on the mantle of protector, Tom is tutored in ancient magic by a tiger named Mr Hu (Henry Golding) and sets out to reunite 12 zodiac animal warriors in the fight against evil. The voice cast includes Lucy Liu, Michelle Yeoh and Sandra Oh, and the visuals are lively, but the frenetic action and flaccid story leave a lot to be desired. **JAMES MOTTRAM**

SCI FI

Halo

Series 2 episodes 1 and 2 available from Thursday

The Last of Us showed that it's not impossible to turn hit video games into top-level TV shows, but the first season of this dramatisation demonstrated that it's pretty hard. Baffling to non-players of the game Halo and mildly infuriating to devotees who didn't like some of the changes made, it nevertheless had plenty of chunky action and a decent cast: Pablo Schreiber is John-117, a genetically engineered soldier with an AI brain implant modelled on the mind of eccentric scientist Dr Catherine Halsey (Natascha McElhone). Season two tries to fight its way out of trouble: humanity itself is under threat. **JACK SEALE**



CARRIED AWAY
Humanity is in big trouble as the video-game adaptation returns

Now Cinema



HORROR

Insidious: the Red Door

★★ 15

Available from 2 February

The fifth instalment in the Insidious franchise is all set-up with no payoff. A direct sequel to 2013's *Insidious: Chapter 2*, it sees Patrick Wilson returning as Josh Lambert, who was tormented in the supernatural realm called "The Further". Nine years on, he and his son (Ty Simpkins) both start to suffer from haunting visions. Making his directorial debut, Wilson creates some scary moments, including a hallucinatory MRI scan, but the final act is disappointingly fright-free. **JM**



THRILLER

Hypnotic

★★★ 15

Available from Saturday

All is not as it seems for Ben Affleck's tortured detective in this twisty mystery that blends police procedural with sci-fi. In Texas, cop Danny Rourke (Affleck) is hellbent on finding answers years after his daughter's abduction. But when he crosses paths with a mind-controlling "hypnotic" (William Fichtner), Rourke's grasp of reality begins to slip. Fans of Christopher Nolan may relish this pulpy take on *Inception* and *Tenet* from writer/director Robert Rodriguez, but the script lets it down. **MAX COPEMAN**

To rent/buy



DRAMA

Typist Artist Pirate King

★★★★ 12 Available now

Overlooked English artist Audrey Amiss is granted a sensitive biopic here, thanks to a compassionate portrait by writer/director Carol Morley and her star Monica Dolan. The film unfolds like an odd-couple road movie, as Amiss convinces her social worker (Kelly Macdonald) to journey from London to Sunderland, where Amiss believes her work will finally be exhibited. What could have become a mawkish look at mental health is handled with candour, with Dolan wonderful in a rare but richly deserved lead role. **JM**



COMEDY DRAMA

Bad Behaviour

★★★ 15

Available from Monday

This comedy drama marks Alice Englert's feature debut as writer and director. She also stars, as a professional stuntwoman who has a tricky relationship with her mother, Lucy (Jennifer Connelly, above). When a struggling Lucy checks into a retreat, she meets the stoic spiritual guru Elon (Ben Whishaw). Amid all the psychobabble conversations about enlightenment, it's Connelly and Whishaw who ground the film, their scenes together providing some choice comedy moments. **NIAMH KELLY**

HOW & WHERE TO STREAM TV & FILM

FREE TO VIEW

BBC iPLAYER bbc.co.uk/iplayer

As long as you have a TV licence, you can register for free and enjoy a slew of BBC shows on demand and BBC channels to stream live.

ITVX itv.com

Replacing ITV Hub, this free service is the place to stream ITV shows and new ITVX dramas. An ad-free version costs £5.99 a month or £59.99 a year, which includes access to BritBox.

CHANNEL 4 channel4.com

No longer called All 4, Channel 4's streaming service has more than 1,500 shows from C4, E4, More4, Film4 and Walter Presents. Watching without ads costs £3.99 per month.

MY5 channel5.com

Channel 5 content and channels 5 USA, 5 Star and 5 Select can be streamed live with a free online account.

UKTV PLAY uktvplay.uktv.co.uk

Catch up with shows on Dave, Drama, W and Yesterday. There's also an extensive library of crime drama, comedy and entertainment box sets available to stream.

FREEVEE amazon.co.uk/freevee

You can sign up free for an Amazon account and then watch – with adverts – shows including *Neighbours*, cop drama *Bosch: Legacy* and the comedy *Sprung*, plus other TV shows and films.

SUBSCRIPTION SERVICES

ACORN TV acorn.tv

Price: £4.99/month
Gentle crime dramas are this service's speciality.

AMAZON PRIME VIDEO amazon.co.uk/video

Price: from £8.99/month (with ads)
For original shows such as *Reacher*, *007: Road to a Million* and live sport.

APPLE TV+ apple.com/uk/apple-tv-plus

Price: £8.99/month
For films and series such as *Slow Horses*.

BFI PLAYER bfi.org.uk/player

Price: £4.99/month
Classic and cult films.

BRITBOX britbox.co.uk

Price: £5.99/month

Shows from the BBC, ITV, C4 and Channel 5, plus BritBox originals.

DISCOVERY+ discoveryplus.co.uk

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For Discovery, TLC, Animal Planet and others, plus original shows and live sport from TNT Sports (formerly BT Sport).

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MUBI mubi.com

Price: £11.99/month
World cinema and arthouse films.

NETFLIX netflix.com

Price: plans range from £4.99/month (with ads) to £17.99/month (Ultra HD)
Films and series like *The Crown* and *Squid Game: the Challenge*.

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The place to watch Sky and HBO shows without a Sky box or dish. Streaming service **Peacock** is included with Entertainment membership.

PARAMOUNT+ paramountplus.com

Price: £6.99/month
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LIONSGATE+ lionsgateplus.com

Price: £5.99/month
For films and shows like *Outlander*.

SKY GO sky.com/watch/sky-go

Price: included with Sky TV subscription
Sky customers can stream live and catch-up TV via an app on a laptop, phone or tablet.

PREMIUM SERVICES

Many recent films are available to digitally rent or buy at a one-off cost. Priced anywhere from around £5 to £16 for new releases, they are available on platforms including Amazon Prime Video, Apple TV+, Chili, Google Play, Microsoft, Rakuten, Sky Store, Virgin and YouTube. Similarly, film platforms BFI Player and Curzon Home Cinema offer a more curated selection of indie, arthouse and world cinema titles.



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Saturday

TROUBLING STORY

Anna Stubblefield's (right and below) controversial affair with Derrick Johnson resulted in a prison sentence



DOCUMENTARY

Tell Them You Love Me

9.00pm **Sky Showcase/Documentaries** Catch up via Now

Fifteen years ago, Anna Stubblefield was a professor of philosophy at a New Jersey university. Her specialist area was race and disability, which might strike you as painfully ironic when you watch this film unfold.

It tells a gripping, see-sawing story that unseats our preconceptions and wrenches our sympathy this way and that. By the end, you may reach a firm and angry view on what you've seen or feel emotionally torn. Being unmoved is not really an option.

As we meet Stubblefield, she refers to her time in prison, so we know

something has gone very wrong. At the heart of that is Derrick Johnson, who has cerebral palsy and whose side of the story is mainly told by his devoted mother and brother, since Johnson can't speak.

Or at least, he couldn't until Stubblefield and the technique of facilitated communication (using a special keyboard and a helper) gave him a voice. What ensued from there would end in acrimony, a court case and tough questions about rights, disability and prejudice that may trouble you well after the film has ended. **DAVID BUTCHER**

GAME SHOW

Gladiators

7.10pm **BBC1** Catch up via iPlayer

BBC schedulers ought to be put up on a podium with a pugil stick in hand and forced to take on Giant. Because, quite honestly, they need some sense knocking into them.

Not content with messing about with the running order of *Michael McIntyre's Big Show*, they have also switched around the episodes of *Gladiators* – all of which means that tonight's edition is the one that was originally meant to be shown last Saturday, 27 January.

It's a bizarre move. Where will it all end? Part two of a *Silent Witness* airing prior to part one? *EastEnders* showing out of sequence because a particular duff-duff is deemed to be dramatically more impactful? Someone, please, stop the madness.

DAVID BROWN

ENTERTAINMENT

Michael McIntyre's Big Show

8.10pm **BBC1** Catch up via iPlayer

There must be a lot of behind-the-scenes wrangling for the celebrity segments on this series. It's surely tricky enough finding stars willing to hand over their phone for an embarrassing Send to All message (though showing off their glittering showbiz contacts might sweeten the pill), but the Midnight Game Show must be harder still.

After all, for the celeb version you have to find a famous face who you know will react well to being shocked awake in the middle of the night to play games – and won't instinctively reach for the baseball bat under the bed. Hopefully, with livewire TV host Alison Hammond as this week's victim, we'll be in for the right kind of fireworks. **HUW FULLERTON**

ENTERTAINMENT

It'll Be Alright on the Night

9.00pm **ITV1** Catch up via ITVX

Since controversy erupted in late 2022 when his offensive comments about contestants on *Britain's Got Talent* were leaked, the previously ubiquitous David Walliams has been largely absent from our screens, having left his judging role on the variety show to concentrate on his writing career.

One of the other hats he does still wear is as the narrator of the long-running bloopers show. Tonight he voices a new compilation of out-takes, most of which were caught on camera last year. A fly gets Louis Theroux into trouble with Dame Judi Dench, a mobile phone wreaks havoc on *Dragons' Den*, and David Tennant has a nightmare with a pesky *Doctor Who* prop. **MICHAEL HOGAN**

DRAMA

Señorita 89

9.00pm, 9.50pm **BBC4**

Full series available on iPlayer

Isabel (Natasha Dupeyron) and Jocelyn (Leidi Gutiérrez) may both have been crowned queen, but it seems that others are still calling the shots. "We thought they were protecting us, but we were the lambs they were about to slaughter," says Jocy, referring to vicious cartel boss La Madrina (Dolores Heredia), but she could equally be talking about the evil manoeuvrings of the ambitious Raúl (Juan Manuel Bernal).

Isa and Jocy aren't the only ones in danger, and many have died already – although these characters often return, confusingly, in visions and nightmares. In this double bill of the Mexican drama, it seems nobody can topple these powerful men.

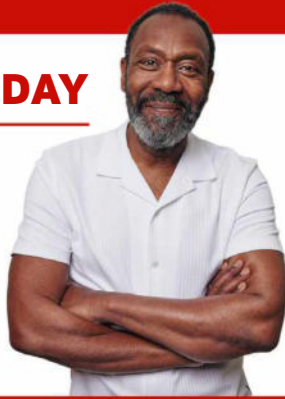
JANE RACKHAM

ALSO ON TODAY

The Masked Singer

6.25pm **ITV1**

Guest panellist Lenny Henry (right) helps out on a double-elimination week, as the remaining seven performers are reduced to five.



Ant and Dec's Limitless Win

8.00pm **ITV1**

Tonight's contestants are friends Jess and Terri, who want to go travelling, and husband and wife Paul and Ellie.

1972: Most Shocking Moments

10.35pm **Channel 5**

Remembering the year that *A Clockwork Orange* and *Last Tango in Paris* shocked cinema audiences.

DRAMA

Casualty

9.10pm **BBC1** Catch up via **iPlayer**

I'd love to see a list of the recording artists who have profited the most from their output being featured in TV dramas, as *Massive Attack* must be ranked high, if only for the continued use of their 1998 hit *Teardrop*. For years, it was used as the intro on *House*, then as the theme for *The Lost Flowers of Alice Hart*, and now it's included here in a charged sequence involving paramedic Iain (Michael Stevenson).

There's something about the song's haunting, ethereal quality that lends itself well to moments of high emotion, and there's certainly plenty of that for poor Iain, whose shift begins with someone trying to slit their own throat and essentially goes downhill from there. **DB**

TRAVEL

Big Zuu's 12 Dishes in 12 Hours

10.00pm **ITV1** Catch up via **ITVX**

Few food travelogues are suited to Saturday nights, so the fact that this series is holding its own in such a slot is testament to its irrepressible and hugely entertaining host.

This week, the rapping chef visits Marseille with *Dancing on Ice* judge and two-time *Strictly Come Dancing* winner Oti Mabuse. The pair sample a dozen local dishes, with some singing, dancing and basketballing along the way. The Mediterranean port city, known as "the city of 100 neighbourhoods", is a cultural melting pot where cuisine spans from French fish stew to Senegalese rice, Algerian chicken to Arabian pastries, and green plankton to black ice cream. **MH**

MUSIC

Hits That Missed at the BBC

10.10pm **BBC2** Catch up via **iPlayer**

What do Johnny Cash's *Ring of Fire*, Bryan Adams's *Summer of '69* and Dolly Parton's *9 to 5* have in common? Startlingly, these signature tunes never troubled the UK Top 40: all the excuse needed for the BBC to plunder its archives for these and more examples of modern standards that the punters shunned. As ever, the fun comes both from the performances and the debates over what the British public were thinking in buying so few copies of, say, David Bowie's *Changes*.

Before that, at 9.10pm, *One-Hit Wonders at the BBC: Volume Two* features artists including Joan Jett, Curtis Mayfield and Patti Smith, whose solo careers produced a solitary hit single. **GABRIEL TATE**

LIVE SPORT



Cricket: Men's Test Series India v England

3.45am (Sat am) **TNT Sports 2/Discovery+**

Day two of the second Test, with England's Ben Foakes (above) restored to wicketkeeping duties.

Football: Africa Cup of Nations

5.15pm, 8pm **Sky Sports Football**; 8pm **BBC3**

The remaining two quarter-finals.

Football: Premier League Everton v Tottenham Hotspur

11am (k/o 12.30pm) **TNT Sports 1**
Sheffield United v Aston Villa
5pm (k/o 5.30pm) **Sky Sports Main Event/Premier League**

FILM OF THE DAY



Nobody ★★★★★ **15**

9.10pm **C4**

Taking its ultraviolent cue from *John Wick*, this movie stars Bob Odenkirk as a mild-mannered family man who reveals a surprising talent for beating up bad guys – and then some. The bone-crunching brawl on a bus is worth tuning in for alone. (2021)

FILM REVIEWS
page 47

SPORT

Six Nations Rugby

1.30pm (k/o 2.15pm) **ITV1** Catch up via **ITVX**; 4.00pm (k/o 4.45pm) **BBC1/S4C**
Catch up via **iPlayer**

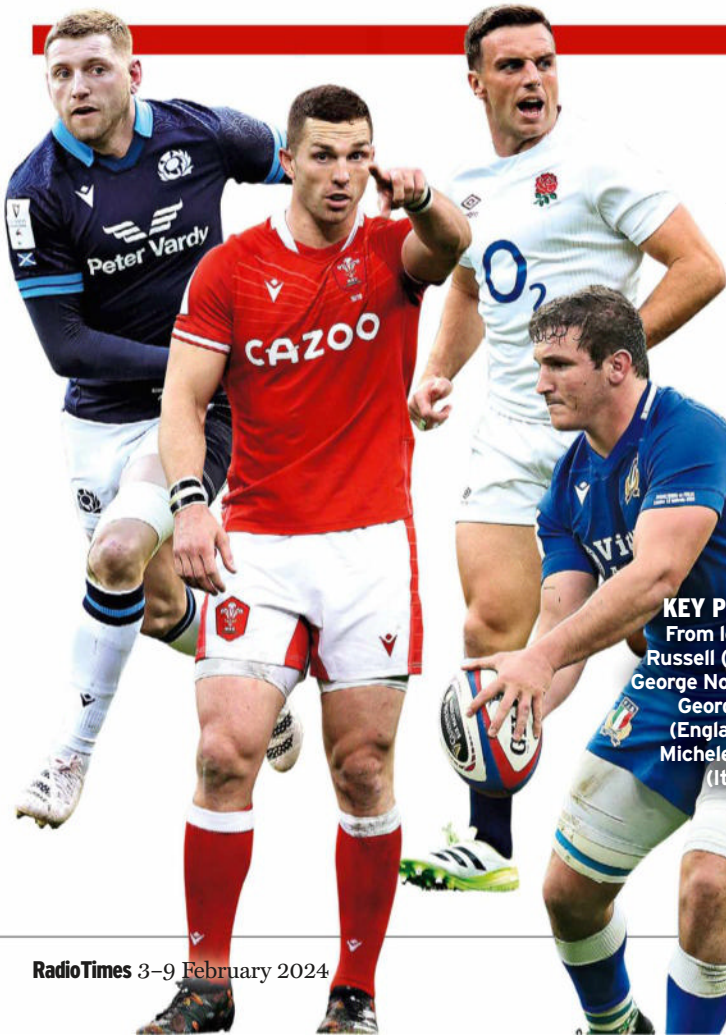
It's unusual for the winner of the Six Nations to have been decided before the first Saturday of the competition, but last night's clash between France and Ireland could well have done precisely that, so far ahead in quality are they of the other sides.

Try telling that to Welsh or Scottish fans, however. **Wales** are a team in transition after a World Cup with moments of promise but ultimate disappointment, while a resurgent **Scotland**, despite injury concerns, go in with new co-captains Finn Russell and Rory Darge, and are favourites to win in Cardiff. Kick-off is at 4.45pm.

Earlier in the day, at 2.15pm, **Italy** host **England** in Rome. Steve Borthwick's side will be eyeing a high-scoring, confidence-boosting win as they launch their campaign against the pugnacious but limited Italians. **GT**
See feature: page 12

KEY PLAYERS

From left: Finn Russell (Scotland), George North (Wales), George Ford (England) and Michele Lamaro (Italy)



SATURDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Charlie Stayt, Nina Warhurst. (S) (HD)
10.00 Saturday Kitchen Live Matt Tebbutt is joined by Tom Allen and Suzi Ruffell, and chefs Freddy Bird and Dina Macki. Olly Smith chooses the drinks. (S) (HD)
11.30 The Great Food Guys Nick Nairn and Dougie Vipond focus on plant-based food. (R) (S) (AD) (HD)
12 noon Football Focus With Alex Scott. (S) (HD)
1.00pm BBC News Weather (S) (HD)
1.15 Sarra Elgan's Six Nations Preview A look ahead to the tournament. Shown last Thursday on BBC1 Wales (S) (HD)
1.45 Money for Nothing Upcycled items include a fire-damaged table and broken fencing. (R) (S) (HD)
2.45-3.45 Escape to the Country A selection of homes in Devon and Dorset. (Revised rpt) (S) (HD)

BBC2

6.15am Hey Duggee (R) (S) (HD) **6.25 Supertato** (R) (S) (AD) (HD) **6.30 Grizzly and the Lemmings** (R) (S) (HD) **6.45 Dennis & Gnasher Unleashed!** (R) (S) (HD) **7.00 Danger Mouse** (R) (S) (AD) (HD) **7.10 Shaun the Sheep** (R) (S) (HD) **7.20 Boy Girl Dog Cat Mouse Cheese** (R) (S) (HD) **7.30 Pokémon: Sun and Moon - Ultra Legends** (R) (S) (HD) **7.55 The Football Academy** (R) (S) (AD) (HD) **8.20 Blue Peter** (R) (S) (HD) **8.50 Newsround** (S) (HD) **9.00 Gardeners' World** Monty Don looks at different types of roses. Shown yesterday. Signed repeat Thursday 8am (S) (HD) **10.00 12 Puppies and Us** Rescue dog Elina moves in with the Orchards in Buckinghamshire. (R) (S) (AD) (HD) **11.00 Alaska: Earth's Frozen Kingdom** The fortunes of humans and animals during spring. (R) (S) (AD) (HD) **● BBC RED BUTTON 11.20-12.45pm Cyclo-Cross** Men's under-23s at the World Championships in the Czech Republic **12 noon Rick Stein's India** The chef visits Rajasthan. (R) (S) (AD) (HD) **● BBC iPLAYER 12.25-2.35 Rugby Union** The Celtic Challenge match between Edinburgh and Clontarf (kick-off 12.30) **1.00pm Nadiya's British Food Adventure** Nadiya Hussain samples what London has to offer. (R) (S) (AD) (HD) **1.30 How the West Was Won ★★★★★** Epic western starring James Stewart, John Wayne, Gregory Peck, Debbie Reynolds and Henry Fonda. On iPlayer for 30 days. **Review page 47.** Directors John Ford, Henry Hathaway, George Marshall and Richard Thorpe (1962, PG) (S) (AD) (W) (HD) Also showing Thursday 11.40pm BBC4 **● BBC SPORT ONLINE 1.30-3.00 Cyclo-Cross** The women's elite at the World Championships in Tabor, at bbc.co.uk/sport **● BBC RED BUTTON 2.30-5.30 Final Score** **4.00-4.30 Amanda and Alan's Italian Job 5/8** Series 2. Amanda Holden and Alan Carr renovate two wildly different bathrooms. Shown yesterday BBC1 (S) (AD) (HD) (S) (HD)

ITV1

6.00am Love Your Garden The team visit Essex. **6.30 A traditional garden in Wiltshire.** (R) (S) (AD) (HD) **7.30 Love Your Weekend with Alan Titchmarsh** Alan talks to Kirsten Ramsay. Shown last Sunday (S) (HD) **9.25 ITV News** (S) (HD) **9.30 James Martin's Saturday Morning** The chef welcomes Dom Joly, Karun Chandhok and chefs Atul Kochhar and Sabrina Gidda. Repeated Sun 7.30am (S) (HD) **11.40 John and Lisa's Food Trip Down Under 3/5** The duo explore the bush. Repeated Sun 11.30am (S) (AD) (HD) **12.40pm James Martin's French Adventure** The chef arrives in the town of Annecy. (R) (S) (AD) (HD) **1.15 ITV News Weather; Regional Weather** (S) (HD) **1.30-4.30 LIVE Six Nations Italy v England** **RT** Mark Pougatch presents coverage from Stadio Olimpico in Rome (kick-off 2.15). Commentary from Nick Mullins, Ben Kay and Lawrence Dallaglio. **See page 41.** (S) (HD) **See feature: page 12**

Channel 4

5.55am Cheers Triple bill of the comedy. (R) (S) (HD) **7.10 The King of Queens** Double bill. (R) (S) (AD) (HD) **8.00 Everybody Loves Raymond** (R) (S) (AD) (HD) **9.25 The Simpsons** Triple bill. (R) (S) (AD) **10.55 Zoo ★★★★★** Wartime drama based on a true story, with Art Parkinson, Toby Jones and Penelope Wilton. **Review p47.** Director Colin McIvor (2017, PG) (S) (W) (HD) **12.55-1.55pm The Secret Life of the Zoo** The dating game begins for elderly chameleon Mr Parsons, who has two prospective partners. (R) (S) (AD) (HD)

BBC1

1

Six Nations

4.00pm Young captain Dafydd Jenkins leads his Wales team out for the first time



3.45pm BBC News

Regional News; Weather (S) (HD)

4.00 Six Nations

RT Wales v Scotland
 Gabby Logan introduces live coverage from the Principality Stadium in Cardiff (kick-off 4.45).

When these two sides met in last year's tournament the Scots ran up a record 35-7 victory at Murrayfield. However, Warren Gatland's Wales team showed signs of improvement at the World Cup in France, where they reached the quarter-finals but lost to Argentina.

Commentary by Andrew Cotter, John Barclay and Jonathan Davies. Analysis from Sam Warburton, Martin Johnson and Chris Paterson. The weekend's highlights are tomorrow at 6pm BBC2. **See page 41.** Producer Sally Richardson; Editor Richard Hughes (S) (HD)

See feature: page 12

7.10 Gladiators

RT 4/11. Comet takes on Hang Tough and Diamond races up the Wall, as tonight's contenders take on the superhuman Gladiators for a quarter-final place. Bradley and Barney Walsh host. **See page 40.** Director Chris Power; Series producer Reshmi Bajnath. Repeated tomorrow 7pm BBC3. Signed repeat Friday 1.20am BBC2 (S) (AD) (HD)

● BBC RED BUTTON 8.00-10.30 Under-20s Six Nations France v Ireland at Stade Maurice David (kick-off 8.10)

8.10 Michael McIntyre's Big Show

RT 4/6 Series 7. This Morning's Alison Hammond is rudely awoken in the Midnight Game Show, Kaiser Chiefs frontman Ricky Wilson is given the shock of his life as he becomes the Unexpected Star, pop star Anne-Marie hands over her phone for a Send to All with serious consequences, and singer/songwriter James Blunt performs. **See page 40.** Director Simon Staffurth; Executive producers Dan Baldwin and Saul Fearnley. Repeated Wednesday 12.35am (S) (HD)

9.10 Casualty

RT Take the Strain. Iain is gutted when Faith draws a line under their relationship, and Teddy has doubts over his engagement to Paige. A box set of previous episodes is on iPlayer. **See page 41.**

Iain Dean Michael Stevenson Ngozi Okoye Adesewa Oni
 Rashid Masum Neet Mohan Cam Mickelthwaite Barney Walsh
 Jacob Masters Charles Venn PC Harry Sinclair Rod Hallett
 Paige Alcott Shalisha James-Davis Natalia Malinovsky Zoe Brough
 Rida Amaan Sarah Seggari Tabby Burke Alina Allison
 Theodore "Teddy" Gowan Milo Clarke Alice McDonald Yasmin Steadman
 Faith Cadogan Kirsty Mitchell Jimo Armstrong Jack Gouldbourne
 Jan Jennings Di Botcher Elinor Lawless Mohammed Sheblu Miah
 Stevie Nash William Beck Nazia Din Simran Kular
 Dylan Keogh Megan Wish Gabrielle Green
 Jodie Whyte Anna Chell
 Writer Toby Walton; Producer Nest Gwenllian Roberts
 Director Jamie Annett (S) (AD) (HD)

10.00 BBC News Weather

10.20 Match of the Day

Today's Premier League highlights, including Everton v Tottenham Hotspur, Sheffield United v Aston Villa, Brighton & Hove Albion v Crystal Palace, Burnley v Fulham and Newcastle United v Luton Town. Producer Ian Finch; Editor Andy Fraser Rptd tomorrow 7.45am (S) (HD)

11.30 A Fish Called Wanda ★★★★★

Award-winning comedy. Respectable British barrister Archie Leach finds his life turned upside down when he falls for beautiful American Wanda Gerschwitz. On iPlayer for 30 days. **Review page 47.**
 Archie Leach John Cleese Ken Michael Palin
 Wanda Jamie Lee Curtis Wendy Maria Aitken
 Otto Kevin Kline George Tom Georgeson
 Director Charles Crichton (1988, 15) (S) (AD) (W) (HD)

1.15am Weather for the Week Ahead (S) (HD)

1.20-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

One-Hit Wonders

at the BBC:
Volume 2 9.10pm
 Bette Davis Eyes
 was Kim Carnes's
 solitary UK smash



4.30pm Final Score

Jason Mohammad presents the results and news from the Premier League, EFL and Scotland. (S) (HD)

5.15 Jaguars: Born Free

Natural World follows orphaned jaguar cubs raised at a rescue centre, in the hope they could be returned to the Brazilian rainforest. Zoë Wanamaker narrates. Director/Producer Rob Sullivan (R) (S) (AD) (HD)

6.00 Wilderness with Simon Reeve

2/4. Patagonia. The adventurer embarks on a journey at the foot of South America, beginning at the South Patagonian Ice Field, a vast body of frozen fresh water that sits high up in the Andes. Shown last Sunday (S) (AD) (HD)

7.00 Flog It!

Charlie Ross and Will Axon assess items at Ragley Hall in Warwickshire, including a Royal Worcester coffee set. Director Deirdre Elphick; Series producer Carole Lochhead (R) (S) (HD)

7.40 Celebrity Antiques Road Trip

In Kent, Jo Brand and Kerry Godliman search for items they can later sell for a profit, with the help of experts Catherine Southon and Steven Moore. Jo finds an enamel belt buckle and a papier-mâché object, while Kerry plumps for porcelain from Paris, a Georgian fireguard and a piece of Chinese bronze. Series producer Stuart Stanley Harrison Executive producer John Redshaw (R) (S) (HD)

8.40 Porridge

Series 2. **Happy Release.** When Blanco ends up in the prison hospital, where he fears he is about to die, he entrusts the whereabouts of his stashed fortune to Fletcher, who is sharing a ward with him. From 1975. Writers Dick Clement and Ian La Frenais Director/Producer Sydney Lotterby (R) (S) (HD)

9.10 One-Hit Wonders at the BBC: Volume 2

Over the decades, the UK singles chart has been full of artists who debuted with a big hit record but who never graced the Top 40 again. Tonight's tribute to these one-hit wonders features *Bette Davis Eyes* by Kim Carnes, *I Love Rock 'n' Roll* by Joan Jett & the Blackhearts, Curtis Mayfield's *Move On Up* and *Anne's Song* by John Denver. Producer Karn Christensen; Series producer Simon Goretzki (S) (HD)

10.10 Hits That Missed at the BBC

RT A selection of classic songs that somehow never made the UK Top 40 the first time they were released, including *Summer of '69* by Bryan Adams, David Bowie's *Changes*, 9 to 5 by Dolly Parton and Johnny Cash's *Ring of Fire*. **See page 41.** Producer Andrew Wiltshire; Series producer Simon Goretzki (S) (HD)

11.40 One-Hit Wonders at the BBC

Hits by artists who enjoyed fleeting success including Peter Sarstedt's 1969 number one *Where Do You Go to (My Lovely)?*, Trio's 1982 smash *Da Da Da*, and 1985 chart-topper *Move Closer* by Phyllis Nelson. Producer Tamsin Curry (R) (S) (AD) (HD)

12.40am Northern Soul ★★★★★ Drama starring Elliot James Langridge. Wigan 1974: two local lads follow their dreams and passions when they discover the northern soul movement. On iPlayer for 30 days. **Review page 47.**

John Clark Elliot James Langridge Ray Henderson James Lance
 Matt Joshua Whitehouse Dad Christian McKay
 Angela Antonia Thomas Granddad Ricky Tomlinson
 Sean Jack Gordon Mum Lisa Stansfield
 Director Elaine Constantine (2012, 15) (S) (W) (HD)

2.15-3.35am Good Morning Karachi ★★ Drama starring Anna Ilyas. Pakistan, 2007: Rafina lives in Karachi and is expected to marry Arif. But when Rafina's dream of becoming a model comes true and her career takes off, her life unravels. English, Urdu +subtitles. On iPlayer for 7 days. Director Sabiha Sumar (2013) (S) (W) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Ant & Dec's Limitless Win
8.00pm The duo present the quiz where the prize money is infinite



4.30pm ITV News
Weather; Regional News and Weather (S) (HD)

5.00 Tipping Point: Best Ever Finals
Ben Shephard relives two gripping endgames from the quiz with the giant arcade machine. Director Richard van't Riet; Executive producers Hugh Rycroft, Kate Lownds and Sara Doyle (R) (S) (HD)

5.25 Wheel of Fortune
5/8. Graham Norton introduces the quiz show as three contestants try their luck on the giant wheel and attempt to solve the word puzzles in a bid to scoop the jackpot of £50,000 in cash. Director Tony Grech-Smith; Producers Alastair McMullan, Danielle Davies, Robin Owen-Ellis and Joe Macklin Repeated tomorrow 5pm Signed repeat Fri 3am (S) (AD) (HD)

6.25 The Masked Singer
6/8 Series 5. The remaining seven performers take the stage as guest panellist Lenny Henry joins regulars Jonathan Ross, Rita Ora, Davina McCall and Mo Gilligan to guess the identity of the famous faces behind the surreal disguises. It's a double elimination week, so just who will be unmasked at the end of the night when it's time to "take it off"? Joel Dommett presents. Director Diccon Ramsay; Executive producers Claire Horton, Derek McLean and Daniel Nettleton Repeated tomorrow 1.20pm ITV2 (S) (AD) (HD)

8.00 Ant & Dec's Limitless Win
5/6 Series 3. The Georgie duo present the quiz show with a potentially infinite cash jackpot, as best friends Jess and Terri try to earn enough money to travel the world, before husband and wife Paul and Ellie attempt to climb the ladder. But will they cash out before they crash out? Directors Ollie Bartlett and Diccon Ramsay Series editor Jamie Rea Signed repeat 3am Repeated tomorrow 4pm (S) (AD) (HD)

9.00 It'll Be Alright on the Night
RT David Walliams narrates a new collection of out-takes from 2023, as a fly gets Louis Theroux into serious trouble with Judi Dench, a prop causes a nightmare for David Tennant on the set of *Doctor Who*, and a mobile phone creates havoc on *Dragons' Den*. See page 40. Series producer Chris Thornton; Executive producer Simon Marsh Repeated Thursday 10.45pm (S) (AD) (HD)

10.00 Big Zuu's 12 Dishes in 12 Hours
RT 5/6. The rapper and chef takes a culinary tour of Marseille with dancer Oti Mabuse, sampling a dozen local dishes to find out more about the Mediterranean city. See page 41. Director Chris Faith; Producer Rohan Minhas Repeated Wednesday 11.40pm (S) (AD) (HD)

10.35 ITV News
Weather; Regional Weather (S) (HD)

10.55 The Playboy Bunny Murder
2/2. Film-maker Marcel Theroux continues his investigation into a trio of murders of women that have remained unsolved since the 1970s. Series director Sam Miller Series producer Melissa Mayne (R) (S) (AD) (HD)

11.55 EFL Highlights
The best action from the weekend matches in the EFL, including Stoke City v Leicester City. Shown 9pm ITV4 Repeated tomorrow 11.45pm (S) (HD)

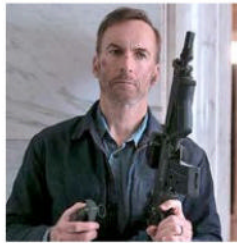
1.10am Home Shopping (HD)
3.00 Ant & Dec's Limitless Win 5/6. Quiz show. Shown 8pm Repeated tomorrow 4pm (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05-6.00am Jason Atherton's Dubai Dishes 7/10. Recipes with tea and coffee. (R) (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Nobody 9.10pm
Someone to reckon with: it turns out that Hutch Mansell possesses a few surprising talents



1.55pm Secret Life of the Safari Park
Ep 5. Knowsley's dominant male baboon Snout has been injured by a challenger and is now at risk of losing his mate Gemini to his rival. Shown last Thursday (S) (AD) (HD)

2.55 Four in a Bed
Competitive hosting from Monmouthshire, Carmarthenshire, Shropshire and Wiltshire. Director/Producer Bill Mohin (R) (S) (HD)

5.30 Location, Location, Location
In Northumberland, Phil Spencer helps Lauren and Noel in their search for a family-friendly property with plenty of character. Meanwhile, Kirstie Allsopp advises solo buyer Charlotte who, having left London, wants to get out of her childhood bedroom and into a home of her own. Directors Jason Hopkins and Dino Charalambous Series producer Julian Sinclair (R) (S) (HD)

6.30 Channel 4 News Sport; Weather (S) (HD)

7.00 Mission: Impossible ★★★★★
Action spy thriller based on the 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. The elite Impossible Mission Force's latest assignment is to recover stolen information that threatens to blow the cover of US spies throughout the world. But the plan goes disastrously wrong. Review page 47.

Ethan Hunt	Tom Cruise	Max	Vanessa Redgrave
Jim Phelps	Jon Voight	Frank Barnes	Dale Dye
Claire	Emmanuelle Béart	Golitsyn	Marcel Iures
Kittridge	Henry Czerny	Jack	Emilio Estevez
Krieger	Jean Reno	Hannah	Ingeborga Dapkunaite
Luther	Ving Rhames	CIA analyst William Donloe	Rolf Saxon
Sarah Davies	Kristin Scott Thomas	Max's companion	Andreas Wisniewski

Director Brian De Palma (1996, PG) (S) (AD) (W) (HD)
Also showing tomorrow 10pm 4seven

9.10 Nobody ★★★★★
Action thriller starring Bob Odenkirk. After his home is broken into and his family threatened, mild-mannered suburbanite Hutch Mansell resolves to track down the culprits and, in doing so, makes himself the target of an even deadlier gang. However, this apparently unassuming family man may have a secret skill or two up his sleeves... Available to stream for 30 days. Film of the Day: page 47.

Hutch Mansell	Bob Odenkirk	Yulian Kuznetsov	Alexey Serebryakov
Becca Mansell	Connie Nielsen	Eddie Williams	Michael Ironside
David Mansell	Christopher Lloyd	The Barber	Colin Salmon
Harry Mansell	RZA		

Director Ilya Naishuller (2021, 15) (S) (AD) (W) (HD)
Also showing Wednesday 10pm 4seven

11.00 War for the Planet of the Apes
★★★★ Sci-fi adventure sequel. In the third instalment of the rebooted franchise, ape leader Caesar embarks on a quest for revenge after Colonel McCullough kills Caesar's family in a bid to assassinate him. Review p47.

Caesar	Andy Serkis	Koba	Toby Kebbell
The Colonel	Woody Harrelson	Cornelia	Judy Greer
Bad Ape	Steve Zahn	Red Donkey	Ty Olsson
Maurice	Karin Konoval	Lake	Sara Canning
Nova	Amiah Miller	Blue Eyes	Max Lloyd-Jones
Rocket	Terry Notary		

Director Matt Reeves (2017, 12) (S) (AD) (W) (HD)
Also showing Monday 10pm 4seven

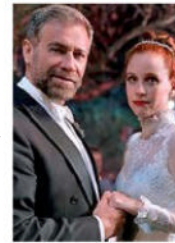
1.35am Ramsay's Kitchen Nightmares USA Helping an eatery in Whitehouse, New Jersey. (R) (S) (SL) (HD)
2.25 Couples Come Dine with Me Three couples in Brighton compete for the cash prize. (R) (S) (SL) (HD)
3.20 Know Your S*: inside Our Guts** The connection between gut health and mental wellbeing. (R) (S) (AD) (HD)
4.15-6.20am Hollyoaks Omnibus. Shown last Monday to Friday E4 Signed repeat tomorrow 3.35am E4 (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Señorita 89
9.00pm Raúl and Isabel tie the knot – but someone's out to spoil the party



7.00pm James May's Big Trouble in Model Britain
2/2. Following a new management team at British toymakers Hornby as the firm fights for survival. Head of audio development Ken is sent on a top-secret mission to capture the sound of a steam locomotive. And marketing director Simon unveils some new products that have Hornby's rivals fuming, sparking a dramatic showdown. First shown in 2019. Series director/Producer Will Fisher Repeated 12.35am (R) (S) (HD)

8.00 Arctic with Bruce Parry
5/5. Northern Europe. The final stage of Bruce Parry's six-month journey is through Arctic Europe. In a remote Russian village, he finds that life has changed little for hundreds of years. He then travels into Norway to live with the Saami. These reindeer herders use snow machines, boats and even helicopters to move their animals. In the Svalbard archipelago he learns about the fragility of the Arctic ecosystem. As night falls, Bruce sees the amazing aurora borealis. Director/Series producer James Smith Repeated 1.35am (R) (S) (AD) (HD)

9.00 Señorita 89
RT 5/8 Series 2. Isabel marries Raúl, but Mirko threatens to ruin their party and Jocelyn is in danger. (HD)
9.50 6/8. Jocelyn and Isabel both have some news, and Concepción confronts Raúl. Spanish +subtitles. A box set is on iPlayer. See page 40. (HD)
Jocelyn
Isabel
Raúl López Morton
Sebastian
La Madrina
Mirko
Concepción
Leidi Gutiérrez
Natalia Dupeyrón
Juan Manuel Bernal
Pierre Louie
Dolores Heredia
Luis Ernesto Franco
Ilse Salas

10.35 Parkinson
An edition first broadcast in 1999 in which Michael Parkinson chatted to Joanna Lumley, Sir Ian McKellen, Neil Morrissey and Marion Montgomery. Director Stuart McDonald Producer Beatrice Ballard (R) (S)

11.30 To the Manor Born
5/8 Series 1. The Summer Hunt Ball De Vere neglects to invite Audrey to the annual Hunt Ball – so she plans a socially acceptable revenge. Writer Peter Spencer; Director Gareth Gwenlan Shown last Tuesday (S)

12 midnight Yes, Prime Minister 5/8 Series 1 The government faces financial ruin, but that doesn't worry Sir Humphrey. Shown last Tue (S)
12.35am James May's Big Trouble in Model Britain Shown 7pm (S) (HD)
1.35 Arctic with Bruce Parry Shown 8pm (S) (SL) (AD) (HD)
2.35-3.55am Señorita 89 7/8 Series 1 Dolores returns to the house and tells the women what the authorities know. (R) (HD)
3.15 8/8. The contestants compete in the Miss Mexico final, but will they make it out alive? A box set is on iPlayer. Spanish +subtitles. (R) (HD)
Dolores
Elena
Dr Carlos Hidalgo
Luisa
Angeles
Bárbara López
Ximena Romo
Marcelo Alonso
Edwarda Gurrola
Coty Camacho

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1
SCOTLAND

11.30pm SportsScene: Premiership Highlights: Steven Thompson presents action from today's matches, including Aberdeen v Celtic and Rangers v Livingston **1.00am FILM:** A Fish Called Wanda **2.45** Weather for the Week Ahead **2.50-6.00** BBC News

BBC
SCOTLAND

4.30-5.15pm SportsScene Results
7.00 The Seven
7.15 The Edit
7.30 SportsScene: Premiership Highlights
9.00 The Forest
9.30 Scot Squad
10.00 Songs of Modern Scotland: Celtic Connections
11.00 BBC Introducing at Celtic Connections
11.45-12 midnight The Culture Scene: double bill

STV
1.10-3.00am Night Vision: news and sport
3.50-5.05am Night Vision: news and sport

BBC1 WALES

11.30am-12 noon Six Nations Sin Bin: Gabby Logan, Gareth Thomas and their guests look ahead to the tournament

BBC2 WALES

12 noon FILM: How the West Was Won
2.25pm The Great Food Guys
2.55-4.00 Marcus Wareing's Tales from a Kitchen Garden
7.00 Blue Planet II: wildlife that lives thousands of miles from land **7.10-7.40** Weatherman Walking: Derek Brockway goes rambling at opposite ends of the country

Channel 5
listings are overleaf

SATURDAY Freeview

Channel 5

5



Fawlty Towers: Funniest Moments and More 9.10pm The classic sitcom

5.45am Milkshake! See page 46

9.50 SpongeBob SquarePants Plankton swipes a piece of art by a famous artist. (S) (HD) **10.00** SpongeBob helps Squidward when he can't recall his happiest memory. (S) (HD)

10.15 Entertainment News (S) (HD)

10.25 Friends Series 2. Ross babysits Ben. **10.55** The gang's neighbour Mr Heckles dies. **11.25** Phoebe reveals a secret. (R) (S) (AD) (HD)

11.50 Dogs Behaving (Very) Badly A couple's hyper-reactive doberman makes it difficult to enjoy walks. (R) (S) (AD) (HD) **12.50pm** After an altercation with a cow, Danielle and Paul's dog Polly now fears anything with four legs. (R) (S) (AD) (HD)

1.50 Aurora Teagarden Mystery: Honeymoon, Honeymurder Murder mystery. Aurora and Nick's plans to spend some quality time together are derailed when they find a body in a lake. (R) (S) (HD) **3.35 Agatha Christie: Crooked House ★★** Thriller based on the crime novel, starring Max Irons. Sophia de Havilland turns to private investigator Charles Hayward to look into the death of her tycoon grandfather. **Review page 47.** Director Gilles Paquet-Brenner (2017, 12) (S) (W) (HD)

5.50pm Smart Meters: Should You Get One?

Alexis Conran uncovers the truth behind the promised benefits of smart meters, investigating their mental health impact, and stories of privacy invasion.

Director Ben Algar Shown last Wednesday (S) (HD)

6.45 5 News (S) (HD)

6.50 Secrets of Buckingham Palace with Alexander Armstrong 1/6. The stories hidden behind the walls of Britain's most famous royal residence. This episode begins in the late 18th Century, when King George III bought the building, then named Buckingham House. Directors Sam Bailey and Sam Elvin (R) (S) (HD)

7.40 The Day the Queen Died: Minute by Minute

Recounting the events of 8 September 2022, from early signs of concern to the interruption of Parliament and the royal family converging on Scotland.

Director/Producer Simon Harries (R) (S) (HD)

9.10 Fawlty Towers: Funniest Moments and More

A celebration of John Cleese and Connie Booth's sitcom, with a selection of its finest moments and contributions from fans, experts and supporting cast. Series producer Sean Doherty (R) (S) (HD)

10.35 1972: Most Shocking Moments

Controversies, scandals and shocks in TV, film, music and politics, in the year when *A Clockwork Orange* and *Last Tango in Paris* shocked cinema audiences. Director/Producer John Piper (S) (HD)

12.30am Criminals: Caught on Camera (R) (S) (HD) **1.00** Casino (S) (HD) **3.00** Egypt's Great Mummies: Unwrapped with Bettany Hughes (R) (S) (HD) **4.40** Divine Designs (R) (S) (SL) **5.05** House Doctor (R) (S) (SL) **5.30-5.40am** Entertainment News (S) (HD)

C5 Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105 **+1** Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Man like Mobeen 10.00pm The former dealer gets into trouble with an inmate

7.00pm My Mate's a Bad Date

Relationship expert Oloni tries to help 20-year-old hopeless romantic Lewis get a second date. The whole series is on iPlayer. More Wednesday 7pm. (S) (HD)

7.20 EastEnders

Alfie befriends a fellow cancer patient. Shown last Mon BBC1 Cast Wed/Thu BBC1 (S) (AD) (HD)

7.50 Match of the Day Live: Africa Cup of Nations

The fourth quarter-final (Kick-off 8.00), from Charles Konan Banny Stadium in Yamoussoukro, Ivory Coast. (S) (HD)

In the event of extra time/penalties, subsequent programmes may change

10.00 Man like Mobeen

1/4 Series 4. Nate and Mobeen near the end of their prison sentence. (S) (AD) (HD)

10.25 2/4. A man known as Memory Stick possesses some vital information. A box set is on iPlayer. (S) (AD) (HD)

10.50 Two Pints of Lager and a Packet of Crisps

7/8 Series 4. Donna's tutor invites her to have a little extracurricular fun.

11.20 8/8. Donna enjoys some "filthy brunching" with her tutor.

11.50 1/14 Series 5. Jonny enjoys 15 minutes of fame after his recent brush with death.

12.20am 2/14. Donna inherits a house. A box set is on iPlayer. (S) (AD) (HD)

12.50 Domino Day (S) (AD) (HD) **1.35** Two Pints of Lager and a Packet of Crisps (S) (AD) (HD)

3.35-3.55am My Mate's a Bad Date (S) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (S) (HD) **9.00** Totally Bonkers Guinness World Records (S) (HD) **9.30** Secret Crush: dating game show (S) (SL) (HD) **10.30** Dress to Impress: three episodes (S) (SL) (HD)

1.30pm Celebrity Catchphrase (S) (AD) (HD) **2.30** In for a Penny (S) (AD) (HD) **3.00 FILM** Goosebumps 2: Haunted Halloween ★★

Comedy horror adventure starring Wendy McLendon-Covey, Madison Iseman and Jeremy Ray Taylor (S) (AD) (W) (HD) **4.55 FILM** Sing 2 ★★★★★ Animated musical comedy featuring the voices of Matthew McConaughey and Reese Witherspoon. **Review page 47** (S) (AD) (W) (HD)

7.10pm FILM Johnny English ★★ Comedy adventure with Rowan Atkinson. When the crown jewels are stolen, bumbling agent Johnny English learns that the theft is part of a plot to seize the throne. (S) (AD) (W) (HD)

9.00 New. Love Island: All Stars: Unseen Bits The latest collection of unbroadcast footage from the *Love Island* villa. (S) (HD)

10.05 Family Guy Series 16. Peter and the gang are forced to join the US Coast Guard.

10.35 Peter gets fired from the brewery. **11.05** Brian posts an offensive tweet and the Griffins tell him to move out. (S) (AD) (HD)

11.35 American Dad! Series 16. Stan and the family dine at a buffet restaurant, and Roger becomes a flower. (S) (AD) (HD)

12 midnight Stan and Francine uses the CIA's time machine go back into the past to settle an argument. (S) (AD) (HD)

12.30am The Sex Lives of College Girls (S) (HD) **1.35** Iain Sterling's CelebAbility (S) (HD)

2.20 Totally Bonkers Guinness World Records (S) (HD) **2.50-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115 **+1** Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Midsomer Murders 4.45pm DCI Tom Barnaby finds his judgement clouded

6.00am Bless This House (S) **6.30** Inspector Morse: Series 1. The Silent World of Nicholas Quinn. A deaf academic is murdered (S) (SL) (AD) (HD) **8.40** The Ruth Rendell Mysteries; Master of the Moor 1/3. A mutilated body is found on a moor. Colin Firth stars (S) (SL)

9.50 Doc Martin: 1/9 Series 2. Old Dogs A mugger strikes in the village (S) (SL) (AD) **10.55** Midsomer Murders: Series 13. The Silent Land. Joyce Barnaby thinks she is responsible for a man's death (S) (AD) (HD)

1.00pm LIVE Racing: Oli Bell presents coverage of races including the Scilly Isles Novices' Chase from Sandown Park, and the Irish Gold Cup from Leopardstown, plus action from Musselburgh (S) (HD)

4.05pm Coronation Street: Weddings

Jason Manford narrates a celebration of memorable weddings in Weatherfield, including the big days of Raquel and Curly, and Beth and Kirk. (S) (AD) (HD)

4.45 Midsomer Murders

Series 13. The Noble Art. A local boxer's successful world title bid stirs up hidden passions among the residents of Midsomer Morchard. Starring Kevin McNally, Daniela Denby-Ashe and Phil Daniels. (S) (AD) (HD)

7.00 LIVE Darts

Jacqui Oatley presents coverage of the evening session on day two of the Masters from Milton Keynes, with the second-round matches. Chris Dobey eliminated current world champion Luke Humphries at this stage last year and proved it was no fluke by going on to win the title. (S) (HD)

11.00 Endeavour

4/4 Series 6. Dequello. Morse investigates the murder of a librarian at the Bodleian, with suspicion falling on two professors connected to each other by a seemingly innocent college bequest. Shaun Evans and Roger Allam star. (S) (AD) (HD)

12.45am Inside the Crown: Secrets of the Royals: 2/4. The royal family's relationship with the press (S) (AD) (HD) **1.35** Bless This House (S) **2.25-2.30am** Unwind (S) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117 **+1** Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am World of Sport (S) (HD) **6.15** Hornblower (S) (AD) (HD) **8.25** The NFL Show (S) (HD) **9.30 New.** Racing: the Opening Show: coverage from Sandown Park (S) (HD)

10.30 The Big Match Revisited (S) (HD) **11.30** The Best of Saint and Greavsie (S) (HD)

12.30pm World of Sport (S) (HD) **12.45 LIVE** Darts: Jacqui Oatley presents coverage of the afternoon session on day two of the Masters, featuring the second-round matches. The evening session is on ITV3 at 7pm. (S) (HD) **5.00** The Derby through the Years (S) (HD) **5.20** Monster Carp (S) (HD)

6.25pm FILM The Cowboys ★★ Western starring John Wayne. Veteran rancher Wil hires schoolboys to help him on a cattle drive. But the decision angers an outlaw band. (S) (W) (HD)

9.00 New. EFL Highlights Action including Huddersfield Town v Sheffield Wednesday in the Championship. Repeated 11.55pm ITV1 (S) (HD)

10.35 FILM Speed ★★★★★ Action thriller with Keanu Reeves. An extortionist plants a device on board a bus that will explode if the bus's speed drops below 50mph. (S) (AD) (W) (HD)

12.55am Minder (S) (SL) (AD) **1.55-3.00am** The Return of Sherlock Holmes (S) (SL) (AD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118 **+1** Freesat 118 Sky 220 Virgin 318

Drama

20



Whitechapel 9.00pm Fighting for the truth: DI Chandler and DS Miles

7.20am Birds of a Feather: 2/14 Series 5 The sisters face upheaval (S) **7.55** When the Boat Comes In: 13/13 Series 1. Jack has a disagreement with the branch committee chairman; **9.00 1/13** Series 2. Jack is appointed as a union representative; **10.10 2/13.** Jack and Matt find themselves immersed in union problems (S) **11.20** Lovejoy: 2/14 Series 5. The antiques dealer decides to marry Lady Jane; **12.20pm 3/14.** The art expert looks after Felsham Hall until it has been sold; **1.20 4/14** Lovejoy is threatened by a debt collector (S) **2.20** The Musketeers: 2/10 Series 2. Rochefort uses the King's absence to become closer to Queen Anne; **3.40 3/10.** When the Dauphin becomes seriously ill, Constance risks everything to save his life (S) (AD) (HD)

5.00 Kingdom: 2/6 Series 1. A beautiful woman arrives at the Kingdom office asking for help to recover her kidnapped baby (S)

6.00pm The Brokenwood Mysteries 4/6 Series 8. Three Coins and a Fountain

The Brokenwood fountain is spraying reddish-brown water due to a man impaled on its sculpture. (S) (AD) (HD)

8.00 Father Brown

10/10 Series 6. The Two Deaths of Hercule Flambeau. The sleuth races to protect a crown that contains a nail from the crucifixion of Christ. (S) (AD) (HD)

9.00 Whitechapel

3/3 Series 2. The body count continues to rise, but Chandler still has nothing tangible to pin on the twins. (S) (AD) (HD)

10.00 1/6 Series 3. Fear grips the streets after four people are found slaughtered in a tailor's workshop. (S) (AD) (HD)

11.00 Strike: The Cuckoo's Calling

2/3 Series 1. The private detective tells the police the circumstances of Rochelle's death merit further investigation, and learns Lula was looking for her biological family. (S) (HD)

12.15am This Life: 9/11 Series 1. Jerry finds an unexpected ally in Anna (S) **2.15-4.00am** The Brokenwood Mysteries: **Ep 6** Series 9 A murder casts suspicion among the ranks of an all-women motorcycle club (HD)

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116 **+1** Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am The Real Housewives of Jersey (S) (HD) **8.00** Buying and Selling: selling a tired property (S) (HD) **9.00** LittleBe (HD)

12 noon Great Chocolate Showdown (S) (HD) **2.00pm** Georgia and Tommy: Baby Steps (S) (HD) **3.00** The Real Housewives Ultimate Girls' Trip (S) (HD) **4.00** Project Bakeover (S) (HD)

6.00pm The Big Bake The teams are tasked with creating cakes that features bunnies in wonderful places around the world. (S) (HD)

7.00 The baking teams are tasked with turning teatime on its head. (S) (HD)

8.00 FILM Mannequin ★★ Romantic comedy starring Andrew McCarthy. When Jonathan is caught locked in an embrace with a shop mannequin, his workmates are concerned, but only he knows the dummy is the reincarnation of an Egyptian priestess. (S) (AD) (W) (HD)

10.00 Totally Unbelievable Lawyers, tell-all stories in the media – when celebrity couples decide to "consciously uncouple", fireworks are certain to follow. (S) (HD)

11.00 Botched Terry Dubrow and Paul Nassiff discuss the first series. (S) (AD) (HD)

12 midnight-1.00am The Real Housewives of Miami: Adriana receives a foot massage (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

More4

18



Little Trains and Big Names with Pete Waterman 7.55pm Pete and Eddie

8.55am Food Unwrapped: whether brioche is bread or cake (AD) **9.30** A Place in the Sun **12.30pm** Four in a Bed **3.00** Location, Location, Location **4.00** The Great Pottery Throw Down: producing animal busts (AD)

5.20pm Come Dine with Me Dinner parties in Boston, Lincolnshire, feature savoury profiteroles, a European menu, an evening modelled on a country fair, and spicy food. (AD)

7.55 Little Trains and Big Names with Pete Waterman The music producer and keen railway modeller meets Suzy Eddie Izzard, who shows Pete two exhibition models that are steeped in her family history. (AD)

9.00 24 Hours in A&E At St George's in south-west London, 52-year-old Kerrie, who has cerebral palsy and learning difficulties, is brought in after suffering a suspected stroke. Bayan, meanwhile, is in A&E experiencing facial numbness that could be linked to an existing neurological condition. (AD)

10.00 Eighty-year-old Michael is brought to St George's Hospital with suspected sepsis. Sayfur, a staff member from the neurology department, has had an epileptic seizure. (AD) **11.05 Eight out of Ten Cats Does Countdown** Alan Carr and Josh Widdicombe take on Joe Wilkinson and Sara Pascoe.

12.10am With Sean Lock, Stephen Mangan, Richard Ayoade and Katherine Ryan. **1.10** 24 Hours in A&E **3.20–3.50am** Supermarkets Unwrapped: the fruit and veg aisle (AD)

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am How I Met Your Mother (AD) **6.25** Don't Tell the Bride (AD) **7.25** Ramsay's Kitchen Nightmares USA **11.25** Modern Family **1.25pm** Brooklyn Nine-Nine (AD) **3.25** The Big Bang Theory: five episodes (AD)

5.50pm The Big Bang Theory 15/24 Series 5. Howard makes preparations to go on a flight to the International Space Station. **6.20 16/24** Sheldon help Amy in her lab. (AD) **6.50 FILM Teenage Mutant Ninja Turtles: Out of the Shadows** ★★ Action fantasy sequel starring Megan Fox and Stephen Amell. Secretive half-shell heroes Leo, Raph, Donnie and Mikey are forced to break cover to save the world when Shredder escapes imprisonment and teams up with a disembodied brain from another dimension. (AD)

9.00 Celebrity Gogglebox Shows including *The Baby, One Question, America the Beautiful, The One That Got Away* and *Million Pound Pawn* are appraised. (AD)

10.00 Gogglebox The armchair critics share their thoughts on *Sitting on a Fortune, Close to Me* and *Nadiya's Fast Flavours*. (AD)

11.05 Opinions on *The Graham Norton Show, Mary Berry: Love to Cook and Who Wants to Be a Millionaire? Celebrity Special*. (AD)

12.10am First Dates (SL) (AD) **2.20** Gogglebox (SL) (AD) **4.10** Baby Daddy **5.25–6.00am** How I Met Your Mother: Ted tries to impress a woman (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Antiques Road Trip **10.00** Dr Pimple Popper **12 noon** Bad Skin Clinic **1.00pm** A Place in the Sun **3.00** The Yorkshire Auction House **4.00** Helicopter ER: five editions **9.00 New series.** The Dead Files: double bill. Steve and Amy visit a terrified woman in California, then a mother faces an onslaught of paranormal activity in Oxnard **11.00** Paranormal: Caught on Camera **12 midnight** The Demon Files **1.00am** Ghost Adventures **2.00** Shopping **4.00–6.00am** Animal Cops San Francisco (AD)

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



The Rolling Stones: Grrr Live! 7.00pm Lady Gaga and Mick Jagger

6.00am Beethoven's Fidelio by Christoph Waltz **8.30** Tales of the Unexpected (AD) **11.00** Alfred Hitchcock Presents

1.00pm The Joy of Painting (AD) **2.00** Landscape Artist of the Year: eight artists and a number of wildcards compete in Aberdeenshire (AD) **3.00** Cirque du Soleil: Mystery of Mystère: the making of the troupe's show *Mystère* at the Treasure Island hotel and casino in Las Vegas **4.20** Classic Albums: Elvis Presley's self-titled debut album **5.20** Elvis Presley: Aloha from Hawaii: colourful concert performance by the King, which was broadcast live around the world from Honolulu on 14 January 1973

7.00pm The Rolling Stones: Grrr Live! A 2012 concert by the band at the Prudential Centre in Newark, New Jersey, featuring guest appearances by Lady Gaga, John Mayer, the Black Keys and Bruce Springsteen.

10.00 Greatest Guitar Riffs Nancy Wilson of Heart talks about the riffs that influenced her and reveals the secrets behind hits like *Magic Man, Barracuda* and *These Dreams*.

11.00 Women Who Rock A look at the 1990s, when questions of feminism and control intensified and the likes of Missy Elliott, Courtney Love and Alanis Morissette made music on their own terms. (AD)

12.20am Stevie Nicks: Rock a Little **1.40** Patti Smith: Electric Poet **3.00** The Great Songwriters: Carly Simon **4.00** Isle of Wight Festival Greatest Hits **5.00–6.00am** Classic Albums

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Come Dine with Me: dinner parties in Belfast **11.30** Château DIY (AD)

3.30pm A Place in the Sun: four editions **7.00 Extraordinary Extensions 4/6** Series 2. Musician and property developer Tinie follows a Kent couple who have transformed their bungalow into a Miami-style beach house. Shown yesterday Channel 4 (AD)

8.00 Kirstie and Phil's Love It or List It Ep 7 Series 9. Phil Spencer catches up with Jamie Lea and Curtis, who sought the duo's help in 2019. Jamie Lea wanted to settle down in their three-bedroom terrace in Shropshire, but Curtis was keen to find a bigger house in the countryside. (AD)

9.00 Eight out of Ten Cats Does Countdown With Rhod Gilbert, Sarah Millican, Judi Love and Joe Lycett. Shown yesterday C4 **10.00 Joe Lycett: More, More, More! How Do You Lycett? How Do You Lycett?** The performer's first stand-up show in several years. **11.05 24 Hours in A&E** Alec, 82, has been brought to resort with breathing difficulties after a chest infection, and doctors believe he has developed life-threatening sepsis. (AD)

12.05am Gogglebox (AD) **2.15** First Dates (AD) **3.20** Johnny Vegas: Carry on Glamping (AD) **4.15–4.45am** Food Unwrapped

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am Massive Engineering Mistakes **7.00** World's Biggest Shipbuilders **8.00** Wheeler Dealers **2.00pm** The Repair Shop **3.00** Shed and Buried **5.00** Salvage Hunters: Classic Cars **7.00** Salvage Hunters: the Restorers **8.00** The Woodland Workshop: Claran creates a gothic-style bookshelf with a series of secret compartments

9.00 The Repair Shop **10.00** The Hotel Inspector: Alex Polizzi is enlisted to rescue Michelangelo's in Newcastle **11.00** Blowing Up History: a Viking fortress lost under ground for over 1,000 years is discovered **12 midnight** In Search of Monsters **1.00am** Border Control: Spain **2.00** Destroyed in Seconds **4.00–5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Great Continental Railway Journeys 7.00pm Michael goes to in Monte Carlo

6.10am Guitar Heroes at the BBC: double bill **8.00** Bangers and Cash: five editions **1.00pm** Abandoned Engineering (AD)

4.00pm Great American Railroad Journeys Michael Portillo explores the Province of Quebec, taking the Charlevoix train along the bank of the St Lawrence River to La Malbaie. **5.00** Michael strikes west across Manitoba into the province of Saskatchewan. At Riding Mountain, he discovers how a British boy from Hastings became an influential naturalist.

6.00 Michael sets on his final leg to Jasper, along the way admiring Edmonton's light rail system and visiting the Rocky Mountains. **7.00 Great Continental Railway Journeys** Michael Portillo travels from London to Monte Carlo. His first stop is Paris.

8.00 Michael heads from Hungary to Austria, visiting Budapest and Bratislava. **9.00** The presenter travels through Spain.

10.00 One Foot in the Grave Victor Meldrew faces up to retirement. **10.40** Victor attends a fitness class.

11.20 Victor clashes with a pesky plumber. **12 midnight** Bangers and Cash: three rare Alvises go under the hammer **1.00am** Tom Jones at the BBC **2.00–3.00am** Smoke and Steel (AD)

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** The Force: behind the Line **9.00** Outback Pilots **11.00** Train Trunkers: moving three state-of-the-art trains

12 noon Storage Hunters UK: five editions **2.00pm** Gavin & Stacey: triple bill **4.00** World's Most Dangerous Roads: double bill

6.20pm Mortimer & Whitehouse: Gone Fishing The pair take their rods to Christchurch's Bridge Pool in Dorset. (AD) **7.00 Special Ops: Crime Squad UK** Following a ground-breaking investigation into the body in the river murder. (AD)

8.00 Special police task forces tackle a hit-and-run in Lancashire. (AD) **9.00 Not Going Out 4/11 Series 7.** Lucy tries to befriend the posh new neighbours.

9.40 5/11. Trying to impress Lucy, Lee joins Daisy as a contestant on *Pointless*.

10.20 6/11. Frank's drinking is now such a problem that Lee and Lucy are forced to reassess living arrangements in the flat.

11.00 QI XL Jimmy Carr, Aisling Bea and Danny Bhoy compete alongside Alan Davies **11.40** Have I Got a Bit More News for You Richard Ayoade hosts the quiz.

12.40am Live at the Apollo **2.35** Dead Canny (AD) **3.05–4.00am** Live at the Apollo

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

6.00am Nothing to Declare (AD) **7.30** Monkey Life **8.00** Kidz Bop Never Stop Concert **9.00** Monkey Life **9.30** Nothing to Declare (AD) **11.00** Border Security USA (AD)

12 noon Road Wars **1.00pm** Highway Cops **2.00** Wild Pacific Rescue (AD) **3.00** Monkey Life **4.00** Baby Animals (AD) **5.00** Dogs with Extraordinary Jobs (AD) **6.00** Extreme Animals: One Wild Day (AD) **7.00** David Attenborough's Rise of Animals: Triumph of the Vertebrates **8.00** Predators (AD)

9.00 Britcam: Emergency on Our Streets: Leicestershire Police defuse a difficult situation at a nightclub (AD) **10.00** The Force: North East **11.00** FILM Red Sonja ★★ Fantasy adventure starring Brigitte Nielsen and Arnold Schwarzenegger (W)

1.00am Night Cops **2.00** Border Security: Canada's Front Line **4.00–6.00am** Highway Patrol

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am Murder, She Wrote: nine episodes (AD) **6.00pm** Murder, She Wrote Series 8. Triple bill. Jessica's neighbour is shot dead **7.00** Jessica's colleague is charged with murder

8.00 A computer expert dies suddenly (AD) **9.00** Criminal Minds Series 5. Double bill. The Reaper returns to Washington, DC, then Hotchner takes a break **11.00** Law & Order: Special Victims Unit Series 15. Four episodes. A comedian is accused of rape **12 midnight** A high-school football star disappears

1.00am A teenager is shot by a celebrity chef **2.00** Cassidy is sent under cover **2.50** Lucifer: the tension between Lucifer and Chloe creates problems **3.35–4.00am** Criminals: Caught on Camera: bringing rioters to justice

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Entertainment News **8.05** Criminals: Caught on Camera **8.40** Car Pound Cops: Give Me My Car Back! **12.35pm** FILM Grease 2 ★★ Musical **2.55** FILM Liar Liar ★★★★★ Comedy starring Jim Carrey.

A boy makes a wish that his lawyer dad would find it impossible not to tell the truth **4.40** FILM Rampage ★★ Action adventure **6.50pm** FILM The Goonies ★★★★★ Adventure starring Sean Astin. A gang of boys come across a map revealing the location of a long-lost galleon.

9.00 FILM Déjà Vu ★★ Sci-fi action thriller starring Denzel Washington. After a bombing on a ferry, Agent Doug Carlin joins an FBI task force that has access to a top-secret device that may shed light on the case.

11.35 FILM Paycheck ★★ Sci-fi action thriller directed by John Woo and based on a short story by Philip K Dick, starring Ben Affleck, Aaron Eckhart and Uma Thurman. **2.00am** Casualty 24/7: Every Second Counts

2.55 GPs: behind Closed Doors (AD) **3.45–4.00am** Entertainment News

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.10** Criminals: Caught on Camera (AD) **9.40** Police Interceptors **10.40** Winter Road Rescue

12.45pm FILM Mosquito Squadron ★★ Second World War adventure **2.35** FILM The Dam Busters ★★★★★ Classic wartime drama, starring Richard Todd, about the audacious RAF mission to destroy the Ruhr dams with "bouncing" bombs (BW)

5.15 FILM Wyatt Earp ★★★★★ Epic western starring Kevin Costner and Dennis Quaid. Young Wyatt Earp is guided towards his destiny as one of the West's toughest lawmen

9.00 FILM Cliffhanger ★★★★★ Action thriller starring Sylvester Stallone. Former mountain-rescue climber Gabe Walker helps answer a distress call from a crashed plane, but discovers the passengers are members of a criminal gang who want help retrieving their stolen money. **Review p87.**

11.10 FILM Night Hunter ★★ Crime thriller starring Henry Cavill and Ben Kingsley. **1.15am** Police: Night Shift 999: double bill

3.25 Criminals: Caught on Camera (AD) **3.50–4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet: a three-legged sheep might be given a new lease on life with a prosthetic leg **10.00** Drain the Oceans

6.00pm Tyrant: the Rise of Adolf Hitler The events that lead to the Second World War, starting with a look at the six months between March and September 1938.

7.00 In September 1938, Hitler makes his intention to invade Czechoslovakia known. **8.00** Fresh from invading Czechoslovakia, Hitler turns his attention to Poland.

9.00 Cleopatra: Seductress, Goddess, Murderer, Queen The truth behind the myth of the iconic Egyptian ruler, looking at why her name still resonates through the centuries.

11.00 Ancient Mysteries Five editions of the series that examines historical mysteries. **3.50–4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

SATURDAY Freeview & films

W 25



The Most Hated Family in America 11.00pm Louis Theroux

6.10am The Bill **11.00** Tipping Point **3.00pm** My Family (AD)
5.40pm My Family Janey is horrified when Susan visits her at the halls of residence. (AD)
6.20 Ben and Susan's wedding anniversary goes with a bang. (AD)
7.00 Miranda Penny threatens to cancel Miranda's Christmas.
7.40 Gary joins the dating scene to take someone to Stevie's party.
8.20 The shop owner's friends accuse her of being immature. (AD)
9.00 Gavin & Stacey The gang reunites for Neil's christening.
9.40 Dave is unhappy about Nessa's plans to visit Essex.
10.20 Smithy is feeling worried about seeing Nessa again. (AD)
11.00 Louis Theroux: the Most Hated Family in America A Kansas church known for protesting against homosexuality. (AD)
12.20am One Born: What Happened Next? revisiting Kerry and Dan **1.30** Emma Willis: Delivering Babies (AD)
2.20-3.00am Inside the Ambulance
W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 F'sat 232 (233 Scotland) Virgin 325

HGTV 44

7.00am Love Your Garden: four editions (AD) **11.00** My Lottery Dream Home: eight back-to-back editions **3.00pm** A Place in the Sun: five editions. A couple from Brighton seek a second home on the Spanish island of Majorca
4.00 Denise Greenacre looks for a sun-kissed property in Torrevieja on the Costa Blanca **5.00** A couple plan to buy a home on Kefalonia to get back in touch with their Greek roots **6.00** Ex-RAF officers Simon Stenning and Amanda Butcher search for a winter home on the Caribbean island of Antigua
7.00 A retired couple seek a new home in Brittany **8.00** Escape to the Country: five editions (AD)
1.00am 100 Day Dream Home
2.00-4.00am Escape to the Country
HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8
6.00am London's Weekend
7.00 The Story of the London Underground **8.00** The Lion Queen **9.00** Danger Man (BW) **10.15** The Hairy Bikers' Pubs That Built Britain **11.00** My Greek Odyssey **12 noon** The Sandbaggers **1.00pm** FILM Holiday's with Pay ★★ **2.55** FILM Keep the Aspidochelone Flying ★★
5.00 FILM Martin's Day ★★
7.00 Blandings **7.45** Blitz: the Aftermath **9.00** FILM The Search for John Gissing ★★ **11.00** FILM Boy in the Corner ★★
12.55am FILM The Ashram ★★
2.45 Blandings **3.30** News Rewind
5.00-6.00am Talking Points
London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Gok's Chinese Takeaway 6.00pm A taste of China

6.00am Diners, Drive-Ins and Dives **8.00** Girl Meets Farm: ten back-to-back episodes (AD) **1.00pm** James Martin's Mediterranean **3.00** Michel Roux's French Country Cooking (AD) **5.00** Roux Down the River **6.00** Gok's Chinese Takeaway: double bill. Gok Wan visits Chinese communities around the globe to discover their takes on Chinese food outside of China **8.00** Tom Kerridge More Sunday Lunch: Tom shares his speedy method for the perfect roast lamb with salsa verde and minty potatoes **8.30** Tom Kerridge's American Feast: the chef pays a visit to Colorado to find out why people who live there are some of the fittest in America (AD)
9.00 Man v Food: six editions. A giant pancake challenge **9.30** A super-sized burrito **10.00** The Firebrand Chili Challenge **10.30** Adam Richman visits three minor league baseball stadiums **11.00** A burger featuring two frisee-based meat patties **11.30** A fiery pulled pork sandwich in Little Rock, Arkansas
12 midnight Mystery Diners (AD)
2.00-3.00am Buddy Vs Duff
Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)

Great TV 50

8.00am Highway to Heaven **11.00** Randall and Hopkirk (Deceased)
4.00pm The Avengers: five episodes **9.00** Aurora Teagarden Mysteries: Heist and Seek: drama starring Candace Cameron Bure, Niall Matter and Marilu Henner
10.50 An Aurora Teagarden Mystery: A Very Foul Play: drama starring Candace Cameron Bure
12.40am Castle: the body of a nanny is found in a tumble dryer **1.40** Movie News **1.50** Castle **2.50** Movie News **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven
4.50-5.00am Movie News
Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am 48 Hours **2.00pm** Medical Detectives: six editions. A student's murder **2.30** Police uncover some disturbing evidence **3.00** The death of a health-conscious woman **3.30** A 1984 murder case **4.00** A man is discovered in a tree **4.30** A murder victim's final moments are caught on tape **5.00** Judge Judy **12.30am** World's Most Unexplained **1.00** The Day I Should Have Died **4.00** Something's Killing Me
4.45-6.00am Medical Detectives
True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **11.00** PMQs **11.35** Scottish FMQs **12.20pm** Welsh FMQs **1.20** Commons **1.55** Lords **2.30** Scottish Parliament **3.30** Senedd Cymru **4.30** Lords **6.00** Committees **12.10am** PMQs **12.45** Scottish FMQs **1.30** Welsh FMQs **2.30** Education **3.30** Foreign, Commonwealth and Development Office **4.30** Wales Office **5.00** Environment, Food and Rural Affairs **5.40-6.00am** Attorney General
BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



American Dynasties: the Kennedys 8.00pm Family ties

6.00am The Lie Detector **7.05** Crypto Decoded **8.00** Beautiful Serengeti **8.35** The Lie Detector **9.40** American Dynasties: the Kennedys **12.30pm** Beautiful Serengeti **1.00** The Lie Detector **2.20** WWII in Color: Road to Victory
6.55pm WWII in Color: Road to Victory **5/10**. After victory in North Africa, Britain prepares for its first assault on Europe.
8.00 American Dynasties: the Kennedys **1/6**. Chronicling the rise of the Kennedy family.
9.00 **2/6**. John F Kennedy begins his race to the White House.
9.55 **3/6**. John F Kennedy is sworn in as the youngest American president ever elected.
10.50 Mariupol: Unlost Hope Charting the first month of the invasion of the Ukrainian city.
12 midnight The Lie Detector **1.10am** Beautiful Serengeti **1.45** Mariupol: Unlost Hope **2.40** Crypto Decoded **3.35** Mariupol: Unlost Hope **4.30** The Lie Detector **5.25-6.00am** Beautiful Serengeti
PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Mega Disasters **7.00** Container Wars **8.00** Pawn Stars **10.00** Deadman's Curse **11.00** The Proof Is Out There **12 noon** Strangest Things **1.00pm** Book of Secrets with Lance Reddick **2.00** Ancient Aliens: five episodes **7.00** Alien Files Reopened: an alien race encountered at Nellis Air Force base in the Nevada desert **8.00** River Hunters Special: the team searches the Cock Beck river in North Yorkshire **9.00** The Proof Is Out There **10.00** Strange Evidence: a huge shape emerges from the depths of an Irish Lough **11.00** Weird or What? With William Shatner: the notion of humans spontaneously combusting
12 midnight Believers: Extreme Hauntings **1.00am** Paranormal: Caught on Camera **2.00-6.00am** Hardcore Pawn
Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Chase **9.00** Bruce's Price Is Right (AD) **10.00** Supermarket Sweep **11.00** All Star Family Fortunes (AD) **1.00pm** Cash Trapped **3.00** Tenable: triple bill. Five family members from Coventry compete **4.00** Five firefighters from Lincoln answer questions about top ten lists **5.00** Five family members calling themselves Sisters Are Doing It for Their Blokes take part **6.00pm** The Chase: triple bill of the quiz show hosted by Bradley Walsh **9.00** The Chase Celebrity Special: Shane Williams, Sair Khan, Milton Jones and Tanni Grey-Thompson take on the Chaser. Presented by Bradley Walsh
10.00 The Chase: quiz hosted by Bradley Walsh **11.00** Bullseye: ten back-to-back editions (AD)
4.00am The Chase Celebrity Special **5.00-6.00am** The Chase
Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.45am Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.30** Sesame Street Mecha Builders **6.40** Fireman Sam **6.50** Thomas & Friends **7.00** Chip and Potato **7.15** Peppa Pig **7.25** The Adventures of Paddington **7.35** Paw Patrol **7.55** Rubble & Crew **8.10** Mixmups **8.30** Ben and Holly's Little Kingdom **8.45** Pip and Posy **9.00** Meet the Experts **9.10** Mimi's World **9.25-9.50am** Dora the Explorer
Full listings for Channel 5 are on p44

CBeebies 202

6.00am Show Me Show Me **6.20** Bing **6.30** Supertato **6.35** Chuggington: Tales from the Rails **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above & Beyond **8.25** Vida the Vet **8.35** Chuggington: Tales from the Rails **8.45** The Furchester Hotel **9.00** Something Special **9.20** Bluey **9.35** Hey Duggee **9.50** Supertato **10.00** Spidey and His Amazing Friends **10.25** Vida the Vet **10.35** Swashbuckle **11.00** The Game Catchers **11.05** My Petsaurus **11.10** Love Monster **11.15** Vegesaurus **11.20** Kiri & Lou **11.25** Colourblocks **11.35** Ranger Hamza's Eco Quest **11.50** Dog Squad **12 noon** My World Kitchen **12.10pm** I Can Do It, You Can Too **12.25** Hey Duggee **12.40** Octonauts **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.40** Messy Goes to OK100 **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Ranger Hamza's Eco Quest **2.40** Biff and Chip **2.50** Alphablocks **2.55** The Game Catchers **3.05** Supertato **3.10** JoJo & Gran Gran **3.20** Dog Squad **3.35** Gigglebizz **3.50** Numberblocks **4.00** Magic Hands **4.10** Treasure Champs **4.25** Octonauts **4.35** Supertato **4.40** Bluey **4.50** Vida the Vet **5.00** Dog Squad **5.15** Ranger Hamza's Eco Quest **5.30** Biff and Chip **5.35** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden...
6.50-7.00pm Bedtime Stories
CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.05** Sketchy Comedy **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Ninja Express **8.05** Odd Squad **8.20** Oswald **8.30** Ooglies Funsize **8.40** New. Pokémon: XY **9.00** Grizzly and the Lemmings **9.30** Total Dramarama **10.15** FILM The Next Step Live: The Movie ★★ (W) **11.30** Blue Peter
12 noon The Next Step **12.20pm** Grizzly and the Lemmings **12.30** Dragons: the Nine Realms **1.15** Total Dramarama **2.05** Still So Awkward **2.35** Malory Towers **3.00** The Football Academy **3.30** The Dumping Ground **3.55** Ooglies Funsize **4.00** Bro's in Control **4.15** Taifu **4.25** Pokémon Horizons **4.45** The Deep **5.05** Dragons: Defenders of Berk **5.30** Total Dramarama **5.50** Grizzly and the Lemmings **6.10** New. Total Drama Island: Reboot **6.35-7.00pm** Summer Camp Island
CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2

6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.55** Dodo **7.20** Scooby-Doo! Mystery Incorporated **7.45** Be Cool, Scooby-Doo! **8.10** What's New Scooby-Doo? **8.35-9.00am** Scooby-Doo and Guess Who?: with comedian Kristen Schaal

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** New. Teletubbies Let's Go **11.30** New. Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athleticus

FILMS

Film4 14

11.00am Playing with Fire ★★ California firefighters are forced to babysit three kids in this broad family comedy. John Cena (2019, PG) (S)
1.00pm Journey to the Center of the Earth ★★★★★ Lavish, well-crafted adaptation of Jules Verne's classic sci-fi adventure in which explorers find a lost world. Review p107. Pat Boone (1959, U) (S) (AD)
3.40 The Karate Kid ★★ A bullied youngster is taught martial arts by a wise old man in this heart-warming adventure. Ralph Macchio (1984, 12) (S) (AD)
6.15pm The Hunt for Red October ★★★★★ Tense thriller in which Alec Baldwin's CIA analyst must work out the motives of renegade Russian sub commander Sean Connery. (1990, PG) (S) (AD)
9.00 Jack Ryan: Shadow Recruit ★★ Serviceable reboot for Tom Clancy's action hero, with Chris Pine as the CIA penpusher thrust into the front lines of espionage. (2013, 12) (S) (AD)
11.10 Team America: World Police ★★ Thunderbirds-style marionettes battle world terrorism in this very funny and hugely offensive satire. Trey Parker, Matt Stone, Kristen Miller (2004, 15) (S) (AD)
1.10-3.35am Mr & Mrs Smith ★★ Romantic action comedy about a bored married couple who also happen to be assassins hired to kill each other. Brad Pitt (2005, 15) (S) (AD)
Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am In Old Montana ★★ Singing cowboy Fred Scott stars in this quickie B-western. (1939) (S) **7.15** Not So Dusty ★★ Two dustmen get in all sorts of trouble after finding a rare book in this cheap and cheerful British comedy. Leslie Dwyer (1955, U) (S)
9.00 Saturday Morning Pictures Classic serials, plus Calamity the Cow (1967). **12 noon** Hawkeye & the Last of the Mohicans TV western drama. (S) **12.30pm** Colonel March of Scotland Yard TV supernatural detective drama. (S) **1.00** Attack from Space ★★ Confusing but fun dubbed sci-fi adventure from Japan. Ken Utsui (1965) (S) **2.35** Hook, Line and Sinker TV documentary. **3.00** Fireball XL5 TV documentary. **3.35** Suspect ★★ An excellent support cast props up this spy drama from the Boulting brothers. Review p87. Tony Britton (1960, PG) **5.30** Lost Lagoon ★★ Romantic drama in which Jeffrey Lynn's shipwrecked businessman embraces island life. (1957, U)
7.20pm Dixon of Dock Green TV crime drama with Jack Warner. (S)
8.00 Maigret TV detective series. (S)
9.00 The Edgar Wallace Mystery Theatre TV crime drama. (S)
10.10 The Secret of Seagull Island ★★ Shortened film-length cut of the creepy cult TV miniseries about a British woman searching Italy for her missing blind sister. (1982)
12.15am Runaway Train ★★★★★ Fast-paced thriller that finds two convicts trapped on an out-of-control locomotive. Jon Voight (1985, 15) (S)
2.25 Bear Island ★ Action thriller based on the Alistair MacLean novel. Donald Sutherland (1979, PG) (S) **4.45-6.00am** Midnight at Madame Tussaud's ★★ Faintly eerie chiller set in the wax museum's Chamber of Horrors. James Carew, Lucille Lisle, Charles Oliver (1936)
Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RT TRAVEL As seen on screen – our pick of TV-inspired destinations radiotimes.com/travelsupjan24



FILM REVIEWS



FILM OF THE DAY

Nobody ★★★★★ 9.10-11.00pm C4 15

THRILLER *Better Call Saul* star Bob Odenkirk seems an unlikely choice to play an action hero. However, he's a perfect fit for self-declared nobody Hutch Mansell, a mild-mannered office drone whose enigmatic past comes to the fore after a clash with a ruthless Russian mobster (*McMafia*'s Alexey Serebryakov). Director Ilya Naishuller (*Hardcore Henry*) ramps up the stylish mayhem in a film that revels in its own absurdity. Odenkirk is a deadpan delight, while Christopher Lloyd is gloriously entertaining as Hutch's care home-bound dad. **JEREMY ASPINALL** (US 2021, violence, swearing, sexual references, drug abuse, HD)

Zoo ★★★★★ 10.55am-12.55pm C4 PG

DRAMA This cockle-warming tale is set in Belfast during the war, as bombs rain down on the city. The authorities take the decision to shoot the zoo animals, but the appalled locals spring into action. Art Parkinson plays the awkward teenager who leads a group determined to rescue the zoo's latest acquisition, an elephant. **STEVE MORRISSEY** (Ire/UK 2017, edited for language, HD)

How the West Was Won ★★★★★ 1.30-4.00pm BBC2 (starts 12 noon in Wales) PG

WESTERN This epic telling of the settling of the American West, as seen through the eyes of a single family, has an all-star cast to match its impressive visual scale. James Stewart and Gregory Peck pair with Carroll Baker and Debbie Reynolds, while genre icons John Wayne, Henry Fonda and Richard Widmark also pop up along the way. **TONY SLOMAN** (US 1962, violence, HD)

Agatha Christie: Crooked House ★★ 3.35-5.50pm C5 12

MURDER MYSTERY Three generations of a well-to-do family gather at a country house after the death of its patriarch in this misfiring

War for the Planet of the Apes ★★★★★

11.00pm-1.35am C4 12

SCI-FI The third entry in the rebooted franchise finds Caesar and his simian tribe up against a genocidal human colonel (Woody Harrelson). The story introduces allusions to fascism and slavery before a spectacular battle between two armies brings it all to a close. The saga will continue in *Kingdom of the Planet of the Apes*, due for release in cinemas in May. **ANDREW COLLINS** (US 2017, violence, HD)

A Fish Called Wanda ★★★★★

11.30pm-1.15am BBC1 (starts 1.00am in Scotland) 15

COMEDY John Cleese is on top comedic form here as an uptight London barrister who becomes the dupe of scheming thief Jamie Lee Curtis and her doltish lover, Kevin Kline. Veteran director Charles Crichton (*The Lavender Hill Mob*) proved the perfect choice to helm this sparkling blend of Ealing and Monty Python. **DAVID PARKINSON** (UK/US 1988, violence, swearing, a sex scene, nudity, HD)

Northern Soul ★★★★★ 12.40-2.15am BBC2 15

DRAMA Like a British spin on *Saturday Night Fever*, this gem of a film captures the energy of 1970s youth culture. It follows two Lancashire lads (Elliot James Langridge and Josh Whitehouse) as they discover American soul music and dream of scouring the US for enough rare grooves to become DJs on the northern soul scene. **AJ** (UK 2012, swearing, sex scenes, drug abuse, HD)

Sky Cinema picks

The NeverEnding Story ★★★★★

2.15-4.00pm Sky Family A magical adventure. (1984, U) Sky 306; Virgin 406; BT 506/520

Fast X ★★★★★

8.00-10.40pm Sky Action An old foe targets Vin Diesel and his gang. (2023, 12) Sky 306; Virgin 406; BT 506/520

The Wolf of Wall Street ★★★★★ 10.05pm-1.15am

Sky Thriller Blackly comic biopic. (2013, 18) Sky 309; Virgin 409; BT 509/523

Films to stream from p32 Netflix, Amazon, Disney+ and more

Great Movies 34

9.10am Reflections ★★ A Europol agent tracks down a serial killer in this so-so crime thriller. Timothy Hutton (2008) **11.25 What's Eating Gilbert Grape** ★★★★★ Sweet, low-key drama. Johnny Depp, Juliette Lewis (1993, 12) **1.55pm Big Fish** ★★ Tim Burton's blend of fantasy and reality. **Review p97.** Ewan McGregor (2003, PG) **4.25 The Bounty Hunter** ★★ Gerard Butler is forced to track down his ex-wife. (2010, 12) **6.40pm 27 Dresses** ★★★★★ Fluffy romantic comedy about a woman who is always the bridesmaid, never the bride. Katherine Heigl (2008, 12) **9.00 The Lost City of Z** ★★ An explorer searches for an ancient civilisation in this satisfying period drama. Charlie Hunnam, Robert Pattinson (2016, 15) **11.45 Black Butterfly** ★★ Danger lurks after a reclusive writer invites a mysterious drifter to stay with him. Antonio Banderas, Jonathan Rhys Meyers (2017, 15) **1.40am Push** ★★ Chris Evans and Dakota Fanning are psychics in this convoluted sci-fi. (2009, 12) **4.00-5.40am Gone Missing** ★★ Two mums team up to find their kids. (2013) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 +1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am Wild West Chronicles **9.30 Apache Territory** ★★ Loner Rory Calhoun to the rescue. (1958, PG) **10.55 Ambush at Tomahawk Gap** ★★ On the trail of lost loot. John Hodiak (1953) **12.25pm The Desperados** ★★ Randolph Scott and Glenn Ford team up. (1943, U) **2.15 The Nebraskan** ★★ By-the-numbers frontier tale. Phil Carey (1953) **3.40 Silverado** ★★★★★ Invigorating western adventure about a ragtag bunch of misfits facing down a corrupt sheriff. Kevin Kline (1985, PG) **6.15pm McLintock!** ★★★★★ Rollicking comedy western that reworks Shakespeare's *The Taming of the Shrew*. John Wayne (1963, U) **9.00 A Dangerous Man** ★★ Preposterous but appealingly pacey Steven Seagal vehicle. (2009, 18) **11.05 Contract to Kill** ★★ Steven Seagal takes on a drug cartel in this nonsensical action flick. (2016, 15) **1.00am Kidnapping Mr Heineken** ★★ Insipid true-crime story. Jim Sturges, Sam Worthington, Anthony Hopkins (2015, 15) **2.45 The Heroes of WW2** **4.00-5.00am Battle Honours** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Sweet Autumn ★★ Warm romcom. (2020) **10.00 Love Takes Flight** ★★ She's too busy for love. Nikki Deloach, Jeff Hephner (2019) **12 noon Just for the Summer** ★★ Practice makes perfect! Hayley Sales (2020) **2.00pm Puppy Love** ★★ Can they share a dog? Candace Cameron Bure (2012) **4.00 October Kiss** ★★ Halloween romance. Ashley Williams, Sam Jaeger (2015) **6.00pm Love on a Limb** ★★ Amiable small-town romcom about an activist who protests against everything. Ashley Williams (2016) **8.00 Sweet as Maple Syrup** ★★ Two people grow close while working to save a family tree farm. (2021) **10.00 Moonlight in Vermont** ★★ A ruse leads to romance in this appealing love story. Lacey Chabert (2017) **12.05am The Irresistible Blueberry Farm** ★★ A last request brings new love. Alison Sweeney (2016) **2.00 Highway to Heaven** **3.10-5.00am Season for Love** ★★ A BBQ competition pulls two chefs back together. Autumn Reeser (2018) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 +1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.30am A Tiger's Journey ★★★★★ Nicely shot family adventure. Sunny Pawar (2022, PG) **8.15 The Secret Kingdom** ★★ Imaginative children's fantasy. Sam Everingham (2023, PG) **10.05 The Cinema List: Jackie Chan** **10.25 Little Bone Lodge** ★★★★★ Twisty home-invasion thriller. Joely Richardson (2023, 15) **12.15pm As 6.10pm** **2.00 As 8pm** **4.00 Transformers: Rise of the Beasts** ★★ Noisy seventh entry in the fantasy franchise. Anthony Ramos (2023, 12) **6.10pm Hypnotic** ★★★★★ Sci-fi about a cop whose grasp on reality slips as he searches for his missing daughter. **Review p38.** Ben Affleck (2023, 15) **8.00 Insidious: the Red Door** ★★ Scare-free horror in which a father and son suffer haunting visions. **Review p38.** Patrick Wilson (2023, 15) **10.00 Haunting of the Queen Mary** ★★ Grisly mystery on board the famous ocean liner. Alice Eve (2023, 18) **12.10am One More Shot** ★★ Lively action sequel. Scott Adkins (2024) **2.00 Soft & Quiet** ★★★★★ Taut and timely thriller. Stefanie Estes (2022, 18) **3.40 U 57 Seconds** ★★ Twisty time-travel tale. Josh Hutcherson (2023) **5.30 Preview** **Sky Premiere** Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312

Legend 41

7.00am World's Most Unexplained... **8.00 The Legend of the Lone Ranger** ★★★★★ Good-looking, if a tad under-powered, western. Clinton Spillsbury, Michael Horse (1981, 12) **10.00 Walker, Texas Ranger** **3.00pm Mother Lode** ★★ Mediocre but scenic adventure set in wildest Canada. Charlton Heston (1982, PG) **5.00 Orca... Killer Whale** ★★ Laughable attempt to jump on the *Jaws* bandwagon. Richard Harris (1977, PG) **6.55pm Jory** ★★★★★ Coming-of-age western about a boy who hooks up with a laid-back cattle driver when his father is killed. John Marley (1972, PG) **9.00 The Courier** ★★ Olga Kurylenko stars in this vicious, unpleasant action thriller. (2019, 18) **11.00 Becky** ★★ Violent home-invasion drama starring Lulu Wilson as a teenage girl fighting back against white supremacists. (2020, 18) **12.50am The Toybox** ★★ Grim but unconvincing horror with some heart-pumping moments. Denise Richards (2017, 15) **2.45-4.30am The Cleaning Lady** ★★ Twisted, occasionally gory thriller about a beautician and her scarred cleaner. Alexis Kendra (2018, 18) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am Fire Serpent ★★ Hokey sci-fi horror about a fireman fighting a solar alien that's lurking on Earth. Nicholas Brendon (2007) **8.00 Mega Shark vs Kolossus** ★★ Wacky sci-fi sequel in which a newly awakened giant sea beast trades blows with a Russian-made robot. Illeana Douglas (2015) **10.00 Independence Day-saster** ★★ Cut-price pick-and-mix sci-fi action. Ryan Merriman, Tom Everett Scott (2013) **12 noon 6-Headed Shark Attack** ★★ Part four in the bizarre action series that follows the exploits of multi-mouthed mega-sharks. Brandon Auret (2018, 15) **2.00pm Night of the Big Heat** ★★ Sci-fi horror in which a freak heatwave plagues a remote British island. Christopher Lee (1967, 15) **4.00pm Andromeda** TV sci-fi. **9.00 Iron Eagle III** ★★ Silly but fun adventure about an ageing flying ace who forms a team to take out a drugs baron. Louis Gossett Jr (1992, 15) **11.00 The Resident** ★★ A woman gets the feeling she's being watched in this stalker shocker. Hilary Swank (2010, 15) **1.00-3.00am Iron Eagle III** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371

Sky Showcase



David Attenborough's Rise of Animals 8.00pm Vertebrates

6.00am Trolls: Trollstopia (AD) **6.50** Abominable and the Invisible City (AD) **7.15** The Brilliant World of Tom Gates (AD) **7.45** Let's Game: World Builders **8.00** Monkey Life (AD) **8.30** Orangutan Jungle School **10.30** **New** Saturday Social **12 noon** The Simpsons **3.00pm New** Soccer Saturday **5.00** Truthseekers

6.00pm Secrets in the Ice Ep 4 Series 3. Great mysteries frozen in time in Ecuador's mountains.

7.00 Landscape Artist of the Year Ep 4 Series 9. Eight artists and a number of wildcards compete in Aberdeenshire. (AD)

8.00 David Attenborough's Rise of Animals: Triumph of the Vertebrates 1/2. A look at how fish made the move on to land and the subsequent advent of flight.

9.00 Tell Them You Love Me **RT** The story of an affair between a professor and a man with cerebral palsy. See page 40.

11.00 Never Mind the Buzzcocks With Kiell Smith-Bynoe, Danny Goffey and Freya Ridings. (AD)

11.50 The Office US 11/25 Series 3. Michael tries to deal with being dumped by Carol.

12.20am The Office US: five back-to-back episodes **3.00-6.00am** Nothing to Declare: six episodes

Sky Showcase Sky 106 Virgin 109 EE 340/HD 355 **+1** Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Stargate SG-1 **4.00pm** Star Trek: Voyager

6.00pm Star Trek: Voyager 13/16 Series 1. An assault on the shuttle leaves Chakotay fighting for his life and Tuvok acting in a peculiar manner.

7.00 14/16 The Vedeans subject B'Elanna Torres to a series of genetic experiments in a bid to find a cure for their wasting illness.

8.00 15/16 A scientist who invented a weapon that nearly wiped out the Talaxian species arrives on the ship with some distressing news for Neelix.

9.00 True Blood 9/10 Series 6 Bill attempts to take Warlow away from the plain, but Sookie stops them. Eric arrives at Vamp Camp.

10.05 10/10 Bill discovers that salvation must come at a price, while Jason senses vampire attraction. Meanwhile Sookie evaluates her future with Warlow.

11.10 The Rising 7/8. The action goes back seven years to the last day of Victoria Sands's life and Neve realises her flashbacks connect her to Victoria somehow.

12.10am 8/8 Neve and Alex must fight their way back to each other, while the net is closing in on the killer.

1.10 FILM Ape vs Mecha-Ape ★★ Action fantasy starring Tom Arnold and Xander Bailey **3.00** Stargate SG-1 **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 EE 348/HD 363 **+1** Virgin 229

Sky Atlantic



Game of Thrones 7.55pm Can Cersei be forgiven?

6.00am Urban Secrets **9.00** The Sopranos **2.25pm** The Wire **6.45pm** The Wire 6/13 Series 1 Following his lover's murder, Omar agrees to testify in the Gant killing and Bunk is put under pressure to make arrests in the three unsolved cases he is investigating.

7.55 Game of Thrones 10/10 Series 5. Cersei finds herself seeking forgiveness, Jon is challenged at the Wall, while across the Narrow Sea, Daenerys is surrounded by strangers.

9.00 1/10 Series 6. The fate of Jon Snow is revealed, Ramsay sends his dogs after Theon and Sansa, while Ellaria and the Sand Snakes make their move.

10.05 2/10 Bran trains with the Three-Eyed Raven, while in the north of Westeros, the Night's Watch stands behind Alliser Thorne.

11.10 3/10 Daenerys meets her future, Bran meets the past, Arya continues her training and Tommen confronts the High Sparrow.

12.15am 4/10 Tyrion strikes a deal, while Jorah and Daario undertake a difficult task, and back across the Narrow Sea, Jaime and Cersei try to improve their situation. (AD)

1.20 Band of Brothers **2.40** Lovecraft Country (AD) **3.45** In Treatment **4.15-6.00am** Urban Secrets: Newcastle and Dublin

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 **+1** Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue: five back-to-back editions **8.30** Border Patrol: five editions **11.00** UK Border Force (AD) **12 noon** The Force: Manchester **1.00pm** Caught Red Handed **2.30** Caught on Dashcam (AD)

3.30pm Nothing to Declare Nine editions of the series accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle drug runners, illegal immigrants and terrorists. (AD)

8.00 Caught on Dashcam Fly-on-the-dashboard programme showcasing road disasters, captured in video form by drivers' in-vehicle dashboard cameras.

9.00 FBI 5/22 Series 5. As the team works to rescue a child, Scola suspects the boy's mother isn't being forthcoming about why her son was kidnapped. (AD)

10.00 6/22 Maggie returns from medical leave in time to help the team investigate two homicides. (AD)

11.00 Fire Country 2/22. Bode's request to transfer leaves his future in Edgewater in the balance. Meanwhile, the crew protect the town from a storm.

12 midnight The Rookie: officer Nolan tries to reunite a family (AD)

1.00am The Good Doctor: Dr Jared Kalu makes a surprise return **2.00** For Life: Aaron gets an intriguing work proposition (AD)

3.00-6.00am Nothing to Declare **Sky Witness** Sky 107 Virgin 110 EE 341/HD 356 **+1** Sky 207 Virgin 310

Sky Max



Flintoff: Lord of the Fries 8.00pm A trip to Scotland

6.00am Supergirl: five episodes **11.00** Grimm: four episodes **3.00pm** Hawaii Five-0: three episodes

6.00pm Hawaii Five-0 18/23 Series 2. The team investigates the murder of a famous radio personality. James Caan guest-stars. **7.00 19/23** McGarrett's sister is arrested for smuggling blood diamonds worth \$20million.

8.00 Flintoff: Lord of the Fries 4/6 Series 1. Freddie and Rob arrive in Scotland, where they visit the Kelpies and the Falkirk Wheel. (AD)

9.00 A League of Their Own: European Road Trip 5/6 Series 1 Previously unseen clips taken from the duo's adventures. (AD)

10.00 Fantasy Football League 1/8 Series 3. Matt Lucas and Elis James host the show with guests Michael Sheen and Mo Gilligan.

10.40 Never Mind the Buzzcocks With Kiell Smith-Bynoe, Danny Goffey and Freya Ridings. (AD)

11.30 From 4/10 Series 1. Julie finds comfort in her new friends. Meanwhile Jim and Tabitha must deal with their marriage. (AD)

12.30am The Force: North East **1.30** Road Wars **2.00** New. Magnum P.I. 15/20 Series 5. Rptd tomorrow 9pm **3.00** Road Wars **4.00-6.00am** Sun, Sea and A&E

Sky Max Sky 113 (114 Wales) Virgin 111 EE 346/HD 361

Sky Replay

7.00am Dragons: Rescue Riders **9.05** Four Weddings: triple bill (AD) **12 noon** Stargate Atlantis: five episodes **5.00pm** MacGyver: four episodes. Angus and his team try to rescue a Navy SEAL. **6.00** Angus and the team go under cover in a casino to steal diamonds from a vault. **7.00** Riley's first solo mission with a group of dangerous hackers goes off the rails. **8.00** Angus is kidnapped by Murdoch. **9.00** Fantasy Football League: with guests Michael Sheen and Mo Gilligan. **9.35** Magnum P.I.: Thomas and Rick race to find a witness. **10.30** A League of Their Own: US Road Trip 2.0: four editions. Jack, Jamie and Freddie fish for sharks. **11.30** The boys race one another across New York City

12.30am Behind-the-scenes antics **1.30** Another selection of out-takes and pranks (AD) **2.30** Highway Cops **3.00-6.00am** Four Weddings (AD)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Cops **7.00** Highway Patrol (AD) **11.00** Caught Red Handed **1.00pm** How I Caught the Killer (AD) **2.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **6.00** Forensics: Catching the Killer (AD) **7.00** Killer in My Village **8.00** Britain's Most Evil Killers: a profile of murderer Angus Sinclair **9.00** World's Most Evil Killers: American serial killer Edmund Kemper **10.00** Forensics: Catching the Killer: officers investigate the disappearance of Michelle Gunshon (AD) **11.00** Ireland's Most Evil Killers (AD) **12 midnight** How I Caught the Killer (AD) **1.00am** World's Most Evil Killers (AD) **3.00** Murdered at First Sight (AD) **4.00** Brit Cops: Rapid Response (AD) **5.00-6.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121 EE 349/HD 364 **+1** Sky 222 (223 Scot) Virgin 321

Gold



The Cleaner 9.00pm Wicky encounters an armed woman

7.05am Ever Decreasing Circles **7.50** Hi-de-Hi! **8.25** Porridge **9.00** Citizen Khan (AD) **10.20** Only Fools and Horses (AD)

6.20pm Only Fools and Horses The first episode of the comedy, in which Rodney tires of being dogsbod to his brother Del and decides to move out.

7.00 Del and Rodney make a bit of cash on a used-car deal and decide to celebrate with a night out.

7.40 Del gets his hands on a statue of a Hindu god - which plunges him into the middle of an age-old feud between rival families.

8.20 One of Del's old flames turns up out of the blue. (AD)

9.00 The Cleaner Black comedy starring Greg Davies. Professional crime scene cleaner Wicky is in a hurry to mop up after a grisly murder, but keeps being interrupted.

9.40 A pompous novelist suffers writer's block - perhaps because his grandmother recently burned to death in his living room.

10.20 Crime scene cleaner Wicky encounters a radical vegan.

11.00 Live at the Apollo Frankie Boyle introduces Jack Carroll and Holly Walsh to the stage.

12 midnight The Cleaner **2.00am** Live at the Apollo **2.45** Hi-de-Hi! **3.30-4.00am** Desmond's

Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 **+1** Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **10.30** Entourage **1.30pm** Curb Your Enthusiasm **4.00** Will & Grace (AD) **6.30pm** The Office US: five episodes. Michael tries to deal with being dumped by Carol. **7.00** Michael returns from his holiday in Jamaica. **7.30** Michael has the staff work together on sales calls

8.00 Michael is distraught over Dwight's resignation. **8.30** Michael invites a stripper to Phyllis's wedding shower. **9.00** Curb Your Enthusiasm: double bill. Larry David attempts to talk himself out of a situation, then Larry takes on a major project to spite a new adversary. **10.30** Saturday Night Live: with Dakota Johnson and Justin Timberlake. **11.45** New. The Tonight Show Starring Jimmy Fallon

12.45am Sort Of **1.45** Mrs Fletcher **2.25-5.00am** The Comeback **Sky Comedy** Sky 114 (115 Wales) Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Balls Ups **8.35** Most Ridiculous: Families **9.00** Friends: ten episodes (AD) **2.00pm** FILM Maverick ★★ Comedy western based on the hit TV series of the 1950s and 60s, starring Mel Gibson, Jodie Foster and James Garner. **4.30** Friends (AD) **9.00** Romesh Ranganathan: Irrational Live **10.00** FILM The Change-Up ★★ Comedy starring Ryan Reynolds and Jason Bateman as two friends who magically swap bodies, but discover the grass isn't always greener. **Review p77**

12.15am Jimmy Carr: Comedy Central Live **1.15** Impractical Jokers **1.45** South Park **4.05** Beavis and Butt-Head **4.15-5.00am** Your Face or Mine

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 **+1** Sky 212 (213 Wales) Virgin 332

Alibi



Death in Paradise 9.00pm Poole looks into a suicide

7.15am Murdoch Mysteries: triple bill **10.00** Hudson & Rex (AD) **2.00pm** Father Brown (AD)

6.00pm Inspector George Gently 3/4 Series 5. When the adopted child of a middle-class couple is kidnapped, Gently and Bacchus's investigation reveals a much darker side to a home for unmarried mothers. (AD)

8.00 Shakespeare and Hathaway: Private Investigators 4/10 Series 1. Frank and Lu investigate mysterious goings-on when a woman dies after being picked from the audience to assist a magician in a stage trick. (AD)

9.00 Death in Paradise 3/8 Series 2. When Valerie Dupree's body is found floating in the pool of a luxury cosmetic clinic, her difficult ongoing divorce and an empty pill bottle point to suicide. (AD)

10.00 Father Brown 3/10 Series 7 Poor weather plagues Bunt and Mrs McCarthy's picnic. Meanwhile, Father Brown must intervene when it appears that a dark spirit has murderous intent. (AD)

11.00 4/10 The clergyman uncovers secrets, hypocrisy and murder at a finishing school for young ladies. (AD)

12 midnight Inspector George Gently (AD) **2.00-4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 **+1** Sky 209 (210 Wales) Virgin 191

Discovery

6.00am Barnwood Builders: six editions (AD) **12 noon** Gold Rush: White Water: six editions **6.00pm** Gold Rush: Parker brings in a new wash plant to push him past 5,000 ounces. **7.00** Gold Divers: a handful of people risk it all to find gold in the Bering Sea. **8.00** Gold Rush: White Water: both crews make a final attempt to claim legendary nuggets. **9.00** Naked and Afraid: Castaways: a heated discussion about fire sparks into a raging fight between some of the survivors. **10.00** The Dino Hunters: the Harris-Bolan crew unearths an extremely rare Ceratopsian

11.00 Mysteries at the Museum: Don Wildman investigates an alleged curse connected to the Salem witch trials **12 midnight** Mysteries of the Deep **3.00am** Mystery at Blind Frog Ranch **4.00-5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 **+1** Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Shed and Buried **9.00** Combat Dealers **12 noon** Salvage Hunters **3.00pm** Shed and Buried **6.00pm** Combat Dealers: double bill. Bruce Crompton and sidekick Freddy find a Second World War artillery gun, then Bruce and Hus head to Finland following a hot tip. **8.00** HMS Ark Royal: double bill. Following the crew of the aircraft carrier on the vessel's final voyage, then the ship rescues stranded British passengers. (AD) **10.00** Expedition Unknown: a secret meeting with a Cambodian looter puts Josh on the trail of valuable stolen monuments

11.00 Hidden History of Egypt: the complexities of ancient Egyptian life **12 midnight** Combat Dealers: Reloaded **3.00-5.00am** Salvage Hunters

Discovery History Sky 177 Virgin 181 **+1** Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Sky Documentaries



Tell Them You Love Me

9.00pm Anna and Derrick

6.00am Discovering: Marilyn Monroe (AD) **7.00** Discovering: Frank Sinatra (AD) **8.00** The Directors (AD) **9.00** AKA Mr Chow **10.45** Being Mary Tyler Moore **1.00pm** Adrienne (AD) **3.00** San Francisco 2.0: how the digital gold rush has affected San Francisco **3.50** What's My Name: Muhammad Ali: double bill chronicling the life of one of sport's most famous figures (AD)

7.00pm Bo66y ★★ ★★

Documentary portrait of footballer Bobby Moore, England's finest defender and the country's only World Cup-winning captain, charting his life and times from domestic success to his later struggles with management and his battle with illness. (AD) (W)

9.00 Tell Them You Love Me

RT Exploring the story of esteemed university professor Anna Stubblefield's controversial affair with Derrick Johnson, a non-verbal man with cerebral palsy. See page 40.

11.00 The Stroll The history of New York's Meatpacking District told from the point of view of transgender sex workers who lived and worked there. (AD)

12.45am Mr Dynamite: the Rise of James Brown (AD) **3.00** Jason Isbell: Running with Our Eyes Closed **5.00–6.00am** The Directors (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory USA **9.00** Europe from Above (AD) **11.00** Megafactories **1.00pm** Top Ten Natural Disasters: a countdown of the most game-changing disasters. **3.00** Car SOS **5.00** Air Crash Investigation **8.00** JFK: the Lost Bullet: an exploration of the theories surrounding the assassination of President John F. Kennedy in 1963 **9.00** New series. Genius: MLK/X: double bill looking at the lives of Martin Luther King and Malcolm X. Malcolm is released from prison and King graduates, then Malcolm meets Elijah Muhammad **11.00** Inside Sydney Airport: a labrador has his first day as a sniffer dog (AD) **12 midnight** Rewind the 90s **1.00am** Drug Lords: the Takedown (AD) **2.00** Money Meltdown **2.55** Food Factory **3.45** Trials of the Wild: double bill **4.35–5.00am** Prairie Dog Dynasty

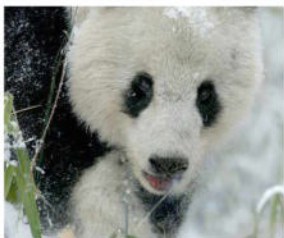
Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Auction Kings **11.00** Secrets in the Ice **2.00pm** Egypt's Unexplained Files **5.00** Truthseekers: a look at some of the most iconic mysteries of the world, beginning with the pyramids **6.00** Secrets in the Ice: visits to the most inhospitable places on the planet to reveal great mysteries. This episode considers Ecuador's mountain mystery **7.00** Air Crash: Disasters Uncovered: double bill. The fate of Flight 817, then a plane that overshoot the runway in a thunderstorm **9.00** House in Between: the real story of what could be the most haunted house in America **11.00** Auction Kings: four editions **1.00am** Egypt's Unexplained Files **4.00** Truthseekers **5.00–6.00am** Secrets in the Ice

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Rare Survivors: China's Iconic Wildlife

7.00pm Panda

6.00am Africa's Wild Year **10.00** Secret Life of the Wombat **12 noon** Secrets of the Enchanted Forests **1.00pm** My Best Friend's an Animal **2.00** Waterworld Africa

6.00pm Undercover in the Jungle A unique expedition into the most biodiverse region of the Amazon rainforest. (AD)

7.00 Rare Survivors: China's Iconic Wildlife The creatures of China in their extraordinary landscape, from freshwater whales to red-crowned cranes. (AD)

8.00 Planet Shark The hunting abilities of a whitetip reef shark and a pelagic thresher shark. (AD)

9.00 Nature's Fast Attacks A look at the world's fastest predators that can strike and kill in the blink of an eye. (AD)

10.00 Carpathian Predators In the Carpathian Mountains, a mother brown bear struggles to find food for her cubs before the winter arrives, while lynx kittens venture away from their den. (AD)

11.00 The role played by one of the most misunderstood creatures of the mountains – the Eurasian wolf. (AD)

12 midnight Planet Shark (AD) **1.00am** Nature's Fast Attacks (AD) **2.00** Undiscovered Vistas **4.00–6.00am** Carpathian Predators: double bill (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Underground Worlds (AD) **10.00** Abandoned Engineering (AD) **6.00pm** Abandoned Engineering: five editions. Exploring a beachside resort with ties to the Russian mafia **7.00** A bizarre block in Taiwan resembling a giant speaker, a pioneering venture in Alaska, and an alpine village that masks a military beast **8.00** An ominous tower in the forests of Croatia **9.00** The home of an African dictator and a sporting hero, and the facility that held apartheid's greatest critic **10.00** Exploring a ghost town in Colorado and the remnants of an industrial enterprise in Puerto Rico (AD) **11.00** Underground Worlds (AD) **12 midnight** Anthony Bourdain: Parts Unknown: the city of San Sebastian **1.00am** Abandoned Engineering (AD) **5.30–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes (AD) **2.00** Great White Invasion (AD) **3.00** Man-Eating Super Snake **4.00** Bad Dog! **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cribbs: transforming the home of a couple who run a parrot sanctuary **7.00** How Do Animals Do That? **8.00** Guardians of Rescue: the team tries to unmask a puppy flipper **9.00** Growing Up: a year in the lives of baby marsupials being raised by humans in Tasmania **10.00** Alaskan Bush People **11.00** I Was Prey (AD) **1.00am** Alaskan Bush People **2.00** Bad Dog! **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **9.00** **LIVE** European Tour Golf Bahrain Championship, day three. **12 noon** **LIVE** Scottish Premiership Football Aberdeen v Celtic (kick-off 12.30pm). **3.00pm** Soccer Saturday **5.00** **LIVE** Premier League Football Sheffield Utd v Aston Villa from Bramall Lane (kick-off 5.30). **8.00** **LIVE** Boxing Joshua Buatsi v Dan Azeez from Wembley Arena. **11.00** **LIVE** PGA Tour Golf The Pebble Beach Pro-Am, day three. **12 midnight–6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Championship Highlights **6.15** EFL Greatest Games (AD) **6.30** Africa Cup of Nations **10.30** Saturday Social **12 noon** **LIVE** Scottish Premiership Football Aberdeen v Celtic (kick-off 12.30pm). **3.00pm** Soccer Saturday **5.15** **LIVE** Africa Cup of Nations Football The third quarter-final from Bouaké, joined in progress. **7.00** Scottish Premiership Highlights **7.15** German Football **7.45** **LIVE** Africa Cup of Nations Football The fourth quarter-final from Abidjan (kick-off 8.00). **10.00** German Football **12 midnight** Africa Cup of Nations Football (AD) **4.00–6.00am** EFL Highlights

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

7.00am European Tour Golf **7.30** PGA Tour Golf **8.30** European Tour Golf **9.00** **LIVE** European Tour Golf Bahrain Championship, day three. **1.30pm** Amateur Golf **2.00** Roots (AD) **2.30** Golf Academy **3.30** Amateur Golf **4.00** European Tour Golf **4.30** **LIVE** PGA Tour Golf The Pebble Beach Pro-Am, day three. **12 midnight** European Tour **12.30am** Amateur Golf **1.00** US Open Films **2.00** Golf Academy **2.30** Roots **3.00** European Tour **3.30** Amateur Golf **4.00–7.00am** **LIVE** Amateur Golf Women's Asia-Pacific Amateur Championship, day four.

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446

6.00am NFL **1.00pm** NFL Pro Bowl **4.00** NFL Highlights **8.00** Her Huddle **8.30** NFL Gameday **9.00** 49 Hours **9.15** The Franchise **10.00** Highlights **12 midnight–6.00am** Super Bowl: coverage of Super Bowl LI, LII and LIII

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447

6.00am Premier League Darts **10.00** **LIVE** WTA Tennis The first semi-final of the Thailand Open; **1.00pm** The opening semi-final of the Ladies Linz tournament; **3.00** The second semi-final of the Ladies Linz tournament in Austria. **5.00** **LIVE** ATP Tennis The Open Sud de France, second semi-final. **6.00** Classic US Open Tennis **6.30** The Gloves Are Off (AD) **7.00** **LIVE** Boxing Joshua Buatsi v Dan Azeez at Wembley Arena. **11.00** Premier League Darts **2.30am** Darts **5.30–6.00am** Unbeatable

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

7.45am–4.00pm **LIVE** U19 Cricket World Cup Super Six. **5.20–7.30** **LIVE** German Football FC Cologne v Eintracht Frankfurt (kick-off 5.30).



Boxing 7.00pm Sky Arena

Joshua Buatsi enters the ring for a crucial fight at Wembley

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Premier League Football **9.30** Football's Toughest Opponent **10.30** Saturday Social: lively chat **12 noon** Soccer Saturday **5.00pm** **LIVE** Premier League Football Sheffield Utd v Aston Villa from Bramall Lane (kick-off 5.30). **8.30** Game of the Day **10.30** Premier League Highlights **3.00–6.00am** Classic Premier League Football

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443

6.00am Best of World T20 (AD) **6.15** SA20 Cricket Highlights **7.15** U19 Cricket World Cup **7.45** **LIVE** U19 Cricket World Cup A Super Six match. **11.00** **LIVE** SA20 Cricket MI Cape Town v Pretoria Capitals; **3.00pm** Joburg Super Kings v Durban Super Giants. **7.30** Best of World T20 (AD) **7.45** Classic Women's World Cup Cricket **8.30** SA20 Cricket Highlights **10.30** U19 Cricket World Cup **12 midnight** SA20 Highlights **2.00am** Talking Cricket (AD) **2.30** SA20 **4.30** Secrets of Success **5.00–6.00am** Classic Women's World Cup Cricket

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Snooker **8.20** **LIVE** Nordic Combined Skiing World Cup from Austria. **9.30** Best of Giant Slalom **9.45** **LIVE** Alpine Skiing World Cup, women's downhill from Garmisch-Partenkirchen; **11.00** Men's downhill at Chamonix. **1.00pm** **LIVE** Snooker German Masters, the opening semi-final. **4.30** Australian Open Tennis **6.00** Snooker: German Masters **7.00** **LIVE** Snooker German Masters, the second semi-final. **10.30** Snooker: German Masters **12 midnight** Cycling **2.00am** Snooker **4.00–6.00am** Cycling

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.25am Alpine Skiing: World Cup **7.50** **LIVE** Snowboarding World Cup, snowboard cross in Georgia. **9.35** Cycling: highlights **11.35** **LIVE** Cycling The AIUla Tour, final stage in Saudi Arabia. **1.30pm** **LIVE** Cyclo-Cross The World Championships from Tabor. **2.45** The Power of the Olympics **3.00** **LIVE** Cycling Stage four of the Tour of Valencia. **4.30** Discovery Golf **5.00** Alpine Skiing **7.00** Tennis **8.00** Cycling **10.00** Alpine Skiing **12 midnight** World Superbikes **1.00am** Olympics **2.00** Cycling **4.00–6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am **LIVE** Australian Football Western United v Sydney FC, A-League Men (kick-off 6.00). **8.00** Premier League Preview **8.30** Around the Block (AD) **8.45** **LIVE** Australian Football Adelaide United v Central Coast Mariners, A-League Men (ko 8.45). **10.45** What I Wore **11.00** **LIVE** Premier League Football Everton v Tottenham Hotspur (kick-off 12.30pm). **3.15pm** The Football's On **4.15** Crouchy and Cole **4.30** Boxing **5.00** **LIVE** National League Football Ebbsfleet United v Oldham Athletic (kick-off 5.30). **7.45** **LIVE** French Football Nantes v Lens (kick-off 8.00). **10.00** **LIVE** UFC From Las Vegas. **3.30am** TNT Sports Reload (AD) **3.45–6.00am** **LIVE** Test Cricket India v England, day three of the second Test from Visakhapatnam Coverage continues until 12 noon.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am **LIVE** Australian Football Two women's matches. **10.00** Premier League Review (AD) **11.00** Italian Football: highlights **12 noon** **LIVE** Pro League Hockey USA v Netherlands, women's match (push-back 12.00); **2.00pm** China v India, women's match (push-back 2.00). **4.00** World Rally **5.00** Reload **5.15** **LIVE** Italian Football Frosinone v AC Milan in Serie A. **7.00** Champions League Football **7.30** **LIVE** Italian Football Bologna v Sassuolo (kick-off 7.45). **9.45** National League Football (AD) **10.15** Reload (AD) **10.30** NBA **11.00** **LIVE** NBA Philadelphia 76ers v Brooklyn Nets. **1.30am** Test Highlights **2.30** International One-Day Cricket **3.30–6.00am** **LIVE** International One-Day Cricket Australia v West Indies, the second men's ODI from Sydney Cricket Ground. Continues until 11.30am.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am **LIVE** International One-Day Cricket Australia v South Africa, further coverage of the first women's ODI in Adelaide. **12.15pm** International One-Day Cricket **1.15** Wrestling **2.15** TNT Sports Reload (AD) **5.15** International One-Day Cricket **6.15** Test Highlights **7.15** MotoGP (AD) **9.15** Crouchy and Cole **9.30–6.00am** **LIVE** Test Cricket New Zealand v South Africa, the first day of the first Test from Mount Maunganui, Tauranga.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am **LIVE** Test Cricket Sri Lanka v Afghanistan, day two. **12.30pm** TNT Sports Reload (AD) **1.00** NBA **9.00** Wrestling **10.30** Test Highlights **11.30** International One-Day Cricket **12.30am** French Football **1.30** Italian Football **3.30** Sign Up **4.15–6.00am** **LIVE** Test Cricket Sri Lanka v Afghanistan, day three. Coverage continues until 12.30pm.

Viaplay Sports

5.25–11.00pm **LIVE** Spanish Football Alavés v Barcelona at Mendizorrotza (kick-off 5.30); **7.30** Girona v Real Sociedad at Estadi Montilivi (kick-off 8.00).

Sunday 100

PARTY ISLAND
But the team's celebrations are brought to an abrupt and shocking halt

WHERE NEXT?

Executive producer **Tim Key** tells **RT** what the future holds for *Death in Paradise*

You have *Beyond Paradise* and a new Australian spin-off, *Return to Paradise*. Where could the franchise go next?

We're excited to see! The important thing is that each show is unique, clever and distinctive. We wouldn't do anything we didn't believe in, and nothing's more important than the original.

Do you regret killing off Richard Poole (Ben Miller), as there can never be a super team-up of all the *DiP* detectives in future?

Sometimes, for that exact reason. But I also believe that boldness is why the show is still so successful. It proved that the audience could never quite know what to expect. And Ben remains a good friend of the show – even his character's death didn't stop him appearing in our tenth anniversary episode! There's always a way...

The lead role has always been taken by a white male with a comedy background. Will you be open-minded if you recast the lead in future?

Absolutely. The important thing is that they are a fish out of water and that they are broken in some way – and they will slowly be healed by the team and the island. They could be any gender or person of colour – the important thing is that they're a compelling, funny and dynamic character, played by a brilliant actor.

DRAMA *Death in Paradise*

9.00pm **BBC1** Catch up via *iPlayer*

The 100th episode of *Death in Paradise* begins with an anniversary, as Selwyn Patterson (Don Warrington) marks 50 years of service in the police force. But the celebrations are cut short when the island's beloved commissioner takes a bullet to the back.

It's here, of course, that the incongruously upbeat theme tune kicks in – the ska/reggae needle-drop out of place enough at the best of times, but especially so in this instance, when it's someone we know so well whose life is in jeopardy. And that sense of new-found urgency carries through the rest of this atypical case,

with Neville (Ralf Little) and his colleagues understandably far more pensive than they would be during an average investigation.

The writers do also remember to tap into the show's history to mark its centenary: among the nods to the past being a reappearance for Sean Maguire as shady Marlon Collins, who featured in the very first episode. Though here he's referred to more often than not as "Mr Collins", presumably to avoid confusion with the other Marlon, who serves as an officer in Neville's team. **DAVID BROWN** See feature: page 20

CRAFT *The Great Pottery Throw Down*

7.45pm **C4**
Catch up via *C4 streaming*

Watching Keith Brymer Jones or Rich Miller demonstrate the throw-down challenge is like observing a sorcerer at work. It's pure magic seeing an elegant shape – this week, a hedgehog house – emerge from a lump of clay. The remaining potters are open-mouthed, too.

They're also making a woodland-themed, cascading-bowls water feature for the garden. None of them feel confident about the challenge because, of course, water will find any tiny crack. The judges love how everyone has decorated the bowls, but the test is whether there are any unwanted drips... and whether Keith's eyes will leak in tandem. **JANE RACKHAM**

DRAMA *Call the Midwife*

8.00pm **BBC1**
Catch up via *iPlayer*

That blur of glinting gold you can see is Violet in her mayoral chains handing out the itinerary for her first big event: a trip to the seaside. But for a series regular, this away day becomes an episode of *Baywatch* done 1960s-style. A daring rescue attempt is made, yet one family may be experiencing some long-term repercussions.

Elsewhere on the beach, we see a pregnant mum going into labour, thus turning the break into a busman's holiday for Sister Veronica and Miss Higgins. And after she passes her driving test, Trixie is in a spend, spend, spend state of mind. A pensive Matthew, though, looks like he wants to tighten those purse-strings as soon as possible. **DB**

DOCUMENTARY *Inside the Factory*

8.00pm **BBC2** Catch up via *iPlayer*

The ever effervescent Gregg Wallace is in the Axminster factory in Devon, where he's spinning a yarn about the intricate process of producing 46,000 square metres of carpet a year. He begins, of course, with the wool, which is sheared from the sheep of a nearby farm and fed into a complex chain of machinery. Wallace, his head practically cracking with excitement, seems overjoyed as he learns about the complexities of industrial looms and the careful way carpets are inspected for manufacturing defects.

Elsewhere, Cherry Healey finds out the scientific methods for getting stains out of carpets. She begins with buttered toast and milk, before facing every carpet's dreaded nemesis: red wine. **STEPHEN KELLY**

ALSO ON TODAY

Countryfile

6.00pm **BBC1**
Matt Baker and Charlotte Smith are in Cornwall to find out how Bodmin Moor is preparing to welcome back wildlife.

Antiques Roadshow

7.00pm **BBC1**
This week, the team assess treasures in Roundhay Park, Leeds, overseen by Fiona Bruce (right).



Who Wants to Be a Millionaire?

8.00pm **ITV1**
Jeremy Clarkson invites a further six players to prove that they have what it takes to win big.

DOCUMENTARY

Wilderness with Simon Reeve

9.00pm **BBC2**
Catch up via iPlayer

The south-west corner of the Pacific is a huge watery wilderness, dotted with tiny islands and coral reefs. Remarkably biodiverse, it's one of the last real paradises left on Earth. Simon Reeve joins the free-diving Bajau people, who can hold their breath underwater for up to nine minutes (some reports say 13), learns how sharks maintain balance and order in the sea, and the ways that conservationists are combatting overfishing.

It's a tough expedition, although there are moments of pure joy, such as when he swims with a massive whale shark ("It's the size of a bus!"). The beam on his face says it all. **JR**

DRAMA

Trigger Point

9.00pm **ITV1** Catch up via **ITVX**
It's Lana Washington's (Vicky McClure) face on all the promotional imagery for *Trigger Point*, but the truth is that it's colleague Sonya Reeves (Kerry Godliman) who makes most of the key breakthroughs. Sonya was absent from last week's opener, but the good news is she returns tonight to make several astute observations within seconds of appearing on screen.

It's Sonya who points out that the overrides at the power plant weren't operative at the time of the explosion – a discovery that suggests someone working on the inside may have been complicit. This fresh lead sends an already propulsive plot fizzing off in a new direction; one that puts Lana in very real danger. **DB**

COMEDY DRAMA

Big Boys

10.00pm **C4** Catch up both series via **C4 streaming**

"I for one will not be calling her Cheryl Fernandez-Versini. I can't be dealing with that." There's much to enjoy in Jack Rooke's comedy, but the fun pop culture references such as this one – indignantly exclaimed by Cousin Shannon – are the sitcom's superb calling card.

Sent off to work-experience placements, Jack ends up fielding calls at Koolio Radio station, while Danny and Corinne are dispatched to *Nice One Mate* – a lads' mag that hums with booze and banter. The features ideas, including how the best cure for depression is "a cheeky Nando's", would be funnier if they weren't so close to the 2010s bone.

FRANCES TAYLOR TV PREVIEWS EDITOR

LIVE SPORT



Football: Premier League Arsenal v Liverpool

4pm (k/o 4.30pm) **Sky Football/ Main Event**

Arsenal's Gabriel Martinelli (above) will be in the thick of it. **Manchester Utd v West Ham** 1pm (k/o 2pm) **Sky Premier League** 2pm **Sky Main Event**

Cricket: Men's Test Series India v England

3.45am (Sun am) **TNT Sports 1/ Discovery+**

Day three of the second Test from Visakhapatnam.

Snooker: German Masters

1pm, 7pm **Eurosport 1**
The final, in Berlin.

FILM OF THE DAY



Sister Act ★★★★★ **PG**

4.20pm **C4**

Whoopi Goldberg brings her typical wisecracking wit to this musical comedy, playing a bawdy lounge singer who witnesses a murder and is sent to live under cover in a San Francisco convent – much to the irritation of Maggie Smith's Mother Superior. (1992)

FILM REVIEWS
page 57

DOCUMENTARY

Arctic Ascent with Alex Honnold

9.00pm, 9.45pm **National Geographic**

NEW SERIES

At the start of this dizzying series, climber Alex Honnold sums up the difference between what he does and other sports: "Ultimately, what's at stake with climbing is always your life," he says calmly. Honnold is known for the solo ascent of El Capitan featured in the film *Free Solo*. Here he embarks on another quest: an expedition to remote eastern Greenland, where he hopes to conquer a daunting, never-climbed-before sea cliff named Ingmikortilaq.

Like everything else we see in Greenland, Ingmikortilaq is vast, bleak and improbably beautiful. But this is a three-part series and tonight's first two cover the 100-mile expedition to get there, gathering data along the way. The journey itself has plenty of drama and watching Honnold and his team do their stuff, clinging to vertical rock by their fingertips and toenails, is fabulous. **DAVID BUTCHER**



HANGING ON
Climber Alex Honnold gets to grips with his latest challenge

SUNDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Luxmy Gopal, Roger Johnson. (S) (HD)

7.45 Match of the Day Shown yesterday 10.20pm (S) (HD)

9.00 Sunday with Laura Kuenssberg Interviews. (S) (HD)

10.00 Politics England Regional political news. (S) (HD)

10.30 Sunday Morning Live Topical debate covering religious, moral and ethical issues. (S) (HD)

11.30 Pilgrimage: the Road to Rome 3/3 Series 2 The pilgrims learn that Pope Francis will meet them for a private audience in St Peter's Square. (R) (S) (AD) (HD)

12.30pm Bargain Hunt Two teams test their antiques knowledge in Hungerford, Berkshire. (R) (S) (AD) (HD)

1.00 BBC News Weather for the Week Ahead (S) (HD)

1.15 Songs of Praise How faith can help prisoners and ex-offenders in their rehabilitation. (S) (HD)

1.50 Escape to the Country Jules Hudson helps a London calligrapher find a home in Devon. (R) (S) (AD) (HD)

2.45-3.45 Frozen Planet II 4/6. The wildlife of Antarctica. The series is on iPlayer. (R) (S) (AD) (HD)

BBC2

6.45am Countryfile Joe Crowley experiences the history, heritage and farming of the Somerset Levels. Shown last Sunday Signed repeat tomorrow 1.20am (S) (HD)

7.45 Breakfast News and weather reports. (S) (HD)

9.00 Wild about Your Garden From Dundee. (R) (S) (HD)

9.45 Saturday Kitchen Best Bites Highlights. (S) (HD)

11.15 Young MasterChef The seven remaining cooks visit the London Community Kitchen in Harrow. (R) (S) (HD)

0800 RED BUTTON 11.20am-12.45pm, 1.30-3.00

Cyclo-Cross Coverage of the women's under-23s event at the World Championships in Tabor, Czech Republic, followed by the men's elite

12.15pm LIVE MOTD: Women's Super League West Ham United v Arsenal Action from the top-flight match at Chigwell Construction Stadium (kick-off 12.30). (S) (HD)

2.45 The Hundred-Foot Journey ★★★ Comedy drama starring Helen Mirren, Manish Dayal and Om Puri. A family open an Indian restaurant in France, just across the road from a Michelin-starred establishment. On iPlayer for 30 days. **Review p57.** Director Lasse Hallström (2014, PG) (S) (W) (HD)

4.40-5.15 Flog It! The team values antiques at Wolverhampton Art Gallery. (R) (S) (HD)

ITV1

6.00am James Martin's American Adventure The chef meets a love clairvoyant in Salem. (R) (S) (AD) (HD)

6.30 James Martin's Spanish Adventure James visits Vigo and tastes the local octopus. (R) (S) (AD) (HD)

7.30 James Martin's Saturday Morning The chef cooks for guest Dom Joly. Shown yesterday 9.30am (S) (HD)

9.25 ITV News (S) (HD)

9.30 Love Your Weekend with Alan Titchmarsh

Alan talks to guests Angela Rippon and Amol Rajan and horticulturalist Camilla Basset-Smith. (S) (HD)

11.30 John and Lisa's Food Trip Down Under 3/5 John Torode and Lisa Faulkner explore the bush and have a picnic of cheese. Shown yesterday 11.40am (S) (AD) (HD)

12.35pm ITV News Weather; Regional Weather (S) (HD)

12.50 LIVE Racing The Dublin Racing Festival from Leopardstown, featuring the Irish Champion Hurdle, plus action from Musselburgh. Oli Bell presents. (S) (HD)

4.00-5.00 Ant & Dec's Limitless Win 5/6. The Georgie duo present the quiz show where the prize is potentially infinite. Shown yesterday 8pm (S) (AD) (HD)

Channel 4

6.20am Cheers Double bill. (R) (S) (HD)

7.10 Everybody Loves Raymond (R) (S) (AD) (HD)

8.30 The Simpsons Two episodes. (R) (S) (AD)

9.30 Sunday Brunch With Bill Bailey, Jay McGuiness, Jermaine Jenas, Shaznay Lewis and Kelly Holmes. (S) (HD)

12.30pm The Simpsons Bart is teased by bullies.

1.00 Bart helps Lisa break into the school.

1.30 Lisa rekindles her love of jazz in New Orleans.

2.00 Grampa reveals a terrible secret. (R) (S) (AD) (HD)

2.30-4.20 Babe: Pig in the City ★★★ Fantasy comedy sequel starring James Cromwell. Farmer Hoggett's wife takes Babe the pig to the big city. Available to stream for 30 days. **Review page 57.** Director George Miller (1998, U) (S) (W) (HD)

BBC1

1

Death in Paradise

9.00pm A shooting case at the Yacht Club is far from plain sailing for Neville (Ralf Little)



3.45pm Ant-Man ★★★

Action adventure from Marvel Comics, starring Paul Rudd and Michael Douglas. When small-time crook Scott Lang breaks into the house of scientist Hank Pym, he finds a bodysuit with incredible size-changing powers. On iPlayer for 7 days. **Review p57.** Director Peyton Reed (2015, 12) (S) (AD) (W) (HD)

5.35 BBC News Regional News; Weather (S) (HD)

6.00 Countryfile

Matt Baker and Charlotte Smith learn how Bodmin Moor, a windswept terrain scarred by its industrial heritage, is gearing up to welcome wildlife back to Cornwall. Includes **Weather for the Week Ahead.** Series producer Gavin Ahern; Series editor Mark Beech (S) (HD)

7.00 Antiques Roadshow

In Roundhay Park, Leeds, Elaine Binning is thrilled to find a 1960s psychedelic plastic chair, while Clive Farahar sees a collection of photos that documents a visit to West Yorkshire by Arnold Schwarzenegger. Series producer Rae Gilder Cooke; Series editor Robert Murphy (S) (HD)

8.00 Call the Midwife

RT 5/8 Series 13. A fun day at the seaside proves to be traumatic for the Turners and puts May's future with them in jeopardy. Nurse Crane helps a young couple cope with a rare cancer diagnosis. A box set of previous series is on iPlayer. **See p50.**

Sister Julianne	Jenny Agutter	Pupil Midwife Norelle Morris
Nurse Phyllis Crane	Linda Bassett	Shamia Phillips
Sister Monica Joan	Judy Parfitt	Lydia Fleming
Nurse Trixie Franklin	Helen George	Rachel Nicholson
Nurse Shelagh Turner	Laura Main	Edward Shaw
Dr Patrick Turner	Stephen McGann	April Rae Hoang
Fred Buckle	Cliff Parisi	Max Macmillan
Violet Buckle	Annabelle Apsion	Alice Brown
Miss Millicent Higgins	Georgie Glen	Francesca Fullilove
Cyril Robinson	Zephryn Taitte	Archie O'Callaghan
Nurse Nancy Corrigan	Megan Cusack	Tom Anson
Reggie Jackson	Daniel Laurie	Matthew Carter
Matthew Aylward	Ollie Rix	Julian Lewis Jones
Sister Veronica	Rebecca Gethings	Charlotte Lucas
Pupil Midwife Joyce Highland	Renee Bailey	Miss Williams
Pupil Midwife Rosalind Clifford	Natalie Quarry	Voice of mature Jennifer Worth
		Vanessa Redgrave

Writer Chloe Moss; Producer Ann Tricklebank
Director Sarah Esdaile (S) (AD) (HD)

9.00 Death in Paradise

RT New series. 1/8 Series 13. The return of the crime drama starring Ralf Little. Commissioner Selwyn Patterson celebrates 50 years of police service at the Yacht Club, but the day takes a turn when he is shot and rushed to hospital. The team put their own emotions aside as they try to track down the assailant and find out who would want to kill Selwyn. A box set of previous series is on iPlayer. **See p50.**

DI Neville Parker	Ralf Little	Catherine Bordy	Elizabeth Bourgine
Commissioner Selwyn Patterson	Alton Garvey	Mensah Bediako	Marson Francisco
DS Naomi Thomas	Don Warrington	Leon Herbert	Sean Maguire
Officer Marion Pryce	Shantol Jackson	Cathy Tyson	
Officer Darlene Curtis	Tahj Miles		
	Ginny Holder		

Writers Tom Nash and James Hall; Producer Joanna Hanley
Director Steve Hughes (S) (AD) (HD)

See feature: page 20

10.00 BBC News Regional News; Weather (S) (HD)

10.30 Match of the Day 2

Premier League action, including Arsenal v Liverpool.

Producer Colm Hartly; Editor Jamie Gavin (S) (HD)

11.45 The Women's Football Show

Featuring Chelsea v Everton and West Ham v Arsenal.

Producer Emily Jamieson; Exec producer Anna Thompson (S) (HD)

12.30am MOTD Top Ten: Assists Football discussion with Gary Lineker, Alan Shearer and Micah Richards. (S) (HD)

1.00 Weather for the Week Ahead (S) (HD)

1.05-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

The Monuments Men

10.00pm Matt Damon and George Clooney star in a Second World War-set drama



5.15pm Ski Sunday

Ep 5. Ed Leigh and Chemmy Alcott are in Chamonix, France, with extended highlights of the men's downhill from the venue and an update on the women's World Cup Tour from Garmisch-Partenkirchen, Germany. Series producer Tom Butt; Editor Dave Horwell (S) (HD)

6.00 Six Nations Rugby Special

Ugo Monye introduces action from the opening round of Six Nations fixtures, featuring France v Ireland at Stade Velodrome, Italy v England at Stadio Olimpico and Wales v Scotland at the Principality Stadium. Editor Richard Hughes; Director Matt Griffiths (S) (HD)

7.00 This Farming Life

Series 6. Autumn brings challenges and rewards for farmers across Scotland. In Inverkip, Rachel and Camy are one year into building their own farm and dream one day of owning 5,000 sheep, while in Maybole in South Ayrshire, the Barclay family are getting to grips with a new business venture. Series producer Gareth Fielding; Exec producer Jo Roe (R) (S) (HD)

8.00 Inside the Factory

RT 7/10 Series 8. Carpets. Gregg Wallace explores the Axminster factory in Devon to follow the process involved in producing 46,000 square metres of carpet every year, beginning at a nearby farm that provides wool from the breed of sheep known as the Greyface Dartmoor. Cherry Healey visits the Good Housekeeping Institute to learn the science behind the best ways to remove stubborn stains from carpet, while historian Ruth Goodman examines the rise and fall of hard-wearing flooring linoleum. **See page 50.** Series director Duncan Thompson; Series producer Michael Rees Repeated Friday 7pm (S) (AD) (HD)

9.00 Wilderness with Simon Reeve

RT 3/4. Coral Triangle. The adventurer travels across the south-west corner of the Pacific. Starting in the Trogian Islands, close to Sulawesi, Simon meets the Bajau people, who for centuries have wandered the waters of the Coral Triangle. His next stop is Raja Ampat, a stunning archipelago off the coast of New Guinea. It's now a marine protected area and Simon learns of a breeding project that aims to boost the numbers of zebra sharks, which are critically endangered. He ends this journey at an "evolutionary hot spot" known as Cenderawasih Bay. The whole series is on iPlayer. **See page 51.** Director Chris Mitchell; Executive producer Sam Bagnall (S) (AD) (HD)

10.00 The Monuments Men ★★

War-time drama based on a true story. A platoon of historians and museum curators is ordered to retrieve works of art stolen by the Germans and return them to the rightful owners. But with the enemy determined to destroy everything, the men face a formidable task. On iPlayer for 30 days. **Review p57.** Frank Stokes
James Granger
Richard Campbell
Claire Simone
George Clooney
Matt Damon
Bill Murray
Cate Blanchett
Walter Garfield
Donald Jeffries
Jean Claude Clermont
Preston Savitz
John Goodman
Hugh Bonneville
Jean Dujardin
Bob Balaban
Director George Clooney (2013, 12) (S) (AD) (W) (HD)

11.50 When Eight Bells Toll ★★★

Alistair MacLean's adventure story, with Anthony Hopkins, Robert Morley and Jack Hawkins. A naval secret agent and his aide are sent to investigate the piracy of gold-bullion ships. Their quest leads them to a Scottish coastal town, where they soon find their lives are in danger. On iPlayer for 30 days. **Review page 57.** Director Etienne Périer (1971, 15) (S) (W) (HD)

1.20-3.20am Sign Zone 1.20 Question Time Fiona Bruce hosts from Glasgow. Shown last Thursday BBC1 (S) (HD)

2.20 Waterloo Road 4/8 Series 13. Shola tells a lie, which spirals out of control. Shown last Tuesday BBC1 (S) (AD) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Trigger Point
9.00pm The hunt for the bombers steps up as Lana (Vicky McClure) finds a new lead



5.00pm Wheel of Fortune
5/8. Graham Norton hosts the game show as three players try their luck on the giant wheel. Shown yesterday 5.25pm Signed rpt Friday 3am (S) (AD) (HD)

6.00 ITV News
Weather; Regional News and Weather (S) (HD)

6.20 Dancing on Ice
4/9. Stephen Mulhern and Holly Willoughby present as the remaining celebrities and their partners lace up their skates and step onto the ice in a bid to impress the judges. Who will get top marks and who'll end up in the skate-off? Series director Julia Knowles; Series producers Richard Berkshire and Clare Cubberley (S) (HD)

8.00 Who Wants to Be a Millionaire?
2/4. Jeremy Clarkson asks the questions as six contestants try to climb the money ladder in pursuit of the magic million. Will their final answer earn them the seven-figure jackpot? Director Richard Valentine; Executive producers Kieran Doherty, Matthew Worthy and Kerri Reid Rptd Tuesday 10.45pm (S) (HD)

9.00 Trigger Point
RT 2/6 Series 2. The team identify a suspect for the power station explosion, but soon realise he couldn't have carried out the attack alone. Intelligence suggests he was helped by somebody on the inside, and the trail leads to the home of a power station employee, where Lana makes a chilling discovery. See page 51.

Lana Washington Vicky McClure Hass Nabil Elouahabi
Jeff Washington Kevin Eldon Di Amar Batra Maanuv Thiera
DS Helen Morgan Natalie Simpson Bethan Cullinane
DI Thom Youngblood Mark Stanley Tim Dan Whitlam
Hanson Lee Colley Alex Tomiwa Edun
Sonya Reeves Kerry Goddman Carter Nick Read
Nick Hood Thom Ashley Susie Rose Basista
Cmdr John Francis Julian Ovenden Zara Victoria Lloyd
Danny Eric Shango Luke Alexander Eliot
Writers Simon Ashdown and Daniel Brierley
Producer Mat Chaplin; Director Jon East (S) (AD) (HD)

10.00 ITV News
Weather; Regional Weather (S) (HD)

10.15 The Dry
3/8. Shiv's attempts to settle back at home are tested when she discovers a secret. Meanwhile, her ex Jack helps her land a new job at an art gallery. The whole series is available on ITVX.
Shiv Sheridan Roisin Gallagher Ant Sheridan Adam John Richardson
Tom Sheridan Ciarán Hinds Rory Eoin Duffy
Bernie Sheridan Pom Boyd Jack Moe Dunford
Caroline Sheridan Siobhán Cullen Barry Tom Doonan
Writer Nancy Harris; Director Paddy Breathnach
First shown on ITVX (S) (AD) (HD)

10.45 Joanna Lumley's Spice Trail Adventure
1/4. The actress starts an epic trek through the world's leading spice-trading nations, beginning in the remote Indonesian islands that were the only place on the planet where nutmeg grew. Continues tomorrow 10.45pm. (R) (S) (AD) (HD)

11.45 EFL Highlights
The best action from the weekend matches in the EFL, including Stoke City v Leicester City. Shown yesterday 9pm ITV4 and 11.55pm ITV1 (S) (HD)
1.00am Home Shopping (HD)
3.00 Grand Slam Years Recalling Ireland's glorious Six Nations campaign of 2018. (R) (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05 Karen Carney's Leaders of the Pack A profile of Haitian footballer Melchior Dumornay. (R) (S) (SL) (HD)
5.35-6.00am Made in Britain How frozen peas get from field to freezer in a few hours. (R) (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103
+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

The Great Pottery Throw Down
7.45pm Everything in the garden's rosier: Siobhán sees the creations unfold



4.20pm Sister Act ★★★★★
Comedy starring Whoopi Goldberg. After seeing her gangster boyfriend murder an informant, a cabaret singer becomes a marked woman and is sent by the police to hide in a San Francisco convent. Film of the Day: page 57. Director Emile Ardolino (1992, PG) (S) (AD) (W) (HD)

6.15 Channel 4 News Sport; Weather (S) (HD)
6.45 World's Greatest Train Journeys from Above
Following the luxury El Chepe train, a wonder of Mexican engineering that took 100 years to build, as it winds through the world's largest canyon region, Copper Canyon. (R) (S) (AD) (HD)

7.45 The Great Pottery Throw Down
RT 5/10. In garden week, the remaining potters create cascading water features before producing hedgehog houses. Whose structure will judges Keith Brymer Jones and Rich Miller be gushing over, and who'll be heading home? Siobhán McSweeney hosts. See page 50. Series director Emma Reynolds; Series producer Jennifer Morrison Repeated tomorrow 7.45pm and Tuesday 9pm 4seven and with signing Tuesday 3.55am Channel 4 (S) (AD) (HD)

9.00 Grand Designs
Kevin McCloud follows a couple attempting to construct an ultra-modern underground family home on a hill near Canterbury. Delays and rising costs mean that husband and visionary Dorian feels obliged to take control of the build himself, but the enterprise tests him to his limits. Director Marc Beers; Executive producers John Lonsdale and John Comerford (R) (S) (AD) (HD)

10.00 Big Boys
RT 5/6 Series 2. As their second year ends, Jack, Danny and Corinne head off on work experience. Peggy goes on a date. See page 51.
Jack Dylan Llewellyn Oscar Jake Dunn
Danny Jon Pointing Tariq Shane Zaza
Peggy Camille Coduri Russell James Doherty
Corinne Izuka Hoyle Eddie Henry Perryment
Yemi Olisa Odele Beth Rosa Robson
Jules Katy Wix Meryl Dani Moseley
Cousin Shannon Harriet Webb Peakay Jack Binstead
Nanny Bingo Annette Badland Narrator Jack Rooke
Writer Jack Rooke; Director Jim Archer; Producer Bertie Peek
Signed repeat Thursday 1.40am (S) (AD) (HD)

10.30 Gogglebox
The armchair critics watch Michael McIntyre's *The Wheel*, Jamie's *E1 Wonders* and *Wild Croc Territory* in this edition from November 2022. More Wednesday 10pm. (R) (S) (AD) (HD)

11.30 Sex, Me and Disability
Cameras follow Rhys Bowler as he explores sex and disability while navigating a new relationship and dealing with the complexities of his condition, Duchenne muscular dystrophy. Signed repeat Wednesday 1.05am (S) (AD) (HD)

12.30am The Girl in the Spider's Web ★★★★★ Crime thriller starring Claire Foy. Hacker Lisbeth Salander is hired to erase invasive software that can control online defence systems. However, her mission will reveal long-hidden, devastating family secrets, especially when she falls foul of the mysterious Spider organisation. Director Fede Alvarez (2018, 15) (S) (W) (HD)
2.30 Miners' Strike 1984: the Battle for Britain 2/3 How events unfolded in the South Yorkshire town of Orgreave on 18 June 1984. Shown last Thu (S) (SL) (AD) (HD)
3.25 Come Dine with Me In Gloucestershire. (R) (S) (HD)
5.35 Sunday Brunch Best Bits Chef Big Zuu shows how to make cheeseburger quesadillas. (R) (S) (HD)
5.50-6.15am Food Unwrapped Uncorking the mystery of wine sulphites and hangovers. (R) (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104
+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Gilbert and Sullivan's The Gondoliers
8.00pm Mark Nathan stars in the comic opera



7.00pm Life of a Mountain: a Year on Blencathra
Terry Abraham explores Blencathra in the Lake District, also known as "the people's mountain". Outstanding images and time-lapse photography capture the remarkable landscape in all its moods, as local residents, schoolchildren and visitors reflect on their connections with the mountain. Director/Producer Terry Abraham Repeated 1.45am (R) (S) (HD)

8.00 Gilbert and Sullivan's The Gondoliers
Scottish Opera's production of Gilbert and Sullivan's satire set in Venice, a joint collaboration with D'Oyly Carte Opera and State Opera South Australia from 2021. Happy-go-lucky gondoliers Marco and Giuseppe have just chosen their brides, Gianetta and Tessa. However, their lives are thrown into turmoil by the arrival of the Grand Inquisitor, Don Alhambra, who announces that one of them has acquired the throne of the distant kingdom of Barataria.
The Duke of Plaza-Toro Richard Stuart (baritone)
The Duchess of Plaza-Toro Yvonne Howard (mezzo-soprano)
Casilda Catriona Hewitson (soprano)
Luiz Dan Shelvey (baritone)
Marco William Morgan (tenor)
Giuseppe Mark Nathan (baritone)
Gianetta Ellie Laugharne (soprano)
Tessa Sioned Gwen Davies (mezzo-soprano)
Don Alhambra del Bolero Ben McAteer (baritone)
Antonio Arthur Bruce (baritone)
Inez Cheryl Forbes (mezzo-soprano)
Francesco Osian Wyn Bowen (tenor)
Giorgio Oskar McCarthy (bass)
Fiametta Zoe Drummond (soprano)
Victoria Flora MacDonald (mezzo-soprano)
Directors Stuart Maunder and Jonathan Haswell
Producer Gemma Dixon (R) (S) (HD)

10.15 In Search of Dracula with Mark Gatiss
Mark Gatiss, co-writer of the 2020 BBC series *Dracula*, heads to Orava Castle in Slovakia – as seen in classic vampire film *Nosferatu*. He studies the handwritten notes of *Dracula*'s original creator, Bram Stoker, to examine the creative process behind this world-famous story, and ponders its lasting appeal for readers and moviegoers. Director Nathan Landeg; Executive producers Jo Pearce and Sue Vertue (R) (S) (AD) (HD)

11.15 MR James: Ghost Writer
In this 2013 programme, Mark Gatiss explores the life of the author in a bid to discover how this devout Anglican bachelor created supernatural tales that chill readers more than a century on. He visits James's childhood home in Suffolk as well as Eton College, Cambridge and France, venturing into ancient churches, dark cloisters and echoing libraries. Director/Producer John Das (R) (S) (AD) (HD)

12.15am Ghost Stories: The Ash Tree
Christopher Lee reads a spectral tale by MR James, first shown at Christmas 2000. Chilling events lead servants to burn down a mysterious tree – but horrors are lurking within. (R) (S) (HD)
12.45 Parkinson Guests include Joanna Lumley and Ian McKellen. From 1999. (R) (S)
1.45-2.45am Life of a Mountain: a Year on Blencathra Shown 7pm (S) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

10.00-10.30am
The Sunday Show: with Martin Geissler

BBC SCOTLAND

7.00pm The Seven
7.15 Rewind 1990s
7.30 Grand Tours of Scotland's Rivers
8.00 Who Lives in Scotland?: investigating where responsibility lies – or should lie – when it comes to owning Scotland's urban land 9.00 Pitch Invasion: How the Scottish and Irish Changed Football
10.00 Still Game
10.30 Jules and Greg's Wild Swim
11.00-12 midnight Seven Days

STV
1.00-3.00am Night Vision
3.50-5.05 Night Vision

BBC1 WALES

10.00-10.30am Politics Wales
2.45-3.45pm Reunion Hotel: a woman thanks the fundraisers who helped her daughter to walk

BBC2 WALES

4.40pm The Best Dishes Ever: recipes that have something of a kick to them
4.45-5.15 Weatherman Walking: walks in Radnorshire and along the clifftop paths and bays of Anglesey's far north coast 6.00 Scrum V Six Nations Special: including action from Wales v Scotland
7.00-8.00 Slammed: the Eighties

BBC1 NORTHERN IRELAND

10.00-10.30am
Sunday Politics Northern Ireland

BBC2 NORTHERN IRELAND

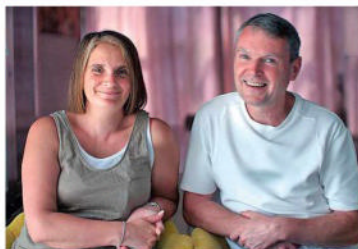
10.00pm Rún na bPortach: Cormac O hAidhmaill meets a Canadian scientist replanting sphagnum
11.00 Sunday Politics Northern Ireland
11.30-1.20am FILM: The Monuments Men ★★ Drama based on a true story, starring George Clooney and Matt Damon

Channel 5 listings are overleaf

SUNDAY Freeview

Channel 5

5



22 Kids and Counting 8.00pm Sue and Noel have their hands full again

5.40am Milkshake! See page 56

9.45 SpongeBob SquarePants An evil Jellien overlord creates clones. (S) (HD)

10.00 Plankton drives customers away. (S) (HD)

10.15 Entertainment News (S) (HD)

10.20 Friends Series 2. Monica inadvertently poisons Ross with her kiwi-lime pie.

10.50 Rachel confesses all to Ross.

11.25 Ross lists Rachel's good and bad points.

11.55 Monica's Christmas celebrations are steamier than anticipated. (R) (S) (AD) (HD)

12.20pm Inside the Tower of London Curator Sally Dixon-Smith deciphers some graffiti by a Tudor mystic. (R) (S) (HD)

1.20 Lady Jane Grey's brief rule as queen and execution in the Tower. (R) (S) (HD)

2.20 The Great Fire of London: Hour by Hour Dan Jones, Suzannah Lipscomb and Rob Bell examine the fire. (R) (S) (HD)

5.00 5 News (S) (HD)

5.05pm When TV Goes Horribly Wrong

Christopher Timothy narrates of compilation of on-air disasters featuring animals, with incidents from shows such as *This Morning*, *The One Show* and *Crufts*. Director/Producer Kenny Reid Repeated Friday 11.25pm (S) (HD)

7.00 Costco: Is It Really Worth It?

A look at the workings of the retailer, examining its own-brand products, exploring its history and revealing how the business keeps prices so low. Directors Nick Webb and Joshua Good (R) (S) (HD)

8.00 22 Kids and Counting

Ep 6 Series 4. A rare argument for Sue and Noel sees them clashing over Max's gaming addiction. One-year-old Chester is also proving a handful for Millie. Will "Super Nanna Sue" step in to help? Director/Producer Alex Ash Repeated tomorrow 3.25am (S) (HD)

9.00 Captain Tom: What Happened Next?

A look at what happened to the money raised by Captain Sir Thomas Moore, aka Captain Tom, the Army veteran who captured the nation's hearts during the pandemic. He was knighted by the Queen, won a Pride of Britain award and even reached number one in the charts. But has his legacy now been tarnished? Repeated Friday 10pm (S) (HD)

10.30 The Big Posh Holiday Swap

2/6. This edition follows Third Homes executive Giles Adams as he tries to keep the property exchange's nearly 14,500 members happy, as well as dealing with some minor complaints. (S) (HD)

11.25 Noel Edmonds: The Rise and Fall of Mr Saturday Night

A profile of the TV and radio presenter, who was the undisputed king of Saturday night television in the 1990s. Director Grant Armour (R) (S) (HD)

1.00am Casino (S) (HD) **3.00** The Great British Bake-Off (R) (S) (HD) **4.15** Divine Designs (R) (S) (SL) **4.40** House Doctor (R) (S) (SL)

5.30-5.40am Entertainment News (S) (HD)

CS Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105

+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Moonlight 9.00pm Chiron turns to Juan as his mother struggles with drugs

7.00pm Gladiators

4/11. Comet takes on Hang Tough and Diamond races up the Wall, as tonight's contenders take on the Gladiators for a quarter-final place. See choice, page 40. Shown yesterday 7.10pm BBC1 (S) (AD) (HD)

8.00 New. The Traitors Australia

5/9 Series 2. Annabel and Luke are on a mission to banish a Traitor. But will the duo find success? More Tuesday 8pm. A box set is available on iPlayer. (S) (HD)

8.50 Ryan Tricks on the Streets

Ryan gives a gift to a group of disabled students at a community garden. (S) (HD)

9.00 Moonlight ★★★★★

Coming-of-age romantic drama with Trevante Rhodes. An African-American boy struggles to cope with his drug-addicted mother and come to terms with his sexual identity. Available on iPlayer. Director Barry Jenkins (2016, 15) (S) (AD) (W) (HD)

10.45 People Just Do Nothing

1/6 Series 5. Kurupt FM has been raided and the boys attempt to replace their seized equipment at a car boot sale. (S) (AD) (HD)

11.15 2/6. Kurupt FM have a go at live streaming. A box set is on iPlayer. (S) (AD) (HD)

11.45 Domino Day

1/6. A witch looks for a community who can help her understand who she is. (S) (AD) (HD)

12.30am Young MasterChef (S) (AD) (HD)

1.30 Boot Dreams: Now or Never (S) (AD) (HD)

2.30 Hire Me: Competing for a Dream Job (S) (HD) **3.00-4.00am** People Just Do Nothing: double bill (S) (SL) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00** Totally Bonkers Guinness World Records (S) (HD) **9.15** Secret Crush (S) (SL) (HD) **10.15** Dress to Impress (S) (SL) (HD) **12.15pm** Wheel of Fortune Shown yesterday 5.25pm ITV1 (S) (AD) (HD) **1.20** The Masked Singer Shown yesterday 6.25pm ITV1 (S) (AD) (HD) **2.50** In for a Penny (S) (AD) (HD)

3.20 FILM Cats & Dogs: the Revenge of Kitty Galore ★★★ Part-animated fantasy (S) (AD) (W) (HD) **5.00 FILM** Scoobi! ★★ Animated adventure with the voices of Will Forte and Frank Welker. Review page 57 (S) (W) (HD)

7.00 FILM Legally Blonde ★★★★★ Comedy starring Reese Witherspoon. Elle's boyfriend ends their relationship before he leaves for university, concerned that her frivolity will damage his political ambitions. Determined to prove him wrong, the blonde bombshell follows him to Harvard. (S) (AD) (W) (HD)

9.00 New. Love Island: All Stars It's Week Four and as the Islanders get hot and spicy in the winter sun, the flirting, dating and dramas show no sign of letting up. (S) (HD)

10.05 New series. Olivia Attwood: Getting Filthy Rich A look at the Girlfriend Experience, a new phenomenon where men pay women for an intimate connection mentally and sometimes physically. (S) (HD)

11.05 Family Guy Series 16. Brian manages to convince Stewie to teach him how to invest in the stock market. (S) (AD) (HD)

11.35 Meg takes up drinking. Brian begins spying on his neighbours and suspects Principal Shepherd of a crime. (S) (AD) (HD)

12.05am American Dad! (S) (AD) (HD) **1.00** Count Abdulla (S) (HD) **1.30** Iain Stirling's CelebAbility (S) (HD) **2.15** Totally Bonkers Guinness World Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115

+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Trial and Retribution IV 10.00pm One of Walker's old cases is re-opened

6.00am Bless This House (S) **6.25** Inspector Morse: Series 2. Last Seen Wearing. A schoolgirl goes missing (S) (SL) (AD) (HD) **8.35** The Ruth Rendell Mysteries: A Case of Coincidence 1/2 A girl's body is found in the Fens. Keith Barron stars; **9.40 2/2.** Eddie Brannell protests his innocence (S) **10.50** Downton Abbey: 7/9 Series 5. Rose introduces Atticus and his parents to Downton; **11.50 8/9.** Family tensions on both sides threaten to derail Rose's big day; **1.20pm 9/9.** Bates takes drastic measures to clear Anna's name; **3.25 1/9** Series 6. Secrets and rifts threaten the unity of the family; **4.55 2/9.** Mary's meddling gets Mr Carson into trouble (S) (AD) (HD)

5.55pm Rosemary and Thyme

2/8 Series 2. Orpheus in the Undergrowth A recovering alcoholic is found dead in the communal garden where Rosemary and Laura are working. (S)

7.00 3/8. They Understand Me in Paris Laura and Rosemary restore the gardens of a friend's villa in preparation for a public opening that is arousing hostility among the neighbours – leading to murder. (S)

8.00 The Larkins

1/6 Series 2. Pop accepts a lucrative offer, and the Larkins meet their new neighbours, the Jerebohms. (S) (AD) (HD)

9.00 Joanna Lumley's Hidden Caribbean: Havana to Haiti

1/2. Joanna begins the first leg of her tour in a boxing gym in Havana with one of Cuba's top female boxers, before visiting the famous National Hotel. (S) (AD) (HD)

10.00 Trial and Retribution IV

1/2. Drama starring David Hayman and Kate Buffery. DI Pat North is assigned to look into a case that may clear a man convicted of murder eight years ago. First shown in 2000. Concludes tomorrow 10pm. (S) (HD)

12 midnight DCI Banks **1&2/6** Series 2. *Strange Affair* 1/2. The detective is linked to a murder victim; **12.50am 2/2.** Banks breaks the news of Roy's death to his parents (S) (SL) (AD) (HD) **1.35-2.30am** The Darling Buds of May (S) (AD) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117

+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Car Years (S) (HD) **6.30 New.** Extreme E: Electric Odyssey (S) (HD) **7.00 New.** Motorsport Mundial (S) (HD) **7.30 New.** Auto Mundial (S) (HD) **8.00** World Rally Highlights (S) (HD) **9.00** EFL Highlights (S) (HD) **10.30** Hornblower (S) (AD) (HD)

12.45pm LIVE Darts: Jacqui Oatley presents the afternoon session on day three of the Masters from Milton Keynes, featuring the quarter-finals (S) (HD) **5.00** Monster Carp (S) (HD)

6.00pm River Monsters Jeremy Wade searches for the real creature behind the myth of the Loch Ness monster. (S) (HD)

6.30 On the Canadian-US border, Jeremy Wade visits a site sacred to Native Americans, where swimmers have been attacked. (S) (HD)

7.00 LIVE Darts The evening session on day three of the Masters in Milton Keynes, featuring the semi-finals and final. (S) (HD)

11.00 Hornblower 1/2 Series 2. Drama with Ioan Gruffudd. CS Forester's hero saves the *Renown* from seemingly certain disaster, but ends up charged with mutiny. (S) (AD) (HD)

1.10am The Return of Sherlock Holmes (S) (AD) (HD) **2.25** The Protectors (S) (SL) (HD) **2.55-3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118

+1 Freesat 118 Sky 220 Virgin 318

Drama

20



David Copperfield 12.40pm The hero is reunited with his aunt Betsey

7.10am Birds of a Feather: **3/14 Series 5** Sharon gets behind the wheel (S) **7.40** The Bill: five episodes. Leela and Sheelagh are at odds over a baby's death; **8.40** Amber's friend is raped; **9.40** June Ackland returns to Sun Hill; **10.40** June startles Roger with a kiss; **11.40** Neil discovers the truth about Andrea (S)

12.40pm David Copperfield: **1/4.** Adaptation of the Dickens classic, starring Daniel Radcliffe. The idyllic childhood of eight-year-old David Copperfield is brought to an abrupt end when his widowed mother Clara remarries; **1.40 2/4.** David is sent to a workhouse following his mother's death; **2.40 3/4** Steerforth accompanies David as he revisits Peggotty; **3.40 4/4.** Micawber threatens to expose Uriah Heep for the devious character he is, and David returns to Canterbury (S)

4.40pm Catherine Cookson's The Tide of Life

Gillian Kearney stars in the period drama following the fortunes of housekeeper Emily Kennedy and her relationships with three very different men. (S)

8.00 Inspector George Gently

1/2 Series 8. Gently Liberated The detective puts his career on the line when he reopens the case of a woman convicted of killing her husband, hoping to uncover a long-buried miscarriage of justice. (S) (AD) (HD)

10.00 Murphy's Law

1/6 Series 2. Jack's Back. The undercover detective returns to track down a serial killer in London's West End targeting homeless women, and discovers a possible connection with a Jack the Ripper musical. (S)

11.20 Taggart

2/3 Series 3. Funeral Rites. The discovery of a charred corpse in a disused railway tunnel sets Taggart on the hunt for a killer in an investigation with sinister undertones of black magic and voodoo. (S)

2.20-4.00am Signora Volpe: **1/3** A disillusioned British spy-turned-detective starts a new life in Italy (S) (HD)

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116

+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am The Real Housewives of Jersey (S) (HD) **8.00** Buying and Selling (S) (HD)

9.00 LittleBe: children's programmes (HD)

12 noon Be Beautiful (S) (AD) (HD) **12.10pm** The Real Housewives of New Jersey (S) (HD)

5.00pm Great Chocolate Showdown Chocolate dessert competition in which ten bakers compete for a \$50,000 prize. (S) (HD)

6.00 The bakers use everyday items to make lasting impressions on the judges. (S) (HD)

7.00 Celebrity Dinner Date Comedian Donna Preston is given five menus from which to pick three blind dinner dates. (S) (AD) (HD)

8.00 With Dale Mehmet. (S) (AD) (HD)

9.00 FILM Mermaids ★★★★★ Romantic comedy with Cher and Bob Hoskins. It's 1963: after moving her family to Massachusetts, Mrs Flax becomes romantically involved with a shopkeeper. At the same time, her daughter is worried that her own romance may compromise her religious calling. Review page 57. (S) (HD)

11.15 My Mom, Your Dad: USA When the kids send one of the parents packing, the remaining mums and dads must rally for Trish's birthday celebration. (S) (HD)

12.20-1.00am Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



More4 18



The Emergency Ward 10.00pm Dr Mya helps a woman struggling with pain

8.55am George Clarke's Amazing Spaces (AD) **9.55** Ugly House to Lovely House with George Clarke (AD) **11.00** George Clarke's Old House, New Home: in the West Midlands (AD) **12 noon** Come Dine with Me: dinner parties in Surrey (AD) **2.40pm** Four in a Bed

5.20pm Come Dine with Me Dinner parties in and around Guildford feature a Norwegian feast and an Asian-inspired menu. (AD)

7.55 999: on the Front Line A woman collapses in the street while out shopping and may have broken her hip, while a man threatens to take an overdose if the paramedics do not take him to hospital.

9.00 24 Hours in A&E The documentary visits the Queen's Medical Centre in Nottingham. When 93-year-old John is brought in suffering from shortness of breath, his wife Florence reflects on their life together. (AD)

10.00 The Emergency Ward Dr Mya helps a young woman in physical and emotional pain, while Dr George treats the victim of a truck accident who needs two tourniquets above the knee to stop severe blood loss. (AD)

11.05 Emergency Helicopter Medics: Sporting Emergencies In this compilation, the medics assist at some major sporting emergencies, including the treatment of a 15-year-old with a possible spinal injury. (AD)

12.05am New. The Good Doctor: a young patient has a decision to make (AD) **1.05 999:** on the Front Line **2.10 24 Hours in A&E** (AD) **3.15-3.45am** Supermarkets Unwrapped: the Snacks Aisle (AD)

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1 Freesat** 125 Sky 236 (237 Scot) Virgin 347

E4 13

6.00am Hollyoaks: omnibus (AD) **8.25** Rude(ish) Tube Shorts **8.45** Ramsay's Kitchen Nightmares USA **9.50** Ramsay's 24 Hours to Hell and Back (AD) **12.40pm** Brooklyn Nine-Nine (AD) **2.40** The Big Bang Theory (AD)

4.10pm FILM Titanic ★★★★★ Oscar-winning blockbuster, starring Leonardo DiCaprio and Kate Winslet. During the *Titanic's* maiden voyage in 1912, penniless artist Jack Dawson falls in love with socialite Rose DeWitt Bukater. Years later, Rose relives the events. (AD)

8.00 FILM Raiders of the Lost Ark ★★★★★ Action adventure starring Harrison Ford. Indiana Jones goes in search of the Ark of the Covenant, a religious artefact of unspeakable power wanted by the Nazis. With the help of an old flame, Indy takes on his enemies in a terrifying battle to the finish. (AD)

10.15 The Inbetweeners 3/6 Series 2. Will's planned grown-up birthday dinner with a few friends clashes with a far more popular do. (AD)

10.50 4/6. Will tries to reinvent the boys' image by taking them clubbing around London. (AD)

11.25 Derry Girls 3/6 Series 2. Erin, Clare, Michelle, Orla and James prepare for a gig. (AD)

11.55 4/6. The Quinns cause uproar at a wedding – with serious consequences. (SL) (AD)

12.30am Gogglebox (AD) **1.35** First Dates (SL) (AD) **2.40** The Inbetweeners (SL) (AD)

3.35-6.00am Hollyoaks: omnibus (SL) (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1 Freeview** 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really 17

6.00am Fantasy Homes by the Sea **7.00** Home Shopping **8.00** Fantasy Homes by the Sea **10.00** A Place in the Sun **3.00pm** The Hotel Inspector: the Walkout (AD) **4.00** Antiques Road Trip **7.00** The Yorkshire Auction House: selling a toy collection **8.00** The Bad Skin Clinic **9.00** Bubble Woman: Body Bizarre (AD) **10.00** World's Tallest Couple: Body Bizarre **11.00** The Dead Files **12 midnight** Ghost Adventures: Screaming Room **1.00am** Ghost Adventures **2.00** Home Shopping **4.00-6.00am** Fantasy Homes by the Sea

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts 36



An American in Paris 8.00pm City of romance: Lise and Gerry

6.00am Sky Arts Ambassador Bursary Shorts **6.10** La Bayadere **8.30** Tales of the Unexpected **11.00** The Joy of Painting

12 noon Landscape Artist of the Year: from Stonehaven Harbour in Aberdeenshire (AD) **1.00pm** Alfred Hitchcock Presents **2.00** The Agatha Christie Hour (AD) **3.00** André Rieu: Songs from My Heart **5.30** Portrait Artist of the Year: Celebrities vs Kids Special: Nitin Ganatra, Anita Mangan, Laurence Llewellyn-Bowen, Toyah Willcox, Leigh Francis and Gemma Cairney take part (AD)

6.30pm Portrait Artist of the Decade Stephen Mangan and Joan Bakewell present a special feature-length episode in which nine previous winners return to the Battersea Arts Centre to paint actress Judi Dench. (AD)

8.00 FILM An American in Paris ★★★★★ Musical starring Gene Kelly and Leslie Caron. Jerry, an American painter living in Paris, is loved by the rich and beautiful Milo. Perversely, he then falls in love with a poor orphan who is engaged to somebody else. (W)

10.20 Les Misérables and Victor Hugo A look at how the French author's classic novel made him a man of the people at the time, as well as examining its legacy.

11.35 Greatest Albums Live Simple Minds perform their 1982 album *New Gold Dream*. **12.35am** Pink Floyd: P.U.L.S.E. **1.50** Sting: a Winter's Night **3.00** The Great Songwriters: a profile of Chuck **4.00** Isle of Wight Festival Greatest Hits **5.00-6.00am** Classic Albums

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven 49

9.00am Four in a Bed: ten editions **2.00pm** A Place in the Sun: triple bill

5.00pm A Place in the Sun Ben Hillman helps Jane find a holiday home with a sea view on the Portuguese island of Madeira.

6.00 Jasmine Harman helps house hunters Jo and Graham find their dream holiday home in Mar Menor on Spain's Costa Blanca.

7.00 Kirstie and Phil's Love It or List It Ep 7 Series 9. Phil Spencer catches up with Jamie Lea and Curtis, who sought the duo's help in 2019. Shown last Wednesday C4 (AD)

8.00 Location, Location, Location Two sets of house hunters seek the duo's help to make a life-changing move, including a couple searching in Northumberland.

9.00 Gogglebox The household's' opinions on *Love Is Blind*, *Beef* and *Outlast*. (AD)

10.00 FILM Mission: Impossible ★★★★★ Action spy thriller starring Tom Cruise. The Impossible Mission Force's latest assignment is to recover stolen information that threatens to blow the cover of US spies. But the plan goes wrong. **Review** p47. Shown yesterday 7pm C4 (AD)

12.15am Eight out of Ten Cats Does Countdown: hosted by Jimmy Carr **1.15** Literally Just Told You with Jimmy Carr **2.20** Gogglebox (AD)

3.25-4.45am The Great Pottery Throw Down (AD)

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest 12

6.00am Combat Dealers **8.00** The Woodland Workshop **9.00** Salvage Hunters: the Restorers **11.00** Find It, Fix It, Flog It **2.00pm** The Repair Shop **3.00** The Yorkshire Auction House **4.00** Salvage Hunters **5.00** American Pickers: double bill **7.00** The Woodland Workshop: Ciarán creates a gothic-style bookshelf with a series of secret compartments **8.00** Salvage Hunters: the Restorers: Nick Elphick works on a life-sized stag statue that's missing its head **9.00** The Repair Shop: Steve Fletcher repairs a barometer **10.00** Outback Opal Hunters **11.00** Nasa's Unexplained Files **1.00am** Codes and Conspiracies **2.00** The Unexplained Files **4.00-5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1 Freeview** 70 Freesat 168 Sky 244 Virgin 337

Yesterday 27



'Allo 'Allo! 8.00pm Will Alfonse crack under the Gestapo's questioning?

6.10am Guitar Heroes at the BBC: double bill **8.00** War Factories: double bill **10.00** Narrow Escapes of World War II (AD)

12 noon Great British Railway Journeys **4.00pm** Bangers and Cash (AD)

6.00pm Bangers and Cash Paul collects a cherished 1924 Rover 9 that's been in the same family since the 1950s. (AD)

7.00 Derek heads north to pick up a 1954 Morgan +4 coupe in mint condition. (AD)

8.00 'Allo 'Allo! Alfonse is whisked to hospital with heart trouble after being interrogated by the Gestapo.

8.35 Helga tells Von Strohm that the stolen money was forged, so he hatches a plan.

9.05 Herr Flick arrests Leclerc and announces he'll be shot if the stolen money is not found.

9.40 René escapes 258 exploding puddings and becomes embroiled in another daring plot.

10.10 Bangers and Cash Dave is in Lincolnshire, picking up a 1935 Riley Falcon – a saloon car with a pre-select gearbox. (AD)

11.10 Abandoned Engineering Exploring the Apollo Movie Theatre in Tbilisi, Georgia. (AD)

12.10am Meat Loaf: in and out of Hell: the life of the rock star **1.15** Guitar Heroes at the BBC **2.10-3.00am** Smoke and Steel (AD)

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1 Sky** 255 Virgin 329

Dave 19

7.10am Mega Air **8.00** The Force: behind the Line **9.00** Abandoned Engineering (AD)

11.00 Storage Hunters UK: four editions **1.00pm** Top Gear **3.00** Gassed Up **4.00** Rick Stein's Cornish Christmas (AD)

5.00pm Border Force: America's Gatekeepers A woman is suspected of smuggling a baby over the border. (AD)

6.00 A driver is stopped attempting to smuggle cocaine across the border. (AD)

7.00 New. Special Ops: Crime Squad UK Lancashire police get a call about a cryptocurrency heist that leads detectives to unravel a bizarre Bitcoin conspiracy. (AD)

8.00 QI XL With panellists Bridget Christie, Sara Pascoe and Deborah Frances White.

9.00 Have I Got a Bit More News for You Diane Morgan hosts an extended edition.

10.00 QI XL Extended edition. With Phill Jupitus, Josh Widdicombe and Sara Pascoe.

10.40 Mock the Week Guests include Ed Byrne, Rhys James, Nish Kumar and Ellie Taylor.

11.20 With guests Paul Chowdhry, Ed Gamble, Kerry Godliman, Milton Jones and Rachel Parris.

12 midnight Live at the Apollo **1.00am** Red Dwarf (AD) **2.20** Have I Got a Bit More News for You **3.10-4.00am** Live at the Apollo

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** F'view 57 Freesat 57 Sky 211 (212 Wales) Virgin 327

Sky Mix 11

6.00am Border Patrol **7.30** Monkey Life **8.00** Let's Game: World Builders **8.20** Silly Animals **8.50** Super Sema **9.00** Monkey Life **9.30** Highway Patrol **11.00** 999

Frontline 12 noon Neighbourhood Blues **1.00pm** Caught Red Handed **3.00** Border Security: Canada's Front Line **5.00** Highway Cops **6.00** Motorway Patrol: double bill. The Eagle helicopter hunts for a stolen vehicle, then a car crash leads to some unusual behaviour on the side of the motorway

7.00 Brit Cops: Rapid Response (AD) **9.00** Caught on Dashcam **10.00** FILM They Live ★★★★★ Science-fiction thriller starring Roddy Piper. A pair of special sunglasses gives a drifter a new insight into the world (W)

12 midnight Mark of a Serial Killer **1.00am** New York Homicide (AD) **2.00** Motorway Patrol **4.00-6.00am** Border Patrol: four editions

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA 21

9.00am Entertainment News **9.15** Columbo **7.00pm** Columbo Series 8. The crumpled cop investigates the death of a magician

9.00 Law & Order Series 4. A tennis star is attacked **10.00** Law & Order: Special Victims Unit Series 15. Four episodes. Rollins makes a deal with the managers of a gambling club **11.00** A columnist is given access to the New York Police Department

12 midnight Sarah Walsh fears she has been raped for a second time **12.55am** Barba's loyalties are tested when two childhood friends become mixed up in a high-profile sex scandal

1.50am Lucifer: two episodes **3.35-4.00am** Criminals: Caught on Camera (AD)

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1 Freesat** 130 Sky 241 Virgin 320

5 Star 32

8.00am Nightmare Tenants, Slum Landlords **1.00pm** Traffic Cops: four editions

5.00pm Police Interceptors Rick Edwards and Ortis Deley join Durham and Cleveland officers on a typical night shift.

6.00 Spike and dog handler Ian find themselves in a tricky situation.

7.00 An arrest snowballs into a stand-off.

8.00 Paul and Carl are in hot pursuit of a white van tearing up the turt in Willington.

9.00 FILM Layer Cake ★★★★★ British crime thriller starring Daniel Craig. A rising young drug dealer wants to make quick money and retire early. But his plans are thwarted when he is asked by a local crime boss to find the missing daughter of a powerful friend.

11.10 FILM Scary Movie 3 ★★★★★ Horror spoof sequel starring Anna Faris. TV reporter Cindy Campbell stumbles into a plot involving a killer videotape and an alien invasion.

12.50am Cold Case Killers **1.50** Casualty 24/7: Every Second Counts **2.35** GP's: behind Closed Doors (AD) **3.25** Criminals: Caught on Camera **3.50-4.00am** Entertainment News

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1 Freesat** 141 Sky 228 (229 Scot) Virgin 326

5 Action 33

9.00am Entertainment News **9.10** Criminals: Caught on Camera **9.40** Trucking Heavy **10.40** Trucking Hell (AD) **12.45pm** Winter Road Rescue **1.45** Police Interceptors **2.45** FILM Rough Night in Jericho ★★★★★ Western

4.45 FILM Rage at Dawn ★★★★★ Western **6.35pm FILM Escape to Victory** ★★★★★ War drama starring Sylvester Stallone, Michael Caine and Pelé. As a propaganda stunt, the Nazis arrange a football match between the national German team and a squad of prisoners of war. However, the PoW team see the game as a chance to attempt an escape.

9.00 FILM Enemy of the State ★★★★★ Conspiracy thriller starring Will Smith, Gene Hackman and Jon Voight. A lawyer unwittingly becomes the custodian of evidence to a political murder and must go on the run.

11.40 FILM Home of the Brave ★★★★★ Drama starring Samuel L. Jackson and Jessica Biel. When members of a National Guard unit are ambushed in Iraq, the attack has a devastating effect on their lives.

1.50am Police: Night Shift 999: double bill **3.50-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select 46

9.00am The Yorkshire Vet (AD) **2.00pm** Susan Calman's Grand Day Out

6.00pm Susan Calman's Grand Day Out Susan and her camper van embark on an adventure through the landscapes of Kent.

7.00 The comedian enjoys a new adventure at Bo'ness and Kinneil Railway.

8.00 Jane McDonald's Sunshine Cruises Highlights of the singer's voyages around the Mediterranean, including a tour of Greece.

9.55 When 70s TV Goes Horribly Wrong This two-hour special explores the less-than-perfect moments from 1970s TV.

11.55 Michael Portillo's Pyrenees Adventure The seasoned traveller embarks on a journey of self-discovery across the Pyrenees.

12.55am Michael Portillo's Pyrenees Adventure: three further editions following Michael's adventure **3.50-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

SUNDAY Freeview & films



Killer Women with Piers Morgan 9.00pm Jennifer Mee

6.10am Tipping Point **1.00pm** My Family (AD) **5.00** Miranda (AD)

7.00pm 999 Rescue Squad A car being pursued by police crashes, and HART are called in to treat a passenger who's trapped in her seat with serious injuries.

8.00 Inside the Operating Theatre A three-year-old boy needs to have an operation on his tongue, while a man has biopsies taken from his prostate. (AD)

9.00 Killer Women with Piers Morgan Piers meets a Florida woman convicted in 2013 for her part in the murder of a man.

10.00 Louis Theroux: the Most Hated Family in America Meeting members of a controversial Kansas church known for protesting against homosexuality. (AD)

11.20 Life and Birth A first-time mum is induced three weeks early after reduced fetal movement.

12.40am One Born Every Minute **1.45-3.00am** Emma Willis: Delivering Babies (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin 125 +1 F'sat 232 (233 Scotland) Virgin 325**

HGTV 44

7.00am My Lottery Dream Home **10.00** Escape to the Country

3.00pm A Place in the Sun: three editions. **6.00** A Place in the Sun: seven further editions. A London couple seek a holiday home in St Lucia **7.00** A couple search for a home in the Axarquia region of the Costa del Sol **8.00** A couple from Brighton seek a second home on the Spanish island of Majorca **9.00** Denise Greenacre is looking for a sun-kissed property in Torrevieja on the Costa Blanca **10.00** A couple plan to buy a home on Kefalonia **11.00** Properties in Antigua for a £330,000 budget **12 midnight** A retired couple in love with Bretagne culture seek a new home in Brittany for £120,000 **1.00-4.00am** Bargain Mansions (AD)

HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am London's Weekend **7.00** The Avengers (BW) **9.30** A Bit of a Do **10.45** Auction **11.15** FILM The Water Babies **1.05pm** FILM The Shape of Things to Come **3.05** FILM The Painted Smile **4.20** FILM Life for Ruth **5.15** (BW) **6.15pm** London Districts **6.30** Tabernacle Choir: Music and Words **7.00** Posh Pawn **8.00** Raiders of the Lost Art **9.00** FILM Resistance **10.50** Drama **12.50am** FILM Killing Dad **2.40** London Districts **2.50** Tabernacle Choir: Music and Words **3.20** London Districts **3.30** News Rewind **5.00-6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf



Mary Berry's Quick Cooking 9.00pm Italian favourites

6.00am Diners, Drive-Ins and Dives **7.00** Buddy vs Duff **12 noon** Tom Kerridge More Sunday Lunch

12.30pm Tom Kerridge's Sunday Lunch **1.00** James Martin's Mediterranean **2.00** James Martin's French Adventure (AD) **3.00** The Great British Bake Off: three editions **6.00pm** The Great British Bake Off: two further episodes. The nine remaining competitors are facing dessert week, then the remaining home bakers are challenged to work with alternative ingredients

8.00 Beat Bobby Flay: double bill. Amy Sedaris teams up with Michael Symon to take Bobby Flay down, then chefs Zev Bennett and Petrina Peart try to secure a win **9.00** Mary Berry's Quick Cooking: double bill. Recipes that deliver on flavour but save on time, then Mary attends a music festival for the first time **10.00** Roux Down the River: Michel Roux starts his journey at his family's riverside restaurant and Heston Blumenthal's pub **11.00** Guy's Grocery Games **1.00am** Diners, Drive-Ins and Dives **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1 F'sat 149 Sky 240 (241 Scot)**

Great TV 50

8.00am Highway to Heaven **11.00** Murder, She Wrote: seven episodes **6.00pm** Murder, She Wrote: three episodes. A cosmetics magnate's fiancée is killed **7.00** A tennis star's boyfriend is murdered **8.00** Jessica overhears a plot **9.00** An Aurora Teagarden Mystery: Reunited and It Feels So Deadly **10.50** A Teagarden Mystery: An Inheritance to Die For **12.40am** Castle: a city councillor running for re-election is found dead **1.40** Movie News **1.50** Castle **2.50** Movie News **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) **Freesat** 142 Sky 157 Virgin 170 +1 **Freesat** 143 Sky 257

True Crime Xtra 68

9.00am 48 Hours **10.00** Murder by the Sea **2.00pm** Medical Detectives: six editions. A woman goes missing **2.30** A teacher's aide is killed **3.00** A building manager finds the body of a woman **3.30** A mother vanishes **4.00** A navy lieutenant is murdered at sea **4.30** A fatally wounded woman calls 911 **5.00** Judge Judy **12.05am** World's Most Unexplained **1.00** The Day I Should Have Died **4.00** Something's Killing Me **4.45-6.00am** Medical Detectives

True Crime Xtra Freeview 68 **Freesat** 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **11.00** Lords **12.30pm** Scottish Parliament **1.30** Senedd Cymru **2.30** Commons **3.05** Lords **3.40** PMQs **4.15** Scottish FMQs **5.00** Welsh FMQs **6.00** Committees **12.10am** Environment, Food and Rural Affairs **12.50** Attorney General Questions **1.10** Wales Office **1.40** Foreign, Commonwealth and Development Office **2.40** Education **3.40** Welsh FMQs **4.40** Scottish FMQs **5.25-6.00am** PMQs

BBC Parliament Freeview 232 **Freesat** 201 Sky 140 Virgin 605



Picasso: the Legacy 6.55pm The artist's life and work

6.00am One PM Central Standard Time **7.30** Beautiful Serengeti **7.55** Buffalo Soldiers: Fighting on Two Fronts **9.05** Picasso: the Legacy **10.10** American Dynasties: the Kennedys **1.00pm** Beautiful Serengeti **1.30** Buffalo Soldiers: Fighting on Two Fronts **2.40** Picasso: the Legacy **3.50** Normandy '44: D-Day and the Battle for France

6.55pm Picasso: the Legacy An intimate portrait of the artist.

8.00 American Dynasties: the Kennedys 4/6. As scandals threaten his marriage, John F Kennedy fights to protect the presidency.

8.55 5/6. Numbed by grief after the assassination of her husband, Jackie Kennedy crafts JFK's legacy. **9.55** 6/6. Tragedy strikes when Bobby is assassinated. Now Ted aims to continue the family legacy.

10.50 Picasso: the Legacy As 6.55pm.

12 midnight One PM Central Standard Time **1.55am** Your Brain **3.50** One PM Central Standard Time **5.25-6.00am** Beautiful Serengeti

PBS America F'view 84 (1pm-12 midnight only) **Freesat** 155 Sky 174 Virgin 187

Blaze 64

6.00am Strange Evidence **8.00** Craig Charles: UFO Conspiracies

9.00 Alien Files: Unsealed **11.00** Alien Files Reopened **12 noon** Ancient Superstructures **2.00pm** Container Wars **6.00** Container Wars: four editions. Uzi and Schlomi take on allies **6.30** A container with a shady past **7.00** A container from south of the border arrives in Los Angeles **7.30** A mysterious container is dropped up from the sea **8.00** Deadman's Curse: the mystery of a lost gold mine **9.00** New series. Secret Restoration: a 1980s Honda minibike and a 1968 Schwinn Sting-Ray are restored

10.00 History's Greatest Mysteries **11.00** Secrets in the Jungle **12 midnight** Secrets in the Ice **1.00am** What on Earth? **2.00** Container Wars **5.00-6.00am** Hardcore Pawn

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am Scrapheap Challenge: three editions. Building human-powered trains **8.00** Teams battle to build snowmobiles **9.00** Constructing giant motorised skateboards **10.00** The Crystal Maze: game show hosted by Richard O'Brien **11.00** Play Your Cards Right (AD) **12 noon** Dickinson's Real Deal **1.00pm** Lily Savage's Blankety Blank **3.00** Cash Trapped (AD) **5.00** Tenable: double bill. A pub quiz team from Oxfordshire answer questions, then a team of family and friends from Middlesbrough plays the game **7.00** The Chase **9.00** The Chase Celebrity Special: Mikey North, Una Healy, Carl Froch and Alison Hammond pit their wits against ruthless quiz genius the Chaser **10.00** The Chase **4.00am** The Chase Celebrity Special **5.00-6.00am** The Chase

Challenge Freeview 48 **Freesat** 146 Sky 145 Virgin 139

CHILDREN'S Milkshake! on C5

5.40am Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Peppa Pig **6.05** Blue's Clues & You **6.25** Sesame Street Mecha Builders **6.40** Fireman Sam **6.50** Thomas & Friends **7.00** Chip and Potato **7.15** Peppa Pig **7.25** The Adventures of Paddington **7.35** Paw Patrol **7.55** Rubble & Crew **8.10** Mixmups **8.25** Ben and Holly's Little Kingdom **8.45** Pip and Posy **9.00** Meet the Experts **9.10** Mimi's World **9.20-9.45am** Dora the Explorer

Full listings for Channel 5 are on p54

CBeebies 202

6.00am Show Me Show Me **6.20** Bing **6.30** Supertato **6.35** Chuggington: Tales from the Rails **6.50** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts: Above & Beyond **8.25** Vida the Vet **8.35** Chuggington: Tales from the Rails **8.45** The Furchester Hotel **9.00** Something Special **9.20** Bluey **9.35** Hey Duggee **9.50** Supertato **10.00** Spidey and His Amazing Friends **10.25** Vida the Vet **10.35** Swashbuckle **11.00** The Game Catchers **11.05** My Petsaurus **11.10** Love Monster **11.15** Vegesaur **11.20** Kiri & Lou **11.25** Colourblocks **11.30** Ranger Hamza's Eco Quest **11.50** Dog Squad **12 noon** My World Kitchen **12.10pm** I Can Do It, You Can Too **12.25** Hey Duggee **12.40** Octonauts **1.00** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.40** Messy Goes to OKIDO **1.50** Dog Loves Books **1.55** Roots and Fruits **2.00** Something Special: We're All Friends **2.25** Ranger Hamza's Eco Quest **2.40** Biff and Chip **2.50** Alphablocks **2.55** The Game Catchers **3.00** Supertato **3.10** JoJo & Gran Gran **3.20** Dog Squad **3.30** Gigglebiz **3.45** Numberblocks **3.55** Magic Hands **4.10** Treasure Champs **4.25** Octonauts **4.35** Supertato **4.40** Bluey: Bingo is in a bad mood **4.50** Vida the Vet **5.05** Dog Squad **5.15** Ranger Hamza's Eco Quest **5.20** Biff and Chip **5.30** JoJo & Gran Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.30** Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.50** Ninja Express **8.00** Odd Squad **8.15** Oswald **8.25** Grizzly and the Lemmings **8.35** Transformers EarthSpark **9.00** Blue Peter **9.30** Style It Out **10.30** Blue Planet II **11.25** Danger Mouse **11.40** Dennis & Gnasher Unleashed! **11.50** Total Dramarama **12 noon** Sketchy Comedy **12.05pm** Andy's Prehistoric Adventures **12.20** The Football Academy **12.45** Deadly Mission Shark **1.15** Horrible Histories **1.45** Danger Mouse **2.20** Monster Loving Maniacs **2.55** OoGies Funszie **3.30** Shaun the Sheep **3.35** Grizzly and the Lemmings **3.40** Operation Ouch! **4.05** New. Theodosia **4.55** What's Cooking Omar? **5.00** Bro's in Control **5.30** Meet the McQueens **5.45** Malory Towers **6.10** The Next Step: Summer faces a difficult choice **6.35-7.00pm** Transformers EarthSpark

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.55** Dodo **7.20** Scooby-Do! Mystery Incorporated **7.45** Be Cool, Scooby-Do! **8.10** What's New Scooby-Do? **8.35-9.00am** Scooby-Doo and Guess Who?

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** New. Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athleticus

FILMS Film4 14

11.00am Madagascar 3: Europe's Most Wanted ★★ Third film in the animated comedy franchise. Ben Stiller, Chris Rock, David Schwimmer (2012, PG) (S) (AD)

12.50pm Wonder Park ★★ Over-thought animated fantasy. Brianna Denski, Jennifer Garner (2019, PG) (S) (AD)

2.30 Carry On Constable ★★ Sergeant Sid James oversees a bunch of bungling bobbies in this fourth outing for the comedy team. Kenneth Williams, Hattie Jacques (1960, U) (S) (AD)

4.15 Evolution ★★ Amiablely daft sci-fi action comedy that stars David Duchovny as a college professor who stumbles across an alien invasion. Orlando Jones (2001, PG) (S)

6.15pm Star Trek into Darkness ★★ Rogue Starfleet officer Benedict Cumberbatch is pursued by the *Enterprise* crew in this sci-fi sequel. (2013, 12) (S) (AD)

9.00 Die Hard ★★★★★ Gripping, no-holds-barred action thriller in which a jetlagged lone cop takes on a band of ruthless terrorists inside a brand-new skyscraper. Bruce Willis, Alan Rickman (1988, 15) (S) (AD)

11.40 Primal ★★ Chaotic action thriller with Nicolas Cage trying to transport both a rare jaguar and a dangerous criminal on the same ship. (2019, 15) (S)

1.35-3.50am The Girl on the Train ★★ Neat mystery thriller starring Emily Blunt as an alcoholic commuter who may have witnessed a murder. (2016, 15) (S) (AD)

Film4 Freeview 14 **Freesat** 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Gert and Daisy's Weekend ★★ Droll wartime outing for the popular music-hall characters. Elsie Waters, Doris Waters (1941, U) (S) **7.35 Scott of the Antarctic** ★★★★★ John Mills is splendid in this documentary-like account of the ill-fated 1912 South Pole expedition. Derek Bond (1948, U) (S)

10.00 One Step Beyond TV drama. (S) **10.35 The Boy Who Caught a Crook** ★★ Watchable adventure in which a newsboy encounters a thief. Roger Mobley (1961, U) (S) **12.05pm The Outcasts of Poker Flats** ★★ Tense western in which travellers are menaced by an outlaw while holed up in a cabin. Anne Baxter, Dale Robertson (1952) (S) **2.00 The Adventures of Robin Hood** TV adventure. (S) **2.30 Swinging UK** Performances from 1964. **3.05 The Ghost Train** ★★ Arthur Askey and Richard Murdoch star in this comedy mystery. **Review** p97. (1941, U) (S) **5.00 The Footage** Detectives TV clips and reels. (S)

6.00pm Tell Me Another Showbiz anecdotes about ambition. (S) **6.30 Waterloo Road** ★★ Stodgy wartime drama that boasts a terrific fist-fight scene. John Mills, Stewart Granger, Alastair Sim (1944, PG) (S)

8.25 A Lifetime Ago with the Baim Collection TV documentary. **9.00 Manhunt** TV drama. (S) **10.05 Ruth Ellis and the Mystery Lover** TV documentary. **11.40 Portrait of Alison** ★★ Robert Beatty investigates a disappearance. Terry Moore (1955, PG) (S)

1.20am Growth of London TV documentary. **2.00 The Main Chance** TV drama. **3.00 The Heritage Chart Show with Mike Read** Music show. **4.05-6.00am The Velvet Touch** ★★ Well-cast crime drama. Rosalind Russell (1948, PG)

Talking Pictures TV Freeview 82 **Freesat** 306 Sky 328 Virgin 445

FILM REVIEWS



FILM
OF THE
DAY

Sister Act ★★★★★ 4.20-6.15pm C4 PG

COMEDY *Ghost* won Whoopi Goldberg an Oscar, but it was this comedy directed by Emile Ardolino (of *Dirty Dancing* fame) that made her a star. Goldberg plays the lounge singer who goes into hiding at a convent after witnessing her lover Harvey Keitel killing a man. The rest of the movie follows our hero as she tries to bring the nuns and Maggie Smith's Mother Superior into the modern world. Relying on some great songs and a superb cast to overcome the slight story, this emerges as a hugely enjoyable movie. The hit musical based on the film returns to London's West End next month. **JOANNA BERRY** (US 1992, edited for language, HD)

Babe: Pig in the City ★★★★★ 2.30-4.20pm C4 U

ADVENTURE Danger awaits the delightful talking-pig hero Babe when he travels to the city to earn some money after Farmer Hoggett (James Cromwell) is injured. *Mad Max* maestro George Miller, who co-wrote the first *Babe*, directs this sequel with a quirky touch. The action is a little frantic, but the animal special effects are wonderful. **TOM HUTCHINSON** (US/Aus 1998, HD)

The Hundred-Foot Journey ★★★ 2.45-4.40pm BBC2 PG

COMEDY DRAMA Racial divisions are rendered in soft focus by director Lasse Hallström (*Chocolat*) in this adaptation of the novel by Richard C Morais. Helen Mirren plays the owner of a restaurant in rural France who scents a rival when Om Puri opens a curry house across the road. The ensuing game of one-upmanship delivers some wry laughs. **STELLA PAPANICHAEL** (US 2014, HD)

Ant-Man ★★★★★ 3.45-5.35pm BBC1 12

ACTION In this breezy Marvel caper, scientist Michael Douglas recruits cat burglar Paul Rudd to don the Ant-Man suit, which can shrink him to

the size of a bug, only with super-strength. It's the jokes, rather than the superheroic action, that really count here, with Rudd's quickfire quips rustling up plenty of laughs. **JEREMY ASPINALL** (US 2015, edited for language, HD)

Scoob! ★★★★★ 5.00-7.00pm ITV2 PG

ADVENTURE This animated feature reboot for the Great Dane sees Scooby, best pal Shaggy and the rest of the Mystery Inc team plonked into a tiresome "evil genius seeks world domination" story. There are some amusing voice performances (including Zac Efron as Fred and Jason Isaacs as a guesting Dick Dastardly), but this lacks the original show's goofy appeal. **TREVOR JOHNSTON** (US 2020, HD)

Mermaids ★★★★★ 9.00-11.15pm ITVBe 15

ROMCOM Winona Ryder puts in a deft performance here as a teenager caught between her lust for a local handyman and her desire to be a nun. Her mother (Cher) embarks on a romance with a shop owner (Bob Hoskins), while her sister (Christina Ricci) practises being a swimmer by holding her breath in the bath. This light-hearted 1960s-set tale is guaranteed to raise a smile. **DAVID PARKINSON** (US 1990, swearing, a sex scene, HD)

16 Blocks ★★★★★ 9.00-11.10pm Great Movies 12

CRIME A burnt-out NYPD detective finds his moral courage in this sharp thriller. It centres on the mismatched relationship between Bruce Willis's laconic, alcoholic cop and the motormouth criminal (Mos Def) he's assigned to transport to the courthouse. But a routine 16-block ride turns into a fight for survival, as corrupt police officers try to prevent Def from testifying against them. **SLOAN FREER** (US 2006, violence, swearing)

The Monuments Men ★★★★★ 10.00-11.50pm BBC2 (starts 11.30pm in N Ireland) 12

WAR This wartime adventure has a remarkable fact-based premise: a 1945 Allied "treasure hunt" for artworks stolen by the Nazis. George Clooney directs himself alongside a terrific cast (Matt Damon, Cate Blanchett, Bill Murray), but his dry fidelity to the story and its episodic structure means the movie never coheres into a satisfying whole. **ANDREW COLLINS** (US 2013, violence, swearing, HD)

When Eight Bells Toll ★★★★★ 11.50pm-1.20am BBC2 (showing 11.45pm Monday in N Ireland) 15

ADVENTURE Based on an Alistair MacLean novel, this tale of modern-day piracy gave Anthony Hopkins top billing for the first time. He also gets to indulge in some rare action-man heroics as a naval agent intent on doing the job without distraction. Sadly, he comes across as a rather charmless figure, but there's fun to be had from Robert Morley as a blustering spymaster. **DP** (UK 1971, violence, HD)

Sky Cinema picks

My Fair Lady ★★★★★
2.35-5.30pm
Sky British Icons
Audrey Hepburn stars. (1964, U)
Sky 304; Virgin 404; BT 504/518

The Da Vinci Code ★★★★★
8.00-10.35pm **Sky Thriller**
Hunt for the Holy Grail. (2006, 12)
Sky 309; Virgin 409; BT 509/523

54 ★★★★★
9.55-11.35pm **Sky Drama**
Disco-dancing days. (1998, 15)
Sky 310; Virgin 410; BT 510/524

Films to stream from p32
Netflix, Amazon, Disney+ and more

Great Movies 34

9.00am Sun, Sea and Murder ★★ Passable thriller. Christie Burson (2019). **10.40** An Aurora Teagarden Mystery: The Disappearing Game **12.25pm** **A Deadly Obsession ★★** A former student turns dangerous. Katee Sackhoff (2011). **2.15** **Running Away ★★** Don't trust the stepfather. Holly Deveaux (2017). **4.10** **Father of the Bride ★★★★★** Sparkling comedy about a parent who is driven crazy as his daughter's wedding approaches. Steve Martin (1991, PG). **6.25pm** **Phenomenon ★★★★★** Sci-fi fable that sees John Travolta's small-town mechanic granted strange powers. **Review p107.** (1996, PG). **9.00** **16 Blocks ★★★★★** Cop Bruce Willis transports a criminal to the courthouse in this urban thriller. **Review, right.** Mos Def, David Morse (2006, 12). **11.10** **10 Minutes Gone ★★** Bruce Willis crime thriller. (2019, 15). **1.05am** **Ain't Them Bodies Saints ★★★★★** Casey Affleck and Rooney Mara star in this atmospheric drama. (2013, 15). **3.00** **Wild West Chronicles 4.00-5.40am** **Ex-Wife Killer ★★** Convoluted thriller. Marguerite Moreau (2017). **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1** Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.00am **The War in the Air 9.10** War in the Atlantic **10.20** **The Concorde Story 11.50** **Bomb at 10:10 ★★** PoW adventure. George Montgomery (1967). **1.40pm** **Hell in Normandy ★★** Engaging war drama. Guy Madison (1968). **3.45** **Christmas Truce ★★** Lovers pledge to reunite once war is over. Craig Anthony Olejnik, Ali Liebert (2015). **5.35** **Field Punishment No 1 ★★** Solid drama about real-life First World War conscientious objectors. Fraser Brown (2014). **7.20pm** **The Bamboo Prison ★★★★★** Robert Francis faces brutal treatment in a North Korean camp, in this watchable PoW drama. (1954). **9.00** **Extraction ★★** Kellan Lutz bails out a fellow secret agent in this hastily assembled action yarn. (2015, 15). **10.50** **Unstoppable ★★** Lacklustre action thriller in which an ex-soldier is injected with a mind-controlling drug. Wesley Snipes (2004, 15). **12.45am** **The Exception ★★** Tepid hybrid of romance, wartime spy drama and fanciful political fable. Lily James (2016, 15). **2.45** **The Blitz on London 4.00-5.00am** **Battle Honours** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1** Sky 324

Great Romance 52

8.00am **Pumpkin Pie Wars ★★** Bakers' kids go head-to-head. (2016). **10.00** **Hint of Love ★★** Two chefs clash. (2020). **12 noon** **A Love to Remember ★★** Two pals pretend to be a couple. Rhiannon Fish (2021). **2.00pm** **Seasoned with Love ★★** Romantic comedy. Julia Benson (2021). **4.00** **Farmer Seeking Love ★★** A dating-show producer bonds with her show's reluctant new star. Donna Benedicto (2022). **6.00pm** **Sailing into Love ★★** A teacher tries to stop a land development. Leah Renee, Chris McNally (2019). **8.00** **Destination Wedding ★★** Squabbling exes must work together to save their friends' nuptials. Alexa PenaVega, Jeremy Guilbaut, Rafael Simón (2017). **10.00** **Love is a Piece of Cake ★★** Sugary romance about a struggling baker who falls for a widower. Lindsey Gort, Greyson Holt (2020). **12.05am** **The Song to My Heart ★★** A singer seeks help from his idol. Lanie McAlley (2022). **2.00** **Highway to Heaven 3.10-5.00am** **I Me Wed ★★** Can she marry herself? (2007). **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1** F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.30am **The Secret Kingdom ★★** Underpowered children's fantasy. Sam Everingham (2023, PG). **8.20** **One More Shot ★★** Lively action sequel to *One Shot*. Scott Adkins (2024). **10.10** **Hypnotic ★★★★★** Mind-bending pulp sci-fi with Ben Affleck as a cop whose grasp on reality starts to slip. **Review p38.** (2023, 15). **12 noon** **As 6.10pm** **1.50pm** **As 8pm** **4.10** **As 10.10pm** **6.10pm** **57 Seconds ★★** Nicely twisty but often outlandish sci-fi thriller. Josh Hutcherson, Morgan Freeman (2023). **8.00** **Transformers: Rise of the Beasts ★★** Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos, Dominique Fishback (2023, 12). **10.10** **Insidious: the Red Door ★★** Scare-free fifth film in the horror franchise. **Review p38.** Patrick Wilson, Rose Byrne (2023, 15). **12.05am** **As 10.10am** **1.55** **Soft & Quiet ★★★★★** A meeting of white supremacist women goes off the rails in this taut, discomforting horror thriller. Stefanie Estes (2022, 18). **3.35** **Jesus Revolution ★★** Polished but bland drama. Joel Courtney (2023, 12). **5.40** **The Cinema List: Jackie Chan** **Sky Premiere** Sky 301 Virgin 401 EE 501/HD 515 **+1** Sky 312

Legend 41

7.00am **World's Most Unexplained 8.00** **Solar Attack ★★** Routine adventure. Mark Dacascos, Louis Gossett Jr (2005). **10.00** **Star Trek: Deep Space Nine: five episodes of the sci-fi adventure 3.00pm** **Code Red: the Rubicon Conspiracy ★★** Forgettable sci-fi thriller. Brian McNamara, Marjean Holden, Steven Grives (2001, 15). **4.50** **The Lost Future ★★** Doomsday survivor Sean Bean fights off some nasty mutants. (2010, 15). **6.35pm** **The Thirty-Nine Steps ★★** Underwhelming remake of Alfred Hitchcock's thriller. (1959, U). **8.30** **The Twilight Zone** TV sci-fi. **9.00** **The Curse of the Werewolf ★★** Rather tame Hammer horror with a great turn from Oliver Reed as the lycanthrope. Clifford Evans (1961, 12). **10.50** **The Day of the Triffids ★★** Uneven adaptation of the classic sci-fi novel. Howard Keel (1962, 15). **12.45am** **SEAL Team VI: Journey into Darkness ★★** Earnest low-budget action flick. Jeremy Davis (2008, 15). **2.40-4.30am** **The Final Wish ★★** Solid psychological horror about an urn that grants wishes – then turns malevolent. Lin Shaye (2018, 15). **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am **Hydra ★★** Four criminals are chased by wealthy hunters and a mythical, multi-headed monster in this bizarre horror. (2009). **8.00** **Wyvern ★★** Watchable TV-movie monster mayhem about a small Alaskan town that's terrorised by a winged beast. Nick Chinlund (2009, 15). **10.00** **Meteor Moon ★★** Plodding sci-fi mockbuster in which a chunk of the Moon hurtles towards Earth. Dominique Swain (2020). **12 noon** **The Gambler: the Legend Continues: Two-part TV western** miniseries starring Kenny Rogers **4.00pm** **Star Trek** Triple bill of the TV sci-fi adventure series. **7.00** **The Six Million Dollar Man** Double bill of the TV sci-fi. **9.00** **Mercenaries ★★** Under-plotted action flick with Robert Fucilla as an ex-SAS man sent on a rescue mission following a military coup. (2011, 15). **11.00** **Await Further Instructions ★★** Smartly satirical and violent horror about a bickering family who find themselves unable to escape from their house. Sam Gittins (2018, 15). **1.00-3.00am** **Mercenaries** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1** F'sat 139 Sky 318 Virgin 371

Sky Showcase



Live WSL 6.30pm Lauren James's Chelsea host Everton

6.00am Trolls: Trollstopia (AD) **6.25** Abominable and the Invisible City (AD) **7.15** The Brilliant World of Tom Gates (AD) **7.45** Let's Game: World Builders **8.00** Monkey Life (AD) **8.30** Sunday Morning with Trevor Phillips **10.00** The Office US **12 noon** Amazing Animal Friends **2.00pm** The Simpsons **5.00 New.** The Simpsons: a dropout persuades Mr Burns to fund her project **5.30** Luke vs Luke: a Date with Destiny

6.30pm LIVE Women's Super League Football Chelsea v Everton at Kingsmeadow (kick-off **6.45**)

9.00 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a missing gamer after his online friends fear he might be in trouble.

10.00 An Idiot Abroad 6/8 Series 1. Karl heads for Rio de Janeiro, taking in the culture of Brazil along the way. (AD)

10.55 Fantasy Football League 1/8 Series 3. Michael Sheen and Mo Gilligan join Matt Lucas and Elis James for the comedy chat show.

11.30 Saturday Night Live Sketch show, taking a satirical sideswipe at cultural and political issues.

1.00am Brassic (AD) **2.00 New.** True Detective: Night Country **4/6 Series 4.** Repeated tomorrow **9pm** **3.20** Road Wars **4.20-6.00am** Nothing to Declare: four editions

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 **+1 Sky 206**

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **4.00pm** Star Trek: Enterprise

6.00pm Star Trek: Enterprise 10/24 Series 3. Trip suffers a life-threatening injury, and his only hope of survival is a transplant of clone tissue that Phlox grows from one of his exotic creatures.

7.00 11/24. Archer hears of a Xindi plot to send three reptilians back in time to 21st-century Detroit, and someone must stop them. **8.00 12/24.** On a mercy mission, the crew rescues religious fanatics, but it turns out they intend to take over the ship and use it to destroy those opposed to their beliefs.

9.00 Cyborg ★★

Sci-fi adventure starring Jean-Claude Van Damme. In a post-apocalypse America beset by plague, a mercenary and a female cyborg who knows of a cure head towards Atlanta to pass the information on to scientists. But the leader of a band of savage pirates is determined to have the cure for himself.

11.00 SurrealEstate 7/10 Series 2 As a new agent joins the Agency, Luke helps a client confront the monster under his childhood bed. **12 midnight 8/10.** Luke reconnects with his estranged mother as Zoey investigates Susan's disappearance.

1.00am Stargate SG-1 **4.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 **+1 Virgin 229**

Sky Atlantic



Band of Brothers 10.15pm Foley and Perconte under fire

6.00am Urban Secrets **7.00** Fish Town **10.00** The Sopranos **3.30pm** The Wire: two episodes

5.45pm The Wire 9/13 Series 1 Barksdale engages in an expensive game of one-upmanship with a rival drug trafficker.

6.50 10/13. McNulty and Daniels discuss how they are going to protect a key witness in the months before he testifies.

7.55 11/13. The pursuit of Savino, Wee-Bey and Little Man intensifies when a bust goes wrong.

9.00 True Detective: Night Country 3/6 Series 4. Hank leads the search for Clark. Navarro and Danvers get a tip-off about another former Tsalal worker.

10.15 Band of Brothers 7/10 Having beaten the Germans at Bastogne, an exhausted Easy Company is ordered to go on and take the nearby town of Foy.

11.35 Watchmen 8/9. Angela's mysterious past is revealed, while back in the present, Dr Manhattan offers his help to her as the Kavalry prepares to attack. (AD)

12.55am Penny Dreadful: City of Angels (AD) **2.05 New.** True Detective: Night Country **4/6 Series 4.** Repeated tomorrow **9pm** **3.25** Fish Town **4.15-6.00am** Urban Secrets: double bill

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 **+1 Sky 208** (209 Wales)

Sky Witness

6.00am Bondi Rescue **8.30** Border Patrol **11.00** The Real A&E **12 noon** Sun, Sea and A&E: a DJ fights for his life after putting his arm through a plate-glass window **1.00pm** Stop, Search, Seize (AD)

2.00pm Nothing to Declare Twelve editions following the lives of customs and immigration officers at Australia's biggest airports.

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 Fire Country 2/22 Bode's request to transfer leaves his future in Edgewater in the balance. Meanwhile the crew protect the town from a storm.

10.00 Blue Bloods 3/20 Series 12 Frank must decide between remaining police commissioner and pursuing a new professional chapter when an old friend presents him with an exciting job offer. (AD)

11.00 Law & Order: Special Victims Unit 3/22 Series 24 Benson tries to help a pop star who's in a volatile relationship. Rollins struggles as she takes her stress from work back home.

12 midnight The Equalizer: a widow believes her dead husband is trying to kill her (AD) **1.00am** Law & Order: Organized Crime: Stabler crosses a dangerous line with Kostia (AD) **2.00** New Amsterdam (AD)

3.00 The Force: North East **4.00-6.00am** Nothing to Declare

Sky Witness Sky 107 Virgin 110
EE 341/HD 356 **+1 Sky 207** Virgin 310

Sky Max



Magnum P.I. 9.00pm Higgins and Thomas track a gamer

6.00am MacGyver **11.00** NCIS: Los Angeles **3.00pm** Grimm

6.00pm Grimm 12/22 Series 1 Nick and Hank investigate the murder of an elderly couple – an inquiry that leads them to an underground fighting circuit.

7.00 Agatha Raisin 2/4 Series 4 The sleuth is whisked away on holiday, but she soon finds herself the prime suspect when a hotel guest is found murdered. (AD)

9.00 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a missing gamer after his online friends fear he might be in trouble.

10.00 An Idiot Abroad 6/8 Series 1. Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, taking in the culture of Brazil along the way. (AD)

11.00 Fantasy Football League 1/8 Series 3. Michael Sheen and Mo Gilligan join Matt Lucas and Elis James for the comedy chat show.

11.35 Poker Face 3/10. Charlie takes a job at a family-run Texas barbecue joint and must use her skills of perception to uncover the truth behind a shocking death. (AD)

12.40am Brassic: Erin's brother turns up (AD) **1.40** Never Mind the Buzzcocks (AD) **3.10** Road Wars **4.00-6.00am** Sun, Sea and A&E

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sun, Sea and A&E: double bill. A Dubliner suffers three heart attacks on the first day of his holiday, then a partygoer runs away from hospital (AD) **9.00** Four Weddings (AD) **12 noon** Stargate Atlantis **5.00pm** MacGyver: four episodes. Angus and the team head into the Bermuda Triangle **6.00** The team attempts to extinguish a huge oil well fire in a Nigerian village **7.00** Angus helps a presidential candidate in Ecuador who needs a heart transplant

8.00 Angus and Jack steal a priceless painting to draw a criminal out of hiding **9.00** Road Wars: double bill. A pursuit through residential gardens, then rowdy tourists cause problems in Reading

11.00 Magnum P.I.: Thomas and Higgins are hired to find a missing gamer after his online friends fear he might be in trouble

12 midnight Stop, Search, Seize (AD) **3.00-6.00am** Four Weddings (AD)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Motorway Patrol **9.00** Caught Red Handed **11.00** Britain's Most Evil Killers **1.00pm** Murdered at First Sight (AD) **2.00** World's Most Evil Killers (AD) **3.00** Killer in My Village **4.00** Murders That Shocked the Nation **5.00** World's Most Evil Killers **7.00** Killer in My Village: a violent husband from Middlesbrough **8.00** Britain's Most Evil Killers: the story of serial killer Mark Hobson **9.00** Murder Next Door (AD) **10.00** Killing Mum and Dad (AD) **11.00** How I Caught the Killer (AD) **12 midnight** Forensics: Catching the Killer (AD) **1.00am** Mark of a Serial Killer **2.00** Twisted Killers **3.00** Forensics: Catching the Killer (AD) **4.00** Brit Cops: Rapid Response (AD) **5.00-6.00am** Motorway Patrol (AD)

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 **+1 Sky 222** (223 Scot) Virgin 321

Gold



Dad's Army 7.40pm Captain Mainwaring's wake-up call

7.05am Citizen Khan (AD) **8.20** Hi-de-Hi! **9.40** Only Fools and Horses: thirteen episodes (AD)

6.20pm Only Fools and Horses Del jumps at the opportunity to decorate the Chinese restaurant. (AD) **7.00** Del and Rodney reluctantly agree to let Grandad accompany them on their holiday abroad. (AD)

7.40 Dad's Army The people of Walmington are no longer taking the threat of invasion seriously, so the platoon masquerade as fifth columnists to test their reaction.

8.20 Only Fools and Horses Rodney starts going out with a policewoman, much to the consternation of Del. (AD)

9.00 The Cleaner Wicky attends a stately home to clean up the aftermath of a burglary gone wrong.

9.40 Wicky meets a 23-year-old social media influencer with millions of followers, whose home is the scene of a fatal electrocution.

10.20 Wicky heads to the country to clean up a mess in a holiday home, where he unexpectedly bumps into his first "proper" girlfriend.

11.00 Billy Connolly Does... Billy ponders growing old, and discusses his health scares. (AD)

12 midnight The Cleaner **2.00am** Billy Connolly Does (AD) **2.45-4.00am** Hi-de-Hi!

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 **+1 Sky 210** (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **10.30** Entourage (AD) **1.30pm** Curb Your Enthusiasm **4.00** Will & Grace (AD) **6.30** The Office US: five episodes. Michael causes problems at Phyllis's wedding

7.00 Michael is asked to speak at a business school **7.30** Michael and Jan reveal their romance **8.00** Michael and Darryl demand a pay rise **8.30** The staff take part in a safety training day

9.00 New. Saturday Night Live: American sketch show, taking a satirical sideswipe at cultural and political issues **10.20** Curb Your Enthusiasm: Larry's lawyer tries to resolve the situation with his assistant Alice **11.00** Saturday Night Live **12.30am** Jerrod Carmichael: Rothaniel

1.40 Veep (AD) **3.00** **THE CHOICE** **New series.** Curb Your Enthusiasm: Larry heads to Georgia. See page 61. (AD) **3.45-5.00am** The Comeback (AD)

Sky Comedy Sky 114 (115 Wales)

Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: US of A **8.35** Most Ridiculous: Troublemakers **9.00** Friends (AD) **5.00pm** FILM Big Daddy

★★★★ Comedy starring Adam Sandler. When his latest girlfriend dumps him because she says he is not a responsible adult, 32-year-old Sonny adopts the illegitimate son of his friend Kevin

6.50 Friends (AD) **9.00** FILM Tin Cup ★★★★★ Romantic sports comedy starring Kevin Costner and Rene Russo **11.40** Kevin Bridges – a Whole Different Story: the comic mixes art history and diet tips with the rigours of growing up

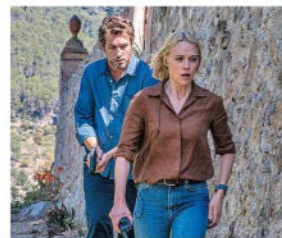
12.40am Nigel Ng: the Haiyaa Special **2.10** The Ricky Gervais Show **3.10** South Park **4.00** Beavis and Butt-Head

4.15-5.00am Your Face or Mine

Comedy Central Sky 112 (113 Wales)

Virgin 132 EE 345/HD 360
+1 Sky 212 (213 Wales) Virgin 332

Alibi



The Mallorca Files 11.00pm In a spin: Max and Miranda

7.15am Murdoch Mysteries **10.00** Father Brown (AD) **2.00pm** Maisie Raine: double bill (AD) **4.00** The Mallorca Files: two episodes (AD)

6.00pm Shakespeare and Hathaway: Private Investigators 4/10 Series 1. Frank and Lu investigate when a woman dies in a magic trick gone wrong. (AD)

7.00 Murdoch Mysteries 3/24 Series 17. When Murdoch examines a victim found bludgeoned on a ship, he learns the man was the prime suspect in the recent theft of the Mona Lisa from the Louvre in Paris.

8.00 Father Brown 10/10 Series 9. Lady Felicia's lavish New Year ball is ruined when a VIP guest is murdered. (AD)

9.00 15/15. Series 5. Flambeau is incarcerated under suspicion of committing murder, but he denies killing his cohort Flynn. (AD)

10.00 Death in Paradise 8/8 Series 5. A student backpacker is found dead with a gun in her hand, pointing toward suicide. (AD)

11.00 The Mallorca Files 7/10 Series 1. Miranda and Max investigate the death of a DJ. (AD)

12 midnight 8/10. Max and Miranda investigate the murder of a famous British author. (AD)

1.00-4.00am Murdoch Mysteries: three episodes of the drama

Alibi Sky 109 (110 Wales) Virgin 114
EE 343/HD 358 **+1 Sky 209** (210 Wales) Virgin 191

Discovery

6.00am Wheeler Dealers **12 noon** Building off the Grid **6.00pm** Mystery at Blind Frog Ranch: searching for the hidden entrance to the cave system, the team find an ancient vent shaft above the Energy Zone **7.00 New.** Alaska: Homestead Rescue: Oregon homesteaders find their dream in jeopardy following an accident **9.00** Peter Crouch – Save Our Beautiful Game: Peter Crouch looks to help non-league club Dulwich Hamlet

10.00 Custom Carolina: car customiser Tommy Pike modernises a 1955 Chevy pickup truck **11.00** Street Outlaws: Locals Only: eight local racers compete for a chance to take on No Prep Queen Lizzy Musi **12 midnight** Alaska: the Last Frontier: August knows exactly what he wants to do with his future

1.00am Alaskan Bush People (AD) **4.00-5.00am** How It's Made

Discovery Sky 125 (126 Scotland) Virgin 177
EE 320/HD 325 **+1 Sky 225** (226 Scot) Virgin 377

Discovery History

6.00am Shed and Buried **9.00** Combat Dealers **12 noon** Salvage Hunters: the Restorers (AD) **3.00pm** Combat Dealers (AD) **6.00** Devonport: inside the Royal Navy **8.00** Salvage Hunters: double bill

Drew browses classic car parts in Norway, then the boys realise they have to fill up the van or the trip will make a loss (AD)

10.00 Shed and Buried: four editions. Henry and Sam head down to a large house in the Devon countryside **10.30** Henry and Sam are in East Anglia with Nick, who's mad about Morris Minors

11.00 In Oxfordshire, Henry and Sam meet three brothers with containers full of bikes, tractors and trinkets **11.30** A workshop full of signs in Devon

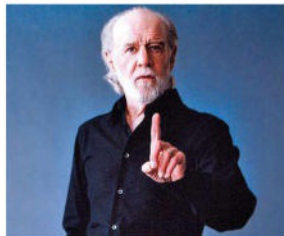
12 midnight Combat Dealers **4.00-5.00am** Combat Dealers: Reloaded

Discovery History Sky 177 Virgin 181
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



Sky Documentaries



George Carlin's American Dream 9.00pm

6.00am Discovering: Elizabeth Taylor (AD) **7.00** Discovering: Marlon Brando (AD) **8.00** The Directors (AD) **9.00** I Am Alfred Hitchcock (AD) **10.50** My Icon: Leon Pryce (AD) **11.00** **FILM** Sergio Leone: the Italian Who Invented America ★★★★★ Documentary about the legendary director of the Dollars spaghetti western trilogy and *Once upon a Time in the West* (w) **1.10pm** Albert Brooks: Defending My Life: a profile of the actor and comedian (AD) **3.00** I Am Jackie O: profile of Jackie Kennedy Onassis (AD) **4.45** My Icon: Kadeen Corbin (AD) **5.00** The Unbreakable Tatiana Suarez: a profile of the mixed martial artist

6.40pm **Robin Williams: Come Inside My Mind** A portrait of the life and work of the comedian and actor Robin Williams, featuring unseen footage and interviews with those closest to him. (AD)

9.00 **George Carlin's American Dream** The life and work of the legendary stand-up comic whose career spanned five decades.

11.10 With insight from Chris Rock, Jerry Seinfeld and more.

1.10am Stasi FC **3.00** Lennox: the Untold Story: the life story of former heavyweight boxer Lennox Lewis (AD) **5.00–6.00am** The Directors: Barry Levinson (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory USA **9.00** Europe from Above (AD) **11.00** Drain the Oceans (AD) **1.00pm** Vikings: The Rise and Fall (AD) **3.00** Gallipoli's Deep Secrets **4.00** Nazi Sunken Sub **5.00** WW2: Hell under the Sea **6.00** **New**. Lost Cities Revealed with Albert Lin **7.00** Car SOS **8.00** **New**. Rewind the 90s **9.00** **CHOICE** **New series**. Arctic Ascent with Alex Honnold: double bill. The rock climber scales the remotest and toughest walls and peaks of Greenland. The first stage of Alex's epic expedition gets underway, then the team is hit by deadly ice falls. **See p51** (AD) **10.40** Air Crash Investigation **11.40** Banged Up Abroad **12.40am** Drug Lords: the Takedown (AD) **1.35** Money Meltdown **2.30** Food Factory **3.20** Food Factory USA **3.45** Trials of the Wild **4.35–5.00am** Prairie Dog Dynasty

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am Air Crash: Disasters Uncovered **8.00** Auction Kings **10.00** Pawn Stars **3.00pm** Clash of Ancient Warriors **7.00** Clash of the Gods: double bill. The story of Zeus, the King of the Greek gods, then the legend of Thor **9.00** The Plague: investigating the likelihood that 1347's plague – the worst pandemic in European history, and which killed almost one third of the continent's population – could one day be repeated **11.00** Pawn Stars: double bill. Rick is intrigued by a pair of 19th-century European swords, then a signed first edition of *The Wonderful Wizard of Oz* is brought into the shop **12 midnight** Pawn Stars: seven back-to-back episodes **4.00am** Clash of the Gods **5.00–6.00am** Clash of Ancient Warriors **Sky History** Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Woodpeckers: the Hole Story 7.00pm

6.00am Arctic Secrets **9.00** Animals Decoded (AD) **12 noon** Wild Dogs: Pack vs Pride (AD) **2.00pm** David Attenborough's Conquest of the Skies (AD) **5.00** My Best Friend's an Animal **6.00pm** **New**. **Secrets of the Enchanted Forests** Exploring some of the planet's most diverse woodlands and learning how the forests connect and nurture the lives of countless species.

7.00 **Woodpeckers: the Hole Story** Exploring the unique abilities of the woodpecker to reveal what makes this bird so special.

8.00 **David Attenborough's Conquest of the Skies**

Examining creatures capable of flight, initially with a look at a descendant of the dragonfly, the Atlas beetle and the blow fly. **9.00** The naturalist meets creatures that glide, including the harlequin tree frog, and encounters the planet's largest species of bat. **10.00** The broadcaster turns his attention to creatures that dominate today's skies, from scavenging vultures to hummingbirds. (AD)

11.00 **Secrets of the Enchanted Forests** As 6pm.

12 midnight Wild Castles: five editions **5.00–6.00am** Woodpeckers: the Hole Story

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Chris Tarrant: Extreme Railways (AD) **11.00** Abandoned Engineering (AD) **3.00pm** Chris Tarrant: Extreme Railways (AD) **5.00** Abandoned Engineering: four editions. Exploring a luxury resort that conceals a top-secret facility **6.00** A dystopian powerhouse in Pennsylvania, USA **7.00** Exploring a bloody battleground on the Pacific Island of Peleliu **8.00** Exploring the honeymoon home of a princess (AD) **9.00** Chris Tarrant: Extreme Railways (AD) **11.00** Abandoned Engineering: exploring a luxury resort that conceals a top-secret facility (AD) **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Abandoned Engineering (AD) **3.00** Chris Tarrant: Extreme Railways: double bill (AD) **4.35** Abandoned Engineering (AD) **5.25–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes (AD) **2.00** Project Grizzly **4.00** Bad Dog! **5.00** Alaska: Homestead Rescue **6.00** Animal Cribbs **7.00** Dodo Heroes **8.00** Coyote Peterson – Brave the Wild: the elusive wobbegong shark **9.00** Tanked: baseball star Pete Rose wants Riverfront Stadium transformed into an aquarium **10.00** Alaskan Bush People: a storm hits the island, threatening the Browns' safety **11.00** Guardians of Rescue: the team tries to unmask a puppy flipper **12 midnight** Growing Up **1.00am** Alaskan Bush People **2.00** Bad Dog! **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440
6.00am Sky Sports News
8.30 **LIVE** **European Tour Golf** Bahrain Championship, day four.
11.30 **LIVE** **Championship Football** Middlesbrough v Sunderland (kick-off **12.00**).
2.00pm **LIVE** **Premier League Football** Manchester United v West Ham United (kick-off **2.00**); **4.00** Arsenal v Liverpool from Emirates Stadium (kick-off **4.30**).
7.30 **LIVE** **PGA Tour Golf** The Pebble Beach Pro-Am, day four.
11.30–6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442
6.00am League One and Two Goals **6.30** Championship Highlights **7.30** Africa Cup of Nations Football **11.30** **LIVE** **Championship Football** Middlesbrough v Sunderland (kick-off **12.00**).
2.30pm League One and Two Goals **3.00** Football's Toughest Opponent **4.00** **LIVE** **Premier League Football** Arsenal v Liverpool, with alternative camera angles.
6.30 **LIVE** **Women's Super League Football** Chelsea v Everton (kick-off **6.45**).
9.30 Championship Football **11.30** Championship Highlights **11.45** Scottish Premiership Highlights **12 midnight** Women's Super League Football **12.30am** Championship Highlights **12.45** Greatest Games (AD) **1.00** League Cup Retro **2.00** Classic Play-Off Finals **5.30–6.00am** Jimmy Glass: the Great Escape (AD)

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444
7.00am European Tour Golf **7.30** Roots (AD) **8.00** European Tour Golf **8.30** **LIVE** **European Tour Golf** Bahrain Championship, day four.
1.30pm Amateur Golf **2.00** Golf Academy: double bill **3.00** Amateur Golf **3.30** European Tour Golf **4.00** **LIVE** **PGA Tour Golf** The Pebble Beach Pro-Am, day four.
11.30 European Tour Golf **12 midnight** Amateur Golf **12.30am** Golf Academy **1.00** US Open Official Films (AD) **2.00** European Tour Golf **2.30** Amateur Golf **3.00** PGA Tour **4.00** European Tour **4.30** Amateur Golf **5.00–6.00am** Golf Academy

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449
2.20–6.30pm **LIVE** **German Football** VfL Wolfsburg v TSG 1899 Hoffenheim (kick-off **2.30**); **4.30** RB Leipzig v FC Union Berlin (kick-off **4.30**).
7.00–9.00 **LIVE** **Basketball** Furman Paladins v Greensboro Spartans (tip-off **7.00**).

Eurosport 1

Sky 413 Virgin 521 EE HD 412
6.00am Snooker 147s **6.15** Snooker **8.15** **LIVE** **Alpine Skiing** World Cup, men's slalom from Chamonix; **9.50** Women's super-G from Garmisch-Partenkirchen, Germany; **11.30** Men's slalom, second run. **12.30pm** Sailing: Spirit of Yachting **1.00** **LIVE** **Snooker** The German Masters final, the opening frames. **4.00** **LIVE** **Ski Jumping** World Cup, men's HS147 from Willingen. **4.55** Australian Open Tennis **6.00** Snooker: German Masters **7.00** **LIVE** **Snooker** The German Masters final, concluding frames. **10.00** Snooker **12 midnight** Cycling **1.00am** Australian Open Tennis **2.00** Alpine Skiing **3.30** Australian Open Tennis **5.00–6.00am** Cycling



Premiership Rugby Union 2.30pm

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441
6.00am Premier League Football **1.00pm** **LIVE** **Premier League Football** Manchester United v West Ham United (kick-off **2.00**); **4.00** Arsenal v Liverpool from Emirates Stadium (kick-off **4.30**).
7.30 **LIVE** **Women's Super League Football** Chelsea v Everton, the second half. **9.30** Highlights **3.00–6.00am** Classic Premier League Football

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443
6.00am SA20 **8.00** Best of World T20 (AD) **8.30** SA20 **10.30** Best of World T20 **11.00** SA20 Highlights **1.00pm** **LIVE** **SA20 Cricket** Sunrisers Eastern Cape v Paarl Royals at Saint George's Park. **5.30** SA20 **8.30** Best of World T20 (AD) **9.30** SA20 **10.30** Secrets of Success **11.00** SA20 **12 midnight** SA20 **4.30am** Secrets of Success **5.00–6.00am** Best of World T20 (AD)

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446
6.00am Super Bowl **2.00pm** NFL **8.00** **LIVE** **NFL** The Pro Bowl Flag Football Game from Florida. **11.30–6.00am** NFL: highlights

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447
6.00am Netball **8.30** Boxing **10.30** **LIVE** **WTA Tennis** The final of the Thailand Open. **12.30pm** Classic US Open Tennis **1.00** **LIVE** **WTA Tennis** The final of the Ladies Linz tournament. **3.00** **LIVE** **ATP Tennis** The Open Sud de France final in Montpellier. **4.00** WTA Tennis **6.00** Boxing **7.00** Tennis **1.00am** Darts **4.30** Super League **4.45** Unbeatable **5.15–6.00am** Super League (AD)

Eurosport 2

Sky 414 Virgin 522 EE HD 413
6.00am Alpine Skiing: World Cup **7.50** **LIVE** **Snowboarding** World Cup, snowboard cross in Georgia. **9.30** Sailing: Spirit of Yachting **10.00** **LIVE** **Cycling** The Tour of Valencia women's race. **10.45** **LIVE** **Ski Jumping** World Cup, women's HS147 in Germany. **12.15pm** Golf **12.45** Cycling **1.15** **LIVE** **Cyclo-Cross** The men's World Championship race. **3.00** **LIVE** **Cycling** The final stage of the men's Tour of Valencia race. **4.30** Cycling **5.00** Alpine Skiing **7.00** Olympics **9.00** Cycling **10.00** Alpine Skiing **12 midnight** British Superbikes **1.00am** Hall of Fame **2.00** Cycling **4.00–6.00am** Snooker: Welsh Open

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430
6.00am **LIVE** **Test Cricket** India v England, continued coverage of day three of the second Test. **12 noon** Premier League Football **1.30pm** Pride on the Pitch (AD) **2.30** **LIVE** **Premiership Women's Rugby Union** Harlequins v Sale Sharks (kick-off **3.00**).
5.15 Test Highlights **6.15** International One-Day Cricket **7.15** TNT Sports Reload (AD) **7.30** **LIVE** **Italian Football** Inter Milan v Juventus (kick-off **7.45**).
9.45 UFC **12.45am** International One-Day Cricket **2.45** Test Highlights **3.45–6.00am** **LIVE** **Test Cricket** India v England, day four of the second Test from Visakhapatnam Coverage continues until 12 noon.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431
6.00am **LIVE** **International One-Day Cricket** Australia v West Indies, continued coverage. **11.30** **LIVE** **Italian Football** Torino v Salernitana (ko **11.30**).
1.30pm Laura Woods Meets **2.00** **LIVE** **Italian Football** Napoli v Hellas Verona (ko **2.00**).
4.00 Test Highlights **5.00** **LIVE** **Italian Football** Atalanta v Lazio (kick-off **5.00**).
7.00 Champions League Football **7.30** **LIVE** **French Football** Lyon v Marseille in Ligue 1 (kick-off **7.45**).
9.45 Wrestling **10.45** TNT Sports Reload **11.00** French Football **3.00am** Fishing **4.00** TNT Sports Reload (AD) **4.15–6.00am** **LIVE** **Test Cricket** Sri Lanka v Afghanistan, day four. Coverage continues until 12.30pm.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432
6.00am **LIVE** **Australian Football** Macarthur FC v Western Sydney Wanderers, A-League Men. **8.00** Italian Football **9.00** Wrestling: WWE (AD) **11.00** French Football **12 noon** **LIVE** **French Football** Monaco v Le Havre (kick-off **12.00**); **2.00pm** Reims v Toulouse; **4.00** Brest v Nice (kick-off **4.05**).
6.00 Premier League Stories (AD) **6.30** National League Football (AD) **7.00** NBA (AD) **7.30** Test Highlights **9.30–6.00am** **LIVE** **Test Cricket** New Zealand v South Africa, day two of the first Test at Bay Oval.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434
6.00am **LIVE** **Test Cricket** Sri Lanka v Afghanistan, continued coverage of day three in Colombo. **12.30pm** **LIVE** **Pro League Hockey** China v USA, coverage of the women's match from India; **2.00** India v Netherlands, the women's match (push-back **2.00**).
4.00 Wrestling **5.30** NBA on Fire **6.00** NBA **7.30** MLB Classic (AD) **8.30** **LIVE** **NBA** Washington Wizards v Phoenix Suns. **11.00** NBA on Fire **11.30** Premiership Women's Rugby Union **12.30am** Euro Cup Basketball **1.30** Premiership Women's Rugby Union **2.30** The Grudge (AD) **4.00** World Rally (AD) **5.00–6.00am** MLB Classic

Viaplay Sports

12 noon–11.30pm **LIVE** **Spanish Football** Villarreal v Cádiz, the La Liga match (kick-off **1.00**); **3.00** Granada v Las Palmas, the La Liga match (kick-off **3.15**); **5.15** Real Betis v Getafe (ko **5.30**); **7.30** Real Madrid v Atlético Madrid from Bernabéu (kick-off **8.00**).

Monday

COMEDY DRAMA

Our Flag Means Death

10.00pm (11.15pm in N Ireland)

BBC2 Catch up via iPlayer

This cult HBO Max comedy took a while to play its hand in its first season (shown here last year). Rhys Darby, of *Flight of the Conchords* fame, shuffled onto the screen as Stede Bonnet, a posh bumbler who, in 1717, reinvented himself as a "gentleman pirate". Stede never captured any treasure, because he was too busy apologising for his own awkwardness and checking that his crew's mental health wasn't adversely affected by their work.

There was more or less only one joke, which was these 18th-century blackguards thinking and acting like sensitive 21st-century social media users. But when Taika Waititi arrived as the legendary Blackbeard, *OFMD* took a left turn: he and Stede fell in love. As we step aboard again, the two men are apart and heartbroken. While Blackbeard acts up by perpetrating a massacre at a wedding, Stede hatches a plot to rob intimidating bar owner Spanish Jackie (Leslie Jones). Naturally it doesn't go to plan, but that one joke is still pretty funny. **JACK SEALE**

SEA CHANGE

Heartbreak for Blackbeard (Taika Waititi, top) and Stede (Rhys Darby)

DOCUMENTARY

SOS: Extreme Rescues

7.00pm **BBC2** (**BBC1** in Wales)

Full series via iPlayer

You might think evidence of humanity's basic goodness is thin on the ground right now, but not in the mountains of north Wales. There, we can take refuge from poly-crisis amid the beauty of Eryri (Snowdonia as was), which would be therapeutic just to look at, even without the volunteer mountain rescue crews selflessly helping others out.

They aren't flashy like those RNLI crews; they don't ride to the rescue on fancy motorboats. They just walk for hours and hours, patiently searching out people who are lost or injured, including tonight a man with dementia who has gone missing in dense forest and a terrified woman stuck on a precipice halfway up Tryfan. **DAVID BUTCHER**

DOCUMENTARY

A Cold War of Spies

7.35pm **PBS America**

Catch up via Freeview Play



During the Second World War, the race for nuclear fission, which would produce a bomb to transform the world order, began. Postwar, the US co-opted Nazi science and scientists and the Soviet Union played catch-up by any means necessary. The Cold War had begun.

Via talking heads, archive footage and silent actors in trilbies, the first episode of this brisk series takes us from espionage between Allies during the Second World War to today, where sleeper agents abound and technology is "both freeing and terrifying". If there's a master spy here, it's likely "Rudolf Abel", the Soviet agent who never revealed his real name to his American captors. **JOHN AIZLEWOOD**

TRAVEL

George Clarke's Adventures in Americana

8.00pm **C4** Catch up: C4 streaming

Clarke's meandering US road trip continues in Florida, where he fulfils a childhood dream by visiting the building where Nasa assembles space craft. It's very big indeed, and Clarke finds dozens of ways to tell us so, and to convey his sheer joy at being in "one ginormous cathedral to space travel".

For aesthetic value, he does better in the art deco playground of Miami Beach and on the Florida Keys, with its charming "frame vernacular" homes. He ends at Ernest Hemingway's gorgeous French-colonial-style residence on Key West – with a pool that somehow cost two-and-a-half times as much as the house itself. **DBu**

DOCUMENTARY

Putin vs the West: At War

9.00pm **BBC2**

Catch up via iPlayer

Near the end of tonight's episode, a Chinese analyst airs the big question about Putin's war in Ukraine: whether it marks a sea change in the global order, with Western dominance of international affairs on the wane and its weaknesses exposed. The credits roll with a sense of "time will tell" hanging in the air, as UN Secretary General Antonio Guterres suggests, "Hope is the thing that never dies".

Earlier we hear behind-the-scenes details of how diplomacy around the war ebbed and flowed, including how defence secretary Ben Wallace and his Ukrainian counterpart had to discuss various weapons systems using a secret code – based on types of Scotch whisky. **DBu**

ALSO ON TODAY

David and Jay's Touring Toolshed

6.30pm **BBC2**
David Jason and Jay Blades head to the Midlands Air Festival. Continues weeknights. See feature, page 26

Mastermind

7.30pm **BBC2**
A quizzing triple begins, with specialist subjects including Oscar Wilde comedies. Followed by *Only Connect* and *University Challenge*.



True Detective: Night Country

9.00pm **Sky Atlantic**
The Alaska-set drama continues as Danvers (Jodie Foster, left) and Navarro confirm where Annie was killed.

DOCUMENTARY

To Catch a Copper

9.00pm **C4** *Catch up: C4 streaming*
It's hard not to wince when watching bodycam footage in this surprisingly candid documentary. Cases tonight include a woman and her baby who are restrained on a bus and a young man who collapses while in custody and ends up in A&E on life support.

You'd imagine the abundance of evidence available via worn cameras and CCTV would make reviewing cases simpler, but no. Particularly when what's captured is highly emotive and prompts questions of potential racial motives behind officers' actions. Different people review the same incidents and draw opposing conclusions; the gulf between the sometimes-dismissive police and that of a concerned community appears wide and troubling. **FRANCES TAYLOR**

SITCOM

Curb Your Enthusiasm

9.00pm **Sky Comedy** *Catch up: Now*
Supposedly this 12th season of Larry David's magnificent semi-improvised sitcom is to be the last. David seems like the type to go on thinking of sinfully funny jokes until the day he dies, so it probably won't be the end, but let's enjoy it while we can.

The new run promises to be something of a greatest hits, since all the best supporting characters - led by Susie (Susie Essman), screeching wife of Larry's pal Jeff - are here, as well as the relatively recent additions who made season 11 one of the best ever, and we'll see more of Tracey Ullman as local councillor Irma. In episode one, though, our man is off to Georgia to appear at a businessman's birthday party. The event does not pass without incident. **JS**

DOCUMENTARY

Katherine Ryan: Parental Guidance

9.00pm **W** *Catch up via UKTV Play*

NEW SERIES

Do we need another celebrity parenting show? No. Is comedian Katherine Ryan's series about the trials and tribulations of motherhood entertaining and funny? Absolutely. Drowning in kids - and mum guilt - Ryan seeks advice from friends, experts and strangers on how to become a better parent.

She unashamedly wants it all - to be a good mother and wife, and continue as a successful comedian, although she lacks the time and space for new material. Her friend Luisa Zissman (of *The Apprentice* fame) sends her no-nonsense nanny over, and comedian London Hughes delivers a reality check. **KAY RIBEIRO**

DRAMA

Silent Witness

9.00pm **BBC1** *Catch up via iPlayer*
Two familiar faces are doing their damndest to appear suspicious. First, we have Julie Graham as the Home Office's Elinor Shaw, who arrives on the scene with the possibility of a grant for the Lyell Centre. Ooh, but might it be possible for her to work shadow the team for the day? Because that's not at all odd behaviour.

The other person of interest is Sean Pertwee, who's the Police Officer of the Week - a role that usually involves nothing more than looking astonished by all the forensic breakthroughs. But DI John Flynn seems to be minimising any attempt made by Nikki to suggest that the death of a man from Myanmar might be foul play. Is there a reason for this caginess? Find out tomorrow at 9.00pm.

DAVID BROWN

MYSTERY MAN

What's DI John Flynn (Sean Pertwee) up to?



LIVE SPORT



Football: Premier League Brentford v Manchester City

6.30pm (k/o 8.00pm)
Sky Sports Main Event
Brentford are bolstered by the return of striker Ivan Toney (above) after his eight-month suspension.

Cricket: Men's Test Series India v England

3.45am (Mon am)
TNT Sports 1/Discovery+
Day four of the second Test in Vizag.

New Zealand v South Africa
9.30pm **TNT Sports 3**
Day three of the first Test (of two) in Tauranga.

FILM OF THE DAY



The Fugitive ★★★★★ 15

9.00pm **5 Action**
This innocent-man-on-the-run thriller has stood the test of time, with Harrison Ford (above) perfectly capturing the disbelief and determination of his hero, and Tommy Lee Jones the epitome of dogged as the marshal on his tail. (1993)

FILM REVIEWS
page 67

MONDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Jon Kay, Sally Nugent. (S) (HD)
9.30 Morning Live Michelle Ackerley and Gethin Jones present the weekday magazine show. (S) (HD)
10.45 Dr Xand's Con or Cure Investigating robotic pets said to help people who have dementia. (S) (HD)
11.15 Homes under the Hammer Featuring properties in Merseyside, Kent and Hull. (R) (S) (HD)
12.15pm Bargain Hunt Natasha Raskin Sharp meets a Barbie doll fanatic in Derbyshire. (S) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Scarlett comes to the aid of a friend, but is left questioning Suni's commitment. (S) (AD) (HD)
2.15 Money for Nothing Upcycling a G-Plan unit, a stacking bookcase and a papasan seat. (R) (S) (HD)
3.00 Escape to the Country Helping a couple find a home in Buckinghamshire. Rptd Thu 7.15am BBC2 (S) (HD)
3.45 The Repair Shop A 1970s pinball machine and a 200-year-old guitar receive makeovers. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip Margie Cooper and Ochuko Ojiri are in north-west England, where items include a fairground collectable and an egg cup. (R) (S) (HD)

BBC2

6.45am I Escaped to the Country Catching up with people who made fresh starts in North Yorkshire and the Cotswolds. Shown last Monday BBC1 (S) (HD)
7.30 David and Jay's Touring Toolshed 10/15 The duo help a motorcycle enthusiast with his Second World War bike. Shown last Friday (S) (AD) (HD)
8.00-9.00 Sign Zone Celebrity Race across the World 6/6. The teams have to make tough decisions in a bid to be the first to the finish line in Tromsø. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
12.15pm Politics Live News from Westminster. (S) (HD)
1.00 Impossible Quiz hosted by Rick Edwards. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown A sheep-farming couple and a father-daughter duo compete at Kilnsey Show in the Yorkshire Dales. (R) (S) (HD)
3.15 The Great British Sewing Bee Sara Pascoe hosts as a fresh batch of contenders are challenged to make mini skirts and wrap dresses. (R) (S) (AD) (HD)
4.15-5.15 Madagascar The wildlife of the eastern mountains, including cannibalistic frogs, meat-eating plants and tadpole-eating wasps. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion and showbiz news. (S) (HD)
10.00 This Morning Lifestyle features, cookery and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Daily discussion. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 New series. Ainsley's Taste of Malta Ainsley Harriott begins a culinary tour of the Mediterranean island in the capital Valletta, where he tries his hand at the art of bell ringing. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Jane and Mick, Bilal and Joe, and Scarlett and Walter take part in the battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.15am Countdown With Tasha Ghouri. (R) (S) (HD)
6.55 Cheers Two episodes of the sitcom. (R) (S) (HD)
7.45 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.35 Everybody Loves Raymond (R) (S) (AD) (HD)
10.05 Frasier Double bill of the comedy. (R) (S) (AD)
11.00 The Great House Giveaway A two-bed terrace in Bangor, Gwynedd. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses In Almería, Sharon and Steve attempt to find a property for music lovers Bill and Christine from Hampshire. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien look at militia on the Isle of Wight. (R) (S) (AD) (HD)
2.10 Countdown With guest Jo Brand. (S) (HD)
3.00 A Place in the Sun Danni Menzies helps a couple find a holiday home in Manilla, Spain. (R) (S) (HD)
4.00-5.00 A New Life in the Sun In Granada, two former air stewards deal with the aftermath of a storm at their B&B. Repeated 6pm 4seven (S) (HD)

BBC1

1

EastEnders

7.30pm After a heart-to-heart with Ian, Alfie decides to take a break from the Square



5.15pm Pointless

With Alexander Armstrong and Vick Hope. (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

7.00 The One Show

Presented by Jermaine Jenas and Alex Jones. (S) (HD)

7.30 EastEnders

A leak at the café threatens to reveal the truth about Christmas Day. Ian convinces Alfie to go on holiday. Writer Jessica Barnes Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Sudden Child Deaths: the Search for Answers – Panorama

With unexplained deaths in children happening almost once a week in the UK, Richard Bilton gains access to the research trying to find out why they happen. Producer Claire Kendall; Executive producer Andrew Head Signed repeat Friday 12.50am BBC2 (S) (HD)
 NOTE: as *Panorama* reacts to the news its subject matter may change

8.30 ALL EXCEPT NORTH EAST/CUMBRIA:

Scam Interceptors The team take on fraudsters who are determined to steal thousands of pounds from a couple by pretending to be their bank. Series producer Sherry Knight; Executive producer Rowland Stone (Revised repeat) (S) (HD)

8.30 NORTH EAST/CUMBRIA: Scarlett's Driving School 2/10.

A 56-year-old woman hopes to pass at her seventh attempt. The whole series is on iPlayer. Directors/Producers Paul Gay, Melissa McCall, Matt Knight (R) (S) (HD)

9.00 Silent Witness

RT 7/10 Series 27. Death by a Thousand Hits 1/2 The team investigates the death of a Burmese man on a deserted beach, as his young pregnant wife desperately hopes he is still alive. Nikki and Jack piece together the perplexing crime scene and find themselves in uncharted territory in their search for the truth. Continues tomorrow 9pm. A box set of previous episodes are on iPlayer. **See page 61.** Writers Tracey Malone and Ed Whitmore Cast Tuesday (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 Have I Got News for You

Bill Bailey hosts this edition from 2021, with guests comedian Fin Taylor and Labour MP Dawn Butler. Director Paul Wheeler; Producer Jo Maney (R) (S) (HD)

11.10 Domino Day

1/6. Supernatural drama with Siena Kelly. A young witch is looking for a community who can help her understand who she is, unaware a coven are already tracking her, convinced they must stop her before she destroys everyone and everything around her. More tomorrow 9pm BBC3. The whole series is on iPlayer.

Domino Day	Siena Kelly	Vedita	Maimuna Memon
Leon	Percelle Ascott	Jason	Jonah Rzeskiewicz
Silas	Sam Howard-Sneyd	Customer	Anna Swan
Kat	Alisha Bailey	Mike	Christopher Jeffers
Sammie	Babirye Bukilwa	Cal	Darren Tighe
Jules	Molly Harris	Ancestor Hyacinth	Sandra James-Young
Geri	Poppy Lee Friar	Ancestor Winston	Leo Winger

Writer Lauren Sequeira; Series producer Nick Pitt Director Eva Sigurdardottir Shown last Wednesday BBC3 (S) (AD) (HD)

11.55 The Graham Norton Show

With guests Dakota Johnson, Sterling K Brown and Paul Russell, who also performs his latest single. Shown last Friday (S) (HD)

12.45am Celebrity Mastermind 10/14. Lee Latchford-Evans, Rachel Parris, Harry Pinero and Lauren Layfield take to the black chair. Clive Myrie hosts. Shown last Friday (S) (HD)

1.15 Would I Lie to You? 6/9. With Craig Charles, Amy Gledhill, Shazia Mirza and Jeremy Vine. Shown last Fri (S) (HD)

1.45 Weather for the Week Ahead (S) (HD)

1.50-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Our Flag Means

Death 10.00pm Stede (Rhys Darby) has a new enemy, as the US comedy drama returns



5.15pm Flog It!

From the Discovery Museum in Newcastle. (R) (S) (HD)

6.00 Richard Osman's House of Games

With former contestants Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore. (S) (HD)

6.30 David and Jay's Touring Toolshed

11/15. Sir David Jason and Jay Blades meet ambitious hot-air balloonists who've made their own balloons and attempt to help Chris with his improvised race car. Repeated tomorrow 7.30am (S) (AD) (HD)

7.00 SOS: Extreme Rescues

RT 4/12. A woman climbs Tryfan, one of the area's notoriously challenging peaks, to scatter her dad's ashes, but falls during her descent. An elderly man with dementia becomes lost in a large forest. **See p60.** Executive producers Rachael Barnes and Arwyn Evans (S) (HD)

7.30 Mastermind

Specialist subjects are the career of Arsène Wenger, the comedies of Oscar Wilde, US singer Donny Osmond, and the *Godfather* films. Clive Myrie hosts. Producer Paul Christian; Executive producers Kate Middleditch, Chris Jones, David Young and Jimmy Mulville (S) (HD)

8.00 Only Connect

Victoria Coren Mitchell hosts as the Clareites and the Beaks return in an "education special" from 2020. Director Siân G Lloyd; Producer Jenny Heap (R) (S) (HD)

8.30 University Challenge

University College London taking on Christ Church, Oxford in the quarter-final stage. Amol Rajan hosts. Director Bridget Caldwell; Producer Clare Parody (S) (HD)

9.00 Putin vs the West: At War

RT 2/2. Doubling Down. A look at how the impact of the war in Ukraine was felt across the globe. UN Secretary General Antonio Guterres recalls a face-to-face meeting with Russia's president Vladimir Putin where he tried to work with him to avoid a world food crisis. On the ground in Ukraine, the fighting became more deadly and the country's president Volodymyr Zelenskyy reveals how he lobbied the West for weapons. A box set is on iPlayer. **See p60.** Director/Producer Lotte Murphy-Johnson Repeated Wednesday 11.45pm (S) (AD) (HD)

10.00 Our Flag Means Death

RT New series. 1/10 Series 2. Return of the comedy drama starring Rhys Darby. As he adjusts to life without wealth, Stede struggles to find a focus – until he meets a powerful new foe. From tonight, series 2 joins series 1 on iPlayer. **See p60.** (S) (AD) (HD)

Stede Bonnet	Rhys Darby	Wee John Feeney	Kristian Nairn
Blackbeard	Taika Waititi	Fang	David Fane
Buttons	Ewen Bremner	Roach	Samba Schutte
Frenchie	Joel Fry	The Swede	Nat Faxon
Oluwande	Samson Kayo	Spanish Jackie	Leslie Jones
Jimmy Hands	Con O'Neill	Zheng Yi Sao	Ruibao Qian
Izz	Vico Ortiz	Archie	Madeleine Sami
Black Pete	Matthew Maher	Prince Ricky Banes	Errol Shand

10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

11.10 Weather

11.15 Vice ★★ ★★

Biographical satire starring Christian Bale. In the 1960s, Yale dropout Dick Cheney decides to clean up his act following problems with alcohol. By the end of the decade, he's landed an internship in Richard Nixon's White House and his career is under way. On iPlayer for 30 days. **Review page 67.** Director Adam McKay (2018, 15) (S) (AD) (W) (HD)

1.20-3.15am Sign Zone 1.20 Countryfile Joe Crowley heads to the Somerset Levels. Shown yesterday 6.45am (S) (HD)

2.15 Great British Menu The chefs from the Central region serve their starters and fish dishes. Shown last Tuesday (S) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Born from the Same Stranger
9.00pm Who will Emma and Sam meet when they trace their roots?



4.00pm Tipping Point

Ben Shephard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

5.00 The Chase

Michael, Francine, Amy and Jamie take on one of the Chasers. Bradley Walsh presents. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale

Nate receives a shock. Angelica prepares to return to school. Rhona is filled with dread.

Nate Robinson
Angelica King
Rhona Goskirk
Aaron Dingle
Amit Sharma
Amy Wyatt
Bear Wolf
Belle Dingle
Billy Fletcher
Bob Hope
Brenda Walker
Cain Dingle
Caleb Miligan
Charity Dingle
Chas Dingle
Writer Sarah Hooper
More cast Tuesday (S) (AD) (HD)

Jurell Carter
Rebecca Bakes
Zoe Henry
Anil Goutam
Natalie Ann Jamieson
Joshua Richards
Eden Taylor-Draper
Jay Kontzle
Tony Audenshaw
Lesley Dunlop
Jeff Hordley
William Ash
Emma Atkins
Lucy Pargeter
Claudette Anderson
Dawn Fletcher
Eric Pollard
Ethan Anderson
Gabby Thomas
Gail Loman
Jacob Gallagher
Jai Sharma
Jimmy King
Kerry Wyatt
Kim Tate
Laurel Thomas
Leyla Harding
Liam Cavanagh
Flo Wilson
Olivia Bromley
Christopher Chittell
Emile John
Malachi McKenzie
Rosie Bentham
Rachael Gill-Davies
Joe-Warren Plant
Christopher Bisson
Nick Miles
Laura Norton
Claire King
Charlotte Bellamy
Roxy Shahidi
Jonny McPherson

8.00 Coronation Street

Adam seeks Dee-Dee and Joel's help in getting a breakthrough in Harvey's appeal case. Steve's early return catches Tracy and Tommy on the hop. Bethany is intrigued by Daniel's discretion. Writers Damon Alexis-Rochefort and Steven Fay
Cast Wednesday/Friday (S) (AD) (HD)

9.00 Born from the Same Stranger

3/4. Following the efforts of people who were donor-conceived to trace their siblings and the anonymous donors who gave them life. When Corinne learns that the gynaecologist behind her conception back in 1959 used only a small number of donors to produce more than 300 children, she realises that she could be one of multiple half-siblings born to the same donor. Meanwhile, Emma and her half-brother Steve have already traced 21 half-siblings via DNA databases – and their search is not over yet. Series director/producer Rachel Ozers
Repeated Thursday 11.40pm (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Joanna Lumley's Spice Trail Adventure

2/4. The actress continues to follow the spice trail to discover the tapestry of flavours and cultures which have shaped our world. In this episode, she returns to her birthplace of India to uncover the story of black pepper, a kitchen staple that was once regarded as "black gold", and meets a great grandmother in Kerala who teaches the oldest martial art in the world. Director/Producer Zoe Dobson (R) (S) (AD) (HD)

11.45 All Elite Wrestling: Dynamite

The latest hard-hitting action from the USA, as a host of superstar fighters enter the ring. Shown last Friday ITV4 (S) (HD)

1.25am Home Shopping (HD)

3.00 Martin Clunes: a Dog Called Laura Exploring the lives of Britain's guide dogs. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05-6.00am Ainsley's Taste of Malta Ainsley Harriott tries bell ringing. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 **Freesat** 103 **Sky** 103 **Virgin** 103

+1 Freeview 35 **Freesat** 112 **Sky** 203 **Virgin** 303

Channel 4

4
7 in Wales

George Clarke's Adventures in Americana 8.00pm
Insights into the Sunshine State's architectural gems



5.00pm Château DIY

Anna and Edward race to bring down a large fig tree before it damages the wall of their wedding terrace. Narrated by Adjoa Andoh. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

At the first of five dinner parties in Conwy, spray tan artist Saffron hopes to impress her guests with a Las Vegas casino theme. (S) (HD)

6.30 The Simpsons

Treehouse of Horror XXIII. Three spooky tales, one of which features Bart travelling back in time to buy a comic book. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 George Clarke's Adventures in Americana

3/4. This week, George explores Florida, starting at Nasa's Vehicle Assembly Building, one of the world's largest structures. Next, he visits a community where, instead of garages, the houses have air hangars for the residents' private planes. In Miami, George gets a taste of Little Havana and explores a modern home built to survive hurricanes, before finishing this leg of his journey in Key West at a house steeped in history. The whole series is available to stream. **See page 60.** Series director Rebecca Allan; Series producer Mark Richardson
Repeated tomorrow 8pm and Friday 7pm 4seven (S) (AD) (HD)

9.00 To Catch a Copper

2/3. The series following the work of Avon and Somerset Police's Professional Standards Department continues. This episode focuses on cases where officers are accused of racism and unconscious bias. Two officers are called to an argument between a bus driver and a young woman, who ends up on the ground as the situation escalates. Elsewhere, a young man collapses while in custody. **See page 61.** Series director Ashley Francis-Roy; Series producer Hugo Pettitt
Rptd Wed 9pm 4seven and with signing Thu 11.50pm C4 (S) (AD) (HD)

10.00 Night Coppers

As the night shift gets under way in Brighton, PC Jack is called to help a young woman whose drink has been spiked, and PCs Amelia and Craig deal with a mass brawl outside a pub. Directors/Producers Benedict Adams, Joss Cubitt, Tom Power and Steven Prior (R) (S) (AD) (HD)

11.05 First Dates

Ep 4. Sixty-one-year-old finance worker and raver Sandra is paired with part-time DJ Lance. Competitive *Pokémon* player Isaac, 30, meets comic book fan Molly, and dog walker Holly gets to know science graduate Joe, who is 25. Shown last Tuesday (S) (AD) (HD)

12.05am Obsessed with My Muscles In this *Untold* documentary, *Made in Chelsea's* Miles Nazaire explores muscle dysmorphia and speaks to experts calling for increased awareness of the condition. (S) (SL) (AD) (HD)

12.35 24 Hours in A&E Former hairdresser Ronald is brought in after a fall during the night. (R) (S) (AD) (HD)

1.30 Ramsay's Kitchen Nightmares USA Gordon helps the owner of a restaurant in New Jersey. (R) (S) (SL) (HD)

2.20 Couples Come Dine with Me Dinner parties in Brighton feature glitz, glamour and fine dining. (R) (S) (HD)

3.15 Know Your St: inside Our Guts** Two women with Crohn's disease visit the clinic. (R) (S) (AD) (HD)

4.10 Kirstie and Phil's Love It or List It: Brilliant Builds A look at two loft conversions. (R) (S) (AD) (HD)

5.05 Sunday Brunch Best Bits Tim Lovejoy and Simon Rimmer chat to *Ted Lasso* star Jason Sudeikis. (R) (S) (HD)

5.20-6.15am Grand Designs Building a home wrapped around an ancient oak tree in Suffolk. (R) (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 **Freesat** 104 **Sky** 104 **Virgin** 104

+1 Freeview 15 **Freesat** 121 **Sky** 204 **Virgin** 304

BBC4

9
24 in Scotland

Art of Persia
8.00pm Samira Ahmed looks at how Iran preserved its cultural heritage



7.00pm Planet Earth II

5/6. Grasslands. David Attenborough explores a habitat that covers a quarter of the land on the planet's surface and supports vast gatherings of wildlife. But to survive on the grasslands, animals must endure the most hostile seasonal changes on the planet and are forced to adapt in extraordinary ways. More tomorrow 7pm. A box set is on iPlayer. Producer Chadden Hunter; Executive producer Michael Guntton
Repeated 1.05am (R) (S) (AD) (HD)

8.00 Art of Persia

2/3. The Arab conquest of Persia in AD 651 led to a remarkable clash between two powerful civilisations, as journalist Samira Ahmed explains. From Zoroastrian fire temples to the fabled bazaars of Aladdin and an ancient mythical storybook, this episode reveals how Iran has proudly held onto its Persian identity, art and literature to this day. Producer Richard Downes; Exec producer Matthew Springford
Signed rpt 2.05am (R) (S) (AD) (HD)

9.00 Britain's Lost Masterpieces

3/4 Series 2. At Carmarthenshire County Museum, Dr Bendor Grosvenor and Emma Dabiri scratch beneath the surface of two intriguing portraits of a local nobleman and his wife, the Earl and Countess of Carbery. Director David Starkey; Executive producers Harry Bell and Brendan Hughes
Repeated tomorrow 12.20am (R) (S) (AD) (HD)

10.00 Shadow Commander: Iran's Military Mastermind

For decades, one Iranian commander has dominated the brutal struggle for power and influence across the Middle East. This 2019 documentary tells the story of General Qassem Suleimani, featuring first-hand accounts of his secret deals and shifting alliances. During the Iraq War, Suleimani smuggled thousands of bombs into the country, arming the Shia militias who killed hundreds of British and American troops. But just a few years later, the Western coalition found themselves on the same side as Suleimani as they fought Islamic State. Director/Producer Sasha Joelle Achilli
First shown on BBC2 (S) (AD) (HD)

11.00 The Mole: Infiltrating North Korea – Storyville

1/2. A real-life undercover thriller about two ordinary men who embark on an outrageously dangerous ten-year mission to penetrate the world's last totalitarian communist dictatorship. (R) (S) (HD)

12 midnight 2/2. The dark side of the regime's arms trade is revealed. As the mission progresses, can the deception be maintained? Past episodes of *Storyville* are on iPlayer. (R) (S) (HD)

1.05am Planet Earth II Shown 7pm (S) (AD) (HD)

2.05-3.05am Art of Persia Shown 8pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 **F'sat** 108 **Sky** 116 **Virgin** 108

BBC1 SCOTLAND

8.00-9.00pm
Disclosure: Prisons on the Brink: the impact of overcrowding
11.10 Sudden Child Deaths: the Search for Answers – Panorama
11.40 Domino Day
12.25am The Graham Norton Show **1.15-1.45** Celebrity Mastermind

BBC SCOTLAND

2.00pm Grand Tours of Scotland's Rivers: signed **2.30** The Agency: Unfiltered: signed **3.30-4.00** The Forest: signed **7.00** My Kind of Town **7.30** Highland Road Rescue **8.00** Who Lives in Scotland? **9.00** The Nine **10.00** The Agency: Unfiltered **11.00-12 midnight** Not Your Average Family

STV

10.40pm Scotland Tonight **11.05** The Grand Fishing Adventure **11.55** Heathrow: Britain's Busiest Airport **12.20-3.00am** Night Vision **3.50-5.05** Night Vision

ITV1 BORDER SCOTLAND

10.45pm Border Sport in Focus: a look at Hawick Rugby Club with Stuart Cameron
11.15-11.45 Border Life

BBC1 WALES

7.00-7.30pm SOS: Extreme Rescues **8.00** Wynne's Welsh 80s: new series **8.30-9.00** Weatherman Walking **10.40** Sudden Child Deaths: the Search for Answers – Panorama **11.10** Have I Got News for You **11.40** Domino Day **12.30am** The Graham Norton Show **1.20-1.50** Celebrity Mastermind

BBC2 WALES

7.00-7.30pm The One Show

ITV1 WALES

10.45-11.45pm Sharp End: political discussion

BBC1 NI

7.00pm Hope Street **7.45** Suzie Lee: Home Cook Hero **8.00** EastEnders **8.30-9.00** Sudden Child Deaths: the Search for Answers – Panorama **10.40** Chinook: Zulu Delta 576 **11.40** Have I Got News for You **12.15am** Domino Day **1.00-1.50** The Graham Norton Show

BBC2 NI

10.00-10.30pm Ar an Sliabh **11.15** Our Flag Means Death **11.45-1.20am** FILM: When Eight Bells Toll **★★★** Adventure

UTV

10.45-11.45pm View from Stormont

Channel 5
listings are overleaf

MONDAY Freeview

Channel 5

5



Traffic Cops 8.00pm It's a busy night on the road for PC Matt Cork

5.40am Milkshake! See page 66
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Felicity snaps at her brother. Shown last Friday 5 Star (S) (HD)
2.15 My Nightmare Office Affair ★★
 Thriller starring Laurie Fortier. When Nick breaks off an affair with his boss, Lisa, he discovers she won't let him go easily. Director Kaila York (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Cameras focus on Ellie and Jim, who have just got married and have set up their new café in Benidorm. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out
 The comedian explores Devon and Cornwall in her camper van, taking in dramatic scenery, unspoilt countryside and historic sights en route, including the coastal viewpoint of St Bedruthan Steps. Director/Producer Jenny MacLeod Repeated tomorrow 3.25am (R) (S) (HD)
6.55 5 News Update (S) (HD)

7.00 Police Interceptors
 In Nottinghamshire, officers are on the hunt for two suspects purportedly armed with a gun, while dog handler Coups pulls over an alleged boy racer. Directors/Producers Rachael Davies and Mike Parmenter (R) (S) (HD)
7.55 5 News Update (S) (HD)

8.00 Traffic Cops
 With roads busier than usual on a bank holiday weekend, Derbyshire officers must deal with hundreds of reports of drink, drug and dangerous driving, as well as an array of other crimes. Series director/producer Simon Meehan (S) (HD)

9.00 Police: Suspect No 1
5/6 Series 2. Detectives try to bring down the Norfolk-based Lewis drugs gang and the man overseeing the selling and dealing of crack cocaine and heroin. Directors/Producers Glenn Dance, Richard Davies and Leanne Chuter Rptd Wednesday 11.30pm (S) (HD)

10.30 Casualty 24/7: Every Second Counts
 Dr Lamare is very concerned as two-year-old Seb struggles to catch his breath, while Kevin, who drinks a bottle of vodka each day, complains of pains in his stomach. Directors/producers John Nichols, Philip Shotton, Paul Wells and Johnny Perks (R) (S) (HD)

11.30 999: Critical Condition
 Samantha is enjoying a family trip to an adventure park when she collapses, unable to move or talk. And while driving his work van, Kevin is involved in a collision. Directors Tom Turner and Leo Fawkes (R) (S) (HD)

12.30am Traffic Cops (R) (S) (HD) **1.25** Casino (S) (HD) **3.25** 22 Kids and Counting (R) (S) (HD) **4.20** Britain's Great Cathedrals with Tony Robinson: the history of Liverpool Cathedral, which was designed in the Gothic style (R) (S) (SL) (HD) **5.10** Nick's Quest (R) (S) (SL) **5.30-5.40am** Entertainment News (S) (HD)
C5 Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Long Shot 9.00pm Charlotte and Fred try to mix love and politics

7.00pm Top Gear
 In an edition from 2009, Jeremy Clarkson, Richard Hammond and James May test-drive cars in Romania, as they search for a mountain highway built during the reign of Nicolae Ceausescu. More tomorrow 7pm. A box set is on iPlayer. (S) (HD)
 Followed by **New. The Catch Up** (S) (HD)

8.00 New. Young MasterChef 5/5 Series 2. The final sees the cooks re-create a recipe demonstrated by leading chef Tom Booton, before serving up the ultimate two-course menu to impress the judges. Series 1 is on iPlayer. Repeated 11.50pm (S) (AD) (HD)

9.00 Long Shot ★★ ★★
 Romantic comedy starring Charlize Theron and Seth Rogen. A political journalist quits his job and is hired as a speechwriter by his childhood babysitter, who is planning a presidential run. As the two grow closer, their burgeoning romance is threatened by their differing approach to politics. Available on iPlayer for 27 days. Director Jonathan Levine (2019, 15) (S) (W) (HD)

10.55 Dreaming Whilst Black 3/6. Kwabena persuades an industry executive to read his script. (S) (AD) (HD)
11.25 4/6. Funmi has an emergency c-section that leaves her life in the balance. The whole series is on iPlayer. (S) (AD) (HD)

11.50 Young MasterChef As 8pm.
12.50am Fresh Cops (S) (HD) **1.50** Top Gear (S) (HD) **2.50** Dreaming Whilst Black (S) (SL) (AD) (HD) **3.40-3.55am** Zen Motoring: Ogmios navigates his way through nature (S) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat 107 Sky 115** (117 Wales; 121 Scotland) **Virgin 107** (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00** Chuck (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (HD) **2.00** Family Fortunes (S) (HD)
3.00 Chuck (S) (HD) **4.00** One Tree Hill (S) (HD)

6.00pm Celebrity Catchphrase Stephen Mulhern presents as Sarah-Jane Crawford, Alex Beresford and Joe Absolom attempt to identify the famous phrases. (S) (AD) (HD)
7.00 Deal or No Deal Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order. (S) (HD)

8.00 Superstore 14/22 Series 2. Amy and Glenn set their colleagues up with one another for Valentine's Day. (S) (AD) (HD)
8.30 15/22. The store starts to heat up when the thermostat breaks, and Glenn is counselled by Cheyenne. (S) (AD) (HD)

9.00 New. Love Island: All Stars The temperature is rising in the villa. (S) (HD)
10.05 Family Guy Series 16. A look at how the show might have tackled the cultural events and issues of the 1950s, 60s and 70s.
10.35 Chaos quickly ensues when Stewie's body swapping machine malfunctions.
11.05 Brian enters a dog competition where the winner breeds with a female. (S) (AD) (HD)

11.30 American Dad! Series 16. Klaus and Jeff have a weekend getaway while Stan tries to impress Tosh's dad. (S) (AD) (HD)
12 midnight Stan decides to do something about his secret baldness and enlists the help of Roger's persona Josay Bosay. (S) (AD) (HD)
12.30am Superstore: double bill (S) (AD) (HD)
1.30 Olivia Atwood: Getting Filthy Rich (S) (HD)
2.30 Totally Bonkers Guinness World Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Vera 8.00pm DS Joe Ashworth is forced to face up to his own past

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: **4/16 Series 4. Shifting Sands.** Peggy is summoned to Leeds to discuss a possible promotion Repeated 12.45am; **9.10 5/16. Visiting Rights.** A prisoner is granted leave to visit his sick father Repeated 1.40am (S) (AD)
10.15 Agatha Christie's Poirot: **Problem at Sea** A woman is murdered on a cruise ship (S) (AD) (HD) **11.25** The Royal Repeated 11.55pm (S) (HD)

12.35pm Heartbeat: **13/24.** Armed robbers spread mayhem (S) (AD) **1.40** Classic Emmerdale: double bill. Debbie wants to tell Zak about her relationship with Andy, then Ethan's car breaks down (S) **2.45** Classic Coronation Street: double bill. Sarah suffers a problem with her pregnancy, then Todd breaks down (S) (AD) **3.50** Midsomer Murders: **Series 13 Fit for Murder.** DCI Tom Barnaby investigates murders at a country house (S) (AD) (HD)

5.50pm Downton Abbey 3/9 Series 6. A misunderstanding casts a shadow over preparations for the wedding. Isobel manages to offend a friend. Next episode tomorrow 5.50pm. (S) (AD) (HD)

6.55 Heartbeat 14/24 Series 7. A family of travellers plot to steal Greengrass's horse and kidnap Ventress after arriving in Aidsfield. (S) (AD)

8.00 Vera 1/4 Series 3. Castles in the Air. DCI Vera Stanhope investigates the murder of physiotherapist Lizzie Faulkner. In a story of betrayal, guilt and the need for atonement, Vera must move quickly. (S) (AD) (HD)

10.00 Trial and Retribution IV 2/2. New testimony and a TV documentary about the McCready case casts doubt on the original murder investigation. A new two-part story tomorrow 10pm. (S) (HD)

11.55 The Royal 12/14 Series 3. Dr Ormerod discovers the police have launched an investigation into his wife's death. Shown 11.25am (S)

12.45-2.30am Where the Heart Is Shown 8.05/9.10am (S) (AD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am World of Sport (S) (HD) **6.05** Minder (S) (SL) (AD) **7.00** The Professionals (S) (SL) (AD) **8.05** The Saint (S) (SL) **9.10** The Return of Sherlock Holmes (S) (AD) (HD) **10.20** Magnum, PI (S) (AD) (HD) **11.20** The Saint (S) (AD) (HD) **12.30pm** The Return of Sherlock Holmes (S) (AD) (HD) **1.35** Kojak (S) (HD) **2.40** Magnum, PI (S) (AD) (HD) **3.40** Minder (S) (AD) **4.45** The Professionals (S) (AD) **5.50** BattleBots (S) (HD)

6.55pm The Chase Celebrity Special Bradley Walsh presents a *Good Morning Britain* special of the quiz show. (S) (HD)

7.55 The Motorbike Show Henry Cole rides through the Lincolnshire Wolds. (S) (HD)
9.00 FILM Jaws III ★★ Action adventure starring Dennis Quaid and Louis Gossett Jr. A captive infant great white shark is being groomed as a marine park's tourist attraction. However, no one has reckoned on the creature's vengeful mother. (S) (AD) (W) (HD)
11.05 From Dusk till Dawn 4/11 Series 1 Seth takes the Fullers hostage to use their motorhome to get across the border. (S) (HD)

12.05am The Professionals (S) (AD) **1.10** Minder (S) (SL) (AD) **2.05** Auto Mundial (S) (HD)
2.35-3.00am Motorsport Mundial (S) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



The Last Detective 8.00pm There's a locked-room mystery for Dangerous

7.10am All Creatures Great and Small Repeated 4.10pm (S) **8.00** Doctors: double bill. Matters get worse for Faith, then Marc learns to keep an open mind **9.20** Classic Holby City: Will Raf be able to overcome a crisis in confidence? Repeated 3am (S) (HD) **10.40** Casualty: consultant Jack Hathaway begins his first shift (S) **11.40** The Bill: Andrea fights to save her reputation by exposing Gabriel

12.40pm Classic EastEnders: double bill. Patrick pleads with Paul not to let his life spiral out of control, then Den makes an announcement **2.00** Monarch of the Glen: **9/11 Series 3.** Archie arranges a ball (S) **3.10** Kingdom: **2/6 Series 2.** Peter is forced to hide his fugitive brother **4.10** All Creatures Great and Small: **8/13 Series 1. Advice and Consent.** James stumbles on the cause of an epidemic Shown 7.10am (S) **5.20** Terry and June: **5/6 Series 2.** The Medfords' professional lives cross Repeated 2.25am

6.00pm As Time Goes By 1/10 Series 4. A House Full of Women Sandy moves into the Pargetter house. (S)

6.40 Last of the Summer Wine Series 29. Of Passion and Pizza. Mervyn falls madly in love with a woman. (S)
7.20 It's Never Ten Years. Clegg and Truly remember their friend Compo. (S)

8.00 The Last Detective 1/4 Series 2. Christine. A former lottery winner is burned to death. (S) (AD)

9.35 New Tricks 6/10 Series 8. Objects of Desire. Sandra is reunited with the old flame. (S) (AD)
10.55 7/10. The Gentleman Vanishes The team probes the mystery of a missing scientist who disappeared in 2004. (S) (AD)

11.55 Spooks 9/10 Series 3. Frequently Asked Questions The team receives warning of a devastating missile attack on London. (S)

1.10am Hustle: 1/6 Series 5. Mickey Bricks returns to London following his stint in Australia (S) (HD) **2.25** Terry and June Shown 5.20pm
3.00-4.00am Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip (S) (HD) **9.00** LittleBe: children's programmes (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD)

1.20 The Only Way Is Essex (S) (HD) **2.00** Buying and Selling (S) (HD) **3.00** Million Dollar Listing: LA (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey (S) (HD)

6.00pm Masters of Flip Kortney and Dave Wilson plan to renovate a duplex. (S) (HD)

7.00 Million Dollar Listing: NYC Fredrik is hired by actress Rebel Wilson. (S) (HD)

8.00 James Martin's Spanish Adventure The chef visits San Sebastián. (S) (AD) (HD)

9.00 The Real Housewives Ultimate Girls' Trip Kenya gets a triggering message that sends her into a spiral. (S) (HD)

10.00 The Real Housewives of Miami Julia aims to resolve her birthday drama and Alexia's family is torn apart. (S) (HD)

11.00 Singletown Emily and Joel have a surprise for the residents. (S) (HD)

12.05am The Only Way Is Essex: Yaz confronts Lockie (S) (HD) **12.50-1.00am** Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4

18



Car SOS 9.00pm A Toyota MR2 Mk 1 undergoes a major transformation

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me (AD) **3.10** Four in a Bed **5.50** Kirstie and Phil's Love It or List It: featuring a house of the edge of Leeds (AD) **6.55pm** **Escape to the Château** With the job of reslating the 150-year-old roof under way and the scaffolding in position, Angel realises the walls need renovating too. Before long, Dick and Angel are busy studying slates, colour boards and computer mock-ups. (AD) **7.55** **Grand Designs** Design enthusiasts Mary Martin and Carl Turner aim to build a home resembling a stack of glass cubes among Brixton's Victorian terraces. Can they create the perfect interior without overspending? (AD) **9.00 New.** **Car SOS** Tim and Fuzz set to work restoring a Toyota MR2 Mk 1, but soon find there's more to the sports car than meets the eye. First shown on National Geographic (AD) **10.00** **Guy Martin's Lancaster Bomber** Guy Martin honours the air crews who served on the Lancaster bomber planes by finding out if he has what it took to be a member of Bomber Command, and experiencing the seven different roles on a Lancaster. **11.05** **24 Hours in A&E** Sara, 46, is rushed in with head and chest injuries after a car crash, and 54 year-old Simon comes in after falling off his bike on his way to buy a helmet. (AD) **12.05am** Emergency Helicopter Medics: Mountain Emergencies (AD) **1.10** 999: on the Front Line **2.15** 24 Hours in A&E **3.20-3.50am** A Farmer's Life **More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown last Thu/Fri (AD) **7.00am** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: double bill (AD) **5.00** The Big Bang Theory: two episodes (AD) **6.00pm** **The Big Bang Theory** 5/24 Series 12 Raj and Howard clash over a show. (AD) **6.30** 6/24. Howard causes trouble by dressing up as Sheldon for Halloween. (AD) **7.00** **Hollyoaks** Sienna is determined to get some answers. Repeated tomorrow 6.30am E4 (AD) **7.30** **Modern Family** 9/24 Series 1. Luke's birthday party results in a trip to hospital. **8.00 New.** **Below Deck Down Under** Magda surprises the guests by putting on a show. (AD) **9.00** **Celebrity Gogglebox** Dragons' Den, Gok Wan's Easy Asian and The Yorkshire Vet are appraised in an edition from June 2021. (AD) **10.00** **Gogglebox** Reactions to Made in Chelsea, Dragons' Den and Line of Duty. (AD) **11.05** **Taskmaster** Contestants have trouble understanding a simple egg-shelling task. (AD) **12.10am** First Dates (SL) (AD) **1.15** **Celebrity Gogglebox** (SL) (AD) **2.20** **Gogglebox** (SL) (AD) **3.15** **Below Deck Down Under** (AD) **4.05** **Modern Family** 4.30 Ramsay's Kitchen Nightmares USA (SL) **5.20-6.00am** How I Met Your Mother (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes **7.00** Shopping **8.00** Salvage Hunters **10.00** **Celebrity** Yorkshire Auction House **11.00** Antiques Road Trip **12 noon** Repair Shop **1.00pm** Long Lost Family **2.00** My 600lb Life **4.00** Animal Cops Philadelphia (AD) **5.00** Saving Lives at Sea **6.00** **Celebrity** Yorkshire Auction House **7.00** Antiques Road Trip (AD) **9.00 New.** Yorkshire Auction House **10.00** Repair Shop **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops Detroit (AD) **5.00-6.00am** As 4pm **Really** Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Andre Rieu: Live in Sydney 8.00pm Classic Dame Edna Everage

6.00am Arts Uncovered **6.15** The Australian Ballet: The Merry Widow **8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Doris Day (AD) **12 noon** The Joy of Painting (AD) **1.00pm** Tales of the Unexpected (AD) **2.00** Raphael: Revealed **3.00** Anish Kapoor: Stupid Naughty Boy **4.00** Discovering: Errol Flynn (AD) **5.00** Tales of the Unexpected (AD) **6.00pm** **Alfred Hitchcock Presents** When Clint Ringle learns that the schoolteacher he loves is engaged to Walt Norton, he kills the man and then hides in the school's bell tower. **6.30** After Dana Edwards's fiancée Laura is killed in a hit-and-run, he is visited by John Hurley, who claims to be able to help him to remember the car's number plate. **7.00** **The Joy of Painting** Bob Ross paints a scene in which the evening sky sets in. (AD) **7.30** Bob Ross depicts a little wooden cabin on a bed of soft snow in a cold, wintry forest. **8.00** **Andre Rieu: Live in Sydney** Dame Edna Everage joins the violinist for an evening of music as he performs in Sydney, Australia. **11.00** **Pavarotti: the Duets – the Best of Pavarotti and Friends** The operatic tenor collaborates with a host of stars within the industry as Luciano Pavarotti's legacy lives on. **12.35am** Ray Charles: Live at Montreux **2.05** BB King: Live in Concert at the Royal Albert Hall **3.50** Lenny Henry's Got the Blues (AD) **4.50** Sky Arts Ambassador Bursary Shorts **5.00-6.00am** Auction **Sky Arts** Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Couples Come Dine with Me: from Brighton **10.00** Come Dine with Me **12.30pm** Everybody Loves Raymond (AD) **2.00** Frasier (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun: from Manilva, Spain **6.00pm** **A New Life in the Sun** In Granada, two former air stewards deal with the aftermath of a storm at their B&B. Shown 4pm C4 **7.00** **A Place in the Sun** Ben Hillman helps celebrity photographer John find a new home on the Greek island of Skopelos. **7.45** **The Great Pottery Throw Down** 5/10 In garden week, the potters make cascading water features and hedgehog houses. **See choice, p50.** Shown yesterday 7.45pm C4 (AD) **9.00** **Grand Designs** Kevin McCloud follows a couple's project to build an ultra-modern underground family home on a hill near Canterbury. Shown yesterday 9pm C4 (AD) **10.00** **FILM** **War for the Planet of the Apes** ★★★★★ Sci-fi adventure sequel starring Woody Harrelson and Andy Serkis. Ape leader Caesar embarks on a quest for revenge. **Review, page 47.** Shown Saturday 11pm C4 (AD) **12.50am** To Catch a Copper **1.55** Night Coppers (AD) **2.55** 999: on the Front Line **4.00-5.00am** Gogglebox: opinions on Jamie's E1 Wonders (AD) **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** **New series.** Outback Farm: Anthony and Danyelle Haigh start their new life on the farm **10.00** Gold Divers **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage (AD) **4.00-5.00am** How It's Made **Quest** Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Secrets of the London Underground 8.00pm Siddy Holloway and Tim Dunn

6.10am VE Day: Countdown to Peace **7.10** Auschwitz: the Nazis and the Final Solution **8.00** Abandoned Engineering: a pirate city in Jamaica (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Antiques Roadshow** Fiona Bruce presents from Nymans gardens near Crawley. **7.00** **Great British Railway Journeys** Michael Portillo travels from the Berkshire town of Windsor to Didcot in Oxfordshire. **7.30** Visiting Alton in Hampshire. **8.00** **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore the Clapham South deep level shelter. (AD) **9.00** A look at the disused Jubilee Line areas of Charing Cross. (AD) **10.00** **Bangers and Cash** Paul collects a cherished 1924 Rover 9 from a family. (AD) **11.00** **Abandoned Engineering** A UK site with evidence of strange burial practices. (AD) **12 midnight** Great British Railway Journeys **1.00am** Fred Dibnah's Railway Collection **2.00-3.00am** Smoke and Steel (AD) **Yesterday** Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** Special Ops: Crime Squad UK (AD) **10.00** Repair Lot (AD) **12 noon** Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear (AD) **5.00pm** **Rick Stein's Secret France** The Spanish border and the Mediterranean. (AD) **6.00** Visiting Languedoc and Provence. (AD) **7.00** **Richard Osman's House of Games** Chizzy Akudolu, Charlie Higson, Kate Williams and Tom Allen test their knowledge. **7.40** With Radzi Chinyanganya, Hal Cruttenden, Kerry Godliman and Ebony Rainford-Brent. **8.20** **Would I Lie to You?** Host Rob Brydon is joined by guests Rebecca Front, Jack Whitehall, Nick Hewer and Miranda Hart. **9.00** **QI** XL Clare Balding, Dara O Briain and Jimmy Carr join host Stephen Fry. **10.00** **Eight Out of Ten Cats** With Katherine Ryan, Angela Barnes, Paisley Billings, Lloyd Griffith and Tom Read Wilson. **11.00** **Taskmaster 1/10** Series 7. Five new contestants complete a series of tasks. **12 midnight** Release the Hounds: Reggie Yates hosts **1.00am** Schitt's Creek **1.30** Would I Lie to You? **2.20** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins **Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Australia's Front Line **8.00** Nothing to Declare (AD) **9.00** Motorway Patrol **10.00** UK Border Force (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line: double bill (AD) **3.00** Nothing to Declare: double bill **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin: Arthur is challenged to a duel (AD) **9.00** **New series.** A League of Their Own: with Tom Davis, Maisie Adam, George North and Laura Woods First shown on Sky Showcase (AD) **10.00** Grimm: a college student is murdered **11.00** Killer in My Village **12 midnight** World's Most Evil Killers: the crimes of American serial killer Mark Goudeau **1.00am** Caribbean Cops (AD) **2.00** Brit Cops: Rapid Response (AD) **3.00** Highway Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops **Sky Mix** Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS **9.55** Entertainment News **10.00** NCIS **10.55** Entertainment News **11.00** NCIS **12 noon** Law & Order: six back-to-back episodes of the crime drama **6.00pm** NCIS: four episodes. Series 19 Jimmy and Kasie are exposed to a deadly bio-toxin during an investigation **7.00** Vance's daughter assists the officers in a highly dangerous mission **8.00** Parker's delinquent past resurfaces during an investigation **9.00** **New.** Series 20. McGee's personal and professional lives intersect **10.00** Law & Order: Special Victims Unit: four episodes **1.55am** Lucifer: double bill **3.35-4.00am** Criminals: Caught on Camera (AD)

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Rose warns Cash about his review. Shown 1.45pm C5 (AD) **6.30** **New.** Felicity tries to get Mail to reveal all about Tane's love life. Rptd Tue 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** The work of doctors at a medical practice. (AD) **8.00** **Casualty 24/7: Every Second Counts** Staff are allowed to work without masks for the first time since the pandemic. **9.00** **Ambulance: Code Red** A tree surgeon falls 12 feet onto metal railings. (AD) **10.00** **999: Criminals Caught on Camera** The use of CCTV to fight crime. **11.00** **Cold Case Killers** The search for Sally McGrath's murderer thirty years later. **12 midnight** Adults Only: Paid to Be Naked **1.00am** Skin A&E **2.00** Casualty 24/7: Every Second Counts **2.50** GPs: behind Closed Doors (AD) **3.35-4.00am** Home and Away (AD) **5 Star** Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.10** Criminals: Caught on Camera **9.40** Outback Truckers **10.40** Traffic Cops **11.45** **FILM** Day of the Evil Gun ★★ Western starring Glenn Ford **1.50pm** **FILM** Sitting Bull ★ Western **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** **Police Interceptors** Damo and Nyci are involved in a pursuit that ends in a fireball. **7.00** A reverse ramming sends Interceptor Chris reaching for German shepherd Ronny. **8.00** **Motorway Cops: Catching Britain's Speeders** PCs Matt Turner and Rich Woodward are on the tail of an uninsured vehicle. **9.00** **FILM** **The Fugitive** ★★★★★ Thriller starring Harrison Ford and Tommy Lee Jones. Richard Kimble is sentenced to death for the murder of his wife. In order to clear his name, he must find the mysterious one-armed man with whom he struggled on the night of the murder. **Film of the Day: page 67.** **11.45** **FILM** **Night Hunter** ★★ Crime thriller starring Henry Cavill, Ben Kingsley and Alexandria Daddario. **1.40am** Police: Night Shift 999 **2.40** Trucking Hell (AD) **3.35-4.00am** Criminals: Caught on Camera **5 Action** Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

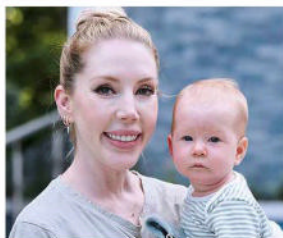
46

9.00am The Yorkshire Vet (AD) **3.00pm** Murder, She Wrote (AD) **4.00** Columbo **6.00pm** **Eggheads** Double bill of the quiz. **7.00** **World's Most Scenic River Journeys** A trip down the Niagara River. **8.00** **Lighthouses: Building the Impossible** Why Fastnet is regarded as one of the most stunning rock lighthouses ever built. **9.00** **The Cotswolds and beyond with Pam Ayres** The poet heads to north Gloucestershire. **10.00** **Lost Nukes of the Cold War: Drain the Oceans** Experts head beneath the waves to reveal shocking secrets of the Cold War. **11.00** **Egypt's Sunken City: Drain the Oceans** Searching for the remains of a legendary ancient city in the Nile delta. **12.05am** Forged in Fire **2.00** Underwater Stonehenge: Ancient Mysteries **3.00** The Volcano Warrior: Ancient Mysteries **3.50-4.00am** Entertainment News **5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

MONDAY Freeview & films

W 25



Katherine Ryan: Parental Guidance 9.00pm Advice

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook **7.00 New.** My Kitchen Rules: New Zealand **8.00** Tipping Point **11.00** DIY SOS: The Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm MasterChef Australia The season's first mystery box.

7.00 DIY SOS: Celebrating 20 Years A look back at past shows.

8.00 DIY SOS: Children in Need Special An adventure campsite is built in East Yorkshire.

9.00 New series. Katherine Ryan: Parental Guidance 1/5. The comedian and mother explores parenting ideas. **See page 61.** (AD)

10.00 Kathy Burke's All Woman Talking to women about their lives.

11.00 Stacey Dooley: Locked up with the Lifers Meeting eight women serving life for murder.

12.05am Katie Piper's Jailhouse Mums: in Georgia (AD) **1.05** One Born Every Minute **2.05-3.00am** Inside the Ambulance (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream (AD) **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden **6.00** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** My Dream Derelict Home in the Sun **9.00** Fixer Upper: Welcome Home **10.00** New. Help! I Wrecked My House: a home filled with unfinished projects

11.00 Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream (AD) **3.00-4.00am** My Lottery Dream Home

HGTV F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Sara Dane **7.00** Mudlarking the Thames **8.00** Destination Flavour **8.30** Poh & Co **9.00** Bizarre Pet Vets **10.00** Magic Moments: the Spell of Nature **11.00** Europe's Wilderness **12 noon** Monkey **1.00pm** FILM The Water Babies ★ **2.50** FILM The Shape of Things to Come ★ **4.50** London Districts **5.00** My Greek Odyssey **6.00** News **7.00** Auction **7.30** Pet Island **8.00** William and Mary **9.00** The Sandbaggers **10.00** Rising Damp **11.00** FILM The Search for John Gissing ★★ **1.05am** FILM Art Ache ★★ **2.45** FILM Clockwise ★★ **4.35** London Districts **4.45** Secrets of London **5.00-6.00am** as 10am

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Tom Kerridge More Sunday Lunch 9.00pm On the grill

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00 New.** Valerie's Home Cooking **9.00** Barefoot Contessa: back to Basics (AD) **10.00** Ainsley's Food We Love **11.00** The Hairys Bikers Go North **12 noon** The Great British Bake Off **2.00pm** James Martin's United Cakes of America **3.00** Rick Stein's Fruits of the Sea **4.00** Barefoot Contessa: back to Basics (AD) **5.00 New.** The Pioneer Woman **6.00pm** James Martin's United Cakes of America: double bill **7.00** The Great British Bake Off (AD) **8.00** The Hairys Bikers Go North: Simon King and Dave Myers tour Northumberland **9.00 New.** Tom Kerridge More Sunday Lunch: the chef fires up the barbecue for a Middle Eastern feast, including spicy barbecued chops and grilled halloumi **9.30** Tom Kerridge's American Feast: Tom travels to California's Central Valley (AD) **10.00** Rick Stein's Fruits of the Sea **11.00** Diners, Drive-Ins and Dives **12 midnight** Bobby's Triple Threat **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 Sky 249 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder: three episodes **11.00** Castle **1.00pm** Sue Thomas: F.B.I. **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H **9.00** The Avengers: a blackmailing assassin is tracked down **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased): Jeff and Jeannie escort beauty queens **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **11.00** Medical Detectives: six episodes **2.00pm** Murder by the Sea: two editions. Susan Barber takes drastic measures to stop her husband leaving, then the murder of Brian Bishop, who was shot and killed in a shoot out with an armed robber **4.00** Medical Detectives: six editions **7.00** Judge Judy: twenty-three back-to-back episodes of the punchy reality show **4.45-6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

6.00am Westminster Hall **10.00** Prime Minister's Questions **10.35** Scottish First Minister's Questions **11.20** Welsh First Minister's Questions **12.20pm** House of Lords **1.50** Lords Questions **2.30** Live Work and Pensions Questions: questions in the House of Commons to Mel Stride, the Work and Pensions Secretary **3.30** Live House of Commons **11.00** Lords Questions **11.45pm-7.00am** House of Lords

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



A Cold War of Spies 7.35pm Oppenheimer and Groves

6.00am The Movement and the "Madman" **6.55** Taken Hostage **7.50** Beautiful Serengeti **8.20** Great War Diaries **9.35 New series.** A Cold War of Spies **10.35** as 8.35pm **11.45** Blood of the Clans **1.00pm** Beautiful Serengeti **1.30** as 6.15pm **2.50** as 7.35pm **3.50** as 8.35pm **5.00** as 9.45pm

6.15pm Great War Diaries 1/3 The stories of those who were affected by the First World War.

7.35 A Cold War of Spies 1/4 Examining the history of the Cold War. **See page 60.**

8.35 Taken Hostage How America's support for the Shah facilitated the Iran hostage crisis.

9.45 Blood of the Clans 1/3 Drama-documentary telling of the bloody 17th century Civil War.

11.00 A Cold War of Spies As 7.35pm.

12 midnight as 9.45pm **1.15am** as 7.50am **1.50** as 6.15pm **2.50** as 8.35pm **3.50** as 6am **4.50-6.00am** as 8.35pm

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** Alien Files: Unsealed: double bill **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries: two editions **1.35** Top Secret UFO Projects Declassified **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens: double bill **6.00pm** Alien Files: Unsealed **7.00** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New.** History's Greatest Mysteries: a Long Island home which became notorious **10.00** New. Secrets in the Jungle: the remains of an ancient rhinoceros are found **11.00** Secrets in the Ice **12 midnight** What on Earth? **1.00am** Strange Evidence **2.00** Alien Files: Unsealed **3.00** Counting Cars **3.45** American Restoration **4.10** Court Cam **5.00-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **3.00** Strike It Lucky **4.00** Bullseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: celebrities compete to win a cash prize for a charity of their choice (AD) **11.00** Bullseye: double bill **12 midnight** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **5.00-6.00am** Bullseye: double bill of the quiz

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.40am Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedie & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 New.** Pip and Posy **7.40** Paddington **8.00** Milo **8.15** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55-9.15am** Peppa Pig

Full listings for Channel 5 are on p64

CBeebies 202

6.00am Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Love Monster **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** My Petsaurus **9.00** Bing **9.05** Yakka Deel! **9.15 New.** Lu & the Bally Bunch **9.20** Love Monster **9.30** Colourblocks **9.35** Twirlymoss **9.45** Something Special **10.10** Teletubbies **10.20** The Baby Club **10.35** Kiril & Lou **10.40** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nicki Cope's Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Olga Da Polga **3.25** Small Potatoes **3.35 New series.** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Andy's Global Adventures **4.15** Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Molly and Mack **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35 New.** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** New. Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Operation Ouch! **9.05** Secret Life of Boys **9.25** Game on Grandparents **9.50** Danny & Mick **10.00** Deadly **6.00** 10.30 Absolute Genius **11.00** Bitesize Daily **11.20** Out of This World **11.30** Blow Your Mind **11.45** Craft Party **12 noon** Andy's Global Adventures **12.15pm** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher **1.30** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Ooglies **1.55** Operation Ouch! **2.25** The Beaker Girls **2.50** Pokémon **3.15** Danger Mouse **3.25** Shaun the Sheep **3.35** Ninja Express **3.45 New.** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon **5.30** Deadly Mission Shark **6.00** Spooky Files **6.25** Next Step **6.45** Grizzly and the Lemmings **6.55-7.00pm** New series. Jamie Johnson FC

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2
6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.20-9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu **10.50** Bob the Builder **11.20** Teletubbies **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athletics

FILMS

Film4 14

11.00am Gunfight at the OK Corral ★★★★★ Brilliant western with a mesmerising shoot-out finale, with Burt Lancaster and Kirk Douglas playing Wyatt Earp and Doc Holliday. Rhonda Fleming (1957, PG) (S)

1.25pm Reach for the Sky ★★★★★ Stirring biopic about pilot Douglas Bader, who overcame the loss of his legs to become one of the RAF's most decorated heroes. **Review, right.** Kenneth More, Muriel Pavlow (1956, U) (S) (AD)

4.10 The Last Hurrah ★★★★★ Spencer Tracy revels in his role as a loquacious mayoral candidate in this occasionally sentimental political drama directed by John Ford. **Review p107.** Jeffrey Hunter (1958, U) (S)

6.40pm Star Trek Beyond ★★★★★ The *Enterprise* crew takes on alien ruler Krall (Idris Elba) in this magnificent slice of sci-fi action. Chris Pine, Zachary Quinto (2016, 12) (S) (AD)

9.00 Jack Reacher ★★★ Brash action yarn with Tom Cruise as the maverick ex-military cop who teams up with a hotshot lawyer. Rosamund Pike (2012, 15) (S) (AD)

11.40 The First Purge ★★★ Efficient prequel to the *Purge* action horror trilogy about a state-sanctioned night of mayhem. **Review, right.** Y'lan Noel (2018, 15) (S)

1.35-3.40am Breaking In ★★★ Gabrielle Union is the mother trying to save her teenage kids in this efficiently handled home-invasion thriller. Billy Burke (2018, 15) (S)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Stagecoach West Western TV series. (S) **7.00 Forbidden Cargo** ★★ Cosy drug smuggling crime drama with a strong cast but little tension. Nigel Patrick (1954, PG) (S) **8.45**

Four Star Theatre TV drama. **9.15 Inn for Trouble** ★★ Ada and Alf take over a country pub in this movie spin-off from TV sitcom *The Larkins*. Peggy Mount, David Kossoff (1960, U) (S) **11.00**

Time to Remember Documentary. (S) **11.35 The Outer Limits** TV sci-fi. (S) **12.35pm The Midlands in the 1960s** TV documentary. **12.55 Two Flags West** ★★★ Civil War enemies clash while defending a fort in this thoughtful western. **Review, right.** Joseph Cotten (1950, U) (S) **3.00 The Saint** TV adventure. (S) **4.00 That Beryl Marston!** TV comedy. (S)

4.30 Storm in a Teacup ★★★ British romantic comedy with Vivien Leigh and Rex Harrison as a couple whose happiness is stymied by her litigious father. **Review, right.** (1937, U)

6.30 Out of Town Documentary. (S) **7.00 The Footage Detectives** Sheep farming in Australia. (S) **8.00 The Brothers** TV drama. (S) **9.05 Absence of Malice** ★★★★★ Worthy, well-acted drama about manipulation of the media. **Review, right.** Paul Newman, Sally Field (1981, PG) (S)

11.15 Mannaja ★★★ Entertaining spaghetti western following a bounty hunter who is pulled into a violent, twisty plot. Maurizio Merli (1977, 18)

1.05am The London Nobody Knows ★★★★★ Fascinating documentary exploring London's stranger corners before redevelopment in the 1960s. (1967, U) (S)

2.00 Maigret TV mystery. **4.00 Justice** TV drama. **5.00 Monty Nash** TV drama. **5.30-6.00am Honey West** TV crime drama.

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



FILM REVIEWS

Great Movies 34

9.00am My Daughter Is Innocent ★★ A mum turns detective in this routine TV thriller. (2017, PG) **11.00 The Wrong Babysitter** ★★ So-so kidnap drama. Daphne Zuniga (2017, 15) **1.05pm Pregnant and Alone** ★★ Would you kill to be a mother? (2020) **3.00 Nanny Surveillance** ★★ A perfect au pair shows her sinister side. Talya Carroll (2018, 12) **5.05 Deadly Jealousy: The Killer Cousin** ★★ Enjoyably OTT teenage revenge thriller. Kate Drummond (2020) **7.10pm An Aurora Teagarden Mystery: A Bundle Of Trouble** **9.00 The Expendables** ★★ Sylvester Stallone and his band of mercenaries are hired to overthrow a ruthless Latin dictator. (2010, 18) **11.15 Seraphim Falls** ★★ Pierce Brosnan is pursued by former Civil War adversary Liam Neeson. (2006, 15) **1.35am Enemy Within** ★★ An escaped convict takes shelter in a blind girl's home. Mae Whitman (2007, 12) **3.30 Wild West Chronicles** **4.00-5.40am My Mother's Killer Boyfriend** ★★ Tepid TV-movie thriller. Amber Goldfarb, Damon Runyan (2019, 12) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1 Freeview** 61 (limited 10pm-5am) **Sky** 322

Great Action 42

8.00am Wild West Chronicles **9.00 The Desperados** ★★ Randolph Scott and Glenn Ford make this routine western watchable. (1943, U) **10.50 Battle Honours** **12 noon Wild West Chronicles** **1.00pm Rage at Dawn** ★★ Lethargic western about a special agent. (1955, U) **2.55 Last of the Comanches** ★★ A cavalry sergeant flees the Comanches in this effective western. Broderick Crawford (1952, U) **4.40 Wild West Chronicles** **5.10 Operation Valkyrie** ★★ Moody dramatisation of the German plot to kill Hitler by Colonel Claus von Stauffenberg. Sebastian Koch (2004, 15) **7.05pm Women of Valor** ★★ Patronising PoW drama about US Army nurses. Susan Sarandon (1986, 12) **9.00 Silverado** ★★ Invigorating western with Kevin Kline and Kevin Costner as part of a bunch of misfits. (1985, PG) **11.35 Bunraku** ★★ A drifter and a samurai team up. Josh Hartnett (2010, 15) **2.00am Prison Riot** ★★ Violent MMA action flick. Dolph Lundgren (2015, 18) **3.45-5.00am The Heroes of WW2** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky** 324

Great Romance 52

8.00am Summer in the Vineyard ★★ Fun sequel to *Autumn in the Vineyard*. (2017) **10.00 Appetite for Love** ★★ Corny TV romcom. Taylor Cole (2016) **12 noon Love in Design** ★★ Lively romance. (2018) **2.00pm Hometown Holiday** ★★ A flower-shop owner tries to be more picky with her men. Sarah Troyer (2018) **4.00 House of Deadly Secrets** ★★ A move spells trouble for a mother and daughter in this thriller. (2018) **6.00pm A Whirlwind Wedding** ★★ An event planner and a chef find love. Morgan Kohan, Drew Nelson (2020) **8.00 Love Knots** ★★ The community needs some love, too. Brooke Williams, Matthew Walker (2021) **10.00 Love, Take Two** ★★ Far-fetched but fun romance about a TV producer. Heather Hemmens (2019) **12.05am Lead with Your Heart** ★★ A relationship is put to the test by a job offer. (2015) **2.00 Highway to Heaven** **3.10-5.00am Hello, It's Me** ★★ A widow receives advice from her dead husband. Kellie Martin (2015) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view** 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.00am Book Club: the Next Chapter ★★★★★ Diane Keaton, Jane Fonda and friends take a jaunt through Italy. (2023, 12) **8.00 Jesus Revolution** ★★ Bland drama about America's hippy Christian movement in the 1970s. Joel Courtney (2023, 12) **10.15 As 8pm 12.05pm King of Killers** ★★ Corny but well-staged action flick with Frank Grillo. (2023, 15) **1.50 As 9.45pm 3.50 As 11.45pm 5.40 Transformers: Rise of the Beasts** ★★ Noisy jungle-set seventh entry in the franchise. Anthony Ramos (2023, 12) **8.00pm Hypnotic** ★★ Mind-bending pulp sci-fi with Ben Affleck as a cop whose grasp on reality starts to slip. **Review p38.** (2023, 15) **9.45 Insidious: the Red Door** ★★ Scare-free sequel in which a father and son suffer haunting visions. **Review p38.** Patrick Wilson (2023, 15) **11.45 57 Seconds** ★★ Twisty but outlandish sci-fi thriller about a time traveller. Josh Hutcherson (2023) **1.35am Haunting of the Queen Mary** ★★ Grisly horror set on the famous liner. Alice Eve (2023, 18) **3.45 As 6am 5.45 Sky Cinema Preview** **Sky Premiere** Sky 301 Virgin 401 **EE** 501/HD 515 **+1 Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00 Knight Rider** **10.00 Star Trek: Deep Space Nine** **11.00 Super Cyclone** ★★ Low-budget disaster movie. Ming-Na (2012) **1.00pm Meteorites!** ★ Derivative disaster thriller. (1998, PG) **3.00 Island of Terror** ★★ Chiller cheapie about a small Irish island menaced by bizarre beasts. **Review, right.** Peter Cushing (1966, PG) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi drama. **7.00 Knight Rider** TV adventure starring David Hasselhoff. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 Midnight Run** ★★★★★ Robert De Niro displays his talent for humour as a bounty hunter trailing a Mob accountant. (1988, 18) **11.30 Piercing** ★★ Stylish thriller about a family man and a sex worker. Christopher Abbott (2017, 18) **1.05am Mercy Black** ★★ Well-honed but patchy horror. Daniela Pineda (2019, 15) **2.50-4.30am Paranormal Activity** ★★★★★ Increasingly tense no-budget horror. Katie Featherston, Micah Sloot (2007, 15) **Legend F'view** 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am Bone Eater As 5pm **8.00 Night of the Big Heat** ★★ Peter Cushing and Christopher Lee bring a veneer of professionalism to this sci-fi horror about a heatwave. (1967, 15) **10.00 Andromeda** **11.00 The Gambler: the Legend Continues** **1.00pm Wild Horses** ★★ Fine western drama with Kenny Rogers as a bored former rodeo star who longs to return to the good ol' days. (1985, PG) **3.00 Andromeda** **4.00 The Six Million Dollar Man** **5.00 Bone Eater** ★ A cast of has-beens are terrorised by a skeletal demon in this daft horror. Bruce Boxleitner (2007, 15) **7.00pm Andromeda** TV sci-fi series. **8.00 The Six Million Dollar Man** TV sci-fi series starring Lee Majors. **9.00 Sacrifice** ★★ Creative pagan horror about a pregnant couple in a Norwegian cult. Barbara Crampton, Ludovic Hughes (2020, 15) **10.50 The Young Cannibals** ★★ Gory survival horror in which friends on a camping trip manage to summon a demon. Megan Purvis (2019, 15) **1.00-2.50am Sacrifice** As 9pm **Legend Xtra F'view** 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat** 139 Sky 318 Virgin 371



FILM OF THE DAY

The Fugitive ★★★★★

9.00-11.45pm 5 Action

15

THRILLER The 1960s TV series of *The Fugitive* starring David Janssen ran for 120 episodes and attracted a cult following. Director Andrew Davis takes the bare bones of the source material and delivers a juggernaut of a movie, in which the suspense never lets up. Harrison Ford is on fine form as the surgeon who is wrongfully convicted of the murder of his wife and sets off to find the killer. But the movie is stolen by Tommy Lee Jones, who gives an Oscar-winning turn as the marshal doggedly pursuing the wanted man. **JOHN FERGUSON** (US 1993, violence, swearing, col/BW, HD)

Two Flags West ★★★★★

12.55-2.45pm

Talking Pictures TV

U

WESTERN In the American Civil War, Confederate prisoners were allowed to serve in Union army posts out west to help repel Native American forces. This film builds on that idea, with Joseph Cotten reluctantly joining Jeff Chandler and Cornel Wilde at their remote fort. There's a lot of talk, but director Robert Wise stages the final Apache attack with vigour. **ALLEN EYLES** (US 1950, BW)

Reach for the Sky ★★★★★

1.25-4.10pm Film4

U

BIOPIC This is a fine example of British cinema's unsentimental approach to Second World War heroism. It's the story of Douglas Bader (played by Kenneth More in one of his best roles), who lost his legs in a prewar flying accident and became one of the RAF's most decorated veterans. Director Lewis Gilbert makes the drama as compelling as the action. **DAVID PARKINSON** (UK 1956, BW)

Island of Terror ★★

3.00-4.50pm Legend

PG

HORROR Bone marrow-sucking monsters are on the rampage in this cheapie chiller. Making the most of the isolated Irish setting and

infusing the carnage with macabre humour (scientist Peter Cushing mutilates his own body to save himself), it's a reasonably tense affair from genre maestro Terence Fisher. **ALAN JONES** (UK 1966, violence)

Storm in a Teacup ★★★★★

4.30-6.15pm

Talking Pictures TV

U

COMEDY This sweet and funny vintage comedy is new to Talking Pictures TV today. When the stern provost (Cecil Parker) of a small Scottish town orders an old woman's dog to be confiscated because she hasn't paid her fines, reporter Rex Harrison picks up the story and creates a national scandal. Vivien Leigh co-stars as Parker's daughter, who is in love with Harrison. **ROBYN KARNEY** (UK 1937, BW)

Snitch ★★★★★

9.00-11.00pm Sky Max

12

THRILLER Dwayne Johnson stars here as a construction boss who poses as a truck-driving drugs trafficker to free his estranged son from prison. The action scenes, shoot-outs and car chases are efficiently handled by director Ric Roman Waugh, and Johnson acquires himself well in both the physical and emotional departments. **DAVE ALDRIDGE** (US/Can/UAE 2013, violence, swearing, HD)

Absence of Malice ★★★★★

9.05-11.15pm

Talking Pictures TV

PG

DRAMA Sally Field plays a Miami reporter who defames honest businessman Paul Newman in this big-issue drama. Sydney Pollack's direction is well focused and the Oscar-nominated script makes all the right liberal noises. The two leads give worthy turns, but the standout performance is from Melinda Dillon as Newman's fretful alibi. **TOM HUTCHINSON** (US 1981, violence, swearing)

Vice ★★★★★

11.15pm-1.20am

BBC2 (not in N Ireland)

15

SATIRE Christian Bale stars as US Vice President Dick Cheney, the power behind George W Bush's throne, in this biopic. Writer/director Adam McKay employs an array of audacious gimmicks to emphasise the VP's control over the presidency, with Steve Carell (as Donald Rumsfeld), Sam Rockwell (as Bush) and Amy Adams (as Cheney's wife, Lynne) among the impressive cast. **TERRY STAUNTON** (US 2018, swearing, HD)

The First Purge ★★★★★

11.40pm-1.35am Film4

15

HORROR The fourth film in the *Purge* franchise delves into the origins of the state-sanctioned night of mayhem when any crime can be committed without fear of arrest. Although implausible, the story is slickly told and exciting as it chronicles American society's descent into hell, prompting the first purge to take place on Staten Island in New York. **DA** (US 2018, violence, swearing, drug abuse, HD)

Sky Cinema picks

The Sugarland Express

★★★★ 3.25-5.25pm

Sky Action

Spielberg chase movie. (1974, PG) Sky 306; Virgin 406; BT 506/520

Patch Adams ★★★★★

6.25-8.25pm Sky Family

Robin Williams prescribes laughs and emotion. (1998, 12) Sky 306; Virgin 406; BT 506/520

Old Boy ★★★★★

10.25pm-12.10am Sky Thriller

Josh Brolin is out for revenge in Spike Lee's remake. (2013, 18) Sky 309; Virgin 409; BT 509/523

Films to stream from p32

Netflix, Amazon, Disney+ and more



Sky Showcase



Rob and Romesh vs the NFL 8.00pm Time for a Hail Mary?

6.00am Sky News Breakfast **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** Strangest Things **11.00** Hope for Wildlife **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O: **4.00** S.W.A.T. (AD) **5.00** The Simpsons: double bill

6.00pm The Office US **21/25** Series 3. An error causes issues. **6.30 22/25** Michael takes the female staff on a special outing.

7.00 The Simpsons Homer becomes the Duff beer mascot. **7.30** Bart is involved in a crash.

8.00 Rob and Romesh vs the NFL 2/6 Series 1. The duo train with American football players. (AD)

9.00 True Detective: Night Country 4/6 Series 4. Annie's murder location is confirmed.

10.20 Sex and the City 5/18 Series 3. Carrie wonders whether she should give up smoking.

10.55 6/18 Miranda realises how many men she has slept with.

11.25 The Force: North East A woman thought to have overdosed disappears.

12.20am A fight leads to an arrest.

1.15 Brit Cops: Law & Disorder

2.10 Road Wars **3.05** Hawaii Five-O **4.00** S.W.A.T. (AD)

5.00-6.00am Motorway Patrol

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine **16/26** Series 5. Bashir is selected to be the model for Starfleet's holographic doctor, but a dark secret comes to light. **7.00 17/26** Odo falls in love with a mysterious woman who is harbouring a dark secret.

8.00 Star Trek: Enterprise 13/24 Series 3. The ship encounters a vessel in the Delphic Expanse that could help the crew to discover the whereabouts of an enemy superweapon.

9.00 Treasure Guards ★★ Adventure starring Anna Friel and Raoul Bova. Archaeologist Victoria Carter teams up with a member of a secret Vatican initiative to protect a scroll thought to have been handed down by God himself.

10.45 Grimm 19/22 Series 2 Nick investigates a series of attacks on cattle and wonders if it could be the work of aliens. **11.45 20/22** Nick intervenes in the murder of a writer by a monster and meets a woman.

12.45am True Blood **3.00** Star Trek: Enterprise **4.00-6.00am** Star Trek: Deep Space Nine

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 +1 Virgin 229

Sky Atlantic



True Detective: Night Country 9.00pm Danvers

6.00am Fish Town **7.55** The Sopranos **10.05** The Wire **12.15pm** Game of Thrones (AD) **1.20** Gomorrah **3.30** The Sopranos

5.40pm The Wire **12/13** Series 1 In the wake of the raids, Avon and Stringer meet their attorney. **6.45 13/13** Daniels and McNulty appeal to the FBI for help.

7.55 Game of Thrones **5/10** Series 6. Tyrion seeks a new ally and Brienne goes on a mission, while Arya is given a chance to prove herself. Elsewhere Bran learns a great deal. (AD)

9.00 True Detective: Night Country 4/6 Series 4. Danvers and Navarro confirm the location of Annie's murder, while the police chief levies a harsh punishment on Leah following her protest.

10.15 Mare of Easttown **5/7** Mare opens up about her family's history with mental health and meets a source about possible connections in her three cases. (AD)

11.25 Perry Mason 2/8 Sister Alice offers the Dodsons the church's moral and financial support. There is a shocking admission from Baggerly. (AD)

12.35am The Outsider (AD) **1.45** I Know This Much Is True (AD)

2.55 Game of Thrones (AD)

4.00-6.00am Fish Town

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Rapid Response (AD) **11.00** The Rookie (AD) **12 noon** FBI (AD) **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Nothing to Declare Seven editions of the fly-on-the-wall documentary following the lives of customs officers at Australia's biggest airports.

8.00 Blue Bloods **1/21** Series 13 Eddie and Jamie deal with a domestic abuse case linked to Danny and Baez's investigation. Erin gets a surprising offer. (AD)

9.00 The Good Doctor 16/22 Series 6. Dr Shaun Murphy looks for legal representation to help him win a case and puts his faith in a young lawyer who has obsessive compulsive disorder.

10.00 9-1-1 4/14 Series 4 Athena investigates a murder during a neighbourhood block party while the rest of the crew rush to deal with a bomb threat.

11.00 The Rookie 10/22 Series 5 Nyla and James find themselves in the middle of a bank robbery. Tim and Lucy go on a date. (AD)

12 midnight The Good Doctor **1.00am** Chicago PD **2.00** The Force: Manchester: double bill **4.00** Brit Cops: Rapid Response (AD) **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Snitch 9.00pm Rock solid: John tries to save his son

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1: double bill **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 **3/20** Series 9. A group of gods threatens to destroy Earth. **7.00 4/20** Daniel and Vala attempt to unlock the Jaffa device.

8.00 Rob and Romesh vs the NFL 2/6 Series 1. The comedians train with American football players and get ready for a match in front of 80,000 people. (AD)

9.00 Snitch ★★ Crime thriller starring Dwayne Johnson. A father goes under cover to ensnare a drugs gang and secure the release of his son, who has fallen foul of mandatory sentencing laws. **Review p67.** (W)

11.00 From **5/10** Series 1. Jim, Tabitha and Ethan begin asking questions in the hopes of getting home, while Julie is shown the lighter side of life in the town. (AD)

12 midnight Flintoff: Lord of the Fries (AD) **1.00am** Brit Cops: Law & Disorder (AD) **2.00** Road Wars **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Cops **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver: double bill

6.00pm Stargate Atlantis: double bill. The team is taken hostage by Kolya, then Rodney McKay gains superhuman abilities **8.00** Highway Cops **9.00** Manifest: double bill. Ben and Saanvi join forces with Vance in his venture to understand Flight 828, then Michaela's premonition leads her to pursue a fugitive (AD) **11.00** The Russell Howard Hour: highlights of the fourth series **12 midnight** The Force: Manchester **1.00am** Stop, Search, Seize (AD) **2.00** A League of Their Own: European Road Trip (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol (AD) **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** What the Killer Did Next (AD) **2.00** Killer in My Village **3.00** Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer (AD) **7.00** Most Evil Killers **9.00** New. Forensics: Catching the Killer: police try to link the murder of Eileen Jawczak to the Rochdale Ripper (AD) **10.00** What the Killer Did Next (AD) **11.00** Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** The Real Manhunter (AD) **3.00** The Killer Within **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Victoria Wood as Seen on TV 8.45pm Acorn Antiques

7.05am Desmond's **7.30** Hi-de-Hil **8.00** Keeping Up Appearances **8.40** Ever Decreasing Circles **9.20** Hi-de-Hil **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances **12.40pm** Ever Decreasing Circles **1.20** Porridge **2.00** Dad's Army **2.40** Only Fools and Horses (AD) **3.20** Hi-de-Hil **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm Keeping Up Appearances Hyacinth and Richard take over a cottage, with unexpected results.

6.40 Dad's Army Mainwaring's men pose as Nazi infiltrators.

7.20 Pike borrows Mainwaring's car for a date at the cinema.

8.00 dinnerladies The crew prepares the millennium dinner. (AD)

8.45 Victoria Wood as Seen on TV A visit to a tattoo parlour.

9.25 Not Going Out Lee lets out Lucy's flat to a film director.

10.00 Live at the Apollo Jack Whitehall hosts, with routines by Katherine Ryan and Rich Hall.

11.00 dinnerladies Dolly gets in a flap about the new uniforms. (AD)

11.35 As 8pm.

12.20am Live at the Apollo **1.20** Not Going Out **2.00** Victoria Wood as Seen on TV **2.35** Hi-de-Hil

3.20-4.00am Desmond's

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **9.00** Mr Mayor (AD) **9.30** The Conners **10.00** Wellington Paranormal (AD) **10.30** The Comeback (AD) **11.10** Entourage (AD) **12.20pm** The Comeback (AD) **2.00** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Wellington Paranormal (AD) **5.00** The Conners: double bill

6.00pm The Office US **7.00** In the Long Run (AD) **8.00** Will & Grace: double bill (AD) **9.00** CHOICE Curb Your Enthusiasm: Larry heads to Georgia. **See page 61.** **9.45** Larry David: Curb Your Enthusiasm **11.00** Sex and the City: double bill. Carrie considers giving up smoking, then Miranda counts her conquests

12.15am New. Real Time with Bill Maher **1.25** Insecure (AD) **2.05** Curb Your Enthusiasm: double bill **3.20-5.00am** The Comeback: two editions (AD)

Sky Comedy Sky 114 (115 Wales)
Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Weather **8.35** Most Ridiculous: Talent Shows **9.00** Your Face or Mine **10.00** Impractical Jokers **12 noon** Home Improvement **1.00pm** Friends (AD) **9.00** Michael McIntyre: Live and Laughing **10.00** Impractical Jokers: double bill **11.00** New series. Reno 911! the deputies seek to shoot an unarmed white man to prove they aren't racially biased **11.30** Jimmy Carr: Comedy Central Live **12.30am** The Alternative Comedy Experience **1.30** Most Ridiculous: Penguins and Other Wildlife **2.00** Channel Hopping with Jon Richardson **3.00** Rhod Gilbert's Growing Pains **3.45** The Funniest Adverts on the Planet **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales)
Virgin 132 EE 345/HD 360
+1 Sky 212 (213 Wales) Virgin 332

Alibi



Elementary 7.00pm Holmes tries to clear Watson's name

7.15am Murdoch Mysteries **9.00** Rizzoli and Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries: double bill **4.00** Rizzoli and Isles (AD) **5.00** Unforgettable

6.00pm Without a Trace **9/18** Series 6. A former convict goes missing after visiting an inmate, raising the possibility that her past misdeeds have caught up with her.

7.00 Elementary 10/24 Series 5 Watson and Holmes look for a doctor writing illegal prescriptions.

8.00 Father Brown **15/15** Series 5 Flambeau is incarcerated under suspicion of murder, but denies killing his cohort Flynn. (AD)

9.00 Death in Paradise **8/8** Series 5. A student is found dead with a gun in her hand – but there are suspicions it is not suicide. (AD)

10.00 Murdoch Mysteries **6/24** Series 16. While out of town, Murdoch and Ogden investigate the death of a Mennonite.

11.00 Justified **13/13** Series 2 Raylan becomes embroiled in Boyd's feud with the Bennetts.

12 midnight Elementary **1.00am** Unforgettable **2.00-4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin 114
EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big 1100 Wheeler Dealers (AD) **1.00pm** Building off the Grid **3.00** Blowing Up History **4.00** Alaska: Homestead Rescue

6.00pm Richard Hammond's Big 700 Wheeler Dealers (AD) **8.00** Railroad Alaska: an ice storm threatens to derail a freight train **9.00** New. Custom Carolina: Tommy and his team are challenged to modify a Lamborghini Huracan **10.00** New. Street Outlaws: Locals Only. In Ohio, elite drivers compete for a chance to race OKC Street Outlaw Jeff Lutz **11.00** Expedition Bigfoot: the team uncover some mysterious tracks **12 midnight** Deadliest Catch **1.00am** Custom Carolina Hunters: a Bradford weaving mill **11.00** Salvage Hunters: the Restorers (AD)

12 midnight Combat Dealers: Reloaded **1.00pm** Combat Dealers: Reloaded **2.00** How the Universe Works **3.00** Salvage Hunters: 4.00 Mysteries at the Museum **5.00** Blowing Up History **6.00** Combat Dealers: Reloaded **7.00** Expedition Unknown

8.00 Devonport: inside the Royal Navy **9.00** Combat Dealers **10.00** Salvage Hunters: a Bradford weaving mill **11.00** Salvage Hunters: the Restorers (AD)

12 midnight Combat Dealers **2.00am** Salvage Hunters **3.00** Devonport: inside the Royal Navy **4.00-5.00am** Salvage Hunters: the Restorers (AD)

Discovery History Sky 177 Virgin 181
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

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Sky Documentaries



Bright Lights 9.00pm Carrie Fisher and Debbie Reynolds

6.00am Inside the Freemasons (AD) **7.00** Discovering: Gene Kelly (AD) **8.00** The Directors **9.00** Dark Horses: Italy's World Cup Triumph **10.00** Juan Carlos: Downfall of the King **11.00** Dublin Narcos **12 noon** Everton: Howard's Way (AD) **2.10pm** AKA Mr Chow **4.00** The Directors **5.00** Discovering: Gene Kelly (AD)

6.00pm **Dark Horses: Italy's World Cup Triumph** Italy start their World Cup out of favour but advance from the group stage.

7.00 **Juan Carlos: Downfall of the King** The rise and fall of the former Spanish King Juan Carlos I, who was forced to abdicate.

8.00 **Dublin Narcos** The rise in drug addiction and crime in Dublin from the 1980s to the present day.

9.00 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** The mother and daughter relationship of the Hollywood stars, who died within a day of each other in 2016. (AD)

11.00 **Tell Them You Love Me** The story of an affair between an esteemed university professor and a man with cerebral palsy.

1.00am Adrienne (AD) **3.00** Steve McQueen: the Lost Movie (AD) **4.50** My Icon: Moen Ali (AD) **5.00–6.00am** Discovering: Gene Kelly: a profile of the actor (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Hitler's Secret Underground Factory **11.00** Megafactories (AD) **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Lost Temple of the Inca **4.00** Egypt's Sun King: Secrets and Treasures **5.00** Car SOS (AD) **6.00** Lost Treasures of Egypt: a look at Egypt's most famous female pharaoh, Cleopatra (AD) **7.00** Air Crash Investigation: how American Airlines Flight 587 crashed in New York City **8.00** **New**. Inside Sydney Airport: as storms close runways, a man has an apparent heart attack on a flight **9.00** Air Crash Investigation **12 midnight** To Catch a Smuggler **1.00am** Wicked Tuna **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** The Bermuda Triangle Enigma **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Great Escapes with Morgan Freeman **5.00** Pawn Stars **6.00pm** American Pickers **7.00** Forged in Fire **8.00** **New**. Storage Wars **9.00** **New**. Secrets in the Ice: a team attempts to locate a British Second World War aeroplane that went missing in Iceland **10.00** **New**. Mysteries of the Ancient Dead: the tomb of the first Emperor of China, Qin Shi Huang **11.00** Medieval Dead **12 midnight** Pawn Stars **2.00am** History's Greatest Mysteries **3.00** Storage Wars **4.00–6.00am** Great Escapes with Morgan Freeman

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Africa's Hunters 6.00pm Can old big cats learn new tricks?

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** The Wadden Sea **9.00** Secrets of Wild Australia (AD) **10.00** Animal Empires **11.00** America's Wild Seasons (AD) **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** The Wadden Sea **3.00** Secrets of Wild Australia (AD) **4.00** Animal Empires **5.00** America's Wild Seasons (AD)

6.00pm **Africa's Hunters** Following the life of an ageing leopard in the Luangwa Valley.

7.00 **Monkey Life** Daily life at a monkey rescue centre in Dorset. (AD) **7.30** A capuchin monkey from Spain makes a bid for freedom. (AD)

8.00 **My Best Friend's an Animal** Meeting the people who have managed to form unlikely friendships with wild animals.

9.00 **Wild Rockies** A look at how species organise their societies in the Rocky Mountains.

10.00 **Africa's Hunters** As 6pm.

11.00 **America's Wild Seasons** Spring helps to bring warmth and renewal across the continent. (AD)

12 midnight Rare Survivors: China's Iconic Wildlife (AD) **1.00am** Gangs of Lemur Island **2.00** My Best Friend's an Animal **3.00** Wild Rockies **4.00** The Wadden Sea **5.00–6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Underground Worlds (AD) **10.00** Abandoned Engineering (AD) **6.00pm** Abandoned Engineering: five editions. Exploring a military strong-hold in the Philippines **7.00** Exploring a ruined castle above a German village **8.00** A British fort that became a bizarre zoo, a brutalist school for Communist top brass, and a lost world that hides secrets of a vanished people **9.00** A once lavish palace in Iraq and an epic ghost tower in Thailand **10.00** Exploring the remains of a pioneering industry town in Ohio (AD) **11.00** Underground Worlds: exploring the secret Cold War government bunker hidden under Greenbrier Hotel in West Virginia (AD) **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Abandoned Engineering (AD) **5.25–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes **10.00** Dogs 101 **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes **2.00** Animal Cribbs **3.00** Dodo Heroes **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00** Animal Cribbs **7.00** Dodo Heroes (AD) **8.00** Killer Whales: examining killer whales' feeding behaviour **9.00** Man-Eating Zombie Cats: an incurable pathogen turns big cats into man killers **10.00** Alaskan Bush People: the Browns face danger in the form of bears scavenging on Chichagof Island **11.00** Coyote Petersen: Brave the Wild **12 midnight** Tanked **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **9.00** **LIVE** **WTA Tennis** The opening day of the Abu Dhabi Open at Zayed Sports City, UAE. **5.00pm** **LIVE** **ATP Tennis** Day one of the Open 13 from Palais des sports de Marseille, France. **6.30** **LIVE** **Premier League Football** Brentford v Manchester City from Brentford Community Stadium (kick-off 8.00). **11.00** Sky Sports News **12 midnight** NFL: Total Access **1.00am** **LIVE** **NFL** Super Bowl Opening Night from Las Vegas. **4.00–6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Championship Retro **8.30** EFL Greatest Games **9.00** Scottish Premiership Round-Up **9.15** Scottish Premiership Highlights **9.30** Women's Super League Football **10.00** Championship Retro **12 noon** Women's Super League **2.00pm** Africa Cup of Nations Football **6.00** Women's Super League Football **6.30** German Football: highlights **7.30** Scottish Premiership Round-Up **7.45** Scottish Premiership Highlights **8.00** Championship Highlights **9.00** Women's Super League Football **9.30** Championship Highlights **10.30** Scottish Premiership Round-Up **10.45** Scottish Premiership Highlights **11.00** German Football: highlights **12 midnight** EFL Greatest Games (AD) **1.00am** League Cup Retro **2.00** Classic Play-Off Finals **4.00** EFL Rivalries: triple bill (AD) **5.30–6.00am** Best Goals (AD)

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

6.00am European Tour Golf: Bahrain Championship **11.00** PGA Tour Golf **4.30pm** Amateur Golf **5.00** Nick Dougherty's Tee Time Tips (AD) **6.00** European Tour Golf: Bahrain Championship **6.30** Amateur Golf **7.00** PGA Tour Golf **8.00** Golf's Greatest Holes **9.00** PGA Tour Golf **10.00** European Tour Golf **10.30** Amateur Golf **11.00** Greatest Holes **12 midnight** European Tour Golf **12.30am** Amateur Golf **1.00–6.00am** PGA Tour Golf

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446

6.00am Super Bowl LII (AD) **8.00** NFL (AD) **11.15** Super Bowl Bitesize **12 noon** Good Morning Football **3.00pm** NFL Highlights **4.00** NFL: America's Game **5.00** Review Show **6.00** Pro-Football Talk **8.00** NFL Highlights **10.00** Super Bowl LVII (AD) **12 midnight** NFL: Total Access **1.00am** **LIVE** **NFL** Super Bowl Opening Night from Las Vegas. **4.00–6.00am** NFL Highlights

Sky Sports Mix

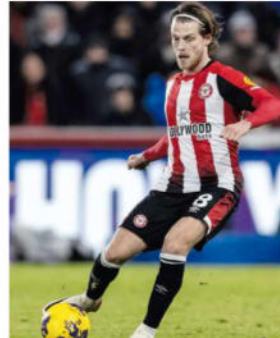
Sky 416 Virgin 510 EE 429/HD 449

12 midnight–2.00am **LIVE** **Basketball** Virginia Cavaliers v Miami Hurricanes at John Paul Jones Arena (tip-off 12.00).

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Cycling **7.00** Snooker **9.00** Alpine Skiing **11.00** Australian Open Tennis **1.00pm** Snooker **3.00** Cyclo-Cross **5.00** Olympic Games **6.00** Alpine Skiing **7.00** Fencing **8.00** Padel **11.00** Alpine Skiing **12 midnight** Cyclo-Cross **2.00am** Alpine Skiing **3.30** Australian Open Tennis **5.00–6.00am** Cyclo-Cross



Premier League Football 6.30pm **Sky Premier League** Brentford star Mathias Jensen

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Premier League Greatest Games (AD) **7.00** Premier League Highlights **10.00** The Football Show: analysis and debate **11.30** Ref Watch **12 noon** The Football Show **1.00pm** Premier League Highlights **5.00** Premier League 100 Club (AD) **6.00** Premier League Legends (AD) **6.30** **LIVE** **Premier League Football** Brentford v Manchester City from Brentford Community Stadium (kick-off 8.00). **11.00** Gary Neville's Soccerbox **12 midnight** Premier League Highlights **12.30am** Premier League Icons **1.00** Premier League Years (AD) **3.00** Premier League Greatest Games **4.00** Premier League Best Goals **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443

6.00am SA20 Cricket: Sunrises Eastern Cape v Paarl Royals **10.30** SA20 Highlights: three matches **1.30pm** Secrets of Success **2.00** SA20 Highlights: six matches **8.00** Secrets of Success (AD) **10.15** Pushing Boundaries: to the Hundred and Beyond: Kate Cross charts the history of women's cricket (AD) **11.30** Talking Cricket (AD) **12 midnight** SA20 Highlights: three matches **3.00–6.00am** How the 2003 World Cup Was Won

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447

6.00am Super League: highlights **7.00** WTA Tennis: Ladies Linz **9.00** **LIVE** **WTA Tennis** The opening day of the Abu Dhabi Open at Zayed Sports City, UAE. **5.00pm** **LIVE** **ATP Tennis** Day one of the Open 13 from Palais des sports de Marseille, France. **9.00** WTA Tennis **10.00** ATP Tennis **11.00** WTA Tennis **12 midnight** **LIVE** **Basketball** Virginia Cavaliers v Miami Hurricanes, the college game from John Paul Jones Arena, Charlottesville (tip-off 12.00). **2.00am** Super League: highlights **3.00** WTA Tennis **4.00** ATP Tennis **5.00–6.00am** WTA Tennis

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Alpine Skiing **7.00** World Superbikes **10.00** Snooker: the German Masters final from Berlin **12 noon** Olympic Games: the Games through a Lens **1.00pm** Alpine Skiing: World Cup from Chamonix, France **3.00** Motor Racing **5.00** Snooker: German Masters final from Berlin **7.00** Cyclo-Cross **9.00** Olympic Games **10.00** World Superbikes **12 midnight** Alpine Skiing: World Cup **2.00am** Olympic Games: La Vie Sportive **4.00–6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am **LIVE** **Test Cricket** India v England, continued coverage of the fourth day of the second Test from Visakhapatnam. **12 noon** National League Football **12.30pm** What I Wore **1.00** Premiership Women's Rugby Union **2.00** The Football's On **3.00** French Football (AD) **4.00** Test Highlights **5.00** International One-Day Cricket **6.00** Premier League: the Big Interview **6.30** Test Highlights **7.30** **LIVE** **Italian Football** AS Roma v Cagliari, a Serie A match at Stadio Olimpico (kick-off 7.45). **9.45** TNT Sports Goals Reload **10.15** UFC: from Las Vegas **1.15am** Pro League Hockey **3.15** TNT Sports Goals Reload **3.45–6.00am** **LIVE** **Test Cricket** India v England, day five of the second Test from Visakhapatnam Coverage continues until 12 noon.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am **LIVE** **Test Cricket** Sri Lanka v Afghanistan, continued coverage of day four in Colombo. **12.30pm** Australian Football **4.30** Boxing: Wilder v Parker **5.30** Premiership Women's Rugby **6.30** **LIVE** **Pool** The Ultimate Pool Champions League event, coverage of the Group 5 games. **9.30** Test Highlights **10.30** What Went Down **11.00** Wrestling: WWE **1.00am** **LIVE** **Wrestling** WWE Monday Night Raw, featuring the likes of Seth Rollins, Rhea Ripley, Cody Rhodes and Drew McIntyre. **4.15–6.00am** **LIVE** **Test Cricket** Sri Lanka v Afghanistan, day five at SSC Cricket Ground, Colombo. Coverage continues until 12.30pm.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am Champions League Football: Stories of the Finals (AD) **6.30** Premier League: the Big Interview **7.00** Premier League Stories **7.30** Premier League Football **9.00** National League Football **10.30** Pro League Hockey: four games **2.30pm** National League Football **3.00** Champions League Football **6.00** National League Football (AD) **8.00** Laura Woods Meets **8.30** Test Highlights: New Zealand v South Africa **9.30–6.00am** **LIVE** **Test Cricket** New Zealand v South Africa, the third day of the first Test from Mount Maunganui, Tauranga.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am Italian Football: highlights of nine weekend Serie A matches **3.00pm** NBA: action from two games **6.00** NBA: coverage of two games **9.00** Fishing: on the Bank (AD) **10.00** NBA: Wizards v Suns **11.30** NBA on Fire: magazine **12 midnight** **LIVE** **NBA** Cleveland Cavaliers v Sacramento Kings, coverage of the inter-conference game from Rocket Mortgage FieldHouse (tip-off 12.00). **2.30am** International One-Day Cricket Highlights **3.30–6.00am** **LIVE** **International One-Day Cricket** Australia v West Indies, coverage of the third and final ODI in the series at Manuka Oval, Canberra. Coverage continues until 12 noon.

Viaplay Sports

7.30–10.30pm **LIVE** **Spanish Football** Rayo Vallecano v Sevilla, the La Liga match from Estadio de Vallecas (kick-off 8.00).

Tuesday

FOOD

The Hairy Bikers Go West 7.00pm **BBC2** Catch up via iPlayer

NEW SERIES

Following their Christmas edition, which was more a celebration of their friendship than of food, best mates Si King and Dave Myers get back on their bikes to revisit some of the places that mean a lot to them. They start on the stunning Isle of Bute with a picnic bought from a very posh deli (it has grouse-flavoured crisps rather than Dave's favourite cheese and onion). It's not the only change on the island since their last visit. There's an exquisite patisserie, for instance, where the Syrian owners add hints of home, such as pistachios and rose

water, to their cakes. The Hairies also discover a community-minded market garden where they taste vegan honey and wild garlic chutney, before going truffle hunting and checking out the haggis at an impressive butcher.

Of course, they do some cooking inspired by the local produce, but there's also a lot of hugging, emotional conversations about Dave's health struggles, appreciation for life and general happiness to be back on the road together. **JANE RACKHAM**

SUN-WORSHIPPING Si King and Dave Myers take a break on the Isle of Bute



DRAMA

Waterloo Road

8.00pm **BBC1** Catch up via iPlayer

Miss Spratt makes a valid point in class when she points out that without conflict, there can be no drama. But the problem she then makes is failing to avoid both while on school premises. After being goaded by a spiteful Schuey, she comes up with a sexualised putdown that leaves her career on the line.

Someone else using words as a weapon, though in a more calculated way, is Libby, who scythes someone down because the fancy takes her.

Amid these verbal set-tos, there is some light relief to be found, with Dean and Noel (who'd both pass a GCSE in comedy subplots with flying colours) left caring for a baby and finding a novel use for breast pads.

DAVID BROWN

ART

Art's Wildest Movement: Mannerism

8.00pm **Sky Arts** Catch up via Now

The 16th-century art movement known as mannerism didn't just confine itself to painting and sculpture. As Waldemar Januszczak demonstrates, in a busy episode that sees him bustling across Italy, its practitioners also loved rule-breaking in architecture and garden design.

From Giulio Romano's 3D Hall of the Giants in Mantua and the hugely influential Andrea Palladio's buildings in Vicenza to the wacky creatures in the Park of the Monsters at Bomarzo, there was a positive rush of creative energy. But in a quieter moment, Waldy plays chess against himself to discuss the equally important emergence of women artists such as Sofonisba Anguissola, specialists in fine self-portraiture. **GILL CRAWFORD**

DRAMA

Silent Witness

9.00pm **BBC1**

Catch up via iPlayer

Silent Witness is a series all about following the evidence trail, but what if the team can no longer rely on their own observations? This latest two-parter is taking a salient look at efforts made online to manipulate reality on social media platforms with algorithms and cutting-edge tech. And as such, there is, at times, a "trust no one", *X-Files* vibe to this concluding episode.

It also left me wondering whether, should Emilia Fox ever decide to hand in her scalpel and scrubs, the show could deepfake Nikki to make it look as though she never left at all. Maybe Fox actually exited five years ago and we've been watching an avatar ever since? The truth is out there... **DB**

DOCUMENTARY

Ben Fogle: New Lives in the Wild

9.00pm **Channel 5**

Catch up via My5

Here's another spectacular location for Ben to visit. Naveen and Anke can see cavorting elephants from the "loo with a view" on their former tea plantation in the Sri Lankan mountains. They've transformed the place into a cool glamping site for paying guests, although they spend much of their time there alone.

And this environment has made them a very chilled-out pair. Naveen, in particular, has the demeanour of an enlightened yogi. He even keeps his cool when he has to plumb a leaky pipe using what looks like some Copydex glue and an ice-lolly stick. Which he then walks off and leaves Ben holding together, like some kind of Jedi test. **GARY ROSE**

ALSO ON TODAY

Great British Menu

8.00pm **BBC2**

Four chefs from Kent and London compete with canapés, starters and fish dishes. Andi Oliver (right) oversees the action.



QI XL

9.00pm **BBC2**

Sara Pascoe, Jason Manford and Jordan Gray join Sandi Toksvig and Alan Davies for an extended edition of the panel game.

First Dates

10.00pm **C4**

Barman Aaron gets to know student Laura, and retail assistant Neil meets aviation enthusiast Oliver. *What it's like: page 9*

DRAMA

Domino Day

9.00pm **BBC3** Catch up via iPlayer

Domino currently has little understanding of her powers. All she knows is that when blood begins to run from her nostrils, she's suddenly driven to drain the life force from humans. But Domino is about to learn more about her disturbing bleed-and-feed lifestyle from the coven camped out in the plant shop – though whether she'll rein in her impulses as a result remains to be seen.

To be fair, apart from the sweet and innocent Leon, Dom is trying to focus on men who don't exactly add much to society (see the upskirter targeted in this second episode for further details), but there's still a sense that her anti-hero actions won't be tolerated by the witch elders for much longer. **DB**

DOCUMENTARY

Another Body: My AI Porn Nightmare

10.00pm **BBC4** Catch up: iPlayer

This *Storyville* film tells the story of 22-year-old American student Taylor, whose face was stolen from social media, digitally altered, and used on hardcore pornography by a deepfaker who revealed her personal information to the world. Instead of helping, the police victim-blamed and denied a crime had been committed, so Taylor – aware of other victims – took matters into her own hands

Together, the courageous women carried out their own investigations, and their findings were totally shocking. A fascinating doc that reveals deep-rooted misogyny, and ingeniously uses deepfake technology to protect and give voice to its victims. **KAY RIBEIRO**

DRAMA

Tell Me Lies

10.40pm, 11.25pm (12.10am, 12.55am Northern Ireland/Scotland) **BBC1** Catch up via iPlayer

These college students live life at an emotionally fraught pitch, yet no one ever has smudged mascara or misses a gym workout. No matter the crisis, they're always camera-ready. In this concluding double bill, Stephen and Lucy are especially primed for their close-ups as secrets are revealed about Macy's death. She's seen here in flashback, as we glean fresh information about the events leading up to her demise. And we also spool forward to the wedding we glimpsed in episode one. Just don't expect a complete tying up of loose ends, as a second season has been commissioned. **DB**

SERIES FINALE

LIVE SPORT



Cricket: Men's Test Series India v England

3.45am (Tue am) **TNT Sports 1/Discovery+**

India's left-arm spinner Kuldeep Yadav (above) could play a significant role as the fifth and final day of the second Test in Vizag continues.

New Zealand v South Africa 9.30pm **TNT Sports 2**

Day four of the first of two Tests.

Football: Scottish Premiership Rangers v Aberdeen

7pm (k/o 8pm) **Sky Sports Main Event/Football** Action from Ibrox.

FILM OF THE DAY



P Jerry & Marge Go Large ★★★ **12** 7.10pm **Film4**

Recently Oscar-nominated for her role in *Nyad*, Annette Bening joins Bryan Cranston in this comedy about retired spouses who find a loophole in the local lottery. An easygoing affair, the film draws its winning appeal from the leads' chemistry. (2022)

FILM REVIEWS page 77



GAME, SET AND MATCH Boris Becker celebrates getting through to the third round of Wimbledon in 1999

DOCUMENTARY

Boris Becker: the Rise and Fall

9.00pm **ITV1** Catch up via **ITVX**

As with British politics, mention "Boris" in a sporting context and one person springs to mind. This two-part documentary, first available on **ITVX**, rather labours in the shadow of last year's Apple TV+ doc *Boom! Boom! The World vs Boris Becker*, which benefitted from his own involvement. Instead, we have tabloid journalists, middling ex-pros, sacked coaches and former partners contributing to a slightly superficial treatment. It lurches erratically around the timelines, but Becker's magnetism and the time-honoured cautionary arc of "too much, too young" ensure it is never dull. This opener covers his precipitous rise to superstardom.

Naive or devious? Mismanaged or too egotistical to handle? We are none the wiser at the end of an hour which leaves Becker's true motivations and character frustratingly opaque. **GABRIEL TATE**

TUESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Jon Kay, Sally Nugent. (S) (HD)
9.30 Morning Live Magazine show presented by Michelle Ackerley and Gethin Jones. (S) (HD)
10.45 Dr Xand's Con or Cure The doctor stresses the importance of an early diagnosis for hearing problems and takes a look at the dietary battle between fat and sugar. Rptd Thursday 6.45am BBC2 (S) (HD)
11.15 Homes under the Hammer Following the progress of property renovations in Nottinghamshire, Lancashire and South Yorkshire. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Charlie Ross is in Hele, Devon, with Caroline Hawley and John Cameron. (R) (S) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Sid and Harry cross paths and Joel plans another visit to Letherbridge. (S) (AD) (HD)
2.15 Money for Nothing Jacqui Joseph saves a drop-leaf table and a monk's bench. (R) (S) (HD)
3.00 Escape to the Country A woman searches for a home in Oxfordshire. Repeated Friday 6.45am BBC2 (S) (HD)
3.45 The Repair Shop Items including a chair once used by JFK are restored by the experts. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip A brass luggage rack from a railway carriage and a birdcage are among the items purchased in Staffordshire. (R) (S) (HD)

BBC2

6.45am I Escaped to the Country Alistair Appleton catches up with a past house hunter in the Midi-Pyrénées region of France. Shown last Tuesday BBC1 (S) (HD)
7.30 David and Jay's Touring Toolshed 11/15. From Ragley Hall, Warwickshire. Shown yesterday 6.30pm (S) (AD) (HD)
8.00-9.00 Sign Zone Winterwatch 1/4. Observing nocturnal creatures at RSPB Arne in Dorset. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
12.15pm Politics Live News from Westminster. (S) (HD)
1.00 Impossible Rick Edwards hosts the quiz. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Greg, Tim and Sophie head to Lavenham Farmers' Market in Suffolk with their freshest produce. (R) (S) (HD)
3.15 The Great British Sewing Bee The contestants are asked to create items of sportswear. (R) (S) (AD) (HD)
4.15-5.15 Madagascar The animals and plants from the dry southern lands of the island. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Guests, gossip and more. (S) (HD)
10.00 This Morning Celebrity interviews, fashion and lifestyle advice. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Fortright opinions. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Ainsley's Taste of Malta Ainsley Harriott continues his culinary adventure in the south of the Mediterranean island, where he pays a visit to a fish market and a vineyard. Signed repeat 5.10am (S) (AD) (HD)
3.00-4.00 Lingo Mad and Josh, Prabin and Pallavi, and Gail and Genny take part in the battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.15am Countdown With Jo Brand. (R) (S) (HD)
6.55 Cheers Double bill of the sitcom. (R) (S) (HD)
7.45 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.35 Everybody Loves Raymond (R) (S) (AD) (HD)
10.05 Frasier Two episodes of the sitcom. (R) (S) (AD)
11.00 The Great House Giveaway Transforming a property in Aldridge, Walsall. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses A Yorkshire couple struggle to find a home in Alicante. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Henry Cole and Simon O'Brien uncover a Morris Minor in Cumbria. (R) (S) (AD) (HD)
2.10 Countdown Jo Brand guests. (S) (HD)
3.00 A Place in the Sun Lee Juggurnauth helps a couple with a budget of £100,000 to find their dream home inland on Spain's Costa Blanca. (R) (S) (HD)
4.00-5.00 A New Life in the Sun A Eurovision winner drops in for afternoon tea at Martin and Steve's B&B in Granada. Repeated 6pm 4seven (S) (HD)

BBC1

1

Silent Witness

9.00pm Nikki (Emilia Fox) and the team uncover a shocking truth in their investigation



FA CUP FOOTBALL

If BBC1 shows a live FA Cup fourth-round replay this evening, programmes will change

5.15pm Pointless

With Alexander Armstrong and Vick Hope. (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

7.00 The One Show

Jermaine Jenas and Lauren Laverne host. (S) (HD)

7.30 EastEnders

An unexpected visitor spells trouble for Walford's residents. Yolande questions Denzel's new obsession. Writer Jessica Barnes Cast Wednesday/Thursday (S) (AD) (HD)

8.00 Waterloo Road

RT 5/8 Series 13. Schuey fumes at Amy over an innocent mistake and when he lashes out, they come to blows. Meanwhile, Kelly Jo tells Dean some life-changing news. A box set is on iPlayer. See p70.

Kim Campbell	Angela Griffin	Noel McManus	Liam Scholes
Donte Charles	Adam Thomas	Dean Weaver	Francesco Piacentini-Smith
Nicky Walters	Kym Marsh	Libby Guthrie	Hattie Dynevor
Joe Casey	James Baxter	Samia Choudhry	Priyasha Kumari
Lindon King	Vincent Jerome	Stacey "Stace" Neville	Tillie Amarte
Neil Guthrie	Neil Fitzmaurice	Kai Sharif	Adam Ali
Coral Walker	Rachel Leskovic	Preston Walters	Noah Valentine
Amy Spratt	Katherine Pearce	Parveen	Nina Singh
Valerie Chambers	Shauna Shim	Marc Todd	Tom Wells
Wendy Whitwell	Jo Coffey	Tonya Walters	Summer Bird
Andrew Treneman	Jamie Glover	Izzy Charles	Scarlett Thomas
Mike Rutherford	Ryan Clayton	Shola Aku	Chiamaka Ulebor
Schumacher "Schuey" Weaver	Zak Sutcliffe	Portia Weaver	Maisey Robinson
Kelly Jo Rafferty	Alicia Forde	Pete Weaver	William Fox
Debs Rafferty	Hollie-Jay Bowes		

Writer Gareth McLean; Series producer Lindsay Williams
 Director Mickey Jones (S) (AD) (HD)

9.00 Silent Witness

RT 8/10 Series 27. Death by a Thousand Hits 2/2 As the team strive to find out who the man on the deserted beach was, and why he was murdered, Nikki edges closer to the truth. But who can the team trust if they want to bring the killer to justice? A box set of previous episodes are on iPlayer. See page 70.

Dr Nikki Alexander	Emilia Fox	Elinor Shaw	Julie Graham
Jack Hodgson	David Caves	DI John Flynn	Sean Pertwee
Professor Gabriel Folukoya	Aki Omohayobi	DC Alice Kirk	Tessa Wong
Velvy Schur	Alastair Michael	May Lwin	Molly Harris
Cara Connelly	Rhiannon May	Ian Fish	Cavan Clerkin
Htin Lwin	Arkar Hayne	Angus Day	Kieran Garland
Zaw	Nay Windermere	Kenny Tate	Anthony Cozens
Sara Sanderson	Zoe Boyle	Dr Emmanuel Moussa	William Nadylam
Mark Foster	Rocky Marshall	Tasmida	Zuzu Ellis
David Rendelson	Freddie Anonbi-Dodoo	Teenage girl	Vinna Law
Jan Boll	Matt Hermiston	Young Rohingya mother	Senora D'Mello
Roger Gallop	Robert Pavey	Remote BSL Interpreter	Anna Kitson

Writers Tracey Malone and Ed Whitmore; Producer Jayne Chard
 Director Roberto Bangura (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 Tell Me Lies

RT 9/10. Sugar, We're Going Down Swinging Things come to a head between Wrigley and Drew, while Lucy must confront her past. (S) (AD) (HD)
11.25 10/10. The Bedrooms of Our Friends. Lucy and Stephen go to the final party of the semester. The whole series is on iPlayer. See p71. (S) (AD) (HD)

Lucy Albright	Grace Van Patten	Max	Edmund Donovan
Stephen DeMarco	Jackson White	Marianne	Gabriella Pession
Bree	Catherine Missal	Charlie	Zoe Renee
Wrigley	Spencer House	Diana	Alicia Crowder
Pippa	Sonia Mena	Macy	Lily McInerney
Evan	Brandon Cook	Lydia Montgomery	Natalee Linez
Drew	Benjamin Wadsworth		

12.15am Ambulance 1/6 Series 12. The team responds to reports of an unexploded bomb. Shown last Wednesday (S) (HD)
1.15 Weather for the Week Ahead (S) (HD)
1.20-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

The Hairy Bikers

Go West 7.00pm Motorcycling duo Dave and Si begin a culinary quest on the Isle of Bute



5.15pm Flog It!

The team examine some historic coins and a 1970s robot at St Albans Cathedral. (R) (S) (HD)

6.00 Richard Osman's House of Games

Former players Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore take part. (S) (HD)

6.30 David and Jay's Touring Toolshed

12/15. David and Jay visit the north-east coast of Scotland, where they meet Caorann, who makes his own surfboards, and talk to expert boat builder Ali. Repeated tomorrow 7.30am (S) (AD) (HD)

7.00 The Hairy Bikers Go West

RT New series. 1/7. Dave Myers and Si King are back on the road, this time exploring the western side of Britain. Their destination tonight is the Isle of Bute, and in the main town, Rothesay, they visit a deli to buy items for a picnic lunch, then drop in at a patisserie owned and run by a Syrian family. They also shop for haggis for their chicken Balmoral recipe and rustle up a salmon en croûte stuffed with watercress, spinach and cream cheese. See page 70. Director Francois Gandolfi; Producer Rosie Pooley (S) (AD) (HD)

8.00 Great British Menu

Chefs from the London and South East region serve up their starters and fish dishes inspired by the Olympic and Paralympic Games. They include a tribute to a gold medal-winning dressage horse centred on the flavours of carrots, oats and hay; a dish evocative of the Olympics opening ceremony featuring artichoke and pearl barley; and a rainbow trout dish served with a mussel and dill sauce in celebration of LGBTQ+ Olympic swimmers. Continues tomorrow 8pm. (S) (HD)

9.00 QI XL

Sandi Toksvig hosts an extended edition on the theme of Ultras, with Jordan Gray, Jason Manford and Sara Pascoe joining regular panellist Alan Davies. Director Ben Hardy; Producer Piers Fletcher
 Revised repeat Friday 10pm (S) (HD)

9.45 David Mitchell's Outsiders

3/6 Series 1. The competition heats up as the teams compete for three new badges: making camouflage, inventing a camp flag and composing an anthem. Directors Anna Collins, Dexter Harries and Adam Perkins
 Series producer Victoria Payne First shown on Dave (S) (AD) (HD)

10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

11.15 What We Do in the Shadows

7/10 Series 4. Pine Barrens. Nandor and Laszlo confront their differences, Nadja has a girls' night and Guillermo reconnects with his family. (S) (AD) (HD)
11.40 8/10. Go Flip Yourself. The vampire's mansion receives a makeover and Colin is caught punching holes in his walls. A box set is on iPlayer. (S) (AD) (HD)

Laszlo	Matt Berry	Silvia	Myrna Cabello
Guillermo	Harvey Guillen	Maite	Emma McCoslin
Colin Robinson	Mark Proksch	Miguel	Frankie Quinones
Nandor	Kayvan Novak	Valeria	Socorro Santiago
The Guide	Kristen Schaal	Simon the Devious	Nick Kroll
Nadja/Nadja Doll	Natasia Demetriou	Toby	Jason Sklar
Marwa	Parisa Fakhri	Bran	Randy Sklar
Sean Rinaldi	Anthony Atamanuik	Amanda	Jessica Rose

12.10am Stronger ★★★★★ Biographical drama starring Jake Gyllenhaal and Tatiana Maslany, based on the inspiring true story of Boston worker Jeff Bauman, who lost both his legs during a devastating attack on the 2013 marathon. On iPlayer for 30 days. Review page 77. Director David Gordon Green (2017, 15) (S) (W) (HD)

2.00-3.45am Sign Zone 2.00 Garden Rescue Creating a "safe" garden for visually impaired Luigi and his wife. (R) (S) (HD)
2.45 Great British Menu The Central regions chefs prepare their mains and desserts. Shown last Wednesday (S) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

Boris Becker: the Rise and Fall
9.00pm Game, set and match: how the tennis great met his downfall



FA CUP FOOTBALL

If ITV1 show a live FA Cup fourth-round replay this evening, programmes will change

4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

5.00 The Chase

Bradley Walsh hosts as Elaine, Ashley, Ian and Dave face one of the fearsome Chasers. (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale

Ruby is feeling suspicious, Marlon makes an offer to Gus, and Charles upsets Nicola.

Ruby Fox-Milligan
Marlon Dingle
Gus Malcolm
Charles Anderson
Nicola King
Lydia Dingle
Mackenzie Boyd
Mandy Dingle
Manpreet Sharma
Mary Goskirk
Matty Barton
Moiria Dingle
Nicky Milligan
Noah Dingle

Beth Cordingley
Mark Charnock
Alan McKenna
Kevin Mathurin
Nicola Wheeler
Karen Blick
Lawrence Robb
Lisa Riley
Rebecca Sarker
Louise Jameson
Ash Palmisciano
Natalie J Robb
Lewis Cope
Jack Downham

Paddy Dingle
Rodney Blackstock
Ryan Stocks
Sam Dingle
Sarah Sugden
Sunni Sharma
Suzy Merton
Tom King
Tracy Robinson
Vanessa Woodfield
Victoria Sugden
Vinnny Dingle
Wendy Posner
Will Taylor

Dominic Brunt
Patrick Mower
James Moore
James Hooton
Katie Hill
Brahmdeo Shannon
Martelle Edinborough
James Chase
Amy Walsh
Michelle Hardwick
Isabel Hodgins
Bradley Johnson
Susan Cookson
Dean Andrews

Writer Linton Chiswick. This week's episodes produced by Kate Brooks and Laura Shaw, directed by Jamie Annett, Miguel Guerreiro and Alan Wareing. More cast Monday (S) (AD) (HD)

8.00 The Martin Lewis Money Show Live

The financial wizard offers more priceless tips and tricks for dealing with the soaring cost of living. He'll also answer viewers' questions on saving cash and deliver his latest Big Briefing. Executive producer Mike Blair. Series editor Clare Miller (S) (HD)

9.00 Boris Becker: the Rise and Fall

RT 1/2. Chronicling the extraordinary journey of the German tennis superstar, from his victory at Wimbledon as a 17-year-old in 1985, to his dramatic fall from grace which saw him divorced, bankrupt and sent to Wandsworth prison for hiding assets and loans. Featuring interviews with some of Becker's friends and rivals, plus previously unseen archive footage. Both episodes are available on ITVX. **See p71.** Director/Producer Stephen Finnigan. First shown on ITVX (S) (AD) (HD)

10.00 ITV News at Ten

Weather, Regional News and Weather (S) (HD)

10.45 Who Wants to Be a Millionaire?

2/4. Jeremy Clarkson plays questionmaster as six contestants set out to win the magic million. Shown Sunday 8pm (S) (HD)

11.40 After the Flood

4/6. Jo makes an important breakthrough as suspicion begins to mount around Tasha. But with the case set to turn a corner, Molly finds herself in danger. Continues tomorrow 9pm. Shown last Wednesday (S) (AD) (HD)

12.30am Home Shopping (HD)

3.00 On Assignment Rachel Younger reports from Turkey on the effects of last year's earthquake which killed 45,000 people. Shown last Tuesday (S) (SL) (HD)

3.30 Love Your Garden Alan Titchmarsh and his team help a retired nurse in Essex. (R) (S) (SL) (AD) (HD)

3.55 Unwind A sequence to calm the mind. (S) (HD)

5.10-6.00am Ainsley's Taste of Malta Ainsley explores a fish market. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Around the World in 80 Weighs
9.00pm Phil and his companions sample the culture and cuisine of India



5.00pm Château DIY

Chris and Jolyon set to work converting a narrow space into a luxurious functional bathroom. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

Leeks are the star of the show as law student Jake hosts the week's second dinner party. (S) (HD)

6.30 The Simpsons

Adventures in Baby-Getting. Marge is forced to replace the family car. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 999: on the Front Line

Ep 2. Paramedics are called out to a young woman who has had a seizure on a bus. She has epilepsy and the frequency of her seizures has increased dramatically in recent days. Crews also help a man with low levels of blood oxygen who needs the paramedics' help to breathe and a young woman with terminal cancer who is unable to get up after collapsing.

Series producer Graeme Thomson; Executive producer Anna Kelvie. Repeated tomorrow 8pm and Friday 8pm 4seven (S) (HD)

9.00 Around the World in 80 Weighs

Ep 4. After arriving in Mumbai, the six tourists learn that there are 14 million children living with obesity in India, some of whom are undergoing bariatric surgery in a bid to lose weight. Despite struggling with the heat, a number of the visitors embrace their yoga sessions. Having followed an exclusively vegetarian diet during their stay, how will the group fare at this week's weigh-in?

Series director Justin Lennox-Bradley; Series producer Nicola Stoker (S) (AD) (HD)

10.00 First Dates

Ep 5. Tonight, 26-year-old Aaron, a barman from Devon, gets to know student Laura. Single mum Krissy is paired with chauffeur Rob, British Sign Language user Shaun meets party-loving Carly, and retail assistant Neil has a meal with aviation enthusiast Oliver. The next edition will be available to stream after this episode.

Series director Vickie Ager; Exec producer Richard Mears. Rptd Thu 10pm 4seven. Postponed from Tue 16 January (S) (AD) (HD)

What it's like: page 9

11.05 Brits Down Under

5/6. With nine backpackers remaining, one puts up a fence, another gets to grips with some big machinery, and nerves are put to the test when two of them have to rescue a trapped goat. The whole series is available to stream.

Series producer Kit Simpson; Exec producers Sebastian Grant and Jo Scarratt-Jones. Repeated Thursday 2.10am (S) (AD) (HD)

12.10am Ramsay's Kitchen Nightmares USA

The chef helps a Cuban café in New York. (R) (S) (SL) (HD)

1.00 The Simpsons Homer must save his marriage

after a disastrous lunch date with Marge. (R) (S) (AD) (HD)

1.25 Couples Come Dine with Me An Italian feast with huge portions is served up in Manchester. (R) (S) (HD)

2.20 Rebel Dykes ★★★ Documentary about a feminist collective formed in London in the 1980s. Animation, archive footage and new interviews with key figures combine to tell the story of the group and their projects. Available to stream for 60 days.

Directors Harri Shanahan and Siân A Williams (2021, 18) (S) (W) (HD)

3.55 The Great Pottery Throw Down 5/10. The potters create cascading water features and hedgehog houses.

See choice, p50. Shown Sunday 7.45pm (S) (SL) (AD) (HD)

5.05 Kirstie's House of Craft Making a beehive piñata and a hot air balloon-inspired paper garland. (R) (S) (HD)

5.20-6.15am Kirstie and Phil's Love It or List It: Brilliant Builds How two families made their budgets stretch to accommodate their big plans. (R) (S) (AD) (HD)

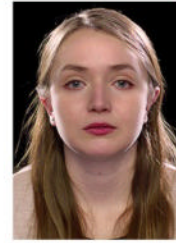
Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Another Body: My AI Porn Nightmare
10.00pm Taylor reveals how she was targeted



7.00pm Planet Earth II

6/6. **Cities.** Footage of wild animals that have made a home in cities, including leopards in Mumbai, macaques in Jaipur, peregrine falcons in New York and langurs in Jodhpur. Repeated 1.20am (R) (S) (AD) (HD)

8.00 To the Manor Born

6/8 **Series 1. The Grape Vine.** Audrey takes a holiday, but frets about leaving Grantleigh Manor in De Vere's hands. From 1979. A box set is on iPlayer.

Writer Peter Spence

Directors Gareth Gwenlan and Ian Rawnsley (R) (S)

8.30 Yes, Prime Minister

7/8 **Series 1. The Bishop's Gambit**

Jim Hacker disputes the Church of England's recommendations for a new bishop. First shown in 1986.

Writers Jonathan Lynn and Antony Jay. Director/Producer Sydney Lotterby (R) (S)

9.00 Wild Weather with Richard Hammond

1/3. **Wind: the Invisible Force** Richard Hammond takes part in a series of large-scale experiments to explore the science behind the planet's most awe-inspiring weather phenomena. In this blowy episode he learns how winds originate by visiting Mount Washington in the US state of New Hampshire. It's one of the windiest places on the planet and once recorded gusts of 231mph.

Director/Series producer Graham Booth. Repeated 2.20am (R) (S) (AD) (HD)

10.00 Another Body: My AI Porn Nightmare - Storyville

RT Following US engineering student Taylor as she suffers the fallout from deepfaking. An image of her face has been pulled from her social media feed and digitally altered to appear in six porn videos without her consent. With the police unwilling to help, she and a fellow student who has also been targeted take the investigation into their own hands. They discover eight more women – all of whom they know – who are also victims. Past episodes of *Storyville* are on iPlayer. **See p71.**

Directors/Producers Sophie Compton and Reuben Hamly (S) (HD)

11.20 The Victorian House of Arts and Crafts

2/4. The clutch of 21st-century crafters continue restoring a Victorian Arts and Crafts commune under the watchful gaze of presenter Anita Rani, celebrated potter Keith Brymer Jones and dealer and expert Patch Rogers. Tonight, the group must attempt to restore a master bedroom.

Executive producers Nick Catliff and Lisa Hazlehurst. Series editor Jeremy Daldry (R) (S) (AD) (HD)

12.20am Britain's Lost Masterpieces

3/4 **Series 2.** Two intriguing portraits at Carmarthenshire County Museum are examined. Shown yesterday 9pm (S) (AD) (HD)

1.20 Planet Earth II Shown 7pm (S) (AD) (HD)

2.20-3.20am Wild Weather with Richard Hammond Shown 9pm (S) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

10.40pm SportsScene: Premiership Highlights: featuring Rangers v Aberdeen and Motherwell v Ross County. **11.10 The Agency:** Unfiltered **12.10am Tell Me Lies** **1.50 Ambulance** **2.50 Weather** for the Week Ahead **2.55-6.00 BBC News**

BBC SCOTLAND

7.00pm This Farming Life: disaster strikes for Helen and Graham **8.00 Life on the Bay** **9.00 The Nine** **10.00 Chinook:** Zulu Delta **576:** a look at how the RAF blamed the pilots **11.00-12 midnight Paramedics on Scene**

STV

10.00pm ITV News at Ten; STV News; Weather **10.40 Scotland Tonight** **11.05 After the Flood** **12.05am Joanna Lumley's Spice Trail Adventure** **12.55-3.00 Night Vision** **3.55-5.10 Night Vision**

ITV1 BORDER SCOTLAND

10.45pm Representing Border: political news **11.15-11.40 Border Life**

BBC1 WALES

12.20-1.20am Ambulance

BBC2 WALES

1.45pm First Minister's Questions **2.45 The Farmers' Country** Showdown **3.30 The Great British Sewing Bee** **4.30 Madagascar** **5.30-6.00 Nadiya's British Food Adventure**

BBC1 NORTHERN IRELAND

10.40pm Pitch Invasion: How the Scottish and Irish Changed Football: the impact of the likes of David Moyes and Charlie Nicholas on the English game. Last in series **11.40 Comedians in Chippies Getting Fatter:** double bill **12.10am Tell Me Lies** **1.50-6.00 BBC News**

UTV

10.45pm UTV Up Close: current affairs show **11.15-11.40 Eamonn Mallie:** Face to Face with... Eamonn talks to Susan McKay

Channel 5 listings are overleaf

TUESDAY Freeview

Channel 5

5



Ben Fogle: New Lives in the Wild 9.00pm Relaxing with Anke and Naveen

5.40am Milkshake! See page 76

9.15 Jeremy Vine (S) (HD)

11.15 Storm Huntley (S) (HD)

12.45pm Alexis Conran and Friends (S) (HD)

1.40 5 News (S) (HD)

1.45 Home and Away Dr Levi Fowler is ready to find out what is wrong with Mackenzie. Shown yesterday 6.30pm 5 Star (S) (HD)

2.15 My Missing Sister ★★ Thriller starring Kelly Sullivan. When a teenage girl goes missing, her family explores her social media accounts to find the truth. Director Ben Meyerson (2022) (S) (W) (HD)

4.00 Bargain-Loving Brits in the Sun After being shut for two years, Sam and Rich's hostel is preparing to welcome a coachload of guests. (R) (S) (AD) (HD)

5.00pm 5 News (S) (HD)

6.00 Susan Calman's Grand Day Out The comedian explores the spectacular mountains and lakes of Cumbria, beginning her 142-mile journey just south of Penrith. (R) (S) (HD)

6.55 5 News Update (S) (HD)

7.00 GPs: behind Closed Doors GPs at the mobile surgery in Chester meet a schoolgirl with suspected glandular fever and a woman who is breathless and has a swollen foot. Series director Richard Pepe (S) (HD)

7.55 5 News Update (S) (HD)

8.00 Dogs Behaving (Very) Badly 6/12 Series 6. Graeme Hall meets Tilly, who was supposed to be a therapy dog but instead is only offering discomfort with her non-stop pulling on walks and constant yapping at passers-by. Directors Michael Nuvoletta and Selina Chan (S) (HD)

9.00 Ben Fogle: New Lives in the Wild

RT 6/16 Series 18. In Sri Lanka, Ben visits Naveen and Anke, who swapped the big city for an off-grid life in the island's mountains, in the tranquil ruins of a tea plantation. The pair put Ben to use, as he fixes a burst pipe and renders walls with cow dung. See p70. Director Sean McDonnell (S) (HD)

10.00 Suzy Lamplugh: Last Seen Alive...

Examining the case surrounding Suzy Lamplugh's disappearance in 1986, tracing the dramatic twists and turns of the case across more than three decades. Director Marc Sigsworth (R) (S) (HD)

11.30 Murdered for Revenge

5/8. The decapitated corpse of a woman found in a seaside resort sparks panic. CCTV footage reveals the murder took place 200 miles away and the body was transported there in a suitcase. First shown on 5 Star (S) (AD) (HD)

12.30am Shoplifters: Caught Red Handed (R) (S) (HD) **1.25** Casino (S) (HD) **3.25** Susan Calman's Grand Day Out (R) (S) (HD) **4.15** Britain's Great Cathedrals with Tony Robinson (S) (HD) **5.05** Nick's Quest (R) (S) (HD)

5.30-5.40am Entertainment News (R) (S) (HD) **5.45** Freewheel 5/HD 105 Freesat 105 Sky 105 Virgin 105 **+1** Freewheel 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Domino Day 9.00pm Domino heads to a nightclub to find her latest prey

7.00pm Top Gear

In a 2009 edition, Jeremy, Richard and James build their own electric car and test it out. More Friday 7pm. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

8.00 New. The Traitors Australia 6/9 Series 2. A groundswell rises for Sam throughout the day as trust is fractured between him and Blake. Will Sam survive another day? More Thu 7.55pm. (S) (HD)

8.55 Ryan Tricks on the Streets Ryan devises a very special trick. (S) (HD)

9.00 New. Domino Day

TV 2/6. Domino meets with a local coven where she discovers the dark truth about who she really is. The whole series is available on iPlayer. See page 71. Repeated tomorrow 11pm (S) (AD) (HD)

9.45 The Bling Ring ★★

Crime drama based on a true story, starring Emma Watson. In fame-obsessed, image-conscious Los Angeles, four teenagers move from petty theft to burglary when they raid the empty home of Paris Hilton. On iPlayer for 25 days. Director Sofia Coppola (2013, 15) (S) (W) (HD)

11.05 Charlotte in Sunderland

3/10 Series 2. Charlotte heads to Ibiza for her biggest fashion shoot yet. (S) (HD)

11.35 4/10. The fashion launch doesn't go to plan. A box set is on iPlayer. (S) (HD)

12.05am Domino Day (S) (AD) (HD) **12.50**

Back to Life (S) (AD) (HD) **1.45** Fresh Cops (S) (HD)

2.45 Charlotte in Sunderland (S) (HD)

3.45-4.00am Zen Motoring (S) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat** 107 Sky 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00** Chuck (S) (HD)

10.00 One Tree Hill: two episodes (S) (HD)

12 noon Secret Crush (S) (HD) **1.00pm** Dress

to Impress (S) (HD) **2.00** Family Fortunes (S) (HD)

3.00 Chuck (S) (HD) **4.00** One Tree Hill (S) (HD)

6.00pm **Celebrity Catchphrase** Stephen

Mulhern presents a charity edition as Lady

Leshurr, Gabby Logan and Adam Thomas

try to guess the famous phrases. (S) (AD) (HD)

7.00 **Deal or No Deal** Stephen Mulhern

hosts as another contestant tries to open

the 22 red boxes in the right order. (S) (HD)

8.00 **Superstore** 16/22 Series 2. When

Glenn realises Jonah is outshining him, the

two colleagues come to blows. (S) (AD) (HD)

8.30 17/22. Amy travels to her childhood

home to help her parents move. (S) (AD) (HD)

9.00 **New. Love Island: All Stars.** The

temperature is hotting up as the returning

islanders live it up in the sunshine. (S) (HD)

10.05 **New. Ruby Speaking** 4/6. Ruby

decides running the choir is too much of

a hassle, but quitting proves tricky. (S) (HD)

10.35 **Family Guy** Series 16. Peter uses

new methods to attract millennials to the

brewery he is promoting. (S) (AD) (HD)

11.05 Stewie and Brian's friendship is tested

when Brian chews Stewie's teddy. (S) (AD) (HD)

11.30 **American Dad!** Series 16. Steve takes

matters into his hands when Principal Lewis

threatens to cancel science club. (S) (AD) (HD)

12 midnight The Smiths open their own

cemetery in their backyard. (S) (AD) (HD)

12.30am Superstore: double bill (S) (AD) (HD)

1.30 The Stand Up Sketch Show: double bill

(S) (HD) **2.30** Totally Bonkers Guinness World

Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)

ITV2 Freewheel 6 Freesat 113 Sky 118 Virgin 115 **+1** Freewheel 29 (Tm-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Downton Abbey 5.50pm Daisy needs to get something off her chest

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 6/16 Series 4. The Leaving Party. Peggy moves on. Repeated 12.45am; **9.10 7/16** Foreign Field. The local rugby team goes to France. Repeated 1.35am (S) (AD) **10.15** Agatha Christie's Poirot: The Incredible Theft. Aircraft manufacturer Lord Mayfield hopes to set a trap for a suspected German spy (S) (AD) (HD)

11.25 The Royal. Repeated 11.55pm (S)

12.35pm Heartbeat: 14/24. A family of crooked travellers pitch camp in Aidsfield (S) (AD) **1.40** Classic Emmerdale: double bill. Tom isn't impressed when Charity misses a wedding meeting with Ashley, then Cain finally discovers Andy has been sleeping with Debbie (S) **2.40** Classic Coronation Street: double bill. Fred confronts Mike over his affair with Penny, then Sally's obsessive behaviour goes too far (S) (AD) **3.50** Midsomer Murders: Series 14. Death in the Slow Lane. Headmistress Harriet Wingate invites Barnaby to their classic car show. (S) (AD) (HD)

5.50pm Downton Abbey

4/9 Series 6. An old friend returns, and Sgt Willis leaves Baxter in a dilemma. Continues tomorrow 5.50pm. (S) (AD) (HD)

6.55 Heartbeat

15/24 Series 7. Greengrass threatens revenge on the miscreant responsible for giving rat poison to his dog Alfred. (S) (AD)

8.00 Midsomer Murders

Series 14. The Sleeper under the Hill. When a farmer is found murdered at a sacred stone circle in Midsomer Mow, suspicion falls on a group of druids. (S) (AD) (HD)

10.00 Trial and Retribution V

1/2. Walker investigates the discovery of a young woman's skeleton found under the patio of what used to be a boarding house. Concludes tomorrow 10pm. (S) (HD)

11.55 The Royal

13/14 Series 3. Ormerod faces a taxing time when a prison van overturns. Shown 11.25am (S)

12.45am Where the Heart Is:

Shown 8.05am/9.10am (S) (SL) (AD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117

+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am The Best of the 90s (S) (HD) **6.10** Minder (S) (SL) (AD) **7.10** The Professionals (S) (SL) (AD) **8.15** The Saint (S) **9.20** The Return of Sherlock Holmes (S) (AD) (HD) **10.30** Magnum, PI (S) (AD) (HD) **11.35** The Saint (S)

12.40pm The Return of Sherlock Holmes (S) (AD) (HD) **1.50** Kojak (S) (HD) **2.55** Magnum, P.I.: a statuette is stolen (S) (AD) (HD) **3.55** Minder (S) (AD) **4.55** The Professionals (S) (AD)

FA CUP FOOTBALL

If ITV4 shows a live FA Cup fourth-round replay this evening, programmes will change

6.00pm **BattleBots** The tension is rising as teams desperately fight for survival. (S) (HD)

7.00 **The Chase** **Celebrity Special** With Emmerdale stars Anthony Quinnan, Louisa Clein, James Moore and Dominic Brunt. (S) (HD)

8.00 **The Car Years** Double bill. (S) (HD)

9.00 **FILM Rocky** ★★ Oscar-winning

sports drama written by and starring Sylvester

Stallone. Review page 77. (S) (AD) (W) (HD)

11.40 **New. All Elite Wrestling: Rampage**

Hard-hitting wrestling action. (S) (HD)

12.45am From Dusk Till Dawn (S) (HD)

1.45 Auto Mundial (S) (HD) **2.15** Motorsport

Mundial (S) (HD) **2.40-3.00am** Unwind (S) (HD)

ITV4 Freewheel 26 Freesat 117 Sky 120 Virgin 118

+1 Freesat 118 Sky 220 Virgin 318

Drama

20



Last of the Summer Wine 6.40pm Escape artists: Lenny and Cliff

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00** Doctors: double bill. A car crash victim is accused of falsely claiming incapacity benefits, then Marc faces a canine conundrum **9.20** Classic Holby City: Sacha and Fleur battle for supremacy on Keller Rptd 2.50am (S) (HD) **10.40** Classic Casualty: a pregnant woman is attacked by a dog (S) **11.40** The Bill: an explosion rips through Sun Hill

12.40pm Classic EastEnders: double bill. The Watts gather for a family Christmas, then Zoe, Dennis and Sharon face life-changing decisions **2.00** Monarch of the Glen: 10/11 Series 3. Archie and Lexie announce their engagement (S) **3.10** Kingdom: 3/6 Series 2 Peter Kingdom washes his hands of brother Simon. Repeated 2am **4.10** All Creatures Great and Small: 9/13 Series 1. The Last Furlong Siegfried faces a dilemma. Shown 7.10am (S)

5.20 Terry and June: 6/6 Series 2 June launches herself into a new hobby

6.00pm **As Time Goes By** 2/10 Series 4. Rewrites. Lionel is asked to spice up the script for his mini-series. (S)

6.40 **Last of the Summer Wine** Series 29. Get Out of That, Then Lenny and Cliff return to the village. (S)

7.20 Series 30. Some Adventures of the Inventor of the Mother Stitch. Hobbo tries to help a dejected Morton. (S) (HD)

8.00 Dalziel & Pascoe 1/4 Series 5. A Sweeter Lazarus. An heiress, presumed dead 19 years previously, appears to be the sole witness to a murder. (S) (AD)

10.00 New Tricks 8/10 Series 8. Only the Brave. The veteran coppers reinvestigate the murder of a notorious motorcycle gang leader. (S) (AD)

11.20 Spooks 10/10 Series 3. The Suffering of Strangers Danny and Fiona investigate a safe house they suspect is being used by terrorists. (S)

12.40am Hustle: 2/6 Series 5. The team tackles a pair of shady venture capitalists (S) (HD) **2.00** Kingdom. Shown 3.10pm **2.50-4.00am** Classic Holby City. Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116 **+1** Freewheel 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip (S) (HD)

9.00 LittleBe: children's programmes (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm**

The Real Housewives of Beverly Hills (S) (HD)

1.20 The Only Way Is Essex (S) (HD) **2.00**

Buying and Selling (S) (HD) **3.00** Million

Dollar Listing: NYC (S) (HD) **4.00** The Real

Housewives of Atlanta (S) (HD) **5.00** **New.**

The Real Housewives of New Jersey (S) (HD)

6.00pm **Masters of Flip** The duo work on

a tiny detached coach house. (S) (HD)

7.00 **Million Dollar Listing: NYC** Fredrik

deals with a penthouse listing. (S) (HD)

8.00 **James Martin's Spanish Adventure**

James visits Spain's wine region, La Rioja,

where he eats tapas in Logroño. (S) (AD) (HD)

9.00 **Million Pound Pawn** Sheffield-based

pawnbroker Dan arrives in Spain with big

plans to expand his business. (S) (AD) (HD)

10.00 **Botched** A woman born with her

intestines on the outside of her body. (S) (HD)

11.00 **Singlestown** Ella and Kyra begin

their first full day in Singlestown. (S) (HD)

12.05am The Only Way Is Essex (S) (HD)

12.50-1.00am Unwind (S) (HD)

ITVBe Freewheel 28 Freesat 119 Sky 131 (132 Scotland)

Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS

OTHERWISE STATED



More4

18



Escape to the Château 6.55pm Angel and Dick discover unexpected issues

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: five editions (AD) **3.10** Four in a Bed: five editions **5.50** Kirstie and Phil's Love It or List It (AD)

6.55pm Escape to the Château The renovation of the château's exterior has drawn attention to other issues, including the huge wooden front door, the intricate metal awnings over the windows and the stone balustrade edging the front steps. (AD)

7.55 Grand Designs Kevin McCloud catches up with Hillary, who retired to the Andalusian hills, to find out how her modern home has settled into the Spanish landscape. (AD)

9.00 24 Hours in A&E A 21-year-old man is rushed in after a motorbike accident leaves him with leg injuries. A 69-year-old, who has locked-in syndrome, has trouble breathing. (AD)

10.00 Emergency Following the work of London's Major Trauma System – a network of hospitals, air ambulances and paramedics – during the summer of 2021. A helicopter is dispatched to Peter, 58, who has been crushed under a 400kg crate at work. (AD)

11.05 The Emergency Ward Dr George treats the victim of a truck accident who needs two tourniquets above the knee to stop severe blood loss. (AD)

12.10am Emergency Helicopter Medics: Coast and River Emergencies: a 15-year-old has fallen from a cliff (AD) **1.15** Emergency (AD) **2.20** 24 Hours in A&E (AD) **3.25–3.50am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown last Friday/yesterday (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: double bill (AD) **5.00** The Big Bang Theory: double bill (AD)

6.00pm The Big Bang Theory 9/24 Series 12. Sheldon and Amy learn that Super Asymmetry has already been discovered. (AD)

6.30 10/24 An old VHS tape from his past inspires a dejected Sheldon not to give up. (AD) **7.00 Hollyoaks** Emotions run high as the village says goodbye to one resident. (AD)

7.30 Modern Family 10/24 Series 1. Claire and Phil threaten to cancel their celebrations. **8.00 New. Below Deck Down Under**

Safety issues come to a head between Captain Jason and Jamie. (AD) **9.00 Celebrity Gogglebox** Reactions to *Back to the Future* and *Tiny Tim*. (AD)

10.05 Gogglebox Opinions on TV. (AD) **11.05 Taskmaster** Jelly babies cause friction between the participants. (AD)

12.10am First Dates (SL) (AD) **1.10** Celebrity Gogglebox (SL) (AD) **2.15** Gogglebox (SL) (AD) **3.10** Below Deck Down Under (AD) **4.05** Ramsay's Kitchen Nightmares USA (SL)

5.00–6.00am How I Met Your Mother (AD) **E4** Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306

E4 Extra F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **9.00** Repair Shop **10.00** Celebrity Yorkshire Auction House **11.00** Antiques Road Trip (AD) **12 noon** Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops Philadelphia (AD) **5.00** Ambulance **6.00** Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** Dr Pimple Popper **10.00 New.** 90 Day Fiancé UK **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops Detroit (AD) **5.00–6.00am** as 4pm

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Art's Wildest Movement: Mannerism 8.00pm With Waldemar Januszczak

6.00am Classic FM's Rising Stars with Julian Lloyd Webber 2021 **7.00** Musical Masterpieces **8.00** The Joy of Painting (AD) **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Errol Flynn (AD) **12 noon** The Joy of Painting: double bill (AD) **1.00pm** Tales of the Unexpected (AD) **2.00** Portrait Artist of the Year: the Exhibition (AD) **3.00** Landscape Artist of the Year (AD) **4.00** Discovering: Sidney Poitier (AD) **5.00** Tales of the Unexpected: double bill (AD)

6.00pm Alfred Hitchcock Presents A prince takes a romantic interest in a housewife. **6.30** A woman buys a stolen mink coat.

7.00 The Joy of Painting Bob Ross paints a beautiful summertime nature walk. **7.30** A scene of evergreen trees at sunset.

8.00 CHOICE New. Art's Wildest Movement: Mannerism Art critic Waldemar Januszczak looks at rule-breaking architecture and gardens. See page 70.

9.15 Cirque du Soleil: Amaluna A re-imagining of William Shakespeare's *The Tempest*, featuring a coming-of-age story about the passage of feminine wisdom.

10.30 Wonderland: Gothic Exploring the themes of gothic art and culture. (AD) **11.30 Classic Literature and Cinema** Film adaptations of myths and legends. (AD)

12.30am Shakespeare: the Man behind the Name **2.30** Auction: Shakespeare Special: A copy of the *First Folio* goes up for sale **3.00** Beat the Devil **4.00** Sky Arts Book Club **5.00–6.00am** Auction

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: five editions **12.30pm** Everybody Loves Raymond (AD) **2.00** Frasier: double bill (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun: the Costa Blanca

6.00pm A New Life in the Sun A Eurovision winner drops in for afternoon tea at Martin and Steve's B&B in Granada. Shown 4pm C4

7.00 Secret Life of the Safari Park Ep 5 Dominant male baboon Snout has been injured by a challenger. Shown last Thu 8pm C4 (AD)

8.00 George Clarke's Adventures in Americana 3/4 George explores Florida, starting at NASA's Vehicle Assembly Building. See choice, p60. Shown yesterday 8pm C4 (AD)

9.00 The Great Pottery Throw Down 5/10 In garden week, the remaining potters make water features and hedgehog houses. See choice, p50. Shown Sunday 7.45pm C4 (AD)

10.15 Johnny Vegas: Carry on Glamping 2/6 Series 2. The comic and his assistant Bev's search for a site takes them to Anglesey. (AD) **11.20 Gogglebox** Appraisals of shows including *Wild Isles* and *Rise and Fall*. (AD)

12.25am I Literally Just Told You with Jimmy Carr: game show **1.25** Night Coppers (AD) **2.30–4.40am** Grand Designs: double bill (AD)

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00 New.** The Woodland Workshop: a hedgehog-themed birdbath **10.00** The Yorkshire Auction House **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage (AD) **4.00–5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



The Lakes with Simon Reeve 8.00pm A day trip to Sellafield

6.10am Auschwitz: the Nazis and the Final Solution **8.00** Abandoned Engineering: double bill (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys **1.00pm** Antiques Roadshow **2.00** Bangers and Cash (AD) **3.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD) **6.00pm Antiques Roadshow** Fiona Bruce presents from Senate House in Bloomsbury. **7.00 Great British Railway Journeys** A visit to a rail works in Eastleigh, Hampshire. **7.30** A journey from Brockenhurst to Poole. **8.00 The Lakes with Simon Reeve**

The adventurer learns how central Cumbria is to many of the challenges facing Britain. **9.00 Bangers and Cash** Featuring a Mini Cooper and a Chevrolet Pick-up truck.

10.00 Derek makes lyrical about a Jaguar XJ8 and a Ford Model T van tests him. (AD) **11.00 Abandoned Engineering** A complex of stone buildings near Hadrian's Wall that were built to keep northern hordes at bay. (AD)

12 midnight Great British Railway Journeys **1.00am** Fred Dibnah's Railway Collection **2.00–3.00am** Smoke and Steel (AD)

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** Special Ops: Crime Squad UK (AD) **10.00** Repair Lot (AD)

12 noon Storage Hunters UK: four editions **2.00pm** Extreme Fishing with Robson Green **3.00** Top Gear: double bill (AD)

5.00pm Rick Stein's India The cuisine found in Kolkata and Chennai. (AD) **6.00** The chef learns about the Parsee contribution to Indian cuisine. (AD)

7.00 Richard Osman's House of Games Kate Williams, Tom Allen, Chizzy Akudolu and Charlie Higson take part in the quiz show.

7.40 With Radzi Chinyanganya, Hal Cruttenden, Kerry Godliman and Ebony Rainford-Brent. **8.20** Would I Lie to You? With Robert Webb, Terry Wogan, Katie Wix and Kevin Bridges.

9.00 Have I Got a Bit More News for You With guests Camilla Long and Miles Jupp. **10.00** QI XL Bill Bailey, Rich Hall, Rob Brydon and Alan Davies answer questions on holidays.

11.00 Taskmaster 2/10 Series 7. Jessica Knappett beautifully mimics a foghorn. **12 midnight** Release the Hounds **1.00am** Would I Lie to You? **1.40** Schitt's Creek: Johnny struggles to find a new purpose **2.20** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20–4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol: double bill **1.00pm** Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare: double bill **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00pm** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin: the wizard rescues a druid girl (AD) **9.00 New.** FBI: the leader of a drug cartel is arrested, so his henchmen set out to free him first shown on Sky Witness (AD)

10.00 Grimm: a teenager is attacked while breaking into a house **11.00** Killer in My Village **12 midnight** World's Most Evil Killers: a killer who chose his victims from their star signs **1.00am** Caribbean Cops **2.00** Brit Cops: Rapid Response (AD) **3.00** Highway Patrol **4.00** Motorway Patrol **5.00–6.00am** Highway Cops: double bill

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **9.55** Entertainment News **10.00** NCIS (AD) **11.55** Entertainment News **12 noon** Law & Order: six episodes **6.00pm** NCIS Series 19. Triple bill. The officers are led to the case of a missing teacher popularised on a true crime podcast **7.00** The team investigates the apparent suicide of a retired officer **8.00** An arms dealer's release from prison leads to a fresh wave of violence (AD) **9.00** Law & Order: Series 21. Bernard and Cosgrove investigate the murder of a congressional candidate **10.00** Law & Order: Special Victims Unit **1.55am** Criminal Minds **2.50** Lucifer **3.35–4.00am** Criminals: Caught on Camera

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors (AD) **5.00** Car Pound Cops: Give Me My Car Back! **6.00pm** Home and Away Dr Levi Fowler is ready to get to the bottom of what is wrong with Mackenzie. Shown 1.45pm C5 (AD)

6.30 New. Justin delays his anger management. Repeated tomorrow 1.45pm C5 (AD) **7.00 Casualty 24/7: Every Second Counts** The hospital generator breaks down. (AD)

8.00 GPs: behind Closed Doors (AD) **9.00 New. 999: Emergency Call Out Series 2.** Including a call involving an injured and intoxicated male. Repeated Thursday 10pm

10.00 A&E after Dark A 41-year-old patient is escorted off the premises. **11.00 999: Critical Condition** Treating a woman with a life-threatening aneurysm. **12 midnight** Adults Only: Sex Dolls Gone Wild **1.00am** Skin A&E **2.00** Casualty 24/7: Every Second Counts **2.50** GPs: behind Closed Doors (AD) **3.35–4.00am** Home and Away (AD)

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.05** Outback Truckers **10.05** Traffic Cops **11.05** FILM One-Eyed Jacks ★★★★★ Western starring Marlon Brando and Karl Malden. Review p77

2.10pm FILM The Indian Fighter ★★★★★ Western with Kirk Douglas and Elsa Martinelli **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** Police Interceptors Dog handler Bob hunts down a suspected knifeman.

7.00 A seemingly straightforward stop turns into a showdown with an aggressive youngster. **8.00 Motorway Cops: Catching Britain's Speeders** PCs Matt Turner and Ian Cosgrove head to the scene of a collision in Middlewich.

9.00 Traffic Cops Police spot a stolen car they believe has been used in a robbery. **10.00 New. World's Most Dangerous Prisoners** Following the brutal crimes and murders committed by Jaime Osuna.

11.00 Behind Bars: World's Toughest Prisons Cameras focus on Zenica, the toughest prison in Bosnia and Herzegovina. **12 midnight** Police Interceptors **1.00am** World's Deadliest Weather: Caught on Camera **2.00** Trucking Hell (AD) **3.50–4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet: six editions **3.00pm** Murder, She Wrote **4.00** Columbo **6.00pm** Eggheads Jeremy Vine hosts. **7.00 Digging Up Britain's Past** One of the best-preserved Roman sites in Britain.

8.00 Britain's Great Cathedrals with Tony Robinson A visit to Durham cathedral, which is over 900 years old and 218ft tall. **9.00 Jay Blades: the Midlands through Time** Discovering how badly Coventry suffered during the Second World War.

10.00 The Battle for Britain: Drain the Oceans Wrecks from the Battle of Britain. **11.00 Atomic Ghost Fleet: Drain the Oceans** The wreckage at Bikini Atoll in the Pacific Ocean. **12.05am** Forged in Fire **2.00** Mystery of the Roman Conehats: Ancient Mysteries **3.00** The Murdered Pharaoh: Ancient Mysteries **3.50–4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

TUESDAY Freeview & films



MasterChef Australia

6.00pm Adriano Zumbo

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook
7.00 New. My Kitchen Rules: New Zealand **9.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point: triple bill of the quiz

4.00 My Dream Home: double bill
6.00pm MasterChef Australia Today's guest is Adriano Zumbo.

7.00 DIY SOS: the Big Build Renovating a home that has been the site of two separate tragedies.

8.00 Enlarging the home of three boys living with their grandparents.

9.00 24 Hours in A&E A woman is airlifted to hospital after being involved in a road traffic collision.

10.00 A young man is treated after coming off his motorbike and colliding with two cars.

11.00 Nurses on the Ward Newly-minted Matron Steph helps her team care for patients. (AD)

12 midnight Alex Jones: Making Babies (AD) **1.00am** One Born Every Minute **2.00-3.00am** Inside the Ambulance (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV The Great Interior Design Challenge **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop: double bill **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden **6.00pm** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Escape to the Country **9.00 New.** Rico to the Rescue **10.00 New.** 100 Day Dream Home: a family wants a smaller home **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home **HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Sara Dane **7.00** Mudlarking the Thames **8.00** Destination Flavour **8.30** Poh and Co **9.00** The Bizarre Pet Vets **10.00** William and Mary **11.00** Raiders of the Lost Art **12 noon** Blandings **12.45pm** Secrets of London with Mark Monroe **1.00** FILM It Always Rains on Sunday

★★★★ (BW) **2.50 FILM** Keep the Aspidochelone Flying ★★★ **5.00** After Henry **6.00** News **7.00** Sandbaggers **8.00** Never the Twain **9.00** Punk 76 **10.45** Bowie 69-72 **12.15am** FILM Resistance ★★

2.05 FILM Eden Lake ★★★ **3.50** London Districts **4.00** Muck and Brass **5.00-6.00am** Mudlarking the Thames

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf



Rick Stein's Fruits of the Sea

10.00pm Red mullet

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00 New.** Valerie's Home Cooking **9.00** Barefoot Contessa: back to Basics (AD) **10.00** Tom Kerridge More Sunday Lunch **10.30** Tom Kerridge's American Feast (AD) **11.00** The Hair Bikers Go North **12 noon** The Great British Bake Off **2.00pm** James Martin's United Cakes of America **3.00** Rick Stein's Fruits of the Sea **4.00** Barefoot Contessa: back to Basics (AD) **5.00 New.** The Pioneer Woman: double bill. Ree Drummond makes a care package for her son Todd, then a recipe for Thai beef

6.00pm James Martin's United Cakes of America **7.00** The Great British Bake Off: using non-traditional flours to make signature loaves (AD) **8.00** The Hair Bikers Go North: Simon King and Dave Myers visit the Peak District **9.00** Bake Off: the Professionals: the teams face a secret recipe challenge **10.00** Rick Stein's Fruits of the Sea **11.00** Diners, Drive-Ins and Dives **12 midnight** Bobby's Triple Threat **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 Sky 149 Sky 240 (241 Scot)

Great TV **8.00am** Diagnosis Murder: three episodes **11.00** Castle **1.00pm** Sue Thomas: F.B.I. **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder: double bill **5.00** Murder, She Wrote: double bill **7.00pm** M*A*S*H **9.00** The Avengers: a village harbours a dark secret **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H: four back-to-back episodes **2.00am** Randall and Hopkirk (Deceased): the ghost of a gangster settles old scores **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra **9.00am** Murder by the Sea **11.00** Medical Detectives **2.00pm** Murder by the Sea **4.00** Medical Detectives: six editions. A student is stabbed to death **4.30** High-level members of law enforcement are targeted **5.00** A mother and her two children are found dead **5.30** A woman's body is discovered under a bridge **6.00** Three construction workers are found executed **6.30** A Texas ex-con is arrested **7.00** Judge Judy **4.45-6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament **7.00am** Work and Pensions Questions **8.00** House of Commons **9.30** Live Select Committees **11.30** Live Treasury Questions **12.30pm** Live House of Commons **7.30** Live House of Lords: coverage of proceedings on Tuesday 6 February **10.00** Welsh First Minister's Questions **11.00** Lords Questions: from Tuesday 6 February **11.45pm-7.00am** House of Lords: business in the House of Lords from Tuesday 6 February

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605



Taken Hostage

8.30pm The Iranian crisis of 1979

6.00am Ruthless: Monopoly's Secret History **6.55** Taken Hostage **7.50** Beautiful Serengeti **8.20** Great War Diaries **9.35 New.** A Cold War of Spies **10.35** Taken Hostage **11.45** Blood of the Clans **1.00pm** Beautiful Serengeti **1.30** Great War Diaries **2.50** A Cold War of Spies **3.50** Taken Hostage **5.00** Blood of the Clans

6.15pm Great War Diaries 2/3 A Cossack girl experiences a gas attack on the Russian front.

7.30 A Cold War of Spies 2/4 The US finds a way into Soviet airspace with their stealth plane.

8.30 Taken Hostage How US support for the Shah of Iran set the stage for the Iran hostage crisis.

9.45 Blood of the Clans 2/3 Neil Oliver uncovers the real story of Rob Roy MacGregor.

10.55 A Cold War of Spies As 7.30pm.

12 midnight as 9.45pm **1.15am** Beautiful Serengeti **1.50** as 6.15pm **2.55** as 8.30pm **3.50** as 6am **4.50-6.00am** Taken Hostage

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze **6.00am** Storage Wars **6.25** Hardcore Pawn: double bill **7.20** Close Encounters **7.45** Alien Files: Unsealed **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Top Secret UFO Projects Declassified **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00pm** Alien Files: Unsealed **7.00** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New.** Deadman's Curse: an indigenous woman's testimony claims to know where Slumach found his gold **10.00** Book of Secrets with Lance Reddick: a look at the potential for another global pandemic **11.00** Strangest Things **12 midnight** MysteryQuest **1.00am** Strange Evidence **2.00** Alien Files: Unsealed: double bill **3.00** Counting Cars **3.45** American Restoration **4.10** Court Cam **5.00-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge **7.00am** The Crystal Maze **8.00** The Chase **10.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **3.00** Strike It Lucky **4.00** Bullseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **8.00** The Chase: double bill of the game show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: a celebrity version of the quiz in which stars answer questions to win cash for their charities. **11.00** Bullseye **12 midnight** Weakest Link **1.00am** Cash Trapped **2.00** The Chase: double bill **4.00** Who Wants to Be a Millionaire? Celebrity Special **5.00-6.00am** Bullseye: double bill

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139



Milkshake! on C5

5.40am Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35 New.** Pip and Posy **7.40** Paddington **8.00** Milo **8.15** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55-9.15am** Peppa Pig

Full listings for Channel 5 are on p74

CBeebies **6.00am** Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Love Monster **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** My Petsaurus **9.00** Bing **9.05** Yakka Dee! **9.15 New.** Lu & the Bally Bunch **9.20** Love Monster **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.20** The Baby Club **10.35** Kiri & Lou **10.40** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Olga Da Polga **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Topsy and Tim **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35 New.** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC **7.00am** Shaun the Sheep **7.05** Danger Mouse **7.20** Dennis & Gnasher **7.35 New.** Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Operation Ouch! **9.05** Secret Life of Boys **9.25** Game on Grandparents **9.50** Danny & Mick **10.00** Deadly 60 **10.30** Absolute Genius **11.00** 500 Words: Story Starters **11.30** Hey You What If? **11.35** Blow Your Mind **11.50** Craft Party **12.05pm** Andy's Adventures **12.20** Go Jetters **12.30** Danger Mouse **12.55** Octonauts **1.05** Waffle the Wonder Dog **1.15** Supertato **1.25** Dennis & Gnasher **1.35** Grizzly and the Lemmings **1.45** Summer Camp Island **1.55** Blue Peter **2.25** The Beaker Girls **2.50 New.** Pokémon: XY **3.10** Danger Mouse **3.25** Shaun the Sheep **3.30** Ninja Express **3.45 New.** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon **5.30** Deadly Mission Shark **6.00** Spooky Files **6.25** Next Step **6.45** Grizzly and the Lemmings **6.55-7.00pm** Home Sweet Home

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.20-9.00am** Scooby-Doo

ITVBe **9.00am** Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55-12 noon** Athletics



FILMS

Film4

11.00am Hell is a City ★★★ Brisk crime thriller with Stanley Baker as a police inspector. (1959, PG) (S)

12.55pm The Man from Colorado ★★★ Glenn Ford is dynamic as a sadistic military tyrant in this insightful western. (1948, PG) (S) (AD)

2.55 Dead of Night ★★★★★ An architect's nightmares become terrifyingly real in this compelling portmanteau horror film, with stories by HG Wells and EF Benson. Review, right. Mervyn Johns (1945, PG) (S)

5.00 The Ghost and Mrs Muir ★★★★★ Wonderful romantic fantasy that sees Gene Tierney beguiled by the ghost of sea captain Rex Harrison. (1947, U) (S) (AD)

7.10pm Jerry & Marge Go Large ★★★ Comedy drama about a real-life couple who used their lottery winnings to help their community. Film of the Day, right. Bryan Cranston (2022, 12) (S)

9.00 Werewolves Within ★★★★★ Witty horror comedy that finds a forest ranger helping a small town with its lycanthrope problem. Review, right. (2021, 15) (S)

10.55 The Grey ★★★ Visceral action drama in which the survivors of a plane crash in the Alaskan tundra are hunted by wolves. Liam Neeson (2012, 15) (S) (AD)

1.15-3.45am Embrace of the Serpent ★★★★★ Ravishing, Oscar-nominated Amazonian arthouse adventure. Jan Bijvoet, Brionne Davis (2015, 12)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428

F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV **6.00am** High Tide A compendium of four episodes originally shown in the Armchair Thriller TV series. (S)

8.00 Sherlock Holmes TV mystery series. (S) **8.35** Ticket to Paradise ★★ Romance blossoms in Italy for a pair of Brit tourists. Emrys Jones (1961, U) (S)

9.50 Doctor in the House ★★★★★ Irrepressible comedy about a young medical student that launched a series of films and TV shows. Dirk Bogarde (1954, U) (S) **11.40** Views on Trial Previously lost TV short. (S) **12.10pm** The Strange Love of Martha Ivers ★★★★★ Intense depiction of greed and evil with Barbara Stanwyck as a manipulative millionaire and Kirk Douglas as her weak-willed husband. Review, right. Van Heflin (1946, PG) (S) **2.25** The Card ★★★ Stylish if rather empty comedy about a rags-to-riches schemer. Alec Guinness (1952, U) (S) **4.15** Web of Evidence ★★ A man attempts to clear his father of a murder charge. Review, right. Van Johnson (1959) (S)

6.00pm The Black Arrow TV adventure series. (S)

6.30 Scotland Yard Docudrama.

7.05 The Four Just Men TV drama with Richard Conte. (S)

8.00 Manhunt TV drama series. (S)

9.05 Maigret TV detective series.

11.00 The Puppet Masters ★★ Tawdry sci-fi drama about an alien invasion. Donald Sutherland (1994, 15) (S)

1.20am Attack of the Lederhosen Zombies ★★ Cheap Austrian horror full of gory and sometimes dud gags. Gabriela Marcinkova, Margarete Tiesel (2016, 15) (S)

3.00 Tales from the Crypt ★★★★★ Entertaining horror anthology with a cast of British stalwarts. Ralph Richardson, Joan Collins (1972, 15) (S)

4.55-6.00am Action Stations ★★ Short but shabby thriller set in Spain. Paul Carpenter, María Martín (1956, U) (S)

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445



FILM REVIEWS

Great Movies 34

9.00am Manny Dearest ★★ Familiar tale about a male nanny with a dark secret. Ashley Scott, Mitch Ryan (2017)
11.00 My Deadly Friend: Pretty and Poisonous ★★ An exchange student proves to be a dangerous cuckoo in the nest. Lindsay Hartley (2017)
1.05pm Stalked by the Killer Ex ★★ Well-paced TV thriller. Alex McKenna, Juliana Dever (2020)
3.00 Til Ex Do Us Part ★★ A jealous woman's fixation. Kelly Sullivan, Anna Van Hooff, Dan Payne (2018)
5.05 My Killer Ex-Girlfriend ★★ A former girlfriend won't take no for an answer. Alicia Ziegler, Maiara Walsh (2019)
7.10pm An Aurora Teagarden Mystery: Last Scene Alive Candace Cameron Bure stars.
9.00 Born to Raise Hell ★★ Clichéd thriller. Steven Seagal (2010, 18)
11.05 Ca\$h! ★★ A suitcase causes chaos. Sean Bean, Chris Hemsworth (2010, 15)
1.20am The Devil's Double ★★ Flashy true-story drama with Dominic Cooper in a double role. (2011, 18)
3.30 Wild West Chronicles 4.00-5.40am Twisted Sisters ★★ Enjoyably over-the-top thriller. Sierra McCormick (2016)
Great Movies Freeview 34 Freesat 302 Sky 321 Virgin 425
+1 Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.10am Wild West Chronicles 9.10 Ambush at Tomahawk Gap ★★ Formulaic western starring John Hodiak and John Derek. (1953)
10.45 The Blitz on Berlin 12 noon Wild West Chronicles 1.00pm War of the Wildcats ★★ Efficient western. John Wayne, Martha Scott (1943, U)
3.15 The Nebraska ★★ By-the-numbers frontier tale. Phil Carey (1953)
4.35 A Call to Spy ★★ Fascinating true-life tale of wartime derring-do. Stana Katic, Radhika Apte (2019, 12)
7.15pm 500 MPH Storm ★★ Hurricanes sweep North America in this disaster thriller. Casper Van Dien (2013, 12)
9.00 Resident Evil: Apocalypse ★ Limp sci-fi action horror sequel starring Mila Jovovich. (2004, 15)
10.55 Blood of Redemption ★★ Goofily predictable action thriller. Dolph Lundgren, Billy Zane (2013, 15)
12.40am Unstoppable ★★ Lacklustre action thriller. (2004, 15)
2.35 Area of Conflict ★ Self-consciously macho revenge movie. Tino Struckmann, Ted McGinley (2017)
4.30-5.00am Wild West Chronicles
Great Action Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 +1 Sky 324

Great Romance 52

8.00am Love Takes Flight ★★ Warm-hearted romance. Nikki DeLoach, Jeff Hephner (2019)
10.00 Calling for Love ★★ So-so romcom. (2020)
12 noon A Romance Wedding ★★ Easygoing romance. (2021)
2.00pm A Summer to Remember ★★ A doctor's vacation presents two romantic prospects. Catherine Bell, Cameron Mathison (2018)
4.00 A Honeymoon to Remember ★★ A jilted bride needs a break. Rebecca Dalton, Edward Ruddle (2021)
6.00pm Wedding of Dreams ★★ Sweet romance about a former teen pop star. Debbie Gibson, Robert Gant (2018)
8.00 40 Below and Falling at Christmas ★★ Is marriage the right answer for her? Jewel Staite (2015)
10.00 A Love Yarn ★★ Genial tale set in a New Zealand knitting shop. Anna Hutchison, Simon Arblaster (2017)
12.05am Autumn in the Vineyard ★★ Picturesque romcom. (2016)
2.00 Highway to Heaven 3.10-5.00am Autumn Dreams ★★ Two ex-lovers realise their romance wasn't actually annulled. Jill Wagner, Colin Egglesfield (2015, U)
Great Romance Freeview 52 Freesat 303 Sky 319 Virgin 424
+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.45am King of Killers ★★ Corny but well-staged action flick. (2023, 15)
8.30 Book Club: the Next Chapter ★★★★★ Diane Keaton, Jane Fonda and friends travel through Italy in this utterly charming sequel. (2023, 12)
10.30 As 6.10pm 12.20pm As 8pm 2.25 As 10pm 4.15 As 11.40pm 6.10pm 57 Seconds ★★ Nicely twisty but often outlandish sci-fi thriller. Josh Hutcherson, Morgan Freeman (2023)
8.00 Insidious: the Red Door ★★ Scare-free fifth film in the horror franchise. **Review p38.** Patrick Wilson, Rose Byrne (2023, 15)
10.00 Hypnotic ★★ A cop's grasp on reality starts to slip in this mind-bending sci-fi from Robert Rodriguez. **Review p38.** Ben Affleck (2023, 15)
11.40 No Hard Feelings ★★ Jennifer Lawrence is a broke 30-something hired to make a man of an introverted teenager. (2023, 15)
1.30am Soft & Quiet ★★ Taut, discomforting horror thriller that plays out in real time. Stefanie Estes, Olivia Luccardi (2022, 18)
3.10 One More Shot ★★ Lively action sequel to *One Shot*. Scott Adkins (2024)
5.10 As 6.10pm Sky Premiere Sky 301 Virgin 401 EE 501/HD 515 +1 Sky 312

Legend 41

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 Island of Terror ★★ Chiller cheapie. **Review p67.** Peter Cushing (1966, PG)
1.00pm The Legend of Butch and Sundance ★★ Squeaky-clean western. David Rogers, Ryan Browning (2004)
3.00 Lost City Raiders ★★ Cheesy sci-fi. James Brolin (2008)
5.00 Star Trek: TV sci-fi.
6.00pm Star Trek: Deep Space Nine TV sci-fi adventure series.
7.00 Knight Rider TV drama.
8.00 Walker, Texas Ranger TV action drama with Chuck Norris.
9.00 Hidden Agenda ★★ Pedestrian action thriller about a rogue FBI agent. Dolph Lundgren (2001, 18)
10.55 The Trust ★★ Engaging crime thriller starring Nicolas Cage and Elijah Wood as bumbling cops tempted to the dark side. (2016, 15)
12.45am Tales That Witness Madness ★★ Patchily effective portmanteau horror. Jack Hawkins, Donald Pleasence (1973, 18)
2.35-4.20am Lifechanger ★★ Intriguing horror thriller about a tormented shapeshifter. Bill Oberst Jr, Lora Burke (2018, 15)
Legend F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am Stormageddon As 5pm.
8.00 Wild Horses ★★ Fine western drama with Kenny Rogers as a bored former rodeo star. Pam Dawber (1985, PG)
10.00 Andromeda 11.00 Bone Eater ★ Daft horror with a skeletal demon. Bruce Boxleitner (2007)
1.00pm Doomwatch ★★ Cornwall-set spin-off from the fact-based BBC mystery series. Ian Bannen (1972, 12)
3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 Stormageddon ★★ A super-computer goes rogue in this eco-disaster movie. John Hennigan (2015, 12)
7.00pm Andromeda TV sci-fi series starring Kevin Sorbo.
8.00 The Six Million Dollar Man TV action sci-fi series.
9.00 At the Earth's Core ★★ Childish and chintzy adaptation of the Edgar Rice Burroughs novel. Doug McClure, Peter Cushing, Caroline Munro (1976, PG)
10.50 The House That Dripped Blood ★★ Bumps in the night for various unfortunates in this spine-tingling anthology. Denholm Elliott (1970, 12)
1.00-2.50am As 9pm
Legend Xtra F'view 69 F'sat 138 Sky 317 Virgin 171 +1 F'sat 139 Sky 318 Virgin 371



FILM OF THE DAY

Jerry & Marge Go Large ★★

7.10-9.00pm Film4

12

COMEDY DRAMA

In this feel-good movie, Bryan Cranston and Annette Bening star as the husband and wife who discover a loophole in the Massachusetts state lottery that enables them to win more than they spend. However, the couple's philanthropic gesture of using the winnings to revitalise their rundown home town comes to the attention of a rival syndicate that is keen for a piece of the action. The film is a little low on ambition, but the leads are likeable and it all makes for charming, solidly entertaining viewing. **TERRY STAUNTON** (US 2022, edited for content, HD)

One-Eyed Jacks ★★★★★

11.05am-2.10pm 5 Action PG

WESTERN

This satisfying western was the only film to be directed by Marlon Brando (he took over from Stanley Kubrick, who left to make *Spartacus*). Brando plays the bandit who seeks revenge on his mentor (Karl Malden) after a stinging betrayal. It's a fine, adult work, with the Monterey seascapes making a unique setting. **TONY SLOMAN** (US 1961, some violence, HD)

The Strange Love of Martha Ivers ★★★★★

12.10-2.25pm

Talking Pictures TV

PG

FILM NOIR

A hit in its day, Lewis Milestone's portrait of evil and greed remains absorbing and entertaining viewing. Barbara Stanwyck is the manipulative millionaire married to weak-willed district attorney Kirk Douglas (in his film debut). Enter Stanwyck's old nemesis, Van Heflin – and that's when the fun really begins. **ROBYN KARNEY** (US 1946, BW)

Dead of Night ★★★★★

2.55-5.00pm Film4

PG

HORROR Ealing Studios will for ever be associated with its comedies, but this chilling quintet of tales deserves to be considered among its finest

achievements. It includes stories penned by HG Wells and EF Benson, and the "Ventriloquist's Dummy" episode has lost none of its shocking power, thanks largely to Michael Redgrave's astonishing performance. **DAVID PARKINSON** (UK 1945, BW, HD)

Web of Evidence ★★ 4.15-6.00pm Talking Pictures TV

DRAMA Ace cameraman-turned-director Jack Cardiff was still finding his feet with this, his second film. It's a rather turgid adaptation of AJ Cronin's novel *Beyond This Place*, in which a wartime evacuee returns to England to clear his dad of a murder rap. American star Van Johnson is not an ideal lead, but there's a fine British supporting cast including Bernard Lee. **TOS** (UK 1959, BW)

Rocky ★★★★★

9.00-11.40pm ITV4

PG

DRAMA Sylvester Stallone became a superstar off the back of this knockout boxing movie, playing the struggling fighter who is given a crack at the heavyweight champ (Carl Weathers). Sly also wrote the script and was rewarded with Oscar nominations for both his acting and writing, while the film itself triumphed as best picture. **JOHN MARRIOTT** (US 1976, violence, swearing, HD)

Werewolves Within ★★★★★

9.00-10.55pm Film4

15

HORROR COMEDY

This whodunnit-meets-creature feature sees a snowed-in Vermont town targeted by a lycanthropic killer. Veep's Sam Richardson is the forest ranger whose attempts to save the day are hindered by a motley crew of suspects. The twists and turns keep coming, with an emphasis on wry comedy rather than terror. **JEREMY ASPINALL** (US/Fr 2021, violence, swearing, HD)

The Change-Up ★★★★★

10.00pm-12.15am

Comedy Central

15

COMEDY

Ryan Reynolds and Jason Bateman shake up the body-swap formula with this cheerful romp. Reynolds plays a bed-hopping stoner, while Bateman is a struggling family man. Each envies the other's life, and after a freak lightning strike they magically change places. The gags may too often go below the belt, but director David Dobkin keeps the laughs coming. **STELLA PAPAMICHAEL** (US 2011, swearing, sex scenes, drug abuse, nudity, HD)

Stronger ★★★★★

12.10-2.00am BBC2

15

BIOPIC

While 2016's *Patriots Day* took a broader view of the 2013 Boston Marathon bombing, *Stronger* focuses on one man who lost his legs in the blast. Jake Gyllenhaal is perfectly cast as survivor Jeff Bauman, and the film traces his rehabilitation and struggle to deal with celebrity. Mawkish moments aside, it's a powerful story, solidly told. **DAVE ALDRIDGE** (US 2017, swearing, HD)

Sky Cinema picks

The Legend of Zorro ★★★★★

1.45-4.00pm Sky Action

Swashbuckling action. (2005, PG)
 Sky 306; Virgin 406; BT 506/520

Polite Society ★★★★★

6.00-8.00pm

Sky Cinema Comedy

Kick-ass Brit comedy. (2023, 12)
 Sky 308; Virgin 408; BT 508/522

Total Recall ★★★★★

8.00-10.05pm

Sky Cinema Sci-Fi/Horror

Colin Farrell's memory implant leads to danger. (2012, 12)
 Sky 311; Virgin 411; BT 511/525

Films to stream from p32
 Netflix, Amazon, Disney+ and more

Sky Showcase



Sport's Funniest Moments
9.00pm James Haskell

6.00am Sky News Breakfast **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare **10.00** Strangest Things **11.00** Hope for Wildlife **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm The Office US 23/25 Series 3. Michael is considered for a job in the corporate division.

6.30 24/25 Michael, Jim and Karen attend interviews in New York for a corporate position.

7.00 The Simpsons Bart develops a crush on Milhouse's cousin.

7.30 Bart is picked on at the school dance. Johnny Mathis guests.

8.00 Chief Wiggum gets his hands on a military jet pack.

8.30 Homer becomes the new face of Duff beer mascot Duffman.

9.00 Sport's Funniest Moments Featuring clips of some of the funniest and most farcical moments from the sporting world.

11.00 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a gamer after his online friends fear he might be in trouble, while Jin and TC embark on a treasure hunt.

12 midnight Fantasy Football League **12.35am** Brit Cops: Law & Disorder (AD) **1.30** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109 EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine: double bill **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine 18/26 Series 5. Quark agrees to work for an arms dealer to ease his mounting debts, but his immoral activities soon alienate him.

7.00 19/26 Kira gets a chance to learn Cardassian secrets – but she must undergo a painful ritual first, which involves recalling upsetting memories of her parent's death.

8.00 Star Trek: Enterprise 14/24 Series 3. Archer tries to deceive Degra, creator of the Xindi superweapon, into giving away the lethal device's location.

9.00 New. SurrealEstate 9/10 Series 2 The Agency must guide a ghost into the light, and Susan is found – but can she be saved? **10.00 New. 10/10**. A changed Susan returns to the Agency and Luke is forced to use his regained powers to save the team.

11.00 Grimm 21/22 Series 2 Adalind enters into a dangerous bargain to regain her powers. **12 midnight 22/22**. Nick and Juliette's romantic reunion is cut short by a horde of zombies.

1.00am Day of the Dead **3.00** Star Trek: Enterprise **4.00-6.00am** Star Trek: Deep Space Nine

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 EE 348/HD 363 +1 Virgin 229

Sky Atlantic



Lovecraft Country 11.00pm
Montrose and Atticus

6.00am Fish Town **7.55** The Sopranos **10.05** The Wire **12.20pm** Game of Thrones (AD) **1.25** Game of Thrones **3.30** The Sopranos

5.40pm The Wire 1/12 Series 2 McNulty discovers a body and pays back Rawls for his demotion.

6.45 2/12 Russell is assigned the case of the 13 dead women discovered in a cargo container.

7.55 Game of Thrones 6/10 Series 6. An old foe returns to the great game, and Arya faces a difficult choice. Meanwhile, Gilly meets Sam's family, and Jaime faces off with the High Sparrow. (AD)

9.00 Julia 5/8 Series 2. Julia is surprised by the sudden visit of Paul's twin Charles as she prepares for an interview with Life magazine.

10.00 The Gilded Age 2/9 Series 1. Tom Raikes visits New York as Peggy seeks some advice, Oscar van Rhijn homes in on Gladys Russell and drama rips through a charity bazaar. (AD)

11.00 Lovecraft Country 4/10 Leti, Tic and Montrose head to Boston to search for missing pages to a crucial text. (AD)

12.10am Winning Time: The Rise of the Lakers Dynasty (AD) **1.15** The Newsroom **2.20** Game of Thrones (AD) **3.30** In Treatment **4.00-6.00am** Fish Town

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Rapid Response (AD) **11.00** The Rookie (AD) **12 noon** FBI (AD) **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD) **3.00** Caught Red Handed

4.30pm Nothing to Declare Seven editions of the fly-on-the-wall documentary accessing the world of national security at Australia's biggest airports.

8.00 Blue Bloods 2/21 Series 13 Frank announces he will not be endorsing Erin's run for district attorney. Meanwhile, Danny and Baez investigate a crime scene. (AD) **9.00 4/20** Series 12. Jamie faces backlash from officers when he partners with Erin and Anthony to investigate an underground bar. (AD)

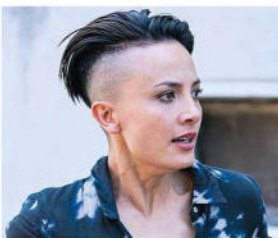
10.00 For Life 3/10 Series 2. At the urging of Spencer Richardson, Aaron defends a woman charged with holding hospital workers at gunpoint to secure life-saving treatment for her son. (AD)

11.00 The Rookie 11/22 Series 5 The team find themselves in the middle of a gang war and Lucy investigates a difficult case. (AD)

12 midnight Coroner **1.00am** Fire Country **2.00 New**. Fire Country **3/22** Series 1. See choice, p81 Rptd tomorrow 9pm **3.00** Chicago PD **4.00** Brit Cops: Rapid Response (AD) **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Strike Back: Vendetta
10.00pm Can Novin be saved?

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD)

8.00 Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD)

5.00 DC's Legends of Tomorrow

6.00pm Stargate SG-1 5/20 Series 9. Vala tries to convince the inhabitants of another planet that the Ori are not really gods. **7.00 6/20**. When the Ori create a force field around a Jaffa planet, Landry has to deploy a weapon to neutralise the enemy's power.

8.00 Agatha Raisin 3/4 Series 4 The judge of Carsley's jam-making competition dies after being poisoned by the winning entry and Agatha resolves to discover the identity of the culprit. (AD)

10.00 Strike Back: Vendetta 4/10 Series 8. Section 20 must race to rescue their comrade Novin, while Zayef edges closer to securing the cyberweapon. (AD)

11.00 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a missing gamer after his online friends fear he might be in trouble.

12 midnight Fantasy Football League **12.35am** Entourage **1.30** Road Wars **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol: double bill (AD)

Sky Max Sky 113 (114 Wales) Virgin 111 EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry (AD) **8.00** Four Weddings **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Cops **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver: double bill

6.00pm Stargate Atlantis: double bill. Sheppard and McKay rush to stop a war, then the team disturbs a previously frozen race **8.00** Highway Cops: double bill following the men and women who help keep motorists safe in New Zealand **9.00** Manifest: double bill. Ben races against the clock to save his family, then Saanvi makes a scientific breakthrough (AD) **11.00** The Russell Howard Hour

12 midnight The Force: North East **1.00am** Stop, Search, Seize (AD) **2.00** A League of Their Own: European Road Trip (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings **5.00-6.00am** Sixth Sense with Colin Fry (AD)

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol (AD) **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD)

6.00pm How I Caught the Killer (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Killer in My Village **10.00** How I Caught the Killer **11.00** World's Most Evil Killers

12 midnight Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** The Real Manhunter (AD) **3.00** The Killer Within **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121 EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



dinnerladies 8.00pm Bren is faced with a difficult decision

7.00am Hi-de-Hi! **8.00** Keeping Up Appearances **8.40** My Hero

9.20 Hi-de-Hi! **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances **12.35pm** My Hero **1.15** Porridge

1.55 Dad's Army **2.35** dinnerladies (AD) **3.20** Hi-de-Hi! **4.00** Last of the Summer Wine **5.20** Porridge

6.00pm Keeping Up Appearances Hyacinth is making some expensive holiday plans.

6.40 Dad's Army Private Pike borrows Captain Mainwaring's car. **7.20** The platoon re-enacts the battle of St George and the dragon.

8.00 dinnerladies Petula's lifestyle catches up with her. (AD)

8.40 Victoria Wood as Seen on TV Featuring a humorous and moving account of a Cumbrian childhood from the 1920s.

9.20 Not Going Out Lee is banished to the sofa when Lucy's father moves into the flat.

10.00 Live at the Apollo Alan Carr hosts, with guests Francesca Martinez and Nish Kumar.

11.00 The Young Ones The boys appear on *University Challenge*.

11.45 dinnerladies As 8pm.

12.20am Live at the Apollo **1.25** Not Going Out **2.05** Hi-de-Hi! **3.20-4.00am** Marley's Ghosts (AD)

Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **9.00** The Conners **10.00** Wellington Paranormal (AD) **10.30** Curb Your Enthusiasm **11.40** Ballers (AD)

12.50pm How to Make It in America (AD) **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.05** The Conners **6.00pm** The Office US **7.00** In the Long Run (AD) **8.00** Will & Grace: double bill.

Will faces a tough case, then Jack is forbidden to see Elliott (AD) **9.00** Veep: double bill. Karen finally pushes Amy too far, then Selina's joy at snagging Tom James as her VP is short-lived (AD) **10.15** Sort Of: double bill **11.15** New. The Tonight Show Starring Jimmy Fallon

12.15am Richard Jeni: A Big Steaming Pile of Me **1.30** Girls: double bill (AD) **2.40** Wellington Paranormal: two episodes (AD) **3.40-5.00am** How to Make It in America: double bill (AD)

Sky Comedy Sky 114 (115 Wales) Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Bikes and Boards **8.35** Most Ridiculous: Toddlers **9.00** Your Face or Mine: double bill **10.00** Impractical Jokers **12 noon** Home Improvement: two episodes

1.00pm Friends: sixteen episodes (AD) **9.00** Romesh Ranganathan: Irrational Live: footage of the comedian's debut stand-up show recorded in 2016

10.00 FILM The Change-Up ★★★★★ Comedy starring Ryan Reynolds and Jason Bateman. Review p77. **12.15am** Drunk History **1.15** Most Ridiculous: Drivers **1.45** Most Ridiculous: Talent Shows **2.15** Channel Hopping with Jon Richardson **3.05** Michael McIntyre's Big Show **3.50** Your Face or Mine **4.15-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi



Justified 11.00pm Raylan looks into a jeweller's death

7.15am Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD)

10.00 Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries: double bill **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable

6.00pm Without a Trace 10/18 Series 6. A brilliant college student vanishes while working as a department store Santa.

7.00 Elementary 11/24 Series 5 Holmes and Watson race to find a kidnapped woman and Shinwell refuses to focus on his training.

8.00 Father Brown 2/10 Series 6 The sleuth struggles to protect those closest to him when an old foe is released from prison. (AD)

9.00 Death in Paradise 1/8 Series 6. Humphrey investigates when a scientist is found dead halfway up a live volcano. (AD)

10.00 My Life Is Murder 6/10 Series 1. A young man is found dead in an alley after a fight at his brother's wedding.

11.00 Justified 1/13 Series 3 Boyd lands himself in prison again following a fight with Raylan.

12 midnight Elementary **1.00am** Unforgettable **2.00-4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers (AD) **1.00pm** Building off the Grid

3.00 Blowing Up History (AD) **4.00** Alaska: Homestead Rescue: double bill **6.00pm** Richard Hammond's Big **7.00** Wheeler Dealers (AD) **8.00** Railroad Alaska: a porcupine infestation threatens to leave Nancy and Jim without electricity

9.00 New. Gold Rush: Tony goes rogue and buys a new wash plant to get his Indian River operation back up and running **10.00** New. Hustlers Gamblers Crooks: a man wagers his life savings on the roulette wheel **11.00** Expedition X **12 midnight** Deadliest Catch

1.00am Gold Rush **2.00** Hustlers Gamblers Crooks **3.00-5.00am** Naked and Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** How the Universe Works **8.00** Blowing Up History **9.00** Combat Dealers: Reloaded **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers (AD)

12 noon Combat Dealers: double bill **2.00pm** How the Universe Works **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Blowing Up History

6.00pm Combat Dealers: Reloaded **7.00** Expedition Unknown **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides: US Highway 1

12 midnight Combat Dealers **2.00am** Salvage Hunters **3.00** Devonport: inside the Royal Navy **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

RT TRAVEL As seen on screen – our pick of TV-inspired destinations radiotimes.com/travelsupjan24



Sky Documentaries



Mr Dynamite: the Rise of James Brown 11.15pm

6.00am Inside the Freemasons (AD) **7.00** Discovering: Rita Hayworth (AD) **8.00** The Directors **9.00** Dark Horses: Italy's World Cup Triumph **10.00** Juan Carlos: Downfall of the King **11.00** Dublin Narcos **12 noon** **FILM** Sergio Leone: the Italian Who Invented America ★★★★★ (W) **2.00pm** Mama's Boy: a Story from Our Americas (AD) (W) **4.00** The Directors: Stephen Soderbergh **5.00** Discovering: Rita Hayworth (AD)

6.00pm **Dark Horses: Italy's World Cup Triumph** Italy face Australia, before receiving some news ahead of the quarter final.

7.00 **Juan Carlos: Downfall of the King** The King's ex-lover becomes a threat to the monarchy.

8.00 **Dublin Narcos** Charting the rise in violence, drug addiction and organised crime in Dublin from the 1980s to the present day.

9.00 **Robin Williams: Come Inside My Mind** An intimate portrait of the life and work of the beloved comedian and actor. (AD)

11.15 **Mr Dynamite: the Rise of James Brown** The career of the singer, musician and producer. (AD)

1.30am Jason Isbell: Running with Our Eyes Closed **3.30** **FILM** Anvil: the Story of Anvil ★★★★★ Music documentary (W) **5.00–6.00am** Discovering: Rita Hayworth (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories: the Bentley factory **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Skeletons of the Inca Rebellion **4.00** Draining the Bermuda Triangle **5.00** Car SOS (AD)

6.00pm Lost Treasures of Egypt: how the pyramids evolved (AD) **7.00** Air Crash Investigation: a plane crippled while flying into the heart of Hurricane Hugo in 1989 **8.00** World War II: Secrets from Above (AD) **9.00** Hitler: the Lost Tapes of the Third Reich **10.00** Hitler's Last Stand (AD) **11.00** Air Crash Investigation (AD) **12 midnight** To Catch a Smuggler **1.00am** Wicked Tuna: alliances form **2.00** Lords of War **2.30** Food Factory **3.20** Food Factory USA **4.10–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Storage Wars **10.00** Strangest Things: a bizarre discovery in Whitby **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Great Escapes with Morgan Freeman **5.00** Pawn Stars **6.00pm** American Pickers **7.00** Forged in Fire **8.00** Strange Evidence: ghostly figures stalk the site of a Civil War battlefield **9.00** **New**. History's Greatest Mysteries: a heist at the Gardner Museum in Boston **10.00** **New**. The Proof Is Out There: a serpent-like creature caught on camera **11.00** Evil Encounters **12 midnight** Pawn Stars **2.00am** The Curse of Oak Island **3.00** Strange Evidence **4.00–6.00am** Great Escapes with Morgan Freeman

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Monkey Life 7.00pm

A squirrel monkey settles in

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** The Wadden Sea **9.00** Secrets of Wild Australia (AD) **10.00** Animal Empires **11.00** America's Wild Seasons (AD) **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** The Wadden Sea **3.00** Secrets of Wild Australia (AD) **4.00** Animal Empires **5.00** America's Wild Seasons (AD)

6.00pm **Africa's Hunters** A 13-year-old leopard faces a challenge from a younger rival.

7.00 **Monkey Life** A squirrel monkey is rescued from a farm. (AD)

7.30 There's a disaster at the new orangutan nursery. (AD)

8.00 **Secrets of the Enchanted Forests** Exploring how the planet's forests help connect and nurture the lives of countless species.

9.00 **Gangs of Lemur Island** As the lemurs' babies grow, the hierarchy starts to change.

10.00 **Africa's Hunters** As 6pm.

11.00 **America's Wild Seasons** The rewards and challenges brought by the summer months. (AD)

12 midnight Hotspots: the Last Hope **1.00am** Arabian Seas **2.00** Secrets of the Enchanted Forests **3.00** Gangs of Lemur Island **4.00** The Wadden Sea **5.00–6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Underground Worlds (AD) **10.00** Abandoned Engineering: eight back-to-back editions (AD) **6.00pm** Abandoned Engineering: five editions. Exploring a complex in Georgia that's pointing into deep space **7.00** Exploring Hartwood, a haunting facility in Scotland, and the ruins of an ancient city in Iraq **8.00** An engineering marvel hidden behind the Niagara Falls in Canada and a subterranean treasure **9.00** A luxury resort in Argentina and a Greek palace above a Mexican city **10.00** A crumbling dam hidden in the Welsh valleys (AD) **11.00** Underground Worlds: exploring the vast 400-mile Mammoth Cave in Kentucky, USA (AD) **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Abandoned Engineering (AD) **5.25–6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes (AD) **10.00** Bad Dog **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes **2.00** Guardians of Rescue **3.00** Animal Cops Houston (AD) **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cribbs **7.00** Dodo Heroes (AD) **8.00** From Wags to Riches: Bill Berloni hits the road with two of his 26-strong dog menagerie **9.00** Pit Bulls and Parolees: Tia's Tales: Tia's daughter Mariah recounts her experience of being born into the rescue life **10.00** Alaskan Bush People **11.00** Killer Whales **12 midnight** Pit Bulls and Parolees: Tia's Tales **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs **Animal Planet** Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **9.00** **LIVE** **WTA Tennis** The second day of the Abu Dhabi Open at Zayed Sports City, UAE. **5.00pm** **LIVE** **ATP Tennis** Day two of the Open 13 from Palais des Sports de Marseille, France. **7.00** **LIVE** **Scottish Premiership Football** Rangers v Aberdeen at Ibrox Stadium (kick-off **8.00**). **10.30** Back Pages Tonight **11.00** Sky Sports News **12 midnight** **LIVE** **Basketball** North Carolina Tar Heels v Clemson Tigers, NCAA action (tip-off **12.00**). **2.00–6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Classic Play-Off Finals (AD) **9.00** EFL Greatest Games (AD) **10.00** Championship Retro **12 noon** Scottish Premiership Football **12.30pm** German Football: highlights **1.30** Women's Super League Football **2.00** Africa Cup of Nations Football **6.00** League One and Two Goals **6.30** Scottish Premiership Highlights **6.45** Scottish Premiership Round-Up **7.00** **LIVE** **Scottish Premiership Football** Rangers v Aberdeen at Ibrox Stadium (kick-off **8.00**). **10.30** League One and Two Goals **11.00** EFL Greatest Games (AD) **1.00am** League Cup Retro **2.00** Classic Play-Off Finals (AD) **5.00–6.00am** EFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

6.00am Best of the Open Zone (AD) **7.00** Hero Masterclass (AD) **7.30** Best of the Shot Centre (AD) **8.00** School of Golf (AD) **9.00** European Tour Golf **9.30** Amateur Golf **10.00** PGA Tour Golf **11.00** Golf Academy: double bill **12 noon** The Golf Fitness Show (AD) **12.30pm** Mark Roe's Short Game School (AD) **1.00** Best of the Open Zone (AD) **2.00** European Tour Golf **2.30** Amateur Golf **3.00** PGA Tour Golf **4.00** Hero Masterclass (AD) **4.30** Best of the Shot Centre (AD) **5.00** School of Golf: double bill (AD) **6.00** How the 2002 Ryder Cup Was Won: the 34th Ryder Cup at the Belfry (AD) **9.00** European Tour Golf **9.30** Amateur Golf: Women's Asia-Pacific Amateur Championship **10.00** PGA Tour Golf: Pebble Beach Pro-Am **11.00** The Golf Fitness Show (AD) **11.30** Mark Roe's Short Game School (AD) **12 midnight** European Tour Golf **12.30am** Amateur Golf **1.00** PGA Tour Golf **2.00** Best of the Open Zone (AD) **3.00** Hero Masterclass (AD) **3.30** Best of the Shot Centre (AD) **4.00** School of Golf: double bill (AD) **5.00–6.00am** Golf Academy (AD)

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

7.30am–4.00pm **LIVE** **U19 Cricket World Cup** The first semi-final from Willowmoore Cricket Stadium, South Africa. **12 midnight–2.00am** **LIVE** **Basketball** North Carolina Tar Heels v Clemson Tigers at Dean E Smith Centre (tip-off **12.00**).

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Cyclo-Cross **7.00** Snooker **9.00** Alpine Skiing **11.00** Snooker **1.00pm** Cycling: Chasing down a Dream **1.30** Tennis **3.00** Olympics **4.00** Fencing **5.00** Alpine Skiing **7.00** Alpine Skiing **8.00** Powerboat Racing **8.30** Cycling **11.00** Alpine Skiing **12 midnight** Cycling **2.00am** Alpine Skiing **3.00** Australian Open Tennis **5.00–7.00am** Olympic Games



NBA 12 midnight

TNT Sports 1 Brooklyn Nets sharpshooter Mikal Bridges

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Greatest Games (AD) **7.00** Highlights **10.00** The Football Show **12 noon** Gary Neville's Soccerbox **1.00pm** Highlights **5.00** Premier League 100 Club (AD) **6.00** Legends (AD) **6.30** Netbusters **7.00** Premier League Review **8.00** Soccerbox **9.00** Review **10.00** Icons **10.30** Retro **12.30am** Icons **1.00** Premier League Years (AD) **3.00** Greatest Games (AD) **4.00** Best Goals (AD) **5.30–6.00am** Premier League 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443

6.00am SA20 Cricket Highlights **7.00** Talking Cricket (AD) **7.30** **LIVE** **U19 Cricket World Cup** The first semi-final from Willowmoore Cricket Stadium. **3.00pm** **LIVE** **SA20 Cricket** The first qualifier in Cape Town. **7.30** SA20 Highlights **8.30** Secrets of Success **9.30** SA20 Highlights **10.30** U19 Cricket World Cup **11.00** SA20 Highlights **12 midnight** U19 Cricket World Cup **12.30am** SA20 **5.00–6.00am** Women's World Cup

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446

6.00am Super Bowl LIII **8.00** NFL: America's Game **9.00** NFL Bitesize **9.30** Neil Meets: double bill **10.00** A Football Life **11.00** NFL Bitesize (AD) **12 noon** Good Morning Football **3.00pm** Highlights **4.00** America's Game **5.00** Bitesize **5.30** Neil Meets the Chiefs (AD) **6.00** Pro-Football Talk **8.00** 49 Hours **8.30** Kansas City Chiefs: the Franchise **10.00** NFL: a Football Life **11.00** Super Bowl Live **12 midnight** Total Access **1.00am** Highlights **3.00** NFL: America's Game **4.00–6.00am** NFL Highlights

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447

6.00am Tennis: highlights **9.00** **LIVE** **WTA Tennis** Day two of the Abu Dhabi Open in the UAE. **5.00pm** **LIVE** **ATP Tennis** Day two of the Open 13 from Marseille. **9.00** Boxing **10.00** Tennis **12 midnight** **LIVE** **Basketball** North Carolina Tar Heels v Clemson Tigers (tip-off **12.00**). **2.00am** Super League (AD) **2.30** Boxing **3.30** WTA Tennis **5.30–6.00am** Super League (AD)

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Alpine Skiing **7.00** World Superbikes **10.00** Padel Tennis **1.00pm** Alpine Skiing **3.00** Rallying **4.00** Speedway **5.00** Snooker **7.00** Tennis **9.00** Hall of Fame: Tokyo 2020 **10.00** World Superbikes **12 midnight** Alpine Skiing **2.00am** Cyclo-Cross **4.00–6.00am** Snooker: Welsh Open

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am **LIVE** **Test Cricket** India v England, continued coverage of the fifth and final day of the second Test in Visakhapatnam. **12 noon** **LIVE** **Pro League Hockey** China v Netherlands, the women's match from Kalinga Stadium, India (push-back **12.00**); **2.00pm** USA v Australia, the women's match (push-back **2.00**). **4.00** Premier League Review (AD) **5.00** Australian Football Highlights **6.00** Premier League Netbusters (AD) **6.30** Premier League Stories (AD) **7.00** Premier League Highlights **8.30** Premier League Reload **8.45** TNT Sports Goals Reload **9.00** Wrestling: WWE action **11.30** Premier League Netbusters (AD) **12 midnight–6.30am** **LIVE** **NBA** Brooklyn Nets v Dallas Mavericks, the inter-conference game from Barclays Centre (tip-off **12.30am**); **3.00am** Phoenix Suns v Milwaukee Bucks, coverage of the inter-conference game from Footprint Centre (tip-off **3.00**).

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431

6.00am **LIVE** **Test Cricket** Sri Lanka v Afghanistan, continued coverage of day five from SSC Cricket Ground, Colombo. **12.30pm** NBA on Fire **1.00** Premier League Review (AD) **2.00** Italian Football **3.00** Australian Football **4.00** Test Cricket Highlights **5.00** Boxing **5.30** French Football (AD) **6.30** Test Highlights: India v England **7.30** International One-Day Cricket **8.30** Test Highlights: from Tauranga **9.30–6.00am** **LIVE** **Test Cricket** New Zealand v South Africa, the fourth day of the first Test from Mount Maunganui, Tauranga.

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432

6.00am National League Football (AD) **6.30** Premier League: Big Interview **7.00** Premier League Review (AD) **8.00** Italian Football: highlights **9.00** French Football: highlights of seven weekend matches in Ligue 1 **4.00pm** National League Football (AD) **6.00** Fishing: on the Bank (AD) **7.00** Football is for Everyone (AD) **8.45** Crouchy and Cole **9.00** Test Highlights: India v England **10.00** Pro League Hockey: two games **12 midnight** Italian Football **3.00am** TNT Sports Goals Reload **3.15** TNT Sports Cricket Reload **3.30–6.00am** **LIVE** **International One-Day Cricket** Australia v South Africa, coverage of the second women's ODI from North Sydney Oval. Coverage continues until 12.15pm.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434

6.00am **LIVE** **International One-Day Cricket** Australia v West Indies, continued coverage of the third and final ODI in the series at Manuka Oval, Canberra. **12 noon** International One-Day Cricket **1.00pm** NBA **2.30** NBA on Fire **3.00** NBA Action (AD) **3.30** NBA: double bill **6.30** NBA on Fire **7.00** NBA Action (AD) **7.30** NBA **10.30** UFC Fight Night **1.30am** National League Football **2.00** French Football **3.00** National League Football **3.30** Australian Football **4.00–6.00am** Pro League Hockey

Viaplay Sports

7.40–10.25pm **LIVE** **German Cup Football** Bayer Leverkusen v Stuttgart, the quarter-final from BayArena (kick-off **7.45**).

Wednesday

**THE EYES
HAVE IT**
DI William
Wellington
(Stuart Martin)
and Eliza Scarlet
(Kate Phillips)

DRAMA

Miss Scarlet and the Duke

9.00pm **Alibi** Catch up via Now

When last we saw Victorian private eye Eliza Scarlet, she'd been asked by rival investigator Patrick Nash to run his London office while he was opening a new branch in France. And now we see her in poised command of a bustling business, a newspaper reporter hanging on her every word. But, as this delightful detective drama often proves, appearances can be deceptive. It transpires that zero clients equals no money.

William "the Duke" Wellington, too, bears the brunt of few resources, with Scotland Yard now expanding its beat. But our two circling love birds (it's not a "will they?" so much as a "when will they?") are brought closer by the strange case of a shooting at a Mayfair "gentleman's club".

It's a typically satisfying puzzle – a tale of foggy motives and corruption in high places – and while familiar faces return to *Miss Scarlet's* fold, new ones are also introduced (Paul Bazely's snippy co-worker Clarence shows great promise).

In terms of what lies ahead, creator/writer Rachael New tells *RT*, "As we watch Eliza navigate her complicated 19th-century world, we get to go back in time to where it all began. It's here we get an even deeper insight into who our heroine is – her hopes and dreams. Season four is teeming with fun, drama and romance... a lot of romance!"

MARK BRAXTON

PROPERTY

Kirstie and Phil's Love It or List It

8.00pm **C4**

Catch up via C4 streaming

In the latest episode of this hardy property perennial, Phil Spencer catches up with a couple who first appeared on the show back in 2016.

Carol and Andrew were at loggerheads over what to do with their three-bed semi in Harrogate. Precipitously high drama ensued. Carol wanted to sell, as she felt it was just too cramped for their children and the possibly imminent arrival of her father to the household. Andrew was adamant that all would be well. Kirstie Allsopp stuck by his side and came up with a plan to create extra space, while Spencer tempted Carol with larger properties in the countryside. Tonight we find out what happened. **PAUL WHITELEW**

ART

Landscape Artist of the Year

8.00pm **Sky Arts** Catch up via Now

Landscape is back in the home of the Beatles and sets up on the Waterfront with a view of the Three Graces. The elephant in the room is in fact a giant inflatable pink octopus – in search of a garden, perhaps. Should the eight artists include it along with the more permanent edifices, or is it simply "something in the way"?

In their now traditional two-hander, host Stephen Mangan and judge Tai Shan Schierenberg embrace the Fab Four theme – one of the eight artists even slips in a reference. But in the sweltering heat and stark light, the day is not just about intense competition. As one hopeful remarks, "I'm hoping I do a painting that I like."

With so much "view", success can often be about editing decisions... **MB**

DRAMA

After the Flood

9.00pm **ITV1** Full series available on ITVX

Last week's episode ended on a dramatic high point, with the crusading Molly deliberately knocked from her bike by a passing car in the lashing rain while she cycled at speed. Into a grassy verge she fell, and to reveal what happens next would be too spoilerific for viewers who haven't yet binged the series on ITVX.

But in the aftermath of this, Molly's daughter Jo learns that Jack Radcliffe's vehicle is in the garage getting serviced. Or ought that to be repaired? So, as the metaphorical storm clouds gather over his head, listen out, too, for the odd boom of thunder on the soundtrack. Might a second flood be coming in time for next Wednesday's finale?

DAVID BROWN

FACTUAL

Johnny Vegas: Carry On Glamping

9.00pm **C4**

Catch up via C4 streaming

Johnny and his patient assistant Bev are still on the hunt for a site where they can put the helicopter, boat and five other vehicles that have been converted into quirky holiday accommodation. But whenever they think they've found the perfect spot, there's always a catch. To make matters worse, vandals smash up some of the units.

However, it is eventually Johnny's health that's the reason for their plans being put on hold. As a result, it's a rather downbeat episode, although Johnny's dream of becoming an ordained Jedi and his wince-inducing attempt at PR on morning TV should make you smile. **JANE RACKHAM**

ALSO ON TODAY

M&S: How They Got Back on Top

8.00pm **Channel 5**
Explore the delights of a Marks and Spencer food hall – and most importantly – find out the best times to shop.

The Repair Shop

8.00pm **BBC1**
The items brought to Jay Blades (right) and his team tonight include a rocking motorbike and a toy monkey. First shown in 2022.



Murder in Mayfair

9.00pm **BBC2**
Reporter Nawal Al-Maghafi looks into the 2008 death of Norwegian student Martine Vik Magnussen. First shown in 2023.

DRAMA

Finders Keepers

9.00pm **Channel 5**

Catch up via My5

LAST EPISODE “Martin Stone is a pillar of the community. He’s never even been on a speed-awareness course,” is the opinion of local copper DI Upton (Steven Pacey). Well, maybe Martin (Neil Morrissey) was once firmly on the straight and narrow, but since he uncovered a horde of Anglo-Saxon treasure he’s been teetering on the edge of the dark side. You might think after last week’s shocker (who saw that one coming?), things couldn’t get worse for the metal detectorist. But they do.

Strangely, although Martin has committed a serious crime (or two), you still want him to get away with it. **JR**

DRAMA

Fire Country

9.00pm **Sky Witness**

Catch up via Now

Grand spectacle, this show can do. But nuance? Not so much. In fact, it’s often about as subtle as a raging inferno. Take one scene tonight where Bode wakes from a nightmare about his dead sister; the underlying message being that, while he may have gone from jail to fire training camp, he’s still trapped in the prison of his own mind. Geddit?

Still, there’s no faulting the set-piece rescue sequences – this week’s unfolds on Mayhem Mountain (which is presumably just down the road from Confusion Canyon), where a teenager is missing in the middle of a wildfire. But just as dangerous as the blaze is a career criminal on the loose with a handgun. **DB**

DRAMA

Clay, Smeddum and Greenden

10.00pm **BBC4**

Catch up via iPlayer

A double bill of classics begins with Lewis Grassic Gibbon’s loosely entwined trilogy from 1976 and first broadcast as a *Play for Today*. Set in rural Scotland between the wars, Eileen McCallum is magnificent as the feisty Meg Menzies in *Smeddum* and Claire Neilsen’s portrayal of Ellen Simpson’s descent into despair in *Greenden* is unsettling, but the star is the beautiful landscape. Then at 11.25pm, Jonathan Miller’s 1966 adaptation of *Alice in Wonderland* features an extraordinary array of talent: John Gielgud, Peter Cook, Peter Sellers and a Ravi Shankar score. And an actual moggy is the Cheshire Cat. **JOHN AIZLEWOOD**

LIVE SPORT



Football: Scottish Premiership

Hibernian v Celtic

7pm (k/o 8pm) **Sky Sports Main Event/Football**

Hibs will be looking to their Welsh striker Christian Doidge (above) for goals.

Cricket: Men’s Test Series

New Zealand v South Africa

9pm **TNT Sports 1**

Day five of the first of two Tests

in Tauranga.

Basketball: EuroCup

London Lions v Wolves Vilnius

7.15pm (t/o 7.30pm) **TNT Sports 1**

Action from the Copper Box Arena, London.

FILM OF THE DAY



Atonement ★★★★★ 15

10.40pm (regions vary) **BBC1**

Ian McEwan’s novel gets a perfect adaptation in this glossy, Oscar-winning drama. Keira Knightley and James McAvoy give a masterclass in brooding intensity as the young lovers torn apart by class conflict, sibling jealousy and the Second World War. (2007)

FILM REVIEWS
page 87

TALL ORDER

Paramedic Aiden must rescue a man who’s fallen from a tree



DOCUMENTARY

Ambulance

9.00pm **BBC1**

Catch up via iPlayer

The sun is out in Greater Manchester. “I feel like today’s the first day of spring,” trills one dispatcher. Her colleague is more jaded: “Recipe for falls,” she mutters. “Everybody’s going to be up trees and on roofs.”

Sure enough, 50-something Derek has fallen 15 feet from a tree and is face down in his garden when paramedic Aiden arrives. Later, Aiden reflects: “Live today.

Tomorrow’s never guaranteed” – the kind of uncomplicated insight this series adds a little extra weight to.

It’s also good at showing paramedics going the extra mile, even when patients want to be left alone. One crew pursues an injured woman with suicidal thoughts, trying to persuade her to get help, while another crew have a more uplifting call, helping a newborn baby – albeit one delivered in McDonald’s.

DAVID BUTCHER

WEDNESDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Sally Nugent, Ben Thompson. (S) (HD)
9.30 Morning Live Michelle Ackerley and Gethin Jones present the weekday magazine show. (S) (HD)
10.45 Dr Xand's Con or Cure A look at home dental kits, the latest on mesh implants for incontinence and tips on how to live a healthier and longer life. (S) (HD)
11.15 Homes under the Hammer Renovations in Paisley, Coventry and Bradford. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Experts Nick Hall and Tim Weeks help two teams in Detling, Kent. (R) (S) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Al is questioned by the police. (S) (AD) (HD)
2.15 Money for Nothing Upcycling a travel trunk, a 1940s utility cabinet and a dressing table. (R) (S) (HD)
3.00 Escape to the Country Sonali Shah helps a couple look for a home in Monmouthshire. (R) (S) (AD) (HD)
3.45 The Repair Shop The specialists set to work restoring a 1960s designer handbag, a toy tractor and a pair of scissors. Hosted by Jay Blades. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip A Victorian oak barrel and a mirror are bought by Margie Cooper and Ochuko Ojiri as they travel along the Welsh border. (R) (S) (HD)

BBC2

6.45am The Travelling Auctioneers Izzie Balmer unearths a potential masterpiece and a stamp album full of rare editions. Shown last Friday BBC1 (S) (HD)
7.30 David and Jay's Touring Toolshed 12/15. David and Jay visit the north-east coast of Scotland and meet a boat builder. Shown yesterday 6.30pm (S) (AD) (HD)
8.00-9.00 Sign Zone 8.00 See Hear Meeting young deaf people affected by the cost of living crisis. Rptd 12.45am (S) (HD)
8.30 Robson Green's Weekend Escapes 4/15 Series 2. Denise Welch joins the actor in rural Northumberland. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
11.15 Politics Live News from Westminster. (S) (HD)
1.00pm Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown John, Lucy and Oliver take their shire horses to compete in the Heckington Show in Lincolnshire. (R) (S) (HD)
3.00 The Great British Sewing Bee The contenders create light and airy outfits for the summer, including a high-fashion shirred midi dress. (R) (S) (AD) (HD)
4.00-4.30 The Wonder of Animals Exploring the capabilities and adaptations of bears. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Showbiz and style tips. (S) (HD)
10.00 This Morning Lifestyle advice, competitions and star interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Candid conversation. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Ainsley's Taste of Malta Ainsley Harriott explores the heart of Malta, where he discovers the history of *pastizzi*, a local dish comprising delicious parcels of flaky pastry. Signed repeat 5.10am (S) (AD) (HD)
3.00-4.00 Lingo Geraldine and Paul, Stu and Kate, and Patrick and Bukky take part in a battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.15am Countdown With guest Jo Brand. (R) (S) (HD)
6.55 Cheers Two episodes of the comedy. (R) (S) (HD)
7.45 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.35 Everybody Loves Raymond (R) (S) (AD) (HD)
10.05 Frasier Double bill of the sitcom. (R) (S) (AD) (HD)
11.00 The Great House Giveaway A West Midlands property is renovated. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses The Garners open their new office in Almería. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Restoring a vintage tram bench and a rare piece of furniture. (R) (S) (AD) (HD)
2.10 Countdown Jo Brand guests. (S) (HD)
3.00 A Place in the Sun Craig Rowe helps a couple find a home in Dénia on Spain's Costa Blanca. (R) (S) (HD)
4.00-5.00 A New Life in the Sun Victoria and Stephen receive feedback from a trial guest at their vegan retreat in Portugal. Repeated 6pm 4seven (S) (HD)

BBC1

1

Ambulance

9.00pm Tom and Jodie are called to a fast-food outlet to deal with an unexpected birth



FA CUP FOOTBALL

If BBC1 shows a live FA Cup fourth-round replay this evening, programmes will change

5.15pm Pointless

With Alexander Armstrong and Alex Brooker. (R) (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

Followed by **Party Political Broadcast**
 By the Conservative Party. (S) (HD)

7.00 The One Show

Presented by Alex Jones and Ronan Keating.
 Editor Joanne Vaughan-Jones (S) (HD)

7.30 EastEnders

Lauren grows suspicious of Linda's behaviour. Kat decides it's time to meet with Phil. Ben has good news.

Lauren Branning Linda Carter Kat Mitchell Phil Mitchell Gina Knight George Knight Cindy Beale Chelsea Fox Howie Danes Honey Mitchell Jay Brown Harvey Monroe Ben Mitchell Freddie Slater	Jacqueline Jossa Kellie Bright Jessie Wallace Steve McFadden Francesca Henry Colin Salmon Michelle Collins Zaraah Abrahams Delroy Atkinson Emma Barton Jamie Borthwick Ross Boatman Max Bowden Bobby Brazier	Martin Fowler Sonia Fowler Nish Panesar Callum Highway Dean Wicks Sharon Watts Kim Fox Zack Hudson Billy Mitchell Reiss Cowell Vinnie Panesar Jack Branning Sam Mitchell Whitney Dean	James Bye Natalie Cassidy Navin Chowdhry Tony Clay Matt Di Angelo Letitia Dean Tameka Empson James Farrar Perry Fenwick Jonny Freeman Shiv Jalota Scott Maslen Kim Medcalf Shona McGarty
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Writer Yasmeen Khan More cast Thursday (S) (AD) (HD)

8.00 The Repair Shop

Jay Blades and the team restore four more treasured items, including a wooden ride-on rocking motorbike that needs the attention of wood specialist Will Kirk, a toy monkey that has been kept in a small box for years, and a fragile autograph book that contains written notes from Emmeline and Sylvia Pankhurst. Director Rich Merritt; Series producers Rebecca McLaughlin and Tanveer Bari (R) (S) (AD) (HD)

9.00 Ambulance

RT **2/6 Series 12.** Jodie and Tom are dispatched to a category one emergency for a patient with a history of carrying weapons, and Aaron and Emily are called to a patient in a mental health crisis who has absconded from hospital. Elsewhere, a call is received for a woman who didn't know she was pregnant but is in the process of giving birth, and Aiden is sent out to an emergency for a patient reported to be unconscious and not breathing on a balcony. A box set of previous episodes is on iPlayer. **See page 81.** Director Dan Nightingale; Series producer Tasha McLintock (S) (HD)

10.00 BBC News Regional News; Weather

10.40 Atonement ★★★★★

Period romantic drama. At a magnificent country house in 1935, sisters Cecilia and Briony Tallis clash over Cecilia's affair with servant's son Robbie Turner, leading to a life-changing flashpoint that cruelly splits up the young lovers. As Turner goes to war, eventually finding himself stranded on Dunkirk beach, Cecilia must live in hope that one day they will be reunited. English, French +subtitles. On iPlayer for 30 days. **Film of the Day: page 87.** Cecilia Tallis Keira Knightley Leon Tallis Patrick Kennedy Robbie Turner James McAvoy Briony, aged 13 Saoirse Ronan Briony, aged 18 Romola Garai Paul Marshall Benedict Cumberbatch Grace Turner Brenda Blethyn Lola Quincey Juno Temple Director Joe Wright (2007, 15) (AD) (W) (HD)

12.35am Michael McIntyre's Big Show 4/6 Series 7 Alison Hammond is rudely awoken in the Midnight Game Show. **See choice, page 40.** Shown Saturday 8.10pm (S) (HD)
1.35 Weather for the Week Ahead (S) (HD)
1.40-6.00am BBC News (S) (HD)

BBC1 Freeview 1/HD 101 Freesat 101 Sky 101 Virgin 101

BBC2

2

Murder in Mayfair

9.00pm How the killing of Martine Vik Magnussen left questions unanswered



4.30pm Match of the Day Live: Africa Cup of Nations

First semi-final
 Coverage of the semi-final match from Stade de la Paix in Bouaké, Ivory Coast (kick-off **5.00**). Goals by Abdou Diallo, Idrissa Gueye and Sadio Mané helped Senegal to a 3-1 win over Burkina Faso at this stage of the last tournament two years ago in Cameroon and they went on to lift the trophy for the first time in their history, overcoming Egypt on penalties in the final. The second semi-final is live on BBC3 from 7.30pm. (S) (HD)

In the event of extra time/penalties, subsequent programmes may run late or change

7.00 Marcus Wareing's Tales from a Kitchen Garden

Marcus visits former chef Christian in West Sussex to hear about how he forages for edible produce, and along the banks of the River Adur, Marcus finds edible sea vegetables that he can incorporate into his food. Another edition tomorrow 7pm. (Revised rpt) (S) (HD)

8.00 Great British Menu

The three remaining chefs from the London and South East region prepare mains and desserts on the theme of the Olympic and Paralympic Games. Dishes include an ancient Greek feast comprising stuffed quail, quail scotch eggs, marinated figs and turnip purée, and an intricate creation inspired by two athletes who shared a gold medal in Tokyo 2020, featuring a layered white-chocolate medal. Presented by Andi Oliver. Continues tomorrow 8pm. (S) (HD)

9.00 Murder in Mayfair

In March 2008, 23-year-old Norwegian student Martine Vik Magnussen was found raped and murdered in central London. The sole suspect was her Regent's Business School classmate Farouk Abdulhak, the son of one of Yemen's richest men, who had been seen leaving a Mayfair club with Martine a few days earlier. Farouk subsequently fled to Yemen and has never returned to face any questioning. For *This World*, the BBC's Nawal Al-Maghafi tries to seek out the truth. Directors Gard A Andreassen and Freddie Martin; Producers Madeline Jansen, Nawal Al-Maghafi and Kate Mead (R) (S) (AD) (HD)

10.00 Inside No 9

Series 8. Paraskevidekatriaphobia. Gareth is definitely going to be working from home today – because it just happens to be Friday the 13th.

Barry Styles Gareth Beckman Dana Beckman Sue	Steve Pemberton Reece Shearsmith Amanda Abbington Samantha Spiro	Bethany Dr Marcel Rogers Dermot O'Leary Shelley	Ayda Kiiza Leon Herbert Himself Moyo Akande
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Writers Steve Pemberton and Reece Shearsmith
 Director George Kane; Producer Kim Crowther (R) (S) (AD) (HD)

10.30 Newsnight

With Kirsty Wark. (S) (HD)

11.10 Weather

11.15 Unspun World with John Simpson

A reflection on the week's global news stories. (S) (HD)

11.45 Putin vs the West: At War

2/2. Doubling Down. A look at how the impact of the war in Ukraine was felt across the globe.

See choice, page 60. Shown Monday 9pm (S) (AD) (HD)

12.45-4.00am Sign Zone 12.45 See Hear A discussion on the 2025 BSL GCSE roll out. Shown 8am (S) (HD)

1.15 Animal Park The keepers must establish which wolf could be the new leader of the pack. (R) (S) (AD) (HD)

2.00 Great British Menu The two highest scoring Central chefs cook their dishes once more. Shown last Thursday (S) (HD)

3.00 Antiques Roadshow A rare designer watch is among the items valued on Swanage Pier in Dorset. (R) (S) (HD)

BBC2 Freeview 2/HD 102 Freesat 102 Sky 102 Virgin 102

ITV1

3

After the Flood
9.00pm Can Jo (Sophie Rundle) identify the killer when she follows up a fresh lead?



FA CUP FOOTBALL

If ITV1 shows a live FA Cup fourth-round replay this evening, programmes will change

4.00pm Tipping Point

Ben Shephard hosts as three players try to hit the jackpot on the big arcade machine. (S) (HD)

5.00 The Chase

Barry, Danny, Wendy and Andrew take on one of the Chasers. Bradley Walsh presents. (S) (HD)

6.00 Regional News Weather

6.20 Party Political Broadcast
By the Conservative Party. (S) (HD)

6.30 ITV Evening News Weather

7.30 Emmerdale

Rhona hopes she can remain in Ivy's life. Tom and Belle scale back their wedding plans. Writer Zeli Zulu Cast Monday/Tuesday (S) (AD) (HD)

8.00 Coronation Street

Toyah witnesses an angry exchange between Joel and a mystery woman. Harvey provides Adam with a fall guy for his murder conviction. Bethany targets Lauren in her bid for a scoop.

Toyah Habeeb	Georgia Taylor	Roy Cropper	David Neilson
Joel Deering	Calum Lill	Amy Barlow	Elle Mulvaney
Harvey Gaskell	Will Mellor	Emily Wilkinson	Ellena Vincent
Adam Barlow	Samuel Robertson	Summer Spellman	Harriet Bibby
Bethany Platt	Lucy Fallon	Gail Rodwell	Helen Worth
Lauren Bolton	Cait Fittin	John Perry	Ian Peck
Ken Barlow	William Roache	Bobby Crawford	Jack Carroll
Nick Tilsley	Ben Price	Glenda Shuttleworth	Jodie Prenger
Daisy Midgeley	Charlotte Jordan	Tim Metcalfe	Joe Duttine

Writers Emily Gascoyne and David Isaac
More cast Friday (S) (AD) (HD)

9.00 After the Flood

RT 5/6. **Gathering Storm.** Following a new lead, Jo and Tasha reveal an unexpected side of Daniel's life. With Pat now part of the case, Jo closes in on the murderer. **See p80.**

Joanna Marshall	Sophie Rundle	Molly Marshall	Lorraine Ashbourne
Tasha Eden	Anita Adam Gabay	Jack Radcliffe	Philip Glenister
Lee Ellison	Jonas Armstrong	PC Gibson	Gary Hanks
DCl Roy	Daniel Betts	Mal	Mark Smalley
Sarah Mackie	Jacqueline Boatstain	Emma	Amy Forrester
Keith	George Bukhari	Greg Gidley	Steve Cooper
Sergeant Phil Mackie	Sophie		Mauie Connock
	Nicholas Cleaves	DS Babak	Heider Ali
	Faye McKeever	Andrew	Jake Whitehurst
Kelly	Matt Stokoe	Leylo	Aliyah Ahmed
Pat Holman	Tripti Tripathi	Daniel Eden	Arthur McBain
Deepa Das			

Writer Mick Ford; Producer Juliet Charlesworth
Director Azhur Saleem (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Peston

Robert Peston presents the weekly political magazine programme, featuring interviews with MPs, topical guests and leading cultural figures, plus live reaction from social media. Executive producer Andrew Dagnall (S) (HD)

11.40 Big Zuu's 12 Dishes in 12 Hours

5/6. The chef embarks on a culinary tour of Marseille with Oti Mabuse. **See choice, p41.** Shown Saturday 10pm (S) (AD) (HD)

12.10am Home Shopping (HD)

3.00 Lindsey Burrow: Who Cares for Our Carers?

Tonight Examining the personal cost to people who work as unpaid carers. Shown last Thursday (S) (SL) (HD)

3.25 Big Zuu's 12 Dishes in 12 Hours 2/6.

The chef explores Nicosia with Eddie Kadi. (R) (S) (SL) (AD) (HD)

4.00 Unwind

A sequence to calm the mind. (S) (HD)

5.10-6.00am Ainsley's Taste of Malta

Ainsley visits the ancient city of Mdina. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Kirstie and Phil's Love It or List It
8.00pm What have Carol and Andrew done since meeting the duo in 2016?



5.00pm Château DIY

Donna and Paul host a romantic event, Chris and Jolyon's wallpapering efforts go awry and Sarah and George enjoy their garden produce. Series producer Daniela Carson; Executive producer Joff Hatfield-Powell Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

The week's third host is property developer and former beauty queen Joey, who hosts a pageant-themed evening with a catwalk contest. (S) (HD)

6.30 The Simpsons

Gone Abie Gone. Homer and Marge uncover details of Grampa's past. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather.

(S) (HD)

8.00 Kirstie and Phil's Love It or List It

RT Ep 8 Series 9. This week, Phil Spencer revisits Andrew and Carol. In 2016, Andrew wanted to stay in their semi-detached home in Harrogate, but Carol disliked the cramped kitchen and was keen to find somewhere that could, in the future, accommodate her father Dennis. Kirstie Allsopp came up with a plan to create a family kitchen and extra bedroom space, while Phil showed them three larger rural properties. But what did they choose to do – and have they stuck to their decision? **See page 80.** Series producer James Marx; Executive producer Jonny Wharton Repeated tomorrow 8pm 4seven (S) (AD) (HD)

9.00 Johnny Vegas: Carry On Glamping

RT 3/6 Series 2. Planning issues stall progress at Johnny's ideal location in Derbyshire, but the renovation of the run-down vehicles continues. Jim is working on the rusty old boat and Stu catches up with Johnny about his vision for the old helicopter. As the search for a new location resumes, Johnny learns of a chance to open the Field of Dreams as a pop-up site for a month. But the launch preparations leave Johnny physically and emotionally drained. The whole series is available to stream. **See page 80.** Series director Will Fisher; Series producer Stephen Leigh Repeated tomorrow 9pm 4seven (S) (AD) (HD)

10.00 Gogglebox

In the first of two episodes from April 2023, the armchair critics share their opinions on *In with a Shout*, *Gordon Ramsay's Future Food Stars*, *Rise and Fall*, *Saving Our Wild Isles* and *Last Woman on Earth* with Sarah Pascoe. (R) (S) (AD) (HD)

11.05 The households' views on *Britain's Got Talent*, *Scared of the Dark*, *Obsession*, *Family Fortunes*, *The Great Celebrity Bake Off for Stand Up to Cancer*, *Love Is Blind* and *Inside the Factory*. Executive producers Mike Cotton, Leon Campbell and Victoria Ray (R) (S) (AD) (HD)

12.05am Open House: the Great Sex Experiment Al and Jasmine are keen to learn whether opening up their marriage could spice up their love life. (R) (S) (AD) (HD)

1.05 Sex, Me And Disability Rhys Bowler explores sex and disability while navigating a new relationship. Shown Sunday 11.30pm (S) (SL) (AD) (HD)

2.00 February ★★★ Horror thriller starring Emma Roberts, Lucy Boynton and Kiernan Shipka. Two students remain in their boarding school during the winter break, and are joined by a peculiar interloper. Available to stream for 30 days. Director Oz Perkins (2015, 15) (S) (SL) (W) (HD)

3.35 Undercover Boss USA A Texas restaurant-chain CEO goes under cover to work with his staff. (R) (S) (HD)

4.25 Couples Come Dine with Me Three couples host dinner parties in Greater Manchester. (R) (S) (SL) (HD)

5.20-6.15am Kirstie and Phil's Love It or List It The property duo help a couple at odds over their two-bedroom home in Warwickshire. (R) (S) (SL) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Alice in Wonderland
11.25pm Anne-Marie Mallik stars as the young girl in a fantasy world



7.00pm Dynasties

1/5. David Attenborough presents the stories of five animal dynasties. In Senegal, west Africa, one chimpanzee has been the alpha male of his group for three years and is nearing the end of his time as leader. Can he survive long enough to sire a potential heir? More tomorrow 7pm. A box set is on iPlayer. Producer Rosie Thomas; Series producer Rupert Barrington Repeated 12.40am (R) (S) (AD) (HD)

8.00 Invasion! with Sam Willis

1/3. The historian reveals a story of invasion in Britain spanning millennia, beginning with him felling a tree with a flint axe in Kent and riding an Iron Age chariot. Sam Willis also searches for clues of invasion at Silbury Hill, and tracks down evidence of the Beaker people, who brought ceramics, metalwork and beakers to Britain. Director David Coward; Executive producer Debbie Christie Repeated 1.40am (R) (S) (HD)

9.00 Rise of the Nazis

1/3. **Politics.** In 1930, Germany was a liberal democracy with elections, parliament and the rule of law. But within a few years it would fall into the hands of a dictator and his cronies. After years of hardship, the German people are desperate for change but the 1930 election brings only political stalemate. A box set is on iPlayer. Director Julian Jones; Producers Ella Wright and Catalina Bingham Rptd 2.40am (R) (S) (AD) (HD)

10.00 Play for Today: Clay, Smeddum and Greenden

RT A trilogy of loosely linked stories by Lewis Grassic Gibbon, set in a Scottish farming community in the interwar years. From 1976. **See p81.**

Rachel Galt	Gerda Stevenson
Rob Galt	Victor Carin
Old Galt	Leonard Maguire
Mrs Galt	Anne Kristen
Meg Menzies	Eileen McCallum
Alec Webster	Fulton Mackay
Murdoch	Bill Fraser
Mrs Murdoch	Joan Fitzpatrick
Will Menzies	Robert Trotter
Dod Menzies	Paul Kelly

Dramatised by Bill Craig; Producer Pharis MacLaren
Director Moira Armstrong First shown on BBC1 (S)

11.25 Alice in Wonderland

RT A chance to see Jonathan Miller's 1966 adaptation of Lewis Carroll's classic 1865 novel *Alice's Adventures in Wonderland*. **See page 81.**

Alice	Anne-Marie Mallik
Frog Footman	John Bird
Mouse	Alan Bennett
White Rabbit	Wilfrid Brambell
Mad Hatter	Peter Cook
Mock Turtle	John Gielgud
Caterpillar	Michael Redgrave
Ugly Duchess	Leo McKern
March Hare	Michael Gough
Knave of Hearts	Peter Eyre
Queen of Hearts	Alison Leggatt
King of Hearts	Peter Sellers

Dramatised by Jonathan Miller
Director/Producer Jonathan Miller (R) (S) (BW)

12.40am Dynasties Shown 7pm (S) (AD) (HD)

1.40 Invasion! with Sam Willis

Shown 8pm (S) (HD)

2.40-3.40am Rise of the Nazis

Shown 9pm (S) (SL) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

2.15-3.00pm Politics
Scotland 6.30-7.00
Reporting Scotland;
Weather; PPB: by the
Scottish Conservative
and Unionist Party
8.00 Disclosure:
Scotland's Post Office
Scandal 8.30-9.00
Grand Tours of
Scotland's Rivers
10.40 SportsScene:
Premiership Highlights
11.55 Debate Night
12.55am The Edit
1.10 Would I Lie to You?
1.40 Weather
1.45-6.00 BBC News

BBC SCOTLAND

7.00pm This Farming
Life 8.00 Secret Body
9.00 The Nine 10.00
Jules and Greg's Wild
Swim 10.30 Debate
Night 11.30-12 midnight
Unmasking a Fugitive

STV

6.20-6.30pm PPB:
by the Scottish
Conservative and
Unionist Party
10.00 News at Ten;
STV News and Weather
10.40 Scotland
Tonight; ITV Weather
11.05 Peston
12 midnight Big Zuu's
12 Dishes in 12 Hours
12.30-3.00am
Night Vision
4.00-5.10
Night Vision

ITV1 BORDER SCOTLAND

6.20-6.30pm PPB: by
the Scottish Conservative
and Unionist Party
10.45 Representing
Border 11.15 Peston
12.05-12.10am
Border Life

BBC1 WALES

6.30-7.00pm BBC
Wales Today; Weather;
PPB: by the Welsh
Conservative Party
10.40 BBC Wales Live
11.10 FILM: Atonement
1.05am Would I Lie to
You? 1.35-6.00 BBC
News

ITV1 WALES

6.20-6.30pm PPB:
by the Welsh
Conservative Party

BBC1 NI

6.30-7.00pm BBC
Newsline; PPB: by the
DUP 8.00 Barra's
Return of the Wild
8.30-9.00 Scam
Interceptors 10.40
Nolan Live
11.40-1.35am FILM:
Atonement ★★★★★

BBC2 NI

10.00-10.30pm The
Band 11.15 Pitch
Invasion: How the
Scottish and Irish
Changed Football:
12.15am Comedians in
Chippies Getting Fatter
12.45-1.15am Unspun
World: John Simpson

UTV

6.20-6.30pm PPB:
by the DUP

Channel 5
listings are overleaf

WEDNESDAY Freeview

Channel 5

5



Finders Keepers 9.00pm Anne expresses her concerns to Martin

5.40am Milkshake! See page 86
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Harper lends an ear to Tane. Shown yesterday 6.30pm 5 Star (S) (HD)
2.15 Mystery of the Dead Nanny ★★
P Thriller starring Nicolette Langley. An au pair finds herself in danger after she rejects her employer's romantic advances. Director Brittany Underwood (2021) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Ex-army officer Diane hosts a black-tie function for a Benidorm charity. (R) (S) (HD)

5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out Susan travels through Yorkshire, starting at Whitby, taking in York, the Yorkshire Dales and Brontë country. (R) (S) (HD)
6.55 5 News Update (S) (HD)

7.00 Shoplifters: Caught Red Handed Head of security Tom responds to a call about a male acting suspiciously, and detectives Steve and Adam search a thief's bag, finding heroin syringes. Directors Jack Brownbill, Josh Haddow, Tom Charnley and Mark Stanton (S) (HD)
7.55 5 News Update (S) (HD)

8.00 M&S: How They Got Back on Top The story of how Marks and Spencer left behind years of stagnation to win back the hearts of UK shoppers and return to profit in 2023, with help from click-and-collect shopping and collaborations with the likes of Sienna Miller. Director Simon Newton (S) (HD)
 Followed by **5 News Update** (S) (HD)

9.00 Finders Keepers
RT 4/4. Shaken by his fatal confrontation with Denys, Martin confesses all to Anne, who hatches a bold plan to save her family and bring Josh home. See p81. Martin Stone Ashley Taylor Anne Stone Laura Stone DS Carole Doyle Greg 'Rocky' Rock Denys Eiland Writer Dan Sefton; Series producer Simon Lupton Director Philip John (S) (HD)
 Neil Morrissey James Buckley Fay Ripley Jessica Rhodes Rakhee Thakrar Shane Attwooll Brendan Coyle

10.00 Discovering Tutankhamun's Tomb with Dan Snow The historian ventures into Egypt's Valley of the Kings to tell the incredible story of its rediscovery, from the first adventurers to the finding of Tutankhamun's tomb. Director/Producer Nick Gillam-Smith (R) (S) (HD)

11.30 Police: Suspect No 1 5/6. Detectives are tasked with bringing down the Norfolk-based Lewis drugs gang. Shown Monday 9pm (S) (HD)

1.00am Casino (S) (HD) **3.00** Casualty 24/7: Every Second Counts (R) (S) (HD) **3.50** OMG: Rise of the Insta-Babes (R) (S) (HD) **4.40** Nick's Quest (R) (S) (HD) **5.05** House Doctor (R) (S) (SL) (HD) **5.30-5.40am** Entertainment News (S) (HD)
CS Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Body on the Beach: What Happened to Annie? 10.00pm Annie Borjesson

7.00pm My Mate's a Bad Date Oloni helps Dami, a 24-year-old with a history of dating failures. (S) (HD)
 Followed by **New. The Catch Up** (S) (HD)
7.30 Match of the Day Live: Africa Cup of Nations
 Coverage of the second semi-final, held at Alassane Ouattara Stadium in Abidjan, Ivory Coast (kick-off 8.00). (S) (HD)

In the event of extra time/penalties, subsequent programmes may change

10.00 Body on the Beach: What Happened to Annie?
 1/4. Journalist Hazel Martin investigates the death of Annie Borjesson. (S) (AD) (HD)
 10.30 2/4. Hazel Martin pieces together Annie Borjesson's final hours. The whole series is available on iPlayer. (S) (AD) (HD)

11.00 Domino Day 2/6. Sammie convinces Domino to meet with her coven where she discovers the dark truth about who she really is. The whole series is on iPlayer. See choice, p71. Shown yesterday 9pm (S) (AD) (HD)

11.45 Paranormal: the Girl, the Ghost and the Gravestone 1/4. A farmhouse widely considered as Britain's most haunted house. (S) (AD) (HD)
 12.15am 2/4. Sian Eleri meets the current owner of Penryffordd farmhouse. The whole series is on iPlayer. (S) (AD) (HD)
 12.45 Body on the Beach: What Happened to Annie? (S) (AD) **1.45** Fresh Cops (S) (HD) **2.45** as 7pm **3.10-3.55am** as 11pm

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00** Chuck (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (HD) **2.00** Family Fortunes (S) (HD)
3.00 Chuck (S) (HD) **4.00** One Tree Hill (S) (HD)
6.00pm **Celebrity Catchphrase** Charlotte Church, Melvin Odoom and Katherine Ryan try to guess the famous phrases. (S) (AD) (HD)
7.00 Deal or No Deal Stephen Mulhern hosts the nerve-racking game show. (S) (HD)
8.00 Superstore 18/22 Series 2. Mateo's undocumented status causes trouble. Glenn and Amy battle an online troll. (S) (AD) (HD)
8.30 19/22 Glenn brings his foster children into the store to have a family portrait taken for his wife Jerusha's birthday. (S) (AD) (HD)
9.00 New. Love Island: All Stars. The temperature is heating up in the villa as the islanders continue to flirt and fight. (S) (HD)
10.05 Deep Fake Neighbour Wars 3/6 Beyoncé enlists Priyanka Chopra's support to deal with Billie Eilish, while Mark Wahlberg and Chris Rock's friendship is rocked by Mark's new hobby of beekeeping. (S) (HD)
10.35 4/6 Floyd Mayweather and Dua Lipa feud with Matthew McConaughey over his big tree. Nicki Minaj and Tom Holland argue with Mark Zuckerberg about a leak. (S) (HD)
11.05 Family Guy Series 16. Stewie and Brian search for Mort after hearing there is a reward for turning him in to the police. (S) (AD) (HD)
11.35 Stewie is examined by a psychologist after misbehaving in school. (S) (AD) (HD)
12.05am American Dad! (S) (AD) (HD) **1.00** Superstore (S) (AD) (HD) **1.55** Ruby Speaking (S) (HD) **2.25** Totally Bonkers Guinness World Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Lewis 8.00pm The inspector's new boss, Joe Moody, makes his mark

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 8/16 Series 4. Unforgettable A runaway horse causes a horrific road accident. Rptd 12.45am; **9.10 9/16**. A Good Day The town is in mourning for Peggy. Rptd 1.40am (S) (AD) **10.15** Agatha Christie's Poirot: The King of Clubs. An actress witnesses the murder of a shady producer, only to become the number one suspect (S) (AD) (HD)
11.25 The Royal Repeated 11.55pm (S)
12.30pm Heartbeat: 15/24. Nick gets a promotion (S) (AD) **1.40** Classic Emmerdale: double bill. Cain is finally freed from the barn, then Andy decides to end his relationship with Debbie (S) **2.45** Classic Coronation Street: double bill. Karl doesn't take too kindly to being Todd's bit on the side, then Ashley gets a grilling from Claire's mother (S) (AD)
3.50 Midsomer Murders: Series 14. Dark Secrets. The life of an eccentric and reclusive couple comes under police scrutiny (S) (AD) (HD)

5.50pm Downton Abbey 5/9 Series 6. Neville Chamberlain is drawn into Violet's plan to save the hospital. Andy finds an unexpected confidante. Continues tomorrow 5.50pm. (S) (AD) (HD)

6.55 Heartbeat 16/24 Series 7. Greengrass starts a devious plot involving the postal service, much to Blaketon's annoyance. (S) (AD)

8.00 Lewis Series 9. One for Sorrow. The detective investigates a body in a well, and he also has to contend with a new boss. (S) (AD) (HD)

10.00 Trial and Retribution V 2/2. Two further bodies and a skeleton are found at the former boarding house and Walker isn't convinced that the alibi of former guest Graham Richards is enough. A new two-part story tomorrow 10pm. (S) (HD)

11.55 The Royal 14/14 Series 3. Ormerod faces a testing time when his father-in-law arrives. Shown 11.25am (S)

12.45-2.30am Where the Heart Is Shown 8.05/9.10am (S) (SL) (AD)
ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am Football League Legends (S) (HD)
6.10 Minder (S) (AD) **7.05** The Professionals (S) (SL) (AD) **8.15** The Saint (S) **9.20** The Return of Sherlock Holmes (S) (AD) (HD) **10.30** Magnum, PI (S) (AD) (HD) **11.30** The Saint (S)
12.35pm The Return of Sherlock Holmes (S) (AD) (HD) **1.45** Kojak (S) (HD) **2.50** Magnum, PI (S) (AD) (HD) **3.50** Minder: Terry looks after an ex-con (S) (AD) **4.55** The Professionals (S) (AD)
FA CUP FOOTBALL
 If ITV4 shows a live FA Cup fourth-round replay this evening, programmes will change
6.00pm BattleBots Sharko tries to avoid a fiery fate at the hands of Slapbox. (S) (HD)
7.00 The Chase **Celebrity Special** With Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty. (S) (HD)
8.00 The Motorbike Show Henry Cole finishes the restoration of the Suzuki Kettle. (S) (HD)
9.00 **FILM** **Speed 2: Cruise Control ★★** Thriller with Sandra Bullock. A cruise turns out to be anything but plain sailing. (S) (W) (HD)
11.40 **New. All Elite Wrestling: Collision** Hard-hitting action from the AEW. (S) (HD)
1.40am The Professionals (S) (SL) (AD)
2.35-3.00am Unwind (S) (HD)
ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



The Inspector Lynley Mysteries 8.00pm Havers has a sensitive case

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00** Doctors: double bill. Helen and Jude play detective, then Ben and Helen make unexpected discoveries **9.20** Classic Holby City: Colette's loyalties are put to the test Repeated 2.50am (S) (HD) **10.40** Classic Casualty: a drug smuggler arrives for treatment (S) **11.40** The Bill: an explosion's aftermath brings tears and tragedy
12.40pm Classic EastEnders: double bill. A new era begins at the Vic, then news of Sharon's departure sweeps the Square **2.00** Monarch of the Glen: 11/11 Series 3 Lexie fears her wedding may be jinxed (S)
3.10 Kingdom: 4/6 Series 2. Simon is ready to take on legal duties again Rptd 2am **4.10** All Creatures Great and Small: 10/13 Series 1 Sleeping Partners. James and Helen start the tuberculin testing Shown 7.10am (S) **5.20** Terry and June: 1/6 Series 3. The Medfords fall out with their new neighbours

6.00pm As Time Goes By 3/10 Series 4. Getting Rid of Gwen Lionel's secretary drives him up the wall. (S)

6.40 Last of the Summer Wine Series 30. The Mother of All Mistakes – Or Is It? Hobbo discovers his real mother's whereabouts. (S) (HD)

7.20 Will Howard Cross the Atlantic Single-Handed? Howard vows to row across the Atlantic single-handed. (S) (HD)

8.00 The Inspector Lynley Mysteries 2/4 Series 2. In the Presence of the Enemy Havers is sent to Buckinghamshire to investigate the death of a radical left-wing Cabinet minister's illegitimate daughter. (S)

10.00 New Tricks 9/10 Series 8. Half Life. An unidentified murder victim is named on a website. (S) (AD)

11.20 Spooks 1/10 Series 4. The Special 1/2. Danny's colleagues gather for his funeral. (S)

12.40am Hustle: 3/6 Series 5. Ash gives Sean some vital training for a casino con (S) (HD) **2.00** Kingdom Shown 3.10pm **2.50-4.00am** Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

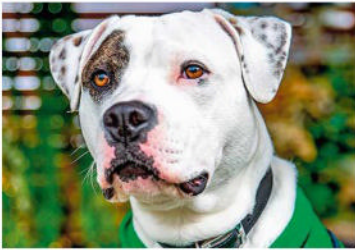
28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD)
1.20 The Only Way Is Essex (S) (HD) **2.00** Buying and Selling (S) (HD) **3.00** Million Dollar Listing: NYC (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00** **New.** The Real Housewives of New Jersey (S) (HD)
6.00pm **Masters of Flip** A worn-out brick home in need of some major love. (S) (HD)
7.00 **Million Dollar Listing: NYC** The listing for 50 Cent's Connecticut estate comes in. (S) (HD)
8.00 **James Martin's Spanish Adventure** In Bilbao, James visits an indoor food market and a famous steak restaurant. (S) (AD) (HD)
9.00 **Emergency Nurses: A&E Stories** Toni treats a teenager whose bike stunt ended in a painful disaster. (S) (HD)
10.00 **New. My Mom, Your Dad: USA** The remaining parents get a shaman's help. (S) (HD)
11.00 **Singleton** Sophie jets off to Spain for a make-or-break weekend with Mason. (S) (HD)
12.05am The Only Way Is Essex (S) (HD)
12.50-1.00am Unwind (S) (HD)
ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

More4

18



The Dog House 7.55pm Can Buddy befriend a Manchester couple?

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: dinner parties in Kent (AD) **3.10** Four in a Bed **5.50** Kirstie and Phil's Love It or List It (AD) **6.55pm** **Escape to the Château** After eight years, the peach tree in the walled garden is bearing fruit and Dick, Angel, Arthur, and Dorothy are excited to try the peaches. (AD) **7.55** **The Dog House** American bulldog Buddy hopes to impress Manchester couple Katie and James. Meanwhile, 12-year-old terrier Tiddles enjoys a makeover. (AD) **9.00** **Grand Designs** Within a timeframe of 12 months, Graeme and Melanie plan to build a three-storey home on a tiny twin-garage plot with no surrounding land on a traditional Victorian terraced road in east London. (AD) **10.00** **George Clarke's Amazing Spaces** A couple in Wales set out to upcycle an old horse lorry into a seaside retreat, and George meets a man planning to add a two-storey tepee to his American-inspired campsite. (AD) **11.05** **24 Hours in A&E** Twenty-year-old Peta is rushed in after coming off her motorbike, 21-year-old Callum comes in with a prolapsed stoma and Libby has been hit in the face with a hockey stick. (AD) **12.05am** Emergency Helicopter Medics: the victim of a stabbing needs urgent medical attention (AD) **1.15** Grand Designs (AD) **2.15** 24 Hours in A&E (AD) **3.20-3.50am** A Farmer's Life **More4** F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Monday/Tuesday (AD) **7.00** Ramsay's Kitchen Nightmares USA **8.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** The Big Bang Theory: four editions (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon (AD) **5.00** The Big Bang Theory (AD) **6.00pm** **The Big Bang Theory 13/24 Series 12** Sheldon and Amy receive good news. (AD) **6.30 14/24** Leonard is disappointed when his friends are uninterested in his laser. (AD) **7.00** **New. Hollyoaks** Dilly's true identity is uncovered. Repeated Thursday 6.30am (AD) **7.30** **Modern Family 11/24 Series 1** Gloria is unimpressed with Jay's reaction to Javier. **8.00** **New. Below Deck Down Under** Ryan feels left out from the crew's activities. (AD) **9.00** **Celebrity Gogglebox** Famous faces reflect on shows including *Love Island*. (AD) **10.00** **First Dates** A 25-year-old man turns up to a date with his mother. (AD) **11.05** **Taskmaster** The comics are asked to repurpose umbrellas in an imaginative way. (AD) **12.10am** **Gogglebox** (AD) **1.10** **Celebrity Gogglebox** (SL) (AD) **2.10** **First Dates** (SL) (AD) **3.10** **Below Deck Down Under** (AD) **4.00** **Modern Family** **4.25** **Ramsay's Kitchen Nightmares USA** (SL) **5.20-6.00am** **How I Met Your Mother** (AD) **E4** Freewiew 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freewiew 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** **Salvage Hunters** **10.00** **The Great Antiques Challenge** **11.00** **Antiques Road Trip** (AD) **12 noon** **The Repair Shop** **1.00pm** **Long Lost Family US** **2.00** **My 600lb Life** **4.00** **Animal Cops Philadelphia** (AD) **5.00** **Ambulance** **6.00** **Great Antiques Challenge** **7.00** **Antiques Road Trip** (AD) **9.00** **New. Bad Skin Clinic** **10.00** **New series.** Dr. Pimple Popper **11.00** **Ghost Adventures** **12 midnight** **Spooked Ireland** **1.00am** **Ghost Adventures** **2.00** **Shopping** **4.00** **Animal Cops Detroit** (AD) **5.00-6.00am** as 4pm **Really** Freewiew 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



David Hockney: a Celebration 9.00pm Melvyn Bragg meets the artist

6.00am Darbar Festival 2022 **7.00** Reinventing the Orchestra with Charles Hazlewood **8.00** **The Joy of Painting** (AD) **9.00** **Tales of the Unexpected** (AD) **10.00** **Alfred Hitchcock Presents** **11.00** **Discovering: Sidney Poitier** a profile of the actor (AD) **12 noon** **The Joy of Painting** **1.00pm** **Tales of the Unexpected** (AD) **2.00** **The Art Mysteries** (AD) **3.00** **Anyone Can Sing** (AD) **4.00** **Discovering: Steve McQueen** (AD) **5.00** **Tales of the Unexpected: double bill** **6.00pm** **Alfred Hitchcock Presents** A man is suspected of murder after a shooting. **6.30** An unknown killer is on the loose. **7.00** **The Joy of Painting** Bob Ross depicts a cabin with a mountain in the distance. **7.30** **Artist Ben Stahl** paints a girl's portrait. **8.00** **CHOICE New. Landscape Artist of the Year** Stephen Mangan heads to Liverpool's Pier Head, where contestants line up for the fifth heat. **See page 80.** **9.00** **David Hockney: a Celebration** A profile of the artist, featuring interviews with him in London and Normandy. **10.30** **Comedy Legends** Barry Cryer pays tribute to comedy acts he has worked with. **11.30** **The Story of British Cinema: the Pioneer Years** Documentary about the boom in British cinema as new, pioneering techniques saw productivity sky-rocket. **1.00am** **My Rembrandt** **2.50** **Anish Kapoor: Stupid Naughty Boy** **3.45** **The Art of Australia** **5.00-6.00am** Auction: double bill **Sky Arts** Freewiew 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** **Come Dine with Me**: in Gloucestershire **12.30pm** **Everybody Loves Raymond** (AD) **2.00** **Frasier** (AD) **3.00** **The Great House Giveaway** **4.00** **Château DIY** (AD) **5.00** **A Place in the Sun**: a home on the Costa Blanca **6.00pm** **A New Life in the Sun** Victoria and Stephen receive feedback on their vegan retreat in Portugal. Shown 4pm Channel 4 **7.00** **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer tackle future-proofing. (AD) **8.00** **999: on the Front Line Ep 2** Paramedics are called out to a young woman who has had a seizure. Shown yesterday 8pm C4 **9.00** **To Catch a Copper 2/3**. Focusing on cases where police officers are accused of racism and unconscious bias. **See choice, page 61.** Shown Monday 9pm Channel 4 **10.00** **FILM Nobody** ★★★★★ Action thriller starring Bob Odenkirk and Connie Nielsen. **Review p47.** Shown Saturday 9.10pm C4 (AD) **11.50** **CHOICE Johnny Vegas: Carry on Glamping 3/6 Series 2**. Planning issues stall progress. **See p80.** Shown 9pm C4 (AD) **12.50am** 24 Hours in A&E (AD) **1.55** **Night Coppers** (AD) **3.00** **Grand Designs** (AD) **4.00-5.00am** **Open House: the Great Sex Experiment** (AD) **4seven** F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** **Shed and Buried** **7.00** **The Repair Shop** **8.00** **American Pickers** **10.00** **Chasing Classic Cars** **11.00** **Vintage Voltage** (AD) **12 noon** **How Do They Do It?** **1.00pm** **Money for Nothing** **2.00** **The Repair Shop** **3.00** **Find It, Fix It, Flog It** **4.00** **Salvage Hunters** **5.00** **Salvage Hunters: the Restorers** **6.00pm** **Wheeler Dealers** **7.00** **Aussie Gold Hunters** **8.00** **Salvage Hunters** **9.00** **New series.** **Salvage Hunters** **10.00** **The Great Antiques Challenge** **11.00** **How Do They Do It?** **12 midnight** **Wheeler Dealers** **1.00am** **Border Control: Spain** **2.00** **Chasing Classic Cars** **3.00** **Vintage Voltage** (AD) **4.00-5.00am** **How It's Made** **Quest** Freewiew 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freewiew 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Joanna Lumley's Japan 9.00pm The actress begins her adventure

6.10am **Auschwitz: the Nazis and the Final Solution** **8.00** **Abandoned Engineering: double bill** (AD) **10.00** **War Factories** **11.00** **Narrow Escapes of World War II** (AD) **12 noon** **Great American Railroad Journeys** **1.00pm** **Antiques Roadshow** **2.00** **Bangers and Cash: Restoring Classics: two editions** (AD) **4.00** **War Factories** **5.00** **Narrow Escapes of World War II** (AD) **6.00pm** **Antiques Roadshow** Celebrating the history of film, theatre, music and television. **7.00** **Great British Railway Journeys** The role Weymouth played in the D-Day landings. **7.30** **Michael Portillo** sets off on a journey from Oxford toward south Wales. **8.00** **Great Canal Journeys: India** Timothy West and Prunella Scales explore India. **9.00** **Joanna Lumley's Japan** Joanna begins a 2,000-mile journey across Japan. **10.00** **Bangers and Cash: Restoring Classics** The team gambles on restoring a Vanden Plas saloon from the 1970s. (AD) **11.00** **Abandoned Engineering** A complex that is crucial to American history. (AD) **12 midnight** **Great British Railway Journeys** **1.00am** **Fred Dibnah's Railway Collection** **2.00-3.00am** **Tom Jones** at the BBC **Yesterday** Freewiew 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.10am **Mega Air** **8.00** **Special Ops: Crime Squad UK** (AD) **10.00** **Repair Lot** (AD) **12 noon** **Storage Hunters UK** **2.00pm** **Extreme Fishing** with Robson Green: hapuka fishing in New Zealand **3.00** **Top Gear** (AD) **5.00pm** **Rick Stein's India** A road trip across the Western Ghats to Kerala. **6.00** **The chef attends a Hindu festival.** (AD) **7.00** **Richard Osman's House of Games** Chizzy Akudolu, Charlie Higson, Kate Williams and Tom Allen take part. **7.40** **With Radzi Chinyanganya, Hal Cruttenden, Kerry Godliman and Ebony Rainford-Brent.** **8.20** **Would I Lie to You?** With Katherine Parkinson, Louie Spence, David O'Doherty and Bill Turnbull. Rob Brydon hosts. **9.00** **QI** XL Robert Webb, Phill Jupitus and Ronni Ancona join Alan Davies and Stephen Fry. **10.00** **Have I Got a Bit More News for You** With guest host Jess Phillips. **11.00** **Taskmaster** Kerry Godliman hits a cricket ball with a croquet mallet. **12 midnight** **Release the Hounds** **1.00am** **Would I Lie to You?** **1.40** **Schitt's Creek** **2.20** **Meet the Richardsons: Jon and Lucy hamster-sit** (AD) **2.50** **Richard Osman's House of Games** **3.20-4.00am** **Beat the Internet** with John Robins **Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave Ja Vu** Freewiew 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am **Border Security: Canada's Front Line** (AD) **8.00** **Nothing to Declare: double bill** **9.00** **Motorway Patrol** **10.00** **UK Border Force** (AD) **11.00** **Highway Patrol** **12 noon** **Motorway Patrol** **1.00pm** **Border Patrol** **2.00** **Border Security: Canada's Front Line** (AD) **3.00** **Nothing to Declare** **4.00** **Stargate Atlantis** **5.00** **Stargate SG-1** **6.00** **Star Trek: Enterprise** **7.00** **Stargate Universe** (AD) **8.00** **CHOICE New. Landscape Artist of the Year: the fifth heat** comes from Liverpool's Pier Head. **See page 80** **9.00** **New. Murdered at First Sight: a woman killed while out walking her dogs** First shown on Sky Crime (AD) **10.00** **Grimm** **11.00** **Killer in My Village** **12 midnight** **World's Most Evil Killers** **1.00am** **Caribbean Cops: a tourist is caught trying to buy cannabis** **2.00** **Brit Cops: Law and Disorder** (AD) **3.00** **Highway Patrol** **4.00** **Motorway Patrol** **5.00-6.00am** **Highway Cops: double bill** **Sky Mix** Freewiew 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am **NCIS** (AD) **10.55** **Entertainment News** **11.00** **NCIS** **12 noon** **Law & Order** **6.00pm** **NCIS Series 19**. Triple bill. The team investigates a ring of teenage partygoers after a string of break-ins takes place **7.00** The death of a navy reservist who was an investigative journalist is explored **8.00** **Parker** is framed for murder, and the rest of the team put their jobs and lives on the line to uncover the truth (AD) **9.00** **Criminal Minds Series 8**. The profilers investigate the deaths of members of a writing forum **10.00** **Law & Order: Special Victims Unit** **1.50am** **Blue Bloods: Jamie** refuses to follow his lieutenant's orders **2.50** **Lucifer** **3.35-4.00am** **Criminals: Caught on Camera** **5 USA** F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am **Bargain-Loving Brits in the Sun** **10.00** **The Cruise: Below Deck** **11.00** **Nightmare Tenants, Slum Landlords** **12 noon** **Traffic Cops** **2.00pm** **Police Interceptors** **5.00** **Car Pound Cops: Give Me My Car Back!** **6.00pm** **Home and Away** Justin plays video games with Theo. Shown yesterday 1.45pm C5 (AD) **6.30** **New.** Justin rushes to Leah's side. Repeated tomorrow 1.45pm C5 (AD) **7.00** **GPs: behind Closed Doors** The work of doctors at a medical practice. (AD) **8.00** **Casualty 24/7: Every Second Counts** Covid-19 puts staff under pressure. **9.00** **New. Cold Case Killers Ep 6 Series 3** Investigating the murder of 22-year-old Teresa de Simone, who was found in her car. **10.00** **Gabby Petito: the Murder That Gripped the World** A road trip disappearance. **11.30** **Kill Thy Neighbour** A member of Hull's Polish community is accused of murder. **12.30am** **Evil Up Close: Women Who Kill: a trusted nanny snaps** (AD) **1.25** **Killer at the Crime Scene** **2.20** **Casualty 24/7: Every Second Counts** **3.10-4.00am** **GPs: behind Closed Doors** (AD) **5 Star** Freewiew 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am **Criminals: Caught on Camera** **9.30** **Outback Truckers** **10.30** **Traffic Cops** **11.30** **Police Interceptors: a knifeman is hunted** **12.30pm** **FILM** **Seven Men from Now** ★★★★★ **Western** **2.05** **FILM** **Night Passage** ★★ **Western** starring James Stewart **4.00** **Outback Truckers** **5.00** **Traffic Cops** **6.00pm** **Police Interceptors** A man suspected of being armed is taken down. **7.00** **Paul 'Jacko' Jackson** draws his taser. **8.00** **Motorway Cops: Catching Britain's Speeders** PC Niaz Waddington attempts to catch a vehicle with cloned plates. **9.00** **Coastguard: Search and Rescue SOS** A motor-powered yacht is in serious trouble off the south coast of England. **10.00** **Warship: Life at Sea** A female lieutenant trains to become a captain. **11.00** **FILM** **Cliffhanger** ★★★★★ Action thriller starring Sylvester Stallone and John Lithgow. A mountain-rescue climber is confronted by criminals. **Review page 87.** **11.50** **World's Deadliest Weather: Caught on Camera** **12.20** **Trucking Hell** (AD) **3.20** **Criminals: Caught on Camera** **3.45-4.00am** **Entertainment News** **5 Action** Freewiew 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am **The Yorkshire Vet: double bill** **11.00** **The Yorkshire Vet** Special: Newborns **12 noon** **The Yorkshire Vet: triple bill** **3.00pm** **Murder, She Wrote** **4.00** **Columbo** **6.00pm** **Eggheads** The Crabapples, from St Albans, try to defeat the Eggheads. **6.30** **The Upper End Chancers** compete. **7.00** **Britain's Lost Battlefields with Rob Bell** A peasant rebellion in Norfolk in 1549. **8.00** **Dunkirk: Mission Impossible** The final battle to keep German forces back. **9.00** **Nazi Megastructures: America's War** The defences for the D-Day landings. **10.00** **Viking Seas: Drain the Oceans** Exploring forgotten shipwrecks. **12.05am** **Forged in Fire: double bill.** Making a weapon with steel objects, then an Egyptian Khopesh **3.50-4.00am** **Entertainment News** **5 Select** F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

WEDNESDAY Freeview & films

W 25



DIY SOS: the Big Build

8.00pm A project in Down

6.10am Rachel Khoo's Kitchen Notebook: Cosmopolitan Cook **7.00 New series.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm MasterChef Australia An extra-long episode includes the first MasterClass, in which Andy and Jock plan to take on the mystery box from Monday's challenge.

8.00 DIY SOS: the Big Build The team head to Down to help the McCreights, who need their home to be made wheelchair friendly.

9.00 24 Hours in A&E Doctors treat a young woman who has been thrown from a horse.

10.00 A man is rushed to St George's with internal bleeding.

11.00 Nurses on the Ward Renee treats a patient with a flare-up of ulcerative colitis. (AD)

12 midnight Alex Jones: Making Babies (AD) **1.00am** One Born Every Minute **2.00-3.00am** Inside the Ambulance (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden **6.00** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Escape to the Country **9.00** Your Home Made Perfect **10.00 New series.** Home Town: Ben and Erin help a family whose house was destroyed by a tornado **11.00** Bargain Mansions **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00-4.00am** My Lottery Dream Home **HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Sara Dane **7.00** Mudlarking the Thames **8.00** Destination Flavour: China **8.30** Poh & Co **9.00** The Bizarre Pet Vets **10.00** Europe's Wilderness **11.00** Monkey **12 noon** Never the Twin **1.00pm** FILM Martin's Day **3.00** FILM Life for Ruth **3.30** (BW) **5.00** Posh Pawn **6.00** London Live News **7.00** Danger Man **8.15** Born on the Breadline: Dispatches **8.45** London Districts **9.00** Mistresses **10.15** Murder in Suburbia **11.15** FILM Clockwise **1.05am** FILM Vita & Virginia **3.30** London Districts **3.30** News Rewind **5.00-6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



The Hairy Bikers Go North

8.00pm Back to Si's roots

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00 New.** Valerie's Home Cooking **9.00** Barefoot Contessa: back to Basics (AD) **10.00** Bake Off: the Professionals **11.00** The Hairy Bikers Go North **12 noon** The Great British Bake Off **2.00pm** James Martin's United Cakes of America **3.00** Rick Stein's Fruits of the Sea **4.00** Barefoot Contessa: back to Basics (AD) **5.00 New.** The Pioneer Woman **6.00pm** James Martin's United Cakes of America **7.00** The Great British Bake Off: the semi-finalists face three French challenges (AD) **8.00** The Hairy Bikers Go North: the duo explore Newcastle upon Tyne **9.00** Mary Berry's Simple Comforts: double bill. Mary makes a series of recipes inspired by Ireland, then explores how families use food to create their own sense of home **10.00** Rick Stein's Fruits of the Sea: Rick is in Australia to explore how its cuisine has changed **11.00** Diners, Drive-Ins and Dives **12 midnight** Bobby's Triple Threat **1.00am** Restaurant: Impossible **2.00-3.00am** Buddy Vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 Sky 249 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder: three episodes **11.00** Castle **1.00pm** Sue Thomas: F.B.I. **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00** M*A*S*H: four episodes **9.00** The Avengers: the duo track down a murderer **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H **2.00am** Randall and Hopkirk (Deceased): a clairvoyant tries to exorcise Marty **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50-5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **11.00** Medical Detectives **2.00pm** Murder by the Sea **4.00** Medical Detectives: six editions. A career woman keeps falling ill and doctors don't know why **4.30** A criminology student is found murdered **5.00** A woman is found shot in her own home **5.30** A single mother is abducted **6.00** The wife of a marine is charged with murder **6.30** An 18-year-old girl is abducted **7.00** Judge Judy **4.45-6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

7.00am Treasury Questions **8.00** House of Commons **9.30** Live Select Committees **11.30** Live Women and Equalities Questions **12 noon** Live Prime Minister's Questions: coverage of questions in the House of Commons to Rishi Sunak **12.35pm** Live House of Commons: the day's proceedings **7.30** Live House of Lords **10.00** Prime Minister's Questions **10.35pm** Lords Questions **11.20-7.00am** House of Lords **BBC Parliament** Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



Blood of the Clans

9.45pm Neil Oliver talks rebellions

6.00am Buffalo Soldiers: Fighting on Two Fronts **6.55** Taken Hostage **7.50** Beautiful Serengeti **8.25** Great War Diaries **9.35 New.** A Cold War of Spies **10.35** Taken Hostage **11.50** Blood of the Clans **1.00pm** Beautiful Serengeti **1.30** Great War Diaries **2.50** A Cold War of Spies **3.50** Taken Hostage **5.00** Blood of the Clans

6.15pm Great War Diaries 3/3. An Italian-American leads a revolt in a mental institution.

7.30 A Cold War of Spies 3/4 The 1960s and the imbalance between US and Soviet missiles.

8.30 Taken Hostage How Iranian students held 52 hostages at the American embassy.

9.45 Blood of the Clans 3/3 Neil Oliver reveals the divided loyalties during the 1745 Rebellion.

10.55 A Cold War of Spies As 7.30pm.

12 midnight As 9.45pm **1.15am** Beautiful Serengeti **1.50** as 6.15pm **2.55** Taken Hostage **3.55** as 6am **4.50-6.00am** Taken Hostage

PBS America F'view 84 (1pm-12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** Alien Files: Unsealed **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Top Secret UFO Projects Declassified **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00** UFO Hunters **7.00** Pawn Stars **7.30** Pawn Stars **8.00** Dickinson's Real Deal: from Stockport in Greater Manchester **9.00 New series.** Mission Unexplained: witnessed reports of odd phenomena **10.00** Weird or What? With William Shatner **11.00** Believers: Extreme Hauntings **12 midnight** Paranormal: Caught on Camera **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.00** Court Cam **5.00-6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special **3.00** Strike It Lucky **4.00** Bulls-eye **6.00pm** The Crystal Maze: another team takes on ingenious games and fiendish challenges. Hosted by Richard O'Brien **7.00** Weakest Link: quiz show hosted by Anne Robinson **8.00** The Chase: double bill of the quiz show hosted by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **11.00** Bulls-eye: double bill of the darts-based quiz show **12 midnight** Weakest Link **1.00am** Cash Trapped **2.00** The Chase: two editions **4.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **5.00-6.00am** Bulls-eye: double bill **Challenge** Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.40am Milkshake! Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends: All Engines Go! **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.40** The Adventures of Paddington **8.00** Milo **8.15** Paw Patrol **8.30** Pop Paper City **8.45** Animal Care Club **8.55-9.15am** Peppa Pig

Full listings for Channel 5 are on p84

CBeebies

6.00am Colourblocks **6.05** Vegesaurus **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Love Monster **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** My Petsaurus **9.00** Bing **9.05** Yakka Dee! **9.15 New.** Lu & the Bally Bunch **9.20** Love Monster **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.20** The Baby Club **10.35** Kiri & Lou **10.40** Roots and Fruits **10.50 New.** Vegesaurus **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Olga Da Polga **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Apple Tree House **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35 New.** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50-7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** New. Boy Girl Dog Cat Mouse Cheese **7.45** New. Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Operation Ouch! **9.05** Secret Life of Boys **9.25** Game on Grandparents **9.50** Danny & Mick **10.00** Deadly 60 **10.30** Absolute Genius **11.00** Bitesize Daily **11.20** Out of This World **11.30** Blow Your Mind **11.45** Craft Party **12 noon** Global Adventures **12.15pm** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.10** Supertato **1.20** Dennis & Gnasher **1.30** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Ooglies **Funsize 1.55** Operation Ouch! **2.25** The Beaker Girls **2.50 New.** Pokémon **3.15** Danger Mouse **3.25** Shaun the Sheep **3.30** Ninja Express **3.45 New.** Taifu **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon **5.30** Deadly Mission Shark **6.00 New.** Style It Out **6.30** The Next Step **6.50-7.00pm** Blue Peter Challenges

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am-9.00 and on ITVBe 9am to 12 noon

ITV2

6.00am Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.20-9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolus & Friends **11.55-12 noon** Athletics

FILMS

Film4

11.00am Saraband for Dead Lovers ★★★ Sumptuous British movie in which Stewart Granger's dashing count captures the heart of the king's wife. Joan Greenwood (1948, U) (S) **12.55pm Ice Cold in Alex** ★★★ Memorable Second World War drama with John Mills as a doughty captain leading an ambulance crew across the north African desert. Review, right. (1958, PG) (S) (AD)

3.30 Anne of the Indies ★★★ Splendid seafaring tale starring Jean Peters as a notorious female pirate. Louis Jourdan, Debra Paget (1951, U) (S) **5.10 Carry On Constable** ★★★ Sergeant Sid James oversees a bunch of bungling bobbies in this fourth outing for the comedy team. Kenneth Williams, Hattie Jacques (1960, U) (S) (AD)

6.55pm Pacific Rim: Uprising ★★★ There's more city-smashing mayhem in this exciting sci-fi action sequel. John Boyega (2018, 12) (S) (AD)

9.00 Kingsman: the Golden Circle ★★★ Pacey, irreverent, occasionally self-indulgent action adventure. Review, right. Taron Egerton, Colin Firth, Julianne Moore (2017, 15) (S) (AD)

11.50 Shame ★★★ Well-directed drama featuring Michael Fassbender as a troubled sex addict. Review, right. (2011, 18) (S) (AD)

1.55-3.50am Hunger ★★★★★ Harrowing and visually poetic depiction of the protests that took place among Republican prisoners in Northern Ireland's Maze Prison in 1981. Michael Fassbender (2008, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV

6.00am Burke's Law TV drama. **7.00 Kill Me Tomorrow** ★★ Pat O'Brien's plays an ace reporter in this far-fetched crime drama. (1957, PG) (S) **8.40 Colonel March Investigates** TV drama. (S) **10.00 Together** TV drama. **10.30 The Buccaneers** TV adventure. (S) **11.00 Who Goes Next?** ★★ Cheaply made but tense PoW drama featuring a young Jack Hawkins. Barry K Barnes, Sophie Stewart (1938) (S) **12.50pm Suspect** ★★ Spy drama saved by a splendid support cast. Review, right. Tony Britton (1960, PG) **2.30 Mods and Rockers** Short film. **3.05 Belle of the Yukon** ★★ Sporadically lively musical western set in the days of the Canadian gold rush. Randolph Scott (1944) (S) **4.50 Johnny Ringo** TV western. (S) **5.25 The Lone Wolf Strikes** ★★ Deft comic mystery in which the jewel thief-turned-private eye gets embroiled with killers. Warren William (1940)

6.45pm Mrs Pym of Scotland Yard ★★ Nice little crime mystery with Mary Clare as the no-nonsense detective. Edward Lexy (1939) (S)

8.00 Public Eye TV drama series. **9.05 Gideon's Way** TV drama. (S)

10.10 Piccadilly Incident ★★ Old-fashioned wartime weepie in which Wren Anna Neagle and Royal Marine Michael Wilding marry, only for her to go missing. (1946, PG) (S) **12.10am The Wayward Bus** ★★ Patchy ensemble drama with Jayne Mansfield and Joan Collins among the passengers. (1957) (S) **2.00 The Main Chance** TV drama. **3.00 The Last Moment** ★★ Robert Cummings and Susan Hayward star in this compelling, stylised period drama version of Henry James's *The Aspern Papers*. (1947) (S) **4.45-6.00am You Pay Your Money** ★★ Feeble crime drama. Hugh McDermott (1957, PG) (S) **Talking Pictures TV** Freeview 82 Freesat 306 Sky 328 Virgin 445



FILM REVIEWS



FILM
OF THE
DAY

Atonement

10.40pm-12.35am **BBC1** (starts 11.10pm in Wales, 11.40pm in N Ireland; not in Scotland)

ROMANCE Director Joe Wright's adaptation of Ian McEwan's bestseller was deservedly awarded the Bafta for best film in 2008. Beginning in 1935, the drama pivots on the love affair between privileged Keira Knightley and servant's son James McAvoy. Sibling jealousy, an intercepted love letter and an assault combine to tear them apart, and their hopes of reunion are further complicated by the outbreak of war. Impeccably acted, this is a handsome love story with a knockout twist. **ANDREW COLLINS** (UK 2007, violence, swearing, sex scenes, HD)

Suspect ★★ 12.50-2.30pm
Talking Pictures TV

DRAMA Tony Britton and Virginia Maskell are the nominal stars in this story of spies at a chemical research lab. But they do little to hold the attention, and you soon wish splendid supports Peter Cushing, Donald Pleasence and Ian Bannen were given more to do. And the casting of comedian Spike Milligan in an espionage drama such as this is simply bizarre.

DAVID PARKINSON (UK 1960, BW)

Ice Cold in Alex ★★★★★
12.55-3.30pm **Film4**

DRAMA This is the film in which John Mills swigs the most famous glass of beer in movie history. And how well he's earned it, having steered clear of the bottle as well as Axis troops to bring an ambulance to safety after the fall of Tobruk in 1942. Sylvia Syms, Harry Andrews and Anthony Quayle are along for the ride, and director J Lee Thompson keeps the action tense. **DP** (UK 1958, BW, HD)

Man in the Saddle

★★★★★ 2.55-4.45pm
Great Action

WESTERN Randolph Scott is somewhat unusually cast in this excellent western, playing one part of a love triangle involving Joan Leslie

Kingsman: the Golden Circle

9.00-11.50pm **Film4**

ADVENTURE This sequel to *Kingsman: the Secret Service* sees former teen tearaway Eggsy (Taron Egerton) now established as a British agent. His skills are put to the test when he uncovers the toxic plans of the villainous Poppy (Julianne Moore), forcing a team-up with his American counterparts, the Statesmen. The action whips along, and a cameoing Elton John hoovers up the laughs. **JEREMY ASPINALL** (UK/US 2017, violence, swearing, drug abuse, HD)

Cliffhanger

11.00pm-1.15am **5 Action**

ACTION High adventure and vertigo blend with blood and bullets in this tense thriller. Sylvester Stallone is the traumatised mountain ranger who must find his nerve when a gang of criminals crash-lands on his mountain manor. A kind of alpine *Die Hard*, this brims with nail-biting stunts and is directed with breathless energy by Renny Harlin. **ALAN JONES** (US/Neth 1993, violence, swearing, HD)

Shame

11.50pm-1.55am **Film4**

DRAMA Following their 2008 award winner *Hunger* (which is showing later tonight), director Steve McQueen and star Michael Fassbender reteamed for this rather downbeat tale. Fassbender plays a sex-obsessed New Yorker whose life becomes complicated after his sister (Carey Mulligan) comes to stay. McQueen's film *Occupied City* is in cinemas on Friday. **ADAM SMITH** (UK 2011, violence, drug abuse, sex scenes, nudity, HD)

Sky Cinema picks

A Beautiful Mind

1.45-4.05pm **Sky Drama**
Oscar-winning biopic. (2001, 12)
Sky 310; Virgin 410; BT 504/524

Blithe Spirit

6.25-8.15pm **Sky Family**
Dan Stevens leads a perky and stylish period lark. (2020, 12)
Sky 306; Virgin 406; BT 506/520

A Good Person

10.05pm-12.15am
Sky British Icons
Florence Pugh drama. (2023, 15)
Sky 304; Virgin 404; BT 504/518

Films to stream from p32
Netflix, Amazon, Disney+ and more

Great Movies

9.00am Twisted Tenant ★★ Is the new lodger safe? James Maslow, Lorynn York (2018) **11.00 Running Away** ★★ Her stepfather is not to be trusted. Holly Deveaux (2017) **1.05pm Deadliest Switch** ★★ Twisted thriller. Lindsay Hartley (2020) **3.00 Betrayed by Lies** ★★ Infidelity is only part of the story of this convoluted drama Amy Nuttall (2018) **5.00 The Bounty Hunter** ★★ Stodgy, knockabout romantic comedy. Gerard Butler, Jennifer Aniston (2010, 12) **7.10pm Garage Sale Mysteries: the Beach Murders** TV crime. **9.00 The Expatriate** ★★ Watchable if undistinguished chase drama. Aaron Eckhart, Olga Kurylenko (2012, 15) **11.05 Son of a Gun** ★★ Ewan McGregor's bank robber is busted out of jail by petty criminal Brenton Thwaites in this Aussie drama. (2013, 15) **1.30am Only God Forgives** ★★★★★ Arty if bloody crime thriller that reteams Ryan Gosling with *Drive* director Nicolas Winding Refn. (2012, 18) **3.30 Wild West Chronicles 4.00-5.40am Deadly Paradise** ★★ An idyllic trip turns sour. Boti Bliss (2016) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1 Freeview 61 (limited 10pm-5am) Sky 322**

Great Action

8.10am Wild West Chronicles 9.20 Apache Territory ★★ Routine B-western. Rory Calhoun (1958, PG) **10.50 Battle Honours 12 noon Wild West Chronicles 1.00pm Bad Man's River** ★★ Starry but underplayed comedy western. Lee Van Cleef (1971, 12) **2.55 Man in the Saddle** ★★★★★ Action-packed Randolph Scott love-triangle western. **Review, right.** Joan Leslie (1951, PG) **4.45 Wild West Chronicles 5.25 Wild Wind** ★★ A daring raid on a Nazi train. George Montgomery (1985) **7.10pm Oceans Rising** ★★ A scientist's climate warnings are ignored in this low-budget disaster movie. Jason Tobias, Summer Spiro (2017, 12) **9.00 10 Minutes Gone** ★★ By-the-numbers Bruce Willis crime thriller about a bank heist that goes badly wrong. Michael Chiklis (2019, 15) **10.55 Beyond the Law** ★★ Three men take justice into their own hands in this thriller. Steven Seagal (2019, 15) **12.50am Crypto** ★★ A banking analyst uncovers dirty laundry. Beau Knapp (2019, 15) **3.00 Battle Honours 4.10-5.00am Battle for the Bulge** **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky 324**

Great Romance

8.00am Flip That Romance ★★ Rival house-flippers get cosy. (2019) **10.00 The Wedding Fix** ★★ She falls for the best man. Andrea Brooks (2022) **12 noon Love on the Menu** ★★ Nicely played foodie romance. Autumn Reeser (2019) **2.00pm Love at Sunset Terrace** ★★ A holiday rental sparks a relationship. (2020) **4.00 Under the Autumn Moon** ★★ An executive falls for a cowboy. Lindy Booth (2018) **6.00pm The Wedding Ring** ★★ A jewellery designer reconnects with her childhood sweetheart. Lauren Lee Smith, Dillon Casey (2020) **8.00 Sealed with a Kiss** ★★ A country singer must re-evaluate his love life. Jesse Metcalfe, Autumn Reeser (2015) **10.00 Moonlight in Vermont** ★★ A ruse leads to romance in this appealing love story. Lacey Chabert (2017) **12.05am Sweet Autumn** ★★ They have to share the shop. Nikki Deloach (2020) **2.00 Highway to Heaven 3.10-5.00am The Wedding Arrangement** ★★ A florist needs help. Kristina Cole, Cody Griffiths (2021) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view 63 (limited 10pm-5am) F'sat 304 Sky 320**

Sky Premiere

7.00am Book Club: the Next Chapter ★★★★★ Charming sequel with the bookish friends on a jaunt through Italy. Diane Keaton, Jane Fonda (2023, 12) **8.50 As 6.10pm 10.40 As 4.20pm 12.30pm 57 Seconds** ★★ Twisty but often outlandish sci-fi thriller. Josh Hutcherson (2023) **2.20 As 10.10pm 4.20 Hypnotic** ★★★★★ Mind-bending pulp sci-fi from director Robert Rodriguez. **Review p38.** Ben Affleck (2023, 15) **6.10pm No Hard Feelings** ★★★★★ Raunchy but likeable coming-of-age romcom. Jennifer Lawrence (2023, 15) **8.00 Transformers: Rise of the Beasts** ★★ Noisy seventh entry in the CGI-heavy fantasy franchise. Anthony Ramos, Dominique Fishback (2023, 12) **10.10 Insidious: the Red Door** ★★ Scare-free fifth film in the horror franchise. **Review p38.** Patrick Wilson, Rose Byrne, Ty Simpkins (2023, 15) **12.05am 57 Seconds** As 12.30pm **2.00 Haunting of the Queen Mary** ★★ Grisly horror set on board the famous British ocean liner. Alice Eve, Joel Fry (2023, 18) **4.10 One More Shot** ★★ Lively action sequel to *One Shot*. Scott Adkins, Michael Jai White (2024) **Sky Premiere** Sky 301 Virgin 401 **EE 501/HD 515 +1 Sky 312**

Legend

8.00am Walker, Texas Ranger 9.00 Knight Rider 10.00 Star Trek: Deep Space Nine 11.00 Lost City Raiders ★★ Cheesy sci-fi adventure. James Brolin (2008) **1.00pm Angel and the Badman** ★★ Sombre remake of the 1947 John Wayne western. Lou Diamond Phillips (2009) **3.00 Crack in the World** ★★ Modest sci-fi thriller. **Review, right.** Dana Andrews (1964, U) **5.00 Star Trek 6.00pm Star Trek: Deep Space Nine** TV sci-fi with Avery Brooks. **7.00 Knight Rider** TV drama. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 Southern Fury** ★★ Grisly action flick. Adrian Grenier (2017, 18) **10.55 Revenge** ★★★★★ Matilda Lutz is a woman left for dead who fights back, in a thriller that's executed with flashy style. (2017, 18) **1.00am Mom and Dad** ★★★★★ Pitch-black horror satire that sees parents inexplicably compelled to slay their children. Nicolas Cage (2017, 15) **2.45-4.30am Echoes of Fear** ★★★★★ A woman inherits her grandfather's house in this lively if unoriginal horror. Trista Robinson (2018, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra

6.00am As 5pm **8.00 Doomwatch** ★★ Cornwall-set spin-off from the fact-based BBC mystery series. Ian Bannen (1972, 12) **10.00 Andromeda 11.00 Stormageddon** ★★ A super-computer goes rogue in this eco-disaster movie. John Hennigan (2015, 12) **1.00pm Sir Arthur Conan Doyle's Sherlock Holmes** ★★ Uneven mockbuster mystery take on Guy Ritchie's *Sherlock Holmes*. Ben Syder (2010, 12) **3.00 Andromeda 4.00 The Six Million Dollar Man 5.00 Earthfall** ★★ A rogue planet twists the Earth on its axis in this humdrum disaster movie. Pressly Coker (2014) **7.00pm Andromeda** TV sci-fi. **8.00 The Six Million Dollar Man** TV sci-fi starring Lee Majors. **9.00 Jeepers Creepers** ★★★★★ Riveting and imaginative horror about a brother and sister who disturb an ancient demon's lair. Gina Phillips, Justin Long, Jonathan Breck (2001, 15) **10.50 The Loft** ★★ Karl Urban and James Marsden fail to charm in this sleazy whodunnit. (2014, 15) **1.00-2.50am** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat 139 Sky 318 Virgin 371**

Sky Showcase



Curb Your Enthusiasm

11.50pm Party animal: Larry

6.00am Sky News Breakfast
7.00am Kay Burley **8.00am** Caught on Dashcam **9.00am** Nothing to Declare (AD) **10.00am** Strangest Things **11.00am** New Kids in the Wild **12 noon** Supergirl **1.00pm** MacGyver **3.00pm** Hawaii Five-O **4.00pm** S.W.A.T. (AD) **5.00pm** The Simpsons: double bill

6.00pm The Office US **25/25** Series 3. Jim has an interview.

6.30 1/19 Series 4. Meredith learns she is infected with rabies.

7.00pm The Simpsons Mr Burns pretends to be an employee.

7.30pm Marge argues with Homer.

8.00pm New. Landscape Artist of the Year Ep 5 Series 9.

Stephen Mangan is at Liverpool's Pier Head. See p80.

9.00pm The Hobbit: the Desolation of Smaug ★★

Fantasy adventure starring Martin Freeman. Hobbit Bilbo Baggins marches on towards the Lonely Mountain flanked by a band of dwarves. There he is destined to encounter the dragon Smaug. (w)

11.50pm Curb Your Enthusiasm **RT** 1/10 Series 12. Larry heads to Georgia for a businessman's birthday party. See page 61.

12.35am Fantasy Football League **1.10pm** Brassic (AD) **2.05pm** Road Wars **3.00pm** Hawaii Five-O **4.00pm** S.W.A.T. (AD) **5.00pm-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00am** Home Shopping **11.00am** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00pm** Merlin **4.00pm** Stargate SG-1 **5.00pm** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine **20/26** Series 5. Quark sacrifices his mother's happiness to regain his standing in society.

7.00 21/26 Worf goes on a mission for the Klingon Empire and discovers his friend, General Martok, is no longer fit to lead.

8.00pm Star Trek: Enterprise **15/24** Series 3. The crew comes to the aid of a dying alien and Archer tries to discover more about him, unaware the being has a hidden agenda. Simmering tensions between the officers erupt during training, and T'Pol learns of Trip's off-duty activities.

9.00pm Devil's Triangle ★
Sci-fi action thriller starring Diana Prince. When scientists discover the lost city of Atlantis, chaos is unleashed and the fate of humanity hangs in the balance.

11.00pm Grimm **1/22** Series 3 Nick is seemingly killed by Baron Samedi, and his friends brave the zombie outbreak across Portland to recover his body.

12 midnight Day of the Dead **2.00am** Star Trek: Enterprise **3.00pm** Star Trek: Deep Space Nine **5.00pm-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 +1 Sky 207 Virgin 229

Sky Atlantic



The Newsroom

11.30pm Leona Lansing (Jane Fonda)

6.00am Fish Town **7.55pm** The Sopranos **10.05pm** The Wire **12.15pm** Game of Thrones (AD) **1.20pm** Gomorrah **3.30pm** The Sopranos

5.40pm The Wire **3/12** Series 2 Bunk and Freemon try to interview the Atlantic Light crew.

6.45 4/12 Sobotka orders Ziggy and Nick to bring back the cameras they stole from the dock.

7.55pm Game of Thrones **7/10** Series 6. The High Sparrow eyes another target, Jaime confronts a hero, and Olenna Tyrell plans to leave King's Landing. (AD)

9.00pm True Detective: Night Country **4/6** Series 4. Danvers and Navarro confirm the location of Annie's murder, while the police chief levies a harsh punishment on Leah following her protest.

10.15pm Watchmen **9/9** Triu wants her father and a clone of her mother present when she activates a machine to steal Manhattan's power. (AD)

11.30pm The Newsroom **3/10** Series 1 Will makes an on-air declaration that outrages the CEO of the station's parent company and leaves his career in the balance.

12.40am Lovecraft Country (AD) **1.50pm** Scenes from a Marriage (AD) **2.55pm** Game of Thrones (AD) **4.05pm-6.00am** Fish Town

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **7.00pm** Border Patrol **8.00pm** Caught on Dashcam **9.00pm** Stop, Search, Seize (AD) **10.00pm** Brit Cops: Rapid Response (AD) **11.00pm** The Rookie (AD) **12 noon** FBI (AD) **1.00pm** FBI: Most Wanted (AD) **2.00pm** Blue Bloods (AD) **3.00pm** Caught Red Handed

4.30pm Nothing to Declare Seven editions of the fly-on-the-wall documentary following border security in Australian airports.

8.00pm Blue Bloods **3/21** Series 13 Danny and Baez investigate after their friend is hospitalised. The team debate memorial protocol for an ex-police commissioner with a dubious legacy. (AD)

9.00pm Fire Country **3/22** The crew respond to a call in a forest and come under fire by an outlaw protecting an illegal marijuana farm. See page 81.

10.00pm The Equalizer **4/18** Series 3 A motorcycle club seeks the team's help to keep a member out of prison. Delilah's father wants the truth about McCall's work. (AD)

11.00pm The Rookie **12/22** Series 5 Nolan and Celina stand guard at a hospital after a prisoner requires surgery. Aaron, Lopez and Harper investigate a string of robberies. (AD)

12 midnight New Amsterdam (AD) **1.00am** The Good Doctor **2.00pm** The Rookie (AD) **3.00pm** Chicago PD **4.00pm** Brit Cops: Rapid Response (AD) **5.00pm-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



A League of Their Own:

European Road Trip 8.00pm

6.00am NCIS: Los Angeles **7.00pm** DC's Legends of Tomorrow (AD) **8.00pm** Supergirl **9.00pm** Stargate SG-1: double bill **11.00pm** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00pm** Hawaii Five-O **4.00pm** S.W.A.T. (AD) **5.00pm** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 **7/20** Series 9. The crew hears of a System Lord living on Earth.

7.00 8/20 The team encounters the legendary Jaffa of the Sodan.

8.00pm A League of Their Own: European Road Trip **6/6** Series 1 Highlights of Andrew and Jamie's adventures around Europe. (AD)

9.00pm Rob and Romesh vs the NFL **2/6** Series 1. The duo train with American football players. (AD)

10.00pm Fantasy Football League **1/8** Series 3. Featuring guests Michael Sheen and Mo Gilligan.

10.35pm Brassic **5/6** Series 1. Erin's brother Ronnie turns up. (AD)

11.30pm The Force: North East A property is suspected of being used by men to exploit young girls.

12.30am The cells fill up during a busy Saturday night in Newcastle.

1.30pm Brit Cops: Law & Disorder (AD) **2.30pm** Road Wars **3.00pm** Hawaii Five-O **4.00pm** S.W.A.T. (AD) **5.00pm-6.00am** Highway Patrol (AD)

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00pm** Four Weddings **10.00pm** Stop, Search, Seize (AD) **11.00pm** Border Security USA (AD) **12 noon** Highway Cops (AD) **1.00pm** Road Wars **2.00pm** Most Haunted **4.00pm** MacGyver

6.00pm Stargate Atlantis: double bill. Mysterious explosions require McKay's attention, then the team awakens a dormant Wraith queen **8.00pm** Highway Cops (AD) **9.00pm** Manifest: double bill. Saanvi grapples with a discovery at Eureka, then Ben reunites with a duplicitous foe (AD) **11.00pm** CHOICE Fire Country: the crew stumble across an illegal marijuana farm. See page 81.

12 midnight The Force: North East **1.00am** Stop, Search, Seize (AD) **2.00pm** A League of Their Own: European Road Trip (AD) **3.00pm** Duck Quacks Don't Echo (AD) **4.00pm** Four Weddings **5.00pm-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol (AD) **7.00pm** UK Border Force **8.00pm** Border Patrol **9.00pm** Nothing to Declare (AD) **10.00pm** Caught Red Handed **11.30pm** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00pm** Killer in My Village **3.00pm** Most Evil Killers **5.00pm** Forensics: Catching the Killer (AD) **6.00pm** How I Caught the Killer (AD) **7.00pm** Most Evil Killers (AD)

9.00pm Dating Death (AD) **10.00pm** Murdered at First Sight (AD) **11.00pm** World's Most Evil Killers: Mark Goudeau **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00pm** The Real Manhunter: the Murder of Chris Donovan **3.00pm** The Killer Within **4.00pm** Road Wars

5.00pm-6.00am Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Mrs Brown's Boys

10.00pm Not-so-happy feet: Dermot

7.00am Hi-de-Hi! **8.00pm** Keeping Up Appearances **8.40pm** My Hero **9.20pm** Hi-de-Hi! **10.00pm** Porridge **10.40pm** Last of the Summer Wine **12 noon** Keeping Up Appearances **12.40pm** My Hero **1.20pm** Porridge **2.00pm** Dad's Army **2.40pm** Dinnerladies (AD) **3.20pm** Hi-de-Hi! **4.00pm** Last of the Summer Wine **5.20pm** Porridge

6.00pm Keeping Up Appearances Hyacinth finds a hobby for Richard.

6.40pm Dad's Army The platoon re-enacts the battle between St George and the dragon.

7.20pm Mainwaring tries to talk Frazer into depositing his hoard of gold sovereigns in his own bank.

8.00pm Dinnerladies Bren frets over a new table-clearing system. (AD)

8.40pm Victoria Wood as Seen on TV A camera crew follows a woman's attempts to light her boiler.

9.20pm Not Going Out A confused old woman wanders into Lucy's flat.

10.00pm Mrs Brown's Boys Grandad ends up in hospital.

10.40pm Agnes feels that her family is becoming too secretive.

11.20pm The Young Ones Neil is forced to join the police force.

12.05am dinnerladies (AD) **12.45pm** Live at the Apollo **1.45pm** Not Going Out **2.30pm** Mrs Brown's Boys **3.30pm-4.00am** Marley's Ghosts (AD)

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am In the Long Run (AD) **9.00pm** The Conners **9.55pm** Run **10.30pm** Curb Your Enthusiasm **11.40pm** Ballers (AD) **12.50pm** How to Make It in America (AD) **2.10pm** Curb Your Enthusiasm **3.20pm** Ballers (AD) **4.30pm** Run: Billy pushes Ruby for personal details she is reluctant to reveal **5.00pm** The Conners

6.00pm The Office US **7.00pm** In the Long Run (AD) **8.00pm** Will & Grace (AD) **9.00pm** Girls: double bill. Hannah and Adam discuss the status of their relationship, then Hannah has an epiphany after a bout of soul-searching (AD) **10.00pm** Curb Your Enthusiasm: Larry heads to Georgia to appear at a birthday party **10.45pm** The Tonight Show Starring Jimmy Fallon **11.45pm** Veep (AD)

1.05am Ballers: triple bill (AD) **3.05pm** Mrs Fletcher **3.45pm-5.00am** How to Make It in America: double bill (AD)

Sky Comedy Sky 114 (115 Wales)
Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Penguins and Other Wildlife **8.35pm** Most Ridiculous: Drivers **9.00pm** Michael McIntyre's Big Show **10.00pm** Impractical Jokers **12 noon** Home Improvement **1.00pm** Friends (AD) **9.00pm** Michael McIntyre's Big Show: Robbie Williams surprises some karaoke-singing members of the audience and Ian Wright hands over his phone for Send To All **10.00pm** Ed Byrne: Spoiler Alert **11.20pm** New. Andrew Maxwell: Yo Contraire: a stand-up performance by the Irish comedian **12.55am** Romesh Ranganathan: Irrational Live **1.55am** Murray Live: Barrel of Fun **2.55pm** Rhod Gilbert's Growing Pains **3.40pm** Your Face or Mine **4.05pm** Beavis and Butt-Head **4.15pm-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales)
Virgin 132 EE 345/HD 360
+1 Sky 212 (213 Wales) Virgin 332

Alibi



Miss Scarlet and the Duke

9.00pm Eliza visits a brothel

7.15am Murdoch Mysteries: double bill **9.00pm** Rizzoli & Isles (AD) **10.00pm** Unforgettable **11.00pm** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00pm** Murdoch Mysteries **4.00pm** Rizzoli & Isles (AD) **5.00pm** Unforgettable

6.00pm Without a Trace **11/18** Series 6. A private investigator disappears while carrying out under cover surveillance work.

7.00pm Elementary **12/24** Series 5 Holmes and Watson investigate the murder of a clown and Bell is targeted by Chantal's ex-husband.

8.00pm Father Brown **5/10** Series 6 The Roman Catholic priest spies trouble when Lady Felicia returns to Kempleford from Africa. (AD)

9.00pm New series. Miss Scarlet **RT** and the Duke **1/6** Series 4 Eliza teams up with Duke to investigate a burglary at a high-end brothel. See p80. (AD)

10.00pm Father Brown **6/10** Series 6. A senior police officer is murdered at a bowls match. (AD)

11.00pm Justified **2/13** Series 3 Raylan is reunited with a former colleague while investigating the murder of a fellow marshal.

12 midnight Elementary **1.00am** Unforgettable **2.00pm-4.00am** Murdoch Mysteries: two episodes

Alibi Sky 109 (110 Wales) Virgin HD 114
EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00pm** Gold Divers **8.00pm** Building off the Grid **9.00pm** Alaska: the Last Frontier **10.00pm** Richard Hammond's Big 11.00 Wheeler Dealers (AD) **1.00pm** Building off the Grid **3.00pm** Blowing Up History (AD) **4.00pm** Alaska: Homestead Rescue **6.00pm** Richard Hammond's Big 7.00 Wheeler Dealers: Mike gets nostalgic in a 1985 Merkur XR4Ti, also known as the Ford Sierra (AD) **8.00pm** Railroad Alaska: an earthquake threatens to bring the railroad to a standstill **9.00pm** New. Gold Divers: a handful of people are willing to risk it all to find gold in the Bering Sea

10.00pm Street Cops UK: Dan chases down an aggressive drunk driver **11.00pm** Expedition X **12 midnight** Deadliest Catch **1.00am** Gold Divers **2.00pm** Street Cops UK **3.00pm-5.00am** Naked and Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177
EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00pm** How the Universe Works **8.00pm** Blowing Up History **9.00pm** Combat Dealers: Reloaded **10.00pm** Salvage Hunters **11.00pm** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** How the Universe Works **3.00pm** Salvage Hunters **4.00pm** Mysteries at the Museum **5.00pm** Blowing Up History **6.00pm** Combat Dealers: Reloaded **7.00pm** Expedition Unknown **8.00pm** Devonport: inside the Royal Navy: the breakwater is damaged during stormy weather **9.00pm** Combat Dealers **10.00pm** Salvage Hunters **11.00pm** World's Greatest Motorcycle Rides

12 midnight Combat Dealers **2.00am** Salvage Hunters **3.00pm** Devonport: inside the Royal Navy **4.00pm-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181
+1 Sky 277 Virgin 381

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



Sky Documentaries



I Am Jackie O 11.00pm The life of the former First Lady

6.00am Inside the Freemasons (AD) **7.00** Discovering: Sophia Loren (AD) **8.00** The Directors **9.00** Dark Horses: Italy's World Cup Triumph **10.00** Juan Carlos: Downfall of the King **11.00** Dublin Narcos **12 noon** What's My Name: Muhammad Ali (AD) **3.10pm** San Francisco 2.0 **4.00** The Directors **5.00** Discovering: Sophia Loren (AD)

6.00pm Dark Horses: Italy's World Cup Triumph It's bitter heartbreak for World Cup hosts Germany as Italy head to the final.

7.00 Juan Carlos: Downfall of the King Corinna's revelations about financial dealings are recorded and leaked in 2018.

8.00 Dublin Narcos The rise in drug addiction and organised crime in Dublin from the 1980s on.

9.00 Tell Them You Love Me The story of an affair between an esteemed university professor and a man with cerebral palsy.

11.00 I Am Jackie O A profile of Jackie Kennedy Onassis's life, from First Lady to fashion icon. (AD)

12.45am Stirling (AD) **2.00** New. Young Guns: the New Tennis Titans: a look at the latest generation of tennis stars **3.00** Althea (AD)

4.40 My Icon: Jonnie Peacock (AD) **5.00-6.00am** Discovering: Sophia Loren: a profile (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Inside Sydney Airport **4.00** Megastructures **5.00** Car SOS (AD) **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation: the explosion of Itavia Flight 870 in 1980 **8.00** Car SOS: triple bill. Tim and Fuzz rescue the rusting wreck of a rare Talbot Sunbeam Lotus **9.00** Restoring a tired 1991 VW T4 Campervan **10.00** Tim and Fuzz restore a 1971 Lamborghini Espada (AD) **11.00** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00** Lords of War **2.30** Food Factory: double bill **3.20** Food Factory USA **4.10-5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **9.00** Strange Evidence **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Great Escapes with Morgan Freeman **5.00** Pawn Stars **6.00** American Pickers **7.00** Forged in Fire **8.00** New. Bermuda Triangle: into Cursed Waters: the twin vanishings of two cargo ships **9.00** New. The Curse of Oak Island: Marty and Rick must avoid being foiled by an ancient booby trap **10.00** New. Truthseekers: Dr Fern Riddell and Dr Karen Bellinger examine the Holy Grail **11.00** New. Haunted Hospitals **12 midnight** Pawn Stars **2.00am** Mountain Men **3.00** Bermuda Triangle: Into Cursed Waters **4.00-6.00am** Great Escapes with Morgan Freeman

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Arabian Seas 9.00pm Cuttlefish of the coral reef

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** The Wadden Sea **9.00** Secrets of Wild Australia (AD) **10.00** Animal Empires **11.00** America's Wild Seasons (AD) **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** The Wadden Sea **3.00** Secrets of Wild Australia (AD) **4.00** Animal Empires **5.00** America's Wild Seasons (AD)

6.00pm Africa's Hunters Three lionesses go into labour.

7.00 Monkey Life The chimps enjoy throwing snowballs. (AD) **7.30** A sanctuary in Vietnam dedicated to rehabilitating golden-cheeked gibbons. (AD)

8.00 Hotspots: the Last Hope One of Australia's most diverse hotspots, home to a wide variety of birds and kangaroo species.

9.00 Arabian Seas The creatures found in Arabia's coral reefs, which can pulsate with colour and transform in the blink of an eye.

10.00 Africa's Hunters As 6pm.

11.00 America's Wild Seasons As autumn begins, change is sweeping across America. (AD)

12 midnight Wild Israel **1.00am** Reef Wrecks **2.00** Hotspots: the Last Hope **3.00** Arabian Seas **4.00** The Wadden Sea **5.00-6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Underground Worlds (AD) **10.00** Abandoned Engineering (AD) **6.00pm** Abandoned Engineering: five editions. The remains of a sky-high solution to a ground-based problem in Georgia **7.00** Exploring Agdam, a city in Azerbaijan razed to the ground in a conflict decided by a new weapon of war **8.00** An industrial ruin in the Florida Everglades **9.00** Exploring Oradour-sur-Glane, a French town drained in infamy **10.00** A Second World War espionage base hidden in the Rock of Gibraltar (AD) **11.00** Underground Worlds: the hidden defences that have kept Cork Harbour in Ireland safe for over 400 years (AD) **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Abandoned Engineering (AD) **5.25-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes (AD) **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes **2.00** Coyote Peterson: Brave the Wild **3.00** Tanked **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00** Animal Cribbs **7.00** Dodo Heroes: a retired couple who set up a kangaroo rescue centre in Australia (AD) **8.00** Deadliest Sharks: the deadly oceanic white tip shark **9.00** How Sharks Hunt (AD) **10.00** Alaskan Bush People: the Integrity becomes stranded in the middle of the water **11.00** From Wags to Riches **12 midnight** Pit Bulls and Parolees: Tia's Tales **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00-5.00am** Animal Cribbs

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **7.00** Good Morning Sports Fans **9.00** LIVE WTA Tennis The third day of the Abu Dhabi Open from Zayed Sports City, UAE. **5.00pm** LIVE Africa Cup of Nations Football The opening semi-final from Stade Bouaké, Ivory Coast (kick-off 5.00). **7.00** LIVE Scottish Premiership Football Hibernian v Celtic from Easter Road (kick-off 8.00). **10.30** Back Pages Tonight **11.00** Sky Sports News **12 midnight** NFL: Total Access **1.00-6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Scottish Premiership Football **8.00** Women's Super League Football **8.30** Scottish Premiership Highlights **8.45** Africa Cup of Nations Football: the first and second quarter-finals **12.45pm** Africa Cup of Nations: the third and fourth quarter-finals **4.45** Scottish Premiership Highlights **5.00** Championship Highlights **5.30** German Football: round-up **6.30** Championship Highlights **6.45** Scottish Premiership Highlights **7.00** LIVE Scottish Premiership Football Hibernian v Celtic from Easter Road (kick-off 8.00). **10.30** Africa Cup of Nations Football: coverage of both semi-final matches **2.30am** EFL Greatest Games **3.00** Classic Play-Offs **5.00-6.00am** Championship Season Review (AD)

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

6.00am PGA Tour Golf **9.00** European Tour Golf **9.30** Amateur Golf **10.00** PGA Tour Golf **11.00** How the 2002 Ryder Cup Was Won (AD) **2.00pm** The Players Championship Official Film (AD) **3.00** PGA Championship Official Film 2020 (AD) **4.00** US Open Official Films **5.00** The Open: Official Films **6.00** PGA Tour Golf **7.00** PGA Tour: the Cut **7.30** European Challenge Tour Golf **8.00** PGA Tour Golf **9.00** Europe! Europe! (AD) **11.00** European Challenge Tour Golf **11.30** PGA Tour: the Cut **12 midnight** European Tour Golf **12.30am** Amateur Golf **1.00-6.00am** PGA Tour Golf

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446

6.00am Super Bowl LIV **8.00** NFL: America's Game **9.00** Bitesize **9.30** Neil Meets the Chiefs (AD) **10.00** NFL: a Football Life **11.00** NFL Bitesize (AD) **12 noon** Good Morning Football **12.30pm** Bitesize **4.00** NFL: America's Game **5.00** Bitesize **5.30** 49 Hours **6.00** Pro-Football Talk **8.00** Highlights **10.00** NFL: a Football Life **11.00** Super Bowl Live **12 midnight** Total Access **1.00am** Highlights **3.00** America's Game **4.00-6.00am** Highlights (AD)

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447

6.00am Super League **7.00** Tennis **9.00** LIVE WTA Tennis The third day of the Abu Dhabi Open from Zayed Sports City, UAE. **5.00pm** LIVE ATP Tennis Day three of the Open 13 from Palais des sports de Marseille, France. **9.00** Premier League Darts **12.30am** Super League (AD) **1.15** Unbeatable **1.45** Tennis **3.45** Nations Cup Netball **5.45-6.00am** Super League (AD)

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

7.20-9.30pm LIVE German Football Mainz 05 v Union Berlin from Mewa Arena (kick-off 7.30).



Scottish Premiership

7.00pm Sky Football Hibs ace Élie Youan goes for goal

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Greatest Games (AD) **7.00** Highlights **10.00** The Football Show **12 noon** Gary Neville's Soccerbox **1.00pm** Premier League Highlights **4.30** Premier League Greatest Games **4.45** LIVE Africa Cup of Nations Football The opening semi-final from Stade Bouaké, Ivory Coast (kick-off 5.00). **7.00** Premier League Stories **7.30** Greatest Games **7.45** LIVE Africa Cup of Nations Football The second semi-final from Olympic Stadium of Ebimpé, Ivory Coast (kick-off 8.00). **10.00** Premier League Icons **10.30** Premier League Retro **12.30am** Premier League Icons **1.00** Premier League Years (AD) **3.00** Premier League Greatest Games **4.00** Premier League Best Goals (AD) **5.30-6.00am** 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443

6.00am SA20 Cricket: the first qualifier **10.30** Pushing Boundaries **11.00** Cricket World Cup Highlights **12 noon** SA20 Highlights **1.00pm** World T20 **2.00** SA20 Highlights **3.00** LIVE SA20 Cricket The eliminator match at Wanderers Stadium, Johannesburg. **7.30** SA20 Highlights **8.30** Secrets of Success **9.30** SA20 Highlights **10.30** U19 Cricket World Cup: highlights of the first semi-final **11.00** SA20 Highlights **12 midnight** U19 Cricket World Cup **12.30am** SA20 Cricket: the eliminator **5.00-6.00am** The Best of World T20

Viaplay Sports

7.40-10.25pm LIVE German Cup Football Saarbrücken v Borussia Mönchengladbach from Ludwigsparkstadion, coverage of the quarter-final (kick-off 7.45).

Eurosport 1

Sky 413 Virgin 521 EE HD 412

7.00am Snooker **9.00** Alpine Skiing **10.00** Cycling: Chasing Down a Dream **10.30** Cycling **10.45** Cyclo-Cross **12.40pm** LIVE Cyclo-Cross The women's race at the Exact Cross meeting in Maldegem, Belgium. **1.45** Olympics: the Olympians **1.55** LIVE Cyclo-Cross The men's race from the Exact Cross meeting in Maldegem, Belgium. **3.15** Chasing Down a Dream **3.50** LIVE Biathlon The World Championships from Nove Mesto, Czech Republic, coverage of the 4x6km mixed relay discipline. **6.10** Alpine Skiing **7.05** Cyclo-Cross **9.00** Biathlon **10.00** Alpine Skiing **12 midnight** Cyclo-Cross **2.00am** Alpine Skiing **3.00** Australian Open Tennis **5.00-6.00am** Cyclo-Cross

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.30am Netbusters (AD) **7.00** Wrestling: Monday Night Raw **9.30** Australian Football Highlights **10.00** Pro League Hockey **12 noon** LIVE Pro League Hockey China v USA, a women's match at Kalinga Stadium in Bhubaneswar (push-back 12.00); **2.00pm** India v Australia, the women's match from Kalinga Stadium (push-back 2.00). **4.00** Test Highlights **5.00** Premier League Review (AD) **6.00** TNT Sports Reload **6.30** Serie A: Full Impact **7.00** TNT Sports Goals Reload **7.15** LIVE EuroCup Basketball London Lions v Wolves Vilnius, the Group A match from Copper Box Arena, London (tip-off 7.30). **9.30-6.00am** LIVE Test Cricket New Zealand v South Africa, the fifth and final day of the first Test in the two-match series at Mount Maunganui, Tauranga.

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431 **6.00am** Premiership Women's Rugby Union **7.00** National League Football **9.00** French Football: three matches **12 noon** Italian Football: five matches **5.00pm** Wrestling: action from WWE **7.00** Premier League Netbusters (AD) **7.30** Premier League: Big Interview **8.00** Test Highlights **9.00** Wrestling **10.00** Pool **11.30** TNT Sports Reload (AD) **12 midnight** What I Wore **12.15am** Premier League Reload **12.30** LIVE NBA Philadelphia 76ers v Golden State Warriors, an inter-conference game from Wells Fargo Centre (tip-off 12.30). **3.00** French Football (AD) **4.00-6.00am** Pro League Hockey

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432 **6.00am** LIVE International One-Day Cricket Australia v South Africa, continued coverage of the women's second ODI in the three-match series from Sydney. **12.15pm** International One-Day Cricket **1.15** TNT Sports Cricket Reload **1.30** Australian Football Highlights **8.00** Fishing: on the Bank (AD) **9.00** Pro League Hockey: two games **11.00** International One-Day Cricket **1.00am** National League Football (AD) **1.30** Serie A: Full Impact (AD) **2.00** Australian Football Highlights **3.00** The Football's On: debate **4.00** Down the Clubhouse (AD) **5.00-6.00am** Fishing (AD)

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434 **6.00am** French Football (AD) **7.00** NBA **8.30** Goals Reload **9.00** MLB Classic (AD) **11.00** Australian Football Highlights **11.30** NBA: three games **4.00pm** Boxing **5.00** MLB Classic **6.00** NBA: Cleveland Cavaliers v Sacramento Kings **7.30** NBA: Brooklyn Nets v Dallas Mavericks **9.00** NBA: Phoenix Suns v Milwaukee Bucks **10.30** Australian Football **11.30** MLB Classic **5.45-6.00am** What I Wore

Eurosport 2

Sky 414 Virgin 522 EE HD 413 **6.00am** Alpine Skiing **7.00** World Superbikes **10.00** Snooker **12 noon** Olympic Games **1.00pm** Alpine Skiing: four World Cup races **3.00** Premiership Speedway **4.00** British Superbikes **5.00** Snooker **7.00** Discovery Golf **7.30** Australian Open Tennis **9.00** Good Trouble **9.30** Powerboat Racing **10.00** Superbikes **12 midnight** Alpine Skiing: World Cup **1.00am** Biathlon **2.00** Cyclo-Cross **4.00-6.00am** Snooker: Welsh Open

Thursday

DRAMA Grantchester

9.00pm **ITV1** Catch up via **ITVX**

The aim of this latest season appears to have been to make the main characters as miserable as possible. It's certainly a case of mission accomplished where vicar Will is concerned, as he's now more concerned with popping pills than he is preaching from the pulpit. Whenever backs are turned, out comes not the Bible but the bottle he confiscated from Alfie in last week's episode. Yet such is his reliance on the meds that his hands have now begun to shake while his feet start tapping at inconvenient moments.

The big question, though, is whether any of Will's loyal friends will notice the changes to his personality. After all, they too have problems to contend with: Leonard, for instance, is experiencing crises when it comes to his relationship and the halfway house, while Geordie has been put on desk duty by a boss determined to sideline him.

It's a real blow to the ego for the stalwart copper, but the move does at least give underlings Larry and Miss Scott a chance to shine when they take on an investigation of their own. **DAVID BROWN**

LOSING FAITH?

Reverend Will Davenport (Tom Brittney) is having a tough time

REALITY Dragons' Den

8.00pm **BBC1** Catch up via **iPlayer**

There's a new face in the Den – Emma Grede – and she's a breath of fresh air: sharp, chatty, open and funny. "Two signs of a good entrepreneur are learning fast and pivoting even faster – are you willing to take the advice given here?" she asks one person, having explained in simple terms the problem with their profit margins. She's also genuinely enthusiastic (maybe over-excited) when she clinches a deal.

There are great pitches for hair products, frozen food and cool asthma inhaler covers but you do wonder about the pair offering just two per cent of their business in return for investment. "You may as well have stayed in bed," scoffs Peter Jones dismissively.

JANE RACKHAM

DRAMA Darby and Joan

8.00pm **Drama**
Catch up via **UKTV Play**

It may have been 30-plus years since he made the movie *Cocktail*, but actor Bryan Brown hasn't lost any of his bartending skills, as evidenced tonight when Jack is seen spinning the odd glass after he and Joan take jobs in a small-town pub. It's New Year's Eve and the atmosphere between the on-the-road detectives is more charged than usual – there's even the prospect of them sharing a double bed.

But when a post-midnight blaze breaks out in the watering hole, any romantic feelings are abandoned to probe this case of suspected arson. Among the suspects: a femme fatale with a debt to collect, a jittery chef and the alcoholic brother of the harassed publican. **DB**

DOCUMENTARY Miners' Strike 1984: the Battle for Britain

9.00pm **C4** Catch up: **C4 streaming**

"This... has been a tragic strike," Margaret Thatcher tells her audience in one of tonight's archive clips. This series carries a heavy sense of that tragedy and the final part is loaded with a feeling of waste and what-ifs.

What if flying pickets had not tried to intimidate Nottinghamshire miners – only strengthening their resolve to oppose the strike? What if the NUM had held a national ballot? What if shadowy Conservative fixer David Hart had not helped to fund working miners in their breakaway legal action? We meet several key figures, now in old age and more reflective. It's a rich evocation of a complex struggle. **DAVID BUTCHER**

LAST EPISODE

DRAMA The Madame Blanc Mysteries

9.00pm **Channel 5**
Catch up on all episodes via **My 5**

We're used to seeing Tony Robinson with his hair in a short, bristly style, but this season's finale begins with a flashback to 1995, where the actor's alter-ego Patrick has long wavy locks instead. But try not to get too distracted by the wig-work as it's in this opening sequence that we witness a card game being played by Patrick and a local gangster that's pivotal to the plot unfolding in the present day.

Thirty years on, the events of that night are about to start playing on Patrick's mind in a major way, with Jean and Dom sent off on a treasure hunt after threats are issued by someone seeking revenge. **DB**

SERIES FINALE

ALSO ON TODAY

Rishi Sunak: Up Close

8.30pm (10.45pm
STV, UTV) **ITV1**
Anushka Asthana
follows the Prime
Minister and leader of
the Conservative Party.

The Apprentice

9.00pm **BBC1**
Karren Brady (right) and
co-aide Tim Campbell
appraise the teams.
This week they are
tasked with creating
mini cheesecakes.



Julia

9.00pm **Sky Atlantic**
It's the WGBH
fundraiser and Julia
finds herself at the
heart of the action, just
as another channel
hopes to poach her.

DRAMA

Murdoch Mysteries

9.00pm **Alibi** *Catch up via Now*
The buffoon that is Inspector
Brackenreid is often left red-faced,
but tonight his complexion turns
almost puce. The reason? Well, he's
arranged a bachelor party for a
colleague at what he thinks is an
oyster bar, but the evening becomes
a shucking nightmare when it's
revealed to be a bordello. Oh, and
then we have the not-so-insignificant
matter of there also being a dead
body on the premises.
Brackenreid, though, believes he's
able to identify the killer – though
with his assertion coming at the
20-minute mark of an hour-long
episode, I think we can safely predict
the accuracy of that. And so, as ever,
Murdoch must circumvent his boss
to get to the truth. **DB**

FOOD

Roux down the River

9.00pm **Food Network**
Catch up via Discovery+
The town of Henley-on-Thames is
renowned for its relationship with the
river as well as being home to famous
residents (George Harrison and
Winston Churchill both lived here).
But Michel Roux is more interested
in the food that's on offer and starts
his exploration with a trip to a
butcher's shop, buying smoked duck
breast to make into burgers.
However, he's in foodie heaven at
the farmers' market, where he
salivates over the cheeses,
mushrooms and chilli oil, before
sampling a decadent hot chocolate at
a local café. Michel's recipes may not
always be the healthiest (all that
butter, cheese, pastry and meat fat),
but they do look delicious. **JR**

DOCUMENTARY

The Mysterious Mr Lagerfeld

11.15pm (not Wales or N Ireland)
BBC2 *Catch up via iPlayer*
First shown in April last year, this
teasing documentary delves into the
life of fashion icon Karl Lagerfeld,
who died in 2019. You won't learn
much about his clothes, but you do
get an insight into the man through
those closest to him, from his muses
to his lawyer and American niece.
Director Michael Waldman is fond
of saying, "Can I ask you a direct
question?", usually related to the
fashion maestro's financial
arrangements. But Lagerfeld was a
complicated man. He would cut off
anyone who wasn't a devoted team
player, but was very generous to
those who were, including his beloved
cat, Choupette. **GILL CRAWFORD**

LIVE SPORT



Cycling: Women's UAE Tour

10.50am **Eurosport 2**
Coverage from stage one of four
– 109km from Port Rashid to
Dubai Harbour – with Italy's Elisa
Longo Borghini (above) the
defending champion.

Tennis: ATP Tour

5pm **Sky Sports Main Event**
Action from the Open 13
indoor event in Marseille.

Darts: Premier League
7.00pm **Sky Sports Main Event**
Play from Berlin, including the
quarter-finals, semi-finals and
final.

FILM OF THE DAY



Blazing Saddles ★★★★★

15 10.10pm **BBC4**
Celebrating 50 glorious years of
vulgarity, Mel Brooks's riotous
spoof stars Cleavon Little as a
railroad worker who escapes the
hangman's noose and is
appointed sheriff of Rock Ridge,
much to the ire – and confusion
– of the townsfolk. (1974)

FILM REVIEWS
page 97

LIVING LEGEND

The incomparable
Billy Connolly

COMEDY

Billy Connolly Does...

9.00pm **Gold** *Catch up via UKTV Play*
Any time in the company of Billy Connolly is
to be cherished, and this third series of
reminiscences picks up where the others left
off, allowing ample time for digressions and
clips from his many travelogues and
stand-up specials. The Big Yin begins with
Scottish pride, something which he regards
with caution: Connolly has scant time for
sentimentality ("You can't 'March through
the Heather' – you'll break your nose") and
fans of iconic children's telly will delight in
how much fun he had parodying it all in
Supergran. Alongside musings on a shared
Celtic identity and the perils of holidaying
in Scotland, the segment on the
Clyde shipyards is fascinating.
Even there, of course, a gag
is never far away: after
falling 40 feet into three
feet of water as a
welder, he picked up
the nickname "Lucky
Bill" for "only"
breaking an ankle.
GABRIEL TATE



THURSDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)
9.30 Morning Live Gethin Jones, Kym Marsh. (S) (HD)
10.45 Dr Xand's Con or Cure Antidepressants, aloe vera juice and how to deal with stress. (S) (HD)
11.15 Homes under the Hammer Properties in Cardiff, Preston and Wolverhampton. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Danny Sebastian hosts the show from Eccleston, Lancashire. (R) (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Doctors Maria and Joel turn up the heat, while Kirsty helps a family navigate their grief. (S) (AD) (HD)
2.15 Money for Nothing Upcycling dining furniture, vintage games and aluminium lampshades. (R) (S) (HD)
3.00 Escape to the Country Nicki Chapman helps a couple find a property in Pembrokeshire. (R) (S) (HD)
3.45 The Repair Shop Restoring an ironing board, a broken cupboard and a trumpet that was played in an army band during the Second World War. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip Margie Cooper and Ochuko Ojiri visit Worcestershire, where items include 19th-century porcelain and 1970s modern art. (R) (S) (HD)

BBC2

6.45am Dr Xand's Con or Cure The dangers of using gel nail polish kits at home. Shown Tue 10.45am BBC1 (S) (HD)
7.15 Escape to the Country Helping a couple find a home in Buckinghamshire. Shown Mon 3pm BBC1 (S) (AD) (HD)
8.00-9.00 Sign Zone Gardeners' World Nick Bailey revels in the beauty of a remarkable collection of flowering dogwoods in North Yorkshire. Shown Saturday 9am (S) (AD) (HD)
9.00 BBC News (S) (HD)
12.15pm Politics Live Stories from Westminster. (S) (HD)
1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 The Tournament Eight players do battle in the knockout quiz hosted by Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Pig farmer Gussie and sheep farmer Hayley compete at Edenbridge and Oxted Agricultural Show. (R) (S) (HD)
3.15 The Great British Sewing Bee The sewers take part in reduce, reuse and recycle week, creating a quilted patchwork jacket from scraps. (R) (S) (AD) (HD)
4.15-5.15 Humpback Whales: a Detective Story Film-maker Tom Mustill revisits his near-death incident involving a 30-ton humpback whale in 2015. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Fashion, food and chat. (S) (HD)
10.00 This Morning Celebrity interviews, cookery and lifestyle advice. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Heated debates. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Ainsley's Taste of Malta Ainsley heads to the north, where he explores an olive grove and samples the island's strawberries. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Milo and Bim, Jan and Jackie, and Luke and Tom take part in the fast-paced word game. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.15am Countdown With guest Jo Brand. (R) (S) (HD)
6.55 Cheers Two episodes of the comedy. (R) (S) (HD)
7.45 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.35 Everybody Loves Raymond (R) (S) (AD) (HD)
10.05 Frasier Double bill of the sitcom. (R) (S) (AD)
11.00 The Great House Giveaway A communications worker and a kitchen designer renovate a terrace in Rhondda Cynon Taf. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses In Alicante, Sophie and Damon search for a bright and spacious bungalow for a retired charity worker. (R) (S) (HD)
1.05 Find It, Fix It, Flog It Henry Cole finds a three-wheeled motorbike on the Isle of Wight. (R) (S) (AD) (HD)
2.10 Countdown Colin Murray and Rachel Riley host, with guest Jo Brand in Dictionary Corner. (S) (HD)
3.00 A Place in the Sun A couple seek a holiday home in Torrevieja on Spain's Costa Blanca. (R) (S) (HD)
4.00-5.00 A New Life in the Sun In Almería, Graeme and Marianne race to get their apartments ready for a photoshoot. Repeated 6pm 4seven (S) (HD)

BBC1

1

Dragons' Den

8.00pm In vogue: fashion mogul Emma Grede adds her expertise to tonight's panel



5.15pm Pointless

Quiz in which contestants try to score the fewest points by giving the least obvious correct answers. Alexander Armstrong and Alex Brooker present. Director John L. Spencer; Series producer Laura Turner (R) (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

7.00 The One Show

With Alex Jones and Lauren Laverne. (S) (HD)

7.30 EastEnders

Lauren catches Linda out in a lie that leads to an explosive argument with Kathy. Kat is horrified to discover that Tommy has gone to live with Phil.

Kathy Beale	Gillian Taylor	Bert Moon	Elliot Briffett
Tommy Moon	Sonny Kendall	Lexi Pearce	Isabella Brown
Peter Beale	Thomas Law	Raymond Dawkins	
Ian Beale	Adam Woodyatt	Michael Jose Pomares Calixte	
Bobby Beale	Clay Milner Russell	Davinder "Nugget" Gulati	
Felix Baker	Matthew Morrison	Juham Rasul Choudhury	
Bernadette Taylor	Clair Norris	Ellie Dadd	
Denise Fox	Diane Parish	Frankie Day	
Eve Unwin	Heather Peace	Harry Farr	
Anna Knight	Molly Rainford	Grace	
Allie Moon	Shane Richie	Arayah Harris-Buckle	
Suki Kaur Panesar	Balvinder Sopal	Jaden Ladega	
Karen Taylor	Lorraine Stanley	Freddie Phillips	
Ravi Gulati	Aaron Thiera	Lillia Turner	
Elaine Peacock	Harriet Thorpe	Kitty Castledine	
Stacey Slater	Lacey Turner	Sophie Khan Levy	
Patrick Trueman	Rudolph Walker	Aaliyah James	
Sean Slater	Gillian Wright	Christopher Fairbank	
Yolande Trueman	Angela Wynter	Howard Saddler	
Arthur Fowler	Rocco Brenner	Elizabeth Counsell	
Ernie Moon	Cody Briffett		

Writer Jeff Povey This week's episodes directed by John Greening
 More cast Wednesday (S) (AD) (HD)

8.00 Dragons' Den

6/14. Peter Jones, Deborah Meaden, Touker Suleyman, Sara Davies and Steven Bartlett are joined by USA-based fashion mogul Emma Grede as a guest Dragon for tonight's pitches. Friends turned business partners are hungry for investment in their innovative frozen food business, an inventor is on a mission to take the stigma out of asthma with his inhaler accessory, and a husband-and-wife duo want to inspire the nation to achieve their goals with their range of wellness products and journals. A box set of previous episodes is on iPlayer. **See page 90.**

Director Michael Postlethwaite
 Series producer Natalie Richardson (S) (AD) (HD)

9.00 The Apprentice

2/12. For this week's task, Lord Sugar asks the candidates to manufacture cheesecakes to sell to the public and to a corporate client, with the teams aiming to secure the biggest profit. In the boardroom, one team gets a grilling, while on the losing side, one candidate is sent home. **You're Fired** follows on BBC2. Director Roman Green; Series producer Alice Almond (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 Question Time

Fiona Bruce presents the topical debate, inviting a panel of politicians and other prominent guests in Nottingham to answer questions from an invited audience. Also available live at 8pm on iPlayer. Executive producer Nicolai Gentchev; Editor Daniel Maxwell (S) (HD) Have Your Say: tweet with #bbcqt

11.40 Newscast

BBC journalists including Adam Fleming and Chris Mason host a weekly round-up from Westminster. Senior editors Jonathan Aspinwall and Sam Bonham (S) (HD) The podcast is available via BBC Sounds

12.10am Weather for the Week Ahead

12.15-6.00am BBC News

BBC1 Freeview 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2

2

David and Jay's

Touring Toolshed

6.30pm David Jason and Jay Blades learn how to create a "living wall"



5.15pm Flog It!

At Capesthorpe Hall, Cheshire, Mark Stacey latches on to a hefty vintage padlock. (R) (S) (HD)

6.00 Richard Osman's House of Games

Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore test their general knowledge skills. Director John Smith

Executive producers Breid McLoone and Tamara Gilder (S) (HD)

6.30 David and Jay's Touring Toolshed

13/15. David Jason and Jay Blades are at the Royal Three Counties Show in Malvern. Their first guests are friends Gordon and Andy from Cheshire who have a historical gun cart they've been trying to restore. They also meet floral designer Shilpa who has hints for those with limited outdoor space. Sian Gibson narrates. Series director Phil Ashton; Series producer Rosie Geiger Repeated tomorrow 7.30am (S) (AD) (HD)

See feature: page 26

7.00 Marcus Wareing's Tales from a Kitchen Garden

As the owner of two rare-breed Mangalitsa pigs, the chef is keen to master charcuterie so asks expert Phil Beale for a lesson in curing meat. Marcus also goes truffle hunting and learns how to graft an apple tree. Director Ollie Scarth-Saunders
 Series producer Bridget Gregory (Revised rpt) (S) (HD)

8.00 Great British Menu

The two highest scoring chefs from the London and South East region must cook their respective six dishes one more time. After winning top spots in the heats, they've been given feedback from this week's veteran chef on every course, but how will they deal with the pressure? Britain's most successful male taekwondo athlete, Lutalo Muhammad, joins the judging panel that comprises Nisha Katona, Tom Kerridge and Ed Gamble. Hosted by Andi Oliver. Series producer Avril Beaven (S) (HD)

9.00 Fake or Fortune?

Series 10. Fiona Bruce and Philip Mould investigate a delicate sketch depicting a mother and child, purportedly by one of the modern art world's most famous names – Amedeo Modigliani. Its owner inherited the work and always believed it to be genuine. However, a leading auction house has cast doubt on its authenticity. A box set is on iPlayer. Producer Christopher Boreham; Series editor Robert Murphy First shown on BBC1 (S) (AD) (HD)

10.00 The Apprentice: You're Fired

Tom Allen meets the second fired candidate and shares exclusive behind-the-scenes content. Executive producer Amanda Sangorski (S) (HD)

10.30 Newsnight

With Victoria Derbyshire. (S) (HD)

11.10 Weather

11.15 The Mysterious Mr Lagerfeld

RT Michael Waldman goes in search of the real Karl Lagerfeld in this *Arena* film, who was one of the most stylish and recognisable figures in fashion, but also one of the most enigmatic. Waldman tracks down those closest to the German designer, including his friends, neighbour, lawyer, doctor, bodyguard and Chanel colleagues. He also tries to find out why the fashionista was obsessed with staying young. **See p91.** Director Michael Waldman (R) (S) (HD)

12.45-3.30am Sign Zone 12.45 Make It at Market Featuring upholsterer Alison from Huddersfield and artistic blacksmith Jack from Edinburgh. (R) (S) (AD) (HD)

1.30 Digging for Britain 5/6 Series 11. Alice Roberts visits excavations in the south of England. (R) (S) (AD) (HD)

2.30 Streets of Gold: Mumbai 3/3. A look at the Indian boomtown's younger generation. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1

3

Grantchester

9.00pm Larry has to solve a baffling murder case that involves the KGB and Russian spies



4.00pm Tipping Point

Three contestants take turns on the supersized arcade machine. Ben Shephard presents. (S) (HD)

5.00 The Chase

Bradley Walsh presents as Sarah, Fergus, Josh and Ann attempt to outrun one of the ruthless Chasers and take home the prize pot. (S) (HD)

6.00 Regional News Weather

6.30 ITV Evening News Weather

7.30 Emmerdale

It's the night of the stag and hen do. Rhona acts rashly. Nicola is dreading the youth justice visit. Writer Kirsty Halton Cast Monday/Tuesday (S) (AD) (HD)

8.30 Rishi Sunak: Up Close – Tonight

In the second of two programmes about the leaders of Britain's two largest political parties as they prepare for the next general election, Anushka Asthana profiles Rishi Sunak, prime minister and leader of the Conservative Party. She follows him at work in Downing Street and talks to leading politicians and those closest to Sunak to learn more about his political goals. Director/Producer Emma Slifkin (S) (HD)

NOTE: as *Tonight* reacts to the news its subject matter may change

9.00 Grantchester

RT **5/6 Series 8.** When two men are poisoned and one of them dies, Elliot gives the case to Larry while Georgie is assigned to desk duty. Larry is perplexed by the case, and when the victim turns out to be a blackmailer, he decides to call on Miss Scott for help. However, as the investigation begins to point towards Russian spies and the KGB, they both turn to Georgie for help in uncovering the truth. **See page 90.**

Geordie Keating Will Davenport Leonard Finch Mrs Chapman Cathy Keating Jack Chapman Daniel Marlowe Larry Peters
Robson Green Miss Scott Tom Brittney Keith Pruitt Al Weaver Ms Taylor Tessa Peake-Jones Anna Cotton Kacey Ainsworth Mike Cotton Nick Brimble Sharon Anderson Oliver Dimsdale Bernice Palmer Bradley Hall Debbie Stephens
Melissa Johns Narinder Samra Denise Black Bernadett Swann Hubert Hanowicz Aleah Aberdein Brian Bovell Lily Carr
Writers Karla Williams and Richard Cookson Producer Tim Whitby; Director Martin Smith (S) (AD) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 It'll Be Alright on the Night

A selection of out-takes from 2023, as a mobile phone creates havoc on *Dragons' Den*, a prop causes a nightmare for David Tennant on the set of *Doctor Who* and a fly gets Louis Theroux into trouble with Judi Dench. **See choice, p40.** Shown Saturday 9pm (S) (AD) (HD)

11.40 Born from the Same Stranger

3/4. Following the efforts of people who were donor-conceived to trace their siblings and the anonymous donors to whom they owe their lives, Emma and her half-brother Steve have already tracked down 21 half-siblings via DNA databases – and their search is not over yet. Shown Monday 9pm (S) (AD) (HD)

12.30am All Elite Wrestling: Rampage Hard-hitting action from the USA. Shown Tuesday 11.40pm ITV4 (S) (HD)

1.25 Home Shopping

3.00 Grantchester 6/8 Series 6. When the leader of a student CND group falls to her death while staging a protest, Will and Georgie investigate. (R) (S) (SL) (AD) (HD)

3.50 Unwind A sequence to calm the mind. (S) (HD)

5.05–6.00am Ainsley's Taste of Malta The chef explores an olive grove. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

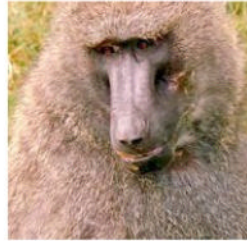
+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Secret Life of the Safari Park

8.00pm Elderly baboon Fang steers clear as the males vie for supremacy



5.00pm Château DIY

Chris and Jolyon race to finish their hotel-style bedroom and bathroom, while Jane and Rory continue their quest to start a new life in France. Repeated tomorrow 4pm 4seven (S) (AD) (HD)

6.00 Come Dine with Me

On the penultimate night in Conwy, make-up artist Piers's menu reflects his creative talents and one guest admires his art collection. (S) (HD)

6.30 The Simpsons

Penny-Wiseguys. Homer learns his neighbour Dan works for mobster Fat Tony. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather

8.00 Secret Life of the Safari Park

6/6. The mating process can be fraught with danger for rhinoceroses, so how will bull Shaka fare with female Bayami? An elderly red river hog has lost her partner and her health has started to decline, but keepers hope that a new young hog might help. Meanwhile, Knowsley Safari's herd of wildebeest are proving to be troublesome neighbours for the eland antelopes, and conflict continues among the baboons as the males jostle for position in the hierarchy. Series producer Philippa Bradley; Executive producers Alex Sutherland and Tanya Winston (S) (AD) (HD)

9.00 Miners' Strike 1984: the Battle for Britain

RT **3/3.** Examining how the year-long dispute came to a close in March 1985, the final episode explores how, in a bid to help end the strike, a political adviser focused on divisions in the key county of Nottinghamshire. Millionaire David Hart, who died in 2011, worked behind the scenes to provide assistance and financial support to working miners and to help Margaret Thatcher's government thwart the efforts of the National Union of Mineworkers. The whole series is available to stream. **See page 90.** Director Tom Barrow; Series producer Zora Kuettnner Repeated 1.10am 4seven (S) (AD) (HD)

10.00 Catching a Killer

The Search for Natalie Hemming. In May 2016, 31-year-old mother of three Natalie Hemming vanished, seemingly without a trace. With access to the police investigation and to Natalie's family and friends, this documentary follows the search. Director/Producer Anna Hall (R) (S) (AD) (HD)

11.50 To Catch a Copper

2/3. As the series following the work of Avon and Somerset Police's Professional Standards Department continues, this episode focuses on cases where officers are accused of racism and unconscious bias. **See choice, page 61.** Shown Monday 9pm (S) (SL) (AD) (HD)

12.50am Ramsay's Kitchen Nightmares USA Gordon Ramsay helps the owners of a struggling steakhouse in the New York City borough of Queens. (R) (S) (SL) (HD)

1.40 Big Boys 5/6 Series 2. As their second year ends, Jack, Danny and Corinne head off on work experience. **See choice, page 51.** Shown Sunday 10pm (S) (SL) (AD) (HD)

2.10 Brits Down Under 5/6. Candid conversation flows at a wine-tasting experience. Shown Tue 11.05pm (S) (AD) (HD)

3.05 First Dates Hotel A septuagenarian and an estate agent check in, looking for love. (R) (S) (SL) (AD) (HD)

4.00 Couples Come Dine with Me Three couples host dinner parties in Birmingham. (R) (S) (SL) (HD)

4.55 Kirstie and Phil's Love It or List It: Brilliant Builds Ways of being clever with storage. (R) (S) (AD) (HD)

5.50–6.15am Food Unwrapped Briony May Williams wants to know why schnapps is transparent. (S) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Blazing Saddles

10.10pm Gene Wilder and Cleavon Little star in Mel Brooks's comedy



7.00pm Dynasties

2/5. Observing a colony of emperor penguins as they gather in Atka Bay, on the coast of Antarctica, after three months feeding at sea. To be able to raise the next generation, the penguins will have to work together to keep themselves and their chicks alive through the coming winter. Repeated 2.10am (R) (S) (AD) (HD)

8.00 Horizon: What's Wrong with Our Weather?

In this documentary first shown in 2014, Helen Czerski and John Hammond investigate why the British weather appears to have become more extreme and ask if it has anything to do with climate change. They examine the impact of the jet stream's strange behaviour and reveal what is causing it.

Producer Milla Harrison Series producer Zoe Heron (R) (S) (HD)

9.00 Imagine...

Mel Brooks: Unwrapped. In this edition first shown in 2018, Alan Yentob interviews Mel Brooks. At the time of filming, the musical theatre version of Brooks's comedy horror *Young Frankenstein* had just opened in London's West End. Yentob marks the occasion by profiling its creator, observing him at work and play, and revisiting archive interviews. Director/Producer Alan Yentob (R) (S) (HD)

10.10 Blazing Saddles ★★★★★

RT Spoof western. Sheriff Bart fights prejudice and corruption to save the town of Rock Ridge from speculator Hedley Lamarr, helped by the once legendary Waco Kid. On iPlayer for 30 days. **Film of the Day: page 97.**

Bart Jim, the Waco Kid Taggart Hedley Lamarr Lili Von Shupp Governor Le Petomane / Indian chief Olson Johnson Rev Johnson
Cleavon Little Gene Wilder Slim Pickens Harvey Korman Madeline Kahn Mel Brooks David Huddleston Liam Dunn
Director Mel Brooks (1974, 15) (S) (AD)

11.40 How the West Was Won

★★★★★ Epic western. Heading west in the 1830s, New England farmer Zebulon Prescott and his family begin a mammoth journey. From the rivers to the plains, through conflict with Indian tribes and the Civil War, the building of the railroad and encounters with legendary outlaws, their arduous journey is a spectacular chronicle, and the great American adventure. On iPlayer for 25 days. **Review p47.**

Linus Rawlings General William T Sherman Cleve Van Valen Jethro Stuart Eve Prescott Marshal Lou Ramsey Julie Rawlings Zebulon Prescott
Directors John Ford, Henry Hathaway, George Marshall and Richard Thorpe (1962, PG) (S) (AD)
Shown Saturday 1.30pm BBC2

2.10–3.05am Dynasties Shown 7pm (S) (AD) (HD)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

11.15am Bargain Hunt
12 noon–1.00pm First Minister's Questions: live coverage from the Scottish Parliament

BBC SCOTLAND

7.00pm Gold Town: a mining company attempts to extract gold from a vein in Beinn Chùirn
8.00 Island Crossings: CalMac engineer Fergus Barlow enters the annual Mull rally
9.00 The Nine
10.00 Scot Squad: Miekelson has his portrait painted
10.30 Pitch Invasion: How the Scottish and Irish Changed Football
11.30–12 midnight T in the Park: Best Bits

STV

8.30–9.00pm Scotland Tonight
10.45 Rishi Sunak: Up Close – Tonight
11.10 Born from the Same Stranger
12.05am Who Wants to Be a Millionaire?
12.55–3.00 Night Vision: news and sport
3.50–5.05 Night Vision: news and sport

ITV1 BORDER SCOTLAND

10.45pm Representing Border: political news
11.15–11.40 Border Life

BBC1 WALES

12.10–6.00am BBC News

BBC2 WALES

11.15pm Black Music Wales: Lemfreck looks at the often-overlooked history of Welsh black music
12.15–12.45am Coast: the hidden history of harbours

BBC1 NORTHERN IRELAND

10.40pm The View: news, analysis and debate from Stormont and Westminster
11.20 Question Time
12.20am Newscast
12.55–6.00 BBC News

BBC2 NORTHERN IRELAND

11.15pm Chinook: Zulu Delta 576: how the RAF blamed the pilots
12.15–12.45am Inside No 9: Friday the 13th may cause problems for a wary worker

UTV

8.30–9.00 Rare Breed: a Farming Year: the working lives of farming families
10.45 Rishi Sunak: Up Close – Tonight:
11.15–11.40pm Eamonn Mallie: Face to Face with... actor Adrian Dunbar guests

Channel 5
listings are overleaf

THURSDAY Freeview

Channel 5

5



Isle of Wight: Jewel of the South 8.00pm Glass blower Timothy

5.40am Milkshake! See page 96
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Justin and Rose fear for Leah. Shown yesterday 6.30pm 5 Star (S) (HD)
2.15 A Killer behind Closed Doors ★★ Thriller. A woman is accused of killing her husband, whom she was divorcing. Director Roxanne Boisvert (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Hostel owners Sam and Rich prepare to welcome a coach load of guests. (R) (S) (AD) (HD)
5.00pm 5 News (S) (HD)
6.00 Susan Calman's Grand Day Out The comedian takes a tour of the Cotswolds, beginning in Tetbury. (R) (S) (HD)
6.55 5 News Update (S) (HD)

7.00 The 1970s Supermarket 2/3. How Marks and Spencer took a gamble with the ready-made chicken Kiev, plus a look at the key ingredients of a 1970s dinner party. Directors Simon Newton and Mark Williams (R) (S) (HD)
7.55 5 News Update (S) (HD)

8.00 New. Isle of Wight: Jewel of the South Ep 2 Series 2. The island's popular floating seafood restaurant, the Best Dressed Crab in Bembridge, is awash with hungry customers. In Arreton Barns, glass blower Timothy Harris creates a tribute to his late father. Directors James Nutt and Tom Goddard (S) (HD)

9.00 The Madame Blanc Mysteries RT 6/6 Series 3. Thirty years after an eventful card game with gangster Sonny, Patrick confides in Jean and Dom that he was responsible for identifying the villain in a police line-up. See page 90.

Jean White
 Dom Hayfield
 Gendarme Caron
 Judith Lloyd-James
 Jeremy Lloyd-James
 Gloria Beauchamp
 Uncle Patrick
 Sonny Montario
 Gabriella
 Father Thomas
 Writers Sally Lindsay and Sue Vincent; Producer Jake Rollins; Director Dermot Boyd (S) (AD) (HD)

10.00 A&E after Dark A man has to be restrained by police officers in the ambulance bay, after hurling abuse at medical staff. Series producer Sam Orno (R) (S) (HD)

11.05 999: Criminals Caught on Camera Police bodycams record burglaries, chases and an armed siege. (R) (S) (HD)

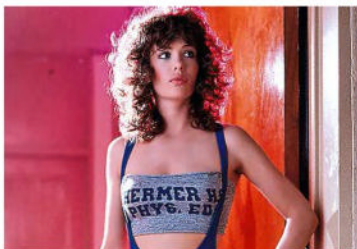
12.05am Nightmare Tenants, Slum Landlords (R) (S) (HD) **1.00 Casino** (S) (HD) **3.00 Susan Calman's Grand Day Out** in the Lake District (R) (S) (HD) **3.50 Never Teach Your Wife to Drive** (R) (S) (SL) (HD) **4.40 Nick's Quest** (R) (S) (SL) **5.05 House Doctor** (R) (S) (SL)

5.30-5.40am Entertainment News (S) (HD)
C5 Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



Weird Science 10.00pm Is computer-generated Lisa the perfect woman?

7.00pm Gassed Up Mist and Joel Dommett turn a village into a night-time racing video game. (S) (HD)

7.45 Laugh Lessons Social media star Ehiz breaks down his own experiences of toxic masculinity. (S) (HD) Followed by **New. The Catch Up** (S) (HD)

7.55 New. The Traitors Australia 7/9 Series 2. Sam tries to keep the peace after Blake turned on him. Presented by Rodger Corser. More tomorrow 8pm. (S) (HD)

9.00 New. Fresh Cops 5/6 Series 2. Jake talks someone down and Stacy tests her CPR skills. (S) (HD)
9.30 6/6. Lukas gets called to a stabbing at a party. A box set is on iPlayer. (S) (HD)

10.00 Weird Science ★★ Comedy fantasy starring Anthony Michael Hall and Kelly LeBrock. Two computer nerds feed all the components of their perfect woman into their PC and are stunned when the answer to every young man's dream suddenly appears. On iPlayer for 30 days. Review page 97. Director John Hughes (1985, 12) (S) (W) (HD)

11.30 Brickies 3/6 Series 1. Charismatic newcomer Molly tries to cope on a big site. (S) (AD) (HD)
12 midnight 4/6. Molly realises she needs to overcome her fear of driving. A box set is on iPlayer. (S) (AD) (HD)

12.30am Fresh Cops: double bill (S) (HD) **1.30 Hire Me: Competing for a Dream Job** (S) (HD)
2.00 Brickies (S) (AD) (HD) **3.00-4.00am Young MasterChef** (S) (SL) (AD) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) Freesat 107 Sky 115 (117 Wales; 121 Scotland) Virgin 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (HD) **9.00 Chuck** (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm Dress to Impress** (S) (HD) **2.00 Family Fortunes** (S) (HD)
3.00 Chuck (S) (HD) **4.00 One Tree Hill** (S) (HD)

6.00pm Celebrity Catchphrase Mwaksy Mudenda, James Buckley and Mark Labbett try to guess the famous phrases. (S) (AD) (HD)
7.00 Deal or No Deal Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order. (S) (HD)
8.00 Superstore 20/22 Series 2. Glenn organises a spring cleaning day. (S) (AD) (HD)
8.30 21/22. Glenn tries to change Jeff's mind about the sackings. (S) (AD) (HD)
9.00 New. Love Island: All Stars The drama shows no sign of stopping as the temperature heats up in the villa. (S) (HD)

10.05 New. Count Abdulla Abdulla is unfaltering in his desire to find a cure to his vampirism when he agrees to go on a date with Kathy at her favourite haunt. (S) (HD)
10.35 Family Guy Series 16. Peter falls into a coma and talks to God, asking the deity some tough questions. (S) (AD) (HD)
11.05 In a homage to Charles Dickens, Stewie and Brian investigate a series of murders in Victorian London. (S) (AD) (HD)

11.30 American Dad! Series 13. Jeff gets to hang out with Stan's favourite celebrity chef, while Klaus gets a new outfit. (S) (AD) (HD)
12 midnight Series 16. Hayley and Jeff help run a solar company with Roger. (S) (AD) (HD)
12.30am Superstore: double bill (S) (AD) (HD)
1.25 Deep Fake Neighbour Wars: double bill (S) (HD) **2.30 Totally Bonkers Guinness World Records** (S) (HD) **2.45-3.00am Unwind** (S) (HD)

ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (Tm-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Endeavour 8.00pm Morse (Shaun Evans) meets a kindred spirit

6.00am Classic Emmerdale (S) **7.00** Classic Coronation Street (S) (AD) **8.05** Where the Heart Is: 10/16 Series 4. Friends in Need. Karen joins the team. Repeated 12.45am; **9.10 11/16 Idle Hands.** Tension mounts between Karen and Jacqui. Repeated 1.35am (S) (AD) **10.20** Agatha Christie's Poirot: The Dream. Millionaire businessman Benedict Farley dreams of killing himself – and soon afterwards is found dead (S) (AD) (HD)
11.25 The Royal. Repeated 11.55pm (S) (AD)

12.30pm Heartbeat: 16/24. Greengrass starts a devious plot (S) (AD) **1.35** Classic Emmerdale: double bill. Tom's youngest son Max arrives in the village, then Sadie delivers her incriminating evidence to Tom ahead of the wedding (S) **3.15** Classic Coronation Street: Les confronts Cilla after Fiz exposes her affair (S) (AD) **3.50** Midsomer Murders: Series 14. Echoes of the Dead. Barnaby investigates a spate of ghoulish wedding-themed murders in Great Worthy (S) (AD) (HD)

5.50pm Downton Abbey 6/9 Series 6. Tensions between Violet and Cora come to a head. Continues tomorrow 5.50pm. (S) (AD) (HD)

6.55 Heartbeat 17/24 Series 7. Mike has problems when a man in custody dies. Bernie and Greengrass look for ways to make a profit. (S) (AD)

8.00 Endeavour 1/3 Series 7. Oracle. Thursday and the team are faced with a grisly murder on an Oxford towpath, as Morse sees in the new year, 1970, at a Venetian opera. (S) (AD) (HD)

10.00 Trial and Retribution VI 1/2. Crime drama from 2002. Back on the murder squad, Pat is asked to investigate when a young mother is abducted from a wood. Concludes tomorrow 10pm. (S) (HD)

11.55 The Royal 1/12 Series 4. Jill and Gordon's wedding day dawns, but an explosion at a care home disrupts proceedings. (S) (AD)

12.45-2.30am Where the Heart Is Shown 8.05/9.10am (S) (AD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

ITV4

26

6.00am British Touring Cars (S) (HD) **6.10** Minder (S) (SL) (AD) **7.05** The Professionals (S) (SL) (AD) **8.15** The Saint (S) **9.20** The Return of Sherlock Holmes (S) (AD) (HD) **10.30** Magnum, PI (S) (AD) (HD) **11.30** The Saint (S) **12.35pm** The Return of Sherlock Holmes (S) (AD) (HD) **1.45** Kojak (S) (HD) **2.50** Magnum, PI: Thomas is shot (S) (AD) (HD) **3.50** Minder (S) (AD) **4.55** The Professionals (S) (AD)

6.00pm BattleBots The up-and-coming Uppercut takes on Sawblaze. (S) (HD)

7.00 The Chase Celebrity Special Dane Baptiste, Nigel Owens, Anita Rani and Mark Pougatch take part. (S) (HD)

8.00 Monster Carp Ali Hamidi, Tom Dove and Neil Spooner explore Morocco. (S) (HD)
9.00 FILM Jaws III ★★ Action adventure starring Dennis Quaid. (S) (AD) (W) (HD)

11.05 FILM Starship Troopers ★★ Sci-fi adventure starring Casper Van Dien. Earth is involved in a war with a race of giant arachnids and four friends embark on a journey deep into enemy territory. Review p97. (S) (AD) (W) (HD)

1.35am Robson and Jim's Fly-Fishing Adventure (S) (HD) **2.30** Auto Mundial: news from the world of cars (S) (HD) **2.55-3.00am** Unwind (S) (HD)

ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



Darby and Joan 8.00pm The duo celebrate New Year's Eve together

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00** Doctors: double bill. Katrina's mentor visits the surgery, then an asthmatic youngster receives treatment **9.20** Classic Holby City: Mo is impressed by Jesse Rptd 2.50am (S) (HD) **10.40** Classic Casualty: Jude tries to tell Matt she is pregnant (S)
11.40 The Bill: Gabriel is hailed as a hero
12.40pm Classic EastEnders: double bill. Den manipulates Dennis, then two strangers arrive
2.00 Monarch of the Glen: 1/10 Series 4. Archie makes big plans (S) **3.10** Kingdom: 5/6 Series 2 Lyle is asked to set up a trust fund for cats Rptd 2am **4.10** All Creatures Great and Small: 11/13 Series 1. Bulldog Breed. A farmer's livestock fall victim to disease. Shown 7.10am (S)
5.20 Terry and June: 2/6 Series 3 The Medfords visit Terry's boss in hospital

6.00pm As Time Goes By 4/10 Series 4. The Affair. Penny is convinced her husband is having an affair. (S)

6.40 Last of the Summer Wine Series 30. Who's That Looking Sideways at Nelly? Hobbo becomes a master of disguise to deceive his hidden enemies. (S) (HD)
7.20 Nobody Messes with Tony the Throat Howard is deeply concerned when Pearl starts going out every day with Nelly. (S) (HD)

8.00 New. Darby and Joan RT 5/8. Sparks fly when Jack and Joan have to share a hotel room in a pub on New Year's Eve. See page 90. (AD) (HD)

9.00 Maisie Raine 1/6 Series 1. Happy Families. The detective deals with an assault apparently committed by the son of a police officer. (S) (AD)

10.00 New Tricks 10/10 Series 8. Tiger Tiger. The team re-examines a zookeeper's death. (S) (AD)

11.20 Spooks 2/10 Series 4. The Special 2/2 A traitor is discovered in the ranks. (S)

12.40am Hustle: 4/6 Series 5. A priceless diamond falls into the con artists' possession (S) (HD) **2.00** Kingdom Shown 3.10pm
2.50-4.00am Classic Holby City Shown 9.20am

Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip (S) (HD) **9.00** LittleBe: children's programmes (HD)

12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD)
1.20 The Only Way Is Essex (S) (HD) **2.00** Buying and Selling (S) (HD) **3.00** Million Dollar Listing: NYC (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00 New.** The Real Housewives of New Jersey (S) (HD)

6.00pm Masters of Flip Kortney and Dave Wilson work on a historic house. (S) (HD)

7.00 Million Dollar Listing: NYC Ryan is in Shanghai for a billion-dollar deal. (S) (HD)

8.00 James Martin's Spanish Adventure The chef meets a family who live off-grid and samples fabada stew. (S) (AD) (HD)

9.00 Emergency Nurses: A&E Stories Emergency nurses Kat and Becca help student nurse Meredith. (S) (HD)

10.00 New. Botched A wife feels betrayed after a makeover in Mexico. (S) (HD)

11.00 Singletown The former couples have one last date – with one another. (S) (HD)

12.05am The Only Way Is Essex (S) (HD)
12.50-1.00am Unwind (S) (HD)

ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 +1 Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



More4

18



Grand Designs 7.55pm At Denise and Doug's manor house in central France

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: dinner parties around Devon (AD) **3.10** Four in a Bed **5.50** Kirstie and Phil's Love It or List It (AD)

6.55pm **Escape to the Château** Dick and Angel visit one of the last unexplored areas of the attic and uncover treasures including an old train set, inspiring them to create a room for the children filled with games. (AD) **7.55** **Grand Designs** Kevin McCloud catches up with Denise and Doug, who relocated to the Creuse region of France in 2003 to restore a manor house which, at the time, had four crumbling walls and only half a roof. (AD)

9.00 **Secrets of Egypt's Valley of the Kings** Archaeologists find new evidence about how the ancient Egyptians prepared for the afterlife, including a sacred text found in the tomb of the pharaoh Seti I which was believed to guarantee life after death. (AD) **10.00** **Car SOS** As Tim and Fuzz restore a Toyota MR2 Mk1, but discover there's more to the sports car than meets the eye. (AD)

11.00 **24 Hours in A&E** An 18-year-old is rushed in after suffering a cardiac arrest, 30-year-old Tom has a severe ankle injury after a traffic collision and a 23-year-old has a damaged nose after tripping up. (AD) **12.05am** Emergency Helicopter Medics: a farmer is pierced in the chest by a metal spike (AD)

1.05 999: on the Front Line **2.10** 24 Hours in A&E (AD) **3.20-3.50am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 +1 Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Tue/Wed 7pm (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family

12 noon The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine: double bill (AD) **3.00** Modern Family **4.00** Young Sheldon (AD) **5.00** The Big Bang Theory: double bill (AD)

6.00pm **The Big Bang Theory 17/24** Series 12. Howard looks after the children. (AD) **6.30** 18/24. Sheldon and Amy's academic rivals embark on a publicity tour. (AD) **7.00** **New. Hollyoaks** Ethan promises a jumpy Sienna that they will find Dilly. (AD)

7.30 **Modern Family 13/24** Series 1 Gloria gives Manny's date a makeover. **8.00** **New. Below Deck Down Under** Magda oversteps her boundaries with Aesha. (AD) **9.00** **Celebrity Gogglebox** Opinions on *Cooking with the Stars* and *Jaws*. (AD)

10.00 **Gogglebox** Shows include *Line of Duty*, *Mastermind* and *Snackmasters*. (AD) **11.05** **Taskmaster** Mae Martin immediately forgets the only rule to a task. (AD)

12.10am First Dates (SL) (AD) **1.15** Rick and Morty (AD) **1.50** **New. Unicorn: Warriors Eternal**: a genius is needed to fix Copernicus **2.15** **Gogglebox** (SL) (AD) **3.10** **Below Deck Down Under** (AD) **4.00** **Modern Family 4.25** Ramsay's Kitchen Nightmares USA **5.15-6.00am** How I Met Your Mother (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 +1 Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** **Salvage Hunters 10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** The Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops Philadelphia (AD) **5.00** Ambulance (AD) **6.00** The Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** **New. 1000lb Sisters 10.00** My Extreme Excess Skin (AD) **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00** Animal Cops (AD) **5.00-6.00am** As 4pm

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Classic Movies: the Story of Ran 10.00pm Akira Kurosawa's 1985 epic

6.00am Gilbert and Sullivan: a Motley Pair **6.30** Discovering Dance on Film **8.00** The Joy of Painting **9.00** Tales of the Unexpected (AD) **10.00** Alfred Hitchcock Presents **11.00** Discovering: Steve McQueen (AD)

12 noon The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** Hepworth **3.00** My Greatest Shot **4.00** Discovering: Maureen O'Hara (AD) **5.00** Tales of the Unexpected **6.00pm** **Alfred Hitchcock Presents** A man decides to steal money from his boss. **6.30** A man tries to frame someone for a murder committed by his daughter.

7.00 **Landscape Artist of the Year** Stephen Mangan presents from Liverpool's Pier Head, as the artists view the *Three Graces*. **8.00** **The Directors** The life and work of John Frankenheimer, who directed films including *Birdman of Alcatraz*.

9.00 **Discovering: Michael Douglas** A look at the life of the actor and film-maker, who won an Oscar for his role in *Wall Street*. **10.00** **Classic Movies: the Story of Ran** Critic Ian Nathan examines the 1985 epic drama *Ran*, directed by Akira Kurosawa. (AD)

11.00 **Steve McQueen: the Lost Movie** Exploring an unfinished movie started in the 1960s, which starred Steve McQueen. (AD) **12.45am** Dr Jack and Mr Nicholson (AD) **1.45** **FILM** Teenage Superstars ★★ ★★ The Scottish indie music scene in the 1980s and 90s (AD) (W) **3.45** Death Songbook **4.45** Auction: Lord Lucan Special **5.10-6.00am** Auction: double bill

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me: parties in Lincolnshire **12.30pm** Everybody Loves Raymond (AD) **2.00** Frasier (AD) **3.00** The Great House Giveaway: a house in Tonypantry **4.00** Château DIY (AD) **5.00** A Place in the Sun

6.00pm **A New Life in the Sun** Somebody pops the question at Tara and Paul's gîte business in France. Shown 4pm Channel 4 **7.00** **Location, Location, Location** Kirstie Allsopp and Phil Spencer help buyers moving from the south to the north, including a couple looking for a character property.

8.00 **Kirstie and Phil's Love It or List It** Phil reunites with Carol and Andrew from Harrogate, who sought the duo's help in 2016. **See choice, p80.** Shown yesterday 8pm C4 (AD)

9.00 **Johnny Vegas: Carry On Glamping 3/6** Series 2. Planning issues stall progress at Johnny's dream Derbyshire location, but the renovation of the vehicles continues. **See choice, page 80.** Shown yesterday 9pm C4 (AD) **10.00** **First Dates Ep 5.** Barman Aaron, 26, meets student Laura. Shown Tue 10pm C4 (AD)

11.05 **Gogglebox** Opinions on TV. (AD) **1.10am** Miners' Strike 1984: the Battle for Britain (AD) **2.15** Night Coppers (AD) **3.20** To Catch a Copper **4.15-4.45am** Food Unwrapped

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage (AD) **12 noon** How Do They Do It?

1.00pm Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** **Salvage Hunters 5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** **FILM** V for Vendetta ★★ ★★ Action thriller set in a totalitarian future, starring Natalie Portman. **Review p97** (W) **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage (AD) **4.00-5.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 +1 Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Bangers and Cash: Restoring Classics 8.00pm Racing a 1950s rally car

6.10am Auschwitz: the Nazis and the Final Solution **7.10** Fred Dibnah's Industrial Age **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II (AD) **12 noon** Great American Railroad Journeys

1.00pm Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD) **6.00pm** **Antiques Roadshow** The team visits the Black Country Living Museum in Dudley.

7.00 **Great British Railway Journeys** Michael Portillo follows the tracks that fuelled the Industrial Revolution **7.30** Michael learns how Birmingham became the pen-making capital of the world.

8.00 **Bangers and Cash: Restoring Classics** Restoring a 1950's Austin Westminster car. (AD) **9.00** **Bangers and Cash** Derek waxes lyrical about a pristine Jaguar XJ8. (AD)

10.00 **Bangers and Cash: Restoring Classics** A 1950s Hercules women's racing bike. (AD) **11.00** **Abandoned Engineering** Exploring a secret Japanese facility. (AD) **12 midnight** Great British Railway Journeys

1.00am Fred Dibnah's Railway Collection **1.30** Great British Railway Journeys **2.00-3.00am** Meat Loaf: in and out of Hell

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 +1 Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** Special Ops: Crime Squad UK (AD) **10.00** Lazy Boy Garage (AD) **12 noon** Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green: Robson fishes for barramundi **3.00** Top Gear (AD)

5.00pm **Rick Stein's India** The chef meets with the Dalai Lama in Himachal Pradesh. **6.00** Rick reveals his perfect curry. (AD) **7.00** **Richard Osman's House of Games** Chizzy Akudolu, Charlie Higson, Kate Williams and Tom Allen take part.

7.40 With Radzi Chinyanganya, Kerry Godliman, Hal Crutenden and Ebony Rainford-Brent. **8.20** **Would I Lie to You?** With Gregg Wallace, Nigel Havers, Charlie Brooker and Nina Wadia. **9.00** **QI XL** With David Mitchell, Rob Brydon and Sandi Toksvig. Stephen Fry hosts.

10.00 **Have I Got a Bit More News for You** Steph McGovern and Armando Iannucci join Ian Hislop and Paul Merton as panellists. **11.00** **Taskmaster 4/10** Series 7. Jessica Knappett piles shoes on some butcher's scales.

12 midnight Release the Hounds **1.00am** Would I Lie to You? **1.40** Schitt's Creek: Johnny and Moira try to get a deal on a car **2.20** Meet the Richardsons (AD) **2.50** Richard Osman's House of Games **3.20-4.00am** Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force (AD) **11.00** Highway Patrol **12 noon** Motorway Patrol

1.00pm Border Patrol **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare **4.00** Stargate Atlantis **5.00** Stargate SG-1 **6.00** Star Trek: Enterprise **7.00** Stargate Universe (AD) **8.00** Merlin: Arthur is bewitched into falling for a king's daughter (AD) **9.00** **New.** Cobra: the nation is rocked by riots, while Fraser tries to get the lights back on in the Red Zone. First shown on Sky Showcase (AD)

10.00 Grimm: a strange creature puts women under a spell **11.00** Killer in My Village **12 midnight** World's Most Evil Killers: the case of Paul Runge **1.00am** Caribbean Cops: the carnival starts in Trinidad **2.00** Brit Cops: Law and Disorder (AD) **3.00** Highway Patrol **4.00** Motorway Patrol **5.00-6.00am** Highway Cops: two editions

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **10.55** Entertainment News **11.00** NCIS (AD) **12 noon** Law & Order: a rock star is accused of rape **12.55pm** Entertainment News **1.00** Law & Order **6.00** NCIS: triple bill (AD) **9.00** **New.** Blue Bloods Series 4. A teenage girl dies after being hit by a train. First shown on Sky Atlantic **10.00** Law & Order: Special Victims Unit. Triple bill. Series 16

A new detective gets off to a rocky start **11.00** A basketball star is accused of rape **12 midnight** Series 15. A 16-year-old girl is reported to have been kidnapped at a party **12.55am** The team searches for a missing diabetic child

1.50am Criminal Minds: double bill **3.35-4.00am** Criminals: Caught on Camera

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) +1 Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun **10.00** The Cruise: Below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors

5.00 Car Pound Cops: Give Me My Car Back! **6.00pm** **Home and Away** Justin rushes to Leah's side. Shown 1.45pm C5 (AD) **6.30** **New.** Justin and Leah reach a crossroads. Repeated tomorrow 1.45pm C5 (AD)

7.00 **GPs: behind Closed Doors** The work of doctors at a medical practice. (AD) **8.00** **Casualty 24/7: Every Second Counts** A patient who did not know she was pregnant goes into labour at Barnsley A&E.

9.00 **A&E after Dark** A man who fell through a window tries to discharge himself. **10.00** **999: Emergency Call Out** A team comes to the aid of an intoxicated male. **11.00** **Ambulance: Code Red** A tree surgeon is impaled on railings. (AD)

12 midnight 999: Critical Condition **1.00am** Skin A&E **2.00** Adults Only: Paid to Be Naked **2.50** 999: Criminals Caught on Camera **3.35-4.00am** Home and Away (AD)

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 +1 Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am Entertainment News **9.05** Outback Truckers **10.05** Traffic Cops **11.05** Police Interceptors: a suspected drugs den is raided

12.05pm **FILM** Winchester '73 ★★ ★★ Western starring James Stewart (BW) **2.00** **FILM** Pillars of the Sky ★★ Western **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** **Police Interceptors** Jim and the team set a trap for suspected drug dealers.

7.00 Damo is involved in a high-speed pursuit. **8.00** **Motorway Cops: Catching Britain's Speeders** A vehicle being driven with cloned number plates is pursued by a helicopter.

9.00 **New. Trucking Hell** Jobs include a bulkier trailer that has burst into flames and a tractor unit with a broken prop shaft. **10.00** **Trucking Heavy** A vintage steam locomotive is hauled to Cornwall.

11.00 **Submarine: Life under the Waves** Life on board nuclear submarine HMS *Trenchant* on its four-month tour of duty. **12.05am** World's Deadliest Weather: Caught on Camera: tornadoes tear through Texas **1.05** Police: Night Shift 999 **2.05** Trucking Hell (AD) **3.55-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet: six editions **3.00pm** Murder, She Wrote (AD) **4.00** Columbo: Murder in Malibu: a novelist is killed **6.00pm** **Eyeheads** Towel Compouder try to give Britain's best quizzers the slip.

6.30 The Shuttle Watchers compete. **7.00** **Susan Calman's Summer by the Sea** **8.00** **The King's High Street: inside St James's** The London shopping destination. **9.00** **King Charles: His Mother's Son** Documentary exploring the relationship between Elizabeth II and her eldest son.

10.30 **Raiders of the Civil War: Drain the Oceans** The war's forgotten battlegrounds. **11.35** **Pirate Ships of the Caribbean: Drain the Oceans** Exploring lost shipwrecks. **12.40am** Forged in Fire **3.25** Walking Victorian Britain: Onyeka Nubia explores Edinburgh **3.50-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

THURSDAY Freeview & films



Sort Your Life Out with Stacey Solomon 8.00pm

6.10am James Martin's Food Map of Britain (AD) **7.00 New.** My Kitchen Rules South Africa **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home: double bill

6.00pm MasterChef Australia There are seven immunity pins up for grabs – but there's a catch.

7.00 Gemma and Gorka: Life behind the Lens Gemma and Gorka juggle work and home life. (AD)

8.00 Sort Your Life Out with Stacey Solomon Stacey challenges the Paine family to declutter their home. (AD)

9.20 Katherine Ryan: Parental Guidance Exploring out-of-the-box parenting ideas. (AD)

10.20 24 Hours in A&E A motorcyclist has crashed head-first into a lamp-post.

11.20 A man arrives after an accident at work involving a saw. **12.20am** One Born Every Minute **1.30–3.00am** Inside the Ambulance: double bill (AD)

W F'view 25 F'sat 156 Sky 132 (133 Scotland) **Virgin 125 +1** Sky 232 (233 Scotland) **Virgin 325**

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden **6.00** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Your Home Made Perfect **9.00 New.** Flipping 101 with Tarek El Moussa: an engaged couple who put all their wedding savings into a house **10.00** Fixer Upper **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00–4.00am** My Lottery Dream Home

HGTV F'view 44 F'sat 166 Sky 158 **Virgin 191 +1** Sky 258 **Virgin 391**

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Sara Dane **7.00** Mudlarking the Thames **8.00** Pet Island **8.30** Poh & Co **9.00** Bizarre Pet Vets **10.00** Raiders of the Lost Art **11.00** Push Pawn **12 noon** Auction **12.30pm** Pet Island **1.00 FILM** A Private Enterprise **★ ★ ★ 2.30 FILM** A Canterbury Tale **★ ★ ★ ★ (BW)** **5.00** The Hairys Bikers' Pubs That Built Britain **5.45** Secrets of London **6.00** News **7.00** Lion Queen **8.00** A Bit of a Do **9.15** Squad Goals: Dorking 'Til I Die **10.00** Muck and Brass **11.00 FILM** Resistance **★ ★ 12.55am FILM** The Search for John Gissing **★ ★ ★ 2.50** London Districts **3.00** Pet Island **3.30** News Rewind **5.00–6.00am** Talking Points

London Live F'view 8 Sky 117 **Virgin HD 159**

FREEVIEW channels continued from overleaf



Roux Down the River 9.00pm

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00** Valerie's Home Cooking **9.00** Barefoot Contessa: back to Basics (AD) **10.00** Mary Berry's Simple Comforts **11.00** Hairys Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's United Cakes of America **2.30** James Martin's Brittany **3.00** Rick Stein and the Japanese Ambassador (AD) **4.00** Barefoot Contessa: back to Basics (AD) **5.00** The Pioneer Woman **6.00** James Martin's United Cakes of America **6.30** James Martin's Brittany: the chef retraces the journey he made as a student **7.00** The Great British Bake Off (AD) **8.00** Hairys Bikers' Mississippi Adventure (AD) **9.00** CHOICE New. Roux Down the River: in Henley, Michel visits a local butcher and a farmer's market. See page 91. **10.00** Tom Kerridge More Sunday Lunch **10.30** Tom Kerridge's American Feast (AD) **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder: three episodes **11.00** Castle **1.00pm** Sue Thomas: F.B.I. **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder **5.00** Murder, She Wrote **7.00 M*A*S*H** **9.00** The Avengers: Steed investigates a mysterious disappearance **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H: four episodes **2.00am** Randall and Hopkirk (Deceased) **3.00** The Persuaders! **4.00** The Persuaders! **5.00** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV Freeview 50 (limited) **Freesat 142** Sky 157 **Virgin 170 +1** **Freesat 143** Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **11.00** Medical Detectives **2.00pm** Murder by the Sea **3.00** Murder Wall **4.00** Medical Detectives: six editions. A kidnapping ring is exposed **4.30** An investigation into deaths at a hospital **5.00** A retired veteran is found dead **5.30** The shooting of a 15-year-old **6.00** A discovery of Legionnaire's Disease **6.30** An illness hits a family, except the vegetarian son **7.00** Judge Judy **4.45–6.00am** Medical Detectives

True Crime Xtra Freeview 68 **Freesat 134** Sky 147 **Virgin 172**

BBC Parliament 232

7.00am Women and Equalities Questions **7.30** Prime Minister's Questions **8.05** House of Commons **9.30** Live Transport Questions **10.30** Live Commons Business Questions **11.30** Live House of Commons **5.30pm** Scottish First Minister's Questions **6.15** Lords Questions **7.00** House of Lords **2.15am** Transport Questions **3.15** Commons Business Questions **4.15–7.00am** House of Commons **BBC Parliament** Freeview 232 **Freesat 201** Sky 504 **Virgin 605**



Vietnam: the Girl in the Picture 9.55pm

6.00am Nazca Desert Mystery **6.55** as 8.45pm **7.55** Beautiful Serengeti **8.25** as 6.40pm **9.25 New.** A Cold War of Spies **10.35** as 8.45pm **11.50** as 5.25pm **1.00pm** Nazca Desert Mystery **2.05** as 6.40pm **3.10** as 7.40pm **4.15** as 8.45pm **5.25** Secret Battle for the Ho Chi Minh Trail: the Misty Experiment

6.40pm Attack of the Zeppelins The little-known story of the first aerial bombing campaign in history.

7.40 A Cold War of Spies 4/4 The West views Stalin's government as a threat to democracy.

8.45 Taken Hostage How Iranian students held 52 hostages at the American embassy.

9.55 New. Vietnam: the Girl in the Picture The story behind Nick Ut's famous photograph.

11.00 A Cold War of Spies More Sunday Lunch **10.30** Tom Kerridge's American Feast (AD) **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) **Virgin 190 +1** Sky 149 Sky 240 (241 Scot)

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Unidentified: inside America's UFO Investigation **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens: double bill **6.00** UFO Hunters: noises and lights that caused alarm in Indiana in 2008 **7.00** Pawn Stars: double bill **8.00** Dickinson's Real Deal **9.00 New.** Alien Files Reopened: a man who claims to have extraterrestrial friends **10.00** Craig Charles: UFO Conspiracies **11.00** Encounter: UFO **12 midnight** Curse of Skinwalker Ranch **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.00** Court Cam **5.00–6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 **Virgin 174**

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? **3.00** Strike It Lucky **4.00** Bullseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien **7.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **8.00** The Chase: double bill of the quiz presented by Bradley Walsh **10.00** Who Wants to Be a Millionaire? **11.00** Celebrity Special: a celebrity version of the quiz in which stars answer questions to win cash for their charities (AD) **11.00** Bullseye **12 midnight** Weakest Link **1.00am** Cash Trapped **2.00** The Chase: double bill **4.00** Who Wants to Be a Millionaire? **5.00–6.00am** Bullseye: double bill

Challenge Freeview 48 **Freesat 146** Sky 145 **Virgin 139**

CHILDREN'S Milkshake! on C5

5.40am Milkshake! Monkey **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New.** Thomas & Friends: All Engines Go! **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.40** The Adventures of Paddington **8.00** Milo **8.15** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55–9.15am** Peppa Pig

Full listings for Channel 5 are on p94

CBeebies 202

6.00am Colourblocks **6.05** Vegesaur **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Love Monster **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** My Petsaurus **9.00** Bing **9.05** Yakka Dee! **9.15 New.** Lu & the Bally Bunch **9.20** Love Monster **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.20** The Baby Club **10.35** Kiri & Lou **10.40** Roots and Fruits **10.50 New.** Vegesaur **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Popcast **11.30** Teeny Tiny Creatures **11.45** Our Family **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Olga Da Polga **3.30** Small Potatoes **3.35 New.** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Andy's Global Adventures **4.15** The Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Giggglebiz **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35 New.** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50–7.00pm** CBeebies Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 **Virgin 702**

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** New. Boy Girl Dog Cat Mouse Cheese **7.45 New.** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Operation Ouch! **9.05** Secret Life of Boys **9.25** Game on Grandparents **9.50** Danny & Mick **10.00** Deadly 60 **10.30** Absolute Genius **11.00** Bitesize Daily **11.20** Out of This World **11.30** Blow Your Mind **11.45** Craft Party **12 noon** Andy's Global Adventures **12.15pm** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher **1.35** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Sketchy Comedy **1.55** Operation Ouch! **2.25** The Beaker Girls **2.50 New.** Pokémon: XY **3.15** Danger Mouse **3.25** Shaun the Sheep **3.30** Ninja Express **3.45** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.05** Pokémon Horizons **5.30** Deadly Mission Shark **6.00** My Life **6.25** Next Step **6.50–7.00pm** Grizzly and the Lemmings

CBBC F'view 201 F'sat 607 Sky 607 **Virgin 701**

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am–9.00 and on ITVBe 9am to 12 noon

ITV2
6.00am Craig of the Creek
6.15 DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes
Cartoons **7.20–9.00am** Scooby-Doo

ITVBe
9.00am Chloe's Closet **9.15** Lily's Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** Sound Collector **10.25** Sooty **10.40** Pingu **10.50** Bob the Builder **11.20** Teletubbies **11.30** Bugs Bunny Builders **11.45** Momolu & Friends **11.55–12 noon** Athleticus

FILMS Film4 14

11.00am 13 Rue Madeleine ★★ Cloak-and-dagger Second World War spy drama. James Cagney (1946, U) (S)

12.55pm Nothing but the Best ★★★★★ Hilarious and scathing satire about a social climber who is tutored in the ways of the world by an indolent aristocrat. **Review, right.** Alan Bates, Denholm Elliott (1963, PG) (S) (AD)

3.00 The Guns of Navarone ★★★★★ Stirring wartime adventure in which a crack squad of commandos is assigned to blow up two giant German guns. Gregory Peck, David Niven, Anthony Quinn (1961, PG) (S) (AD)

6.15pm The Karate Kid ★★ Entertaining remake of the 1984 martial arts adventure, with Jaden Smith as the kid who receives instruction from Jackie Chan. **Review, right.** (2010, PG) (S) (AD)

9.00 The Predator ★★ The alien hunter returns to Earth in search of human DNA in a brash, energetic reboot of the 1980s sci-fi action franchise. Boyd Holbrook, Trevante Rhodes, Olivia Munn (2018, 15) (S) (AD)

11.10 Jack Ryan: Shadow Recruit ★★ Serviceable reboot for Tom Clancy's action hero, with Chris Pine as the CIA penpusher. Keira Knightley (2013, 12) (S) (AD)

1.15–3.25am Candyman ★★★★★ Electrifying shocker in which a student researching urban legends is drawn into the story of a mythical hook-handed killer. Virginia Madsen, Tony Todd, Xander Berkeley (1992, 18) (S)

Film4 Freeview 14 **Freesat 300** Sky 313 **Virgin 428** **+1** F'view 47 F'sat 301 Sky 314 **Virgin 430**

Talking Pictures TV 82

6.00am The Larkins TV sitcom. (S) **6.40 Take A Letter Mr Jones** TV comedy. **7.10 Love in Pawn ★** Puerile comedy about a penniless artist. Bernard Braden (1953, U) (S) **9.00 Law of the Plainsman** TV western. (S)

9.30 River Beat ★★ Phyllis Kirk is caught up in a diamond-smuggling operation in this British crime drama. (1954, PG) (S) **10.50 Dry Rot ★★** Polished performances enliven this plodding dramatisation of John Chapman's West End comedy. Ronald Shiner (1956, U) (S) **12.35pm Driving the Train 1959** TV documentary.

1.00 The Purple Plain ★★ Gregory Peck runs into trouble in wartime Burma in this classy, well-shot drama. Win Min Than (1954, PG) (S) **3.10 Mimi ★★** Stagey period romance starring Douglas Fairbanks Jr as a Parisian composer who discovers a new muse. (1935, U) (S) **5.10 The Ghost Train ★★** Arthur Askey and Richard Murdoch star in this comedy mystery. **Review, right.** (1941, U)

6.55pm Miss MacTaggart Won't Lie Down TV comedy. (S)

7.30 Time to Remember Archive documentary series. (S) **8.00 Danger UXB** Wartime TV series with Anthony Andrews.

9.00 Rumpole of the Bailey British TV courtroom drama.

10.10 The Secret of Seagull Island ★★★★★ Shortened film-length cut of the creepy cult TV miniseries about a British woman searching Italy for her missing blind sister. (1982)

12.30am Sally Ann TV drama. (S) **1.00 Spearhead** TV drama.

2.00 The Main Chance TV drama. **3.00 King of the Underworld ★** Low-budget British crime flick. Tod Slaughter (1952) (S) **4.40–6.00am**

Final Appointment ★★ Brisk B-movie thriller. John Bentley (1954, PG) (S)

Talking Pictures TV Freeview 82 **Freesat 306** Sky 328 **Virgin 445**

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

FILM REVIEWS

Great Movies 34

9.00am Ex-Wife Killer ★★ A man is caught between two wives. *Marguerite Moreau* (2017) **11.00 Eve of Abduction ★★** A single mother receives threats about her daughter. *Sarah Lind* (2018) **1.05pm Mommy's Little Boy ★★** Surprisingly intense and lurid thriller. *Bree Williamson* (2017, PG) **3.00 Sun, Sea and Murder ★★** Danger on holiday. *Christie Burson* (2019) **4.45 Daddy Day Camp ★** Half-hearted comedy sequel. *Cuba Gooding Jr, Lochlyn Munro* (2007, PG) **6.30pm Big Fish ★★** A man tries to sort fact from fiction in his dying father's tall tales. *Review, right.* *Ewan McGregor, Albert Finney* (2003, PG) **9.00 Taken 3 ★★** Liam Neeson batters more bad guys in a tired action threequel. *Forest Whitaker* (2014, 12) **11.20 Momentum ★★★★★** Slick action thriller in which a CIA assassin relentlessly tracks a glamorous bank robber. *Olga Kurylenko* (2015, 15) **1.35am The Box ★★** Stylish sci-fi thriller starring *Cameron Diaz, James Marsden* (2008, 12) **4.00-5.40am A Woman Deceived ★★** How did her first husband die? *Ashley Scott* (2017) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1** Freeview 61 (limited 10pm-5am) Sky 322

Great Action 42

8.10am Wild West Chronicles **9.10 The Bamboo Prison ★★** Watchable PoW drama. *Robert Francis* (1954) **10.50 Battle Honours 12 noon** *Wild West Chronicles* **1.00pm Ride in the Whirlwind ★★** Scrappy western with *Jack Nicholson, Cameron Mitchell* (1966, PG) **2.45 Gun Fury ★★** Rancher *Rick Hudson* chases down the gang that's abducted his fiancée. (1953, U) **4.30 Battle for the Bulge 5.30 Crash Dive ★★** Over-the-top action thriller. *Michael Dudikoff, Frederic Forrest* (1996, 15) **7.10pm Arctic Apocalypse ★★** A family faces a new ice age in this confusing disaster movie. (2019) **9.00 Vendetta ★★** Danny Dyer uses his Marines training to dispatch the gang who killed his parents in this efficient action thriller. (2013, 18) **11.10 Eye for an Eye ★★** Watchable mystery about a down-on-his-luck investigator who gets in too deep on a case. *John Travolta* (2019, 15) **1.05am The Great War ★★** *Lukewarm* First World War drama. *Bates Wilder* (2019, 15) **3.00 Battle Honours 4.10-5.00am** *Operation Barbarossa* **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1** Sky 324

Great Romance 52

8.00am Dater's Handbook ★★ *Meghan Markle* is spoilt for choice. (2016) **10.00 Love to the Rescue ★★** Single parents bond over a dog. *Nikki Deloach* (2019) **12 noon Love, of Course ★★** A new lease of life. *Kelly Rutherford* (2018) **2.00pm How to Find Forever ★★** Where is her Mr Right? *Erin Agostino* (2021) **4.00 All for Love ★★** A writer goes to boot camp. *Sara Rue* (2017) **6.00pm A Wedding to Remember ★★** Business rivals help with their friends' wedding in this TV-movie romcom. *Cristina Rosato, Greyson Holt* (2021) **8.00 Bridal Wave ★★** A bride-to-be meets a handsome stranger. *Arielle Kebbel, Andrew Walker* (2015) **10.00 The Perfect Bride ★★** A wedding "boot camp" organiser falls for a photographer in this likeable romance. *Pascale Hutton* (2017) **12.05am The Perfect Bride: Wedding Bells ★★** Can they tie the knot? *Pascale Hutton* (2018) **2.00 Highway to Heaven 3.10-5.00am Harvest Love ★★** There's a new face at the family orchard. *Jen Lilley, Ryan Paevey* (2017) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1** F'view 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.10am Jesus Revolution ★★ Polished but bland drama. *Joel Courtney* (2023, 12) **8.25 As 8pm 10.15 Book Club: the Next Chapter ★★★★★** The literary friends take an eventful jaunt through Italy. *Diane Keaton* (2023, 12) **12.15pm King of Killers ★★** Assassins are in the firing line. *Frank Grillo* (2023, 15) **2.00 57 Seconds ★★** Twisty but often outlandish sci-fi. *Josh Hutcherson* (2023) **3.50 One More Shot ★★** More action for Navy SEAL *Scott Adkins*. (2024) **5.45 Transformers: Rise of the Beasts ★★** Noisy seventh entry in the CGI-heavy fantasy franchise. *Anthony Ramos* (2023, 12) **8.00pm Hypnotic ★★** Mind-bending pulp sci-fi about a cop searching for his missing daughter. *Review p38.* *Ben Affleck* (2023, 15) **9.45 Insidious: the Red Door ★★** Scare-free horror in which a father and son suffer haunting visions. *Review p38.* *Patrick Wilson, Rose Byrne* (2023, 15) **11.40 Haunting of the Queen Mary ★★** Grisly horror set on board the British ocean liner. *Alice Eve* (2023, 18) **1.50am** As 12.15pm **3.35** As 3.50pm **5.25** Sky Cinema Preview **Sky Premiere** Sky 301 Virgin 401 EE 501/HD 515 **+1** Sky 312

Legend 41

8.00am Walker, Texas Ranger **9.00** Knight Rider **10.00** Star Trek: Deep Space Nine **11.00 Crack in the World ★★** Modest sci-fi thriller. *Review p87.* *Dana Andrews* (1964, U) **1.00pm The Lost Continent ★★** Wonderfully bizarre adventure. *Eric Porter* (1968, 12) **3.00 The 7 Adventures of Sinbad ★★** Tacky fantasy action adventure. *Patrick Muldoon* (2010) **5.00** Star Trek **6.00pm** Star Trek: Deep Space Nine TV sci-fi series. **7.00** Knight Rider TV drama. **8.00** Walker, Texas Ranger TV action drama with *Chuck Norris*. **9.00 Red Sun ★★** A samurai teams up with a gunslinger in this slick romp across the US. *Review, right.* *Charles Bronson, Toshiro Mifune* (1971, 15) **11.10 The Man Called Noon ★★** Good-looking but slow-paced spaghetti western. *Richard Crenna* (1973, 15) **1.05am Vehicle 19 ★★** Paul Walker is in the driving seat for a man-on-the-run thriller shot entirely from inside a car. (2013, 12) **2.50-4.30am The Diabolical ★★** An over-stretched single mother is visited by a violent presence. *Alli Larter* (2015, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am As 5pm **8.00 Sir Arthur Conan Doyle's Sherlock Holmes ★★** Uneven mockbuster take on *Guy Ritchie's Sherlock Holmes*. *Ben Syder* (2010, 12) **10.00 Andromeda 11.00 Earthfall ★** A rogue planet twists the Earth on its axis in this disaster movie. *Presly Coker, Raffaello Degruttola* (2014) **1.00pm Snowmageddon ★★** Disasters rock an Alaskan town. *Michael Hogan, David Cubitt* (2011, 12) **3.00** Andromeda **4.00** The Six Million Dollar Man **5.00** The Gambler Returns: the Luck of the Draw: TV western **7.00pm Andromeda** TV sci-fi series starring *Kevin Sorbo*. **8.00 The Six Million Dollar Man** TV sci-fi series with *Lee Majors*. **9.00 Quatermass and the Pit ★★** Inventive British sci-fi in which a spaceship is uncovered in the London Underground. *Andrew Keir* (1967, 12) **11.00 The Taking of Deborah Logan ★★** Research for a thesis on Alzheimer's is the peg on which hangs this refreshingly creepy found-footage horror. *Jill Larson* (2014, 15) **1.00-3.00am** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1** F'sat 139 Sky 318 Virgin 371



FILM OF THE DAY

Blazing Saddles ★★★★★

10.10-11.40pm BBC4

15

SPOOF WESTERN This all-singing, all-belching comedy from Mel Brooks remains one of his finest creations. Cleavon Little (above) is the smart-as-a-whip railway worker who becomes the first black sheriff to a hell-raising town, with Gene Wilder as the drunken gunman who helps him out. The stars are great, but there are even better performances from Madeline Kahn (sending up Marlene Dietrich) and Harvey Korman as slimy villain Hedley (not Hedy!) Lamarr. Preceded by the *Imagine* documentary *Mel Brooks: Unwrapped*. **JOHN FERGUSON** (US 1974, some violence, swearing, drug abuse, HD)

Nothing but the Best ★★★★★

12.55-3.00pm Film4

PG

SATIRE Scripted by Frederic Raphael, photographed by Nicolas Roeg and directed by Clive Donner, this very funny film blends *School for Scoundrels* with *Room at the Top*. Alan Bates is splendid as the working-class wannabe, but Denholm Elliott steals every scene as the indolent aristocrat who tutors him in the delicate art of being a cad. **DAVID PARKINSON** (UK 1963)

The Ghost Train ★★

5.10-6.55pm

Talking Pictures TV

U

COMEDY MYSTERY Arthur Askey and Richard Murdoch, the stars of the hit radio show *Band Waggon*, were reunited for this flag-waving fourth film version of the play by Arnold Ridley about a haunted railway station. There's a predictability about both the proceedings and the comedy, though Kathleen Harrison and Raymond Huntley are excellent in supporting roles. **DP** (UK 1941, BW)

The Karate Kid ★★★★★

6.15-9.00pm Film4

PG

ADVENTURE This enjoyable martial arts remake stars Jaden Smith (son of Will and Jada Pinkett) as an American kid who moves to Beijing with

his mother and winds up being bullied. Jackie Chan is the quiet janitor who helps him fight back. The snappy pacing and amazing action scenes help balance out the film's long running time. **KAREN KRIZANOVICH** (US/Chi 2010, edited for content, HD)

Big Fish ★★ 6.30-9.00pm Great Movies

PG

FANTASY Albert Finney stars here as a travelling salesman whose ridiculous life stories have driven a wedge between him and his son, Billy Crudup. Called to his father's deathbed, Crudup is determined to learn the truth before it's too late. Tim Burton's movie lacks the edge of his best work, but it drifts colourfully along. **BRIAN PENDREIGH** (US 2003, edited for content)

V for Vendetta ★★

9.00pm-12 midnight Quest

15

THRILLER This adaptation of Alan Moore's graphic novel is set in a futuristic totalitarian Britain, where a masked vigilante (Hugo Weaving) ignites a revolution with the help of unlikely ally Evey (Natalie Portman). James McTeigue's film is a bit preachy, but its themes are still frighteningly relevant today and it builds to a stunning ending. **ALAN JONES** (UK/Ger 2005, violence, swearing, HD)

Red Sun ★★

9.00-11.10pm Legend

15

WESTERN East meets West in this stylishly violent movie from *Dr No* director Terence Young, which is receiving a rare showing tonight. Toshiro Mifune plays a samurai who teams up with gunslinger Charles Bronson to recover a ceremonial sword stolen by black-clad Alain Delon. Ursula Andress and Capucine add glamour to a Euro-funded western yarn that never fails to entertain. **ADRIAN TURNER** (Fr/It/Sp 1971, violence, nudity)

Weird Science ★★

10.00-11.30pm BBC3

12

COMEDY FANTASY This early John Hughes movie stars Anthony Michael Hall and Ian Mitchell-Smith as a pair of sex-obsessed geeks who summon up the computer-generated woman of their dreams in the form of Kelly LeBrock. There's a crassness to much of the humour, but it's worth a look to see Robert Downey Jr in an early role. **JF** (US 1985, some swearing, brief nudity, HD)

Starship Troopers ★★★★★

11.05pm-1.35am ITV4

18

SCI-FI Paul Verhoeven's ultra-violent movie – in which humans engage in an interstellar war with alien "bugs" in the 23rd century – is popcorn entertainment at its lip-smacking, blood-spattered best. The romance between Casper Van Dien and Denise Richards slows the pace, but doesn't detract too much from the enjoyment of this absurdly apocalyptic satire. **AJ** (US 1997, violence, swearing, a sex scene, nudity, HD)

Sky Cinema picks

Begin Again ★★★★★

12.30-2.30pm Sky Valentines

Keira Knightley and Mark Ruffalo make music. (2013, 15) Sky 302, Virgin 402, BT 502/516

The Invention of Lying ★★★★★

8.00-9.50pm

Sky Cinema Comedy

Ricky Gervais lives in a world that can't tell porkies. (2009, 12) Sky 308, Virgin 408, BT 508/522

Jarhead ★★

10.25pm-12.30am Sky Drama

War is a bore for new recruit Jake Gyllenhaal. (2005, 15) Sky 310, Virgin 410, BT 510/524

Films to stream from p32
Netflix, Amazon, Disney+ and more

Sky Showcase



Gascoigne 9.00pm Profile of the iconic, troubled footballer

6.00am Sky News Breakfast **7.00** Kay Burley **8.00** Caught on Dashcam **9.00** Nothing to Declare (AD) **10.00** Strangest Things **11.00** New Kids in the Wild **12 noon** Supergirl **1.00pm** MacGyver: double bill **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** The Simpsons: double bill

6.00pm The Office US 2/19 Series 4. Michael hosts a charity fun run in aid of rabies awareness. **6.30 3/19** Ryan returns for the first time since his promotion.

7.00 The Simpsons Homer is tempted by a British femme fatale. **7.30** Abe is accused of a crime, prompting Kent Brockman to jump on the podcast bandwagon.

8.00 Young Guns: the New Tennis Titans A profile of the latest generation of tennis stars.

9.00 Gascoigne *** Documentary about the life of footballer Paul Gascoigne, tracking his rise to stardom and the struggles this brought. (W)

11.00 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a missing gamer by his online friends, who believe he is in trouble.

12 midnight Sex and the City **1.10am** Brit Cops: Law & Disorder (AD) **2.00** Road Wars **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109 EE 340/HD 355 +1 Sky 206

Sky Sci-Fi

6.00am Most Haunted **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager **1.00pm** Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm Star Trek: Deep Space Nine 22/26 Series 5. The Defiant crew members find themselves stranded on a planet inhabited by their own descendants. **7.00 23/26** Sisko releases Starfleet traitor Michael Eddington in a bid to stop a missile attack.

8.00 Star Trek: Enterprise 16/24 Series 3. Archer permits Dr Phlox to put all the crew members into comas to allow them to pass through a trans-dimensional disturbance unscathed.

9.00 Cyborg *** Sci-fi adventure starring Jean-Claude Van Damme. In a post-apocalypse America beset by plague, a mercenary and a female cyborg who knows of a cure set out to inform scientists. But the leader of a band of savage pirates wants the cure for himself.

11.00 Grimm 2/22 Series 3. Adalind continues her quest to regain her powers. Monroe, Hank, Rosalee and Juliette track down Nick, but find he seems trapped in a partly zombie state.

12 midnight Day of the Dead **2.00am** Star Trek: Enterprise **3.00** Star Trek: Deep Space Nine **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122 EE 348/HD 363 +1 Sky 207 Virgin 229

Sky Atlantic



Julia 9.00pm The cook is on a fundraising mission

6.00am The Guest Wing (AD) **7.55** The Sopranos **10.05** The Wire **12.15pm** Game of Thrones (AD) **1.20** Gomorrah **3.30** The Sopranos

5.40pm The Wire 5/12 Series 2 Ziggy loses his prized car to some drug dealers who dismiss his excuses for not paying up.

6.45 6/12 Omar emerges from hiding to testify that it was Bird who shot witness William Gant.

7.50 Game of Thrones 8/10 Series 6. As Jaime weighs up his options, Cersei answers a request, and Tyrion's plans bear fruit. (AD)

9.00 New. Julia 6/8 Series 2 Julia needs to use her charm once more to preserve WGBH as it gets ready for its annual fundraising.

10.00 Mare of Easttown 5/7 Mare opens up about her family's history with mental health. Later, she meets with a semi-retired source about possible connections in her three cases. (AD)

11.10 Winning Time: the Rise of the Lakers Dynasty 8/10 Series 1 As the Lakers continue their successful run, Paul and Pat reckon with the nature of their positions. (AD)

12.15am Perry Mason (AD) **1.25** Penny Dreadful: City of Angels (AD) **2.30** Game of Thrones (AD) **3.40** In Treatment **4.10-6.00am** The Guest Wing: double bill (AD)

Sky Atlantic Sky 108 (109 Wales) EE 342/HD 357 +1 Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Stop, Search, Seize (AD) **10.00** Brit Cops: Rapid Response (AD) **11.00** The Rookie (AD) **12 noon** FBI **1.00pm** FBI: Most Wanted (AD) **2.00** Blue Bloods (AD) **3.00** Caught Red Handed **4.30** Nothing to Declare: double bill

5.30pm Border Security: Australia's Front Line Five editions of the fly-on-the-wall documentary accessing the world of national security and customs at Australia's biggest airports.

8.00 Blue Bloods 4/21 Series 13 Danny and Baez look into robberies targeting luxury timepieces. Frank reopens a case where the officer involved was acquitted. (AD)

9.00 New Amsterdam 4/14 Series 3. Max heads to Connecticut to bring Luna back to New York, but has second thoughts. (AD)

10.00 Chicago Fire 8/22 Series 11 Pryma asks for Severide's help on a case. Meanwhile, Violet encourages Brett to start dating again.

11.00 The Rookie 13/22 Series 5 Nolan and Aaron track increasingly large leads after finding criminals hiding at the station. (AD)

12 midnight 9-11 **1.00am** The Good Doctor **2.00** Law & Order: Organized Crime (AD) **3.00** Chicago PD **4.00** Brit Cops: Rapid Response (AD) **5.00-6.00am** Road Wars: double bill

Sky Witness Sky 107 Virgin 110 EE 341/HD 356 +1 Sky 207 Virgin 310

Sky Max



Poker Face 9.00pm She's with the band: Charlie

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-O **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm Stargate SG-1 9/20 Series 9. The team discovers a Goa'uld-human hybrid.

7.00 10/20 An SGC officer spreads a virus on Earth.

8.00 The 80s: Cinema's Greatest Decade A look at the stand-out movies of the 1980s.

9.00 Poker Face 4/10 Charlie goes on tour with a band. (AD)

10.00 Entourage 7/8 Series 1 The boys are concerned with the new script for *Queens Boulevard*. **10.30 8/8** Drama has to choose between money and prestige.

11.10 Magnum P.I. 15/20 Series 5 Thomas and Higgins are hired to find a missing gamer by his friends.

12.10am Road Wars **1.00** Brit Cops: Law & Disorder (AD) **2.00** New series. Ted **1/8**. Comedy spin-off from the film. Matty makes Ted go to school. Rptd tomorrow 9pm **2.25** New. **2/8** Matty evicts Blair. See choice, p100. Rptd tomorrow 9.25pm **3.00** New. Fantasy Football League **3.35** Hawaii Five-O **4.30** S.W.A.T. (AD) **5.30-6.00am** Highway Patrol (AD)

Sky Max Sky 113 (114 Wales) Virgin 111 EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry: double bill **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Cops (AD) **1.00pm** Road Wars **2.00** Most Haunted **4.00** MacGyver **6.00pm** Stargate Atlantis: double bill **8.00** Highway Cops: double bill following the work of New Zealand police officers (AD) **9.00** Manifest: double bill. Michaela unearths a dangerous arsenal of 828 hate, then the consequences of Ben's actions test his marriage and send Grace reeling (AD) **11.00** The Russell Howard Hour: topical comedy and entertainment show **12 midnight** The Force: North East **1.00am** Stop, Search, Seize (AD) **2.00** A League of Their Own: European Road Trip (AD) **3.00** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Killing Mum and Dad (AD) **10.00** Forensics: Catching the Killer (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** The Real Manhunter **3.00** The Killer Within **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121 EE 349/HD 364 +1 Sky 222 (223 Scot) Virgin 321

Gold



Billy Connolly Does... 9.00pm Reflections on being Scottish

7.00am Hi-de-Hi! **8.05** Keeping Up Appearances **8.40** My Hero **9.20** Hi-de-Hi! **10.00** Porridge **10.40** Last of the Summer Wine **12 noon** Keeping Up Appearances **12.40pm** My Hero **1.20** Porridge **2.00** Dad's Army **2.40** dinnerladies (AD) **3.15** Hi-de-Hi! **3.55** Last of the Summer Wine **5.15** Porridge **5.55** Keeping Up Appearances

6.35pm Dad's Army Mainwaring sets his sights on Frazer's savings. **7.15** The platoon is assigned to guard a vital telephone line.

7.55 Only Fools and Horses An audition gives Raquel the chance of a lifetime. (AD)

9.00 New series. Billy Connolly Does... Ep 1 Series 3. From terrible folk songs that make no geographical sense to tartan pompousness, Billy looks at what it means to be Scottish. See p91. (AD)

10.00 Live at the Apollo Dara O Briain hosts, with guests Zoe Lyons and Paul Chowdhry.

11.00 Mrs Brown's Boys Dermot announces his choice of best man.

11.40 The Young Ones The lads decide to borrow a video recorder.

12.30am Only Fools and Horses (AD) **1.35** Billy Connolly Does (AD) **2.40** The Young Ones **3.20-4.00am** Marley's Ghosts (AD)

Gold Sky 110 (111 Wales) Virgin 124 EE 344/HD 359 +1 Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Run **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** How to Make It in America (AD) **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.00** The Conners **6.00pm** The Office US **7.00** American Auto **8.00** Will & Grace (AD) **9.00** Insecure: double bill. A sexually frustrated Issa explores a new dating outlook, then Issa's confidence is shaken during a day party (AD) **10.15** New. Sort Of: double bill of the sitcom starring Bilal Baig as a gender-fluid 25-year-old Pakistani Canadian **11.15** New. The Tonight Show Starring Jimmy Fallon: American chat show featuring guests from the world of showbusiness **12.15am** Sex and the City **1.30** Hung **3.00** Ballers (AD) **3.40-5.00am** How to Make It in America: double bill (AD)

Sky Comedy Sky 114 (115 Wales) Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Talent Shows **8.35** Most Ridiculous: Gym Disasters **9.00** Blockbusters **10.00** Impractical Jokers **10.30** Impractical Jokers: Dinner Party **12 noon** Home Improvement **12.55pm** Friends (AD) **9.00** Jack Whitehall Gets Around: a 2014 stand-up performance **10.00** Michael McIntyre: Live and Laughing: stand-up show at Hammersmith Apollo **11.00** Jimmy Carr: Comedy Central Live: double bill of stand-up **12 midnight** Reno 91! **12.30am** Impractical Jokers **1.00** Most Ridiculous: Gym Disasters **1.30** Most Ridiculous: Cats **2.00** Andrew Maxwell: Yo Contraire **3.00** Rhod Gilbert's Growing Pains **3.45** Your Face or Mine **4.10-5.00am** Friends (AD)

Comedy Central Sky 112 (113 Wales) Virgin 132 EE 345/HD 360 +1 Sky 212 (213 Wales) Virgin 332

Alibi



Murdoch Mysteries 9.00pm Life and soul: Brackenreid

7.15am Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** The Doctor Blake Mysteries **1.00pm** Father Brown (AD) **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles: Internal Affairs looks at Frankie (AD) **5.00** Unforgettable

6.00pm Without a Trace 12/18 Series 6. A woman disappears while doing community service.

7.00 Elementary 13/24 Series 5. A kidnapper threatens to start executing hostages.

8.00 Father Brown 6/10 Series 6 Mallory turns to the priest when a senior member of the police force is murdered at a bowls match. (AD)

9.00 New. Murdoch Mysteries 4/24 Series 17. Brackenreid's rowdy bachelor party for new Constable Tucker takes a violent turn when a patron of the bar is found dead in a barrel. See p91.

10.00 Miss Scarlet and the Duke 1/6 Series 4. Eliza teams up with Duke to investigate a burglary at a high-end brothel. (AD)

11.00 Justified 3/13 Series 3 A hit is ordered on Raylan as he comes up against a new foe.

12 midnight Elementary **1.00am** Unforgettable **2.00-4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin HD 114 EE 343/HD 358 +1 Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers **1.00pm** Building off the Grid **3.00** Blowing Up History (AD) **4.00** Alaska: Homestead Rescue **6.00** Richard Hammond's Big **7.00** Wheeler Dealers (AD) **8.00** Railroad Alaska **9.00** New. Naked And Afraid: Castaways: high tides wipe out another team's water source **10.00** New. Caught!: double bill. Misadventures ranging from spring break smackdowns to terrible tourist fails, then fights erupt in planes, trains, and automobiles worldwide **11.00** Expedition X: investigating one of America's oldest witch stories **12 midnight** Deadliest Catch **1.00am** Naked And Afraid: Castaways **2.00** Caught! **3.00-5.00am** Naked And Afraid: Last One Standing

Discovery Sky 125 (126 Scotland) Virgin 177 EE 320/HD 325 +1 Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** How the Universe Works **8.00** Blowing Up History **9.00** Combat Dealers: Reloaded **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** How the Universe Works **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Blowing Up History **6.00** Combat Dealers **7.00** Expedition Unknown: Josh Gates is investigating the lost colony of Roanoke **8.00** Devonport: inside the Royal Navy **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Devonport: inside the Royal Navy **4.00-5.00am** World's Greatest Motorcycle Rides

Discovery History Sky 177 Virgin 181 +1 Sky 277 Virgin 381



Sky Documentaries



The Unbreakable Tatiana Suarez 10.50pm MMA profile

6.00am Inside the Freemasons (AD) **7.00am** Discovering: Kirk Douglas (AD) **8.00am** The Directors **9.00am** Dark Horses: Italy's World Cup Triumph **10.00am** Juan Carlos: Downfall of the King **11.00am** Urban Secrets **12 noon** Mr Dynamite: the Rise of James Brown (AD) **2.15pm** Steve McQueen: the Lost Movie (AD) **4.00pm** The Directors **5.00pm** Discovering: Kirk Douglas: a profile of the star (AD)

6.00pm Dark Horses: Italy's World Cup Triumph Italy get their hands on the World Cup trophy.

7.00pm Juan Carlos: Downfall of the King Juan Carlos abdicates, with the ongoing scandal further harming an ailing monarchy.

8.00pm Young Guns: the New Tennis Titans A profile of the latest generation of tennis stars.

9.00pm Gascoigne ★★ ★ The life of footballer Paul Gascoigne, tracking his spectacular rise to stardom and the struggles this brought. (w)

10.50pm The Unbreakable Tatiana Suarez The story of the American professional mixed martial artist who competes in the UFC.

12.20am Everton: Howard's Way (AD) **2.30pm** Premier League Legends (AD) **3.00pm** Mama's Boy: a Story from Our Americas (AD) **5.00-6.00am** Discovering: Kirk Douglas (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory **9.00am** Air Crash Investigation **10.00am** Nazi Megastructures **11.00am** Megafactories **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00pm** Air Crash Investigation (AD) **3.00pm** Apocalypse: Hitler Takes on the East **5.00pm** Car SOS (AD) **6.00pm** Lost Treasures of Egypt **7.00pm** Air Crash Investigation **8.00pm** Arctic Ascent with Alex Honnold: double bill. The first stage of Alex's epic expedition gets underway, then the team is hit by deadly ice falls (AD) **10.00pm** America's Hardest Prisons: a gang war threatens to engulf an entire jail **11.00pm** Air Crash Investigation (AD) **12 midnight** Airport Security: First Class **1.00am** Wicked Tuna **2.00pm** Lords of War **2.30pm** Food Factory: double bill **3.20pm** Food Factory USA: two editions **4.00-5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 ★1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00pm** Pawn Stars **9.00pm** Bermuda Triangle: into Cursed Waters **10.00pm** Strange Things **11.00pm** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00pm** Rust Valley Restorers **3.00pm** Great Escapes with Morgan Freeman **5.00pm** Pawn Stars **6.00pm** American Pickers **7.00pm** Forged in Fire **8.00pm** New. Pawn Stars **9.00pm** New series. Rust Valley Restorers: Mike and Avery recover a valuable abandoned Volkswagen **10.00pm** New. Mountain Men: Alaska: Marty fights to heat his cabin during heavy snowfall **11.00pm** Forged in Fire: one competitor cracks under the pressure **12 midnight** Pawn Stars **2.00am** Secrets of Great British Castles **3.00pm** Pawn Stars **4.00-6.00am** Great Escapes with Morgan Freeman

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 ★1 Sky 223 (224 Scot) Virgin 331

Sky Nature



Wild Israel 8.00pm A look at the country's native birds

6.00am Africa's Wild Horizons **7.00pm** Monkey Life (AD) **8.00pm** The Wadden Sea **9.00pm** Secrets of Wild Australia (AD) **10.00pm** Animal Empires **11.00pm** America's Wild Seasons (AD) **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00pm** The Wadden Sea **3.00pm** Secrets of Wild Australia (AD) **4.00pm** Animal Empires **5.00pm** America's Wild Seasons (AD)

6.00pm Africa's Hunters The runt of a litter of lion cubs becomes separated from the pride.

7.00pm Monkey Life An accident puts a baby monkey's life in danger and snowfall keeps the chimps inside. (AD) **7.30pm** Trudy falls victim to a mysterious condition and Marcel demonstrates his intelligence. (AD)

8.00pm Wild Israel Billions of birds migrate from their winter home to their summer home and back again.

9.00pm Reef Wrecks The history of Mexico's Yucatan Peninsula.

10.00pm Africa's Hunters As 6pm.

11.00pm America's Wild Seasons Some animals flee south for winter but others face the brutal cold. (AD)

12 midnight My Best Friend's an Animal **1.00am** Undercover in the Jungle (AD) **2.00pm** Wild Israel **3.00pm** Reef Wrecks **4.00pm** The Wadden Sea **5.00-6.00am** Secrets of Wild Australia (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Underground Worlds (AD) **10.00pm** Abandoned Engineering: eight back-to-back editions (AD) **6.00pm** Abandoned Engineering: five editions. A grand structure in Hull that was reduced to rubble by Hitler's planes **7.00pm** A decrepit Liberian landmark with American origins **8.00pm** A look at the Dew Drop Inn in New Orleans, a music mecca that took on the authorities and paid the price **9.00pm** Exploring traces of a mass deception hidden at Ponte Dirlilo in Italy **10.00pm** A dense forest near the Czech capital of Prague that hides Houska Castle (AD) **11.00pm** Underground Worlds: hidden defences that have kept Cork Harbour safe for over 400 years (AD) **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Abandoned Engineering (AD) **5.25-6.00am** David Attenborough's Natural Curiosities (AD)

Eden Sky 166 Virgin HD 176 ★1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00pm** Dodo Heroes (AD) **10.00pm** Bad Dog! **11.00pm** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes (AD) **2.00pm** Killer Whales **3.00pm** Dogs 101 **5.00pm** Alaska: Homestead Rescue **6.00pm** Animal Cribbs: designing an outdoor area for a couple's Savannah cat and foster kittens **7.00pm** Dodo Heroes: a seven-year-old who has helped more than 1,500 shelter dogs in the USA **8.00pm** Project Grizzly **10.00pm** Alaskan Bush People **11.00pm** From Wags to Riches: Bill Berloni trains his dogs for a music video in New York **12 midnight** Pit Bulls and Parolees: Tia's Tales **1.00am** Alaskan Bush People **2.00pm** Dogs 101 **3.00pm** Alaska: Homestead Rescue **4.00-5.00am** Animal Cribbs **Animal Planet** Sky 162 (178 NI) Virgin 178 ★1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **7.00pm** Good Morning Sports Fans **9.00pm** **LIVE** WTA Tennis Day four of the Abu Dhabi Open at the International Tennis Centre in Zayed Sports City, the UAE.

5.00pm **LIVE** ATP Tennis Day four of the Open 13 from Palais des sports de Marseille, France.

7.00pm **LIVE** Premier League Darts Coverage of night two at Mercedes-Benz Arena in Berlin, featuring the quarter-finals, semi-finals and the final.

10.30pm **LIVE** PGA Tour Golf The first round of the Phoenix Open from TPC Scottsdale, Arizona.

1.00am Sky Sports News

1.30pm **LIVE** Boxing Teofimo Lopez v Jamaime Ortiz, coverage of the WBO world super-lightweight title fight from Las Vegas, Nevada.

5.30-6.00am Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Classic Play-Offs Finals **7.30pm** Scottish Premiership Highlights **7.45pm** EFL Greatest Games (AD) **8.00pm** Africa Cup of Nations Football: coverage of both semi-final matches

12 noon Scottish Premiership Football: Hibernian v Celtic from Easter Road

2.00pm Africa Cup of Nations Football: coverage of both semi-final matches

6.00pm German Football: previews **6.30pm** Women's Championship Show

7.00pm Championship Highlights

7.45pm Scottish Premiership Highlights

8.00pm Scottish Premiership Round-Up

8.15pm Scottish Premiership Highlights

8.30pm League One and Two Goals

9.00pm German Football: previews

9.30pm Women's Championship Show

10.00pm Scottish Premiership Round-Up

10.15pm Scottish Premiership Highlights

10.45pm Championship Highlights

11.00pm EFL Greatest Games

12 midnight SPFL Greatest Games

2.00am Best SPFL Goals

4.30pm Best Old Firm Derby Goals

5.00pm Best Edinburgh Derby Goals

5.30-6.00am SPFL Greatest Games

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

6.00am Amateur Golf: highlights

6.30pm European Tour Golf **7.00pm** PGA Tour Golf **8.00pm** PGA Tour: the Cut

8.30pm European Challenge Tour Golf

9.00pm **LIVE** European Tour Golf

The opening round of the Qatar Masters from Doha Golf Club.

2.00pm **LIVE** Ladies European Tour Golf Day one of the Magical Kenya Ladies Open tournament from Vipingo Ridge, Mobasa.

3.00pm **LIVE** PGA Tour Golf The first round of the Phoenix Open from TPC Scottsdale, Arizona.

1.00am The Players Championship Official Film: 2019 (AD) **2.00pm** Best of the Hero Masterclass (AD) **2.30pm** Best of the Shot Centre (AD) **3.00pm** PGA Tour Golf **5.00pm** Best of the Hero Masterclass (AD) **5.30-6.00am** Best of the Shot Centre (AD)

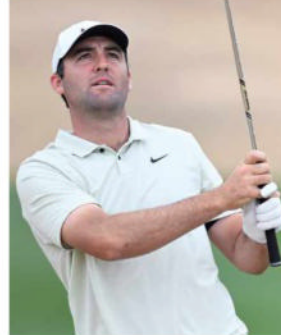
Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

12 noon-3.00pm **LIVE** Ladies European Tour Golf Coverage of the opening round of the Magical Kenya Ladies Open tournament from Vipingo Ridge, Mobasa.

7.00-9.00pm **LIVE** ATP Tennis Further coverage of day four of the Open 13, an indoor hard court ATP 250 tournament from Palais des Sports de Marseille in France.

12 midnight-2.00am **LIVE** Basketball Temple Owls v Memphis Tigers, coverage of the college game at Liacouras Centre in Philadelphia (tip-off 12.00).



PGA Tour Golf 3.00pm Sky Golf Scottie Scheffler bids to defend his crown in Phoenix

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Premier League Football

10.00pm The Football Show: discussion

12 noon Soccerbox **1.00pm** Premier League Years **3.00pm** Greatest Games (AD) **4.00pm** Best Goals (AD) **5.00pm** 100 Club (AD) **6.00pm** Legends (AD) **7.00pm** The Big Interview **7.30pm** Stories **8.00pm** Soccerbox **9.00pm** Big Interview **9.30pm** Stories **10.00pm** Icons (AD) **10.30pm** Retro

12.30-6.00am Classic Premier League: unforgettable moments

6.00am SA20 Highlights **7.00pm** U19 Cricket World Cup Highlights

7.30pm **LIVE** U19 Cricket World Cup The second semi-final from Willowmoore Cricket Stadium.

4.00pm **LIVE** SA20 Cricket The second qualifier match from Wanderers Stadium, Johannesburg.

7.30pm SA20 Highlights **8.30pm** Secrets of Success **9.00pm** Talking Cricket (AD)

9.30pm SA20 Highlights **10.30pm** U19 Cricket World Cup Highlights **11.00pm** SA20 Highlights: the second qualifier

12 midnight U19 Cricket World Cup Highlights **12.30am** SA20 Cricket

5.00-6.00am Best of World T20 (AD)

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5.00-6.00am Best of World T20 (AD)

6.00am Super Bowl LV (AD) **8.00pm** NFL **12 noon** Good Morning Football

3.00pm NFL **6.00pm** Pro-Football Talk

8.00pm Highlights **10.00pm** A Football Life

11.00pm Super Bowl Live **12 midnight** Total Access **1.00am** NFL Highlights

2.00pm **LIVE** NFL Coverage of the annual NFL Honors ceremony.

4.00-6.00am NFL Highlights (AD)

6.00am Super League **8.30pm** Basketball

9.00pm **LIVE** WTA Tennis Day four of the Abu Dhabi Open in the UAE.

5.00pm **LIVE** ATP Tennis Day four of the Open 13 from France.

7.00pm **LIVE** Premier League Darts Night two from Berlin.

10.30pm The Darts Show **11.30pm** Classic Darts **12 midnight** Unbeatable: BBL magazine **12.30am** Boxing (AD)

1.30pm **LIVE** Boxing Teofimo Lopez v Jamaime Ortiz from Las Vegas.

5.30-6.00am Super League (AD)

6.00am MLB Classic **10.00pm** NBA

2.00pm French Football (AD)

3.30pm Boxing **4.30pm** MLB Classic

6.00pm NBA: coverage of three games

10.30-6.00am MLB Classic

6.00am Super League **8.30pm** Basketball

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10.30pm The Darts Show **11.30pm** Classic Darts **12 midnight** Unbeatable: BBL magazine **12.30am** Boxing (AD)

1.30pm **LIVE** Boxing Teofimo Lopez v Jamaime Ortiz from Las Vegas.

5.30-6.00am Super League (AD)

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430

6.00am Serie A: Full Impact (AD)

6.30pm Premier League Stories (AD)

7.00pm Premier League Reload **7.15pm** Sport in Focus (AD) **7.30pm** What I Wore

8.00pm Champions League Football (AD)

9.00pm

Friday

SITCOM

Ted

9.00pm, 9.25pm **Sky Max**
Catch up via Now

NEW SERIES

Yet another TV reboot of an old movie – just last week we had *Mr and Mrs Smith* and *Sexy Beast*, and now it's the turn of 2012 comedy smash *Ted*. Creator Seth MacFarlane returns as the voice of the cute toy who has come to life as a profane troublemaker: whereas the movie saw him causing chaos when his owner, John, was in his 30s, the TV version spools back to the 1990s, when John (Max Burkholder) is an awkward 16-year-old.

As Ted joins in with the daily life of John, his parents and his older cousin, do not be fooled by the *Wonder Years*-ish setting. Before episode one's first ad break, Ted has used offensive terms for Polish people and people with dwarfism, fired a shotgun through the family's television and hired a sex worker he insists is called Beef Stroganoff. Yet at heart the show has the rhythms of a big-hearted, old-school sitcom. The plain-speaking Ted, meanwhile, has a knack of exposing cant and bravado, and a lot of what he says is roaringly funny – I'd love to give you examples, but absolutely none of it is suitable for print. **JACK SEALE**

BEST PALS

John (Max Burkholder) and foul-mouthed buddy Ted

DRAMA

Father Brown

1.45pm **BBC1** Catch up via iPlayer

Since leaving *Casualty* in 2021, Amanda Mealing has chosen to work behind the camera, directing such shows as *Waterloo Road* and *Coronation Street*. But she's been tempted back to the screen here to play the guest role of Lady Violet, a patron of the arts who's unveiling a crime-writing festival in Father Brown's village.

Naturally, amid the prize-giving, cosplaying and parlour games, a real dastardly act is committed – and while the police keep confusing the amateur dramatics for actual ill deeds, our perceptive priest is not so easily fooled. He, of course, is a devotee of murder mystery fiction, so a case involving those who make a living from crafting knotty whodunnits proves hard to resist. **DAVID BROWN**

QUIZ

Celebrity Mastermind

7.30pm **BBC1** Catch up via iPlayer

They've started so they'll finish. The week's BBC schedules seem to begin and end with quizzing, taking us from Monday's BBC2 triple bill to the weekend's primetime gameshows. Well, it's an enjoyable way to keep our brain cells busy.

Tonight, another four plucky types take to the chair. Former Liberty X popstrel Michelle Heaton's specialist subject is Disney princesses. Broadcaster Nihal Arthanayake fights the power by answering questions about Public Enemy. Comedian Maisie Adam tests her knowledge of Shane Meadows's *This Is England*, and Aaron Evans, winner of *The Traitors* series one, opts for cephalopods. But are they faithful molluscs? Or do they have treacherous tentacles?

MICHAEL HOGAN

SITCOM

Here We Go

8.00pm **BBC1** Catch up via iPlayer

Quality guest stars are a good barometer in a comedy, and endorsement doesn't come much higher than Harry Enfield. He gamely turns up tonight as haughty neighbour Edgar, who along with Sue (Alison Steadman) is putting together a fayre for the street. Robin and Cherry are celebrating her divorce having come through, Rachel is struggling with an essay and Amy still has no interest in anything that's unconnected to Norway.

There's a pleasing mix of bouncy script and slapstick, although the fly in the *Here We Go* ointment is the schtick of son Sam filming everything we see on his camcorder. Sometimes it works, but often it's a tricky obstacle. **FRANCES TAYLOR**

PROPERTY

Amanda and Alan's Italian Job

8.30pm **BBC1** Catch up via iPlayer

Amanda Holden reveals that she wants the main bedroom of her and Alan Carr's Tuscan house painted in warm terracotta colours with a country chic vibe. "Oh, so no pineapples, no palm trees, no gold?" asks Alan facetiously, recalling Amanda's previous Miami-glam efforts. Her long pause speaks volumes.

Meanwhile, the pair have a go at paddle-board yoga, try a painting class and go on a sunset boat trip. As always, there's lots of jolly banter. "If we had a car crash, would we get an obit in the paper?" wonders Alan after a near collision. "You would – they'd just say what I was wearing," guffaws Amanda.

JANE RACKHAM

ALSO ON TODAY

Gardeners' World
8.00pm **BBC2**

Monty Don plants up pots for a summer display and Joe Swash checks out a Bristol food-growing project in this compilation show.

Would I Lie to You?
9.00pm **BBC1**

Guests Sinitta, Jo Brand, Ivo Graham and Johnny Marr tell stories with host Rob Brydon and captains Lee Mack and David Mitchell.

**The Graham Norton Show**
10.40pm **BBC1**

Graham Norton chats to acting royalty Sir Ian McKellen (left) and Michael Sheen about their new projects.

DOCUMENTARY
Amityville: an Origin Story

9.00pm **BBC2** *Catch up via iPlayer*

Through arched windows with a sulphurous glow like the eyes of Lucifer, we see flashes of gunfire. It's soon revealed that the person doing the shooting is Ronald DeFeo Jr, who was subsequently convicted of killing his entire family at the notorious Amityville house in 1974.

But episode two of this creepily staged shock-doc has more on its mind than just murder: enter parapsychologist Hans Holzer, who propounded his theories on the occult in bestselling books and on TV shows. For Holzer, there was more to DeFeo Jr's actions than met the eye – the “halo glows” around the bullet holes being apparent evidence of the presence of spirits at the property. **DB**

REALITY
RuPaul's Drag Race: UK vs the World

9.00pm **BBC3** *Catch up via iPlayer*

The international all-stars series returns for a second run, with an impressive roll call of celebrity guest judges. Adwoa Aboah, Katherine Ryan, Kim Petras, Motsi Mabuse, Self Esteem, Tom Daley and, this week, Richard E Grant all join in the fierce fabulousness. Also look out for cameos from camp divas Jane McDonald and Sinitta.

Nine “global glamazons” compete to become the next “Queen of the Mother Tucking World” (that's not a typo), kicking off with a variety show challenge. The debut series saw a home victory for Belfast's Blu Hydrangea. Who will be win it this time? Mama Ru presides alongside Michelle Visage and Alan Carr. **MH**

MUSIC
Mobo Awards: Access All Areas

11.30pm **BBC1** (11.35pm **BBC2** in Wales) *Catch up via iPlayer*

An eminent celebration of black music and culture, Mobo marks its 26th anniversary this year. Radio 1 Xtra's DJ Target is your man with exclusive backstage coverage at the Sheffield Arena, and there'll be performances and interviews with the likes of Ghetts, Sugababes, Cristale, Soul II Soul and more. Nominees include Little Simz and Stormzy, who lead the way with four nods each.

DJ Target also chats to the event's hosts, including comedian and *I'm a Celebrity...* star Babatúndé Aléshé and *Love Island* bronze medallist Indiyah Polack. And, of course, surveys the glamour of the red carpet. **PAUL WHITELAW**

LIVE SPORT

**Football: Championship**
Sheffield Wednesday v Birmingham City
7.30pm (k/o 8.00pm)
Sky Sports Main Event/ Football

Wednesday's Josh Windass (above) will be looking to add to the 50-plus goals he's scored for the club.

Women's Cycling: UAE Tour
10.50am **Eurosport 2**

Stage two is 133km from Al Dhafra Castle to Al Mirfa.

Tennis: ATP Tour
5.00pm **Sky Sports Main Event**

Day five of the Open 13 indoor event in Marseille.

FILM OF THE DAY

**Papillon ★★★★★ 15**
9.00pm **Great Movies**

Charlie Hunnam and Rami Malek (above) are a smart casting choice to play the chalk-and-cheese inmates incarcerated on Devil's Island in this brutal but still entertaining remake of the Steve McQueen/Dustin Hoffman classic prison drama. (2017)

FILM REVIEWS
page 107

Café Culture
Sue Perkins explores the Russian side of Alaska

TRAVEL
Sue Perkins: Lost in Alaska

9.00pm **Channel 5** *Catch up: My5*

NEW SERIES

Is Sue Perkins up for some adventures in the Alaskan wilderness? Well, she's no Simon

Reeve. At survival school, she's terrified when a grown man dressed in a bear costume jumps out at her. As that doesn't bode well, she starts off gently by bottle-feeding a moose and meeting an orphaned brown bear.

Sue has proved to be a warm, perceptive but irreverent companion in previous travel shows, and she's as entertaining and informative this time. Whether she's (reluctantly) handling a firearm, fishing for salmon or dressing up as a Russian doll at an eccentric café, she throws herself into all her “super-sized” experiences. And, despite her self-confessed suburban preconceptions, she tries not to judge the lifestyles of others... even those who hunt animals. **JR**
Your RT Travel: page 134

FRIDAY Main Channels

DAYTIME

BBC1

6.00am Breakfast Naga Munchetty, Charlie Stayt. (S) (HD)
9.30 Morning Live Gethin Jones, Kimberley Walsh. (S) (HD)
10.45 Dr Xand's Con or Cure Xand van Tulleken and Ashley John-Baptiste examine the possible additive properties of allergy nasal sprays. (S) (HD)
11.15 Homes under the Hammer Properties in Whitehaven, Norwich and Birmingham. (R) (S) (AD) (HD)
12.15pm Bargain Hunt Two teams search for bargains at Southwell Racecourse. (S) (AD) (HD)
1.00 BBC News Regional News; Weather (S) (HD)
1.45 Father Brown 6/10 Series 11. The Catholic priest works to uncover the culprit when a novelist is attacked at a crime-writing festival. A box set is on iPlayer. **See page 100.** (S) (AD) (HD)
2.30 Money for Nothing Sarah Moore scours the recycling centre in Wallyford, East Lothian. (R) (S) (HD)
3.00 Escape to the Country Sonali Shah helps a couple to find a new home in Cornwall. (R) (S) (AD) (HD)
3.45 The Repair Shop The experts restore a teddy bear, a watch and a sporting trophy. (R) (S) (AD) (HD)
4.30-5.15 Antiques Road Trip In Wiltshire, items include an Edwardian shoe sign, an African thumb piano and a set of 1930s hat moulds. (R) (S) (HD)

BBC2

6.45am Escape to the Country A search for a home in Oxfordshire. Shown Tuesday 3pm BBC1 (S) (AD) (HD)
7.30 David and Jay's Touring Toolshed 13/15 A historical gun cart. Shown yesterday 6.30pm (S) (AD) (HD)
8.00-9.00 Sign Zone Inside the Factory 5/10 Series 8 Gregg Wallace learns the process of how Irish stout is made on a visit to the Guinness brewery in Dublin. (R) (S) (AD) (HD)
9.00 BBC News (S) (HD)
12.15pm Politics UK Political proceedings. (S) (HD)
1.00 Impossible Quiz with Rick Edwards. (R) (S) (HD)
1.45 The Tournament Quiz with Alex Scott. (R) (S) (HD)
2.30 The Farmers' Country Showdown Diana and Nigel love their shire horses and emotions soon run high during judging at Melpash Show. (R) (S) (HD)
3.15 The Great British Sewing Bee The contestants make sailor suits and Halloween outfits. (R) (S) (AD) (HD)
4.15-5.15 Super Fast Falcon The secrets of the peregrine falcon, the world's fastest animal. (R) (S) (AD) (HD)

ITV1

6.00am Good Morning Britain (S) (HD)
9.00 Lorraine Showbiz gossip and guests. (S) (HD)
10.00 This Morning Lifestyle features, fashion and celebrity interviews. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Frank exchanges. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S) (HD)
2.00 Ainsley's Taste of Malta Ainsley Harriott's culinary adventure ends with a visit to Gozo, where he finds out how Maltese cheese is made and lends a hand with the milking. Signed repeat 5.05am (S) (AD) (HD)
3.00-4.00 Lingo Pete and Matt, Debbie and Taylor, and Charly and Marcus take part in a battle of words. Adil Ray hosts. (R) (S) (HD) Followed by **Regional Weather**

Channel 4

6.15am Countdown With guest Jo Brand. (R) (S) (HD)
6.55 Cheers Two episodes of the comedy. (R) (S) (HD)
7.45 3rd Rock from the Sun Double bill. (R) (S) (AD)
8.35 Everybody Loves Raymond (R) (S) (AD) (HD)
10.05 Frasier Double bill of the sitcom. (R) (S) (AD)
11.00 The Great House Giveaway A bathroom fitter and an air conditioning engineer renovate a house in Greater Manchester. (R) (S) (HD) **12 noon News** (S) (HD)
12.05pm Sun, Sea and Selling Houses A couple look to swap the Highlands for Almería, Spain. (R) (S) (HD)
1.05 Find It, Fix It, Flog It In Cockermouth, Simon O'Brien and Henry Cole meet blacksmith Jon, who spent many years working on fairgrounds. (R) (S) (AD) (HD)
2.10 Countdown With guest Jo Brand. (S) (HD)
3.00 A Place in the Sun Craig Rowe helps primary school headteacher Kirsty from Armagh search for a holiday home on Lanzarote for £120,000. (R) (S) (HD)
4.00-5.00 A New Life in the Sun Cash flow problems force Graeme and Marianne to push back the opening date of their apartments. Rptd 6pm 4seven (S) (HD)

BBC1

1

Amanda and Alan's Italian Job
8.30pm The duo try to shed some light on the dingy second bedroom



5.15pm Pointless

Quiz presented by Alexander Armstrong. (R) (S) (HD)

6.00 BBC News Weather

6.30 Regional news magazines

7.00 The One Show

Presented by Alex Jones and Vernon Kay. (S) (HD)

9 BBC RED BUTTON 7.00-9.30 Under-20s Six Nations

England v Wales at the Recreation Ground (kick-off 7.15)

9 BBC SPORT ONLINE 7.00-9.30 Under-20s Six Nations

Live coverage of Ireland v Italy at Musgrave Park in Cork (kick-off 7.15), at bbc.co.uk/sport

7.30 Celebrity Mastermind

11/14. Michelle Heaton, Nihal Arthanayake, Aaron Evans and Maisie Adam take to the black chair. Clive Myrie asks the questions. **See page 100.** Producer Paul Christian; Executive producers Jimmy Mulville, Chris Jones, David Young and Kate Middleditch (S) (HD)

9 BBC SPORT ONLINE 7.50-10.20 Under-20s Six Nations

Live coverage of Scotland v France at the Hive Stadium in Edinburgh (kick-off 8.00), at bbc.co.uk/sport

8.00 Here We Go

RT 2/6 Series 2. Granny's Street Fayre. Sue moves in with the Jessops and organises the street fayre with a neighbour. With guest-star Harry Enfield. A box set is available on iPlayer. **See p100.**

Sue Jessop	Alison Steadman	Sam Jessop	Jude Collie
Edgar	Harry Enfield	Cass	Olivia Isaacs
Rachel Jessop	Katherine Parkinson	Dean	Ed Kear
Paul Jessop	Jim Howick	Amy Jessop	Freyja Parks
Cherry	Tori Allen-Martin	Maya	Mica Ricketts
Robin Hankey	Tom Basden	Annie	Yvette Robinson

Writer Tom Basden; Director Will Sinclair; Producer Sam Ward (S) (AD) (HD)

8.30 Amanda and Alan's Italian Job

RT 6/8 Series 2. With Amanda wanting to turn the second bedroom into a chic boudoir inspired by the Tuscan sunrise, locals Luca and Alessandro invite Amanda and Alan to look around their renovated farmhouse. A box set is on iPlayer. **See page 100.** Director Alex Mucadum; Producer Eleanor Scaglioni (S) (AD) (HD)

9.00 Would I Lie to You?

7/9. Sinitta, Johnny Marr, Jo Brand and Ivo Graham join David Mitchell and Lee Mack. Presented by Rob Brydon. A box set of previous episodes is on iPlayer. Director Liz Clare; Producers Zoe Waterman and Jake Graham (S) (HD)

9.30 Not Going Out

Series 13. Hospital. Lee's lifestyle catches up on him and he is forced to wait for routine surgery until his blood pressure comes down. A box set is on iPlayer.

Lee	Lee Mack	Geoffrey	Geoffrey Whitehead
Lucy	Sally Bretton	Dr Stevens	Sanchia McCormack
Toby	Hugh Dennis	Mrs Benesar	Viss Safavi
Anna	Abigail Cruttenden	Sweet old man	Bryan Hands
Wendy	Deborah Grant	Nurse	Mukamajule Michelo

Writers Lee Mack and Daniel Peak; Director Nick Wood
 Producer Jamie Rix (R) (S) (AD) (HD)

10.00 BBC News Regional News; Weather

10.40 The Graham Norton Show

Sir Ian McKellen talks to Graham about taking the role of Falstaff in *Henry Kings*, and Michael Sheen discusses his new BBC drama series *The Way*. Director Toby Baker; Series producer Jon Magnusson (S) (HD)

11.30 Mobo Awards: Access All Areas

RT DJ Target presents a behind-the-scenes show at the ceremony at Sheffield Arena, featuring exclusive performances and interviews. **See p101.** Director/Producer Olly Pollard (S) (HD)

12.30am Six Nations Sin Bin

With guests Aisling Bea, JJ Chalmers and Alex Cuthbert. Shown 7pm BBC1 Wales (S) (HD)

1.00 Weather for the Week Ahead

1.05-6.00am BBC News

BBC1 Freeview 1/HD 101 **Freesat** 101 **Sky** 101 **Virgin** 101

BBC2

2

Gardeners' World

8.00pm Arit Anderson meets a group of carers at a community garden in Sussex



5.15pm Flog It!

At Crowcombe Court in Somerset, with experts James Lewis and Thomas Plant. Paul Martin hosts. (R) (S) (HD)

6.00 Richard Osman's House of Games

Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore test their general knowledge skills before the week's victor is announced. (S) (HD)

6.30 David and Jay's Touring Toolshed

14/15. The duo help teenager Joe fix his 1969 Honda motorcycle, and in Northwich they meet a group that make knitted items to decorate the local community. David and Jay also talk to Greg McNeil, who has a passion for Victorian tintype photography. (S) (AD) (HD)

7.00 Inside the Factory

7/10 Series 8. Gregg Wallace visits the Axminster factory to follow the process of producing 46,000 square metres of carpet every year. **See choice, p50.** Shown Sunday 8pm (S) (AD) (HD)

8.00 Gardeners' World

In the third of four compilations, Monty Don plants up some pots with shade-loving plants for a summer display. Elsewhere, Toby Buckland visits a community in Liverpool who have harnessed the power of plants to regenerate their streets, Joe Swift checks out a food-growing project in Bristol, and Arit Anderson visits a community garden in West Sussex. Plus a look back at the gardening exploits of three sisters from Dorset. Series producer Becky Pratt; Exec producer Gary Broadhurst (S) (HD)
RT TRAVEL Tour Madeira with *Gardeners' World* expert Frances Tophill, including a visit to Funchal Botanical Gardens: page 143

9.00 Amityville: an Origin Story

RT 2/4. The Crime. In 1974, one year before George and Kathy Lutz move into 112 Ocean Avenue, the DeFeo family are found shot dead in the same Long Island house, under strange circumstances. Ronald DeFeo Jr, the only survivor, is accused of murder, but the case soon becomes clouded by alleged links to organised crime as well as paranormal theories. The whole series is on iPlayer. **See page 101.** (S) (AD) (HD)

9.55 Laugh Lessons

Manrika reveals how to be a successful influencer. Director Simon K Matthews; Producer Amy Errington (R) (S) (HD)

10.00 QI

Sandi Toksvig hosts an edition of the comedy panel game on the theme of Ultras, with Jordan Gray, Jason Manford and Sara Pascoe joining regular Alan Davies. Shown Tuesday 9pm (Revised rpt) (S) (HD)

10.30 Newsnight

With Kirsty Wark. (S) (HD)

11.00 Weather

11.05 Don't Look Now

Supernatural thriller, adapted from Daphne du Maurier's short story. Following the tragic drowning of their young daughter, John and Laura Baxter go to Venice – he to work, she to recuperate. While there, they meet two sisters, one of whom claims to be able to communicate with the dead child. On iPlayer for 30 days. **Review page 107.**

John Baxter	Donald Sutherland	Inspector Longhi	Renato Scarpa
Laura Baxter	Julie Christie	Anthony Babbage	David Tree
Heather	Hilary Mason	Mandy Babbage	Ann Rye
Wendy	Clelia Matania	Johnny Baxter	Nicholas Salter
Bishop Barbarrigo	Massimo Serato	Christine Baxter	Sharon Williams

Director Nicolas Roeg (1973, 15) (S) (AD) (W) (HD)

12.50-3.20am Sign Zone 12.50 Sudden Child Deaths: the Search for Answers - Panorama

Reporter Richard Bilton investigates. Shown Monday 8pm BBC1 (S) (HD)

1.20 Gladiators 4/11.

Bradley and Barney Walsh host the contest. **See choice, p40.** Shown Saturday 7.10pm BBC1 (S) (AD) (HD)

2.20 Putin vs the West: At War 1/2.

The inside story of the year that followed Russia's invasion of Ukraine. (R) (S) (AD) (HD)

BBC2 Freeview 2/HD 102 **Freesat** 102 **Sky** 102 **Virgin** 102

ITV1

3

Beat the Chasers Celebrity Special
9.00pm Who can defeat the Beast and his fearsome band of Chasers?



4.00pm Tipping Point

Ben Shephard hosts as three players try to hit the jackpot on the supersized arcade machine. Director Richard van't Riet. Series producer Chris Hale (S) (HD)

5.00 The Chase

Lorraine, Josh, Bryony and Christopher try to outrun one of the mighty Chasers and win the contents of the prize pot. Bradley Walsh hosts. Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (S) (HD)

6.00 Regional News Weather (S) (HD)

6.30 ITV Evening News Weather (S) (HD)

7.30 Emmerdale

It's the twins' birthday and there is concern for Cathy. Marlon fears something is wrong with Charity while Rhona's absence causes chaos. Writer Karin Young. Cast Monday/Tuesday (S) (AD) (HD)

8.00 Coronation Street

Simon crashes Leanne's car while under the influence of alcohol, Damon's implied threat unnerves Dee-Dee, and Bethany is forced to admit her deception to a stunned Daniel.

Simon Barlow	Alex Bain	Mary Taylor	Patti Clare
Leanne Battersby	Jane Danson	Paul Foreman	Peter Ash
Damon Hay	Ciaran Griffiths	Alya Nazir	Sair Khan
Dee-Dee Bailey		Jenny Connor	Sally Ann Matthews
Channique Sterling-Brown		Abi Webster	Sally Carman-Duttine
Sam Blakeman	Jude Riordan	Sally Metcalfe	Sally Dynevor
Daniel Osbourne	Rob Mallard	Steve McDonald	Simon Gregson
Tracy McDonald	Kate Ford	Audrey Roberts	Sue Nicholls
Suki Waters	Laura Littlewood	Sarah Barlow	Tina O'Brien
Tommy Orpington	Matt Milburn	Ed Bailey	Trevor Michael Georges
Kevin Webster	Michael Le Vell	Client	Kathryn Georgiou
Nina Lucas	Mollie Gallagher		

Writer Debbie Oates. This week's episodes produced by Iain MacLeod, directed by Pip Short and Suri Krishnamma. More cast Wednesday (S) (AD) (HD)

9.00 Beat the Chasers Celebrity Special

Bradley Walsh presents as four celebrities set out to defeat a team of six Chasers and scoop the jackpot for their charities. Can food critic Grace Dent, actor Stephen Mangan, gymnast Nile Wilson and hockey star Sam Quek outwit the combined might of the Beast, the Menace, the Sinnerman, the Dark Destroyer, the Vixen and guest Australian Chaser, the Supernerd? Executive producers Michael Kelpie, Martin Scott and Helen Tumbridge (S) (HD)

10.00 ITV News at Ten

Weather; Regional News and Weather (S) (HD)

10.45 Safe House ★★★

Action thriller starring Ryan Reynolds. Junior agent Matt Weston operates the CIA's sleepy safe house in South Africa. When a rogue agent decides to give himself up after years on the run, he is suddenly handed a hot assignment, but things are about to get even more dangerous for him. **Review page 107.**

Matt Weston	Ryan Reynolds	Keller	Joel Kinnaman
Tobin Frost	Denzel Washington	Harlan Whitford	Sam Shepard
Catherine Linklater	Vera Farmiga	Carlos Villar	Rubén Blades
David Barlow	Brendan Gleeson	Ana Moreau	Nora Arnezeder
Alec Wade	Liam Cunningham	Vargas	Fares Fares
Daniel Kiefer	Robert Patrick		

Director Daniel Espinosa (2012, 15) (S) (AD) (W) (HD)

12.40am Home Shopping (HD)

3.00 Wheel of Fortune 5/8. Graham Norton hosts the quiz show. Shown Saturday 5.25pm (S) (SL) (AD) (HD)
3.50 Unwind A sequence to calm the mind. (S) (HD)
5.05-6.00am Ainsley's Taste of Malta Ainsley Harriott heads for Gozo. Shown 2pm (S) (SL) (AD) (HD)

ITV1 Freeview 3/HD 103 Freesat 103 Sky 103 Virgin 103

+1 Freeview 35 Freesat 112 Sky 203 Virgin 303

Channel 4

4
7 in Wales

Extraordinary Extensions

8.00pm Capital ideas: Tinie visits two ambitious projects in London



5.00pm Château DIY

Donna and Paul's Scottish-themed renovation is complete and Chris and Jolyon add the final touches to their grand salon, while Jane and Rory have one more property to view. (S) (AD) (HD)

6.00 Come Dine with Me

Clinical practitioner Laura hosts the final dinner party in Conwy, where the theme is "a day at the races". But has she done enough to win the prize? Director/Producer Chris Smithson (S) (HD)

6.30 The Simpsons

A Tree Grows in Springfield. Ned discovers a miraculous tree in Homer's garden. (R) (S) (AD) (HD)

7.00 Channel 4 News Sport; Weather (S) (HD)

8.00 Extraordinary Extensions

5/6 Series 2. Musician and property developer Tinie meets more people realising their dreams of expanding their homes. In north London, he follows a pair of yoga and sustainability entrepreneurs as they build an extension devoted to wellness. On the opposite side of the city, Tinie joins a couple who are adding a floating terracotta extension to their 1930s home.

Series director Abdullahi Adejumo
Series producer Mike Ratcliffe (S) (AD) (HD)

9.00 Eight out of Ten Cats Does Countdown

Ep 5. Jimmy Carr hosts the hybrid game show, as Jon Richardson and Asim Chaudhry take on Joe Wilkinson and Roisin Conaty. Mathematician Rachel Riley looks after the letters and numbers, while actor and comedian Lucy Pearman joins lexicographer Susie Dent in Dictionary Corner. Series producer Jodie Krstic; Executive producers Richard Cohen and Ruth Phillips. Repeated 2.15am 4seven (S) (HD)

10.00 I Literally Just Told You with Jimmy Carr

Ep 4 Series 3. Another four contestants draw on their powers of recall to answer questions written as the show unfolds. With each correct answer adding to their prize pot, the competitors must remember things they've seen minutes before. Just two players battle it out in the final round. Director Ollie Bartlett; Series producer Sarah Timbury. Repeated 1.10am 4seven (S) (HD)

11.05 Meet the Parents ★★★

Comedy. Male nurse Greg Focker wants to propose to his girlfriend Pam, but decides to ask the permission of her father, Jack, a former CIA agent. Greg plans to do this while visiting for Pam's sister's wedding, but Jack's overprotectiveness spells trouble for the nurse. Available to stream for 30 days. **Review p107.**

Jack Byrnes	Robert De Niro	Debbie Byrnes	Nicole DeHuff
Greg Focker	Ben Stiller	Denny Byrnes	Jon Abrahams
Pam Byrnes	Teri Polo	Larry Banks	James Rebhorn
Dina Byrnes	Blythe Danner	Bob Banks	Thomas McCarthy
Kevin Rawley	Owen Wilson		

Director Jay Roach (2000, 12) (S) (AD) (W) (HD)

1.10am White Boy Rick ★★

Crime drama based on a true story, starring Matthew McConaughey, Richie Merritt and Jennifer Jason Leigh. In 1980s Detroit, single father Rick sells guns illegally in order to make ends meet, while his teenage son Ricky is fast following in his footsteps. Soon, Ricky is approached by the FBI, who recruit him as an informant. Director Yann Demange (2018, 15) (S) (SL) (AD) (W) (HD)

3.00 Come Dine with Me

Dinner party hosts in south-east London compete for £1,000. (R) (S) (AD) (HD)
5.05-6.05am Kirstie and Phil's Love It or List It: Brilliant Builds The duo explore how to strike the right balance between house and garden. (R) (S) (AD) (HD)

Channel 4 Freeview 4/HD 104 Freesat 104 Sky 104 Virgin 104

+1 Freeview 15 Freesat 121 Sky 204 Virgin 304

BBC4

9
24 in Scotland

Buddy Holly Night from

9.00pm Rave on: a celebration of the influential rock 'n' roll star



7.00pm Top of the Pops 1995

Jarvis Cocker presents the 24 August edition, featuring Clock, Madonna, the Charlatans, Xpansions '95, Oasis, Björk, Blur and Red Hot Chili Peppers. Repeated 2.40am (R) (S)

7.30 Dale Winton introduces hits from Berri, De'lacy, Michael Jackson, the Rembrandts, Boyzone, Montell Jordan, Echobelly, Michael Bolton, Blur and Scatman John. From 31 August. Director Phil Chilvers; Producer Ric Blaxill. Repeated 3.10am (R) (S)

8.00 Top of the Pops 1988

Bruno Brookes and Gary Davies introduce the 11 February edition, featuring Eddy Grant, Debbie Gibson, the Mission, Taylor Dayne, Sinéad O'Connor and Jermaine Stewart. Director Paul Ciani; Executive producer Michael Hurll. Repeated 1.40am (R) (S)

8.30 Top of the Pops 1982

Tommy Vance hosts an edition from 11 February, with Fun Boy Three and Bananarama, the Stranglers, Bow Wow Wow, Hall and Oates, Depeche Mode, Modern Romance and the Jam. Director Gordon Elsbury; Producer Michael Hurll. Repeated 2.10am (R) (S)

9.00 Buddy Holly: Arena

This documentary from 1985 looks at the career of Buddy Holly. Friends and contemporaries including the Crickets, the Everly Brothers, Keith Richards and Paul McCartney pay tribute to the rock 'n' roll star, who died along with Ritchie Valens and the Big Bopper in a plane crash in Iowa in February 1959. Director Richard Spence; Producer Anthony Wall. Repeated 12.35am (R) (S)

10.05 Peggy Sue: Tales of Rock 'n' Roll - Arena

A 1993 interview with the woman who inspired Buddy Holly's *Peggy Sue* and second tribute *Peggy Sue Got Married*. Peggy Sue Gerron Rackham reveals how both songs came to be written and provides an insight into the singer's short but memorable career. Series producer James Marsh; Series editors Nigel Finch and Anthony Wall (R) (S)

10.35 Classic Albums: The Crickets - the "Chirping" Crickets

With interviews with band members Jerry Allison and Sonny Curtis, and famous fans such as Peter Frampton and Cliff Richard, this film tells the story of the 1957 debut album by the Crickets. Director George Scott; Producers Nick de Grunwald and Celia Moore (R) (S)

11.35 It's Only Rock 'n' Roll: Rock 'n' Roll at the BBC

Including archive performances by Jerry Lee Lewis, Dion, Dick Dale, Neil Sedaka, Tom Petty, Joan Jett and Oasis. Executive producer Mark Cooper (R) (S)

12.35am Buddy Holly: Arena Shown 9pm (S)

1.40 Top of the Pops 1988 Shown 8pm (S)

2.10 Top of the Pops 1982 Shown 8.30pm (S)

2.40-3.40am Top of the Pops 1995 Shown 7pm/7.30pm (S)

BBC4 F'view 9/HD 106 F'sat 108 Sky 116 Virgin 108

BBC1 SCOTLAND

12.30am Jules and Greg's Wild Swim: the couple sample the hidden rock pools and ancient waterfalls of Skye **1.00** Six Nations Sin Bin **1.30** Weather for the Week Ahead **1.35-6.00** BBC News

BBC SCOTLAND

7.00pm The Seven **7.15** SportsScene: Scottish Cup Live: Greenock Morton v Motherwell, the fifth-round tie at Cappielow (kick-off 7.30) **9.30** Icons of Football **10.00** Still Game **10.30** Limmy's Show **11.30-12 midnight** T in the Park: Best Bits

STV

7.00-7.30pm What's on Scotland **12.40am** It'll Be Alright on the Night **1.30-3.00** Night Vision **3.50-5.05** Night Vision

ITV1 BORDER SCOTLAND

7.00-7.30pm Border Life: how artist Anne Redpath blazed a trail for female painters

BBC1 WALES

7.00-7.30pm Six Nations Sin Bin **11.30** Scrum V Classics: the 1993 Five Nations championship match between Wales and England **1.00am** Six Nations Sin Bin **1.30-6.00** BBC News

BBC2 WALES

7.00pm The One Show **7.30-8.00** Epic: Wales v England '99 **10.00-10.30** Rewind: 60 Years of Welsh Pop **11.05** Qi **11.35** Moby Awards: Access All Areas **12.35-12.50am** The Best Dishes Ever

ITV1 WALES

7.00-7.30pm Vanished Wales: a country park and its wartime secrets

BBC1 NORTHERN IRELAND

6.30-7.00pm BBC Newsline; Party Political Broadcast: by the Social Democratic and Labour Party

UTV

6.20-6.30pm Party Election Broadcast: by the Social Democratic and Labour Party **7.00-7.30** UTV Life: Pamela Ballantine presents local chat

Channel 5 listings are overleaf

FRIDAY Freeview

Channel 5

5



Sue Perkins: Lost in Alaska 9.00pm
Sue learns the bear necessities

5.40am Milkshake! See page 106
9.15 Jeremy Vine (S) (HD)
11.15 Storm Huntley (S) (HD)
12.45pm Alexis Conran and Friends (S) (HD)
1.40 5 News (S) (HD)
1.45 Home and Away Felicity shows remorse. Shown Thu 6.30pm 5 Star (S) (HD)
2.15 Betrayed Within ★★ Thriller starring Ashley Dakin. Katie and Tom's plans for their wedding day are proceeding smoothly until Katie's sister Connie arrives. Director Joey Adams (2022) (S) (W) (HD)
4.00 Bargain-Loving Brits in the Sun Bambi teaches Peter the art of selling caravans on the Costa del Sol. (R) (S) (AD) (HD)
5.00pm 5 News (S) (HD)

6.00 Susan Calman's Grand Day Out Susan travels along the west Wales coast, starting near Cardigan and journeying through Pembrokeshire to Pendine Sands. Along the way she tries paddling a coracle and samples laverbread. (R) (S) (HD)
6.55 Entertainment News (S) (HD)
7.00 Coastal Devon and Cornwall with Michael Portillo
4/6. Michael heads for his final stretch in Cornwall, and takes in a coastline of hidden coves and smugglers' creeks. Series director Dave Minchin (R) (S) (HD)

8.00 Cruising with Susan Calman 6/7 Series 3. In the first of a two-part trip, the comedian samples life in Buenos Aires, before embarking on an epic cruise to Antarctica, where she explores everything the region has to offer. Director Jenny MacLeod (S) (HD)

9.00 New series. Sue Perkins: Lost in Alaska

RT 1/3. The presenter embarks on an adventure to the edge of civilisation, in a land of extreme weather, wildlife and ways of life. She starts with a trip to a survival school in Anchorage, where she learns how to protect herself in the event of a bear attack. She also discovers Alaska's enduring Russian heritage and puts her body on the line while feeding a baby moose. See p101. Series producer James Pearson (S) (HD)

Your RT Travel: page 134

10.00 Captain Tom: What Happened Next?

A look at what happened to the money raised by Captain Sir Thomas Moore, aka Captain Tom, the Army veteran who charmed the nation during the pandemic. Shown Sunday 9pm (S) (HD)

11.25 When TV Goes Horribly Wrong Christopher Timothy narrates this compilation of on-air disasters featuring animals, including incidents from shows such as *This Morning* and *Crufts*. Shown Sunday 5.05pm (S) (HD)

1.20am Casino (S) (HD) **3.20** Susan Calman's Grand Day Out: from Yorkshire (R) (S) (HD)
4.10 Bargain-Loving Brits in the Sun (R) (S) (AD) (HD) **5.00** Nick's Quest (R) (S) (SL)
5.30-5.40am Entertainment News (S) (HD)
CS Freeview 5/HD 105 Freesat 105 Sky 105 Virgin 105
+1 Freeview 38 Freesat 128 Sky 205 Virgin 305

BBC4 listings are overleaf

BBC3

23



RuPaul's Drag Race UK vs the World 9.00pm Let the race begin

7.00pm Top Gear
Jeremy Clarkson conducts a test of the Renaultsport Twingo 133 involving a tunnel, a ferry and the actor Ross Kemp. (S) (HD)
Followed by **New. The Catch Up** (S) (HD)

8.00 New. The Traitors Australia 8/9 Series 2. The Faithful have one final chance to banish a Traitor. (S) (HD)

8.50 Ryan Tricks on the Streets
Ryan meets RAF veterans. (S) (HD)

9.00 New series. RuPaul's Drag Race UK vs the World

RT 1/8 Series 2. Drag Race competitors from around the world take on fan favourites from *RuPaul's Drag Race UK*. Richard E Grant joins the judging panel, alongside Alan Carr and Michelle Visage. Series 1 is available on iPlayer. See p101. Repeated 2.30am (S) (HD)

10.15 Domino Day 1/6. A young witch with extraordinary powers is looking for a community who can help her understand who she is. (S) (AD) (HD)

11.00 2/6. After a close call, Sammie manages to convince Domino to meet with her coven. The series is available on iPlayer. See choice, page 71. (S) (AD) (HD)

11.45 In My Skin 4/5 Series 2. Bethan once again finds herself caring for her mother. (S) (HD)
12.15am 5/5. Bethan helps her mother change her life. A box set is on iPlayer. (S) (HD)
1.00 Fresh Cops (S) (HD) **1.30** Young MasterChef (S) (AD) (HD) **2.30-3.45am** RuPaul's Drag Race UK vs the World (S) (SL) (HD)

BBC3 Freeview 23/HD 107 (not Scot/Wales) **Freesat** 107 Sky 115 (117 Wales; 121 Scotland) **Virgin** 107 (157 Scotland/Wales)

ITV2

6

6.00am CITV (S) (HD) **9.00** Chuck (S) (HD)
10.00 One Tree Hill: two episodes (S) (HD)
12 noon Secret Crush (S) (HD) **1.00pm** Dress to Impress (S) (HD) **2.00** Family Fortunes (S) (HD)
3.00 Chuck (S) (HD) **4.00** One Tree Hill (S) (HD)
6.00pm **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show as Fiona Bruce, Josie Gibson and Scott Mills try to guess the phrases. (S) (AD) (HD)
7.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order. (S) (HD)
8.00 **Superstore** 22/22 Series 2. Everyone in the store is on edge as Glenn tries to work out which employees to lay off. (S) (AD) (HD)
8.30 1/22 Series 3. The employees prepare for the grand re-opening. (S) (AD) (HD)
9.00 **New. Love Island: All Stars** The returning islanders come to the end of another dramatic week in the villa. (S) (HD)
10.05 **Shopping with Keith Lemon** Keith travels to Gateshead to do the big weekly shop with Chris and Rosie Ramsey. (S) (HD)
10.35 **Family Guy** Series 17. Brian falls in love with a woman called Jess. (S) (AD) (HD)
11.05 Series 16. Peter and the gang are forced to join the US Coast Guard. (S) (AD) (HD)
11.30 **American Dad!** Series 13. Stan assumes the roles of Roger's personas when Roger becomes incapacitated. (S) (AD) (HD)
12 **midnight** Series 16. Stan and the family go out to dinner at a buffet restaurant, and Roger becomes a flower. (S) (AD) (HD)
12.30am **Superstore**: double bill (S) (AD) (HD)
1.25 The Stand Up Sketch Show: double bill (S) (HD) **2.25** Totally Bonkers Guinness World Records (S) (HD) **2.45-3.00am** Unwind (S) (HD)
ITV2 Freeview 6 Freesat 113 Sky 118 Virgin 115
+1 Freeview 29 (7am-2am) Freesat 114 Sky 218 Virgin 315

ITV3

10



Doc Martin 8.00pm Sandra Mylow (Julia St John) sets up a rival practice

6.00am Classic Emmerdale (S) **7.30** Classic Coronation Street (S) (AD) **8.00** Where the Heart Is: 12/16 Series 4. *Over the Rainbow*. Dick and Cheryl make a breakthrough. Repeated 12.45am; **9.10** 13/16. *Modern Love* Henry and Jess's meal proves productive. Repeated 1.40am (S) (AD) **10.20** Agatha Christie's Poirot: *The Veiled Lady*. The detective tackles a blackmailer (S) (AD) (HD) **11.25** The Royal. Repeated 11.55pm (S) (AD)
12.30pm Heartbeat: 17/24. A death in custody causes problems for Mike (S) (AD) **1.40** Classic Emmerdale: double bill. Charity vows revenge on Sadie, then Tom vanishes, leaving Sadie fearing the worst (S) **2.40** Classic Coronation Street: Les throws Cilla out of the house (S) (AD) **3.45** Midsomer Murders: Series 14. *The Oblong Murders* John Barnaby is called in after Lucy Oliver, a member of new-age cult the Oblong Foundation goes missing (S) (AD) (HD)

5.50pm Downton Abbey 7/9 Series 6. The family witness a shocking turn of events. (S) (AD) (HD)

6.55 Heartbeat 18/24 Series 7. Eternal bachelor Greengrass (Bill Maynard) falls in love with an aristocratic female poacher. (S) (AD)

8.00 Doc Martin 3/9 Series 2. *Blood Is Thicker*. Dr Ellingham visits a family with a passion for taxidermy after they contract stomach trouble. (S) (AD) **9.00 4/9. Aromatherapy**. The grouchy GP finds cause for concern in DJ Caroline Bosman's unpredictable behaviour. (S) (AD)

10.00 Trail and Retribution VI 2/2. In a grim turn of events, the tooth of the abducted woman is found in the debris from a wood chipper, while Walker's ex-wife's boyfriend turns psychotic. (S) (HD)

11.55 The Royal 2/12 Series 4. Nigel Harper prepares for the arrival of an important private patient. Shown 11.25am (S) (AD)

12.45-2.30am Where the Heart Is Shown 8am/9.10am (S) (SL) (AD) (HD)

ITV3 Freeview 10 Freesat 115 Sky 119 Virgin 117
+1 Freesat 116 Sky 219 Virgin 317

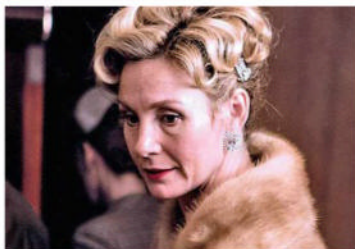
ITV4

26

6.00am The Best of the 80s (S) (HD) **6.10** Minder (S) (SL) (AD) **7.10** The Professionals (S) (SL) (AD) **8.15** The Saint (S) **9.20** The Return of Sherlock Holmes (S) (AD) (HD) **10.30** Magnum, PI (S) (AD) (HD) **11.30** The Saint (S) (AD) (HD) **12.35pm** The Return of Sherlock Holmes (S) (AD) (HD) **1.45** Kojak (S) (HD) **2.50** Magnum, PI (S) (AD) (HD) **3.50** Minder: a businessman hires Terry (S) (AD) **4.55** The Professionals (S) (AD) **6.00pm** **BattleBots** Mammoth locks horns with Hypershock in a showdown between two of the sport's biggest names. (S) (HD)
7.00 **The Chase** **Celebrity Special** Jacqui Oatley, Dev Griffin, Fallon Sherrock and Johnny Vegas tackle one of the fearsome Chasers in an attempt to win thousands of pounds for their chosen charities. (S) (HD)
8.00 **FILM Rocky** ★★★★★ Oscar-winning sports drama written by and starring Sylvester Stallone. Rocky Balboa is a down-on-his-luck boxer scraping a living when he receives a shot at the big time. **Review** p77. (S) (AD) (W) (HD)
10.40 **New. All Elite Wrestling: Dynamite** Action from the world of wrestling. (S) (HD)
12.45am Monster Carp (S) (HD) **1.45** The Motorbike Show (S) (HD) **2.40-3.00am** Unwind (S) (HD)
ITV4 Freeview 26 Freesat 117 Sky 120 Virgin 118
+1 Freesat 118 Sky 220 Virgin 318

Drama

20



Father Brown 8.00pm Lady Felicia is caught up in a hostage situation

7.10am All Creatures Great and Small Rptd 4.10pm (S) **8.00** Doctors: double bill. Mac has surprising news, then Faith reminisces with an elderly patient **9.20** Classic Holby City: Serena faces a dilemma Rptd 2.50am (S) (HD) **10.40** Classic Casualty: Jude reveals she is pregnant (S) **11.40** The Bill: Jack Meadows and Jo Masters confront Colin Fairfax
12.40pm Classic EastEnders: double bill. Zoe seeks advice from Den, then Ian feels rejected **2.00** Monarch of the Glen: 2/10 Series 4 The wildlife centre prepares to open (S) **3.10** Kingdom: 6/6 Series 2. Beatrice returns with her baby girl! Repeated 2am (S) **4.10** All Creatures Great and Small: 12/13 Series 1 *Practice Makes Perfect*. James discovers a secret about Angus Grier. Shown 7.10am (S) **5.20** Terry and June: 3/6 Series 3 Terry dresses up for a dinner party

6.00pm As Time Goes By 5/10 Series 4. **Welcome News** A Hollywood producer arrives in town. (S)

6.40 **Last of the Summer Wine** Series 30. **Will Stella Find True Love** with Norris Fairburn? Hobbo decides to find a suitor for Stella. (S) (HD)

7.20 **Will Randolph Make a Good Impression?** Hobbo continues his quest to find a man for Stella. (S) (HD)

8.00 Father Brown 1/10 Series 7. **The Great Train Robbery** Lady Felicia and Mrs McCarthy are taken hostage during a train robbery. (S) (AD) (HD) **9.00 2/10. The Passing Bell**. The sleuth tries to solve a case involving a musical director for St Mary's bell-ringers. (S) (AD) (HD)

10.00 New Tricks 1/10 Series 9. **A Death in the Family** Jack reveals he is quitting. (S) (AD) (HD)

11.20 Spooks 3/10 Series 4. **Divided They Fall**. Adam and Fiona infiltrate a political party. (S) **12.40am** **Hustle: 5/6 Series 5**. A drop-in centre's manager is betrayed by an MP (S) (HD) **2.00** Kingdom. Shown 3.10pm (S) **2.50-4.00am** Classic Holby City. Shown 9.20am
Drama Freeview 20 Freesat 158 Sky 143 Virgin 116
+1 Freeview 60 Sky 243 Virgin 316

ITVBe

28

7.00am Billie and Greg: the Family Diaries (S) (AD) (HD) **8.00** Masters of Flip (S) (HD) **9.00** LittleBe: children's programmes (HD)
12 noon Sugar Showdown (S) (HD) **12.25pm** The Real Housewives of Beverly Hills (S) (HD) **1.20** The Only Way Is Essex (S) (HD) **2.00** Buying and Selling (S) (HD) **3.00** Million Dollar Listing: NYC (S) (HD) **4.00** The Real Housewives of Atlanta (S) (HD) **5.00** **New.** The Real Housewives of New Jersey (S) (HD)
6.00pm **Masters of Flip** Kortney and Dave Wilson renovate an old farmhouse. (S) (HD) **7.00** **Million Dollar Listing: NYC** Steve digs into his own funds to save a failing deal. (S) (HD) **8.00** **James Martin's Spanish Adventure** The chef visits Santiago de Compostela and explores the local market. (S) (AD) (HD)
9.00 **Botched** Nicole Eggert hopes to have breast reduction surgery. (S) (AD) (HD) **10.00** The doctors assist a female bodybuilder who wants to look more feminine. (S) (AD) (HD) **11.00** **Singletown** It's the final day and the last Love Locket ceremony sees the singletons make a life-changing decision. (S) (HD)
12.05am The Only Way Is Essex (S) (HD) **12.50-1.00am** Unwind (S) (HD)
ITVBe Freeview 28 Freesat 119 Sky 131 (132 Scotland) Virgin 119 **+1** Virgin 319

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



More4

18



Astrid: Murder in Paris 9.00pm A puzzling case for Astrid and Raphaëlle

8.55am A Place in the Sun **10.25** A New Life in the Sun **11.25** Find It, Fix It, Flog It (AD) **12.30pm** Come Dine with Me: in Sheffield (AD) **3.10** Four in a Bed: five editions **5.50** Kirstie and Phil's Love It or List It (AD)

6.55pm **Escape to the Château** Dick and Angel plan to realise their dream of having a tranquil, conservatory-style winter garden room at the back of their property. (AD)

7.55 **Grand Designs** Following a year that included an exceptionally wet winter, Kevin McCloud returns to the Thames in Buckinghamshire to see how Britain's first amphibious house is faring. (AD)

9.00 **Astrid: Murder in Paris 2/8 Series 2** A Japanese gallery owner is found dead, with his little finger sliced off. As the duo consider why he might have done this to himself, the evidence soon begins to point to a potential connection with the Yakuza. French +subtitles. **10.10** **24 Hours in A&E** Brendan, aged 31, has broken both wrists and injured his testicles after a head-on collision between his motorbike and a car. Teenager Alex has injuries to his hand after hitting a window. (AD) **11.15** Brain injuries feature in this visit to King's College A&E department. Charlie Brown, a 65-year-old cabbie, was treated for head injuries after a crash two days ago, but he hasn't been the same since. (AD)

12.15am Eight out of Ten Cats Does Countdown **1.20** 24 Hours in A&E: double bill (AD) **3.25-3.55am** A Farmer's Life

More4 F'view 18 F'sat 124 Sky 136 (137 Scotland) Virgin 147 **+1** Freesat 125 Sky 236 (237 Scot) Virgin 347

E4

13

6.00am Hollyoaks Shown Wed/Thu 7pm (AD) **7.00** Ramsay's Kitchen Nightmares USA (SL) **9.00** Brooklyn Nine-Nine (AD) **10.00** The Big Bang Theory (AD) **11.00** Modern Family **12 noon** The Big Bang Theory (AD) **2.00pm** Brooklyn Nine-Nine (AD) **3.00** Modern Family **4.00** Young Sheldon: double bill (AD) **5.00** The Big Bang Theory: double bill (AD) **6.00pm** **The Big Bang Theory 21/24** Series 12. Sheldon and Amy face a dilemma. (AD) **6.30** **22/24**. Leonard is pleasantly surprised when his mother shows her kind side. (AD) **7.00** **Hollyoaks** Ste is confronted with the truth about his involvement in Ella's death. (AD) **7.30** **Modern Family 14/24** Series 1. Claire feels inadequate when an old friend visits. **8.00** **New. Below Deck Down Under** The crew enjoys a day off on a crocodile safari. **9.00** **Gogglebox: Celebrity Special for SU2C** Opinions on *The X Factor*, *University Challenge* and *Naked Attraction*. (AD) **10.05** **Celebrity Gogglebox** Offerings include *Hijack* and *Antiques Roadshow*. (AD) **11.05** **Taskmaster** In the final, the contenders contemplate using a hose. (AD) **12.10am** First Dates (SL) (AD) **1.10** **Gogglebox: Celebrity Special for SU2C** (AD) **2.15** **Celebrity Gogglebox** (AD) **3.10** **Below Deck Down Under** **4.05** **Ramsay's Kitchen Nightmares USA** (SL) **5.00-6.00am** How I Met Your Mother (AD)

E4 Freeview 13 Freesat 122 Sky 135 (136 Scot) Virgin 106 **+1** Freeview 30 Freesat 123 Sky 235 (236 Scot) Virgin 306 **E4 Extra** F'view 31 F'sat 126 Sky 138 (139 Scot) Virgin 144

Really

17

6.00am Fantasy Homes by the Sea **7.00** Shopping **8.00** Salvage Hunters **10.00** The Great Antiques Challenge **11.00** Antiques Road Trip (AD) **12 noon** Repair Shop **1.00pm** Long Lost Family US **2.00** My 600lb Life **4.00** Animal Cops **5.00** Ambulance (AD) **6.00** Great Antiques Challenge **7.00** Antiques Road Trip (AD) **9.00** **New. Paranormal: Caught on Camera** **10.00** **New series.** Jack Osbourne's Buried Bloodlines **11.00** Ghost Adventures **12 midnight** Spooked Ireland **1.00am** Ghost Adventures **2.00** Shopping **4.00-6.00am** Animal Cops (AD)

Really Freeview 17 Freesat 160 Sky 142 Virgin 128

Sky Arts

36



Tina 9.00pm How Tina Turner staged an incredible career comeback

6.00am Verdi: Stiffelio **8.05** The Joy of Painting **9.05** Tales of the Unexpected **10.05** Alfred Hitchcock Presents **11.05** Discovering: Maureen O'Hara (AD)

12 noon The Joy of Painting **1.00pm** Tales of the Unexpected **2.00** The Art of the Garden **3.00** The Big Design Challenge (AD) **4.00** Discovering: Edward G Robinson (AD) **5.00** Tales of the Unexpected: double bill

6.00pm **Alfred Hitchcock Presents** A patient who has escaped from an asylum breaks into Mary Summers's house. **6.30** Professor Rankin's friends catch him in his cellar, filling in a hole with cement, and suspect he may have killed his wife.

7.00 **The Joy of Painting** Bob Ross paints a mountain scene highlighted with sienna. **7.30** Steve Ross paints a lake scene, and shows how an effective frame can be created by leaving parts of the canvas untouched.

8.00 **Classic Albums** The story behind Meat Loaf's successful 1977 album *Bad Out of Hell*. **9.00** **FILM Tina** ★★★★★ Music documentary that explores the life and music of Tina Turner, leading up to the comeback she made in the 1980s after divorcing husband Ike. (AD) (W)

11.10 **Tina Turner: What's Love Live** The singer's concert at the Blockbuster Pavilion in San Bernardino, California, which was part of her What's Love tour in 1993. **1.25am** Guy Garvey: from the Vaults **2.25** Genesis: the Last Domino? **3.40** Berlin Live: Fun Lovin' Criminals **5.00-6.00am** Auction

Sky Arts Freeview 36 Freesat 147 Sky 130 (131 Scotland) Virgin 140/HD 123 EE 350/HD 365

4seven

49

9.00am Find It, Fix It, Flog It (AD) **10.00** Come Dine with Me in Worcestershire **12.30pm** Everybody Loves Raymond: triple bill (AD) **2.00** Frasier: two episodes (AD) **3.00** The Great House Giveaway **4.00** Château DIY (AD) **5.00** A Place in the Sun **6.00pm** **A New Life in the Sun** In Almería, Graeme and Marianne are suffering from cash flow problems. Shown 4pm Channel 4 **7.00** **George Clarke's Adventures in Americana 3/4**. George explores Florida, starting at NASA's Vehicle Assembly Building. **See choice, p60**. Shown Monday 8pm C4 (AD) **8.00** **999: on the Front Line Ep 2**. A crew is called out to a young woman who has had a seizure on a bus. Shown Tuesday 8pm C4 **9.00** **24 Hours in A&E** Maria is admitted after her car collided with a lamppost. (AD) **10.00** **To Catch a Copper 2/3**. Following cases where police officers are accused of racism and unconscious bias. **See choice, page 61**. Shown Monday 9pm Channel 4 **11.05** **Gogglebox** Including opinions on *In With a Shout* and *Saving Our Wild Isles*. (AD) **12.05am** Opinions on *Britain's Got Talent*. (AD) **1.10** I Literally Just Told You with Jimmy Carr **2.15** Eight out of Ten Cats Does Countdown **3.20** First Dates (AD) **4.15-4.45am** Big Boys

4seven F'view 49 F'sat 127 Sky 137 (138 Scot) Virgin 143

Quest

12

6.00am How Do They Do It? **6.30** Shed and Buried **7.00** The Repair Shop **8.00** American Pickers **10.00** Chasing Classic Cars **11.00** Vintage Voltage (AD) **12 noon** How Do They Do It? **1.00pm** Money for Nothing **2.00** The Repair Shop **3.00** Find It, Fix It, Flog It **4.00** Salvage Hunters **5.00** Salvage Hunters: the Restorers **6.00pm** Wheeler Dealers **7.00** Aussie Gold Hunters **8.00** Salvage Hunters **9.00** Ambulance: a baby who has stopped breathing **10.00** **New. Border Control: Spain** **11.00** How Do They Do It? **12 midnight** Wheeler Dealers **1.00am** Border Control: Spain **2.00** Chasing Classic Cars **3.00** Vintage Voltage (AD) **4.00-6.00am** How It's Made

Quest Freeview 12 Freesat 172/HD 167 Sky 144 Virgin 137 **+1** Freeview 70 Freesat 168 Sky 244 Virgin 337

Yesterday

27



Tony Robinson's Marvellous Machines 9.00pm How we keep time

6.10am Fred Dibnah's Industrial Age **8.00** Abandoned Engineering (AD) **10.00** War Factories **11.00** Narrow Escapes of World War II: the siege of Kohima in 1944 (AD)

12 noon Great American Railroad Journeys: a visit to Boston and Salem **1.00pm** Antiques Roadshow **2.00** Bangers and Cash: Restoring Classics: double bill (AD) **4.00** War Factories **5.00** Narrow Escapes of World War II (AD)

6.00pm **Antiques Roadshow** Fiona Bruce presents the show from Castle Howard. **7.00** **Great British Railway Journeys** The dark side of the Industrial Revolution.

7.30 A journey from Dudley to Bridgnorth. **8.00** **Great Continental Railway Journeys** Michael Portillo travels through Russia.

9.00 **Tony Robinson's Marvellous Machines** The unsung heroes of machines. (AD) **10.00** **Bangers and Cash: Restoring Classics** Dave alerts the team to a 1979 Lotus Esprit S3 in need of a proper recommission. (AD)

11.00 **Abandoned Engineering** Exploring a creepy collection of buildings and monuments hidden in a Parisian park. (AD) **12 midnight** Great British Railway Journeys

1.00am Fred Dibnah's Industrial Age **2.00-3.00am** Guitar Heroes at the BBC

Yesterday Freeview 27 Freesat 159 Sky 155 Virgin 129 **+1** Sky 255 Virgin 329

Dave

19

7.10am Mega Air **8.00** Cops on the Rock: double bill (AD) **10.00** Lazy Boy Garage (AD) **12 noon** Storage Hunters UK **2.00pm** Extreme Fishing with Robson Green: America's eastern seaboard **3.00** Top Gear (AD)

5.00pm **Rick Stein's Far Eastern Odyssey** A culinary journey, beginning in Cambodia. **6.00** The journey continues in Vietnam. (AD)

7.00 **Richard Osman's House of Games** Chizzy Akudolu, Charlie Higson, Kate Williams and Tom Allan compete. **7.35** With Radzi Chinyanganya, Hal Cruttenden, Kerry Godliman and Ebony Rainford-Brent.

8.20 **Would I Lie to You?** With Greg Davies, Konnie Huq, Phil Tufnell and Marcus Brigstocke. **9.00** **QI XL** Bill Bailey, Phill Jupitus and Claudia Winkleman join Alan Davies and host Sandi Toksvig for an extended edition.

10.00 **Have I Got 2021 News for You** Extended edition of the New Year's Eve special. **11.00** **Taskmaster 5/10** Series 7. Jessica Knappett's outlook on life is severely tested. **12 midnight** Release the Hounds **1.00am** Would I Lie to You? **1.35** Schitt's Creek: Johnny and Moira worry about the future **2.15** Meet the Richardsons (AD) **2.45** Richard Osman's House of Games

3.20-4.00am Beat the Internet with John Robins

Dave F'view 19 F'sat 157 Sky 111 (112 Wales) Virgin HD 127 **Dave** **Ja Vu** Freeview 57 Sky 211 (212 Wales) Virgin 327

Sky Mix

11

7.00am Border Security: Canada's Front Line (AD) **8.00** Nothing to Declare **9.00** Motorway Patrol **10.00** UK Border Force (AD)

11.00 Highway Patrol **12 noon** Motorway Patrol **1.00pm** Border Patrol (AD) **2.00** Border Security: Canada's Front Line (AD) **3.00** Nothing to Declare: double bill **4.00** Stargate Atlantis **5.00** Stargate SG-1

6.00pm Star Trek: Enterprise **7.00** Stargate Universe: Chloe prepares her final goodbyes **8.00** Merlin: a warlock sends Mordred to steal a priceless relic (AD) **9.00** **New. Big Little Lies: the truth behind Abigail's "secret project"** comes out. First shown on Sky Atlantic (AD) **10.00** Grimm **11.00** Killer in My Village

12 midnight World's Most Evil Killers: the story of Paul Michael Stephani **1.00am** Caribbean Cops **2.00** Brit Cops: Law & Disorder (AD) **3.00** Highway Patrol **4.00** Motorway Patrol

5.00-6.00am Highway Cops: double bill

Sky Mix Freeview 11 Freesat 144 Sky 151 Virgin 135

5 USA

21

9.00am NCIS (AD) **9.55** Entertainment News **10.00** NCIS (AD) **11.55** Entertainment News **12 noon** Law & Order: six episodes

6.00pm **NCIS Series 1**. Four episodes. A sailor's body is discovered. **7.00** A hunter finds the mummified body of a navy lieutenant **8.00** Two sailors are found dead **9.00** A partially dissolved body is found in a bath of acid (AD)

10.00 **Law & Order: Special Victims Unit Series 16**. Double bill. A Hollywood starlet is accused of statutory rape, then a young man with a vendetta against women seeks revenge

12 midnight **Law & Order: Special Victims Unit** two further episodes **1.55am** **Murder, She Wrote** (AD) **3.35-4.00am** **Criminals: Caught on Camera** (AD)

5 USA F'view 21 F'sat 129 Sky 141 Virgin 120 (162 Scot) **+1** Freesat 130 Sky 241 Virgin 320

5 Star

32

8.00am Bargain-Loving Brits in the Sun (AD) **9.00** Rich Kids Go Skint **10.00** The Cruise: Below Deck **11.00** Nightmare Tenants, Slum Landlords **12 noon** Traffic Cops **2.00pm** Police Interceptors: triple bill **5.00** Car Pound Cops: Give Me My Car Back!

6.00pm **Home and Away** Eden worries for Cash's career after he missed his own suspension review. Shown 1.45pm Channel 5 (AD) **6.30** **New. Levi** is a rock for Mackenzie, while Justin struggles with Leah's decision. (AD)

7.00 **GPs: behind Closed Doors** The work of doctors at a medical practice. (AD) **8.00** **Casualty 24/7: Every Second Counts** Sister Bernita Wainwright clocks on to find that A&E is extremely busy.

9.00 **FILM Tomb Raider** ★★★★★ Adventure starring Alicia Vikander and Dominic West. **11.20** **FILM Scary Movie 3** ★★ Horror spoof sequel starring Anna Faris that takes pot shots at *The Ring*, *The Matrix* and *Signs*.

1.00am **Adults Only: Sex Dolls Gone Wild 2.00** Kill Thy Neighbour **2.50** Evil Up Close: Women Who Kill (AD) **3.35-4.00am** Home and Away (AD)

5 Star Freeview 32 Freesat 131 Sky 128 (129 Scotland) Virgin 126 **+1** Freesat 141 Sky 228 (229 Scot) Virgin 326

5 Action

33

9.00am **Criminals: Caught on Camera**: using CCTV to fight crime. (AD) **9.25** Outback Truckers **10.25** Traffic Cops **11.20** Police Interceptors

12.25pm **FILM** Rage at Dawn ★★ Western **2.10** **FILM** Death of a Gunfighter ★★★★★ **4.00** Outback Truckers **5.00** Traffic Cops **6.00pm** **Police Interceptors** A have-a-go hero helps to tackle a runaway drug driver.

7.00 A motorist calls the police to report one of the officers for stealing his car. **8.00** **Motorway Cops: Catching Britain's Speeders** PC Andy Doran chases thieves on the run from a robbery in Ellesmere Port.

9.00 **Police: Night Shift 999** Officers hunt for a car linked to an Albanian crime gang. **10.00** **Behind Bars: World's Toughest Prisons** Cameras focus on Zenica, the toughest prison in Bosnia and Herzegovina.

11.00 **World's Most Dangerous Prisoners** How Jaime Osuna was sent to prison after the torture and murder of a mother of six. **12 midnight** Ultimate Police Interceptors (AD)

1.00am **World's Deadliest Weather: Caught on Camera 2.00** Trucking Hell: double bill (AD) **3.55-4.00am** Entertainment News

5 Action Freeview 33 Freesat 132 Sky 150 Virgin 130

5 Select

46

9.00am The Yorkshire Vet **3.00pm** Murder, She Wrote (AD) **4.00** Columbo: A Self Portrait **6.00pm** **Eggheads** The Afflicted give the mighty Eggheads as much trouble as possible.

6.30 Brahms and Liszt Challenge hope to take home the cash prize by beating the experts. **7.00** **Our Yorkshire Farm** Clemmie comes to the aid of a lamb with a broken leg.

8.00 **Britain's Favourite 70s Sitcoms** Celebrating the funniest sitcoms of the 1970s including *The Good Life* and *Fawlty Towers*. **9.00** **When 70s TV Goes Horribly Wrong** This two-hour special explores the less-than-perfect moments from 1970s TV.

11.05 **Are You Being Served?: Secrets and Scandals** Behind the scenes of the sitcom. **12.05am** Forged in Fire: four editions **3.50-4.00am** Entertainment News

5 Select F'view (HD only) 46 F'sat 133 Sky 153 Virgin 138

FREEVIEW TV and film channels continue overleaf

FRIDAY Freeview & films

W 25



Gavin & Stacey 11.00pm Dawn and Pete say "I do" – again

6.10am James Martin's Food Map of Britain (AD) **7.00 New** My Kitchen Rules South Africa: culinary showdown **8.00** Tipping Point **11.00** DIY SOS: the Big Build **1.00pm** Tipping Point **4.00** My Dream Home

6.00pm MasterChef Australia The contestants face a service task inspired by French cuisine.

7.30 Inside the Ambulance A man collapses while playing bingo two days before his wedding.

8.00 999 Rescue Squad A truck drives through a motorway barrier, hitting another car head-on. (AD)

9.00 24 Hours in A&E A cyclist is rushed to A&E after a collision. **10.00** An 11-year-old is rushed to A&E after being hit by a motorbike.

11.00 Gavin & Stacey Pete and Dawn renew their wedding vows. **11.40** The gang visits the beach. **12.20am** Nessa and Dave's wedding day arrives. (AD)

1.00 Inside the Ambulance (AD) **2.00–3.00am** MasterChef Canada: Back to Win: a three-round skills test **W** F'view 25 F'sat 156 Sky 132 (133 Scotland) Virgin 125 +1 Sky 232 (233 Scotland) Virgin 325

HGTV 44

7.00am The Great Interior Design Challenge **8.00** Love Your Garden **9.00** A Place in the Sun **10.00** Escape to the Country **11.00** Building the Dream **12 noon** The Great Interior Design Challenge **1.00pm** Bargain Mansions (AD) **2.00** Flip or Flop: double bill **3.00** Good Bones **4.00** Escape to the Country **5.00** Love Your Garden **6.00pm** Salvage Hunters: the Restorers **7.00** Money for Nothing **8.00** Escape to the Country **9.00** Good Bones: Mina and Karen struggle to renovate a crumbling house **10.00** My Lottery Dream Home **11.00** Bargain Mansions (AD) **12 midnight** A Place in the Sun **1.00am** The Great Interior Design Challenge **2.00** Building the Dream **3.00–4.00am** My Lottery Dream Home **HGTV** F'view 44 F'sat 166 Sky 158 Virgin 191 +1 Sky 258 Virgin 391

London Live 8

Available in London area only. Other regional stations are available on Freeview 7 or 8

6.00am Taste of Shakespeare **6.45** Secrets of London **7.00** Forgotten Frontlines **8.00** Pet Island **8.30** Poh & Co **9.00** Bizarre Pet Vets **10.00** The Truth about... Anxiety **11.00** A Bit of a Do **12.15pm** Squad Goals **1.00 FILM** Martin's Day ★★ **3.00 FILM** It Always Rains on Sunday ★★★★★ (BW) **4.50** London Districts **5.00** William and Mary **6.00** News **7.00** Monkey **8.00** Hairy Bikers' Pubs That Built Britain **8.45** Secrets of London **9.00** Murder in Suburbia **10.00 FILM** Another WolfCop ★★ **11.40 FILM** Eden Lake ★★ **1.25am** The Firm **3.00** Pet Island **3.30** News Rewind **5.00–6.00am** Talking Points

London Live F'view 8 Sky 117 Virgin HD 159

FREEVIEW channels continued from overleaf

Food Network 43



Beat Bobby Flay 9.00pm Aerin Zavyrov adds some spice

6.00am Giada at Home (AD) **7.00** The Pioneer Woman **8.00** Valerie's Home Cooking **9.00** Barefoot Contessa: back to Basics (AD) **10.00** Roux Down the River **11.00** Hairy Bikers' Mississippi Adventure (AD) **12 noon** The Great British Bake Off **2.00pm** James Martin's Brittany: two episodes **3.00** Rick Stein's French Odyssey: Cabin Fever **4.00** Barefoot Contessa: back to Basics (AD) **5.00** The Pioneer Woman **6.00pm** James Martin's Brittany: double bill. Fresh seafood, then a vegetarian risotto **7.00** The Great British Bake Off: twelve contestants take on cake week in an edition from 2014 **8.00** Hairy Bikers' Mississippi Adventure: the duo visit New Orleans (AD) **9.00 New** Beat Bobby Flay: double bill. Chefs Noah Zangler and Aerin Zavyrov pummel Bobby with pranks, then chefs Saif Rahman and Carolina Gomez battle to go up against Bobby **10.00** Rick Stein's French Odyssey **11.00** Diners, Drive-Ins and Dives **12 midnight** Guy's Grocery Games **1.00am** Restaurant: Impossible **2.00–3.00am** Buddy vs Duff

Food Network F'view 43 F'sat 148 Sky 140 (141 Scot) Virgin 190 +1 Sky 149 Sky 240 (241 Scot)

Great TV 50

8.00am Diagnosis Murder: three episodes **11.00** Castle **1.00pm** Sue Thomas: F.B.I. **2.00** The Father Dowling Mysteries **3.00** Diagnosis Murder: double bill **5.00** Murder, She Wrote: double bill **7.00pm** M*A*S*H **9.00** The Avengers: Steed bids farewell to Emma **10.00** Randall and Hopkirk (Deceased) **11.00** The Persuaders! **12 midnight** M*A*S*H: four back-to-back episodes **2.00am** Randall and Hopkirk (Deceased): Jeff loses the ability to see Marty **3.00** The Persuaders! **3.50** Movie News **4.00** Highway to Heaven **4.50–5.00am** Movie News

Great TV Freeview 50 (limited) Freesat 142 Sky 157 Virgin 170 +1 Freesat 143 Sky 257

True Crime Xtra 68

9.00am Murder by the Sea **10.00** Murder Wall **11.00** Medical Detectives **2.00pm** Murder: Fight for the Truth **4.00** Medical Detectives: six editions. A boy who ate a burger containing E-coli bacteria **4.30** The capture of a multiple rapist and murderer **5.00** A British couple are reported missing **5.30** Fog on the deadliest highway in America **6.00** The use of DNA in solving crime **6.30** A case of thallium poisoning **7.00** Judge Judy **5.10–6.00am** Medical Detectives

True Crime Xtra Freeview 68 Freesat 134 Sky 147 Virgin 172

BBC Parliament 232

7.00am Westminster Hall **10.00** Live House of Lords **3.00pm** House of Lords **6.00** Select Committees: recorded coverage **9.00** Scottish First Minister's Questions: questions to Humza Yousaf, the First Minister, from Thursday 8 February **9.45** Scottish Parliament: highlights from the Scottish Parliament **1.45am** Welsh First Minister's Questions: to Mark Drakeford **2.45–6.00am** Senedd Cymru: Welsh Parliament

BBC Parliament Freeview 232 Freesat 201 Sky 504 Virgin 605

PBS America 84



Blitz Spirit with Lucy Worsley 7.50pm British women at war

6.00am Putin and the Presidents **7.05** Beautiful Serengeti **7.30** Pandemic: the Flu That Killed 50 Million **8.40** Blitz Spirit with Lucy Worsley **10.35** Putin and the Presidents **11.50** Putin's Crisis **1.00pm** Pandemic: the Flu That Killed 50 Million **2.15** Blitz Spirit with Lucy Worsley **4.15** Putin and the Presidents **5.20** Putin's Crisis

6.35pm Pandemic: the Flu That Killed 50 Million An examination of the 1918 flu pandemic.

7.50 Blitz Spirit with Lucy Worsley Archive footage and readings tell the stories of six people who lived through the Blitz.

9.40 Putin and the Presidents Charting Vladimir Putin's clashes with American presidents.

10.55 Putin's Crisis The story of Vladimir Putin's rise to power.

12 midnight Blitz Spirit with Lucy Worsley **1.55am** The War on Disco **2.50** Putin and the Presidents **3.45** Putin's Crisis **4.40** The War on Disco **5.35–6.00am** Beautiful Serengeti

PBS America F'view 84 (1pm–12 midnight only) Freesat 155 Sky 174 Virgin 187

Blaze 64

6.00am Storage Wars **6.25** Hardcore Pawn **7.20** Close Encounters **7.45** UFO Hunters **8.40** Ancient Aliens **10.40** Strange Evidence **12.35pm** National Park Mysteries **1.35** Unidentified: inside America's UFO Investigation **2.35** Close Encounters **3.00** Hardcore Pawn **4.00** Ancient Aliens **6.00pm** UFO Hunters **7.00** Pawn Stars **8.00** Dickinson's Real Deal **9.00 New** Cracking the Code: how codes and ciphers have been used for millennia **10.00 New** Combat Ships: stories of hospital ships and those who served on them **11.00** History's Greatest Mysteries: the most notorious house in America **12 midnight** Secrets of the Lost Liners **1.00am** Strange Evidence **2.00** UFO Hunters **3.00** Counting Cars **3.45** American Restoration **4.10** Court Cam **5.00–6.00am** Pawn Stars

Blaze F'view 64 F'sat 162 Sky 164 Virgin 174

Challenge 48

7.00am The Crystal Maze **8.00** The Chase **10.00** Cash Trapped (AD) **11.00** Family Fortunes **12 noon** Wheel of Fortune (AD) **1.00pm** Tenable **2.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **3.00** Strike It Lucky **4.00** Bullseye **6.00pm** The Crystal Maze: game show hosted by Richard O'Brien. **7.00** Weakest Link: Anne Robinson hosts the general knowledge quiz **8.00** The Chase: double bill of the game show presented by Bradley Walsh **10.00** Who Wants to Be a Millionaire? Celebrity Special: a celebrity version of the quiz in which stars answer questions to win cash for their chosen charities (AD) **11.00** Bullseye: double bill **12 midnight** Weakest Link **1.00am** Cash Trapped **2.00** The Chase **4.00** Who Wants to Be a Millionaire? Celebrity Special (AD) **5.00–6.00am** Bullseye

Challenge Freeview 48 Freesat 146 Sky 145 Virgin 139

CHILDREN'S

Milkshake! on C5

5.40am Monkey's Amazing Adventures **5.45** Paw Patrol **6.00** Sunny Bunnies **6.05** Brave Bunnies **6.10** Peppa Pig **6.30** Oggy Oggy **6.35** Odo **6.45** Tweedy & Fluff **6.50** Fireman Sam **7.00 New** Thomas & Friends **7.10** Peppa Pig **7.20** Paw Patrol **7.35** Pip and Posy **7.40** Paddington **8.00** Milo **8.15** Paw Patrol **8.35** Pop Paper City **8.45** Animal Care Club **8.55–9.15am** Peppa Pig

Full listings for Channel 5 are on p104

CBeebies 202

6.00am Colourblocks **6.05** Vegosaurs **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.50** Bing **7.00** Colourblocks **7.05** Hey Duggee **7.20** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Alphablocks **8.25** Love Monster **8.35** Messy Goes to OKIDO **8.45** Olga Da Polga **8.55** My Petsaurus **9.00** Bing **9.05** Yakka Deel! **9.15 New** Lu & the Bally Bunch **9.20** Love Monster **9.30** Colourblocks **9.35** Twirlywoos **9.45** Something Special **10.10** Teletubbies **10.20** The Baby Club **10.35** Kiri & Lou **10.40** Roots and Fruits **10.50 New** Vegosaurs **10.55** Bluey **11.00** Supertato **11.10** Let's Go for a Walk **11.25** Nick Cope's Podcast **11.30** Teeny Tiny Creatures **11.45** My First Festival **12 noon** Big Cook Little Cook **12.20pm** Old Jack's Boat **12.35** Number 1 Newton Avenue **12.40** Andy's Dinosaur Adventures **1.00** Yakka Deel! **1.05** Numberblocks **1.10** Alphablocks **1.15** Hey Duggee **1.25** Love Monster **1.40** Colourblocks **1.45** Something Special **2.05** Teletubbies **2.20** Raa Raa the Noisy Lion **2.30** Vida the Vet **2.45** Supertato **2.50** Dog Squad **3.00** Grace's Amazing Machines **3.15** Olga Da Polga **3.25** Small Potatoes **3.35 New** Yukee **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Andy's Global Adventures **4.15** Game Catchers **4.25** Bluey **4.40** Supertato **4.45** Vida the Vet **5.00** Hey Duggee **5.15** Waffle the Wonder Dog **5.25** Sarah & Duck **5.35 New** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Stories

CBeebies F'view 202 F'sat 608 Sky 608 Virgin 702

CBBC 201

7.00am Shaun the Sheep **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35 New** Boy Girl Dog Cat Mouse Cheese **7.45 New** Newsround **7.55** Grizzly and the Lemmings **8.10** Odd Squad **8.25** Monster Loving Maniacs **8.35** Operation Ouch! **9.05** Secret Life of Boys **9.25** Game on Grandparents **9.50** Danny & Mick **10.00** Deadly 60 **10.30** Absolute Genius **11.00** Bitesize Daily **11.20** Out of This World **11.30** Blow Your Mind **11.45** Craft Party **12 noon** Andy's Global Adventures **12.15pm** Go Jetters **12.25** Danger Mouse **12.50** Octonauts **1.00** Waffle the Wonder Dog **1.15** Supertato **1.20** Dennis & Gnasher **1.30** Grizzly and the Lemmings **1.40** Summer Camp Island **1.50** Operation Ouch! **2.20** The Beaker Girls **2.50 New** Pokémon: XY **3.10** Danger Mouse **3.20** Shaun the Sheep **3.30** Ninja Express **3.40** Taffy **3.50** Grizzly and the Lemmings **4.05** Boy Girl Dog Cat Mouse Cheese **4.20** Monster Loving Maniacs **4.30** Odd Squad **4.45** Total Dramarama **5.00 New** Blue Peter **5.30 New** Horrible Histories **6.00 New** The Dumping Ground **6.25** The Next Step **6.50–7.00pm** Blue Peter Challenges

CBBC F'view 201 F'sat 607 Sky 607 Virgin 701

ITV Kids

Streamed on ITVX Kids, plus on ITV2 6am–9.00 and on ITVBe 9am to 12 noon

ITV2 **6.00am** Craig of the Creek **6.15** DC Super Hero Girls **6.25** Teen Titans Go! **6.50** Looney Tunes Cartoons **7.20–9.00am** Scooby-Doo

ITVBe

9.00am Chloe's Closet **9.15** Driftwood Bay **9.25** Mumfie **9.35** The Hive **9.45** Percy's Tiger Tales **10.00** Oddbods **10.10** Happy the Hoglet **10.20** The Sound Collector **10.25** Sooty **10.40** Pingu in the City **10.50** Bob the Builder **11.20** Teletubbies Let's Go **11.30** Bugs Bunny Builders **11.45** Momolulu & Friends **11.55–12 noon** Athletics

FILMS

Film4 14

11.00am The Last Hurrah ★★ Spencer Tracy revels in his role as a loquacious mayoral candidate in this occasionally sentimental political drama. **Review, right.** (1958, U) (S)

1.25pm Journey to the Center of the Earth ★★★★★ Lavish, well-crafted adaptation of Jules Verne's classic sci-fi adventure in which explorers find a lost world. **Review, right.** Pat Boone (1959, U) (S) (AD) **4.05 Congo** ★ Misfiring jungle adventure based on the Michael Crichton novel. Dyan Walsh (1995, 12) (S) (AD)

6.15pm Star Trek into Darkness ★★★★★ A rogue Starfleet officer is pursued by Kirk and the *Enterprise* crew in this warp-speed sci-fi sequel. **Review, right.** Zachary Quinto (2013, 12) (S) (AD)

9.00 Deadpool 2 ★★★★★ Ryan Reynolds is back as the smart-mouthed mutant in a superior sequel that sees him assemble his own team to save a mutant boy. Josh Brinlin (2018, 15) (S) (AD)

11.20 Die Hard ★★★★★ Gripping, no-holds-barred action thriller in which a lone cop takes on a band of ruthless terrorists inside a newly constructed skyscraper. Bruce Willis (1988, 15) (S) (AD)

2.00–3.50am Benjamin ★★ Casually witty drama from comedian Simon Amstell, starring Colin Morgan as a film-maker who is struggling to follow his swooned-over debut. Phénix Brossard (2018, 15) (S) (AD)

Film4 Freeview 14 Freesat 300 Sky 313 Virgin 428 +1 F'view 47 F'sat 301 Sky 314 Virgin 430

Talking Pictures TV 82

6.00am Enter Inspector Duval ★★ Shambling British crime flick starring Anton Diffring. (1961, U) (S) **7.15 Carry On Admiral** ★★ Unremarkable and very British comedy. David Tomlinson (1957, U) (S) **8.55 Be My Guest** ★★ Spirited little pop-music drama starring a young David Hemmings. (1965, U) (S) **10.30 Clash by Night** ★ Bargain-basement crime drama. (1963, PG) (S) **12 noon Doodlebug Summer: Vengeance** TV documentary. **12.35pm Ruth Ellis and the Mystery Lover** TV documentary. **2.10 Treasure of the Golden Condor** ★★ Cornel Wilde seeks his fortune to help reclaim his birthright in this colourful adventure. (1953, U) (S) **4.00 A Lifetime Ago with the Baim Collection** A look at interior design. **4.25 Waterloo Road** ★★ Stodgy wartime drama. John Mills, Stewart Granger (1944, PG) (S)

6.00pm Druggumidge TV drama starring Jon Pertwee. (S) **6.30 Fireball XL5** TV adventure. **7.05 Grand National Night** ★★ Nimble plotted and pleasingly played thriller. Nigel Patrick (1953, PG) (S)

9.05 The Vault of Horror ★★ Fiendishly fun portmanteau horror in which five men each tell a tale. **Review, right.** Daniel Massey (1973, 15) (S)

11.00 The Dark ★★ A nasty killer alien tears a bloody path through Los Angeles. William Devane (1979, 15) (S)

12.55am Raw Deal ★★★★★ Brisk, violent B-movie thriller in which a gangster breaks out of prison and hunts down the man who framed him. Dennis O'Keefe, Claire Trevor (1948, PG) (S)

2.30 Ramrod ★★ Solid western with a film noir feel. Veronica Lake, Joel McCrea (1947, PG) (S) **4.25 A Hole Lot of Trouble** ★★ Unadorned comic short. Arthur Lowe (1969) (S) **5.00–6.00am Saints and Sinners** TV drama.

Talking Pictures TV Freeview 82 Freesat 306 Sky 328 Virgin 445

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED



FILM REVIEWS



FILM
OF THE
DAY

Papillon ★★★★★

9.00-11.50pm **Great Movies**

15

DRAMA The 1973 adaptation of Henri Charrière's autobiographical bestseller featured Steve McQueen and Dustin Hoffman as convicts condemned to life on Devil's Island, a hellish penal colony in French Guiana. This captivating remake follows the same 1930s-set story arc, with Papillon (Charlie Hunnam), a Parisian safecracker framed for murder, utilising the help of a wealthy forger, Louis Dega (Rami Malek), as he makes his bid for freedom. It's a brutal film about the strength of the human spirit, but, above all, it is a story of friendship. **STEPHEN CARTY** (CzRep/Sp/US 2017, violence, swearing)

The Last Hurrah ★★★★★

11.00am-1.25pm **Film4**

U

DRAMA Spencer Tracy stars in John Ford's film as an old-time political operator standing for mayor one last time, and observed with wide-eyed approval by his nephew, Jeffrey Hunter. Tracy relishes turning on the Irish-American blarney, although, as is so often the case with Ford, the director lets sentimentality intrude on proceedings. **ADRIAN TURNER** (US 1958, BW, HD)

The Proud Rebel ★★★★★

1.00-3.10pm **Great Action**

U

WESTERN This film was Alan Ladd's finest achievement following *Shane*. He plays the father of a boy (played by Ladd's own son, David) who is rendered mute after witnessing his mother's death in the Civil War. The search for a cure drives the film, which also features Olivia de Havilland as a kindly farmer, and it's directed with quiet mastery by Michael Curtiz. **ALLEN EYLES** (US 1958)

Journey to the Center of the Earth ★★★★★

1.25-4.05pm **Film4**

U

ADVENTURE This lavish adaptation of Jules Verne's classic tale sees James Mason leading an expedition into a volcano shaft and finding large mushrooms,

giant lizards, an underground ocean and the lost city of Atlantis. Bernard Herrmann's fabulous music sets the mood for the spirited adventure, with the accent firmly on wholesome light-heartedness rather than vivid Verne danger. **ALAN JONES** (US 1959, HD)

Phenomenon ★★★ 6.25-9.00pm **Great Movies**

PG

FANTASY A strange light in the sky gives unassuming small-town mechanic John Travolta paranormal powers in this feel-good sci-fi fable. As scientists attempt to evaluate his sudden escalation to genius, Travolta attempts to woo divorced single mother Kyra Sedgwick. If you can tolerate all the tear-jerking, you'll be rewarded with some genuinely funny moments. **AJ** (US 1996, edited for language)

The Vault of Horror

★★★★ 9.05-10.55pm

Talking Pictures TV

15

HORROR Five men trapped in a mysterious basement room following a trip in a lift tell each other their recurring nightmares in this ghoulish companion piece to *Tales from the Crypt*. The cast has a touch of class, with a pre-*Doctor Who* Tom Baker as a vengeful painter and Terry-Thomas and Glynis Johns in a tale of domestic

bliss that goes savagely and horribly wrong. **JEREMY ASPINALL** (UK 1973, violence)

Safe House ★★★

10.45pm-12.40am **ITV1**

15

THRILLER Director Daniel Espinosa's well-handled chase movie sees the world of CIA rookie Ryan Reynolds turned upside down after rogue agent Denzel Washington is captured and delivered to his Cape Town safe house. Before an interrogation can take place, the bolt hole is attacked, forcing the pair to run for their lives. **TERRY STAUNTON** (US/Safr 2012, violence, swearing, HD)

Don't Look Now ★★★★★

11.05pm-12.50am **BBC2**

15

(not showing in Wales)

HORROR This supernatural chiller offers a time-distorted vision of terror in wintertime Venice. After the death of their daughter, Julie Christie and Donald Sutherland take their grief to Italy, only to be haunted by the spectre of their child. This is director Nicolas Roeg's masterpiece – the fear-drenched mood is sustained right up until the unforgettable finale. **TOM HUTCHINSON** (UK/It 1973, violence, swearing, a sex scene, nudity, HD)

Meet the Parents ★★★★★

11.05pm-1.10am **C4**

12

COMEDY Director Jay Roach's wonderfully cringe-worthy romp sees Ben Stiller endure the weekend from hell when he is invited by his girlfriend (Teri Polo) to a family wedding at the home of her parents (Robert De Niro and Blythe Danner). Despite the clichéd set-up, the sheer class of the cast elevates the film into something special. **LORIEN HAYNES** (US 2000, swearing, HD)

Sky Cinema picks

Philadelphia ★★★★★

4.10-6.20pm **Sky Drama**
Oscar-winning drama. (1993, 12)
Sky 310; Virgin 410; BT 510/524

2012 ★★★

8.00-10.45pm **Sky Action**
The Earth is toast! (2009, 12)
Sky 306; Virgin 406; BT 506/520

The Dictator ★★★ 9.55-

11.30pm **Sky Cinema Comedy**
Gross-out satire from Sacha Baron Cohen. (2012, 15)
Sky 308; Virgin 408; BT 508/522

Films to stream from p32
Netflix, Amazon, Disney+ and more

Great Movies 34

9.00am Gone Missing ★★ Chalk-and-cheese mums team up to find their daughters. Daphne Zuniga, Lauren Bowles (2013) **11.00 The Lease** ★★ Twist-packed thriller. Haylie Duff (2017) **1.05pm Obsessed with the Babysitter** ★★ The psychologist has issues. (2021) **3.00 A Dangerous Date** ★★ Online dating can be deadly. Jillian Murray (2018) **4.40 Deadly Vengeance** ★★ A one-night stand turns sinister. Gina Holden (2019) **6.25pm Phenomenon** ★★ A light in the sky gives small-town mechanic John Travolta paranormal powers. **Review, right.** (1996, PG) **9.00 Papillon** ★★★★★ Captivating remake of the harrowing 1973 prison drama. **Film of the Day, right.** Charlie Hunnam, Rami Malek (2017, 15) **11.50 Killerman** ★★ Gritty, good-looking thrill-ride starring Liam Hemsworth as an amnesiac criminal. Emory Cohen (2019, 15) **2.10am Stranger in the House** ★★ Cheesy TV-movie thriller. Emmanuelle Vaugier (2016) **4.00-5.40am Killer on the Island** ★★ Routine dream-vacation thriller. Barbie Castro (2018) **Great Movies** Freeview 34 Freesat 302 Sky 321 Virgin 425 **+1 Freeview** 61 (limited 10pm-5am) **Sky** 322

Great Action 42

8.10am Wild West Chronicles **9.20 The Nebraska** ★★ By-the-numbers frontier tale. Phil Carey (1953) **10.45 The Blitz on Cologne** **12 noon** Wild West Chronicles **1.00pm The Proud Rebel** ★★★★★ Michael Curtiz's masterfully directed western. **Review, right.** Alan Ladd, Olivia de Havilland (1958, U) **3.10 Gunfighters** ★★ Randolph Scott plays an aging gunslinger. (1947, PG) **5.00** Wild West Chronicles **5.30 The Bamboo Prison** ★★ Robert Francis faces brutal treatment in a North Korean PoW camp. Brian Keith (1954) **7.10pm Mega Shark vs Mecha Shark** ★★ Cut-price sci-fi horror. Christopher Judge, Elisabeth Röhm (2014) **9.00 Hard Luck** ★★ Violent thriller about a former con dragged back into a life of crime. Wesley Snipes (2006, 18) **11.05 Resident Evil: Apocalypse** ★★ Limp sci-fi action horror sequel. Milla Jovovich, Sienna Guillory (2004, 15) **1.00am Black Butterfly** ★★ A reclusive writer invites a drifter to stay with him. Antonio Banderas (2017, 15) **2.45** The Blitz on London **4.00-5.00am** Battle Honours **Great Action** Freeview 42 (limited) F'sat 305 Sky 323 Virgin 426 **+1 Sky** 324

Great Romance 52

8.00am Puppy Love ★★ Easygoing romance. Candace Cameron Bure (2012) **10.00 Our Dream Wedding** ★★ There's magic in the air. Rachel Hendrix (2020) **12 noon As Gouda as It Gets** ★★ Very cheesy romcom. Kim Shaw (2020) **2.00pm Love Afloat** ★★ A woman inherits a worn-out boat. Alanna Smith, Travis Bravo-Thomas (2022) **4.00 A Slice of Chicago Romance** ★★ Rival pizza joints must unite. Tyler Courtad (2021) **6.00pm Made for You, with Love** ★★★★★ Cosy romance about a seamstress and a photographer. Edy Ganem, Brendon Zub, Clayton Chitty (2019) **8.00 Love Alaska** ★★ A grieving doctor and a struggling army veteran reconnect. Sarah Podemski (2019) **10.00 After the Storm** ★★ Two people get past their differences in this earnest romance. (2019) **12.05am I Do, I Do, I Do** ★★ Groundhog wedding day. Autumn Reeser, Ali Liebert (2015) **2.00** Highway to Heaven **3.10-5.00am Love, Once and Always** ★★ Two exes inherit a house. Amanda Schull, Peter Porte (2018) **Great Romance** Freeview 52 Freesat 303 Sky 319 Virgin 424 **+1 F'view** 63 (limited 10pm-5am) F'sat 304 Sky 320

Sky Premiere

6.10am As 4pm **7.55 Jesus Revolution** ★★ Polished but bland drama. Joel Courtney, Jonathan Roumie (2023, 12) **10.10** As 8pm **12.10pm** As 10pm **2.00 One More Shot** ★★ Lively action thriller sequel. Scott Adkins (2024) **4.00** **Ruby Gillman, Teenage Kraken** ★★ Warm animation about a teenage girl who transforms into a sea beast. Lana Condor, Toni Collette (2023, PG) **5.45 Transformers: Rise of the Beasts** ★★ Noisy, CGI-heavy fantasy. Anthony Ramos, Dominique Fishback (2023, 12) **8.00pm** **The Bricklayer** ★★ Lively but disposable action flick. Aaron Eckhart, Nina Dobrev, Clifton Collins Jr (2023) **10.00 Hypnotic** ★★ Mind-bending pulp sci-fi from cult director Robert Rodriguez. **Review p38.** Ben Affleck, Alice Braga (2023, 15) **11.50 57 Seconds** ★★ Nicely twisty but often outlandish sci-fi thriller. Josh Hutcherson, Morgan Freeman (2023) **1.40am Soft & Quiet** ★★ Taut, discomforting horror thriller. Stefanie Estes, Olivia Luccardi (2022, 18) **3.25 Arthur's Whisky** ★★ Light and likeable fantasy comedy. Patricia Hodge, Diane Keaton, Lulu (2023) **5.15** Sky Cinema Preview **Sky Premiere** Sky 301 Virgin 401 **EE** 501/HD 515 **+1 Sky** 312

Legend 41

8.00am Walker, Texas Ranger **9.00 Knight Rider** **10.00** Star Trek: Deep Space Nine **11.00 The 7 Adventures of Sinbad** ★★ Tacky fantasy. Patrick Muldoon (2010) **1.00pm The Fabulous Journey to the Center of the Earth** ★★ Sluggish version of Jules Verne's classic novel. Kenneth More (1977) **3.00 George and the Dragon** ★★ Family-friendly fantasy adventure. James Purefoy (2004) **5.00** Star Trek **6.00pm** Star Trek: Deep Space Nine TV sci-fi series. **7.00 Knight Rider** TV drama. **8.00 Walker, Texas Ranger** TV action drama with Chuck Norris. **9.00 The Courier** ★★ Olga Kurylenko stars in this vicious action thriller. Gary Oldman (2019, 18) **10.55** **2:22** ★★ Val Kilmer props up this largely amateurish heist-gone-wrong thriller. (2008, 18) **12.55am Dr Jekyll & Sister Hyde** ★★ Bizarre bisexual take on the split personality classic. Ralph Bates, Martine Beswick (1971, 15) **2.50-4.30am The Children** ★★ Two families face a nightmare when their kids turn into killers. Eva Birthistle (2008, 15) **Legend** F'view 41 F'sat 137 Sky 148 Virgin 149

Legend Xtra 69

6.00am As 5pm **8.00 Snowmageddon** ★★ A mysterious snow globe may hold the key to a series of disasters. Michael Hogan, David Cubitt (2011, 12) **10.00 Andromeda** **11.00** The Gambler Returns: the Luck of the Draw: 1/2 TV western drama starring Kenny Rogers **1.00pm G-Loc** ★★ Low-budget and talky British sci-fi about a man who flees Earth and heads for a refugee planet. Stephen Moyer (2020, 12) **3.00 Andromeda** **4.00** The Six Million Dollar Man **5.00** The Gambler Returns: the Luck of the Draw: 2/2 Concluding episode of the TV western **7.00pm Andromeda** TV sci-fi series starring Kevin Sorbo. **8.00 The Six Million Dollar Man** TV sci-fi series with Lee Majors. **9.00 Itsy Bitsy** ★★ Chilling and effectively menacing horror that's a no-go for arachnophobes. Elizabeth Roberts, Bruce Davidson, Denise Crosby (2019, 15) **10.55 Odd Thomas** ★★ Clunky supernatural thriller. Anton Yelchin, Addison Timlin, Willem Dafoe (2013, 15) **1.00-3.00am Itsy Bitsy** As 9pm **Legend Xtra** F'view 69 F'sat 138 Sky 317 Virgin 171 **+1 F'sat** 139 Sky 318 Virgin 371



Sky Showcase



Fantasy Football League
10.00pm With Alex Horne

6.00am Sky News Breakfast **7.00** Breakfast with Anna Jones **8.00** Caught on Dashcam **9.00** Nothing to Declare (AD) **10.00** Strangest Things **11.00** New Kids in the Wild **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** The Simpsons

6.00pm **The Office US 4/19** Series 4. Dwight gives out gifts. **6.30 5/19**. The staff prepare for the new website's launch party.

7.00 **The Simpsons** Double bill. **8.00** **An Idiot Abroad 6/8** Series 1 Karl Pilkington visits Brazil.

9.00 **Ted 1/8**. Comedy spin-off from the film. Ted tries to get expelled from school.

9.25 2/8. Matty decides to evict Blaire after finding out about her drug business. **See page 100.**

10.00 **New. Fantasy Football League 2/8** Series 3. With Alex Horne and Katherine Ryan.

10.35 **Curb Your Enthusiasm 1/10** Series 12. Larry heads to Georgia.

11.20 **Never Mind the Buzzcocks 9/9** Series 3. With Kiell Smith-Bynoe, Danny Goffey and Freya Ridings. (AD)

12.05am The Force: North East **1.00** Brit Cops: Law & Disorder (AD) **2.00** Road Wars (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Motorway Patrol

Sky Showcase Sky 106 Virgin 109
EE 340/HD 355 **+1** Sky 206

Sky Sci-Fi

6.00am Most Haunted: double bill **8.00** Home Shopping **11.00** Merlin **12 noon** Star Trek: Voyager

1.00pm Star Trek: Deep Space Nine **3.00** Merlin **4.00** Stargate SG-1 **5.00** Star Trek: Voyager

6.00pm **Star Trek: Deep Space Nine 24/26** Series 5. A salvage team comes under attack while on a mission to retrieve equipment from an abandoned space station. **7.00 25/26**. Jake and Nog become entangled in intergalactic politics while trying to get hold of a rare baseball card for Sisko in an attempt to lift his spirits.

8.00 **Star Trek: Enterprise 17/24** Series 3. The crew discovers a crashed Xindi-Insectoid ship, which contains a number of eggs that are ready to hatch.

9.00 **SurrealEstate 9/10** Series 2 The Agency must guide a ghost into the light. Meanwhile, Susan is found - but can she be saved? **10.00 10/10**. A changed Susan returns to the Agency and Luke must use his regained powers to try and save the team.

11.00 **Grimm 3/22** Series 3. Nick investigates a series of mysterious deaths in which people exploded, and discovers it may be linked to a centuries-long feud.

12 midnight Day of the Dead **2.00am** Star Trek: Enterprise **3.00** Star Trek: Deep Space Nine **5.00-6.00am** Most Haunted

Sky Sci-Fi Sky 139 (140 Scotland) Virgin 122
EE 348/HD 363 **+1** Virgin 229

Sky Atlantic



Django 11.20pm Have John and Sarah struck it lucky?

6.00am The Guest Wing (AD) **7.55** The Sopranos **10.05** The Wire **12.15pm** Game of Thrones (AD) **1.20** Gomorrah **3.25** The Sopranos

5.35pm **The Wire 7/12** Series 2 Beadie and Freemon monitor traffic at the port. Proposition Joe discusses a deal with Stringer. **6.45 8/12**. McNulty goes on a drunken binge then gets himself assigned to Daniels and Rawls who are trying to intercept one of Sobotka's illegal consignments.

7.50 **Game of Thrones 9/10** Series 6. As the Starks prepare to fight, Davos loses something dear, while Ramsay plays a game and Daenerys faces a choice. (AD)

9.00 **Julia 6/8** Series 2. Julia needs to use her charm once more to preserve WGBH as it gets ready for its annual fundraising.

10.00 **Band of Brothers 7/10** Having notched up a victory at Bastogne, Easy Company is ordered to take the town of Foy.

11.20 **Django 2/10**. After discovering oil under New Babylon, Sarah and John go to Elmdale to ask for a loan. (AD)

12.20am I Know This Much Is True (AD) **1.30** The Outsider (AD) **2.40** Game of Thrones (AD) **3.45** In Treatment **4.15-6.00am** The Guest Wing: double bill (AD)

Sky Atlantic Sky 108 (109 Wales)
EE 342/HD 357 **+1** Sky 208 (209 Wales)

Sky Witness

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Caught on Dashcam

9.00 Stop, Search, Seize (AD) **10.00** Brit Cops: Law & Disorder (AD) **11.00** The Rookie (AD)

12 noon FBI (AD) **1.00pm** FBI: Most Wanted **2.00** Blue Bloods (AD)

3.00 Caught Red Handed

4.30pm **Border Security: Australia's Front Line** Seven editions of the fly-on-the-wall documentary accessing the world of national security and customs at Australia's biggest airports.

8.00 **Blue Bloods 5/21** Series 13 Frank launches an investigation after the Reagan family is harassed, while Danny and Baez get close with an informant. (AD)

9.00 **Law & Order: Special Victims Unit 4/22** Series 24 A home invasion and kidnapping leads the SVU to a shocking discovery. Muncy attempts to fit in with the rest of the squad.

10.00 **Blue Bloods 4/20** Series 12 Jamie faces a backlash from fellow officers when he partners with Erin and Anthony. (AD)

11.00 **The Rookie 14/22** Series 5 Officer John Nolan and Bailey look for a gunman. Aaron struggles to live within his means. (AD)

12 midnight The Good Doctor **1.00am** Coroner **2.00** The Good Doctor **3.00** Chicago PD **4.00** Brit Cops: Law & Disorder (AD) **5.00-6.00am** Road Wars

Sky Witness Sky 107 Virgin 110
EE 349/HD 356 **+1** Sky 207 Virgin 310

Sky Max



Ted 9.00pm John and his pal are going back to school

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow (AD) **8.00** Supergirl **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12 noon** Supergirl **1.00pm** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00** DC's Legends of Tomorrow (AD)

6.00pm **Stargate SG-1 11/20** Series 9. Carter and Orlin search for a vaccine for the plague.

7.00 12/20. Aliens have learned to graft memories from one another.

8.00 **An Idiot Abroad 6/8** Series 1 Karl Pilkington visits Brazil. (AD)

9.00 **Ted 1/8**. Comedy spin-off from the film. Ted tries to get expelled from school.

9.25 2/8. Matty decides to evict Blaire after finding out about her drug business. **See page 100.**

10.00 **New. Fantasy Football League 2/8** Series 3. With Alex Horne and Katherine Ryan.

10.35 **Strike Back: Vendetta 5/10** Series 8. The team races to stop a terrorist attack. (AD)

11.30 **Never Mind the Buzzcocks 9/9** Series 3. With Kiell Smith-Bynoe, Danny Goffey and Freya Ridings. (AD)

12.15am The Force: North East **1.10** Brit Cops: Law & Disorder (AD)

2.00 Road Wars (AD) **3.00** Hawaii Five-0 **4.00** S.W.A.T. (AD) **5.00-6.00am** Highway Patrol

Sky Max Sky 113 (114 Wales) Virgin 111
EE 346/HD 361

Sky Replay

7.00am Sixth Sense with Colin Fry **8.00** Four Weddings (AD) **10.00** Stop, Search, Seize (AD) **11.00** Border Security USA (AD) **12 noon** Highway Cops **1.00pm** Road Wars **2.00** Most Haunted **3.00** MacGyver: double bill **6.00** Stargate Atlantis: double bill **8.00** Highway Cops: double bill (AD) **9.00** Fire Country: the crew stumble across an illegal marijuana farm **10.00** The Russell Howard Hour: topical comedy show **11.00** **ITV CHOICE** Ted: double bill. The bear decides to get expelled from school, then Matty evicts Blaire from his house after finding out about her drug business. **See page 100.** **12 midnight** Fantasy Football League **12.35am** Stop, Search, Seize (AD) **2.15** A League of Their Own: European Road Trip (AD) **3.05** Duck Quacks Don't Echo (AD) **4.00** Four Weddings (AD) **5.00-6.00am** Sixth Sense with Colin Fry

Sky Replay Sky 152 Virgin 156

Sky Crime

6.00am Highway Patrol (AD) **7.00** UK Border Force **8.00** Border Patrol **9.00** Nothing to Declare (AD) **10.00** Caught Red Handed **11.30** Motorway Patrol **12 noon** How I Caught the Killer (AD) **1.00pm** Forensics: Catching the Killer (AD) **2.00** Killer in My Village **3.00** World's Most Evil Killers **4.00** Britain's Most Evil Killers **5.00** Forensics: Catching the Killer (AD) **6.00** How I Caught the Killer (AD) **7.00** World's Most Evil Killers (AD) **8.00** Britain's Most Evil Killers **9.00** Forensics: Catching the Killer (AD) **10.00** Ireland's Most Evil Killers (AD) **11.00** World's Most Evil Killers **12 midnight** Killer in My Village **1.00am** Murders That Shocked the Nation (AD) **2.00** The Real Manhunter: Delroy Grant **3.00** The Killer Within **4.00** Road Wars **5.00-6.00am** Motorway Patrol

Sky Crime Sky 122 (123 Scotland) Virgin 121
EE 349/HD 364 **+1** Sky 222 (223 Scot) Virgin 321

Gold



Dial M for Middlesbrough
10.20pm Gemma and Terry

7.05am Hi-de-Hi! **7.50** Keeping Up Appearances **8.30** My Hero **9.05** Hi-de-Hi! **9.40** Porridge **10.20** Last of the Summer Wine **11.40** Keeping Up Appearances **12.20pm** My Hero **1.00** Porridge **1.35** Dad's Army **2.15** Only Fools and Horses (AD) **3.25** Hi-de-Hi! **4.00** Last of the Summer Wine: double bill **5.20** Porridge

6.00pm **Keeping Up Appearances** Hyacinth plans a nautical supper aboard a borrowed cruiser.

6.40 **Dad's Army** The platoon must guard a telephone line. **7.20** Jones decides to make an honest woman of Mrs Fox.

8.00 **dinnerladies** Dolly gets in a flap about the new uniforms. (AD)

8.35 **Victoria Wood's All Day Breakfast** The comedian's breakfast TV-themed sketch.

9.40 **Mrs Brown's Boys** Agnes worries about Dermot's choice of best man for the wedding.

10.20 **Dial M for Middlesbrough** Draper's Tours duo Terry and Gemma take refuge at a dilapidated caravan park. (AD)

12.20am The Young Ones: Rick finds a girl in his bed **1.10** dinnerladies (AD) **1.50** Victoria Wood's All Day Breakfast **2.55** The Young Ones **3.30-4.00am** Marley's Ghosts (AD)

Gold Sky 110 (111 Wales) Virgin 124
EE 344/HD 359 **+1** Sky 210 (211 Wales) Virgin 324

Sky Comedy

8.00am American Auto **9.00** The Conners **10.00** Run **10.30** Curb Your Enthusiasm **11.40** Ballers (AD) **12.50pm** How to Make It in America (AD) **2.10** Curb Your Enthusiasm **3.20** Ballers (AD) **4.30** Run **5.00** The Conners **6.00** The Office US **7.00** American Auto **8.00** Will & Grace: double bill. Will brings home an ugly garden gnome, then Will takes Elliot to a basketball tournament (AD) **9.00** Curb Your Enthusiasm: Larry heads to Georgia to appear at a prominent businessman's birthday party **9.45** **New**. The Tonight Show Starring Jimmy Fallon **10.45** Ellen DeGeneres: Here and Now: stand-up special taped live at New York City's Beacon Theatre **12 midnight** Insecure (AD) **1.15am** The Comeback (AD) **2.50** Ballers: double bill (AD) **3.50-5.00am** How to Make It in America (AD)

Sky Comedy Sky 114 (115 Wales)
Virgin 112 EE 347/HD 362

Comedy Central

8.00am Most Ridiculous: Cats **8.35** Most Ridiculous: On Vacation **9.00** Blockbusters: BGT Special **9.30** Blockbusters: **10.00** Impractical Jokers: Dinner Party: four episodes **12 noon** Home Improvement: two episodes **1.00pm** Digman! **1.30** Friends: thirteen back-to-back episodes of the US comedy (AD) **9.00** **FILM** Tin Cup **★ ★ ★** Romantic sports comedy starring Kevin Costner and Rene Russo **11.40** Romesh Ranganathan: Irrational Live: the comedian's debut stand-up show from the Hammersmith Apollo **12.40am** Jimmy Carr: Comedy Central Live **1.40** South Park **3.05** Rhod Gilbert's Growing Pains **3.50** Your Face or Mine **4.15-5.00am** Friends (AD) **Comedy Central** Sky 112 (113 Wales)
Virgin 132 EE 345/HD 360 **+1** Sky 212 (213 Wales) Virgin 332

Alibi



CSI: Vegas 10.00pm
Catherine calls in a favour

7.15am Murdoch Mysteries: double bill **9.00** Rizzoli & Isles (AD) **10.00** Unforgettable **11.00** Without a Trace **12 noon** Father Brown (AD) **1.00pm** The Doctor Blake Mysteries **2.00** Murdoch Mysteries **4.00** Rizzoli & Isles (AD) **5.00** Unforgettable **6.00pm** **Without a Trace 13/18** Series 6. Jack goes missing while searching for a doctor with links to a human trafficking operation.

7.00 **Elementary 14/24** Series 5 Shinwell seeks Watson's advice when his daughter asks to see him for the first time in five years.

8.00 **Father Brown 7/10** Series 6 The amateur sleuth uncovers a dark secret when a contestant is murdered at a competition. (AD)

9.00 **Death in Paradise 2/8** Series 6. The Saint Marie Literary Festival is rocked by the death of a young literature student. (AD)

10.00 **CSI: Vegas 5/21** Series 2 All the guests attending an upscale fundraising party for a university science department fall ill. (AD)

11.00 **Justified 4/13** Series 3 Dickie Bennett breaks out of jail with the help of Lance, and goes looking for his late mother's money.

12 midnight **Elementary 1.00am** Unforgettable **2.00-4.00am** Murdoch Mysteries: double bill

Alibi Sky 109 (110 Wales) Virgin HD 114
EE 343/HD 358 **+1** Sky 209 (210 Wales) Virgin 191

Discovery

6.00am How It's Made **7.00** Gold Divers **8.00** Building off the Grid **9.00** Alaska: the Last Frontier **10.00** Richard Hammond's Big **11.00** Wheeler Dealers **1.00pm** Building off the Grid: double bill **3.00** Blowing Up History (AD) **4.00** Alaska: Homestead Rescue **6.00pm** Richard Hammond's Big **7.00** Wheeler Dealers (AD) **8.00** Gold Rush: Parker increases his gold target, pushing Rockstead to the limit **9.00** The Dino Hunters: Clayton and Luke race to excavate two big Triceratops skulls **10.00** Mysteries at the Museum: Don Wildman investigates a haunted home with a chatty poltergeist **11.00** Expedition X: the team investigates a Texas swamp **12 midnight** **Deadliest Catch 1.00am** The Dino Hunters **2.00** Mysteries at the Museum **3.00** Gold Rush **4.00-5.00am** Naked and Afraid: Alone

Discovery Sky 125 (126 Scotland) Virgin 177
EE 320/HD 325 **+1** Sky 225 (226 Scot) Virgin 377

Discovery History

6.00am Expedition Unknown **7.00** How the Universe Works **8.00** Blowing Up History **9.00** Combat Dealers **10.00** Salvage Hunters **11.00** Salvage Hunters: the Restorers **12 noon** Combat Dealers **2.00pm** How the Universe Works **3.00** Salvage Hunters **4.00** Mysteries at the Museum **5.00** Blowing Up History **6.00pm** Combat Dealers **7.00** Expedition Unknown **8.00** Greatest Events of World War II: the German tactic of blitzkrieg **9.00** Combat Dealers: acquiring a rare German Panzer 1 tank **10.00** Salvage Hunters **11.00** World's Greatest Motorcycle Rides **12 midnight** Combat Dealers **2.00am** Salvage Hunters **3.00** Greatest Events of World War II **4.00-5.00am** World's Greatest Motorcycle Rides **Discovery History** Sky 177 Virgin 181
+1 Sky 277 Virgin 381



Sky Documentaries



Hatton 9.00pm The gloves are off: profile of the boxer

6.00am Inside the Freemasons (AD) **7.00** Discovering: Bette Davis (AD) **8.00** The Directors **9.00** Young Guns: the New Tennis Titans **10.00** On the Line: the Richard Williams Story (AD) **11.50** My Icon: Pam Cooke (AD) **12 noon FILM** Sergio Leone: the Italian Who Invented America ★★★★★ (W) **2.00pm** I Am Jackie O (AD) **3.45** My Icon: Jeanette Kwakye (AD) **4.00** The Directors **5.00** Discovering: Bette Davis (AD)

6.00pm **Young Guns: the New Tennis Titans** A profile of the latest generation of tennis stars.

7.00 McEnroe ★★★★★

Tennis star John McEnroe takes us on a late-night walk through New York City and reflects on his life and career. (W)

9.00 Hatton A profile of former boxer Ricky Hatton, charting his journey from the Hattersley estate to headlining in Las Vegas. (AD)

11.00 What's My Name: Muhammad Ali 1/2. Documentary chronicling the extraordinary life of the sporting legend. (AD) **12.40am 2/2.** Charting the events that followed Muhammed Ali's defeat to Joe Frazier in 1971. (AD)

2.10 QPR: the Four Year Plan (AD) **4.00** The Directors **5.00–6.00am** Discovering: Bette Davis (AD)

Sky Documentaries Sky 121 (122 Scotland) Virgin 188 EE 352/HD 367

Nat Geographic

8.00am Food Factory: double bill **9.00** Air Crash Investigation **10.00** Nazi Megastructures **11.00** Megafactories (AD) **12 noon** Car SOS **1.00pm** Ultimate Airport Dubai **2.00** Air Crash Investigation (AD) **3.00** Vikings: the Rise and Fall (AD) **5.00** Car SOS (AD) **6.00pm** Inside Sydney Airport **7.00** Air Crash Investigation: triple bill. An engine failure on Qantas Flight 32 in 2010 **8.00** The missing Malaysia Airlines Flight 370 **9.00** A passenger plane skids off the runway and bursts into flames **10.00** Airport Security: Rome: a DJ is hiding drugs in shower gel **11.00** Air Crash Investigation (AD) **12 midnight** Rewind the 90s **1.00am** Wicked Tuna **2.00** Money Meltdown **2.30** Food Factory: double bill **3.20** Food Factory USA **4.10–5.00am** Secrets of the Zoo: Keeper Tales

Nat Geographic Sky 129 (130 Scotland) Virgin 183 +1 Sky 229 (230 Scot) Virgin 383

Sky History

6.00am American Pickers **7.00** Pawn Stars **10.00** Strangest Things **11.00** Swamp People: Serpent Invasion **1.00pm** Pawn Stars **2.00** Rust Valley Restorers **3.00** Greatest Heists with Pierce Brosnan **5.00** Pawn Stars **6.00pm** American Pickers **7.00** Forged in Fire **8.00** The Bermuda Triangle Enigma: Oris Deley tries to find out what happened to five naval aircraft lost in 1945 **9.00** Secrets of Great British Castles: the history of Caernarfon Castle in Gwynedd **10.00** Ross Kemp: Shipwreck Treasure Hunter **11.00** Secret Wars Uncovered **12 midnight** Pawn Stars **2.00am** Secrets in the Ice **3.00** The Bermuda Triangle Enigma **4.00–6.00am** Greatest Heists with Pierce Brosnan

Sky History Sky 123 (124 Scotland) Virgin 131 EE 353/HD 368 +1 Sky 223 (224 Scot) Virgin 331

Sky Nature



My Best Friend's an Animal 8.00pm Philip and his chum

6.00am Africa's Wild Horizons **7.00** Monkey Life (AD) **8.00** Undercover in the Jungle (AD) **9.00** Secrets of Wild Australia (AD) **10.00** Animal Empires **11.00** Living Volcanoes **12 noon** Africa's Hunters **1.00pm** Monkey Life (AD) **2.00** Undercover in the Jungle (AD) **3.00** Secrets of Wild Australia (AD) **4.00** Animal Empires **5.00** Living Volcanoes

6.00pm **Africa's Hunters** A pride of lions including young cats learning to hunt attacks a buffalo herd.

7.00 **Monkey Life** Two capuchin monkeys try to make friends. (AD) **7.30** Golden-cheeked gibbon Peanut presents her newborn. (AD)

8.00 **New. My Best Friend's an Animal** How cockatoos and platypuses inspired new careers.

9.00 **Secrets of the Enchanted Forests** Exploring some of the planet's most diverse woodlands.

10.00 **Africa's Hunters** As 6pm.

11.00 **Living Volcanoes** Exploring the varied activity that occurs on the slopes of active volcanoes.

12 midnight Planet Shark (AD) **1.00am** Nature's Fast Attacks: nature's fastest predators (AD)

2.00 **My Best Friend's an Animal** **3.00** **Secrets of the Enchanted Forests** **4.00** **Undercover in the Jungle** (AD) **5.00–6.00am** **Secrets of Wild Australia** (AD)

Sky Nature Sky 124 (125 Scotland) Virgin 189 EE 354/HD 369

Eden

9.00am Fred Dibnah's Age of Steam **11.00** Fred Dibnah's Building of Britain **2.00pm** Fred Dibnah's Made in Britain **3.00** Fred Dibnah's Age of Steam **5.00** Fred Dibnah's Building of Britain **8.00** Fred Dibnah's Made in Britain: double bill. The Lake District's industrial heritage, then a visit to a traditional ironworks **9.00** Fred Dibnah's Age of Steam: four editions. How water was pumped out of tin mines **9.30** The first passenger railways **10.00** The Industrial Revolution **10.30** Early steam experiments **11.00** Fred Dibnah's Building of Britain: double bill. Norman engineering techniques, then castles of north Wales **12 midnight** Anthony Bourdain: Parts Unknown **1.00am** Fred Dibnah's Age of Steam: four editions **3.00** Fred Dibnah's Building of Britain **5.00–6.00am** Fred Dibnah's Made in Britain

Eden Sky 166 Virgin HD 176 +1 Sky 266 Virgin 376

Animal Planet

8.00am Animal Cribbs **9.00** Dodo Heroes **10.00** Bad Dog! **11.00** Alaska: Homestead Rescue **12 noon** Animal Cribbs **1.00pm** Dodo Heroes (AD) **2.00** From Wags to Riches **3.00** Pit Bulls and Parolees: Tia's Tales **4.00** Dogs 101 **5.00** Alaska: Homestead Rescue **6.00pm** Animal Cribbs **7.00** Crisley! It's the Irwins **8.00** I'm Alive: a family attacked by a swarm of killer bees (AD) **9.00** I Was Prey: a husband and wife are attacked by an angry hippopotamus (AD) **10.00** Alaskan Bush People: Alaskan survivor family the Browns discuss the difficulties of maintaining their remote lifestyle **11.00** Project Grizzly **1.00am** Alaskan Bush People **2.00** Dogs 101 **3.00** Alaska: Homestead Rescue **4.00–5.00am** Animal Cribbs

Animal Planet Sky 162 (178 NI) Virgin 178 +1 Sky 262 (278 NI) Virgin 378

SPORT

Sky Main Event

Sky 401 Virgin 511/HD 501 EE 420/HD 440

6.00am Sky Sports News **9.00** **LIVE** **WTA Tennis** Day five of the Abu Dhabi Open at Zayed Sports City in the UAE. **5.00pm** **LIVE** **ATP Tennis** Day five of the Open 13 in Marseille. **7.30** **LIVE** **Championship Football** Sheffield Wednesday v Birmingham City (kick-off **8.00**). **10.30** **LIVE** **PGA Tour Golf** The second round of the Phoenix Open from TPC Scottsdale in Arizona. **1.00–6.00am** Sky Sports News

Sky Football

Sky 403 Virgin 513/HD 503 EE 422/HD 442

6.00am Classic Play-Off Finals **7.00** EFL Rivalries (AD) **8.30** Best EFL Goals (AD) **9.00** EFL Greatest Games (AD) **10.00** Retro League One **12 noon** German Football **12.30pm** Women's Championship Show **1.00** Championship Highlights **1.45** Scottish Premiership Football **2.30** German Football **3.00** League One and Two Goals **3.30** Women's Championship Show **4.00** Scottish Premiership Football **4.45** Championship Highlights **6.00** Women's Championship Show **6.30** German Football: previews **7.00** Championship Highlights **7.30** **LIVE** **Championship Football** Sheffield Wednesday v Birmingham City (kick-off **8.00**). **10.30** Women's Championship Show **11.00** EFL Greatest Games **1.00am** League Cup Retro (AD) **2.00** Classic Play-Off Finals (AD) **5.00–6.00am** Championship Season Review (AD)

Sky Golf

Sky 405 Virgin 515/HD 505 EE 424/HD 444

6.00am PGA Tour Golf **7.00** PGA Championship Official Film 2020 (AD) **8.00** Golf's Greatest Holes **9.00** **LIVE** **European Tour Golf** Round two of the Qatar Masters. **2.00pm** **LIVE** **Ladies European Tour Golf** Day two of the Magical Kenya Ladies Open from Mobasa. **3.00** **LIVE** **PGA Tour Golf** Day two of the Phoenix Open. **1.00am** PGA Championship Official Film (AD) **2.00** School of Golf (AD) **3.00** PGA Tour Golf **5.00–6.00am** School of Golf: two episodes (AD)

Sky Sports Mix

Sky 416 Virgin 510 EE 429/HD 449

12 noon–3.00pm **LIVE** **Ladies European Tour Golf** Day two of the Magical Kenya Ladies Open. **7.30–10.00** **LIVE** **British Basketball League** Newcastle Eagles v Caledonia Gladiators.

Eurosport 1

Sky 413 Virgin 521 EE HD 412

6.00am Biathlon **7.00** Snooker **9.00** Alpine Skiing **10.55** Biathlon **11.50** **LIVE** **Nordic Combined Skiing** World Cup from Estonia. **1.05pm** Powerboat Racing **1.50** **LIVE** **Nordic Combined Skiing** World Cup from Estonia. **3.50** **LIVE** **Biathlon** The World Championships, women's 7.5km sprint from Czech Republic. **5.40** **LIVE** **Cross-Country Skiing** World Cup, the women's 10km freestyle from Canada. **6.45** Golf **7.15** Winter Sports **7.30** **LIVE** **Cross-Country Skiing** World Cup, the men's 10km freestyle from Canmore, Canada. **8.55** **Biathlon**: from Nove Mesto **9.55** **LIVE** **Ski Jumping** World Cup, men's HS128 qualifying. **11.00** Biathlon **1.00am** Cycling **2.00** Biathlon **3.00** Cycling **4.00** A Voyage of Discovery **5.00** Cycling **5.55–6.50am** Biathlon



International T20 Cricket 8.00am **TNT Sports 1** Aussie white-ball hero Matthew Wade

Sky Premier League

Sky 402 Virgin 512/HD 502 EE 421/HD 441

6.00am Greatest Games **7.00** Legends (AD) **8.00** Best Goals (AD) **9.00** 100 Club (AD) **10.00** Total Football **5.00pm** 100 Club (AD) **6.00** Legends (AD) **7.00** Preview **7.30** The Big Interview **8.00** Fantasy Show **8.30** Soccerbox (AD) **9.00** Preview **9.30** The Big Interview **10.00** Icons (AD) **10.30** Retro **12.30am** Icons (AD) **1.00** Premier League Years (AD) **3.00** Greatest Games **4.00** Best Goals (AD) **5.30–6.00am** 100 Club (AD)

Sky Cricket

Sky 404 Virgin 514/HD 504 EE 423/HD 443

6.00am SA20 Highlights **10.00** SA20 Cricket: the first qualifier match from Newlands Cricket Ground, Cape Town **2.30pm** SA20 Cricket: the eliminator match from Johannesburg **7.00** SA20 Cricket: the second qualifier match **11.30** Talking Cricket (AD) **12 midnight** SA20 Highlights **3.00–6.00am** How the 2007 World Cup Was Won

Sky NFL

Sky 407 Virgin 517/HD 507 EE 426/HD 446

6.00am Super Bowl LVI **8.00** NFL **12 noon** Good Morning Football **3.00pm** NFL Highlights **5.00** NFL Bitsize **5.30** Neil Meets **6.00** Pro-Football Talk **8.00** NFL Highlights **10.00** A Football Life **11.00** Super Bowl Live **12 midnight** Total Access **1.00am** Highlights **3.00** A Football Life **4.00–6.00am** NFL Highlights

Sky Arena

Sky 408 Virgin 518/HD 508 EE 427/HD 447

6.00am Super League (AD) **9.00** **LIVE** **WTA Tennis** Day five of the Abu Dhabi Open at Zayed Sports City in the UAE. **5.00pm** **LIVE** **ATP Tennis** Day five of the Open 13 in Marseille. **9.00** Super League **9.30** Premier League Darts **1.00am** Classic Darts **1.30** Unbeatable **2.00** Boxing (AD) **4.00** Unbeatable **4.30–6.00am** Super League: highlights (AD)

Viaplay Sports

7.30–10.30pm **LIVE** **Spanish Football** Cádiz v Real Betis, the La Liga match (kick-off **8.00**).

Eurosport 2

Sky 414 Virgin 522 EE HD 413

6.00am Cycling: highlights **7.00** World Superbikes **9.30** Cycling **10.50** **LIVE** **Cycling** Stage two of the Women's UAE Tour, from Al Dhafra Castle to Al Mirfa. **12.30pm** Cyclo-Cross **2.30** Tennis **4.00** Cycling **5.00** Snooker **7.00** A Voyage of Discovery **8.00** Cycling **9.00** Olympics **10.00** World Superbikes **12 midnight** Cycling **1.00am** Biathlon **2.00** Cycling **3.00** Olympics **4.00–6.00am** Snooker

TNT Sports 1

Sky 410 Virgin 527 EE 408/HD 430 **6.30am** NBA (AD) **7.00** Basketball **8.00** **LIVE** **International T20 Cricket** Australia v West Indies at Blundstone Arena, Hobart, the first in the men's three-match series. **11.45** TNT Sports Cricket Reload **12 noon** **LIVE** **Pro League Hockey** Netherlands v Australia, women's (push-back **12.00**); **2.00pm** India v USA, a women's match (push-back **2.00**). **4.00** Australian Football **5.00** The Fantasy Show **5.30** Premier League: the Big Interview **6.00** Inside Serie A **6.30** Premier League Preview **7.00** Reload (AD) **7.15** French Football **7.45** **LIVE** **French Football** Marseille v Metz (kick-off **8.00**). **10.00** Champions League Magazine **10.30** Premier League Preview **11.00** International T20 Cricket **12 midnight** Wrestling (AD) **1.00am** **LIVE** **Wrestling** WWE. **3.00** NBA Action (AD) **3.30–6.00am** **LIVE** **NBA** LA Lakers v New Orleans Pelicans at Crypto.com Arena (tip-off **3.30**).

TNT Sports 2

Sky 411 Virgin 528 EE 409/HD 431 **6.00am** French Football: previews **6.30** Premier League Reload **6.45** Champions League Football (AD) **7.45** Serie A: Full Impact (AD) **8.15** Australian Football Highlights **8.45** **LIVE** **International One-Day Cricket** Sri Lanka v Afghanistan from Pallekele. **5.00pm** Boxing: Wilder v Parker **6.00** What I Wore **6.15** Australian Football **7.15** Inside Serie A **7.45** **LIVE** **Italian Football** Salernitana v Empoli (kick-off **7.45**). **9.45** What I Wore **10.00** Pro League Hockey **12 midnight** French Football **1.00am** Italian Football **2.00** UFC (AD) **2.30** Women's Champions League Football **3.30** The Fantasy Show **4.00** Champions League Magazine **4.30–6.30am** **LIVE** **Australian Football** Wellington Phoenix v Western Utd, men's (kick-off **4.30**).

TNT Sports 3

Sky 417 Virgin 529 EE 410/HD 432 **6.00am** Champions League Football (AD) **6.30** International One-Day Cricket **7.30** Australian Football **8.00** Sign Up: into Football **8.45** **LIVE** **Australian Football** Adelaide United v Perth Glory, A-League Men (kick-off **8.45**). **10.45** Premier League Reload **11.00** EuroCup Basketball **12 noon** Fishing (AD) **1.00pm** International One-Day Cricket **2.00** Serie A: Full Impact (AD) **2.30** Inside Serie A **3.00** Fishing (AD) **4.00** Football's Windrush Story (AD) **5.30** Serie A: Full Impact (AD) **6.00** International One-Day Cricket **7.00** International T20 Cricket **8.00** Test Highlights (AD) **11.45** Reload (AD) **12 midnight** UFC (AD) **12.30am** Premier League Football **1.30** Fishing (AD) **2.30** Australian Football **3.30–6.00am** **LIVE** **International One-Day Cricket** Australia v South Africa, the third women's ODI at North Sydney Oval. Coverage continues until 12.15pm.

TNT Sports 4

Sky 421 Virgin 530 EE 411/HD 434 **6.00am** MLB (AD) **7.00** Wrestling **8.00** **LIVE** **Australian Football** Western Sydney Wanderers v Newcastle Jets, A-League Women. **10.00** Ultimate Pool **11.30** NBA (AD) **4.30pm** EuroCup Basketball **5.30** NBA: three games **10.00** NBA: three games **2.30am** International One-Day Cricket **3.30** Sport in Focus (AD) **4.00** TNT Sports Reload **4.30** Basketball **5.30–6.00am** Champions League

Do We Still Need the Pips?
Monday 9.00pm **Radio 4**



PIP... PIP... PIP... pip... pip... peeeeeeep. They're the heart-beat of the radio and they're 100 years old. They've been there for every major news story of the past century... that's longer than John

Humphrys. From the abdication of Edward VIII and the end of the Second World War to the Moon landings and Patsy Palmer returning to *EastEnders*, the pips have always come first.

Your parents and mine heard these pips at the same time. For examples of a United Kingdom, a shared sense of time is a great place to start. Victorians setting their watch had the town clock or the church tower to refer to... but there was always a nagging doubt the time could be wrong. "I say, Carruthers! Did you wind it correctly? Great Aunt Betsy swears it's running late after that coot got caught in the cogs."

Our Georgian ancestors invented a clock to keep British mariners on course at sea. Those

'If I crash the pips and speak all over them it bothers me all day'

fabulous timepieces created by John Harrison to plot longitude are on display in the same museum as the humble clock that first helped generate the pips on 5 February 1924. As one helped the British navigate the world, the other helped us navigate our life at home.

For our programme celebrating the century of the time signal, I visited Royal Museums Greenwich – and there was the actual clock in its wooden case concealing an electrical circuit to make it all work. Back in 1924, the Astronomer Royal Sir Frank Dyson got together with engineers from the BBC to use this timepiece to launch six beeps indicating the exact time on the radio. It was only years later, in the 1970s, that the final tone was stretched to make it half a second long. Peeeeeeeeeeep.

ITV's *News at Ten* has long been famed for its Bongs... PM arrives in a helicopter. BONG! Snow covers the Trossachs. BONG! And finally, Eddie Mair has retired. BONG! But these are not broadcast in real time and do not indicate the actual seconds leading up to the hour.

The pips still do this – when heard on the radio. So where are they generated? Producer Luke Doran and I were desperate to find out. Together we took the back stairs down to the basement of Broadcasting House. Walking past the *Today* programme wine cellar and the bronze bust of Claudia Winkleman, what should we look for? Would it resemble a mini Tardis or an HG Wells time machine? Would it be



PEEEEEEEEEP!

Paddy O'Connell celebrates 100 years of the BBC pips

guarded by Commandos, their faces camouflaged in BBC beige?

No. The modern pips machine looks like a grey cardboard shoe box – the kind containing a pair of sensible brown lace-ups. Like that *Indiana Jones* scene where Indy has to pick the Holy Grail from hundreds of gleaming golden goblets but plumps correctly for the humblest cup going.

THESE SIMPLE BEEPS have themselves humiliated the biggest names in radio. "I have a love-hate relationship with them," confesses Mishal Husain, interview queen of *Today*. "If I crash them and speak all over them, it bothers me all day."

It's odd that the digital streaming technology that has so expanded our horizons and given us one podcast for every living human on the

planet, plus their canary, is also so far behind the pips. The delays now heard on digital radio, on the internet and on smartphones mean they are heard anywhere between five and 30 seconds late.

Half a minute late! When I greet the nation at 9am on Sunday morning for Radio 4's *Broadcasting House*, listeners on FM and Long Wave are hearing the pips live and on time. But our many digital and internet listeners are effectively living in the past. I'm actually in their future, but I can't tell them what's happened in those extra 30 seconds. Just think how much of our lives could be different if we could turn back the clock by half a minute.

Just think what our life would be like without the pips. They are the purest, simplest tribute to live radio listening there is. Peep on!



AMBRIDGE DIARY The Archers

Sunday–Friday 7.00pm **Radio 4**

While Helen and the boys are enjoying Paris, Adam (Andrew Wincott, above) is pushing the dairy staff to breaking point. Jolene finds herself in a pickle when Kenton throws a spanner in the works. Alice is given pause for thought, Chris struggles to avoid his nemesis and Clarrie wonders whether she's taken on too much at The Bull.

DAVID CRAWFORD

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£47.99, call 03302 232 639* or visit radiotimes.com/shop06



DOCUMENTARY

The Essay: Women of Substance

Monday–Friday 10.45pm **Radio 3**

Professor Sally Marlow is direct and open about her own unhealthy relationships with alcohol and drugs in the past, so there is nothing patronising in her examination of the role of addiction in the life and work of five female artists: Frida Kahlo (in a self-portrait, left), Billie Holiday, Anna Kavan, Andrea Dunbar and Nan Goldin. Marlow's essays approach these women from a perspective of how their addictions were reflected in their art and not how a "drunk" or "druggie" managed to get anything done at all. A sensitive, empathetic and intelligent piece of analysis. **ANNA JONES**

DRAMA

Drama on 3: The Farewell Glacier

Sunday 7.30pm **Radio 3**

"South severe gale nine to violent storm 11," announces

Adjoa Andoh (below right), in a tight upper-crust tone as she narrates writer Nick Drake's dramatisation of his own poetry collection, *The Farewell Glacier*, inspired by an Arctic voyage. The poems are from the points of view of explorers, whalers, map-makers and others who have made the journey across the centuries. Brought to life by a cast including Peter Mulgan, they inevitably document climate change and feature interviews with indigenous rights activist Sheila Watt-Cloutier. **FIONA HUGHES**

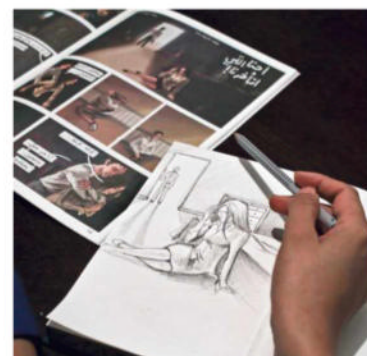


SOCIAL HISTORY

Amazing Sport Stories: The Black 14

Sat 6.30pm **BBC World Service**

Taking a stand against racial injustice remains a vivid motif of 1960s America, whether it is Martin Luther King or athletes signalling Black Power at the 1968 Olympics. This series takes up the story of a 1969 protest by 14 black American college football players in Wyoming that sparked a national furore. Eight of the surviving members shed light on a place where black people were unknown to locals, some even believing they grew tails at midnight. **JEREMY ASPINALL**



FACTUAL

The Documentary: Cairo in Comics

Tuesday 9.30am/8.05pm

BBC World Service

Cairo is a city undergoing huge change: its minarets are now dwarfed by skyscrapers and its street vendors squeezed by giant highways. The tension between new and old is being captured by a new generation of artists through cartoons and graphic novels. Here, three artists discuss their views on post-revolution Cairo, providing a rare glimpse of life for its 20 million inhabitants. **TOM GOULDING**

Listen PODCASTS



PICK
OF THE
WEEK

IDEAS

Past Present Future

In which David Runciman, formerly of the excellent *Talking Politics*, brings his donnish approach to the ideas and structures underpinning our way of looking at the world. Following his *History of Ideas* series on the great essayists, he's exploring the curious thing that is the United Kingdom and the chances of its coming apart in the near future. And proving that, despite the knee-jerk dismissals of the media establishment, there is intelligent life on the internet.

DAVID HEPWORTH

WAS QUEEN BESS A MAN?

Getting to the heart of history's longest-running conspiracy theories



HISTORY

HistoryExtra: Conspiracy

No surprise this thought-provoking series has a JFK episode, although journalist Gerald Posner goes against the grain by deftly asserting that Lee Harvey Oswald was the only assassin, conspiracy or not. Less well known may be the "Bisley Boy" rumour that a nine-year-old Princess Elizabeth died in the 1540s and was then replaced by a red-haired village boy, something *Dracula* author Bram Stoker sank his teeth into and popularised in 1910, but more likely reflects the misogyny of his times. Meanwhile, the edition on the *Protocols of the Elders of Zion* sheds light on how a fabricated text in a 1903 Russian newspaper remains a key plank of anti-semitic theories, even today. JEREMY ASPINALL



CONVERSATION

The Louis Theroux Podcast

Louis Theroux has become a charting podcaster in recent years, much to the chagrin of school chum and fellow interviewer Adam Buxton, who gifted him the mic. A lot has changed since the original lockdown show but Theroux still maintains a seemingly inexhaustible list of celebs he can call for a candid chat. This weekly series features interviews with Paul Mescal, Sharon Stone and Buxton himself, who may have one or two things to get off his chest. TOM GOULDING



READING

Mysteries at Midnight

Christopher Fitton is a clinical hypnotherapist who launched a guided meditation podcast called *Sleep Cove* during the pandemic. He is not a trained actor, and his vocal delivery of these classic mystery stories is pretty basic. Does this matter if you just want a story from Agatha Christie, Arthur Conan Doyle or Edgar Allan Poe to lull you to sleep? Probably not – and they really do have this effect. If you want a more invigorating performance, it's probably best to look elsewhere. ANNA JONES



CINEMA

Talking Pictures

A host on Turner Classic Movies for two decades, Ben Mankiewicz does away with the cameras to shoot the breeze in intimate settings with the crème de la crème of cinema in this delectable new podcast. Mel Brooks and Emerald Fennell are among those talking about the movies that matter to them, alongside their own film-making journeys. Nancy Meyers is up first, discussing the snobbery directed at romcoms, double dating with Jack Nicholson and being terrified by *The Exorcist*. EMMA SIMMONDS



INVESTIGATION

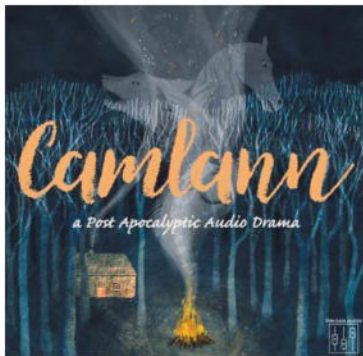
Patient 11

When young mother Alexis Quinn had a breakdown after a family tragedy, she agreed to enter NHS mental health care, thinking she'd be there for three days. She ended up being sectioned and kept in for three years. The centrepiece of a joint investigation between Sky News and the *Independent* into shocking allegations of widespread sexual abuse in psychiatric care facilities, this powerful, immersive story hears how Alexis planned a daring escape from a threatening, violent facility. DAVID CRAWFORD

THE PICK OF THE BEST AUDIO ON DEMAND

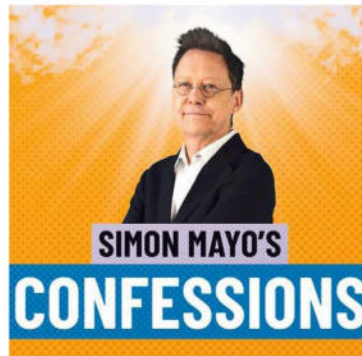


NOT WEAK OR FEEBLE
Questioning Elizabeth I's gender was popular with misogynists



FANTASY DRAMA **Camlann**

An adventurous new project exploring the challenges faced by people who live on the margins of society, written by Ella Watts, the producer/director of *Doctor Who: Redacted*. This nine-part post-apocalyptic comedy drama is set in Wales, where three main characters are fighting to survive in a chaotic world, and has been heavily influenced by Arthurian legend. Folklore, magic and fantasy all play their part, but this is a very modern interpretation, which benefits from a well-produced soundscape by Amber Devereux. **AJ**



REAL LIFE **Simon Mayo's Confessions**

Previously on Radio 1 and Radio 2, Mayo's beloved feature that sees listeners confess their sins and seek forgiveness now features on the DJ's latest home, Greatest Hits Radio. Also available in podcast form, this fifth season wisely doesn't mess with the format, as Mayo reads out all manner of admissions while his gang – Matt, Nigel and Suzi – squabble over whether to absolve or not. Profoundly silly, sometimes shocking, but a perfect accompaniment to your mid-morning tea and biscuits break. **JAMES MOTTRAM**

THE RadioTimes PODCAST

NEW EPISODE RYLAN

THIS WEEK Kelly-Anne Taylor is joined by the reality TV star and presenter, **Rylan**. He talks about the "box" he was put into while competing on *The X Factor*, the aesthetic pressures he has faced working on television and why being nice saved his career in the aftermath of his divorce. Available from 30 January.

HOW TO FIND US
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◀ SCAN QR CODE TO ACCESS PODCAST VIA YOUR TABLET OR PHONE



ENVIRONMENT **Farmerama**

Farmerama Radio is "committed to positive ecological futures for the Earth and its people", and its podcasts are really commendable in pursuing that goal. Co-hosted by Abby Rose, Jo Barratt and Katie Revell, the series brings a potentially dry subject to life with an approach that is animated, non-judgemental, and very much people-based. Try the two "Less and Better?" episodes, which tackle the question of meat-eating and the environment. They're full of great voices. **SIMON O'HAGAN**



It's a global election year – how will social media affect voting?

THANKS TO AN accident of political calendars, which is dictating elections everywhere from Russia and India to Mexico and the United Kingdom, half the population of Earth will be asked to vote in 2024. The general election in Argentina, which took place last autumn, was reckoned to be the first AI election, with the line between reality and fiction being deliberately blurred. An image of one candidate as a cuddly Disney character and his opponent as Chairman Mao was viewed 30 million times, which rather puts party political broadcasts in their place. By the time our general election happens over here, such activity will no doubt seem like small beer.

The internet is where most of the political tug of war takes place these days. It seems half the people in politics are clipping, searching miles of material looking for a few seconds of footage that, when artfully edited and accompanied by a catchy subject line, preferably with one word in CAPITALS, makes a meme – a short, allegedly amusing, very often unkind clip, which people find on social media and then pass on.

ITS SUCCESS DEPENDS on being passed on. We all do it, usually in a hurry. The minute we see something that seems ripe for relay, we're seized by panic at the thought that somebody else in our circle will get in first. Recent research in the United States found the people most likely to pass on political clips are not simply people who oppose those lampooned in the clip. Their political loyalties are not the point. What these people like most of all is the idea of chaos.

We all follow people who seem to spend all their time on the internet attempting to nudge their followers into agreeing with them, and possibly even changing their vote. They all seem to think that, while they will have arrived at their voting decision based on a rational examination of the facts, the rest of us are just waiting for a funny meme to show up on our Facebook page. Having seen that, we'll presumably walk to the polling station in a trance. It's not like that, is it?

See David's pick of the week, *Past Present Future*, top left opposite page

SATURDAY Radio

TODAY'S CHOICES



This Cultural Life

7.15pm **Radio 4**

Juliette Binoche's life changed when as a teenager she went to see a wildly experimental production of Alfred Jarry's *Ubu roi* directed by Peter Brook. Binoche (above) came out saying to herself, "I want to do this". One of the great acting careers was born, and here she talks to John Wilson about it with powerful insight as well as emotion. From being discomfited by Jean-Luc Godard, to the different kind of challenge of working with the *Three Colours* director Krzysztof Kieslowski, Binoche offers up a vivid and personal slice of film-making history. **SIMON O'HAGAN**

Archive on 4: Motorway City

8.00pm **Radio 4**

Built between 1965 and 1972 in a fervour of postwar modernism, the M8 motorway cleaves the city of Glasgow in two. To some, it's an ugly but essential artery steering traffic away from the centre's Gothic grandeur; to others, it's an example of short-sighted urban planning that destroyed vast swathes of Victorian buildings. Packed with fascinating archive, Allan Little's even-handed social history looks at both sides of the argument and asks what's next for this divisive highway. **MATT GLASBY**

Political Thinking

5.30pm **Radio 4**

Nick Robinson's recent string of high-profile guests continues with the Chancellor, Jeremy Hunt.

THIS WEEK'S HIGHLIGHTS

See p111

Amazing Sport Stories: The Black 14

6.30pm **BBC World Service**

Black American football players who defied racism in the 1960s.

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

6.00am Happy **7.00** Weekend Breakfast **10.30** Katie Thistleton **1.00pm** Matt and Mollie **4.00** Dance Anthems **7.00** Soundsystem Party **9.00** Rap Show **10.30** Rap Mixtape **11.00** Drum 'n' Bass Show **12.00** Drum 'n' Bass Mix **1.00am** Classic Essential Mix **3.00** Future Dance Mix **3.30** Pete Tong's Hot Mix **4.00** Dance Anthems **5.00** Relax

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.00am Sounds of the 60s Tony Blackburn spins US and UK hits. **8.00** Dermot O'Leary Guests include Matt Lucas and Elis James, currently hosting series two of the Sky Max reboot of *Fantasy Football League*. See Fri 10pm Sky Max

10.00 Claudia Winkleman

1.00pm Pick of the Pops Steve Wright with 1989 and 1996. Rptd Mon 3am (1989) and Tue 3am (1996)

3.00 Rylan on Saturday

Including KaRyoke, today with Rylan joining British-Norwegian boy band A1 to perform one of their hits.

6.00 Shaun Keaveny

Sitting in for Liza Tarback.

8.00 Sounds of the 80s

Gary Davies with a nostalgic playlist.

10.00 Sounds of the 90s

Fearne Cotton with hits of the era.

12.00 Radio 2 Piano Room

Omnibus of recent live performances, starting with Bruce Hornsby. At **12.14am** Beverley Knight, at **12.25** the Libertines, at **12.37** PP Arnold, and at **12.48** Gabrielle.

1.00am Dance Sounds of the 90s

With Vernon Kay. A themed playlist.

2.00 Sounds of the 80s Mega

Mastermix Themed mixes from Gary Davies's Saturday night show. (R)

3.00 Michelle Visage's Rule Breakers

With actor and writer Daisy May Cooper.

4.00 The Good Groove with DJ

Spoony A 1990s party mix. (R)

4.30 Steve Wright's Love Songs

Extra A playlist recalling 1988.

5.00 Tracks of My Years

Omnibus with John Cooper Clarke.

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909

6.00am Amy Lamé

8.00 Radcliffe and Maconie

10.00 The Huey Show

1.00pm Jamz Supernova on 6

3.00 Gilles Peterson

6.00 The Craig Charles

Funk and Soul Show

9.00 Don Letts's Culture Clash Radio

11.00 Sherelle The rave continuum.

1.00am 6 Music's Rave Forever

With Joe Goddard (of Hot Chip) playing DJ. From March 2023 in Manchester.

2.00 The Morning After Mix

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW

6.00am Jenny Powell **10.00** Mark Goodier **1.00pm** Richard Allinson

4.00 Anthems **5.00** Paul Gambaccini

7.00 Kate Thornton **10.00** Rhythm of the Night **1.00am** Good Times

2.00 Music Marathon

Boom Radio

DAB+ boomradio.co.uk

6.00am Dave Jamieson **8.00** Roger Day **10.00** Rob Jones **12.00** 70s Show

2.00pm Jenny Hanley **4.00** John's

Jukebox **7.00** Saturday Soul **9.00**

Graham Torrington **12.00** Night Ride

2.00am Through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903

News and **weather** 7.00am, 8.00 and 1.00pm

7.00am Breakfast With Elizabeth Alker.

9.00 Record Review With Andrew McGregor.

9.30 Music scholar Nigel Simeone discusses personal favourite new releases and, in the **On Repeat** feature, shares a track that is a current obsession.

10.30 Building a Library Pianist Lucy Parham discusses her favourite recording of Beethoven's *Piano Sonata in E flat (Les adieux)*.

11.20 Record of the Week Andrew's top pick.

Record Review Extra is broadcast tomorrow at 9pm

11.45 Music Matters

Kate Molleson covers myriad facets of the classical world, today joined by pianist Tamara Stefanovich and Irish fiddler Martin Hayes. Repeated Monday 10pm

12.30pm This Classical Life

Jess Gillam shares musical discoveries with Rebekah Reid, a London-raised violinist and loop pedal artist specialising in jazz, classical repertoire, improvisation and composition who takes inspiration from classical music, minimalism, hip-hop, world music, folk and electronic dance music.

1.00 Inside Music

Trombonist Emily White, a specialist in early trombones (or sackbuts), discusses works by Tallis, Palestrina and Agricola that feature this historic instrument. Plus a song from Anne Boleyn's songbook, a violin concerto with a surprising cadenza, and a versatile musician who plays the trombone like a singer and sings as if playing the trombone.

3.00 Sound of Gaming

Monthly series showcasing music from the world of gaming. Marking the recent release of *Prince of Persia: the Lost Crown* – featuring music by Mentrix (Samar Rad) and Gareth Coker – Elle Osili-Wood focuses on games that set out to create rich mythological-type narratives.

4.00 Music Planet

Kathryn Tickell is joined by Senegalese kora player Seckou Keita to explore music that has inspired, influenced and shaped them. Keita's choices include music by his uncle Jali Kunda Cissokho, from the West African Mandinka tradition, and Tickell delights in the collaborative work of Natacha Atlas and composer Samy Bishai, plus the hip-hop beats of Burna Boy (Damini Ogulu). (R)

5.00 J to Z

With Kevin Le Gendre, including highlights of last month's We Out Here festival concert given by Sun Ra Arkestra, founded by Alabama-born Afrofuturist pioneer Sun Ra (1914-93) in the 1950s. (R)

6.30 Opera on 3: Anthony Davis's X: the Life and Times of Malcolm X

A recent New York Metropolitan Opera performance of Anthony Davis's 1986 opera *X: the Life and Times of Malcolm X*, in a Met premiere production by Robert O'Hara. Baritone Will Liverman stars as the charismatic civil rights campaigner, focusing on his traumatic childhood, his imprisonment, his conversion to Islam, his activism and, finally, his assassination in 1965, at 39. The orchestral score includes Davis's Episteme jazz octet, plus swing, pop and contemporary classical styles combined with improvisation.

Scala Radio

DAB+ scalardradio.co.uk

7.00am Hannah Cox With the **Piano Playlist** at **8.00**.

10.00 Danielle Perry Classical favourites.

1.00pm Mark Kermode Highlights of film scores.

3.00 Jack Pepper's Culture Bunker A behind-the-scenes look into the arts world, with a concert preview, including the Bliss International Song Series at Pembroke College, Cambridge.

5.00 The Console with Luci Holland Game music.

6.00 Ayanna Witter-Johnson Personal picks.

8.00 Saturday Night Scala With Darren Redick.

10.00 The Space Soothing and calming music.

1.00am Night Music **5.00 In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912

6.00am The Everyday Hustle **7.00** Motivation **8.00**

Smash Bengal **10.00** Certified **11.00** Beyond Bollywood

1.00pm Mehreen Baig **3.00** Certified Throwbacks

4.00 Amber Sandhu **6.00** Panjabi Hit Squad **9.00**

Pure Spice **12.00** SOS Bhangra Mix **1.00am** Panjabi

Hit Squad **4.00** BBC Introducing: with Jasmine Takhar

Recorded in November and presented by Debra Lew Harder, with commentary from Ira Siff.

Anthony Davis X: the Life and Times of Malcolm X
Will Liverman (baritone)
Leah Hawkins (soprano)
Raehann Bryce-Davis (mezzo)
Victor Ryan Robertson (tenor)
Michael Summel (bass-baritone)
Tracy Cox (soprano)
Gregory Warren (tenor)
Marco Antonio Jordao (tenor)
Ross Benoit (bass)
Daniel Clark Smith (tenor)
Tyler Simpson (tenor)
Edwin Jhamaal Davis (bass)
Jasmine Muhammad (soprano)
Elliott Paige (tenor)
Adam Richardson (baritone)
Bryce Christian Thompson (soprano)
Tshombe Selby (tenor)
David Morgans Sanchez (tenor)

Episteme (jazz octet), Metropolitan Opera Chorus and Orchestra, conductor Kazem Abdullah

10.00 New Music Show

Tom Service with further highlights from the Huddersfield Contemporary Music Festival in November, including the the Mivos Quartet in the UK premiere performance of Chicago-born Henry Threadgill's *Sixfivetwo* (2018) – a work that pushes the boundaries of the string quartet in which players can improvise. Plus Oslo-born composer Kristine Tjogersen's *Pelagic Dreamscape* as heard in its world premiere performance from last May in Cologne. And in the *Inspirations* feature, Berlin-based New York composer, media artist and performer Jessie Marino talks about what inspires her.

12.00 Freeness

Corey Mwamba shares new free jazz and improvised music that investigates constellations of sound, including Rob Mazurek's Exploding Star Orchestra – with highlights of the supergroup's new album, *Spectral Fiction*. Plus the spacious drums and Balinese gong solos of Susie Ibarra and a track from *Chasms*, the forthcoming album by Lisa Cameron (drums and electronics) and Alex Cunningham (violin, objects).

1.00am Through the Night

With Danielle Jalowiecka, who begins with the Zagreb String Quartet in a concert recorded in September 2022 in their home city. **Markovic** Four Miniatures for string quartet **Haydn** String Quartet in D, Op 76 No 5 (2nd mv't) **Dvorak** String Quartet No 12 in F, Op 96 (American); **Humoresque** No 7 in G flat Zagreb String Quartet **1.56** Haydn Keyboard Sonata in E flat, H XVI 52 **2.15** Demersseman Fantaisie concertante, Op 36 **2.28** Dvorak Symphony No 3 in E flat **3.01** Beethoven Violin Sonata in A, Op 47 (Kreutzer) **3.38** Fusz Flute Quartet in G, Op 5 **4.03** Mozart Rondo concertante in B flat, K269 **4.11** Chopin Ballade No 2 in F, Op 38 **4.19** JC Bach Quintet in G, Op 11 No 2 **4.28** J Strauss (son) Rosen aus dem Süden, Op 388 **4.37** Tsvetanov Theme and Variations for string quartet **4.44** Mompou Scènes d'enfants **4.53** Rodgers Suite: Victory at Sea **5.01** Auber Overture: Le Cheval de bronze **5.09** Martinu Etudes and Polkas, Book 3 **5.19** Josquin Qui habitat in adjutorio altissimi **5.27** Marcello Oboe Concerto in D minor (arr Carey for trumpet) **5.36** Schumann Abegg Variations, Op 1 **5.44** Telemann Concerto **5.54** Bach Cantata No 35: Geist und Seele wird verwirret **6.18** Elgar Severn Suite, Op 87 **6.35** Brahms Clarinet Trio in A minor, Op 114

Classic FM

99.9-101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

7.00am Tim Lihoreau Music and features.

10.00 Aled Jones Classical and popular favourites.

1.00pm Alexander Armstrong With Hall of Fame 3 at 3.

4.00 Alan Titchmarsh Music and features.

7.00 Classic FM at the Movies with Jonathan Ross A pick of personal favourites, with highlights of scores by Ennio Morricone (*Cinema Paradiso*) and Dave Grusin (*Three Days of the Condor*). Plus a few Grammy-winning scores ahead of tomorrow's 66th awards. See also Fri 7pm

9.00 Connecting Notes 5/11. John Humphrys explores classical music stories and their shared common ground, today looking at composing work practices. With music by Tchaikovsky, Mozart and Elgar.

10.00 Calm Classics With Myleene Klass.

1.00am Katie Breathwick **4.00** Sam Pittis

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

8.00am Frank Skinner **11.00** Sarah Champion

2.00pm Rock 'n' Roll Football: with Matt Forde

5.00 Andy Bush's Indie Disco **7.00** Absolute Classic

Rock Party **10.00** Sophie K **4.00am** Emil Franchi



BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 6.04am, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.15am
Shipping Forecasts 5.20am, 12.01pm (LW), 5.54pm, 12.48am

5.30am News Briefing

5.43 Prayer for the Day A prayer and reflection with Mark Clavier, Canon Theologian for the Diocese of Swansea and Brecon.

5.45 The Banksy Story

5/10. Crude Oils. James Peak recalls how Banksy's show *Crude Oils*, featuring 200 live rats scuttling about the gallery floor, brought in the crowds. Repeated from last Sunday

6.00 News and Papers

6.07 Open Country

14/15. Nature writer Simon Barnes joins Bernard Bishop as he cuts the golden reeds of Cley marshes nature reserve in Norfolk, an annual task he's been doing for 65 years. Bernard reflects on the wonder of the world around him, the changing of the seasons and of the marshes themselves. Rptd from Thursday

6.30 Farming Today This Week

Food, farming and the countryside.

7.00 Today

Presented by Amol Rajan and Justin Webb.

7.20 Yesterday in Parliament

7.25, 8.25 Sports News

7.48 Thought for the Day

With Dr Chetna Kang.

8.31 LW Yesterday in Parliament

9.00 Saturday Live

Nikki Bedi and Greg James are joined by guests for the entertainment show.

Producer Ben Mitchell

10.00 You're Dead to Me

5/13. Greg Jenner is joined by Professor Noliwe Rooks and comedian Athena Kugblenu to learn all about the life and business savvy of 19th-century black American haircare entrepreneur Madam CJ Walker, who founded her own company, selling products to help black women. From impoverished beginnings to a lavish villa in New York, via her charitable and political work, this episode charts Walker's journey to becoming the first self-made female millionaire in American history. Available on BBC Sounds since yesterday.

Producers Emmie Rose Price-Goodfellow and Greg Jenner

10.30 Alexei Sayle's Strangers on a Train

5/6. The comedian talks to his fellow passengers on a train journey from Exeter to Newquay, including a well-travelled couple who describe their visit to Chernobyl, a man who is about to run up the Cornish coastal path to meet his girlfriend, who is running down the other way, and a volunteer crew member on a historic Brixham trawler.

Producer Peter Lowe (R)

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910

6.00am Gondal as 5pm

7.30 Surfacing as 6.30pm

8.40 Inheritance Tracks With Matt Haig in 2012

8.45 Uncle Mort's Celtic Fringe as 1.45pm

9.00 Take Me to Your Reader 1986 sitcom (3/5)

9.30 The 27-Year Itch 1979 comedy by Barry Pilton

10.00 Conversation Extra as 9pm

10.30 Blue Canvas: the Artist Miles Davis

11.00 Gondal as 5pm

12.30pm Surfacing as 6.30pm

1.40 Inheritance Tracks With Matt Haig in 2012

1.45 Uncle Mort's Celtic Fringe Peter

2.00 Take Me to Your Reader 1986 sitcom (3/5)

2.30 The 27-Year Itch 1979 comedy by Barry Pilton

3.00 Conversation Extra as 9pm

3.30 Blue Canvas: the Artist Miles Davis

4.00 Pilgrim Sebastian Baczkiewicz's dark fantasy set in Birmingham, about a man cursed with immortality. With Paul Hilton. From 2008 (1/4)

4.45 The Strange and the Sinister William Croft

Dickinson's Scotland-set supernatural tale *The Sweet Singers*, involving a golfing competition and two professors. Read by Moultrie Kelsall. From 1961

5.00 Gondal Martyn Wade's drama based on Emily and Anne Brontë's fantasy world about the

11.00 The Week in Westminster

A round-up of the week's political proceedings.

11.30 From Our Own Correspondent

Reports from across the globe.

12.04pm Money Box

Paul Lewis presents the latest from the world of personal finance, including impartial advice. Repeated tomorrow 9pm

Your RT Money: page 136

12.30 The News Quiz

5/10. Andy Zaltzman hosts, with a panel that includes Simon Evans and Ria Lina.

Repeated from yesterday Rptd Monday 11pm Radio 4 Extra

1.00 News

1.10 Any Questions?

Alex Forsyth chairs the political forum from Bridgwater Arts Centre, Somerset, with a panel including Ann Widdecombe, shadow culture secretary Thangam Debbonaire MP and the Liberal Democrat education spokesperson Munira Wilson MP. Repeated from yesterday

2.00 Any Answers?

Listeners have their say on the week's issues. PHONE: 0370 010 0444 Lines open from 12.30pm EMAIL: any.answers@bbc.co.uk

2.45 The Banksy Story

6/10. LA Story. A new show in LA, Barely Legal, brings in huge celebrity names and, back in the UK, Steph's life at Pictures on Walls gets trickier. James Peak continues his series. Producer James Peak; Executive producer Philip Abrams Repeated next Saturday 5.45am (R)

3.00 Drama: A Close Approximation of You

By Oliver Emanuel, who died in December aged 43. When Kay first meets Michael, he's singing to himself in a mirror. But his love of mirrors isn't narcissism. A theoretical physicist, his job is to explore the possibility there is a mirror version of our world somewhere. But what happens when theory becomes practice?

Kay	Anneika Rose	Jess/Agent	Gabriel Quigley
Michael	Sandy Grierson	John/Security guard	
Detective	Ixtaso Moreno		
Director	Kirsty Williams (R)		Richard Conlon

4.00 Weekend Woman's Hour

Anita Rani presents the week's highlights.

5.00 Saturday PM With Leila Nathoo.

5.30 Political Thinking with Nick Robinson

3/8. An interview with the Chancellor of the Exchequer, Jeremy Hunt. Producer Daniel Kraemer

6.00 Six o'Clock News

6.15 Loose Ends

Clive Anderson and Athena Kugblenu are joined by Tim Rice, Denise Welch, and David Jason and Jay Blades, whose BBC2 series *Touring Toolshed* continues at 6.30pm on Monday. With music from Future Islands and Rosie Frater-Taylor.

Producer Claire Bartleet Repeated tomorrow 9.30pm

David Jason and Jay Blades: page 26

inhabitants of a fictional Pacific island. With Nathaniel Parker, Janet Maw, Diana Quick, John Rowe, Clive Francis and Linda Polan. From 1992

6.30 Surfacing Maureen Beattie reads from poet Kathleen Jamie's collection of essays that reflect on time, memory and connections to the past. Abridged by Linda Cracknell (1-5/5)

7.40 Inheritance Tracks With Matt Haig in 2012

7.45 Uncle Mort's Celtic Fringe as 1.45pm

8.00 Take Me to Your Reader 1986 sitcom (3/5)

8.30 The 27-Year Itch 1979 comedy by Barry Pilton

9.00 Conversation Extra Following the death last year of Mary Quant, at 93, a chance to hear the 1979 programme *Perspective: Mary Quant*, in which the designer talked to George Scott about how her clothes in Swinging Sixties London had changed the fashion market (3/4)

9.30 Blue Canvas: the Artist Miles Davis

New York artist Jo Gelbard, a companion to Miles Davis (1926-91), tells the story of the jazz great's little-known life as a painter. From 2016

10.00-12.00 Comedy Club: Saturday Night Fry, at 10.30 The Nick Revell Show (6/6), at 11.00 Vent (4/6), and at 11.30 Hut 33 (6/6)

12.00 The Man in Black Richard Vincent's *Project Purple* 12.30am Haunted R Chetwynd-Hayes's *Which One?* 1.00 as 5pm 2.30 as 6.30pm

3.40 as 7.40pm 3.45 as 7.45pm 4.00 as 8pm

4.30 as 8.30pm 5.00 as 9pm 5.30 as 9.30pm

7.00 Profile

An insight into a person making the headlines. Repeated tomorrow 5.45am and 5.40pm

7.15 This Cultural Life

6/7. John Wilson is joined by Juliette Binoche – soon to be seen as Coco Chanel in Apple+'s upcoming series *The New Look* – who talks about her formative cultural influences and experiences, including her acting coach Vera Greg, theatre director Peter Brook and her role in *Les Amants de Pont Neuf*. Producer Edwina Pitman Rptd Monday 2.15pm

8.00 Archive on 4: Motorway City

RT Allan Little explores why Glasgow has more miles of urban motorway than any other UK city, and examines the legacy of constructing the M8 directly through its centre. He speaks to architects and urban planners to hear how modern cities might be transformed to better meet the needs of their citizens. Producer Robbie Armstrong

9.00 Drama: China Towns

3/11. A radical reinterpretation of six *Five Towns* novels by Arnold Bennett, an epic 19th-century-set tale of money, passion and defiance set in the Staffordshire Potteries during the Industrial Revolution, dramatised by Shaun McKenna and Lin Coghlan. Tellwright schemes to rid the Five Towns of unwanted elements, while Sophia's joy at escaping is short-lived.

Ephraim Tellwright	Neil Dudgeon	Hilda Lessways	Lucy Doyle
Darius Clayhanger		Miss Gailey	Clare Corbett
	Tim McInnerny	Mr Cannon	Gunnar Cauthery
Edwin	Cameron Percival	Big James	Ian Conningham
Sophia	Alexandra Constantinidi	Cassie	Jeanette Percival
Gerald Scales		Mr Orgreave	Tony Turner
	Christopher Harper	Charlie Orgreave	Joseph Ayre
Chirac	Charlie Anson	Elliott	Paul Bown
Janet	Saffron Coomber	Shushions	Michael Bertenshaw

Producer/Director Marion Nancarrow (R)

10.00 News

10.15 Screenshot

8/8. Ellen E Jones and Mark Kermode take a look at the world of the moving image.

Repeated from yesterday

11.00 Counterpoint

8/13. Paul Gambaccini hosts the music quiz, with contestants from the West Midlands, Glasgow and Derbyshire. Repeated from Monday

11.30 Offstage: Inside the X Factor

2/6. It Changed My Life. Chi Chi Izundu continues her behind-the-scenes exploration of the popular talent show. Today she looks at how the show used contestants to generate drama. All episodes available on BBC Sounds. Producers Jo Adnitt, Lucy Burns, Joe Kent and Rob Brown

12.00 News and Weather

12.15-12.45am Jan Pienkowski:

Meg and Mog and Me

The life and work of the illustrator of the children's book series. Repeated from Sunday

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freeview, Sky, and Virgin

5.00am The Newsroom 5.30 CHOICE: Amazing Sport Stories: The Black 14 See choice: p111 5.50

More or Less 6.00 Weekend 9.00 News 9.05

BBC OS Conversations 9.30 Pick of the World

9.50 Over to You 10.00 News 10.05 Sports Hour

11.00 The Newsroom 11.30 Unspun World with John Simpson 12.00 News 12.05pm World Book Club: Carlo Rovelli talks about *Seven Brief Lessons on Physics* 1.00 Newshour 2.00 Sportsweek

6.00 The Newsroom 6.30 CHOICE: Amazing Sport Stories: The Black 14: black American college football players who fought racism in 1969. On Sounds since 29 January See choice: p111 (1/4)

6.50 Sporting Witness: the first black African Olympian skier 7.00 News 7.05 The Inquiry 7.30

Outlook 8.00 News 8.05 The Arts Hour 9.00

Newshour 10.00 The Newsroom 10.20 Sports News 10.30 Assignment 11.05 Music Life 12.00

News 12.05am BBC OS Conversations 12.30

CHOICE: Amazing Sport Stories: The Black 14 See choice: p111 12.50 Sporting Witness 1.00 News

1.05 Unexpected Elements 2.00 The Newsroom

2.30 Health Check 3.00 News 3.05 World Book Club 4.00 News 4.05 From Our Own Correspondent

4.30 Trending 4.50 Sporting Witness

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra **F'view** 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and sport bulletin every half-hour
 Times vary during live sports coverage

5.00am 5 Live Boxing

6.00 Saturday Breakfast With Chris Warburton and Eleanor Oldroyd.

9.00 Patrick Kieley

11.00 Fighting Talk Panel show.

12.00 5 Live Sport

Mark Chapman with updates from Everton v Tottenham. Plus build-up to today's 3.00pm commentary on Newcastle United v Luton Town in the Premier League. And at 5.00

Sports Report, followed at 5.30 by Sheffield United v Aston Villa.

7.30 6-0-6 Football phone-in.

9.00 Stephen Nolan Topical show.

12.00 Murder They Wrote Podcast featuring Laura Whitmore and Iain Stirling with true crime cases.

1.00am Lisa McCormick

BBC 5 Sports Extra

DAB bbc.co.uk/sports/extra

F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

2.15pm Six Nations Rugby Italy v England (until 4.15), then at

4.45 Wales v Scotland (until 6.45).

Six Nations guide: page 12

3.30am Cricket Australia v West Indies in the second one-day international (until 11.30am).

Talksport

1053, 1089 MW DAB talksport.co.uk

F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am GameDay Breakfast

9.00 GameDay Warm Up

11.00 Premier League Football Everton v Tottenham Hotspur (kick-off 12.30pm).

2.30pm GameDay Live

5.30 The GameDay Phone-In

7.30 The Mark Goldbridge Show

9.00 Fight Night Joshua Buatsi v Dan Azeez at Wembley Arena.

11.00 A Talksport Special

1.00am Extra Time

4.00 Test Cricket Day three of the India v England Second Test.

Talksport 2

DAB+ talksport.co.uk

6.00am-12 noon Test Cricket

Continued commentary on day two of the India v England Second Test.

2.30pm-5.00 Premier League Football Brighton & Hove Albion v Crystal Palace (kick-off 3.00).

7.00-9.00 Boxing Commentary on the undercard for the Joshua Buatsi v Dan Azeez WBA light heavyweight bout, which follows on Talksport.

9.00-12 midnight PGA Tour Golf Commentary on day three of the Pebble Beach Pro-Am tournament.

3.30am-12 noon Test Cricket Day three, India v England Second Test.

LBC

97.3 FM (London area) DAB lbc.co.uk

F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

7.00am Matthew Wright 10.00

Iain Dale 1.00pm Sangita Myska

4.00 Ali Miraj 7.00 Natasha

Devon 9.00 Daniel Barnett 10.00

Nick Abbott 1.00am Clive Bull

4.00 Oli Dugmore

Times Radio

DAB thetimes.co.uk/radio

6.00am Chloe Tilley and Calum Macdonald 10.00 Hugo Rifkind

1.00pm Alexis Conran 4.00 Ayesha

Hazarika 7.00 Best of Times

Podcasts 8.00 Stories of Our Times

8.30 Highlights 10.00 Darryl Morris

1.00am Stories of Our Times

1.30 Matt Chorley 2.00 Best of Times Radio

SUNDAY Radio

TODAY'S CHOICES



The Colours in Sound, with Caroline Shaw

11.00pm Radio 3

American composer Caroline Shaw (above) kicks off a three-part series with a mini masterclass in orchestration. "The same chord, roughly the same combination of notes heard in three different ways," she intones sweetly, "this is the power of orchestration." She goes on to promise "a deep dive to discover how composers combine different shades of instrumental and vocal colour in their music". She is aided by some gorgeous extracts from Debussy, Scriabin, Duke Ellington, Liszt and Messiaen, all allowed space to breathe, running long enough to make their points. I certainly came away from this first episode with a better understanding.

FIONA HUGHES

Testament to Rose

4.30pm Radio 4

He called himself "The Bard of Colour" which, as presenter Testament says, "makes him sound more like 2024 than 1834". We're talking about the black Victorian poet Robert Rose, a notable figure on the cultural scene of 19th-century Manchester whose intensely moving story is one that Testament – a poet and rapper, also from Manchester – does a fine job of telling. That Rose – "a man who cared about progress and freedom for common people" – deserves to be far better known is implicit. How many more such stories are out there? SIMON O'HAGAN

THIS WEEK'S HIGHLIGHTS

See p111

Drama on 3: The Farewell Glacier

7.30pm Radio 3

A poetic meditation on the effects of climate change.

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

6.00am Chillout Anthems **7.00** Weekend Breakfast **10.30** Nat O'Leary **1.00pm** Matt and Mollie **4.00** Life Hacks **6.00** Official Chart: First Look **7.00** Chillest Show **9.00** Indie Show **11.00** BBC Introducing **12.00** Future Soul **1.30am** UK R&B Mix **2.00** Decompression Session **3.00** Chill Mix **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.00am Good Morning Sunday The Rev Kate Bottley and Jason Mohammad welcome hypnotist and broadcaster Paul McKenna and TV presenter Joanna Adeyinka Burford. **9.00 Steve Wright's Sunday Love Songs** Personal dedications. **11.00 The Michael Ball Show** **1.00pm Elaine Paige on Sunday** **3.00 Sounds of the 70s with Johnnie Walker** Period pop and rock nostalgia, with 1970s reminiscences by guests. **5.00 Rob Beckett** **7.00 Tony Blackburn's Golden Hour** **8.00 The Paul Gambaccini Collection** A nostalgic playlist, including a celebration of the songs performed by and written by Curtis Mayfield (1942–99). Plus a look at American country "power couple" Blake Shelton and Miranda Lambert and a favourite US chart from 1965. **10.00 Radio 2 Unwinds with Angela Griffin** **12.00 Phil Williams** **3.00am Alternative Sounds of the 90s with Dermot O'Leary** A playlist with the theme "favourite song from your favourite band", with Dermot picking tracks by the Stone Roses, Kylie Minogue and more. And Rick Astley picks his favourite 1990s band. **4.00 Owain Wyn Evans**

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909

6.00am Amy Lamé New and old tunes. **8.00 Radcliffe and Maconie** **10.00 Gideon Coe** **1.00pm Guy Garvey's Finest Hour** **4.00 Iggy Pop** Personal picks, including the Scratch, the Doors, the Hives and Helena Hauff. **6.00 Now Playing @6Music** Interactive show with Tom Robinson. **8.00 Stuart Maconie's Freak Zone** **10.00 Lose Yourself with...** **12.00 Guy Garvey's Finest Hour** (R) **3.00am 6 Music's Jukebox** **4.00 BBC Introducing Mixtape** **5.00 Chris Hawkins**

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW

6.00am Jenny Powell **10.00** Mark Goodier **1.00pm** Simon Mayo: Album Show **4.00** Greatest Hits Superstars **5.00** Smash Hits Years **7.00** Boogie and Arlene **10.00** Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk

7.00am Rod Whiting **10.00** Les Ross **12.00** Vintage Charts **2.00pm** Rob Jones **4.00** Judi Spiers **6.00** Requests with Paul Robey **8.00** The Easy Hour **9.00** Dave Bartram's Choices **10.00** The World of Billingham **12.00** Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather 7.00am, 8.00 and 1.00pm

7.00am Breakfast

Martin Handley with classical works and features, including listeners' suggestions for a poem, a short work featuring bells and film music recalling a personal magical cinema moment. Plus details of the coming week's concerts across the UK.

9.00 Sunday Morning With Sarah Walker.

12.00 Private Passions

London-born Louise Welsh worked in a second-hand bookshop in Glasgow before she took the plunge to become a writer, bursting onto the scene in 2002, at 37, with *The Cutting Room*. Nine novels followed (including the *Plague Times Trilogy*) – addressing issues of identity, sexuality, class, immigration, viral pandemics and shady economics – and now Michael Berkeley welcomes Welsh to coincide with the publication of her tenth novel, the thriller *To the Dogs*. Her music choices include Debussy, Purcell and Verdi.

1.00pm Radio 3 Lunchtime Concert

Monday's recital from Wigmore Hall, with violinist Fabio Biondi and guitarist Giangiacomo Pinardi. *Paganini Sonata No 6 in A; Sonata No 7 in F (Centone di sonate); Sonata concertata in A; Sonata in A minor, Op 3 No 4; Sonata No 2 in D; Sonata No 12 in D (Centone di sonate)* (R)

2.00 The Early Music Show

Hannah French is joined by Professor Jane Alden of Wesleyan University to explore the story of the *Leuven Chansonier*, a 15th-century songbook rediscovered in 2014. The item is only the size of a deck of playing cards, but is beautifully decorated and packed full of the most popular French chansons of the day. First broadcast October 2021. (R)

3.00 Choral Evensong

Wednesday's service featuring Choral Vespers from Leeds Cathedral. Introit: Ave maris stella (Judith Weir). Office Hymn: Sol ecce, lentus occidens (Plainsong). Psalm 139 (Johns, Justin, Pipe, Roberts). Cantic: Colossians 1, vv12–20 (Justin). Magnificat octavi toni (Morales). Anthem: Videte miraculum (Tallis). Hymn: Jesu the Very Thought of Thee (St Botolph). Marian Antiphon: Alma redemptoris mater (Plainsong). Voluntary: Prelude and Fugue in D (*Hallelujah*) (Schmidt). (R)

4.00 Jazz Record Requests

An edition from last August showcasing crooner Tony Bennett following his death the previous month, at 96. Alyn Shipton introduces listeners' requests. (R)

5.00 The Listening Service

Tom Service examines Tchaikovsky's Sixth Symphony, exploring how its subtitle of *Pathétique* might apply to one of the composer's most profound and intense works. Repeated Friday 4.30pm

5.30 Words and Music

Bettrys Jones and Tom Goodman-Hill delve into all shades of red, from tulips that pulsate by Sylvia Plath's hospital bedside to Communists and Martians – as captured in music by John Adams and Gustav Holst – to sexual diversions from Derek Jarman. (R)

Scala Radio

DAB+ scalardradio.co.uk

7.00am Hannah Cox At **8.00** the Piano Playlist. **10.00 Simon Mayo** Including longer classical works and highlights of recordings vying for a prize at this evening's Grammy Awards in Los Angeles. See 8pm **12.00 YolanDa Brown** Including picks for children. **3.00pm Jack Pepper** Classical favourites. **5.00 The West End Weekend on Scala Radio** **6.00 The Classical Comedy Club on Scala Radio** 5/5. The series winds down with Cally Beaton. (R) **8.00 Sunday Night Scala** Ahead of tonight's Grammy Awards, Darren Redick recalls previous nominees and winners, including recordings featuring flautist Valerie Coleman and conductor Michael Repper. **10.00 The Space** Soothing and calming music. **1.00am Night Music** **5.00 In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork

F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am Old Skool Mix **7.00** R&B Anthems **8.00** Smash Bengal **10.00** Certified Throwbacks **11.00** Gagan Grewal **1.00pm** Dips Bhamrah **3.00** Nadia Ali **5.00** Kan D Man **7.00** Prit **9.00** Noreen Khan **11.00** Chill **12.00** Motivation **1.00am** Asian Network News Presents **2.00** Asian Network Celebrates **4.00** Bobby Friction

6.45 Sunday Feature: Time Canvasses – Morton Feldman and Abstract Expressionism

In a remarkable moment after the Second World War, New York became the centre of the art world. The experimental composer Morton Feldman said "What was great about the Fifties is that for one brief moment – maybe, say, six weeks – nobody understood art. That's why it all happened." Canadian composer Samuel Andreyev focuses on the productive relationships that Feldman had with abstract expressionists Philip Guston and Mark Rothko, who showed him by example how to set his sounds free.

7.30 Drama on 3: The Farewell Glacier

A poetic journey through time and the Arctic from poet, playwright and screenwriter Nick Drake, based on his 2012 verse collection exploring the theme of climate change, inspired by his visit to the Arctic archipelago of Svalbard. Originally performed at COP 26 in Glasgow, the poems have been transformed into an audio drama for Radio 3, intercut with interviews featuring Sheila Watt-Cloutier, a human and indigenous rights activist, cultural preservation advocate, politician, writer and educator. See choice, page 111.

The announcer Adjoa Andoh Robert Peary Kevin Harvey
St Brendan Paisley James The future Jude Coward Nicoll,
Pytheas/The Poet Peter Mullan Urmila Patel, Chloe Ragrag
Producer Polly Thomas

9.00 Record Review Extra

Hannah French expands on yesterday's show, with more of Beethoven's *Piano Sonata in E flat (Les adieux)*.

11.00 The Colours in Sound, with Caroline Shaw

New series. 1/3. A Rainbow in Tones
Caroline Shaw explores colours in sound – how composers use their paint brushes to draw light to hidden qualities within tones. This first instalment features music by Monteverdi, Messiaen and Debussy and a recording by Duke Ellington. Producer James Taylor

12.00 Classical Fix

Linton Stephens creates a bespoke playlist for a guest.

12.30am Through the Night

With Danielle Jalowiecka, who begins with Stephen House and the BBC Philharmonic in a BBC Prom from last July. **Grace-Evangeline Mason** *Ablaze the Moon Rachmaninov Piano Concerto No 1 in F sharp minor, Op 1 (Titan)* **Melody in F, Op 3 No 1 Mahler Symphony No 1 (Titan)** Stephen Hough (piano), BBC Philharmonic, conductor Mark Wigglesworth **2.00 Holmés** *La vision de la reine 2.18 Janacek Pohadka (Fairytale)* **2.31 Roman** 13 pieces from *Drottningholmssmusiken* **2.52 Chopin** Twelve Studies, Op 10 **3.23 Canis** *Tota pulchra es* **3.28 Bersa** *Idilia*, Op 25b **3.36 Weber** *Wie nahte mir der Schlummer; Leise, leise, fromme Weise* **3.45 Stanley** Organ Concerto in C minor, Op 10 No 4 **3.56 Satie** *Gnossienne No 1* **4.01 Mozart** *Rondo in D, K.Anh.184 (arr for flute and piano)* **4.07 Dohnanyi** *Symphonic Minutes*, Op 36 **4.20 Schubert** *Nocturne in E flat, D897* **4.31 Berlioz** *Overture: Béatrice et Bénédict* **4.39 Liszt** *Saint François d'Assise prêchant aux oiseaux (Deux légendes, S175)* **4.49 Haydn** *String Quartet in D, Op 64 No 5 (Lark)* **5.07 Sauguet** *La nuit* **5.19 Gyorgy Orban** *Cor mundum* **5.26 Suk** *Four Pieces for violin and piano, Op 17 (arr Brunner for violin and string ensemble)* **5.45 Handel** *Lascia ch'io pianga (Rinaldo)* **5.50 Mozart** *Piano Sonata No 4 in E flat, K282* **6.07 Wagner** *Siegfrieds Rheinfahrt (Götterdämmerung)* **6.25 Merula** *Ciaccona*, Op 12 No 20

Classic FM

99.9–101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

7.00am Tim Lihoreau Music and features, including after **8.00 Play it Forward** – for listeners to make a friend's day – and at **9.00 the Hall of Fame Hour**. **10.00 Aled Jones** With a Choral Classic after **10.00**. **1.00pm Joanna Gosling** Music and features, including after **1.00 Sunday Symphony** – this week exploring Florence Price's First Symphony – and **Hall of Fame 3 at 3**, featuring three pieces of music from the Classic FM Hall of Fame chart. **4.00 Stephen Mangan** The comedian and actor shares his passion for classical music. **7.00 Relaxing Evenings** Zeb Soanes with three hours of classical music to help listeners relax and recharge, including at **9.00 the Great Escape**. **10.00 Calm Classics** With Ritula Shah. **1.00am Bill Overton** **4.00 Lucy Coward**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

8.00am Jason Manford **11.00** Sarah Champion **2.00pm** Rock 'n' Roll Football with Dan Noble **6.00** Request Show: with Claire Sturgess **8.00** Sunday Night Music Club **10.00** The Skin Show **12.00** Dan Noble



BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4

Freeview 704 Freesat 704 (FM) 710 (LW)

Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 9.00; 12 noon then hourly to 12 midnight**Weather** 6.57am, 7.57, 12.57pm, 5.57, 9.59, 12.15am**Shipping Forecasts** 5.20am, 12.01pm (LW), 5.54pm, 12.48am**5.30am News Briefing****5.43 Bells on Sunday**

The morning bells from St Bartholomew's church in Orford, Suffolk.

5.45 Profile

Repeated from yesterday 7pm

6.00 News Summary**6.05 Something Understood****99 Words 1/2.** Liz Gray asks people what they would say if they only had enough breath for 99 words, and presents responses by Jeanette Winterson, Robert Wyatt, Scilla Elworthy and Diana Athill.

Producer Alan Hall (R)

6.35 On Your Farm**4/8.** Karen Patterson is at Hydebank Wood, a secure training college on the outskirts of Belfast – where young offenders are learning to care for livestock. After negotiating the facility's security measures, she meets Ricky Graham, the prison officer who started the project, and hears from some of the teenagers and young adults who are rearing blue Leicester sheep and learning horticultural skills.

Producer Kathleen Carragher

7.00 News; Sunday Papers**7.10 Sunday** Religious and ethical issues.**7.54 The Radio 4 Appeal**

Radiohead's Ed O'Brien presents an appeal on behalf of In Place of War.

Producer Katy Takatsuki Rptd 9.25pm and Thu 3.27pm
Donations: Freepost BBC Radio 4 Appeal, marked In Place of War on the back of the envelope; Credit/debit cards: Freephone 0800 404 8144; online via the Radio 4 website**8.00 News; Sunday Papers****8.10 Sunday Worship**

In a service from Journey Community Church, Antrim, Pastor John Ashe considers how churches can help to meet the needs of the communities around them. The service is led by Christine Neale.

8.48 A Point of View Repeated from Friday**8.58 Tweet of the Day**

David Rothenberg on the song thrush. (R)

9.00 Broadcasting House

Presented by Paddy O'Connell.

10.00 The Archers Omnibus edition.**11.15 Desert Island Discs**

Writer and photographer Val Wilmer, famed for her images of jazz greats including Louis Armstrong and Duke Ellington, talks to Lauren Laverne, and selects eight favourite recordings to take to the island.

Producer Sarah Taylor Repeated Friday 9am

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Poetry Extra as 5pm**6.30 The Body** as 5.30pm**7.40 Inheritance Tracks** as 6.40pm**7.50 Dombey and Son** as 6.50pm**9.00 The Frankie Howard Show** 1975 comedy**9.30 The Navy Lark** as 8.30pm**10.00 Desert Island Discs Revisited** as 9pm**10.45 David Attenborough's Life Stories****11.00 Poetry Extra** as 5pm**11.30 The Body** as 5.30pm**12.40pm Inheritance Tracks** as 6.40pm**12.50 Dombey and Son** as 6.50pm**2.00 The Frankie Howard Show** 1975 comedy**2.30 The Navy Lark** as 8.30pm**3.00 Desert Island Discs Revisited** as 9pm**3.45 David Attenborough's Life Stories****4.00 The Man in Black** Mark Gatiss and EmilyWood star in Richard Vincent's tale *Project Purple***4.30 Haunted** Reginald Marsh stars in a

dramatisation by Patricia Mays of R Chetwynd-

Hayes's 1981 tale *Which One?* From 1984**5.00 Poetry Extra** With Daljit Nagra. Mike Garryperforms his poem *Men Morning*. From 2016**5.30 The Body** American-born UK writer Bill

Bryson reads from his book about the human body.

Abridged by Katrin Williams. From 2019 (1-5/5)

12.04pm Just a Minute**4/6.** Sue Perkins hosts the comedy panel game in which Paul Merton, Kerry Godliman, Daliso Chaponda and Zoe Lyons speak without hesitation, repetition or deviation.

Repeated from Monday

Repeated tomorrow 10pm Radio 4 Extra

12.32 The Food Programme**Destination Food.** Sheila Dillon finds out why travelling to eat is so popular and explores what travelling to eat looking for authentic experiences means in an increasingly globalised world, when so many global foods are available where we live.

Producer Sam Grist Repeated tomorrow 3.30pm

1.00 The World This Weekend

Presented by Jonny Dymond.

1.30 Catching the Kingpins**5/6. Line of Duty.** A detective from the Met police's anti-corruption unit talks publicly for the first time about how a corrupt police officer was unmasked by the EncroChat hack. PC Kashif Mahmood had won five awards for his outstanding service as a police officer, but he was secretly working for an organised crime group in east London.

All episodes are available on BBC Sounds.

Series producer Andrew Hosken

Executive producer Innes Bowen

2.00 Gardeners' Question TimeKathy Clugston digs deep into the *Gardeners' Question Time* archives and presents a selection of questions and features, all based around ponds and bogs, that have been asked throughout the years. Repeated from Friday**2.45 Short Works**Sara McGaughey reads *Acousmatic* by Manon Steffan Ros. Why does Elen listen to the voices so much these days? Is it because everybody she lives with has stopped listening to her? Director John Norton (R)**3.00 Drama: The Medici – the Inheritors****2/3. Catherine.** Series two of Mike Walker's historical drama. Catherine de Medici, orphaned within weeks of her birth, raised in a nunnery, and sold into a political marriage, becomes the dauphine of France, but her husband is in love with Diane de Poitiers and Catherine is struggling to become pregnant.

Catherine de Medici Catrin Aaron Nurse Heather Craney

Silvestri Julian Lewis Jones Guise Joel MacCormack

Diane de Poitiers Juliette Aubrey Young Catherine Grace Nettle

Prince Henri Arthur Hughes Pope Clement Arwel Gruffydd

King Francis Aneirin Hughes Ippolito de Medici Jacob Ifan

Director John Norton

4.00 BookclubGraeme Macrae Burnet joins James Naughtie and readers to reveal the secrets behind his 2016 historical novel, *His Bloody Project*. Set in the Scottish Highlands in 1869, it explores crime, justice and retribution through the confessions of a young man accused of murder, and an account of his trial.

Producer Nicola Holloway Repeated Thursday 3.30pm

6.40 Inheritance Tracks Former chart superstar

Adam Ant (born Stuart Goddard) discusses records by Adam Faith and T Rex. From 2015

6.50 Dombey and Son Adaptation by Mike Walker of the late 1840s novel by Charles Dickens.

Narrated by Alex Jennings and starring Robert Glenister, Abigail Hollick, Eliza Darby, Geraldine James and many others. From 2007 (6-10/20)

8.00 The Frankie Howard Show 1975 comedy**8.30 The Navy Lark** Lawrie Wyman's sitcomabout the crew of the HMS *Troutbridge*. With

Leslie Phillips, Jon Pertwee, Stephen Murray,

Richard Caldicot and others. From 1968

9.00 Desert Island Discs Revisited Kirsty Young

introduces a 2005 archive edition with actor Colin

Firth talking to Sue Lawley about his life and

favourite music, from Mozart to Tom Waits

9.45 David Attenborough's Life Stories**10.00-12.00 Comedy Club: The Confessional**(5/10), at **10.30 Unnatural Acts**, at **11.00 The****Hudson and Pepperdine Show** (4/4), and at**11.30 The In Crowd** (5/5)**12.00** as 5pm **12.30am** as 5.30pm **1.40** as6.40pm **1.50** as 6.50pm **3.00** as 2pm **3.30** as2.30pm **4.00** as 9pm **4.45** as 9.45pm **5.00****McLevy** David Ashton's Edinburgh-set detectivedrama *The Dark Shadow*. With Brian Cox. From2003 **5.45 Play Chopsticks for Me** Alex Shearer's

tale about "the Great Stromberg". From 1997

4.30 Testament to Rose**RT** Poet and rapper Testament explores the life of 19th-century mixed-heritage Mancunian poet Robert Rose, finding poems and tantalising clues of a life lived for poetry.

Producer Nija Dalat-Small

5.00 File on 4**Ireland at the Crossroads.** When three children and their carer were stabbed outside a school in Dublin, protests against immigration began, fuelled by rumours on social media. A night of rioting then followed, which has placed immigration centre stage of Irish politics. Shane Harrison investigates what caused the riots, and asks whether Ireland is at a turning point in its history.

Repeated from Tuesday

5.40 Profile Repeated from yesterday 7pm**6.00 Six o'Clock News****6.15 Pick of the Week**

Emma Freud presents radio highlights.

Producer Elizabeth Foster

7.00 The Archers**RT** Harrison has concerns, and there's an awkward encounter for Chris. **See choice: page 111.** For cast see Friday Repeated tomorrow 2pm**7.15 You're Part of the Problem**

Sketch show pilot, starring Abi Clarke, Aurie Styla, Ed Jones, Lola-Rose Maxwell and Stephen Buchanan, presenting a line-up of grotesque, everyday characters who are "part of the problem". Producer Gwyn Rhys Davies Repeated Friday 10pm on Radio 4 Extra

7.45 Bodies of Water**5/5. Three Coins** by Saba Sams. A trip to the Trevi Fountain in Rome helps a young woman reassess her life. Read by Hannah Tointon.

Producer Nicola Holloway

8.00 More or Less**4/8.** Tim Harford presents the programme that explains the numbers and statistics used in everyday life. Repeated from Wednesday**8.30 Last Word**

Matthew Bannister profiles the lives of the recently deceased. Repeated from Friday

9.00 Money Box Repeated from yesterday 12.04pm**9.25 The Radio 4 Appeal** Rptd from 7.54am**9.30 Loose Ends** Repeated from yesterday 6.15pm**10.00 The Westminster Hour****11.00 The Moral Maze****3/8.** Michael Buerk is joined by Giles Fraser, Sonia Sodha, Inaya Folarin Iman and Ash Sarkar to debate a moral issue. Rptd from Wednesday**12.00 News and Weather****12.15-12.45am Thinking Allowed****5/7. Traditionalism.** Laurie Taylor talks to Mark Sedgwick, professor of Arab and Islamic Studies at Aarhus University, about the radical project for restoring sacred order.

Repeated from Wednesday

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am The Newsroom 5.30 The Documentary:The Israeli Hostages **6.00 Weekend 9.00** News**9.05** From Our Own Correspondent **9.30**Outlook **10.00** News **10.05** Music Life: cellist and

singer Ana Carla Maza hosts a conversation with

Lucas Santana and Eliane Correa **11.00** TheNewsroom **11.30** Trending: investigating the

online conflict over the war in the Middle East

11.50 More or Less **12.00** News **12.05pm** BBCOS Conversations **12.30** Assignment**1.00** Newshour **2.00** News **2.05** Music Life**3.00** News **3.05** Sportsworld **7.00** TheNewsroom **7.30** Unspun World with JohnSimpson **8.00** News **8.05** Unexpected Elements**9.00** Newshour **10.00** The Newsroom **10.20**Sports News **10.30** Outlook **11.05** The Climate

Question: how people might be able to save the

planet **11.30** Pick of the World **11.50** Over toYou **12.00** News **12.05am** From Our OwnCorrespondent **12.30** Trending **12.50** More orLess **1.00** The Newsroom **1.30** Happy News**2.00** The Newsroom **2.30** Crowd Science**3.00** News **3.05** People Fixing the World**3.30** Pick of the World **3.50** Over to You**4.00** The Newsroom **4.30** The Conversation

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive

F'view 705 F'sat 705 Sky 0105 Virgin 905

Sports Extra F'view 706 F'sat 706

Sky 0131 Virgin 908

News and sport bulletin every half-hour
Times vary during live sports coverage**5.00am Newscast**

With Adam Fleming and friends.

6.00 5 Live Science

Dr Chris Smith and the Naked

Scientists team with science issues.

7.00 Sunday Breakfast With Chris

Warburton and Eleanor Oldroyd.

10.00 Colin Murray Topical show.**12.00 5 Live Sport**

Steve Crossman is joined by guests

Nedum Onuoha and Julien Laurens

for build-up to today's **2.00pm**

commentary on Manchester United

v West Ham in the Premier League.

And from **4.00** there's build-up tothe **4.30** live commentary on

Arsenal v Liverpool. See Sports Extra

2pm for further Premier League action

6.30 6-0-6 Phone-in with

Robbie Savage and Chris Sutton.

8.00 Gordon Smart

A look at sport, news and culture

stories, including an insider's take

on the weekend's big sporting

stories. Plus input from listeners

regarding fears for the week ahead.

10.00 Stephen Nolan Topical show.**1.00am Dotun Adebayo**

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra

F'view 706 F'sat 706 Sky 0131 Virgin 908

5.00am-11.30 Cricket

Continued coverage of of Australia

v West Indies in the second ODI.

2.00-4.00pm Premier League**Football** Commentary on Chelsea

v Wolverhampton Wanderers.

6.45-8.45 Women's Football

Commentary on Chelsea v Everton

in the Women's Super League.

Talksport

1053, 1089 MW DAB talksport.co.uk

F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am Sports Breakfast**9.00 Sunday Edition****11.00 The Warm Up****1.30pm The Sunday Session****6.30 Final Word****9.00 Trans Europe Express****12.00 A Talksport Special****1.00am Extra Time****4.00 Cricket** India v England.

Talksport 2

DAB+ talksport.co.uk**6.00am-12 noon Test Cricket**

Continued commentary on day three

of the India v England Second Test.

6.00pm-11.30 PGA Tour Golf

Commentary on day four of the

Pebble Beach Pro-Am tournament.

3.30am-12 noon Test Cricket

Commentary on day four of the

India v England Second Test.

LBC

97.3 FM (London area) DAB lbc.co.uk

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Matthew Wright **10.00**David Lammy **1.00pm**

TODAY'S CHOICES



Forgiveness: Tales from the Front Line

1.45pm Radio 4

Talk of "restorative narratives" is not some meaningless psychobabble when it comes to the journalist Marina Cantacuzino (above). She's witnessed the transformative power of talking about traumatic experiences and unresolved grievances through her work as the founder of the Forgiveness Project. Here she speaks with individuals who have found some form of relief through forgiving what many of us may consider indefensible crimes, including a woman whose sister was murdered by Fred and Rosemary West. There is nothing invasive or exploitative about this; it's a thought-provoking listen. **ANNA JONES**

The Forensic Jeweller

4.00pm Radio 4

Dr Maria MacLennan, the world's first and only forensic jeweller, is on a sad mission to Greece. One of her colleagues, Professor Pavlidis Pavlos, collects the personal belongings of some of the refugees who didn't survive the journey across the Aegean from Turkey. It's sometimes possible, for example from the contents of amulets, to "identify the displaced". This is a heart-breaking programme although it is good to know that people are devoted to allowing lost ones to "speak for themselves". **DAVID MCGILLIVRAY**

THIS WEEK'S HIGHLIGHTS

See p110/111

Do We Still Need the Pips?

9.00pm Radio 4

Paddy O'Connell celebrates the centenary of the Radio 4 pips.

The Essay: Women of Substance

10.45pm Radio 3

How the work of five female artists reflect their addictions.

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
7.00am Greg James 10.30 Rickie, Melvin and Charlie 1.00pm Dean and Vicky 3.30 Vick and Jordan 6.00 Future Sounds 7.00 Hottest Records of the Week 8.00 Future Artists 10.00 Power Down Playlist 11.00 Daniel P Carter 1.00am BBC Introducing Rock 2.00 Future Alternative 3.00 Relax in Love 4.00 Dance 5.00 Arielle Free

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.30am Zoe Ball
9.30 Vernon Kay
Continuing a month of Piano Room performances (until 23 February) featuring top artists, together with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. Each artist performs a new song, a signature song and a cover – today with Anastacia. Plus the Ten to the Top quiz at 10.30 and, at 11.10 throughout the week, Tracks of My Years, featuring – two a day – ten of the favourite records of Salford-born performance poet John Cooper Clarke.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Jo Whiley
9.00 The Blues Show with Cerys Matthews
10.00 Trevor Nelson's Rhythm Nation
12.00 OJ Borg
With One Hit Wonders at 2.30am, here recalling 2014.
3.00 Pick of the Pops 1/2. Hits from this week in 1989. (R) See tomorrow
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.30am Lauren Laverne
10.30 Deb Grant
Sitting in for Mary Anne Hobbs.
1.00pm Craig Charles
4.00 Steve Lamacq's Teatime Session Music, chat and features.
7.00 New Music Fix Daily
9.00 Riley and Coe
11.00 6 Music Artist in Residence 1/4. Members of British band Idles share music of personal significance. (R)
12.00 The Gossip Playlist Ahead of their performance at the 6 Music Festival in Greater Manchester (7-10 March), a playlist celebrating the music of Gossip and their roots and branches, kicking off a five-hour showcase of the US indie rock band.
1.00am The Gossip Live and in Session
2.00 Beth Ditto at the BBC
3.00 Beth Ditto's Loud and Proud Playlist
5.00 Chris Hawkins

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am Rossie 10.00 Ken Bruce
1.00pm Debbie Mac 4.00 The Simon Mayo Drivetime Show 7.00 Jackie Brambles 10.00 Andy Crane 1.00am Music Marathon 4.00 Alex Lester

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott 7.30 Graham Dene 10.00 David Lloyd 12.00 David Hamilton 2.00pm Roger Day 4.00 Nicky Horne 6.00 Jane Markham 8.00 The Easy Hour 9.00 David Hamilton 10.00 Diana Luke 12.00 Derek Webster 2.00am Through the Night

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather Half-hourly 6.30-8.00am, 1.00pm, 6.00
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Georgia Mann.
12.00 Composer of the Week: Jean Sibelius (1865-1957)
1/5. Sober, Rejuvenated, Broke: 1910-11. Donald Macleod looks at the Finnish composer's life during the 1910s. After surviving a serious health scare, Sibelius began the decade creatively rejuvenated. But his perilous financial situation caused him constant anxiety. First broadcast November 2021. In memoriam, Op 59 (rev 1910) Lahti Symphony Orchestra, conductor Osmo Vanska
Symphony No 4 (1st and 2nd mvts) City of Birmingham Symphony Orchestra, conductor Sakari Oramo
String Quartet, Op 56 (Voces intimae) (2nd and 3rd mvts) Emerson Quartet
Violin Concerto (3rd mvt) Viktoria Mullova, Boston Symphony Orchestra, conductor Seiji Ozawa (R)
RT OFFER Sibelius Complete Symphonies (6 CDs) – all seven symphonies plus Lemminkäinen Suite, Finlandia, Valse triste and other works performed by the Hallé conducted by John Barbiroli – is available for £20.90 incl p&p. Call 0115 982 7500 quoting ref 9029507875 or visit radiotimes.com/cds
1.00pm Radio 3 Lunchtime Concert
From Wigmore Hall in London, Hannah LIVE French introduces oboist François Leleux in a recital of sonatas by Saint-Saëns and Dutilleux and, in an arrangement made specially for Leleux, Debussy's Rapsodie for saxophone and orchestra. Pianist Emmanuel Strosser joins him for the premiere of a sonata by 14-year-old Georgian composer and pianist Tsotne Zedginidze. François Leleux (oboe/cor anglais), Emmanuel Strosser (piano)
Saint-Saëns Oboe Sonata in D, Op 166
Dutilleux Oboe Sonata
Tsotne Zedginidze Oboe Sonata (first performance)
Bozza Fantaisie Pastorale, Op 37
Debussy Rapsodie for saxophone and orchestra (arr Silvestrini for cor anglais and piano)
Repeated Sunday 1pm
2.00 Afternoon Concert
With Fiona Talkington, including week-long spotlights on the Orchestre Consuelo, the Ulster Orchestra and, in performances from last summer at the Utrecht Early Music Festival, Vox Luminis.
Vaughan Williams Five Variants of Dives and Lazarus BBCSO, conductor Emilie Godden
Michael Die Erlöseten des Herren Vox Luminis, conductor Lionel Meunier
Chopin Scherzo in B minor, Op 20
Elisabeth Brauss (piano)
Kodaly Dances of Galanta Budapest Festival Orchestra, conductor Ivan Fischer
Vivaldi Nulla in mundo pax sincera, RV630 Elin Manahan Thomas (soprano), Orchestra of the Age of Enlightenment, conductor Harry Christophers
3.00 Beethoven Symphony No 1 in C Orchestre Consuelo, conductor Victor Julien-Laferrière
WC Briegel Ach, Herr, lehre doch mich... Ach wie gar nichts sind alle Menschen
Vox Luminis, conductor Lionel Meunier
Holst Indra, Op 13 Ulster Orchestra, conductor JoAnn Falletta

Scala Radio

DAB+ scalarradio.co.uk
7.00am Charles Nove Music and features.
10.00 Penny Smith Including the Scala Album of the Week and, after 11.00, this week's Listener in Residence, who shares favourite recordings daily, with a different theme each day. Plus requests from 12.00.
1.00pm Sam Hughes With popular classical works.
4.00 Richard Allinson Music and features, including at 5.30 Classical Bangers and Screen Time at Six.
7.00 Mark Forrest At 8.00 the Peaceful Piano playlist.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am The Everyday Hustle 7.00 Nikita Kanda 10.00 Certified 11.00 Haroon Rashid 2.00pm Certified Throwbacks 3.00 Ankur Desai 6.00 Bobby Friction 9.00 Motivation 10.00 Chill 11.00 News Presents 12.00 Shades On Mix 1.00am Bobby Friction 3.00 R&B Anthems 4.00 Noreen Khan

4.00 Dring Trio for Flute, Oboe and Piano Nancy Ruffer (flute), John Anderson (oboe), Helen Crayford (piano)
Albéniz Rapsodia española, Op 70 Melani Mestre (piano), BBC Scottish Symphony Orchestra, conductor Martyn Brabbins
4.30 New Generation Artists
Chopin Nocturne in F minor, Op 55 No 1 Giorgi Gigashvili (piano)
Mozart Violin Sonata in C, K303 Geneva Lewis (violin), Evren Ozel (piano)
Sibelius A Dragonfly, Op 17 No 5 Johanna Wallroth (soprano), Simon Lepper (piano)
Fergus McCreadie Stony Gate Fergus McCreadie (keyboards), David Bowden (double bass), Stephen Henderson (drums)

5.00 In Tune

Katie Derham with news from the classical world, music and guests, including live performances, today featuring early music group Musica Secreta and all-female a cappella quintet Papagena.

7.00 Classical Mixtape

7.30 Radio 3 in Concert

In a concert from 11 January at the NDR Sendesaal in Hanover, Fiona Talkington presents the NDR Radio Philharmonic Orchestra in Bruckner's Second Symphony and, with Osaka-born American violinist Midori, the Beethoven-inspired Second Violin Concerto of Hamburg-born composer Detlev Glanert. Midori (violin), NDR Radio Philharmonic Orchestra, conductor Andrew Manze
Detlev Glanert Violin Concerto No 2 (To the Immortal Beloved)
Bruckner Symphony No 2 in C minor

10.00 Music Matters

Repeated from Saturday 11.45am

10.45 The Essay: Women of Substance

RT 1/5. Frida Kahlo. Mental health and addiction specialist Sally Marlow looks at the work of five female artists and asks what it reveals about their addictions and the nature of addiction. She begins with painter Frida Kahlo (1907-54), who at 18 suffered life-changing injuries in a bus crash. Her injuries, her miscarriages and the marital betrayal of artist and husband Diego Rivera all informed paintings by Kahlo. She also wrote openly about the prescription drugs she took to control her pain. See choice: page 111. Producer Geraldine Fitzgerald

11.00 Night Tracks

With Sara Mohr-Pietsch.

12.30am Through the Night
With Danielle Jalowiecka. Brahms Piano Concerto No 2 in B flat, Op 83; Piano Quartet No 1 in G minor, Op 25 Haochen Zhang (piano), Shanghai Symphony Orchestra, conductor Long Yu 1.58 Schumann Piano Quintet in E flat, Op 44 2.31 Stravinsky Octet for wind instruments 2.46 Schein Diletti Pastoral, Hirten Lust (selection) 3.08 Bruch Violin Concerto No 1 in G minor, Op 26 3.32 Buxtehude Fugue in G for organ, BuxWV175 3.36 Sacchini Trio Sonata in G 3.47 Van Rennes Zwaluvenvlucht; Herfststemming (Zwaluvenvlucht, Op 59) 3.50 Vaughan Williams Fantasia on a Theme by Thomas Tallis 4.06 Jersild Three Danish Romances for Choir 4.18 CPE Bach Symphony in B flat, Wq182 No 2 4.31 Gershwin An American in Paris 4.50 Marini La bamba, (Affetti musicali, Op 1) 4.53 Howell Two Pieces for Muted Strings 5.02 Scarlatti Sonata in C, K 420 5.08 Borodin Symphony No 1 in E flat 5.41 Handel Lascia la spina (Il trionfo del tempo e del disinganno) 5.49 Fauré Cello Sonata No 2 in G minor, Op 117 6.09 Wolf-Ferrari Suite Concertino in F for bassoon, Op 16

Classic FM

99.9-101.9 FM DAB+ classicfm.com
Freeview 731 Freesat 721 Sky 0106 Virgin 922
6.30am Classic FM Breakfast With Dan Walker.
10.00 Alexander Armstrong Classical favourites and features, including at 10.30 Alexander Armstrong's Famous Five quiz – a daily clue with a week-long connection – followed at 11.15 by Classic FM's Album of the Week.
1.00pm Anne-Marie Minhall With an hour of requests from 1.00 and, at 3.00, Hall of Fame 3 at 3. Text requests on 61812 or via the website at ClassicFM.com
4.00 Margherita Taylor Classic FM favourites.
7.00 Relaxing Evenings With Zeb Soanes.
10.00 Calm Classics With Ritula Shah.
1.00am Bill Overton 4.00 Lucy Coward

Absolute Radio

DAB absoluteradio.co.uk Freeview 727
6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell: hard rock, indie pop and everything in between 4.00 Bush and Richie 7.00 Danielle Perry 10.00 Jay Lawrence 1.00am Dan Noble



BBC Radio 4

92.4-94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 12 midnight
Weather 5.56am, 6.07, 6.57, 7.57, 12.57pm, 5.57, 9.59, 12.30am
Shipping Forecasts 5.20am, 12.01pm (LW), 5.54pm (LW), 12.48am
5.30am News Briefing
5.43 Prayer for the Day With Mark Clavier.
5.45 Farming Today
 News about food, farming and the countryside.
5.58 Tweet of the Day
 Chris Packham introduces the great bustard. (R)
6.00 Today
 Presented by Mishal Husain and Justin Webb.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
 With the Rt Rev Dr David Walker.
9.00 Start the Week
Opium Trade to Synthetic Opiates. Tom Sutcliffe is joined by novelist Amitav Ghosh, former soldier Richard Brittan and professor of criminology Fiona Measham to discuss the history of the trade in opium, from the 19th century to the synthetic opiates of today. Producer Katy Hickman Shortened repeat 9.30pm
9.45 FM Book of the Week: Food for Life
6.10. Something Fishy. Tim Spector's guide to the science of eating well. There are lots of reasons that people choose fish over mammal meat. But as fish farms take over bodies of water and the natural migration patterns of fish are disappearing, can a fish-based diet be considered sustainable, and is it actually better for us? Read by John Lightbody. Abridged by Rosemary Goring. Producer Naomi Walmsley Repeated 12.30am
9.45 LW Daily Service
 Fiona Stewart, a writer who runs a Christian arts charity, leads an act of worship on the theme, God-breathed. With a reading from 2 Timothy 3, v14 to 4, v5 and choral music.
10.00 Woman's Hour
 Presented by Emma Barnett.
 Editor Karen Dalziel
11.00 The Gatekeepers
New series. 1/8. We Are as Gods
 Prompted by Donald Trump's suspension from Twitter and Facebook in 2021, Jamie Bartlett traces the story of how social media became the new information gatekeepers. He starts by meeting one of the early pioneers of social media who tells him about a strange hand-bound book, passed around hippy communes in the Summer of Love, which accidentally led to the creation of the first social media platform. Producer Caitlin Smith
11.30 The Bottom Line
3/8. Meat. UK consumers are eating less meat than at any point since records began 50 years ago. Evan Davis and guests discuss how challenging it is to be in the meat business. Repeated from Thursday

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Father Brown Stories as 4pm
6.30 Dr Finlay: The Adventures of a Black Bag
7.00 Mrs Miniver as 5pm
7.15 Dombey and Son By Charles Dickens (11/20)
7.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion (2/6)
8.00 Steptoe and Son 1972 radio adaptation
8.30 The Wordsmiths at Gorsemere Spoof (2/6)
9.00 Wordaholics Comedy panel show (2/6)
9.30 Acropolis Now 2001 comedy (6/6)
10.00 McLevy David Ashton's *The Dark Shadow*
10.45 Play Chopsticks for Me By Alex Shearer
11.00 Father Brown Stories as 4pm
11.30 Dr Finlay: The Adventures of a Black Bag
12.00 Mrs Miniver as 5pm
12.15pm Dombey and Son By Charles Dickens
12.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion (2/6)
1.00 Steptoe and Son Sitcom from 1972
1.30 The Wordsmiths at Gorsemere Spoof (2/6)
2.00 Wordaholics Comedy panel show (2/6)
2.30 Acropolis Now 2001 comedy (6/6)
3.00 McLevy *The Dark Shadow* by David Ashton
3.45 Play Chopsticks for Me By Alex Shearer
4.00 Father Brown Stories Dramatisation by John Scotney of GK Chesterton's 1914 mystery

12.04pm You and Yours
 Consumer affairs and public interest stories.

1.00 The World at One

Presented by Sarah Montague.

1.45 Forgiveness: Stories from the Front Line

RT **New series. 1/5.** Marina Cantacuzino presents more stories from people who had to struggle with forgiveness in order to be free. The series begins with the story of a man who was violently beaten in his own home in a case of mistaken identity – but who forgave his assailants. Producer Susan Marling

2.00 The Archers Repeated from yesterday 7pm

2.15 This Cultural Life Rptd from Saturday 7.15pm

3.00 Counterpoint

9/13. Paul Gambaccini chairs the last heat before the semi-finals with contestants from Sheffield, Cheshire and Lancashire. Producer Paul Bajoria Repeated Saturday 11pm

3.30 The Food Programme

Repeated from yesterday 12.32pm

4.00 The Forensic Jeweller

RT Following the world's first and only forensic jeweller Dr Maria MacLennan as she and her team of Dr Jan Bikker, Professor Pavlidis Pavlos and film-maker Harry Lawson, travel to the Evros region of Greece where they hope to use the forensic analysis of jewellery to identify deceased migrants. The goal is to give back a name to many of the missing and unidentified who lose their lives trying to enter Europe. Producer Elizabeth Ann Duffy

4.30 Beyond Belief

6/7. Aleem Maqbool is joined by guests for a discussion on an aspect of contemporary religion that highlights the nature and place of faith in the modern world. Producer Rebecca Maxted

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Just a Minute

5/6. Sue Perkins challenges Paul Merton, Lucy Porter, Eshaan Akbar and Angela Barnes to talk for 60 seconds without repetition, deviation or hesitation on subjects ranging from witches to Paisley. Producer Rajiv Karia Repeated Sunday 12.04pm

7.00 The Archers

There's trouble at the Bull, and Adam stamps his authority.

For cast see Friday Repeated tomorrow 2pm

7.15 Front Row

Director Steve McQueen and writer Bianca Stigter join Samira Ahmed to talk about their new film *Occupied City*, a documentary about Amsterdam under Nazi occupation during the Second World War. Playwright Jez Butterworth discusses his new production, *The Hills of California*, directed by Sam Mendes. Producer Paula McGrath

The Perishing of the Pendragon, starring Andrew Sachs as the clerical sleuth. From 1986
4.30 Dr Finlay: The Adventures of a Black Bag Dramatisation by Sue Rodwell of AJ Cronin's *Wee Robertson*, from his 1943 collection of short stories, starring John Gordon Sinclair. From 2001
5.00 Mrs Miniver Penelope Wilton reads *Mrs Miniver Comes Home* and *On Hampstead Heath* – two 1930s tales by Jan Struther about family life
5.15 Dombey and Son By Charles Dickens (11/20)
5.30 Welcome to Our Village, Please Invade Carefully 2014 sitcom about an alien invasion (2/6)
6.00 Steptoe and Son Vintage sitcom
6.30 The Wordsmiths at Gorsemere Spoof (2/6)
7.00 Wordaholics Comedy panel show (2/6)
7.30 Acropolis Now 2001 comedy (6/6)
8.00 The Moth Radio Hour US radio show (6/8)
8.55 Inheritance Tracks With Ken Follett
9.00 A Good Read With Harriett Gilbert in 2016
9.30 The Omen Horror by David Seltzer (1/5)
9.45 November Dead List Crime drama (1/5)
10.00-12.00 Comedy Club: Just a Minute (4/6), at **10.30 Flight of the Conchords** (1/6), at **11.00 The News Quiz** (5/10), at **11.30 Concrete Cow** (4/6)
12.00 as 3pm **12.45am** as 3.45pm **1.00** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 McLevy** *Servant of the Crown* **5.45 The Celebrity Who Failed**

8.00 Labour's Scottish Challenge

Nick Eardley explores whether the Labour Party is about to make a major comeback in Scotland, after years of alienation from voters since the independence vote. With contributions from Scottish Labour leader Anas Sarwar, former leaders Kezia Dugdale and Jim Murphy, SNP First Minister Humza Yousaf, former Scottish Conservative leader Ruth Davidson, former Labour shadow chancellor John McDonnell, the SNP's Mhairi Black MP and Labour's former secretary of state for Scotland, Douglas Alexander. Producer Carol Purcell

8.30 Analysis

New series. 1/8. Has the Family Had Its Day?

A new generation of Conservatives say that the family should be the preferred unit for child rearing, in all circumstances. Yet for decades, single-person households have been the fastest-growing demographic and younger generations are re-defining romantic commitments and their purpose. Zoe Strimpel explores whether the erosion of traditional structures around marriage and family is a destructive process for society, or whether it offers the kind of freedom and individual choice denied to previous generations. Producer David Reid

9.00 Do We Still Need the Pips?

RT Paddy O'Connell explores a century of the Pips, aka the Greenwich Time Signal, which has been used on the BBC since 9.30pm 5 February 1924. With interviews including Mishal Husain, Robin Ince, Professor Brian Cox, Jane Steel, Jon Holmes, Richard Hoptroff and David Rooney. Producer Luke Doran

See feature: page 110

9.30 Start the Week Shortened rpt from 9am

10.00 The World Tonight

Presented by James Coomarasamy.

10.45 Book at Bedtime: The Song of Achilles

6/10. This Is What I Was Born For Madeline Miller's reimagining of Homer's *Iliad*. After making his first kill, Achilles finally understands what he was born to do. Abridged by Rowan Routh and read by Tom Hollander. Producer Justine Willett

11.00 Word of Mouth

4/7. Unequal English. Ruanni Tupas, a Filipino scholar of language, joins Michael Rosen to discuss how native English is perceived differently depending on where someone comes from. Repeated from Tuesday

11.30 Today in Parliament

12.00 News and Weather

12.30-12.45am Book of the Week:

Food for Life Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview * 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freeview, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk
8.30 Business Daily **8.50** Witness History: Charlotte Mensah discusses training at the UK's first luxury Afro-Caribbean hair salon, Splinters
9.00 The Newsroom **9.30** Crowd Science
10.00 News **10.05** The History Hour **11.00** The Newsroom **11.30** The Conversation: with writers and chefs Dina Macki and Keshia Sakarah **12.00** News **12.05pm** Outlook **12.50** Witness History
1.00 The Newsroom **1.30** Crowd Science **2.00** NewsHour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.05** From Our Own Correspondent **8.30** The Life Scientific: Sir Harry Bhadeshia's work researching the atomic make-up of metal alloys. First broadcast on Radio 4 **9.00** NewsHour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** The Conversation **12.00** News **12.05am** The History Hour **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** The Documentary: Cairo in Comics **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** In the Studio

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra **F'view** 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and sport bulletin every half-hour
 Times varying during live sports coverage

5.00am Wake Up to Money

Financial news, reports and analysis.

6.00 5 Live Breakfast

Rachel Burden and Rick Edwards

with a detailed look at the headlines.

9.00 Nicky Campbell

Topical discussions, big-name interviews and listeners' calls. Simulcast with BBC2 until 10am

11.30 Jeanette Kwakye

Sitting in for Naga Munchetty.

1.00pm Nihal Arthanayake

News and topical conversation.

4.00 5 Live Drive

Tony Livesey and Clare McDonnell

with the latest news and sport.

7.00 5 Live Sport

Kelly Cates with sports news, debate and features, including at

7.00 The Monday Night Club, in which she's joined by Chris Sutton, Shay Given and Rory Smith to discuss the weekend's football. Plus updates from Brentford v Manchester City. And at **9.00**

5 Live Cricket, in which Henry Moeran is joined by Phil Tufnell and Alex Hartley for the latest cricket news, including the England Test series in India.

10.00 Gordon Smart
 Discussion, interviews and themed features. Plus listeners' texts.

1.00am Dotun Adebayo

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

3.15am Cricket Australia v West Indies in their third One-Day International in Canberra (until 11am).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927

6.00am Talksport Breakfast

10.00 Jim White and Simon Jordan Sporting insight.

1.00pm Hawksbee and Jacobs

4.00 Talksport Drive

7.00 Premier League Football

Commentary on Brentford v Manchester City (kick-off 8.00).

10.00 Sports Bar

1.00am Extra Time

4.00 Test Cricket India v England.

Talksport 2

DAB+ talksport.co.uk
6.00am-12 noon Test Cricket

Continued commentary on day four of the India v England Second Test.

3.30am-6.00am Test Cricket

Day five of the India v England Second Test (continues until 12 noon).

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919

7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty

4.00 Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale

10.00 Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am James Hanson **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Kait Borsay **10.00** Carole Walker

1.00am Stories of Our Times

1.30 Highlights from Matt Chorley

2.00 The Best of Times Radio



TODAY'S CHOICES



Drama: The Great Delay

2.15pm **Radio 4**

The actor and writer of this play, Theo Toksvig-Stewart, is a talent in his own right – but he is also one of Sandi Toksvig's three children, so has probably grown up with Radio 4 constantly on in the background. On one level, this is a drama about the politics and greed behind climate-change denial. Dig a little deeper, however, and it becomes a more psychologically intriguing piece on the meaning of truth and how easy it is to distort a narrative, be it on a global or intensely personal level. Luke Treadaway (above), Olivia Williams and Rhshan Stone make a suitably unholy triumvirate. **ANNA JONES**

Radio 3 in Concert

7.30pm **Radio 3**

Thomas Adès's 2005 violin concerto *Concentric Paths*, the centrepiece of tonight's BBC Philharmonic concert under its Finnish chief conductor John Storgards, has already received four commercial recordings, a remarkable number for such a recent work. Welcomed by Radio 3's Tom Service as "a piece whose detail is endlessly absorbing but whose emotional impact is immediate and impossible to resist", it's constructed a bit like a musical astrolabe, with constellations of interlocking harmonic and temporal cycles all circling around a central chaconne before spiralling off into outer space. **MARK PAPPENHEIM**

THIS WEEK'S HIGHLIGHTS See p111

The Documentary: Cairo in Comics

9.30am/8.05pm

BBC World Service

The comic book artists charting change in Egypt's capital.

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

7.00am Greg James **10.30** Rickie, Melvin and Charlie **12.00** Live Lounge
1.00pm Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds
8.00 Future Artists **10.00** Power Down Playlist **1.00am** Drum 'n' Bass Mix **2.00** Workout Anthems **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.30am Zoe Ball
With Kingsley Ben-Adir, James Norton and Lashana Lynch, stars of Reinaldo Marcus Green's new screen drama *Bob Marley: One Love*.
9.30 Vernon Kay
Including at **11.30** a **Piano Room** performance by Olivia Dean with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** **Tracks of My Years**, with two more picks by John Cooper Clarke.
12.00 Jeremy Vine Topical show.
2.00pm Scott Mills
4.00 Sara Cox
Including at **6.30** Sara Cox's **Half Wower**, with a playlist of familiar oldies designed to be mood-lifting.
7.00 Jo Whiley
9.00 The Jazz Show with Jamie Cullum
10.00 Trevor Nelson's **Rhythm Nation**
12.00 OJ Borg
Including **Midnight Mastermind**.
3.00am Pick of the Pops **2/2**
Steve Wright with this week in 1996. (R)
4.00 Owain Wyn Evans

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909

7.30am Lauren Laverne
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Huw Stephens From the BBC Cymru Wales radio studios in Cardiff.
7.00 New Music Fix Daily Tom Ravenscroft and Deb Grant with new music that is being made, performed and/or shared right now.
9.00 Riley and Coe Marc Riley and Gideon Coe share old and new music from their record collections.
11.00 6 Music Artist in Residence **2/4**. Rock act Idles with more picks. (R)
12.00 6 Music's Rave Forever
1.00am Leo Green Remembers... Roy Orbison A 2017 tribute to Texas-born Roy Orbison (1936–88), from a humble country start to pop superstar.
3.00 Live Hour Fields of the Nephilim in 1988 at Sheffield University, plus sessions by Sleeper (in 1993) and Boxer (in 1975).
4.00 The 6 Music Playlist
5.00 Chris Hawkins

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW

6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** Simon Mayo **7.00** Jackie Brambles
10.00 Andy Crane **1.00am** Music Marathon **4.00** Alex Lester

Boom Radio

DAB+ boomradio.co.uk

6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd
12.00 David Hamilton **2.00pm** Roger Day **4.00** Nicky Horne **6.00** Jane Markham **8.00** The Easy Hour
9.00 David Hamilton's Million Sellers
10.00 Diana Luke **12.00** Night Ride
2.00am Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903

News and weather as Monday

6.30am Breakfast With Petroc Trelawny.

9.00 Essential Classics

Georgia Mann with music and features, including at **10.10** *Song of the Day* and at **11.30** *Slow Moment*.

12.00 Composer of the Week: Sibelius 2/5. Going International: 1912–13

Donald Macleod looks at the impact Sibelius's international travels and meetings with fellow composers had on his work and his outlook.

The Bells of Kallio Church, Op 65b

Estonian Philharmonic Chamber Choir, conductor Heikki Seppänen

Two Serenades, Op 69

Pekka Kuusisto (violin), Tapiola Sinfonietta

Rakastava, Op 14 Tom Nyman (tenor), YL Male Voice Choir, Lahti Symphony Orchestra, conductor Osmo Vanska

Piano Sonatina, Op 67, No 1 Leif Ove Andsnes

Luonnotar, Op 70 Soile Isokoski (soprano), Helsinki Philharmonic Orchestra, conductor Leif Segerstam

Barden, Op 64 Helsinki Philharmonic Orchestra, conductor John Storgards (R)

1.00pm Radio 3 Lunchtime Concert

Another chance to hear a series of concerts of jazz-influenced chamber music recorded in the autumn of 2022 at LSO St Luke's, London.

Presented by Hannah French.

Simon Höfele (trumpet), Frank Dupree (piano)

Gershwin An American in Paris

Neuwirth Laki for solo trumpet

Daniel Schnyder Sonata

Elvis Costello Almost Blue (after Baker)

Gershwin Rhapsody in Blue (R)

2.00 Afternoon Concert

Presented by Fiona Talkington.

Haydn Baryton Trio No 4 in A, H XI 4

Esterhazy Ensemble

Prokofiev Symphony No 1 (Classical) Berlin

Konzerthaus Orchestra, conductor Joana Mallwitz

Scharmann Gedenke, Herr, wie es uns gehet

Vox Luminis, conductor Lionel Meunier

Korngold Much Ado about Nothing

Gil Shaham (violin), André Previn (piano)

Carwithen Suite: Travel Royal

BBC Concert Orchestra, conductor Gavin Sutherland

3.00 Schumann Cello Concerto in A minor, Op 129

Orchestre Consuelo,

director Victor Julien-Laferrière (cello)

Geist Die mit Tränen säen Vox Luminis,

conductor Lionel Meunier

Sibelius En Saga, Op 9

BBC National Orchestra of Wales,

conductor Thomas Sondergard

4.15 Stravinsky Scherzo fantastique, Op 3

Royal Concertgebouw Orchestra,

conductor Riccardo Chailly

Corelli Violin Sonata in B flat, Op 5 No 2

Locatelli Trio

Smetana Ma vlast (Vltava) Berlin Radio

Symphony Orchestra, conductor Ferenc Fricsay

Scala Radio

DAB+ scalarradio.co.uk

7.00am Charles Nove Including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV, adverts and video games.

10.00 Penny Smith Including at **11.30** a guest from the world of arts and culture, today with composer Jocelyn Pook previewing the Southbank Centre's Imagine Children's Festival (7–17 February), which includes a new restaging of *Chotto Dosh*, featuring music by Pook. Plus listeners' requests from **12.00**.

1.00pm Sam Hughes

4.00 Richard Allinson At **5.30** **Classical Bangers**.

7.00 Mark Forrest Music and features, including new classical releases and at **8.00** the **Peaceful Piano** playlist.

10.00 The Space Soothing and calming music.

1.00am Night Music **5.00** In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork

F'view 709 F'sat 709 Sky 0119 Virgin 912

6.00am Chill **7.00** Nikita Kanda **10.00** Certified **11.00**

Haroon Rashid **2.00pm** Certified Throwbacks **3.00**

Ankur Desai **6.00** Bobby Friction **8.00** BBC Introducing

10.00 All Star Anthems **11.00** Celebrates **12.00**

Ankur Desai **1.00am** Bobby Friction **3.00** DJ Limelight

and Kan D Man **5.00** Asian Network News Presents

5.00 In Tune

Katie Derham with news from the classical world, music and studio guests, including after **6.00** live performances from pianist Leif Ove Andsnes – ahead of Thursday's concert at the Barbican in London – and violist Timothy Ridout with pianist James Baillieu.

7.00 Classical Mixtape

An inspired and unpredictable playlist of nonstop music from across the spectrum.

7.30 Radio 3 in Concert

RT In a concert from 27 January at the Bridgewater Hall in Manchester, Tom McKinney introduces the BBC Philharmonic and Hamburg-born violinist Christian Tetzlaff in a programme featuring Prokofiev, Shostakovich and Thomas Adès. Christian Tetzlaff (violin), BBC Philharmonic, conductor John Storgards

Prokofiev Cinderella: Suite No 2, Op 108

Thomas Adès Violin Concerto (Concentric Paths)

Shostakovich Symphony No 1

10.00 Free Thinking

Ahead of Thursday's 25th anniversary of the death of writer Iris Murdoch (1919–99), a chance to hear a programme from July 2019 in which Matthew Sweet explores the Oxford-born author's thought and writing. He's joined by Lucy Bolton, who has written about Iris, novelist and critic Bidisha, and Professor Emeritus of English Peter J Conradi, who was also a friend of Iris Murdoch. Producer Luke Mulhail (R)

10.45 The Essay: Women of Substance

2/5. Billie Holiday. Sally Marlow explores iconic US jazz and blues singer Billie Holiday (1915–59), who sang about alcohol and broken hearts and whose singing often sounded linked to her drug use – an addiction that landed her in prison. It was shortly after she sang for the first time what would become her signature song, *Strange Fruit*, that the Federal Bureau of Narcotics, led by Harry Anslinger, began to pursue her. When in 1947 she was arrested for possession of heroin, she pleaded guilty and asked to be sent to hospital so she could be cured. Instead she was sent to jail. Producer Geraldine Fitzgerald

11.00 Night Tracks With Sara Mohr-Pietsch.

12.30am Through the Night

With Danielle Jalowiecka. *Brahms Violin Concerto in D, Op 77* Schumann *Symphony No 2 in C* Mozart *Rondo in C, K373* Christian Tetzlaff (violin), Norwegian Radio Orchestra, director Christian Tetzlaff **1.53 Brahms Clarinet Quintet in B minor, Op 115** **2.31 Mussorgsky Pictures from an Exhibition** **3.07 Poulenc Figure humaine** **3.25 Elgar Serenade in E minor, Op 20** **3.37 Couperin Douzième Concert à deux violes (Les goûts-réunis)** **3.46 Strauss, arr Hasenöhrl Till Eulenspiegel einmal Anders!** **3.55 Beethoven Variations on Bei Männern, welche Liebe fühlen, WoO 46** **4.05 Rera Fera gentili** **4.10 Mozart Fantasy in C minor, K396** **4.21 Castello Sonata No 10 (Sonate concertate in stil moderno, Book 2)** **4.31 Sarasate Zigeunerweisen, Op 20** **4.40 Janacek The Wolf's Trail** **4.48 Chaminade Flute Concertino in D, Op 107** **4.56 Haydn Variations on the Hymn Gott erhalte** **5.04 Debussy Rondes de printemps (Images)** **5.12 Bach Agnus Dei; Dona nobis pacem (Mass in B minor, BWV232)** **5.20 Suk Raduz and Mahulena (Fairy Tale, Op 16)** **5.49 Trad, arr Petrinjak Six Renaissance Dances** **6.00 Beethoven Piano Trio No 6 in E flat, Op 70 No 2**

Classic FM

99.9–101.9 FM DAB+ classicfm.com

Freeview 731 Freesat 721 Sky 0106 Virgin 922

6.30am Classic FM Breakfast Dan Walker with music and features, including **Three Little Words** and, after **9.00**, the **Classic FM Hall of Fame Hour**.

10.00 Alexander Armstrong Classical favourites and features, including at **10.30** **Alexander Armstrong's Famous Five quiz** followed at **11.15** by **Classic FM's Album of the Week**.

1.00pm Anne-Marie Minhall With an hour of requests from **1.00** and, at **3.00**, **Hall of Fame 3 at 3**, with three works from the current Classic Hall of Fame Top 300.

4.00 Margherita Taylor Classic FM favourites, including the **Discovery of the Week** at **6.20**.

7.00 Relaxing Evenings Zeb Soanes with a playlist of classical music designed to help listeners relax and recharge, including at **9.00** the **Great Escape**.

10.00 **Calm Classics** With Ritula Shah.

1.00am Bill Overton **4.00** Lucy Coward

Absolute Radio

DAB absoluteradio.co.uk Freeview 727

6.00am Dave Berry: lively chat, guests and tunes, with Dave joined by Matt Dyson **10.00** Leona Graham

1.00pm Ben Burrell **4.00** Bush and Richie **7.00** Danielle Perry **10.00** Jay Lawrence **1.00am** Dan Noble

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 Freesat 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as yesterday; no weather at 5.56am

5.30am News Briefing

5.43 Prayer for the Day

A prayer and reflection with Mark Clavier.

5.45 Farming Today

Rural developments.

5.58 Tweet of the Day

Chris Packham introduces the fieldfare. (R)

6.00 Today

With Mishal Husain and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With Dr Rachel Mann.

8.31 LW Yesterday in Parliament

An update on the latest political proceedings.

9.00 Things Fell Apart

5/8. Things Weren't Going Back to Normal

Jon Ronson explains how a rift between a mother and her teenage daughter during lockdown led to Governor Ron DeSantis enacting far-reaching laws in Florida. All episodes are available on BBC Sounds. Producer Sarah Shebbeare Repeated 9.30pm

9.30 The Miners' Strike: Return Journey 2/5. Nottinghamshire.

Chris Jackson meets Peter Short, a miner and union official at Bilsthorpe colliery in Nottinghamshire who, despite voting for strike action, crossed the picket line and worked throughout the year-long dispute. He retraces his daily walk to the pit and talks through his decisions. Producer Jo Dwyer; Executive producer Rosamund Jones

9.45 FM Book of the Week: Food for Life 7/10. Eating Green.

By Tim Spector. The author considers whether it's possible to always take into account organic, vegan, sustainable, fairly traded options when planning a weekly grocery budget. Read by John Lightbody. For details see yesterday Repeated 12.30am

9.45 LW Daily Service

Led by Canon Ann Easter. Hebrews 4, vv6–13. Lord, Your Almighty Word, sung by Cantus Choro; I Heard the Voice of Jesus Say, sung by the St Martin's Singers; Now Thank We All Our God, sung by the congregation of King's College Chapel, Cambridge.

10.00 Woman's Hour

Emma Barnett presents the magazine show.

11.00 Wild Inside

4/4. The Sea Lion. Professor Ben Garrod and veterinary surgeon Jess French learn about the California sea lion and the key to its success both on land and at sea. Zookeeper and sea lion trainer Mae Betts adds insight to the intelligence of the marine mammal and explains the unique internal anatomy that allows it to stay warm in icy waters, run on land and dive down hundreds of metres. Producer Ella Hubber Repeated Monday 9pm

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Father Brown Stories

6.30 Dr Finlay: the Adventures of a Black Bag

7.00 Mrs Miniver

7.15 Dombey and Son

7.30 The Cold Swedish Winter

8.00 The Goon Show

8.30 Like They've Never Been Gone

9.00 Quote... Unquote

9.30 The Casebook of Max and Ivan

10.00 McLevy

10.45 The Celebrity Who Failed

11.00 Father Brown Stories

11.30 Dr Finlay: the Adventures of a Black Bag

12.00 Mrs Miniver

12.15pm Dombey and Son

12.30 The Cold Swedish Winter

1.00 The Goon Show

1.30 Like They've Never Been Gone

2.00 Quote... Unquote

2.30 The Casebook of Max and Ivan

3.00 McLevy

3.45 The Celebrity Who Failed

4.00 Father Brown Stories

11.30 The Failure of the Future

4/4. After the nuclear bombing on Hiroshima and Nagasaki, Japan began to lead on international discussions for nuclear disarmament, sending reverberations around the world and for a moment in time global society was on the cusp of progress. Johnny Pitts evaluates how the optimism of that era could be helpful in mapping out policies for peace today. Producer Anishka Sharma

12.04pm Call You and Yours

Consumer issues with Winifred Robinson. PHONE: 0370 010 0444 (Lines open from 10am) EMAIL: youandyours@bbc.co.uk

1.00 The World at One

Current affairs with Sarah Montague.

1.45 Forgiveness: Stories from the Front Line

2/5. Founder of the Forgiveness Project, Marina Cantacuzino, meets Marian Partington who explains how she forgave her sister's killers, Fred and Rosemary West.

2.00 The Archers

Repeated from yesterday 7pm

2.15 Drama: The Great Delay

11 By Theo Toksvig-Stewart. An American PR company in the early 1990s attempts to shape the world's response to climate change.

Bob Luke Treadaway Ken Rhashan Stone
Sal Olivia Williams Casey Kitty O'Sullivan

3.00 Short Cuts

5/6. The Net. Word spirits, back rooms and a reply all-pocalypse – Josie Long presents short documentaries that emerge from the internet. Series producer Eleanor McDowall

3.30 A Thorough Examination with Drs Chris and Xand: Exercise

New series. 1/8. The Miracle Cure. The twin doctors examine the best ways to exercise and how it helps the body. Xand has recently discovered the joys of physical activity and is determined to get Chris on board. Dr Scarlett McNally, a consultant orthopedic surgeon, explains how beneficial moderate exercise can be for bodies and the NHS as a whole. All episodes available on BBC Sounds from today. Producer Tom Woolfenden

4.00 Word of Mouth

5/7. Are You Different in Another Language? Michael Rosen speaks to neuroscientist Dr Julia Ravey about whether speaking another language can change a person's personality. Producer Becky Ripley Repeated Monday 11pm

4.30 A Good Read

2/9. Former professional footballer Rachel Brown-Finnis picks Kate Humble's book *Thinking on My Feet* and film critic Anna Bogutskaya chooses Michelle Zauner's *Crying in H Mart*. Presenter Harriett Gilbert's choice is Jenni Diski's *Skating to Antarctica*. Producer Toby Field Repeated Thursday 11.30am

5.00 PM

Presented by Evan Davis.

6.00 Six o'Clock News

4.30 Dr Finlay: the Adventures of a Black Bag

Dramatisation of AJ Cronin's *The Wife of a Hero*

5.00 Mrs Miniver

5.15 Dombey and Son

5.30 The Cold Swedish Winter

6.00 The Goon Show

6.30 Like They've Never Been Gone

7.00 Quote... Unquote

7.30 The Casebook of Max and Ivan

8.00 TED Radio Hour

8.50 Inheritance Tracks

9.00 Sideways

9.30 The Omen

9.45 November Dead List

10.00–12.00 Comedy Club: The Ultimate Choice

10.30 Josh Howie's Losing It

11.00 Old Harry's Game

12.00 as 3pm

12.45am as 3.45pm

1.00 as 4pm

1.30 as 4.30pm

2.00 as 5pm

2.15 as 5.15pm

2.30 as 5.30pm

3.00 as 6pm

3.30 as 6.30pm

4.00 as 7pm

4.30 as 7.30pm

5.00 When the Pips Stop

5.45 La Sainte-Vierge

6.30 The Ultimate Choice

6/6. Crazy Frog v Prince Harry Steph McGovern presents Dane Baptiste and Freya Parker with an either/or question. Producer Jon Harvey Rptd next Tuesday on Radio 4 Extra

7.00 The Archers

Lynda takes the lead, and Alice is keen to make a good impression. For cast see Friday. Repeated tomorrow 2pm

7.15 Front Row

The poet Andrew McMillan talks to Nick Ahad about his debut novel, *Pity*. Plus the Reytons discussing their inspirations. Producer Ekene Akalawu

8.00 File on 4

A Plan to Kill: the Murder of Brianna Ghey Katie Barnfield investigates what motivated two teenagers to lure Brianna Ghey to her death. Interviews with Brianna's mother and her headteacher reveal how she was befriended by one of her killers who then drew up a detailed plan on how she and her accomplice would murder Brianna and hide her body. Available on BBC Sounds since 2 February. Producer Hayley Mortimer Repeated Sunday 5pm

8.40 In Touch

News and features for blind and partially sighted listeners. Presented by Peter White. Producer Pete Wilson

9.00 Inside Health

5/6. Cracking the Mystery of Long Covid Laura Foster visits the UK's first long Covid clinic where they started learning about this life-shattering disease in the hospital car park and finds out what Olympic cyclists can teach us about long Covid recovery. Producer Gerry Holt Repeated tomorrow 3.30pm

9.30 Things Fell Apart

Repeated from 9am

10.00 The World Tonight

News round-up with James Coomarasamy.

10.45 Book at Bedtime: The Song of Achilles

7/10. There is Strangeness among the Gods By Madeline Miller. The threat of mutiny looms as the war spans years with no victory in sight. Read by Tom Hollander. For details see yesterday

11.00 Icklewick FM

3/6. The Festival. Comedy by Chris Cantrill and Amy Gledhill. The radio team is on scene at the 233rd Agricultural Festival, where Amy has been crowned the festival's "Lady Muck".

Chris Pipe	Chris Cantrill	Carl Fink	Ed Night
Amy Winnett	Amy Gledhill	Mr Patel	Mark Silcox
Simon Toke	Colin Hoult	Various	Tom Burgess
Beef and Dairy Marketing	Various	Tai Campbell	Nimisha Odredra
Representative	Various	Nicola Redman	
Benjamin Partridge	Various		

Producer Benjamin Sutton

11.30 Today in Parliament

12.00 News and Weather

12.30–12.45am Book of the Week:

Food for Life Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday

8.00 News

8.05 People Fixing the World

8.30 Business Daily

8.50 Witness History

9.00 The Newsroom

9.30 CHOICE:

The Documentary: Cairo in Comics: Egyptian writers and graphic artists discuss their comic books

10.00 News

10.05 The Arts Hour

11.00 The Newsroom

11.30 In the Studio:

Pakistani author Awaiz Khan seeks a solution to his writer's block

12.00 News

12.05pm Outlook

12.50 Witness History

1.00 The Newsroom

1.30 The Life Scientific

2.00 Newshour

3.00 News

3.05 People Fixing the World:

the effectiveness of reintroducing animals to certain areas

3.30 World Business Report

4.00 BBC OS

6.00 News

6.05 Outlook

6.50 Witness History

7.00 The Newsroom

7.30 Sport Today

8.00 News

8.05 CHOICE:

The Documentary: Cairo in Comics

8.30 Tech Life

9.00 Newshour

10.00 The Newsroom

10.20 Sports News

10.30 World Business Report

11.00 News

11.05 People Fixing the World

11.30 In the Studio

12.00 News

12.05am The Arts Hour

1.00 News

1.05 Business Matters

2.00 The Newsroom

2.30 The Climate Question

3.05 Outlook

3.50 Witness History

4.00 The Newsroom

4.30 World of Secrets: The Disciples

(5/6)

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 F'sat 705 Sky 0105 Virgin 905
Sports Extra F'view 706 F'sat 706
Sky 0131 Virgin 908

News and sport bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money

Financial news, reports and analysis.

6.00 5 Live Breakfast

Rachel Burden and Rick Edwards with a detailed look at the headlines, sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell

Topical discussions, with a phone-in. Simulcast with BBC2 until 10am

11.00 Naga Munchetty

With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake

News, big-name interviews and topical conversation.

4.00 5 Live Drive

The day's news and sport with Tony Livesey and Clare McDonnell.

7.00 5 Live Sport

Featuring sports news, debate and possibly live coverage of FA Cup fourth-round replays.

10.30 Gordon Smart

Topical discussion and interviews.

1.00am Dotun Adebayo

News and topical discussion, with a chance for listeners to phone in throughout the night.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra

F'view 706 F'sat 706 Sky 0131 Virgin 908

5.00–11.00am Cricket

Continued coverage of Australia v West Indies in their third One-Day International in Canberra.

3.40am Cricket

Australia Women v South Africa Women in their second ODI in Sydney (until 11am).

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am Talksport Breakfast

Presented by Jeff Stelling.

10.00 Jim White and Simon Jordan

Sporting insight.

1.00pm Hawksbee and Baker

4.00 Talksport Drive

With Andy Goldstein and Darren Bent.

7.00 Kick Off

Sports debate, analysis and the chance for listeners to have a say on the day's sport.

12.00 Extra Time

5.00am Early Breakfast

Talksport 2

DAB+ talksport.co.uk

6.00am–12 noon Test Cricket

Continued commentary on day five of the India v England Second Test.

LBC

97.3 FM (London area) DAB lbc.co.uk

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Nick Ferrari

10.00 James O'Brien

1.00pm Shelagh Fogarty

4.00 Tom Swarbrick

6.00 Tonight

with Andrew Marr

7.00 Ian Dale

10.00 Ben Kentish

1.00am Richard Spurr

4.00 Ian Payne

Times Radio

DAB thetimes.co.uk/radio

5

WEDNESDAY Radio

TODAY'S CHOICES



Free Thinking

10.00pm **Radio 3**

Think picnics in art, cinema and literature and what springs to mind? Manet's *Le déjeuner sur l'herbe*? The celebrated 1975 Australian movie *Picnic at Hanging Rock*? Perhaps the picnic at the Marabar Caves in EM Forster's *A Passage to India*, which has been described as "a metaphor for the irreconcilability of Anglo-Indian relationships"? The picnic carries its own cultural resonances, and some months before anyone in the UK is going to consider packing sandwiches, filling the ice box and heading to the park or countryside, Anne McElvoy is spreading out her rug and inviting her guests to map the fresco of al fresco. They include Matthew Longo, whose new book *The Picnic* is an account of how, in the summer of 1989, revellers in Hungary helped speed the collapse of Communism. **SIMON O'HAGAN**

Drama: Mediocre White Male

2.15pm **Radio 4**

A success on stage in Edinburgh and London, Will Close's monologue is an alternative view of modern life that you might not expect, especially on Radio 4. While enduring a tedious job as a walkabout actor at a castle with dubious tourist attractions, Close ruminates on his dissatisfaction with gender awareness, diversity criteria and just about everything that as a self-identifying mediocre white male he's expected to embrace. Gradually his thoughts become darker and he realises he may well be the kind of young bloke who would find something appealing in the philosophy of Andrew Tate. The script by Close and Joe von Malachowsky is non-judgemental. Well worth a listen. **DAVID MCGILLIVRAY**

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901
7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Artists **10.00** Power Down Playlist **11.00** Benji B **1.00am** Dance Anthems **2.00** The Interview **2.15** Playlists **3.00** Relax **4.00** Dance **5.00** Arielle Free

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902
6.30am Zoe Ball
9.30 Vernon Kay
Including at **11.30** a **Piano Room** performance by special guest Johnny Marr with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** **Tracks of My Years**, with two more picks from John Cooper Clarke. **12.00** **Jeremy Vine** Topical show. **2.00pm** **Scott Mills**
4.00 **Sara Cox**
7.00 **Jo Whiley**
Including the **Shiny Happy Playlist**, with 30 minutes of feel-good music. **9.00** **The Folk Show with Mark Radcliffe**
10.00 **Trevor Nelson's Rhythm Nation**
12.00 **OJ Borg**
3.00am **Alternative Sounds of the 90s with Dermot O'Leary** (R)
4.00 **OWAIN WYN EVANS**

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.30am **Lauren Laverne** Patrick Patterson and Steve Scipio, Caribbean-born co-founders of London funk act Cymanide (formed in 1971), discuss Tim MacKenzie-Smith's documentary, *Getting It Back: the Story of Cymanide*. **10.30** **Mary Anne Hobbs**
1.00pm **Craig Charles**
4.00 **Huw Stephens**
7.00 **New Music Fix Daily**
9.00 **Riley and Coe** Featuring a live solo performance by Texas-born Andrew Savage (aka A Savage), former co-frontman of New York indie-punk band Parquet Courts. **11.00** **6 Music Artist in Residence** **3/4**. More from Bristol band Idles. (R)
12.00 **Freak Zone Playlist**
Music picks chosen by left-field and experimental musicians and DJs. **1.00am** **The Story of Pop** **9&10/52** A 1994 series in which Alan Freeman (1927-2006) explored the history and development of popular music. Featuring Californian surf sound in the first hour, followed by British pop. **3.00** **Live Hour** The Style Council in 1984 at London's Dominion Theatre, plus Man and the Echo (in 2016) and Brett Marvin and the Thunderbolts (in 1970). **4.00** **Jukebox**
5.00 **Chris Hawkins**

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 Regional variations on FM/MW
6.00am **Rossie** **10.00** **Ken Bruce**
1.00pm **Debbie Mac** **4.00** **Simon Mayo** **7.00** **Jackie Brambles**
10.00 **Andy Crane** **1.00am** **Music Marathon** **4.00** **Alex Lester**

Boom Radio

DAB+ boomradio.co.uk
6.00am **Andy Marriott** **7.30** **Graham Dene** **10.00** **David Lloyd** **12.00** **David Hamilton** **2.00pm** **Roger Day** **4.00** **Nicky Horne** **6.00** **Jane Markham** **8.00** **The Easy Hour** **9.00** **The More Music Hour** **10.00** **Diana Lake** **12.00** **Night Ride** **2.00am** **Through the Night**

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and weather as Monday
6.30am **Breakfast**
Petroc Trelawny with arts news, the headlines, texts and music, including works linked to anniversaries.
9.00 **Essential Classics** With Georgia Mann.
12.00 **Composer of the Week: Sibelius 3/5. America: 1914.** Donald Macleod explores Sibelius's time on tour in America, where he conducted orchestras, met American composers and former presidents, and received an honorary doctorate from Yale University. *Lemminkäinen's Return* (Lemminkäinen Suite, Op 22); *The Oceanides*, Op 73
Helsinki Philharmonic Orchestra, conductor Leif Segerstam
The Broken Voice; *The Boat Journey*; *Fire on the Island*; *Song of my Heart* (Six Part Songs, Op 18) (version for mixed chorus)
Estonian Philharmonic Chamber Choir, conductor Heikki Seppänen
Two Pieces for Violin and Orchestra, Op 77
Mikaela Palmu, Turku Philharmonic Orchestra, conductor Leif Segerstam (R)
1.00pm **Radio 3 Lunchtime Concert**
Joanna MacGregor performs piano music, from Samuel Barber to Chick Corea, Mary Lou Williams and William Grant Still, plus her own composition *For Nina Simone*. Presented by Hannah French, recorded in October 2022 at LSO St Luke's, London. Joanna MacGregor (piano)
Barber Four Excursions, Op 20
Corea *Children's Songs* (excerpts)
Mary Lou Williams, arr MacGregor *Miss DD* (Black Christ of the Andes); *Aries*; *Scorpio* (Zodiac Suite); *Ghost of Love*
Still *Mystic Pool*; *Out of the Silence* (Seven Traceries)
Joanna MacGregor *For Nina Simone* (R)
2.00 **Afternoon Concert**
With Fiona Talkington, including continued spotlights on Orchestre Consuelo, the Ulster Orchestra and, in performances from last summer at the Utrecht Early Music Festival, Vox Luminis.
Beethoven Overture: The Creatures of Prometheus Orchestre Consuelo, conductor Victor Julien-Laferrrière
Schwemmer Die Gerechten Seelen sind in Gottes Hand
Vox Luminis, conductor Lionel Meunier
Cecilia McDowall Rain, Steam and Speed
Ulster Orchestra, conductor George Vass
Ravel Violin Sonata No 2 in G
Johan Dalene (violin), Charles Owen (piano)
Vivaldi Mandolin Concerto in C, RV425
Raffaele La Ragione, Il Pomo d'Oro, conductor Francesco Corti
Beethoven Symphony No 2 in D
Orchestre Consuelo, conductor Victor Julien-Laferrrière
Förtsch Selig sind die Toten
Vox Luminis, conductor Lionel Meunier
3.50 **Grieg Symphonic Dance in G, Op 64 No 1**
City of Birmingham Symphony Orchestra, conductor Sakari Oramo

Scala Radio

DAB+ scalarradio.co.uk
7.00am **Charles Nove** Including *Questions of the Day* and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.
10.00 **Penny Smith** Popular classical works and features, including at **11.30** the weekly **Scala Sessions**, with double bassist Leon Bosch and pianist Rebecca Omordia performing the traditional spiritual *Deep River*.
1.00pm **Sam Hughes** Popular classical works.
4.00 **Richard Allinson** With **Classical Bangers** at **5.30** and **Screen Time** at **Six**.
7.00 **Mark Forrest** Music and features.
10.00 **The Space** Soothing and calming music.
1.00am **Night Music** **5.00** **In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am **R&B Anthems** **7.00** **Nikita Kanda** **10.00** **Certified** **11.00** **Haroon Rashid** **2.00pm** **Certified** **3.00** **Ankur Desai** **6.00** **Bobby Friction** **8.00** **DJ Limelight** and **Kan D Man** **10.00** **Club Hit Squad Mix** **11.00** **Motivation** **12.00** **Asian Network News Presents** **1.00am** **AJD** **3.00** **DJ Nish** **5.00** **The Everyday Hustle**

4.00 Choral Evensong

From St Wulfram's Church, Grantham, with **LIVE** the Gesualdo Six. Recorded on 23 January. Introit: The Promised Light of Life (Cheryl Frances-Hoad). Responses: William Smith. Psalm 37. First Lesson: Isaiah 52, vv13 to end; 53, vv1-6. Canticles: Second Service (Orlando Gibbons). Second Lesson: Romans 15, vv14-21. Anthem: When David heard (Thomas Tomkins). Motet: O Lord Support Us (Henrietta Moran). Hymn: The Race That Long in Darkness Pined (*Dundee*). Voluntary: Prelude and Fugue in A, BWV536 (Bach). Director of music Owain Park. Organist Tim Williams. Rptd Sunday 3pm

5.00 In Tune

Katie Derham welcomes Carlo Rizzi, conductor laureate at Welsh National Opera, who discusses a new recording of his arrangements of Puccini's music. Plus a live performance from the American pianist Andrew Armstrong.

7.00 Classical Mixtape

An inspired playlist.

7.30 Radio 3 in Concert

Georgia Mann presents a concert from last Thursday at the Royal Festival Hall in London. Julia Bullock (soprano), Philharmonia, conductor Santtu-Matias Rouvali
Berlioz Les nuits d'été
Mahler Symphony No 4

10.00 Free Thinking

RT Anne McElvoy explores the long history of the picnic, from the excursions of the gentry to the sausage roll. And Matthew Longo discusses a picnic that took place in 1989 in the militarised zone between Cold War East and West. Producer Ruth Watts

10.45 The Essay: Women of Substance

3/5. **Anna Kavan.** As a teenager growing up in Teesside, addiction specialist Sally Marlow discovered the 1940 novel *Asylum Piece* by British author Anna Kavan (1901-68), who had a traumatic childhood, suffered abusive relationships, spent time in psychiatric institutions and used heroin for decades. As Marlow tries to piece together Kavan's life, she is left with an overwhelming sense of fragments, and the dream-like quality of Kavan's writing adds to the difficulty of getting beyond glimpses of reality.

11.00 Night Tracks

With Sara Mohr-Pietsch.
12.30am **Through the Night** With Danielle Jalowiecka. *Haydn Symphony No 83 in G minor* (The Hen) *Mozart Piano Concerto No 19 in F, K459* *Poulenc Sinfonietta* *Mozart Overture: The Marriage of Figaro* Monte-Carlo PO, conductor Christian Zacharias **2.01** *Soler Four Keyboard Sonatas: No 87 in G minor; No 84 in D; No 24 in D minor; No 88 in D flat* **2.22** *Vivaldi Nulla in mundo pax sincera, RV630* **2.31** *Grieg Violin Sonata No 3 in C minor, Op 45* **2.55** *Penderecki Flute Concerto* **3.16** *Martinu Clarinet Sonatina* **3.27** *Dvorak Song to the Moon* (Rusalka) **3.34** *Debussy Pour le piano* **3.47** *Rautavaara Regular Sets of Elements for orchestra*, Op 60 **4.00** *Telemann Violin Sonata in A, TWV4:A6* (Essercizii Musici) **4.10** *Dukas Villanelle* **4.16** *Mendelssohn Meeresstille und glückliche Fahrt - Overture*, Op 27 **4.31** *Bach Violin Concerto in E, BWV1042* **4.48** *Gombert Media vita in morte sumus a6* **4.55** *Scriabin Deux poèmes*, Op 32 **5.01** *Rossini Quartet No 6 in F for flute, clarinet, horn and bassoon* **5.12** *Raitio Moonlight on Jupiter*, Op 24 **5.25** *Ruth Watson Henderson Missa brevis* **5.38** *Beethoven Cello Sonata in C Op 102 No 1* **5.55** *Ferrandini Il pianto di Maria* (orig attrib Handel, HWV234) **6.20** *Howell Two Pieces for Muted Strings* (R)

Classic FM

99.9-101.9 FM DAB+ classicfm.com
Freeview 731 Freesat 721 Sky 0106 Virgin 922
6.30am **Classic FM Breakfast** Dan Walker with music and features, including **Three Little Words** - three clues, connected by a place, person or object.
10.00 **Alexander Armstrong** Classical favourites and features, including at **10.30** **Alexander Armstrong's Famous Five** quiz followed at **11.15** by **Classic FM's Album of the Week**. **1.00pm** **Anne-Marie Minhall** Listeners' favourites. **4.00** **Margherita Taylor** Classic FM favourites.
7.00 **Relaxing Evenings** Zeb Soanes with three hours of potentially calming classical music, including at **9.00** the **Great Escape**.
10.00 **Calm Classics** With Ritula Shah.
1.00am **Bill Overton** **4.00** **Lucy Coward**

Absolute Radio

DAB absoluteradio.co.uk Freeview 727
6.00am **Dave Berry** **10.00** **Leona Graham**: mainstream and indie rock and pop **1.00pm** **Ben Burrell** **4.00** **Bush and Richie** **7.00** **Danielle Perry** **10.00** **Jay Lawrence** **1.00am** **Dan Noble**



BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and shipping forecasts as yesterday
5.30am News Briefing
5.43 Prayer for the Day With Mark Clavier.
5.45 Farming Today
5.58 Tweet of the Day The wigeon. (R)
6.00 Today
 With Martha Kearney and Justin Webb.
6.25, 7.25, 8.25 Sports News
6.45 Yesterday in Parliament
7.48 Thought for the Day
 With Rabbi Laura Janner-Klausner.
8.31 LW Yesterday in Parliament
9.00 More or Less
 5/8. Tim Harford presents the programme that explains numbers and statistics.
 Editor Richard Vardon Repeated Friday 4.30pm
9.30 Just One Thing with Michael Mosley
 5/10. **Eat Whole Grains.** Michael Mosley explains how switching to wholegrain versions of popular foods can help lower blood pressure, improve cholesterol, boost the gut microbiome and limit blood sugar. Available on BBC Sounds since last Wednesday.
 Series producer Nija Dalal-Small; Editor Zoe Heron
9.45 FM Book of the Week: Food for Life 8/10. Telling Dairy Tales. By Tim Spector. The author explores claims that cow's milk is vital for growth and strength but also causes acne and snotty noses. What is the truth about the healthiness of dairy products? Read by John Lightbody. For details see Monday Repeated 12.30am
9.45 LW Daily Service
 Led by Haydon Spenceley. Proverbs 4, vv18–27. Morning Glory, Starlit Sky, sung by St Martin's Voices; Light Has Come, performed by Haydon Spenceley; My Hope Is Built, sung by Lou Fellingham.
10.00 Woman's Hour With Emma Barnett.
11.00 Why Do You Hate Me?
 2/5. Marianna Spring investigates extraordinary cases of online hate. Today she meets a Northern Irish survivor of the Las Vegas shooting in 2018 – and brings him together with the American conspiracy theorist whose content persuaded him it was a staged government plot. Available on BBC Sounds since last Wednesday.
 Producers Ben Carter and Emma Close
11.30 Lady Killers with Lucy Worsley
 5/11. **Women on Trial.** Lucy is joined by Professor Rosalind Crone and barrister Nneka Akudolu KC as they shine a light on the work required to build the cases against infamous murderesses, how evidence is pieced together and what can be deduced about the lives of these Victorian women from their actions. All episodes are available on BBC Sounds.
 Producer Emily Hughes; Series producer Julia Hayball

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0126 **Virgin** 910
6.00am Father Brown Stories as 4pm
6.30 Dr Finlay: the Adventures of a Black Bag
7.00 Mrs Miniver as 5pm
7.15 Dombey and Son By Charles Dickens (13/20)
7.30 The Golden Age Sitcom. From 2012 (2/3)
8.00 Hancock's Half Hour Vintage comedy
8.30 Ballylenon 1995 comedy (3/4)
9.00 Whose Line Is It Anyway? Panel game
9.30 The Elephant Man 1996 sitcom (6/8)
10.00 When the Pips Stop as 3pm
10.45 La Sainte-Vierge as 3.45pm
11.00 Father Brown Stories as 4pm
11.30 Dr Finlay: the Adventures of a Black Bag
12.00 Mrs Miniver as 5pm
12.15pm Dombey and Son By Dickens (13/20)
12.30 The Golden Age Sitcom. From 2012 (2/3)
1.00 Hancock's Half Hour Vintage comedy
1.30 Ballylenon 1995 comedy (3/4)
2.00 Whose Line Is It Anyway? Panel game
2.30 The Elephant Man 1996 sitcom (6/8)
3.00 When the Pips Stop Radio drama by Oliver Emanuel about two non-communicative sisters living together on a remote Scottish island
3.45 La Sainte-Vierge Daphne du Maurier's 1955 tale. A woman's prayers for the safety of her fisherman husband are answered by a miracle

12.04pm You and Yours

Reports on consumer affairs.

1.00 The World at One
 Presented by Sarah Montague.

1.45 Forgiveness: Stories from the Front Line

3/5. Marina Cantacuzino meets Mathew Shurka who explains how he came to forgive his father who put him through conversion therapy as an attempt to change his sexuality, which pushed Mathew to the brink of suicide.

2.00 The Archers Repeated from yesterday 7pm

2.15 Drama: Mediocre White Male

By Will Close and Joe Von Malachowski. At Lander Castle and Gardens, the living statue of the site's former owner has a story to share about the castle's past. Performed by Will Close, with additional parts played by Rhiannon Neads, Kitty O'Sullivan, Josh Bryant-Jones, Tyler Cameron and Will Kirk. Producer Sasha Yevtushenko

3.00 Money Box Live

Listeners receive financial advice.

EMAIL: moneybox@bbc.co.uk

Your RT Money: page 136

3.30 Inside Health Repeated from yesterday 9pm

4.00 Thinking Allowed

6/7. **Capitalism.** Do people across the world regard capitalism positively or negatively? Also, what's the story behind the word itself? Laurie Taylor talks to Michael Sonenscher, Fellow of King's College, Cambridge, about the evolution of a word first coined in France in the early 19th century. How has its meaning changed over time and what's at stake in our understanding or misunderstanding of it? They're joined by the German sociologist and historian Rainer Zitelman whose latest study examines the largest survey of attitudes towards capitalism. He found that only in 12 countries are attitudes towards capitalism more critical than in Great Britain – even though Britain is the motherland of this economic system. Why might that be? Producer Jayne Egerton Repeated Sunday 12.15am

4.30 The Media Show

Katie Razzall presents media industry news.

Producer Dan Hardoon Repeated 9.30pm

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

6.30 Clare in the Community

5/6. **Ray of Sunshine.** Series 12 of Harry Venning and David Ramsden's comedy. The Sparrowhawk office receive a visit from old team member Ray. He has gone up in the world and has a proposition for them. Brian is becoming suspicious about Clare's behaviour.

Clare Barker	Sally Phillips	Mrs Singh	Nina Wadia
Brian	Alex Lowe	Joan	Sarah Thom
Ray	Richard Lumsden	Vaughn	Jenny Bede
Simon	Andrew Wincott		

Producer Alexandra Smith
 Repeated next Wednesday on Radio 4 Extra (R)

4.00 Father Brown Stories Dramatisation of *The Mistake of the Machine* by GK Chesterton
4.30 Dr Finlay: the Adventures of a Black Bag AJ Cronin's 1943 tale *The Sisters Scobie*
5.00 Mrs Miniver Penelope Wilton reads *Married Couples* and *At the Dentist's* by Jan Struther
5.15 Dombey and Son By Charles Dickens (13/20)
5.30 The Golden Age Sitcom. From 2012 (2/3)
6.00 Hancock's Half Hour Vintage comedy
6.30 Ballylenon 1995 comedy (3/4)
7.00 Whose Line Is It Anyway? Panel game (4/6)
7.30 The Elephant Man 1996 sitcom (6/8)
8.00 Captive Media: the Story of Patty Hearst Benjamin Ramm explores the February 1974 kidnapping of 19-year-old newspaper heiress Patty Hearst and its impact on the US public and media
9.00 Short Cuts With Josie Long (3/7)
9.30 The Omen Horror by David Seltzer (3/5)
9.45 November Dead List By Nick Perry (3/5)
10.00–12.00 Comedy Club: Clare in the Community (4/6), at **10.30 Delve Special** (4/4), at **11.00 Jason Cook's Happiness HQ**, at **11.30 It Is Rocket Science** (3/4), and at **11.45 Tina C's Global Depression Tour** (3/6)
12.00 as 3pm **12.45am** as 3.45pm **1.00** as 4pm **1.30** as 4.30pm **2.00** as 5pm **2.15** as 5.15pm **2.30** as 5.30pm **3.00** as 6pm **3.30** as 6.30pm **4.00** as 7pm **4.30** as 7.30pm **5.00 Ruminations upon Mortality** **5.45 Chicago, Chicago**

7.00 The Archers

A new arrival causes problems at Bridge Farm, and Susan is up to mischief.
 For cast see Friday Repeated tomorrow 2pm

7.15 Front Row

Tim Mackenzie-Smith joins Samira Ahmed to discuss his film, *Getting It Back: the Story of Cymande*. It follows the story of the 1970s black British band Cymande who were little known in the UK but whose musical influence stretched to Motown and beyond.
 Producer Julian May

8.00 The Moral Maze

4/8. Michael Buerk is joined by Giles Fraser, Sonia Sodha, Ash Sarkar and Tim Stanley – and the expert witnesses they call – for a debate on an issue behind a story in the news.
 Producer Dan Tierney Repeated Sunday 11pm

9.00 When It Hits the Fan

4/11. David Yelland and Simon Lewis go inside the world of crisis management and spin doctors as they take a look at recent PR disasters, and find out how, where and when it all began to go wrong.
 Producer Eve Streeter

9.30 The Media Show

Repeated from 4.30pm

10.00 The World Tonight

Presented by James Coomarasamy.

10.45 Book at Bedtime: The Song of Achilles

8/10. **Where Is Your Honour?** Madeline Miller's retelling of Homer's *The Iliad*. Patroclus finds himself betraying his lover in a desperate attempt to save Achilles's honour and to protect the slave girl who has become their friend. Read by Tom Hollander.
 For details see Monday

11.00 What's the Story, Ashley Storrie?

2/4. **Raised by Clowns or "That's Not Funny".** Ashley explains how her mother, Janey Godley, put her to work selling her comedy show each year at Edinburgh Fringe, resulting in some interesting conversations with members of the public and some surprising encounters with famous faces.
 Producer Julia Sutherland

11.15 Sarah Keyworth: Are You a Boy or a Girl?

4/4. **Top Man.** The comedian shares her thoughts on now being at a point in her life in which she is comfortable in her gender and being androgynous.
 Producer Adnan Ahmed (R)

11.30 Today in Parliament

News, views and analysis of the day's developments, including a look at Prime Minister's Questions.

12.00 News and Weather

12.30–12.45am Book of the Week: Food for Life

Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
 Programmes may differ online, and on Freeview, Sky, and Virgin
5.00am Newsday **8.00** News **8.05** Hardtalk **8.30** Business Daily **8.50** Witness History: the life of celebrated Peruvian singer Lucha Reyes
9.00 The Newsroom **9.30** The Climate Question
10.00 News **10.05** World Book Club: physicist Carlo Rovelli discusses his best bestselling book *Seven Brief Lessons on Physics* **11.00** The Newsroom **11.30** World of Secrets: The Disciples: following the collapse of his church compound in Lagos, TB Joshua offers a strange explanation for the destruction (4/6) **12.00** News **12.05pm** Outlook **12.50** Witness History **1.00** The Newsroom **1.30** Tech Life **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** World Business Report **4.00** BBC OS **6.00** News **6.05** Outlook **6.50** Witness History **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** The Climate Question **8.30** Health Check **9.00** Newshour **10.00** The Newsroom **10.20** Sports News **10.30** World Business Report **11.00** News **11.05** Hardtalk **11.30** World of Secrets **12.00** News **12.05am** World Book Club **1.00** News **1.05** Business Matters **2.00** The Newsroom **2.30** Assignment **3.00** News **3.05** Outlook **3.50** Witness History **4.00** The Newsroom **4.30** The Food Chain

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra **F'view** 706 **F'sat** 706
Sky 0131 **Virgin** 908

News and sport bulletin every half-hour
 Times vary during live sports coverage

5.00am Wake Up to Money
 Financial news and analysis.

6.00 5 Live Breakfast
 Rachel Burden and Rick Edwards with a look at the headlines, sports news, weather and unique stories from across the UK.

9.00 Nicky Campbell

Topical discussions, big-name interviews and listeners' calls.
 Simulcast with BBC2 until 10am

11.00 Naga Munchetty
 With the latest news, big-name interviews from around the UK and listeners' personal experiences.

1.00pm Nihal Arthanayake
 News, big-name interviews and topical conversation.

4.00 5 Live Drive
 Tony Livesey and Clare McDonnell with the day's news and sport.

7.00 5 Live Sport
 Featuring sports news, debate and possible live coverage of FA Cup fourth-round replays.

10.30 Gordon Smart
 Topical conversation, features and listeners' texts.

1.00am Dotun Adebayo
 Topical and cultural discussion, with a chance to phone in throughout the night.

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra
F'view 706 **F'sat** 706 **Sky** 0131 **Virgin** 908

5.00–11.00am Cricket
 Continued live commentary on Australia Women v South Africa Women in their second One-Day International in Sydney.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Talksport Breakfast
 Presented by Alan Brazil.
10.00 Jim White and Simon Jordan Sporting insight.
1.00pm Hawksbee and Jacobs
 Paul Hawksbee and Andy Jacobs with sports news, guests and more.
4.00 Talksport Drive With Andy Goldstein and Darren Bent.
7.00 Kick Off Sports debate.
10.00 Sports Bar Reaction, analysis and listeners' input regarding the day's sport.
1.00am Extra Time
5.00 Early Breakfast

Talksport 2

DAB+ talksport.co.uk
1.00pm–3.00 Racing
 From Sedgfield.

LBC

97.3 FM (London area) DAB lbc.co.uk
F'view 732 **F'sat** 734 **Sky** 0123 **Virgin** 919
7.00am Nick Ferrari **10.00** James O'Brien **1.00pm** Shelagh Fogarty **4.00** Tom Swarbrick **6.00** Tonight with Andrew Marr **7.00** Iain Dale **10.00** Ben Kentish **1.00am** Richard Spurr **4.00** Ian Payne

Times Radio

DAB thetimes.co.uk/radio
5.00am James Hanson **6.00** Aasmah Mir and Stig Abell **10.00** Matt Chorley **1.00pm** Mariella Frostrup **3.00** Jane Garvey and Fi Glover **5.00** John Pienaar **7.00** Pienaar and Friends **8.00** Kait Borsay **10.00** Carole Walker **1.00am** Stories of Our Times **1.30** Highlights from Matt Chorley **2.00** The Best of Times Radio

THURSDAY Radio

TODAY'S CHOICES



Assignment

9.30am/8.05pm World Service
Winning the Women's World Cup last summer should have been a crowning achievement for the Spanish team, and yet when football head honcho Luis Rubiales kissed striker Jenni Hermoso during the presentation ceremony (above), "Kissgate" overshadowed the victory and dominated the headlines. It also sparked heated debate across the world, but especially about sex relations in Spain. Does a kiss count as sexual violence? What is consent? Has feminism gone too far? Reporter Sofia Bettiza travels to Madrid to hear how the incident tapped into a rift in Spanish society, blamed by some on pioneering 2004 legislation, which in seeking to eradicate gender-based violence against women also implies no man can be a victim. Now 53 per cent of Spaniards believe men are discriminated against and male millennials bristle against over-correction, further debate is inevitable. **JEREMY ASPINALL**

Ruminations upon Mortality

10.00am/3.00pm Radio 4 Extra
Roger Lloyd Pack escaped typecasting as Trigger in *Only Fools and Horses* to excel in all media. Here's another chance, on what would have been the late actor's 80th birthday, to hear his fine performance as psychiatrist Phil Gilpin in the penultimate radio play from writer Nigel Baldwin, first heard in 2009. Gilpin is treating Bishop Hargreaves (Philip Jackson), who is plagued by a strange, recurring dream about German Second World War soldiers. Gilpin is a practitioner of transpersonal psychology, in which the spiritual and psychic overlap, and he wants to regress his patient. A complex plot about past lives does come together at the end. **DAVID MCGILLIVRAY**

BBC Radio 1

97.6-99.8 FM DAB bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0101 **Virgin** 901
7.00am Greg James **10.30** Rickie, Melvin and Charlie **1.00pm** Dean and Vicky **3.00** Pop Anthems **3.30** Vick and Jordan **6.00** Future Sounds **8.00** Future Pop **10.00** BBC Introducing Dance **11.00** Residency **1.00am** Dance Presents **2.00** Radio 1 Happy **3.00** Power Down Playlist **4.00** Dance **5.00** Chris Howard

BBC Radio 2

88-90.2 FM DAB bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902
6.30am Zoe Ball
9.30 Vernon Kay
Including at **11.30** a **Piano Room** performance by Shaznay Lewis (ex-All Saints) with the BBC Concert Orchestra, live from the BBC's Maida Vale Studios in London. And at **11.10** **Tracks of My Years**, with two more music picks from John Cooper Clarke.
12.00 **Jeremy Vine**
News, human interest stories and topical discussion including a phone-in. Plus new music and a pick of hip pop oldies.
2.00pm **Scott Mills**
4.00 **Sara Cox**
7.00 **Jo Whitley**
9.00 **The Country Show with Bob Harris**
Ahead of his appearance at C2C: Country to Country next month, Brian Kelley (of Nashville duo Florida Georgia Line) performs a session live from Nashville.
10.00 **Trevor Nelson's Rhythm Nation**
12.00 **OJ Borg**
3.00am **Alternative Sounds of the 90s with Dermot O'Leary**
Nirvana, L7, Foo Fighters and more. (R)
4.00 **OWAIN WYN EVANS**

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909
7.30am **Lauren Laverne**
10.30 **Mary Anne Hobbs**
1.00pm **Craig Charles**
4.00 **Huw Stephens** Including at **6.00** **Roundtable**, with music specialists assessing new releases.
7.00 **New Music Fix Daily** With an exclusive guest mix from Scottish electronic musician and DJ Kode9 (Steve Goodman), who founded the Hyperdub record label.
9.00 **Riley and Coe**
11.00 **6 Music Artist in Residence 4/4**. More from Bristol band Idles. (R)
12.00 **New Music Fix Playlist**
New releases in one handy playlist.
1.00am **New Album Fix** Matt Everitt assesses the week's album releases.
2.00 **Jukebox**
5.00 **Chris Hawkins** Including in the first half-hour **The Remix**.

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview 716 **Regional variations on FM/MW**
6.00am **Rossie** **10.00** **Ken Bruce**
1.00pm **Debbie Mac** **4.00** **The Simon Mayo** **7.00** **Jackie Brambles**
10.00 **Andy Crane** **1.00am** **Music Marathon** **4.00** **Alex Lester**

Boom Radio

DAB+ boomradio.co.uk
6.00am **Andy Marriott** **7.30** **Graham Dene** **10.00** **David Lloyd**
12.00 **David Hamilton** **2.00pm** **Roger Day** **4.00** **Nicky Horne**
6.00 **Jane Markham** **8.00** **Easy Hour** **9.00** **Dave Bartram's Choices**
10.00 **Diana Luke** **12.00** **Derek Webster** **2.00am** **Through the Night**

BBC Radio 3

90.2-92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday
6.30am **Breakfast** With Petroc Trelawny.
9.00 **Essential Classics** With Georgia Mann.
12.00 **Composer of the Week: Sibelius 4/5. The Sixteen Swans: 1915-16.** Donald Macleod explores Sibelius's Fifth Symphony, which premiered on 8 December 1915 (his 50th birthday) and which reflected his precarious mental state. *Violin Sonatina*, Op 80
Nils-Erik Sparf, Bengt Forsberg (piano)
Tansilaulu (Dance Song); *Allegro molto (Jokamies)*, Op 83)
Turku Philharmonic Orchestra, conductor Leif Segerstam
Symphony No 5 London Symphony Orchestra, conductor Colin Davis (R)
1.00pm **Radio 3 Lunchtime Concert**
Hannah French introduces the Orsino Ensemble and pianist James Baillieu in a concert of jazz-inspired music by Martinu, Valerie Coleman, Stravinsky and Shostakovich, recorded on 20 October 2022 at LSO St Luke's, London.
Martini Sextet for Piano and Winds
Valerie Coleman Afro-Cuban Concerto for woodwind quintet
Stravinsky Ragtime (arr for wind quintet)
Shostakovich, arr Walter Jazz Suite No 2 (excerpts) (R)
2.00 **Afternoon Concert**
Peny Gore with a playlist including Strauss's *An Alpine Symphony* as the **3.00** featured performance.
Wagner Prelude, Act 3: Die Meistersinger Bavarian State Orchestra, conductor Vladimir Jurowski
Selle Sinfonia (Und da der Sabbath vergangen war); Sellig sind, die da geistlich arm sind
Vox Luminis, conductor Lionel Meunier
Holst Egdon Heath BBC Symphony Orchestra, conductor Andrew Davis
Dalberg Scherzo, Op 6 Danish Philharmonic Orchestra, conductor Frans Rasmussen
3.00 **Strauss An Alpine Symphony, Op 64** Bavarian State Orchestra, conductor Vladimir Jurowski
Hammerschmidt Ich hebe meine Augen auf zu den Bergen Vox Luminis, conductor Lionel Meunier
4.15 **Beethoven Coriolan Overture, Op 62**
Orchestre Consuelo, conductor Victor Julien-Laferrière
Glinka The Lark (arr Balakirev for piano)
Evgeny Kissin
Debussy Danse sacrée et danse profane
Rachel Masters (harp), Ulster Orchestra, conductor Yan Pascal Tortelier
Vaughan Williams English Folk Song Suite (arr Jacob for orchestra)
Royal Liverpool Philharmonic Orchestra, conductor Andrew Manze
5.00 **In Tune**
Katie Derham meets Ines Bodega, artistic director of the Sao Paulo Dance Company, currently touring the UK with three productions. Plus a live performance from the piano-led Astatine Trio.
7.00 **Classical Mixtape** An inspired playlist.

Scala Radio

DAB+ scalaradio.co.uk
7.00am **Charles Nove** Including **Questions of the Day** and, from **9.00**, **Screen Time**.
10.00 **Penny Smith** Including after **11.30** the **Scala Radio Book Club**, today with Jasper Fforde discussing his new novel, *Red Side Story*, which delves into the strictures of a society imposed on itself by itself and the spirit of humans trying to love, survive and make sense of a world that makes no sense at all.
1.00pm **Sam Hughes** With popular classical works.
4.00 **Richard Allinson**
7.00 **Mark Forrest** At **8.00** the **Peaceful Piano playlist**.
10.00 **The Space** Soothing and calming music.
1.00am **Night Music** **5.00** **In the Park**

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am **Certified Mashups** **7.00** **Nikita Kanda** **10.00** **Certified** **11.00** **Haroon Rashid** **2.00pm** **Certified** **Throwbacks** **3.00** **Ankur Desai** **6.00** **AJD** **8.00** **DJ Nish** **10.00** **Shisha Lounge Mix** **11.00** **Chill**
12.00 **Love Friday Mix** **1.00am** **DJ Limelight** **4.00** **Ankur Desai** **5.00** **Asian Network Celebrates**

7.30 Radio 3 in Concert

LIVE From the Royal Festival Hall in London, Vasily Petrenko conducts the Royal Philharmonic Orchestra in works by Elgar, Strauss and Rachmaninov.
Jennifer France (soprano), RPO/Vasily Petrenko
Elgar Cockaigne Overture
Strauss Sechs Lieder, Op 68
Rachmaninov Symphony No 2 in E minor
10.00 Free Thinking
Joseph Conrad's 1907 novel *The Secret Agent* was inspired by a real anarchist plot which led to the 1905 Aliens Act. Matthew Sweet invites three historians to share new research into the bombing which was dubbed "the Greenwich Outrage". Alfred Hitchcock's 1936 film *Sabotage* is partly based on the novel.
10.45 The Essay: Women of Substance 4/5. Andrea Dunbar. In 1980, Andrea Dunbar (1961-90), at 18, made a trip from Bradford to the Royal Court Theatre in London, where the premiere of her play *The Arbor* marked her as the venue's youngest playwright, despite never having been in a theatre. Dunbar returned to Bradford, living on an estate with her daughter before moving to a battered wives home where she completed her play started at 15, written in dialect. Both Dunbar and presenter Sally Marlow battled addiction in the 1980s, with Marlow quitting drink around the time of Dunbar's death.
11.00 The Night Tracks Mix
11.30 Unclassified
With a nod to this year's International Day of Women and Girls in Science (11 February), Elizabeth Alker showcases some of the female composers who take scientific processes as their inspiration. The playlist includes composer Anna Meredith, sound artist Rani Jambak and Icelandic singer/songwriter Björk, plus archive recordings of early pioneers.
12.30am Through the Night
With Danielle Jalowiecka, who begins with a concert given by Theatre of Voices last July in Copenhagen.
Monteverdi Confitebor tibi Domine Schütz Concert in form einer deutschen Begräbnis-Messe, SWV279 David Fennessy I Came Naked from the Womb (Two Pieces about Heinrich Schütz) **Schütz Herr, wenn ich nur dich habe, SWV280 David Fennessy** In Frieden (Two Pieces about Heinrich Schütz) **Schütz Herr, nun lässtst du deinen Diener in Frieden fahren, SWV281 Gabrieli** Cantate Domino **Schubert Heilig, Heilig, Heilig (Deutsche Messe D872)** Theatre of Voices, conductor Paul Hillier **1.28 Bach Komm, Heiliger Geist, BWV652 1.38 Kuhlau Variations on And Small Karin Won, Op 91 1.53 Nielsen Symphony No 6 (Sinfonia semplice) 2.31 Mozart String Quartet in B flat K458 (The Hunt) 2.53 Reger Four Tone Poems after Arnold Böcklin Op 128 3.22 Scriabin Nocturne for the Left Hand, Op 9 No 2 3.29 Purcell O Let Me Weep (The Fairy Queen) 3.37 Devienne Trio No 2 in C for Flute, Viola and Cello 3.47 Melartini Karelian Scenes, Op 146 3.58 Schumann Fantasiestücke, Op 73 04.10 Halevy Quand de la nuit l'épous nuage (L'éclair) 4.16 Vivaldi Concerto in F, RV568 4.31 Glazunov Chant du ménestrel, Op 71 (vers for cello and orchestra) 4.36 Dall'Abaco Concerto a piu istrumenti in C, Op 6 No 10 4.42 Grieg Lyric Pieces, Op 54 (selection) 4.54 Brahms Four Songs, Op 17 5.09 Tchaikovsky The Tempest, Op 18 5.32 Sanz Tarantella 5.40 Bach Brandenburg Concerto No 3 in G, BWV1048 5.53 Chopin Piano Sonata No 3 in B minor, Op 58 6.19 Elgar Serenade in E minor, Op 20**

Classic FM

99.9-101.9 FM DAB+ classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922
6.30am **Classic FM Breakfast** Dan Walker with music and features, including **Three Little Words** - three clues, connected by a place, person or object - and, after **9.00**, the **Classic FM Hall of Fame Hour**, with music from the current Top 300 chart.
10.00 **Alexander Armstrong** Classical favourites and features, including at **10.30** **Alexander Armstrong's Famous Five quiz** - a daily clue with a week-long connection - followed at **11.15** by **Album of the Week**.
1.00pm **Anne-Marie Minhall** Including at **1.00** **Classic FM Requests** and at **3.00** **Hall of Fame**.
4.00 **Margherita Taylor** Classic FM favourites, including the **Discovery of the Week** at **6.20**.
7.00 **Relaxing Evenings** With Zeb Saones.
10.00 **Calm Classics** With Ritula Shah.
1.00am **Bill Overton** **4.00** **Lucy Coward**

Absolute Radio

DAB absoluteradio.co.uk **Freeview** 727
6.00am **Dave Berry**: chat, guests and tunes, with Dave joined by Matt Dyson **10.00** **Leona Graham** **1.00pm** **Ben Burrell** **4.00** **Bush and Richie** **7.00** **Danielle Perry** **10.00** **Jay Lawrence** **1.00am** **Dan Noble**



BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 Freesat 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as Tuesday

5.30am News Briefing

5.43 Prayer for the Day With Mark Clavier.

5.45 Farming Today

5.58 Tweet of the Day The shelduck. (R)

6.00 Today

With Amol Rajan and Nick Robinson.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With the Rev Dr Michael Banner.

8.31 LW Yesterday in Parliament

The Today Podcast is available on BBC Sounds from this morning and broadcast on Radio 4 at 11pm

9.00 In Our Time

Melvyn Bragg chairs a discussion on hormones. He's joined by Andrew Bicknell from the University of Reading, Sadaf Farooqi of the University of Cambridge, and Rebecca Reynolds from the University of Edinburgh. Producer Simon Tillotson Shortened repeat 9.30pm

9.45 FM Book of the Week: Food for Life

9/10. The Future of Food. By Tim Spector.

As population increases, along with global temperatures, the author considers the future of food. What does scientific innovation have to offer and can people get over their squeamish side to embrace new sources of protein? Read by John Lightbody. For details see Monday Repeated 12.30am

9.45 LW Daily Service

An act of worship on the theme, God's Word: Admonish One Another. Led by the Rev Laura Darrall, with a reading from Colossians 3, vv12–17 and a range of choral music.

10.00 Woman's Hour

Presented by Emma Barnett.

11.00 From Our Own Correspondent

Kate Adie presents reports from BBC correspondents around the world in which they tell stories from their regions that are not on the news agenda.

11.30 A Good Read Rptd from Tuesday 4.30pm

12.04pm You and Yours

Consumer affairs and advice.

12.32 Sliced Bread

New series. 1/8. Face Creams. Greg Foot investigates whether expensive face creams, oils and serums really are worth the money – or if their claims of giving the user healthier skin is just marketing. One listener wants to know whether one of the most expensive products on the market – £80 for 15ml – has any more evidence to back it up than the cheap moisturiser he uses, while another is keen to hear about the effectiveness of retinol, one of the most popular ingredients used in creams and serums today. Producer Simon Hoban

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Father Brown Stories as 4pm

6.30 Colvil and Soames: Bad Apples as 4.30pm

7.00 Mrs Miniver Two tales by Jan Struther

7.15 Dombey and Son as 5.15pm

7.30 Tudor Owen: Zoo A true zoo story (2/2)

8.00 Dad's Army Adaptation of the TV sitcom

8.30 Wrinkles Madcap sitcom. From 1981 (2/6)

9.00 Guess What? Panel game. From 1998 (9/10)

9.30 Stockport, So Good They Named It Once

10.30 CHOICE: Ruminations upon Mortality

10.45 Chicago, Chicago By Harry Towb

11.00 Father Brown Stories as 4pm

11.30 Colvil and Soames: Bad Apples Thriller (1/6)

12.00 Mrs Miniver Two tales by Jan Struther

12.15pm Dombey and Son as 5.15pm

12.30 Tudor Owen: Zoo A true zoo story (2/2)

1.00 Dad's Army Adaptation of the TV sitcom

1.30 Wrinkles Madcap sitcom. From 1981 (2/6)

2.00 Guess What? Panel game. From 1998 (9/10)

2.30 Stockport, So Good They Named It Once

3.00 CHOICE: Ruminations upon Mortality

Radio drama by Nigel Baldwin, with Roger Lloyd Pack (1944–2014) as a prominent bishop whose private life ends up in the tabloids. With Philip Jackson, Lizzy Watts and others. From 2009

3.45 Chicago, Chicago Harry Towb reads his tale

1.00 The World at One

Presented by Sarah Montague.

1.45 Forgiveness: Stories from the Front Line

4/5. Marina Cantacuzino hears from a woman whose childhood was marred by sexual abuse by her father, and the suicide of her brother as a result of the abuse he suffered. Is there space for forgiveness in her heart now that her father is close to death and she is one of the people who are responsible for his care?

2.00 The Archers

Repeated from yesterday 7pm

2.15 Drama: Sick

A visceral "vomcom" by Annalisa D'Innella, based on her own experiences. Kate is a successful professional who suffers hyperemesis gravidarum (extreme morning sickness) in her second pregnancy. What happens when the person who meets everybody else's needs suddenly develops needs of her own?

Naomi	Cariad Lloyd	Dan/Nurse Craig	Alex Lowe
Kate	Margaret Cabourn-Smith	John	Sean Baker
Evelyn	Alison Steadman	Young Kate	Kathleen Keaney
Dr Manning/Smartphone	Young Naomi		Lola Page
Teresa Gallagher	Sophie		Sophie Xu

Director/Producer Karen Rose (R)

3.00 Open Country

15/15. The River Quile meanders through the drumlin countryside in the Northern Irish county of Down. In the past it was a busy thoroughfare for Viking long boats and, later, steam ships. Flood defences kept it at bay from the nearby county town of Downpatrick – until they failed in last winter's storms. Helen Mark reports on the colourful life of the River Quile.

Producer Kathleen Carragher

Repeated Saturday 6.07am

3.27 The Radio 4 Appeal

Repeated from Sunday 7.54am

3.30 Bookclub

Repeated from Sunday 4pm

4.00 Wokewath

3/4. Race. Heydon Prowse considers the impact of companies trumpeting their opposition to racism. When George Floyd died in 2020, companies rushed to proclaim their support for Black Lives Matter. They posted black squares on social media, CEOs took the knee in the office, they rushed to be the first to be seen to make donations. But did any of them look at their own organisations; did any of it make a difference? Producer Sarah Bowen

4.30 BBC Inside Science

Victoria Gill presents the latest scientific research to make the news headlines. Producer Hannah Robins Repeated 9pm

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

4.00 Father Brown Stories Dramatisation of GK Chesterton's *The Curse of the Golden Cross* (1926)

4.30 Colvil and Soames: Bad Apples Thriller (1/6)

5.00 Mrs Miniver Two tales by Jan Struther

5.15 Dombey and Son Dramatisation by Mike Walker of the late 1840s novel by Charles Dickens.

Narrated by Alex Jennings and starring Robert Glenister, Abigail Hollick, Eliza Darby, Geraldine James and many others. From 2007 (14/20)

5.30 Tudor Owen: Zoo A true zoo story (2/2)

6.00 Dad's Army Vintage 1975 sitcom

6.30 Wrinkles Madcap sitcom. From 1981 (2/6)

7.00 Guess What? Panel game. From 1998 (9/10)

7.30 Stockport, So Good They Named It Once

8.00 Rik Mayall on Radio Producer John Lloyd celebrates comedian Rik Mayall (1958–2014) (1/2)

9.00 Sounds Natural A 1980 programme with cartoonist Norman Thelwell Jones (1923–2004)

9.30 The Omen Horror by David Seltzer (4/5)

9.45 November Dead List By Nick Perry (4/5)

10.00–12.00 Comedy Club: Olga Koch: OK Computer (1/4), 10.30 My Teenage Diary (4/6), 11.00 Susan Calman Is Convicted (2/4), 11.30 Everyone Quite Likes Justin (1/4)

12.00 as 3pm 12.45am as 3.45pm 1.00 as 4pm

1.30 as 4.30pm 2.00 as 5pm 2.15 as 5.15pm

2.30 as 5.30pm 3.00 as 6pm 3.30 as 1.30pm

4.00 as 2pm 4.30 as 2.30pm 5.00 Garbo and Gilbert in Love By Colin Shindler. From 2005

6.30 Olga Koch: OK Computer

3/4. Health. Comedian and computer scientist Olga Koch explores the science of how to get healthy with her virtual assistant Algo. She asks whether we can be healthy if we don't know what health even means, and considers what a placebo is and why we don't know any of their songs.

Producer Benjamin Sutton

Repeated next Thursday on Radio 4 Extra (R)

7.00 The Archers

Alice is in the firing line, and a decision is reached at Bridge Farm.

For cast see Friday Repeated tomorrow 2pm

7.15 Front Row

Director Reinaldo Marcus Green (*King Richard*) talks to Tom Sutcliffe about *One Love*, his biopic of Bob Marley which is released on Valentine's Day, and Tom and guests review Beyond Form, an exhibition of sculpture at the Turner Contemporary in Margate. Producer Claran Bermingham

8.00 The Briefing Room

David Aaronovitch and guests explore the issues behind a story in the news. Repeated tomorrow 11am

8.30 The Bottom Line

4/8. The Say-Do Gap. Most of us say we want to live, shop, and invest sustainably, but there's often a big gap between what we say is important to us and the decisions we actually make. This intention-action, or "say-do", gap is well known to behavioural economists and policy-makers, but what's really driving it and how should businesses respond? How should you stock your store or put together your investment fund? Evan Davis and guests discuss.

Producer Simon Tulett Repeated Monday 11.30am

9.00 BBC Inside Science Rptd from 4.30pm

9.30 In Our Time Shortened repeat from 9am

10.00 The World Tonight

Presented by Nuala McGovern.

10.45 Book at Bedtime: The Song of Achilles

9/10. You Will Not Be Loved for This Madeline Miller's reimagining of Homer's *Iliad*. As Greek bodies pile up, with Achilles still refusing to fight, Patroclus hatches a desperate plan to save Achilles's honour. Read by Tom Hollander. For details see Monday

11.00 The Today Podcast

Amol Rajan and Nick Robinson's take on the biggest news stories of the week. Available on BBC Sounds from this morning.

Producer Tom Smithard

Editors Jonathan Aspinwall and Louisa Lewis

11.30 Today in Parliament

12.00 News and Weather

12.30–12.45am Book of the Week:

Food for Life Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday 8.00 News 8.05 The Inquiry

8.30 Business Daily 8.50 Witness History 9.00

The Newsroom 9.30 CHOICE: Assignment 10.00

News 10.05 Unexpected Elements 11.00 The

Newsroom 11.30 The Food Chain 12.00 News

12.05pm Outlook 12.50 Witness History 1.00

The Newsroom 1.30 Health Check 2.00 Newshour

3.00 News 3.05 The Inquiry 3.30 World Business

Report 4.00 BBC OS 6.00 News 6.05 Outlook

6.50 Witness History: Rosa Parks's refusal to give

up her bus seat for a white passenger in 1955 7.00

The Newsroom 7.30 Sport Today 8.00 News

8.05 CHOICE: Assignment: Sofia Bettiza

explores how the outrage over Spanish football boss Luis Rubiales kissing World Cup winner Jenni

Hermoso has exposed a rift in Spanish society

8.30 Science in Action 9.00 Newshour 10.00

The Newsroom 10.20 Sports News 10.30 World

Business Report 11.00 News 11.05 The Inquiry

11.30 The Food Chain 12.00 News 12.05am

Unexpected Elements 1.00 News 1.05 Business

Matters 2.00 The Newsroom 2.30 Tech Life

3.00 News 3.05 Outlook 3.50 Witness History

4.00 The Newsroom 4.30 Heart and Soul:

Religion in the 21st Century (3/3)

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 F'sat 705 Sky 0105 Virgin 905
Sports Extra F'view 706 F'sat 706
Sky 0131 Virgin 908

News and sport bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money

Financial news, reports and analysis, from issues regarding employment, inflation and wages to storm damage insurance, the nuclear industry, high street businesses and Brexit. Plus interviews with movers and shakers, business leaders and big bosses.

6.00 5 Live Breakfast

Rachel Burden and Rick Edwards with a detailed look at the headlines, sport and weather.

9.00 Nicky Campbell

Topical discussion, with a phone-in throughout the show. Simulcast with BBC2 until 10am

11.00 Adrian Chiles

With original journalism and possibly surprising news stories.

1.00pm Nihal Arthanayake

News, big-name interviews and topical conversation.

4.00 5 Live Drive

Tony Livesey and Clare McDonnell with the latest news and sport. Plus interviews linked to topical and cultural issues..

7.00 5 Live Sport

Sonja McLaughlan with sports news, debate and a look ahead to round two of the Six Nations. And at 8.00 Path to Paris, in which Eleanor Oldroyd and guests look ahead to the 2024 Olympics and Paralympics in Paris.

10.00 Nick Bright

Sitting in for Gordon Smart.

1.00am Dotun Adebayo

News and topical discussion, with a chance for listeners to phone in throughout the night.

Talksport

1053, 1089 MW DAB talksport.co.uk
F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am Talksport Breakfast

Presented by Alan Brazil.

10.00 Jim White and Simon

Jordan Sporting insight.

1.00pm Hawksbee and Baker

Paul Hawksbee and Charlie Baker serve up sports news and more.

4.00 Talksport Drive With Andy

Goldstein and Darren Bent.

7.00 Kick Off Sports debate.

10.00 Sports Bar

1.00am Extra Time

5.00 Early Breakfast

Talksport 2

DAB+ talksport.co.uk

1.00pm–3.00 Racing

From Doncaster.

7.00pm–1.00am PGA Tour Golf

Commentary on day one of the

Phoenix Open.

LBC

97.3 FM (London area) DAB lbc.co.uk

F'view 732 F'sat 734 Sky 0123 Virgin 919

7.00am Nick Ferrari 10.00 James

O'Brien 1.00pm Shelagh Fogarty

4.00 Tom Swarbrick 6.00

Andrew Marr 7.00 Iain Dale

10.00 Ben Kentish 1.00am

Clive Bull 4.00 Iain Payne

Times Radio

DAB thetimes.co.uk/radio

5.00am James Hanson 6.00

Aasmah Mir and Stig Abell 10.00

Matt Chorley 1.00pm Mariella

Frostrup 3.00 Jane Garvey and Fi

Glover 5.00 John Pienaar 7.00

Pienaar and Friends 8.00 Kait

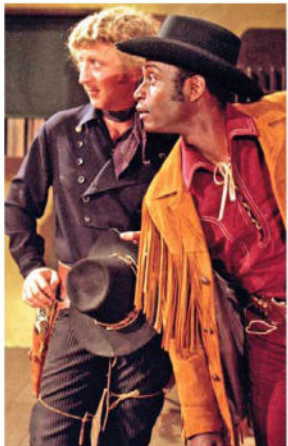
Borsay 10.00 Henry Bonsu 1.00am

Stories of Our Times 1.30 Matt

Chorley 2.00 Best of Times Radio

FRIDAY Radio

TODAY'S CHOICES



Reel Histories

8.00pm **Radio 4 Extra**

Originally broadcast in 2003 and repeated to mark the 50th anniversary of the premiere of spoof comedy *Blazing Saddles* (above), this fabulous forage into Mel Brooks's satirical swipe at western clichés and frontier-town racism is the catalyst for a deeper dissection of the Old West. Journalist Gerry Northam looks at where myth and reality converge by drilling down into the archetypes of the handsome cowboy hero, the hard-drinking gunslinger and the tart with a heart. Instead, he finds poorly paid agricultural labourers, back-shooting killers and drug-addicted prostitutes with low life expectancy, as well as a selective history omitting the presence of black and Mexican cowboys. Meanwhile, dime-novel re-invention, books like *The Virginian* and Hollywood mythologising created a straight-shooting, ruggedly independent symbol of America that, though fictional, became history. **JEREMY ASPINALL**

Radio 3 in Concert

7.30pm **Radio 3**

Kahchun Wong is clearly a name to watch. The first Asian winner of the Gustav Mahler Conducting Competition, currently in his first season as chief conductor of the Japan Philharmonic, the 30-something Singaporean will succeed Sir Mark Elder at the Hallé this autumn. For his London debut tonight he's programmed two Japanese works: Takemitsu's 1957 requiem for his mentor Fumio Hayasaka, composer of the score for Kurosawa's *Seven Samurai*; and Toshio Hosokawa's 2023 violin concerto *Prayer*, voicing a shaman's prayer to the cosmos in the wake of his mother's death, his own illness and the global chaos created by the pandemic and Putin's war. **MARK PAPPENHEIM**

BBC Radio 1

97.6–99.8 FM DAB bbc.co.uk/radio1
F'view* 700 F'sat 700 Sky 0101 Virgin 901

6.30am Best New Pop **7.00** Greg James See 4pm 6 Music **10.30** Katie Thistleton **1.00pm** Matt and Mollie **3.00** Party Anthems **4.00** Official Chart **6.00** Dance Party **8.00** Future Dance **10.00** Pete Tong **12.00** Essential Mix **2.00am** Dance Presents **3.00** Danny Howard's Club Mix **4.00** Chillout Anthems **5.00** Relax

BBC Radio 2

88–90.2 FM DAB bbc.co.uk/radio2
F'view* 702 F'sat 702 Sky 0102 Virgin 902

6.30am Zoe Ball
Including between **8.00** and **9.00** **Friends Round Friday**, this week with Mel Giedroyc and Iain Stirling.
9.30 Vernon Kay
Including at **11.30** a **Piano Room** performance by Rick Astley. And at **11.10** **Tracks of My Years**, with John Cooper Clarke's final picks.
12.00 Jeremy Vine
2.00pm Scott Mills
4.00 Sara Cox
7.00 Michelle Visage
9.00 The Good Groove
11.00 The Rock Show with Johnnie Walker
12.00 Romesh Ranganathan: for the Love of Hip-Hop
1.00am Rick Wakeman's Key to Keys **1/4**. Rick Wakeman shares favourite keyboard tracks, including Jerry Lee Lewis, Mrs Mills, Argent, Emerson, Lake and Palmer, Elton John and Whitesnake. In this first instalment he chats to fellow rock pianist Don Airey, whose CV includes Gary Moore, Ozzy Osborne, Rainbow, Andrew Lloyd Webber and, since 2002, Deep Purple. From 2016. Continues tomorrow 2am. (R)
2.00 Johnnie Walker Meets Phil Collins Johnnie Walker gets close-up and personal with the London-born superstar, who discusses his career, from Genesis to Disney. From 2016. (R)
4.00 Sophie Ellis-Bextor's Kitchen Disco Uplifting tunes.
5.00 Radio 2 in Concert Hue and Cry in 1989 in Edinburgh. (R)

BBC 6 Music

DAB bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909

7.30am Lauren Laverne
With Ambika Mod, who stars in a new Netflix series based on David Nicholls's bestselling novel *One Day*. See p22
10.30 Mary Anne Hobbs
1.00pm Craig Charles
4.00 Huw Stephens In the final hour Huw welcomes Greg James, who tests the theory, "Does music sound better when it's played by Huw Stephens?"
7.00 The People's Party with Afrodeutsche
9.00 6 Music's Indie Forever
11.00 The Ravers Hour
12.00 Rave Forever **1.00am** Emo Forever **2.00** Focus Beats
4.00 Ambient Focus

Greatest Hits

DAB greatesthitsradio.co.uk
Freeview T16 Regional variations on FM/MW
6.00am Rossie **10.00** Ken Bruce
1.00pm Debbie Mac **4.00** Simon Mayo
7.00 Martin Kemp **10.00** Rhythm of the Night **1.00am** Good Times
Anthems **12.00** Music Marathon

Boom Radio

DAB+ boomradio.co.uk
6.00am Andy Marriott **7.30** Graham Dene **10.00** David Lloyd **12.00** David Hamilton **2.00pm** Judi Spiers
4.00 Nicky Horne **6.00** John Peters **8.00** The Easy Hour **9.00** Graham Torrington **12.00** Dave Brown
2.00am Through the Night

BBC Radio 3

90.2–92.4 FM DAB bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903

News and **weather** as Monday
6.30am Breakfast With Petroc Trelawny.
9.00 Essential Classics With Georgia Mann.
12.00 Composer of the Week: Sibelius 5/5. Internal Battles: 1917–19. Donald Macleod explores the end of Sibelius's teetotal years in the context of the Finnish Civil War.
The Dreams, JS 64 Tapiola Chamber Choir and the Friends of Sibelius, conductor Hannu Norjanen
Jager March, Op 91a (orchestra version) Kuopio Symphony Orchestra, conductor Atso Almila
Humoresques, Op 87 Tapiola Sinfonietta, director Pekka Kuusisto (violin) *Our Native Land*, Op 92 Helsinki University Chorus, Helsinki Philharmonic Orchestra, conductor Paavo Berglund
Symphony No 6 London Symphony Orchestra, conductor Colin Davis (R)
1.00pm Radio 3 Lunchtime Concert Hannah French introduces violinist Aleksey Semenenko and pianist Inna Firsova in a concert recorded in October 2022 at LSO St Luke's.
Ravel Violin Sonata in G
Tony Schemmer Sandor's Ballad
Copland Two Pieces for Violin and Piano
Gershwin, arr Heifetz Suite: Porgy and Bess (R)
2.00 Afternoon Concert Penny Gore with a playlist that includes Beethoven's Fourth Symphony in the **3.00** spotlight. Plus the last of this week's performances from Orchestre Consuelo, the Ulster Orchestra and Vox Luminis.
Saint-Saëns Allegro appassionato, Op 43 Natalie Clein (cello), BBC NOW, conductor Andrew Manze
Vivaldi Concerto in C, RV558 Europa Galante, Fabio Biondi (conductor)
Andreas Hammerschmidt Der Tod ist verschlungen Vox Luminis, conductor Lionel Meunier
Respighi Fountains of Rome Boston Symphony Orchestra, conductor Seiji Ozawa
Chopin Ballade No 1 in G minor, Op 23 Nikolai Demidenko (piano)
Marais Sonnerie de Sainte-Geneviève du Mont de Paris Academy of Ancient Music, director Christopher Hogwood
3.00 Beethoven Symphony No 4 in B flat Orchestre Consuelo, conductor Victor Julien-Laferrière
Schein Ich will schweigen; Wie lieblich sind deine Wohnungen Vox Luminis, conductor Lionel Meunier
Victoria Poleva Symphony No 3 (White Interment) Bavarian State Orchestra, conductor Vladimir Jurowski
4.00 Avison String Concerto in D, Op 9 No 2 Avison Ensemble
Mussorgsky, orch Rimsky-Korsakov A Night on the Bare Mountain Ulster Orchestra, conductor Pablo Urbina
4.30 The Listening Service Rptd from Sunday 5pm
5.00 In Tune Katie Derham with live performances from the London Tango Quintet – ahead of Monday's release of the ensemble's debut recording, *Dancing with Piazzolla* – and French pianist Jean-Efflam Bavouzet.

Scala Radio

DAB+ scalaradio.co.uk
7.00am Charles Nove Music, a look at the newspapers and features including **Questions of the Day** and, from **9.00**, **Screen Time**, featuring an hour of music from films, TV shows, adverts and video games.
10.00 Penny Smith Including at **11.30** a guest from the world of arts and culture. Plus requests from **12.00**.
1.00pm Sam Hughes With popular classical works, new discoveries and rediscoveries.
4.00 Richard Allinson Music and features, including at **5.30** **Classical Bangers** and **Screen Time** at **Six**.
7.00 Classical Bangers Darren Redick with an upbeat playlist to start the weekend.
10.00 The Space Soothing and calming music.
1.00am Night Music 5.00 In the Park

BBC Asian Network

DAB bbc.co.uk/asiannetwork
F'view 709 F'sat 709 Sky 0119 Virgin 912
6.00am Fresh **7.00** Nikita Kanda **10.00** Asian Network Certified **11.00** Haroon Rashid **2.00pm** Asian Network Certified Throwbacks **3.00** The Official Asian Music Chart **5.00** Asian Network Certified **6.00** Panjabi Hit Squad **9.00** DJ Limelight **12.00** Desi Dancefloor Mix **1.00am** Pure Spice with DJ Manara **4.00** Fresh

7.00 Classical Mixtape Nonstop music.

7.30 Radio 3 in Concert

RT Live from the Barbican in London, Martin Handley introduces the BBC Symphony Orchestra in works by Toru Takemitsu and Shostakovich, plus the UK premiere of a work by Hiroshima-born composer Toshio Hosokawa. Sayaka Shoji (violin), BBC Symphony Orchestra, conductor Kahchun Wong
Takemitsu Requiem for Strings
Toshio Hosokawa Prayer (first UK performance)
Shostakovich Symphony No 5

10.00 The Verb Ian McMillan with poetry, writing and performance.

10.45 The Essay: Women of Substance 5/5. Nan Goldin. In the 1980s US photographer Nan Goldin (now 70) sought help for her addictions; she went to rehab and got clean. In 2014, following wrist surgery, she was prescribed an opioid painkiller and developed an addiction again. When she became sober again in 2017, she decided to turn her anger into protest against the Sackler family for its involvement in the manufacturers of OxyContin, as captured in Laura Poitras's 2022 documentary film *All the Beauty and the Bloodshed*. Presented by Sally Marlow.

11.00 Late Junction

Verity Sharp introduces new music imbued with historical gravitas care of Kali Malone, who performs on four different organs dating from the 15th to the 17th centuries. Plus accordion playing from the Dominican Republic, haunting solo bagpipes from Vermont composer Henry Birdsey, and excerpts from artist Graeme Miller's huge sonic installation *Linked*, which since 2003 has been broadcasting – via radio transmitters – the voices of former residents of homes that were demolished (including Miller's own) to build the M11 link road.

1.00am Composed with Devonté Hynes

Devonté Hynes shares music that helps him drift off into another world, including a piece by Schubert and recordings by Sun Ra, Hiroshi Yoshimura and Alice Coltrane. (R)

2.00 Gameplay with Baby Queen

Bella Latham with a dream-world-themed video game playlist. Featuring highlights of scores by Austin Wintory (*AGOS: a Game of Space*), Michiru Yamane (*Castlevania*), Borislav Slavov (*Divinity: Original Sin II*) and Peter Gregson (*Boundless*), plus a classic track from Grim Fandango. (R)

3.00 Through the Night

With Danielle Jalowiecka, who starts with a concert of works by Strauss and Reger recorded in February in Turin.
Strauss Burleske Reger Variations and Fugue on a Theme by Telemann, Op 134 **Strauss Eine Alpensinfonie**, Op 64 Alessandro Taverna (piano), RAI National Symphony Orchestra, conductor Fabio Luisi **4.20 Storace Chaconne in C for harpsichord 4.26 Telemann Suite in E minor, TWV55:ei 5.01 Arnold Peterloo Overture**, Op 97 **5.11 Weber Aufforderung zum Tanz**, Op 65 **5.21 Schütz Magnificat anima mea Dominum**, SWV468 **5.31 Piazzolla Milonga del Angel** (arr for string quartet) **5.39 Pia Sonata in D for flute, violin and basso continuo 5.47 Beethoven 12 Variations on Ein Mädchen oder Weibchen**, Op 66 (arr for cello and piano) **5.57 Dvorak Serenade for Strings**, Op 22 **6.25 Handel Aria with Variations (The Harmonious Blacksmith) (Suite in E, HWV430) 6.31 Mozart String Quartet No 14 in G, K387 (Spring)** Revised repeat

Classic FM

99.9–101.9 FM DAB+ classicfm.com
Freeview 731 Freesat 721 Sky 0106 Virgin 922
6.30am Classic FM Breakfast With Dan Walker.
10.00 Alexander Armstrong Classical favourites.
1.00pm Anne-Marie Minhall Listeners' requests.
4.00 Margherita Taylor Classic FM favourites.
7.00 Classic FM at the Movies Jonathan Ross with a family-friendly playlist, including highlights of scores by Ludwig Goransson (*Oppenheimer*) and, from franchises, Hans Zimmer (*Pirates of the Caribbean*), Randy Newman (*Toy Story*) and John Williams (*Indiana Jones*).
9.00 Young Classical Stars This week's showcase includes French pianist and composer Jean-Philippe Rio-py (aka Riopy), who rose to fame soon after an encounter with Coldplay's Chris Martin. Plus former Classic FM Rising Star Alexandra Whittingham (a guitarist) and 20-year-old Mexican pianist Gibran Alcocer.
1.00am Katie Breathwick 4.00 Sam Pittis

Absolute Radio

DAB absoluteradio.co.uk Freeview 727
6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell: hard rock and indie pop **4.00** Bush and Richie **7.00** Absolute 80s Greatest Hits: with Claire Sturgess **10.00** Sophie K **4.00am** Emil Franchi

BBC Radio 4

92.4–94.6 FM 198 LW DAB bbc.co.uk/radio4
Freeview 704 Freesat 704 (FM) 710 (LW)
Sky 0104 (FM) 0130 (LW) Virgin 904 (FM) 911 (LW)

News, weather and shipping forecasts as Tuesday

5.30am News Briefing

5.43 Prayer for the Day
A prayer and reflection with Mark Clavier.

5.45 Farming Today
News about food, farming and the countryside.

5.58 Tweet of the Day
The sound of the great northern diver. (R)

6.00 Today
Presented by Mishal Husain and Amol Rajan.

6.25, 7.25, 8.25 Sports News

6.45 Yesterday in Parliament

7.48 Thought for the Day

With Michael Hurley.

8.31 LW Yesterday in Parliament

9.00 Desert Island Discs

Writer and photographer Val Wilmer, famed for her images of jazz greats including Louis Armstrong and Duke Ellington selects eight recordings to take to the mythical island.

Repeated from Sunday 11.15am

9.45 FM Book of the Week: Food for Life 10/10. Sweet Treats. By Tim Spector.

Modern diets contain refined sugar and syrups lurking in many foods, and it may not be always possible for people to know how much they are consuming. Tim examines how sugar can impact our bodies and asks how people can make food choices that support their health. Read by John Lightbody. For details see Monday Repeated 12.30am

9.45 LW Daily Service

Led by Leslie Griffiths. Psalm 119, vv105–120. Lead, Kindly Light, sung by Aled Jones; Thy Word (Is a Lamp unto My Feet), performed by Amy Grant; He's My Light, performed by Mahalia Jackson.

10.00 Woman's Hour

Magazine exploring issues from a female perspective, presented by Anita Rani.

11.00 The Briefing Room

Repeated from yesterday 8pm

11.30 You Heard It Here First

4/4. Chris McCausland hosts as Phil Wang and Nina Wadia take on Kerry Godliman and Stuart Mitchell in the audio-only game show. They must try to figure out what is being advertised on TV, guess what famous objects or locations children are trying to describe and work out what names of Radio 4 shows presenter Chris is yelling underwater. Producer Sasha Bobak; Exec producer Pete Strauss (R)

12.04pm Rare Earth

4/7. Alien Invasion. Environmental journalist Tom Heap and physicist Helen Czerski ask whether we should celebrate the arrival of new species to the UK or drive them out. They investigate the role of invasive species in the British countryside. Producer Sarah Swadling

BBC Radio 4 Extra

DAB bbc.co.uk/radio4extra

Freeview 708 Freesat 708 Sky 0126 Virgin 910

6.00am Father Brown Stories as 4pm

6.30 Colvil and Soames: Bad Apples as 4.30pm

7.00 Mrs Miniver Two more tales by Jan Struther

7.15 Dombey and Son By Charles Dickens (15/20)

7.30 Ed Reardon's Week 2016 comedy (3/6)

8.00 Marriage Lines With Richard Briers

8.30 Know Your Place 1983 sitcom

9.00 The Third Degree 2021 quiz show (1/6)

9.30 Relativity 2017 comedy (3/4)

10.00 Garbo and Gilbert in Love as 3pm

11.00 Father Brown Stories as 4pm

11.30 Colvil and Soames: Bad Apples as 4.30pm

12.00 Mrs Miniver Two more tales by Jan Struther

12.15pm Dombey and Son By Dickens (15/20)

12.30 Ed Reardon's Week 2016 comedy (3/6)

1.00 Marriage Lines With Richard Briers

1.30 Know Your Place 1983 sitcom

2.00 The Third Degree 2021 quiz show (1/6)

2.30 Relativity 2017 comedy (3/4)

3.00 Garbo and Gilbert in Love Dramatisation

of the biographical work by Colin Shindler, detailing

the off-screen connection between Swedish-born

Hollywood icon Greta Garbo (1905–90) and silent

star John Gilbert (1897–1936), set against Gilbert's

fall in popularity due to the advent of sound in film.

With Kristin Milward and Henry Goodman. From 2005

1.00 The World at One

Analysis of news and current affairs, presented by Jonny Dymond.

1.45 Forgiveness: Stories from the Front Line

5/5. Marina Cantacuzino, founder of the charity the Forgiveness Project, is joined by Trevor Steven to discuss forgiveness in the context of institutional failure. Trevor talks about the death of his daughter Tobi, who took her own life while a student in Norwich, and how she was failed by the mental health services that should have saved her.

2.00 The Archers

Repeated from yesterday 7pm

2.15 Drama: Cobalt

5/5. Conclusion of the thriller by Darragh Mortell. Everything returns to Earth. All episodes are available on BBC Sounds.

Maïta	Saffron Coomber	Lagos police officer
Julian	John Pflumojena	Richard Pepple
Manfred	Jude Akwudike	Criminals
Bevin	Tonderai Munyevu	John Lightbody

Director John Norton

2.45 Child

5/27. Birth of a Mother. India Rakusen explores what it means to suddenly become a mother. Writer and science journalist Lucy Jones talks about the mind-blowing experience of becoming one, and historian Elinor Cleghorn considers some of the most influential images of motherhood, and how they have shaped the role of women today. Artists Conway and Young talk about their search for alternative depictions of motherhood. First ten episodes available on BBC Sounds since 29 January. Series producer Ellie Sans; Executive producer Suzy Grant

3.00 Gardeners' Question Time

Peter Gibbs chairs in Pewsey, Wiltshire, with a panel of Pippa Greenwood, Anne Swithinbank and Chris Beardshaw answering horticultural queries from the audience. Producer Dominic Tyerman Repeated Sunday 2pm

3.45 Short Works

A Night in Limehouse by Elaine Chiew. Dr Wu Lien Teh would one day be credited with bringing the Manchurian Plague of 1910–11 under control. But in 1896 he was a young student. The story imagines his first days in London after sailing from Penang. Read by Chike Chan and Elaine Chiew

Producer Jeremy Osborne

4.00 Last Word

Matthew Bannister presents the programme that profiles the lives of the recently deceased. Producer Gareth Nelson Davies Repeated Sunday 8.30pm

4.30 More or Less

5/8. Tim Harford explains the numbers and statistics used in everyday life. Repeated from Wednesday 9am Repeated Sunday 8pm

5.00 PM Presented by Evan Davis.

6.00 Six o'Clock News

4.00 Father Brown Stories GK Chesterton's 1927 mystery *The Actor and the Alibi*. With Andrew Sachs

4.30 Colvil and Soames: Bad Apples Amanda Redman stars in Christopher Lee's political thriller about a murder on a Brighton beach. From 1998 (2/6)

5.00 Mrs Miniver Two more tales by Jan Struther

5.15 Dombey and Son By Charles Dickens (15/20)

5.30 Ed Reardon's Week 2016 comedy (3/6)

6.00 Marriage Lines With Richard Briers

6.30 Know Your Place 1983 sitcom

7.00 The Third Degree 2021 quiz show (1/6)

7.30 Relativity 2017 comedy (3/4)

8.00 CHOICE: Reel Histories A look at Mel Brooks's 1974 western spoof *Blazing Saddles*

8.30 Soul Music The 1982 song *Shipbuilding*

9.00 And the Academy Award Goes to...

Paul Gambaccini on the musical *Gigi* (1958) (6/7)

9.30 The Omen Horror by David Seltzer (5/5)

9.45 November Dead List Crime drama (5/5)

10.00–12.00 Comedy Club: You're Part of the Problem. at **10.30 Rum Bunch** (1/4), at

11.00 The Show What You Wrote (3/4), at

11.30 All the World's a Globe (2/8), and at

11.45 Before They Were Famous (2/6)

12.00 Pilgrim Dark fantasy (2/4) **12.45am**

The Strange and the Sinister 1.00 as 3pm

2.00 as 4pm **2.30** as 4.30pm **3.00** as 5pm

3.15 as 5.15pm **3.30** as 5.30pm **4.00** as 6pm

4.30 as 6.30pm **5.00** as 7pm **5.30** as 7.30pm

6.30 The News Quiz

6/10. Topical comedy panel game hosted by Andy Zaltzman, with guests including Neil Delamare and Diona Doherty. Producer Samuel Holmes Repeated tomorrow 12.30pm

7.00 The Archers

Harry makes a surprising admission, and the problems continue to mount for Jolene.

Jolene Archer	Buffy Davis	Susan Carter	Charlotte Martin
Kenton Archer	Richard Attlee	Eve Chilcott	Juliet Aubrey
Pat Archer	Patricia Gallimore	Harry Chilcott	Jack Ashton
Tom Archer	William Troughton	Clarrie Grundy	Heather Bell
Tony Archer	David Troughton	Adam Macy	Andrew Wincott
Harrison Burns	James Cartwright	Fallon Rogers	
Alice Carter	Hollie Chapman	Joanna van Kampen	
Chris Carter	Wilf Scolding	Lynda Snell	Carole Boyd

Writer Keri Davies; Director Peter Leslie Wild Editor Jeremy Howe

7.15 Add to Playlist

New series. 1/8. Singer Corinne Bailey Rae, tenor Nicky Spence and the London Bulgarian Choir fill the studio as the series returns, with Cerys Matthews, Jeffrey Boakye and two massive pop classics. Producer Jerome Weatherald. Rptd tomorrow 10.15pm

8.00 Any Questions?

Alex Forsyth chairs the political forum from St Matthew's Church in Perth, where an audience canvasses the opinions of leading figures from politics, business and the media. Producer Camellia Sinclair Repeated tomorrow 1.00pm

8.50 A Point of View

A reflection on a topical issue. Rptd Sunday 8.48am

9.00 The Cows Are Mad

1/2. Omnibus of the 2023 series in which Lucy Proctor looks back at the BSE outbreak during the 1990s, and the unanswered questions surrounding where the disease came from and how it was able to spread to humans. She explores the suspicion surrounding a meat rendering plant with a dark past, sparking paranoia in the Kent countryside as early cases of BSE emerge. Producer Lucy Proctor

10.00 The World Tonight

Presented by Shaun Ley.

10.45 Book at Bedtime: The Song of Achilles

10/10. I Could Not Make Him a God Madeline Miller's reimagining of Homer's *Iliad*. Grief-stricken by Patroclus's death, Achilles vows to kill Hector. Read by Tom Hollander. For details see Monday

11.00 Americast

Justin Webb, Sarah Smith, Marianna Spring and Anthony "The Zurch" Zurcher survey the latest developments in US politics.

11.30 Today in Parliament

News, views and analysis from Westminster.

12.00 News and Weather

12.30–12.45am Book of the Week:

Food for Life Repeated from 9.45am (FM only)

1.00 as BBC World Service

BBC World Service

DAB bbc.co.uk/worldserviceradio

Freeview* 710 Freesat 711 Sky 0115 Virgin 906

Programmes may differ online, and on Freesat, Sky, and Virgin

5.00am Newsday **8.00** News **8.05** Hardtalk

8.30 Business Daily **8.50** Witness History **9.00**

The Newsroom **9.30** Science in Action **10.00**

News **10.05** The Real Story **11.00** The Newsroom

11.30 Heart and Soul: Religion in the 21st

Century: a group of young Buddhists discuss

their faith (3/3) **12.00** News **12.05pm** The Fifth

Floor **12.50** Witness History **1.00** The Newsroom

1.30 Science in Action **2.00** Newshour **3.00**

News **3.05** Hardtalk **3.30** World Business

Report **4.00** BBC OS **6.00** News **6.05** The

Fifth Floor **6.50** Witness History: US model

Bethann Hardison talks about the clash between

American and Parisian designs at the "Battle of

Versailles" fashion show in 1973 **7.00** The

Newsroom **7.30** Sport Today **8.00** News

8.05 BBC OS Conversations **8.30** Crowd

Science **9.00** Newshour **10.00** The Newsroom

10.20 Sports News **10.30** World Business

Report **11.00** News **11.05** Hardtalk **11.30** Heart

and Soul: Religion in the 21st Century **12.00**

News **12.05am** The Real Story **1.00** News **1.05**

Business Matters **2.00** The Newsroom **2.30**

Stumped **3.00** News **3.05** The Fifth Floor **3.50**

Witness History **4.00** News **4.05** The Real Story

BBC Radio 5 Live

693, 909 MW DAB bbc.co.uk/fivelive
F'view 705 F'sat 705 Sky 0105 Virgin 905
Sports Extra F'view 706 F'sat 706
Sky 0131 Virgin 908

News and sport bulletin every half-hour
Times vary during live sports coverage

5.00am Wake Up to Money

6.00 5 Live Breakfast With

Rachel Burden and Rick Edwards.

9.00 Nicky Campbell

11.00 Chiles on Friday
Adrian Chiles presents a good-humoured weekly show with news, sport and culture, including a weekend preview.

1.00pm Elis James and John Robins

A playful take on myriad cultural issues from the previous winners at the Audio and Radio Industry Awards.

2.00 Colin Murray

4.00 5 Live Drive With Tony

Livesey and Clare McDonnell.

7.00 5 Live Sport

Including at **7.00 The Friday Football Social**, with Darren Fletcher joined by guests Don Hutchison, Kevin Campbell, Fara Williams and Kevin Nolan for a look ahead to the weekend's Premier League action. And at **9.00 NFL**, in which Darren and guests preview Sunday's Super Bowl.

10.00 Stephen Nolan

1.00am Lisa McCormick

BBC 5 Sports Extra

DAB bbc.co.uk/sports extra

F'view 706 F'sat 706 Sky 0131 Virgin 908

7.45am–12.00 Cricket

Australia v West Indies in their first T20 international at Hobart.

Radio 5 Live: Contact individual

programmes via the website at

bbc.co.uk/5live.

TELEPHONE: 0800 590 9693

TEXT: 85058 (standard rate)

Talksport

1053, 1089 MW DAB talksport.co.uk

F'view 723 F'sat 731 Sky 0108 Virgin 927

6.00am Talksport Breakfast

Presented by Alan Brazil.

10.00 Jim White and Simon Jordan

Sporting insight.

1.00pm Hawksbee and Jacobs

4.00 Talksport Drive With Andy

Goldstein and Darren Bent.

7.00 Thank Friday It's Football

With Ade Oladipo and Rory Jennings.

10.00 Sports Bar

1.00am Extra Time

Presented by Martin Kelner.

Talksport 2

DAB+

Face behind the voice Martin Geissler BBC Radio Scotland



Age 52
Current job
Presenter since last month of drivetime news (Mon to Wed, 4pm-6pm) on BBC

Radio Scotland. "It's the best time of day – you know the news agenda, and our job is to give listeners the context." He also presents *The Sunday Show* – a TV and radio simulcast (10am-12 noon) "picking up where Laura Kuenssberg left off".

CV Born in St Andrews and brought up in Edinburgh. Planned to go to university but after doing work experience at the fledgling Sky TV, he was offered a job – his TV career was under way. "It was a great time and place to start. You could get away with mistakes, because no one was watching!"

From Sky he moved to ITV as a reporter and presenter, then joined ITN in 2002, remaining there for 17 years, "covering wars, natural disasters and countless other stories". He joined BBC Scotland in 2019 for the launch of news programme *The Nine*, and began presenting on

BBC Radio Scotland. "A lot of people start out in radio and move to TV. I've done it the other way round. I had a healthy sense of intimidation! But when the red light went on I thought, 'Yes, this is where I belong.'"

Social media – yes or no? "I treat it with extreme caution. I'm active on X (Twitter) but I only tweet about my enthusiasms, not my work – so football and music."

Best moments "I'm probably proudest of the reporting I did from Zimbabwe in 2008, shining a light on the horrors of the Mugabe regime. We kept being banned and we kept going back in."

Worst moments "In 2017 I went to the wrong island to cover a hurricane! We thought it was going to hit Jamaica. I ended up stranded there while it was Haiti that got battered. Stuck on a paradise island while watching my rivals cover the story was as bad as it gets."

Off air "I live with my wife Teresa in a Clackmannanshire village. We've two grown-up children and a golden retriever called Baxter. I'm a Hearts season-ticket holder and am also a member of the

wonderful Muckhart Golf Club."

First radio memory "I grew up listening to Radio 1. I loved Janice Long. She had a quiz called Select-A-Disc – listeners would ring in and answer two questions. Get the first one right, you'd win a single; get the second one right, you'd win an album. I got on – and got both questions right. I'll never forget it."

Favourite broadcasters "Janice Long for me was even more important than John Peel. I also love Danny Baker. I like people who don't follow convention. I'd add Matt Chorley on Times Radio. He's a complete natural – funny, incisive, entertaining. You're never too old to wonder what it is you like about your rivals, and you'd be daft not to try and learn from them."

Ambition/Dream job "I've got my dream job, and my only ambition is to remain fulfilled."

Secret skills "I make the best poached eggs. I've a secret method – so secret I won't share it even with RT readers!" **SIMON O'HAGAN**

Listen at bbc.co.uk/radioscotland

Monday–Friday

6am Sonia Watson **10.00** Ben Fryer **2pm** Akiyah Rodriguez **6.00 Mon:** Sport; **Tue:** Framed; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Phone-in **6.30 Tue:** Babs Michel **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Gloucestershire

Saturday

6am Caroline Martin **10.00** Andy Bennett **12.20 FM** Matchday **2pm** Matchday **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Dominic Cotter **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Jon Smith **10.00** Nicky Price; **Wed:** Dominic Cotter **2pm** Chris Baxter; **Wed:** David Smith; **Fri:** Graham Rogers **6.00 Mon:** Sport; **Tue:** Scrum; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Dan Pascoe; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **9.30 Wed:** Mums without Makeup **10.00–1am** Becky Want; **Fri:** Jo Good

Guernsey

Saturday

6am Sarah Bailey **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Tim Hunter **10.00** Steph Watkins **2pm** Darcy Kelly **6.00 Mon:** James Dundon; **Tue/Wed:** Dan Pascoe; **Thu:** Introducing; **Fri:** John Randall **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Hereford/Worcester

Saturday

6am Lorna Bailey **10.00** Liz Ellis **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Liz Ellis **2pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Tammy Gooding **10.00** Malcolm Boyden **2pm** Toni McDonald **6.00 Mon/Fri:** Sport; **Tue/Wed:** Arun Verma; **Thu:** Upload **7.00 Mon:** Gagan Grewal; **Fri:** Merisha Stevenson **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Humberside

Saturday

6am Fiona Mills **10.00** Sean Dunderdale **2pm** Sport **5.00** Football **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Fiona Mills **10.00** Sean Dunderdale **2pm** Sarah-Jane Honeywell **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Kofi Smiles **9.05 Fri:** Kofi's Good Things **10.00** Carla Greene **2pm** Richard Stead **6.00** Sportstalk **7.00 Mon:** Arzu Dutta; **Tue:** Sport; **Wed:** John Kane; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** Introducing **9.35** **Tue:** Football **10.00–1am** Becky Want; **Fri:** Jo Good

Jersey

Saturday

6am Sarah Bailey **10.00** Jim Delbridge **2pm** Warren Muggleton **6.00** Stereo Underground **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Matthew Price **10.00** Jim Delbridge **2pm** John Randall **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Jenny Mullin **10.00** Alison Moss **2pm** Darcy Kelly **6.00 Mon:** James Dundon; **Tue/Wed:** Dan Pascoe; **Thu:** BBC Introducing; **Fri:** John Randall **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Kent

Saturday

6am Allison Ferns **10.00** Stephen Brown **2pm** Sports Hub **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Allison Ferns **10.00** Pat Marsh **2pm** Erika North **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Wake Up Call **10.00** Dominic King **2pm** Adam Dowling **6.00 Mon:** Game Changers; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Huddle **7.00 Mon:** Rena Annobli; **Fri:** Dan Simpson **8.00 Thu:** Introducing **9.00** **Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

Lancashire

Saturday

6am Paul Beesley **10.00** Hayley Kay **2pm** Matchday Live **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Joe Wilson **10.00** Hayley Kay **2pm** Billy Hui **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Graham Liver **10.00** Sharon Hartley **2pm** Nishma Hindocha **6.00** Sport; **Tue:** Matchnight **7.00 Mon:** Raees Khan; **Wed:** Joel Mitchell; **Thu:** Upload **8.00 Thu:** Introducing; **Fri:** Rachel Teate **10.00–1am** Becky Want; **Fri:** Jo Good

Leeds

Saturday

6am Kat Cowan **10.00** Nick Ahad **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Kat Cowan **10.00** Becky Measures **2pm** Sport **6.00** Dotun Adebayo **10.00–1am** Becky Want

Berkshire

Saturday

6am Katie Martin **10.00** Alice Hopkins **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Katie Tyler **10.00** Alice Hopkins **2pm** Tony Blackburn **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Kirsten O'Brien **10.00** Sarah Walker **2pm** Bridgitte Tetteh; **Fri:** Katie Tyler **6.00 Mon:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Kick-Off **7.00 Mon:** Rena Annobli; **Fri:** Dan Simpson **8.00 Thu:** Introducing **9.00 Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

Bristol

Saturday

6am Caroline Martin **10.00** Andy Bennett **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Steve Yabsley **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Joe Sims **10.00** John Darvall **2pm** Claire Carter; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Sport; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **10.00–1am** (Tue: 10.30); Becky Want; **Fri:** Jo Good

Cambridgeshire

Saturday

6am Babs Michel **10.00** Amir Suleman **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Amir Suleman **2pm** John Leech Soul Show **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Dotty McLeod **10.00** Chris Mann **2pm** Louise Hulland **6.00** Sport; **Mon:** Farzana Chaudry; **Wed:** Babs Michel **7.00 Tue:** Pre-Match; **Thu:** Upload; **Fri:** Angelle Joseph **7.45 Tue:** Sport **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Cornwall

Saturday

6am Mel Osborne **10.00** James Dundon **2pm** Sport **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Faith Programme **10.00** James Dundon **2pm** Mel Everett **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am James Churchfield **10.00** Julie Skentelbery **2pm** David White **6.00** Dan Pascoe; **Mon:** Anoushka Williams; **Thu:** Upload **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Cumbria

Saturday

6am Paul Beesley **10.00** Hayley Kay **2pm** Sport

6.00 Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Joe Wilson **10.00** Hayley Kay **2pm** Billy Hui **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Mike Zeller **10.00** Stephanie Finnon **2pm** Nishma Hindocha **6.00 Mon/Fri:** Sport; **Tue:** Jade Burns; **Wed:** Joel Mitchell; **Thu:** Upload **7.00 Mon:** Emma Millen; **Fri:** Rachel Teate **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

CWR

Saturday

6am Lorna Bailey **10.00** Elise Evans **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Elise Evans **2pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Phil Upton; **Tue:** Richard Williams **10.00** Vic Minett; **Wed:** Marian McNamee **2pm** Trish Addu **6.00** Sport; **Fri:** The Sound of the Sky Blues **7.00 Mon:** Gagan Grewal; **Tue/Wed:** Arun Verma; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Derby

Saturday

6am Becky Measures **10.00** Dino 2pm Sports Scene **6.00** Dean Jackson **10.00–1am** Jo Good

Sunday

6am Kelly Hinch **10.00** Dino 2pm Dean Jackson **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Andy Twigg; **Tue:** Becky Measures **10.00** Ian Skye **2pm** Ben Jackson **6.00** Sports Scene **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Letitia George **10.00–1am** Becky Want; **Fri:** Jo Good

Devon

Saturday

6am Caroline Cook **10.00** Richard Green **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Rick Edwards **10.00** Toby Buckland **2pm** Mel Everett **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Rick Edwards; **Fri:** Michael Chequer **10.00** Caroline Densley; **Thu:** Michael Chequer **2pm** David White **6.00** Dan Pascoe; **Mon:** Anoushka Williams; **Tue:** Sport; **Thu:** Upload **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Essex

Saturday

6am Babs Michel **10.00** Sadie Nine **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Sadie Nine **2pm** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Rima Ahmed **10.00** Gayle Lofthouse **2pm** Toby Foster **6.00** Sport **7.00 Mon:** Arzu Dutta; **Tue:** Bek Homer; **Wed:** John Kane; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Leicester**Saturday**

6am Becky Measures **10.00** Dino **1pm** Kick-Off **2.00** Sport **6.00** Beat **10.00–1am** Jo Good

Sunday

6am Kelly Hinch **10.00** Dino **12.00** Sport **3pm** Dean Jackson **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Becky Want

Monday–Friday

6am Ady Dayman **10.00** Kelly Hinch **2pm** Ben Jackson **6.00 Mon:** Football; **Tue:** Game Night; **Wed:** Rugby Show; **Thu:** Boot Room; **Fri:** Preview **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Letitia George **10.00–1am** Becky Want; **Fri:** Jo Good

Lincolnshire**Saturday**

6am Fiona Mills **10.00** Sean Dunderdale **2pm** Hope and Glory **6.00** The Beat **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Fiona Mills **10.00** Sean Dunderdale **2pm** Sarah-Jane Honeywell **6.00** Country Lincs **7.00** Folk **10.00–1am** Becky Want

Monday–Friday

6am Scott Dalton **10.00** Frances Finn; **Fri:** Sue Taylor **2pm** Richard Stead **6.00** In the Game; **Fri:** Hope and Glory **7.00 Mon:** Arzu Dutta; **Tue:** Bek Homer; **Wed:** John Kane; **Thu:** Upload; **Fri:** Sile Sibanda **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

London**Saturday**

6am Carrie and David Grant **10.00** Robert Elms **1pm** Gary Crowley **2.00** Sport **6.00** Alice Dale **8.00** Introducing **10.00** Jo Good **1am–5.00** Lisa McCormick

Sunday

6am Inspirit **10.00** Robert Elms **2pm** Gaby Roslin **6.00** Dotun Adebayo **10.00** Becky Want **1am–5.00** Dotun Adebayo

Monday–Friday

6am Salma El-Wardany; **Fri:** Riz Lateef **10.00** Eddie Nestor; **Fri:** Robert Elms **2pm** Shay Grewal; **Fri:** Jumoké Fashola **6.00** Sport **7.00 Mon:** Asad Ahmad; **Tue:** Kim Davis; **Wed:** Jacqueline Shepherd; **Thu:** Alice Dale; **Fri:** Aminata Kamara **8.00 Thu:** Introducing **10.00** Becky Want; **Fri:** Jo Good **1am–5.00** Dotun Adebayo; **Fri:** Lisa McCormick

Manchester**Saturday**

6am Phil Trow **10.00** Simone Riley **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Phil Trow **10.00** Simone Riley **2pm** Stacey Copeland **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Anna Jameson **10.00** Mike Sweeney; **Fri:** Joe McGrath **2pm** Michelle Dignan; **Thu/Fri:** Simone Riley **6.00** Sport **7.00 Mon:** Sport; **Tue:** Stacey Copeland; **Wed:** Joel Mitchell; **Thu:** Upload; **Fri:** UK Black **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Merseyside**Saturday**

6am Paul Beesley **10.00** Sean Styles **12.00** Total Sport **6pm** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Joe Wilson **10.00** Sean Styles **2pm** Billy Hui **4.00** Total Sport **7.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Phil Munns; **Fri:** Lisa Marrey **10.00** Tony Snell **2pm** Helen Jones **6.00** Total Sport **8.00 Mon:** Raees Khan; **Tue:** Jade Burns; **Wed:** Joel Mitchell; **Thu:** Introducing; **Fri:** UK Black **9.00 Mon:** Orient Express **10.00–1am** Becky Want; **Fri:** Jo Good

Newcastle**Saturday**

6am Gilly Hope **10.00** Kelly Scott **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Gilly Hope **9.00** Garden Mania **10.00** Kelly Scott **11.00** Sport **2pm** Simon Logan **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Matt Bailey **10.00** Anna Foster **2pm** Scott Makin **6.00** Sport **8.00 Mon:** Emma Millen; **Tue:** Jade Burns; **Wed:** Joel Mitchell; **Thu:** Introducing; **Fri:** Rachel Teate **10.00–1am** Becky Want; **Fri:** Jo Good

Norfolk**Saturday**

6am Babs Michel **10.00** Amir Suleman **2pm** Sport **5.00** Canary Call **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Amir Suleman **2pm** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Chris Goreham **10.00** Kayleigh Poacher **2pm** Louise Hulland **6.00 Mon:** Scrimmage; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Yellow Friday **6.30 Fri:** Local Report **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Northampton**Saturday**

6am Babs Michel **10.00** Justin Dealey **1pm** Sport

6.00 Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Justin Dealey **2pm** Paul Lovett **4.00** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Annabel Amos **10.00** Bernie Keith **2pm** Roberto Perrone **6.00 Mon:** Chance Litchfield; **Tue:** Babs Michel; **Wed:** The Saints Show; **Thu:** The Cobblers Show; **Fri:** Friday Night Sports Show **7.00 Mon:** Farzana Chaudry; **Wed:** Babs Michel; **Thu:** Upload; **Fri:** Angelle Joseph **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Nottingham**Saturday**

6am Becky Measures **10.00** Dino **2pm** Matchday **8.00** Dean Jackson **10.00–1am** Jo Good

Sunday

6am Kelly Hinch **10.00** Dino **1pm** Matchday **5.00** We Are Notts **6.00** Gagan Grewal **8.00** Nikki Tapper **10.00–1am** Becky Want

Monday–Friday

6am Sarah Julian **10.00** Verity Cowley **2pm** Ben Jackson **6.00** In the Game **7.00 Mon:** Shruti Chauhan; **Tue/Wed:** Arun Verma; **Thu:** Dean Jackson; **Fri:** Matchnight **10.00–1am** Becky Want; **Fri:** Jo Good

Oxford**Saturday**

6am Katie Martin **10.00** Alice Hopkins **12.00** Sport **6pm** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Katie Tyler **10.00** Alice Hopkins **2pm** Tony Blackburn **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Sophie Law **10.00** Adam Ball **2pm** Bridgitte Tetteh; **Fri:** Katie Tyler **6.00 Mon/Fri:** Sport; **Tue/Wed:** Stephen Brown; **Thu:** Upload **7.00 Mon:** Rena Annobli; **Fri:** Dan Simpson **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Sheffield**Saturday**

6am Kat Cowan **9.00** The Yorkshire Kitchen **10.00** Nick Ahad **2pm** Football Heaven **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Kat Cowan **9.00** The Grow Show **10.00** Becky Measures **2pm** Sile Sibanda **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Ellie Colton **10.00** Paulette Edwards; **Wed/Thu:** Becky Measures **2pm** Toby Foster **6.00** Football Heaven **7.00 Mon:** Arzu Dutta; **Tue:** Bek Homer; **Wed:** John Kane's Northern Soul; **Thu:** Upload **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Shropshire**Saturday**

6am Lorna Bailey **10.00** Liz Ellis **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Liz Ellis **2pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Adam Green **10.00** Clare Ashford **2pm** Toni McDonald **6.00 Mon/Fri:** Sports Hour; **Tue/Wed:** Arun Verma; **Thu:** Upload **7.00 Mon:** Gagan Grewal; **Fri:** Merisha Stevenson **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Radio Solent**Saturday**

6am Katie Martin **10.00** Alice Hopkins **1pm** Sport **5.00** Tony Blackburn **6.00** Dotun Adebayo **10.00–1am** Becky Want

Sunday

6am Katie Tyler **10.00** Alice Hopkins **1pm** Sport **5.00** Tony Blackburn **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Steve Harris **10.00** Lou Hannan; **Fri:** Katie Martin **2pm** Lucy Ambache; **Thu:** Tom Deacon; **Fri:** Fern Buckley **6.00 Mon:** Ashleigh Wilmot; **Tue/Fri:** Sport; **Wed:** Tom Deacon; **Thu:** Thursday Night Fan Club **7.00 Mon:** Rena Annobli; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** Dan Simpson **8.00 Thu:** BBC Introducing **9.00 Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

103.8 FOR WEST DORSET

As Radio Solent, including Dorset news and features, plus:

Monday–Friday

7am–9.00 Breakfast Show

Somerset**Saturday**

6am Caroline Martin **10.00** Andy Bennett **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Mel Everett **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Charlie Taylor; **Wed:** Emma Britton **10.00** Simon Parkin **2pm** Claire Carter; **Fri:** Andy Bennett **6.00 Mon:** Sound of the City; **Tue:** The Scrum; **Wed:** Extra Time; **Thu:** Having a Gas; **Fri:** Sport **7.00 Mon:** Manny Masih; **Tue:** Sport; **Wed:** Dan Pascoe; **Thu:** Upload; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **9.30 Wed:** Mums without Makeup **10.00–1am (Tue: 10.30)** Becky Want; **Fri:** Jo Good

Stoke**Saturday**

6am Lorna Bailey **10.00** Liz Ellis **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Liz Ellis **2pm** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Lee Blakeman **10.00** Stuart George **2pm** Toni McDonald **6.00** Sport; **Fri:** Praise and Grumble **7.00 Mon:** Gagan Grewal; **Tue:** Sport; **Wed:** Arun Verma; **Thu:** Upload; **Fri:** Merisha Stevenson **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Suffolk**Saturday**

6am Babs Michel **10.00** Amir Suleman **2pm** Matchday **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Amir Suleman **2pm** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Wayne Bavin **10.00** Sarah Lilley **2pm** Louise Hulland **6.00 Mon:** Tractor Social; **Tue/Wed:** Babs Michel; **Thu:** Upload; **Fri:** Sport **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

BBC Surrey and BBC Sussex**Saturday**

6am Allison Ferns **10.00** Stephen Brown **2pm** Surrey; Connor Moseley; **Sussex:** Tim Durrans **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Allison Ferns **10.00** Pat Marsh **2pm** Erika North **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6.00 Surrey: James Cannon; **Sussex:** Danny Pike **10.00** Sarah Gorrell **2pm** Adam Dowling **6.00 Mon:** Game Changers; **Tue/Wed:** Stephen Brown; **Thu:** Upload; **Fri:** The Sporting Preview Hour **7.00 Mon:** Rena Annobli; **Fri:** Evening Show **8.00 Thu:** BBC Introducing **9.00 Tue:** Sussex; **Sport; Wed:** Kathy Caton **10.00–1am** Becky Want; **Fri:** Jo Good

Tees**Saturday**

6am Gilly Hope **10.00** Kelly Scott **2pm** Sport **6.00** Upload **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Gilly Hope **9.00** Garden Mania **10.00** Kelly Scott **11.00** Sport **3pm** Simon Logan **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Amy Oakden **10.00** Gary Philipson **2pm** Scott Makin **6.00** Sport **7.00 Mon:** Emma Millen; **Tue:** Jade Burns; **Wed:** Joel Mitchell; **Thu:** Upload; **Fri:** Rachel Teate **8.00 Thu:** BBC Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Three Counties**Beds, Herts and Bucks****Saturday**

6am Babs Michel **10.00** Justin Dealey **2pm** Sport **5.00** 5-0-5 **6.00** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Babs Michel **10.00** Justin Dealey **2pm** Paul Lovett **4.00** John Leech **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Andy Collins **10.00** JVS **2pm** Roberto Perrone **6.00 Mon:** Non League Show; **Tue/Fri:** Sport; **Wed:** Babs Michel; **Thu:** Upload **7.00 Mon:** Farzana Chaudry; **Fri:** Angelle Joseph **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

Wiltshire**Saturday**

6am Caroline Martin **10.00** Andy Bennett **12.00** Sport **6pm** Upload **8.00** Introducing **10.00–1am** Jo Good

Sunday

6am Caroline Martin **10.00** Andy Bennett **2pm** Dominic Cotter **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

6am Ben Prater **10.00** Sue Davies **2pm** Chris Baxter; **Fri:** Graham Rogers **6.00 Mon/Fri:** Sport; **Tue/Wed:** Dan Pascoe; **Thu:** Upload **7.00 Mon:** Manny Masih; **Fri:** Kevin Philemon **8.00 Thu:** Introducing **10.00–1am** Becky Want; **Fri:** Jo Good

WM**Saturday**

6am Lorna Bailey **10.00** Elise Evans **2pm** Sport **8.00** BBC Introducing **10.00–1am** Jo Good

Sunday

6am Donna Alos **10.00** Elise Evans **1.45pm** Sport **4.00** Paula White **6.00** Dotun Adebayo **10.00–1am** Becky Want

Monday–Friday

Face behind the voice Martin Geissler BBC Radio Scotland



Age 52
Current job
 Presenter since last month of drivetime news (Mon to Wed, 4pm-6pm) on BBC Radio Scotland. "It's the best time of day – you know the news agenda, and our job is to give listeners the context." He also presents *The Sunday Show* – a TV and radio simulcast (10am-12 noon) "picking up where Laura Kuenssberg left off".
CV Born in St Andrews and brought up in Edinburgh. Planned to go to university but after doing work experience at the fledgling Sky TV, he was offered a job – his TV career was under way. "It was a great time and place to start. You could get away with mistakes, because no one was watching!"
 From Sky he moved to ITV as a reporter and presenter, then joined ITN in 2002, remaining there for 17 years, "covering wars, natural disasters and countless other stories". He joined BBC Scotland in 2019 for the launch of news programme *The Nine*, and began presenting on

BBC Radio Scotland. "A lot of people start out in radio and move to TV. I've done it the other way round. I had a healthy sense of intimidation! But when the red light went on I thought, 'Yes, this is where I belong.'"
Social media – yes or no? "I treat it with extreme caution. I'm active on X (Twitter) but I only tweet about my enthusiasms, not my work – so football and music."
Best moments "I'm probably proudest of the reporting I did from Zimbabwe in 2008, shining a light on the horrors of the Mugabe regime. We kept being banned and we kept going back in."
Worst moments "In 2017 I went to the wrong island to cover a hurricane! We thought it was going to hit Jamaica. I ended up stranded there while it was Haiti that got battered. Stuck on a paradise island while watching my rivals cover the story was as bad as it gets."
Off air "I live with my wife Teresa in a Clackmannanshire village. We've two grown-up children and a golden retriever called Baxter. I'm a Hearts season-ticket holder and am also a member of the

wonderful Muckhart Golf Club."
First radio memory "I grew up listening to Radio 1. I loved Janice Long. She had a quiz called Select-a-Disc – listeners would ring in and answer two questions. Get the first one right, you'd win a single; get the second one right, you'd win an album. I got on – and got both questions right. I'll never forget it."
Favourite broadcasters "Janice Long for me was even more important than John Peel. I also love Danny Baker. I like people who don't follow convention. I'd add Matt Chorley on Times Radio. He's a complete natural – funny, incisive, entertaining. You're never too old to wonder what it is you like about your rivals, and you'd be daft not to try and learn from them."
Ambition/Dream job "I've got my dream job, and my only ambition is to remain fulfilled."
Secret skills "I make the best poached eggs. I've a secret method – so secret I won't share it even with RT readers!" **SIMON O'HAGAN**
 Listen at bbc.co.uk/radioscotland

Tuesday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show

Janice Forsyth presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On...

with Bryan Burnett

Bryan presents a selection of essential music chosen by listeners. Text 80295. Email: getiton@bbc.co.uk

8.00 Another Country with Ricky Ross

A selection of new and classic Country and Americana music.

10.00 Roddy Hart

An inviting selection of new music and back-catalogue selections.

12 midnight–6.00am
 as Radio 5 Live

Wednesday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

9.00 Mornings

Kaye Adams gets to the heart of the news and offers listeners the chance to have their say.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Afternoon Show

Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On...

with Vic Galloway

Vic Galloway sits in for Bryan Burnett, offering listeners the chance to ask for a favourite track. Text 80295. Email: getiton@bbc.co.uk

8.00 The Quay Sessions with Roddy Hart

Live performances from across the musical landscape – all captured in front of an audience in the intimate setting of the foyer at BBC Radio Scotland's Pacific Quay.

10.00 Life Tracks with Clare Grogan

Scottish actor, comedian and writer Jack Docherty chooses a playlist from the heart, from his student days head banging to Status Quo to his newly found love for Taylor Swift. His passion for music and the arts shines through in this programme which spans the decades and includes greats such as Stevie Wonder, Kirsty MacColl and Joy Division. There's also new music from the likes of Young Fathers and Hope Tala. The comedy star shares memories of his all time favourite gig and reveals what not to say when you bump into Kate Bush. Jack first found mainstream success writing for comedy shows such as *Spitting Image* and *Vic Reeves Big Night Out*. He went on to write for some of the biggest comedy shows on television, such as *Trigger Happy TV*, and as an actor he's best known for his work on the sketch show *Absolutely*. He also holds the title of Scotland's favourite policeman, Chief Commissioner Cameron Mielkelson in BBC Scotland's *Scot Squad*.

12 midnight–6.00am
 as Radio 5 Live

Thursday

NEWS: SPORT: WEATHER:
LOCAL NEWS as Monday

6.00am Good Morning Scotland

The latest news from home and abroad. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08, 7.35, 8.08** and **8.35**.

9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

12.00 Lunchtime Live

News reports from Scotland and beyond, plus the lunchtime sport, travel and weather updates.

1.30pm The Afternoon Show

Michelle McManus presents a Scottish arts, entertainment and music round-up.

4.00 Drivetime

Breaking down the day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Get It On...

with Vic Galloway

Sitting in for Bryan Burnett on the music request show, offering listeners the chance to ask for a favourite track. Text 80295. Email: getiton@bbc.co.uk

Saturday

NEWS: SPORT: WEATHER:
 hourly 8.00am to 12 noon, 6.00pm, 7.00, 9.00, 10.00, 11.00, 12 midnight
NEWS HEADLINES 2.00pm, 5.00

6.30am Out of Doors

Mark Stephen and Rachel Stewart with stories from the great outdoors. Email: outofdoors@bbc.co.uk

8.00 Good Morning Scotland

News from home and abroad, along with regular sport, travel and weather updates.

10.00 Shereen

Shereen Nanjiani and guests with a unique take on the things getting Scotland talking this Saturday morning.

11.30 Noising Up

Comedy show with sketches, gags and spoofs, satirising all that's happening right now and poking fun at what might be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal. Repeated from yesterday

12.00 Off the Ball

Football forum with light-hearted features and competitions, the most petty and ill-informed football show on radio. Text 80295. Phone: 08085 92 95 00 Email: offtheball@bbc.co.uk

2.00pm Sportsound

Comprehensive coverage of Scottish sport including live and exclusive commentary, breaking news, interviews, analysis and discussion. Text 80295. @BBCSportsound on social media Email: sportsound@bbc.co.uk

5.30 Sportsound

Fans react to the day's big football stories. Text 80295. @BBCSportsound on social media Email: sportsound@bbc.co.uk

7.00 Take the Floor

Gary Innes presents traditional music including a band session and a chat with special guests. Email: takethefloor@bbc.co.uk

9.00 Piping Sounds

Pipe music from Scotland and around the world.

10.00 Billy Sloan

A varied selection of music from the rich history of Scotland's – and the rest of the world's – rock and pop.

12 midnight–7.00am
 as Radio 5 Live

Sunday

NEWS: SPORT: WEATHER:
 hourly 6.00am to 9.00, 11.00, 12 noon, 2.00pm, 5.00, hourly 7.00 to 11.00

7.00am New Every Sunday

Acts of worship from different churches around Scotland.

7.30 Playback

Heather Kane presents highlights from the week that was on BBC Radio Scotland.

8.00 Sunday Morning

Connie McLaughlin presents music and conversation with a faith and ethical perspective, looking at the week's events to ask what they say about people's values and beliefs.

10.00 The Sunday Show

Martin Geissler and Fiona Stalker discuss the major issues of the week and talk to the people behind the political headlines.

12.00 Off the Ball

Football forum with features and competitions. Text 80295. Phone: 08085 92 95 00 Email: offtheball@bbc.co.uk

2.00pm Sportsound

Comprehensive coverage of Scottish sport. Text 80295. @BBCSportsound on social media Email: sportsound@bbc.co.uk

5.00 BBC Radio Scotland's Young Traditional Musician: Final

Six musicians compete for the BBC Radio Scotland Young Traditional Musician Award.

8.00 Your Requests with Gary Innes

Listeners' messages and Scottish music requests.

9.00 Iain Anderson

Ending the day in the company of the songwriting masters of country, folk, blues and soul.

11.00 Seven Days

Analysis of the week's news, sport and entertainment stories.

12 midnight–6.00am
 as Radio 5 Live

Monday

NEWS: SPORT: WEATHER:
 hourly 6.00am to 8.00, 10.00 to 5.00pm, 7.00, 8.00, 10.00, 11.00

LOCAL NEWS: Dumfries, Aberdeen, Inverness, Selkirk: 6.30am, 7.30, 8.30, 12.30pm, 4.30, 5.30; Orkney: 7.30am, 12 noon, 6.00pm; Shetland: 12.30pm, 5.30, 6.00

6.00am Good Morning Scotland

News from home and abroad, with travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather at **7.29** and **7.59**, and sport at **7.08, 7.35, 8.08** and **8.35**.

Frequencies

8.00 Travelling Folk

Anna Massie with folk and roots music from around the world.

10.00 Natasha Raskin Sharp

Natasha presents an eclectic mix of music, as well as paying tribute to a "Late Great" and spinning the globe for the Out Of This World feature.

12 midnight–6.00am
*as Radio 5 Live***Friday**

NEWS: SPORT: WEATHER:
LOCAL NEWS *as Monday*

6.00am Good Morning Scotland

The latest news. With travel reports every 15 minutes, business updates at **7.45** and **8.45**, weather reports at **7.29** and **7.59**, and sports reports at **7.08**, **7.35**, **8.08** and **8.35**.

9.00 Mornings

Stephen Jardine gets to the heart of the news and offers listeners the opportunity to have their say.

11.30 Noising Up

Comedy show featuring sketches, gags, spoofs, quickies and take-offs, satirising all that's happening right now and poking fun at what might just be around the corner. Starring Karen Bartke, Stephen Buchanan, Zara Janjua, Lana Pheutan and Manjot Sumal.

12.00 Lunchtime Live

News updates from Scotland and beyond, plus lunchtime sport, travel and weather.

1.30pm The Good, the Bad and the Unexpected

Mark Nelson leads a panel of Scotland's funniest comedians and personalities attempting to decipher the good from the bad, with a few unexpected twists along the way.

2.00 The Afternoon Show

Nicola Meighan presents ideas for things to do around Scotland.

4.00 Drivetime

The day's talking points with comment and opinion, plus sport, travel and weather.

6.00 Grant Stott's Vinyl Collective

Grant celebrates the vinyl revival with classic records and new releases, playing album tracks from his own collection and hearing the stories about listeners' cherished LPs.

8.00 BBC Introducing in Scotland

Phoebe I-H and Shereen Cutkelvin present the best unsigned, undiscovered and under-the-radar music Scotland has to offer.

10.00 Ashley Storrie

The comedian kicks off the weekend with a hand-picked playlist, lively chat and listener interaction, with the help of sidekick "Silent Paul".

1.00am–5.00am *as Radio 5 Live*
BBC Radio Scotland
40 Pacific Quay
Glasgow G51 1DA
bbc.co.uk/radioscotland

Local programmes**ORKNEY****Weekdays**

6.00pm–7.00 Mon: Gansies for Goalposts: a round up of the local sporting calendar;
Tue: What's the Craic?: songs and stories from Irish music scene;
Wed: As Radio Scotland;
Thu: In Conversation: Dave Gray hosts another in-depth conversation;
Fri: Friday Requests: weekly dedication programme, featuring music requests and special greetings
PHONE: 01856 873939
EMAIL: radio.orkney@bbc.co.uk

SHETLAND**Weekdays**

5.30pm Good Evening Shetland: news and features
6.00–7.00 Mon: Claire and Friends: Claire White plays a selection of Shetland music and catches up with guests for a word;
Tue: Catgut and Ivory: accordion and fiddle music;
Wed: Sixty Minutes: Jane Moncrieff chats with some of Shetland's best loved personalities;
Thu: Shetland's Larder: monthly food programme presented by Jane Moncrieff and Eunice Henderson;
Fri: Give Us a Tune: all-request show
PHONE: 01959 694747
EMAIL: radio.shetland@bbc.co.uk

Radio nan Gaidheal

Mar Radio Alba a'ch:

Disathairne

9.00am Spòrs na Seachdain
Spòrs ionadail, nàiseanta agus bho air feadh an t-saoghail còmhla ri lain Moireasdan.
POST DEALAIN: sns@bbc.co.uk
FON AN ASGAIDH: 08000 967050

10.00 Fàilte' air an Dùthaich

Taghadh de cheòl dùthchail sean is ùr.

11.00 Tiompan

Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIlleinnein.

12.00–1.00pm Sàr Chlàir

Patsi NicChoinnich a' toirt cuideadh do a cuid aoighean an clàr as fheàrr leotha a thaghadh.

Didòmhnaich

9.00am Dèanamaid Adhradh
Seirbheis Ghàidhlig.
ath-chraoladh aig 3pm

9.30 Alleluia

Tha Iain MacFhionghain a' toirt thuaghaibh laoidhean, sailm agus sgeulachdan pearsanta.

10.00 Chuala Mi

A' còmharrachadh 100 bliadhna de chraoladh Gàidhlig le taghaidhean air leth às an tasglann.

10.30 Crùnluth

Taghadh de cheòl na pìoba.
ath-chraoladh Diardaoin aig 3.30pm

12.00 Naoi gu Deich

Còmhraidh, deasbad, cultur agus cur-seachadan.

1.00pm Speak Gaelic

Podcast do luchd-ionnsachaidh ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba.

1.30 An Litir Bheag

Litir Bheag na seachdain sa le Ruairidh MacIlleathain.

1.35 Speak Gaelic

Podcast do luchd-ionnsachaidh na Gàidhlig ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba.
(ath-chraoladh)

1.55 Litir do Luchd-ionnsachaidh

Litir do Luchd-ionnsachaidh le Ruairidh MacIlleathain.

2.00 Gleus

Fuin, còisrean agus òrain bho shaoghail ceòl clasaigeach agus eile, le Iain Moireach.

3.00 Dèanamaid Adhradh

Seirbheis Ghàidhlig.

3.30–4.00 Rogha is Tagha

Taghadh à prògraman na seachdain air a thoirt thuaghaibh le Anna Nic na Ceardaich.
ath-chraoladh aig 9.30pm

9.00 Dèanamaid Adhradh

Seirbheis adhradh à tasglann a' BhBC.

9.30–10.00 Rogha is Tagha Dìluain

7.30am Aithris na Maidne
Naidheachdan ionadail, nàiseanta is eadar-nàiseanta gach madainn.

9.00 Naoi gu Deich

Còmhraidh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

4.00 Fàilte' air an Dùthaich

Taghadh de cheòl dùthchail sean is ùr.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Cruinn

Ceòl, amaidheas 's na beachdan agaibh air cuspairean a' là airson ur cuir ann a sunnd airson na seachdain.

9.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich Dimàirt**7.30am Aithris na Maidne**

9.00 Naoi gu Deich
Còmhraidh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

12.00 Feasgar an-diugh
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Spòrscast

A còmhraidh ri measgachadh de dhaoine 's iad ag innis mun phàirt a tha spòrs a cluich nam beatha.

4.00 Oran Annad

Tha Gillebride MacIlleMhaoil a' toirt aithne dhanah-òranaichean a th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.
ath-chraoladh a' maireach aig 7pm

5.00 Aithris an Fheasgair**5.30 Siubhal gu Seachd le Pluto**

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Rapal

Orain ùra gu leòr.
POST DEALAIN: rapal@bbc.co.uk
FON AN ASGAIDH: 08000 967050

9.00 Feasgar an-diugh

10.25–11.25 Naoi gu Deich Diciadain

7.30am Aithris na Maidne

9.00 Naoi gu Deich
Còmhraidh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Speak Gaelic

Podcast do luchd-ionnsachaidh ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba.
(ath-chraoladh) ath-chraoladh aig 8.30pm

4.00 Gleus

Fuin, còisrean agus òrain bho shaoghail ceòl clasaigeach agus eile, le Iain Moireach.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Oran Annad

Tha Gillebride MacIlleMhaoil a' toirt aithne dhanah-òranaichean a th' air a bhith a' cruthachadh òrain ùra ann an Gàidhlig.

8.30 Speak Gaelic

Podcast do luchd-ionnsachaidh ceangailte ris an t-sreath *Speak Gaelic* air BBC Alba.

9.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich

Còmhraidh, deasbad, cultur agus cur-seachadan.

Diardaoin**7.30am Aithris na Maidne**

9.00 Naoi gu Deich
Còmhraidh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.25pm

10.00 A' Mire ri Mòir

12.00 Feasgar an-diugh
Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.
ath-chraoladh aig 9pm

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.

3.30 Crùnluth

Taghadh de cheòl na pìoba.

5.00 Aithris an Fheasgair

Naidheachdan nàiseanta is ionadail o Dhiluain gu Dihaoine.

5.30 Siubhal gu Seachd le Pluto

Ceòl, fealla-dhà agus sùil air spòrs ionadail, nàiseanta agus eadar-nàiseanta.
POST DEALAIN: pluto@bbc.co.uk
FON AN ASGAIDH: 08000 967050

7.00 Spòrscast

7.30 Mo Chuairt Ciùil
Sùil air na h-òrain agus an ceòl a tha air buaidh a thoirt air Ciorstaidh Chaimbeul.
ath-chraoladh a' maireach aig 3.30pm

9.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.

10.25–11.25 Naoi gu Deich

Còmhraidh, deasbad, cultur agus cur-seachadan.

Dihaoine**7.30am Aithris na Maidne**

9.00 Naoi gu Deich
Còmhraidh, deasbad, cultur agus cur-seachadan.
ath-chraoladh aig 10.20

10.00 A' Mire ri Mòir

Tha i beachdail, tha i beòthail agus tha i feitheamh ribh le taghadh ciùil.

12.00 Feasgar an-diugh

Naidheachdan, còmhraidh, spòrs, ceòl agus fealla-dhà.

1.30pm Caitheamh Ciùil

Ceòl Gàidhealach 's Ceilteach agus fiosrachadh air na tha dol agaibhse gach feasgar.
POST DEALAIN: dethadol@bbc.co.uk

3.30 Mo Chuairt Ciùil

Sùil air na h-òrain agus an ceòl a tha air buaidh a thoirt air Ciorstaidh Chaimbeul.

5.00 Aithris an Fheasgair

5.30 Rogha is Tagha
Taghadh à prògraman na seachdain air a thoirt thuaghaibh le Anna Nic na Ceardaich.

6.00 Na Dùrachdan

Ceòl, òrain is fealla-dhà.
FON AN ASGAIDH: 01463 720720

9.00 Mac'ille Mhicheil

Cuiridh Iain Mac'illeMhicheil agus aoighean air a' fòn an deireadh-seachdain air a' chasan.

11.00 Tiompan

Ceòl Ceilteach, clàran ùra agus fios mu cò tha cluich càite le Mairead NicIlleinnein.

12 midnight–12.55am**Naoi gu Deich**

Còmhraidh, deasbad, cultur agus cur-seachadan.

National

BBC Radio 1* FM 97.7–99.7
BBC Radio 2* FM 88.1–90.1
BBC Radio 3* FM 90.3–92.3
BBC Radio 4 FM 94.6–96.1
103.5–104.9, LW 198, MW 1449
(Aberdeen, LW progs)
BBC Radio 5 Live MW 693, 909
BBC Radio Scotland
FM 92.5–94.7
BBC Radio Scotland Extra
MW 810
BBC Radio nan Gaidheal
FM 103.5–104.9 (carries R4 in some parts)
Classic FM 99.9–101.9
Talksport MW 105.3, 1089
Above stations also on Freeview
(*not Sat 4pm–1am, Sun 4pm–12 midnight, weekdays 5pm–12 midnight), plus satellite, cable, internet and DAB (Radio Scotland Extra service only).

Local

Argyll FM 106.5, 107.1, 107.7 (Campbeltown)
BBC Cumbria FM 95.6 (Carlisle), 96.1 (Morecambe Bay), 95.2 (Kendal), 104.1 (Whitehaven/Keswick), 104.2 (Windermere), MW 756 (Carlisle), 837 (Barrow-in-Furness)
Capital 106.1 (Glasgow), 105.7 (Edinburgh)
Central FM 103.1 (Stirling), Falkirk/Clackmannanshire
Clyde 1 FM 102.3 (Rothsay), 102.5 (Glasgow), 103.3 (Firth of Clyde), 97 (Vale of Leven)
Forth 1 FM 97.3, 97.6 (Edinburgh), 102.2 (Penicuik)
Greatest Hits Radio FM 96.4 (Carlisle), 96.8 (Selkirk), 97 (Dumfries), 102.2 (Workington), 102.3 (Berwick), 102.5 (Penrith), 103.1 (Peebles), 103.4 (Eyemouth/Whitehaven), MW 1035 (Ayrshire), 1107 (North of Scotland), 1152 (Glasgow & the West), 1161 (Dundee/Perth), 1548 (Edinburgh, the Lothians, Fife & Falkirk), DAB (North East Scotland)
Heart FM 100 (Vale of Leven), 101.1 (Edinburgh/Rosneath), 100.3 (Glasgow), 103.3 (Penicuik)
Heartland FM 97.5 (Pitlochry/ Aberfeldy)
Isles FM 103 (Western Isles)
Kingdom FM 105.4 (St Andrews), 106.3 (The East Neuk), 95.2 (West Fife), 96.1 (Central & East Fife), 96.6 (Kirkcaldy)
Lochbroom FM 102.2 (Ullapool), 96.8 (North West Scotland)
Mearns FM 105.1 (Portlathen), 105.7 (Stonehaven), 106.2 (Inverberrie), 107.3 (Laurencekirk)
MFR FM 96.6 (Speyside), 96.7 (Fraserburgh/Wick), 97.4 (Highlands/Moray/ Aberdeenshire), 102.5 (Caithness), 102.8 (Keith)
Nation FM 96.3 (Glasgow), 106.9 (Helensburgh), 103 (Dumbarton)
Nevis FM 96.6 (Fort William), 97 (Glencoe), 102.4 (Loch Leven), 102.3 (Skye & Mull)
Northsound 1 FM 96.9 (Aberdeen), 97.6 (Balgownie), 103 (Peterhead)
Oban FM 103.3
Original FM 106 (Aberdeen)
SIBC FM 96.2 (Bressay), 102.2 (Shetland)
Skye 106.2, 102.7 (Skye/Lochalsh)
Smooth Radio FM 105.2 (Glasgow)
Tay FM MW 102.8 (Dundee), 96.4 (Perth)
Two Lochs FM 106.6 (Loch Ewe), 106 (Gairloch)
Wave FM 102 (Dundee)
Waves Radio FM 101.2 (Peterhead/Fraserburgh)
West FM 96.7 (Ayrshire), 97.5 (Girvan), 106.7 (Rothsay)<

Face behind the voice Martin Geissler BBC Radio Scotland



Age 52
Current job
 Presenter since last month of drivetime news (Mon to Wed, 4pm-6pm) on BBC Radio Scotland. "It's the best time of day – you know the news agenda, and our job is to give listeners the context." He also presents *The Sunday Show* – a TV and radio simulcast (10am-12 noon) "picking up where Laura Kuenssberg left off".
CV Born in St Andrews and brought up in Edinburgh. Planned to go to university but after doing work experience at the fledgling Sky TV, he was offered a job – his TV career was under way. "It was a great time and place to start. You could get away with mistakes, because no one was watching!"
 From Sky he moved to ITV as a reporter and presenter, then joined ITN in 2002, remaining there for 17 years, "covering wars, natural disasters and countless other stories". He joined BBC Scotland in 2019 for the launch of news programme *The Nine*, and began presenting on

BBC Radio Scotland. "A lot of people start out in radio and move to TV. I've done it the other way round. I had a healthy sense of intimidation! But when the red light went on I thought, 'Yes, this is where I belong.'"
Social media – yes or no? "I treat it with extreme caution. I'm active on X (Twitter) but I only tweet about my enthusiasms, not my work – so football and music."
Best moments "I'm probably proudest of the reporting I did from Zimbabwe in 2008, shining a light on the horrors of the Mugabe regime. We kept being banned and we kept going back in."
Worst moments "In 2017 I went to the wrong island to cover a hurricane! We thought it was going to hit Jamaica. I ended up stranded there while it was Haiti that got battered. Stuck on a paradise island while watching my rivals cover the story was as bad as it gets."
Off air "I live with my wife Teresa in a Clackmannanshire village. We've two grown-up children and a golden retriever called Baxter. I'm a Hearts season-ticket holder and am also a member of the

wonderful Muckhart Golf Club."
First radio memory "I grew up listening to Radio 1. I loved Janice Long. She had a quiz called Select-a-Disc – listeners would ring in and answer two questions. Get the first one right, you'd win a single; get the second one right, you'd win an album. I got on – and got both questions right. I'll never forget it."
Favourite broadcasters "Janice Long for me was even more important than John Peel. I also love Danny Baker. I like people who don't follow convention. I'd add Matt Chorley on Times Radio. He's a complete natural – funny, incisive, entertaining. You're never too old to wonder what it is you like about your rivals, and you'd be daft not to try and learn from them."
Ambition/Dream job "I've got my dream job, and my only ambition is to remain fulfilled."
Secret skills "I make the best poached eggs. I've a secret method – so secret I won't share it even with RT readers!" **SIMON O'HAGAN**
 Listen at bbc.co.uk/radioscotland

6.30 The Long and the Short of It

Ep 5. Tim McGarry and David Hume look at the significance the Battle of the Somme holds for unionists in Northern Ireland, and the consequences this pivotal moment during the First World War had for communities across the island right up to the present day. Joining the two on their discovery about what lasting impacts the Somme had on Britain, Ireland and beyond are historians Professor Richard Grayson, Professor Dominic Bryan and Carol Walker. Repeated from yesterday 1.30pm

7.05 Classical Connections with John Toal

An evening of popular classical music, plus news, reviews and interviews with local and touring performers. Including news at 8.00.

9.05 Jazz Club with Walter Love

Recordings by jazz musicians, including tracks that have been performed exclusively for BBC Radio Ulster.

10.05 Sunday Club with John Kerr

John Kerr sits in for John Bennett, introducing a late-night selection of music designed to soothe away the problems of the past week. Dedication to: The Sunday Club, BBC Radio Ulster, Broadcast House, Belfast BT2 8HQ
 Email: jb@bbc.co.uk

12.00 as Radio 5 Live

Monday

RADIO ULSTER NEWS:
 half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
 Presented by Sarah Brett and Joel Taggart, including travel updates and analysis of finance and business news, plus the latest agri-business developments in *Farm Gate* and a Thought for the Day at 7.20.
 Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Including news and travel at 10.00.
 Phone: 03030 80 55 55
 Text: 81771
 Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Mid-morning music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at 11.00.
 Phone: 03030 80 55 55
 Text: 81771
 Email: connor@bbc.co.uk

12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at 1.00.
 Phone: 03030 80 55 55
 Email: talkback@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan
 Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at 2.00.
 Phone: 03030 80 55 55
 Text: 81771

3.05 The Lynette Fay Show
 The host sets out to brighten up the afternoon with music, features and interviews.
 Text: 81771
 Email: lynette.fay@bbc.co.uk

4.00 Evening Extra
 A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate
 Teatime music and craic, presented by Vinny Hurrell and Cate Conway. Including news at 7.00.

7.30 Blas

Fearghal Mag Uiginn le súil siar ar aicean spóirt dheireadh na seachtaine. Ag díriú ar aicean na gclabanna CLG agus craobhchomórtais na gContaetha ag teacht chun críche agus feachtais Chumainn Uladh faoi lánseol. Fearghal Mag Uiginn looks back at the weekend's sporting action.

8.05 The Ralph McLean Show

Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad featuring live performance, interviews and more. Including news at 9.00.

10.05 The Late Show with Eve Blair

A selection of chilled-out music, including easy listening melodies both old and new, together with material by the Artist of the Week.
 Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live

Tuesday

RADIO ULSTER NEWS:
 half-hourly 6.30am to 9.30, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster
 With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at 7.20.
 Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at 10.00.
 Phone: 03030 80 55 55
 Text: 81771
 Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at 11.00.
 Phone: 03030 80 55 55
 Text: 81771
 Email: connor@bbc.co.uk

Saturday

RADIO ULSTER NEWS:
 hourly 7.00am to 11.00pm, then 11.55

6.45am Farm Gate

Food, countryside and agricultural issues, focusing on business news, industry reports and new technology. Presented by Elaine Mitchell.

7.05 Kerry McLean

Music, chat and requests to ease listeners into the weekend.
 Text: 81771
 Email: kerry.mclean@bbc.co.uk

8.05 Your Place and Mine

The people, places and stories that make Northern Ireland unique, presented by Anne Marie McAleese.
 Phone: 0289 033 8307
 Email: ypam@bbc.co.uk

9.05 Gardeners' Corner

The weekly programme for keen horticulturists with the latest advice, news and visits to gardens large and small. Presented by David Maxwell. Repeat
 Phone: 03030 80 55 55

10.05 On Your Behalf

Linda McAuley champions the cause of consumers, helping them to solve their problems, make the right choices and avoid the pitfalls.
 Write to: On Your Behalf, BBC Broadcasting House, Ormeau Avenue, Belfast BT2 8HQ
 Phone: 0289 033 8314
bbc.co.uk/oyb

11.05 Saturday with John Toal

Tales of family and community life. Plus recipes, craic and music. Including news at 12.00.
 Text: 81771
 Phone: 03030 80 55 55
 Email: swjt@bbc.co.uk

1.05pm The Missing Madonna

4/9. The plan to rescue *The Madonna* gets very real. Contact is made with the agent of Duke of Buccleuch and a crunch meeting brings Robbie and his team to the point of no return. First aired on BBC Radio Scotland. Repeated Thursday 9.05pm

1.30 The Long and the Short of It

Ep 5. Tim McGarry and David Hume look at the significance the Battle of the Somme holds for unionists in Northern Ireland, and the consequences this pivotal moment during the First World War had for communities across the island right up to the present day. Joining the two on their discovery about what lasting impacts the Somme had on Britain, Ireland and beyond are historians Professor Richard Grayson, Professor Dominic Bryan and Carol Walker. Repeated tomorrow 6.30pm

2.05 Sportsound

Michael McNamee presents coverage of the Irish Premiership, with live commentary and reports.

6.05 The House Party with Phil Taggart

Dance music to get the party started, from soul to house and funk to techno. Including news at 7.00.

8.05 Folk Club with Lynette Fay

Traditional and contemporary folk music and song with guests, concert performances, new releases and vintage vinyl. Including news at 9.00.
 Email: lynette.fay@bbc.co.uk

10.05 Saturday Club with John Kerr

John Kerr sits in for John Bennett, playing classic tracks from the 1960s, 70s and 80s. Including news at 11.00.
 Text: 81771

12.00 as Radio 5 Live

Sunday

RADIO ULSTER NEWS:
 hourly 7.00am to 11.00pm, then 11.55

7.05am Kerry McLean

The host presents a mix of music, chat and requests to ease listeners into the morning. Including Thought for the Day at 7.55 and news updates at 8.00.
 Text: 81771
 Email: kerry.mclean@bbc.co.uk

8.30 Sunday Sequence

Audrey Carville and guests debate the week's religious and ethical news and explore the world of culture and ideas. Including news at 9.00.
 Phone: 0289 033 8355
 Email: sunday.sequence@bbc.co.uk

10.05 Morning Service

Religious service from Journey Community Church, Antrim. Led by Christine Neale, with preacher Pastor John Ashe.

10.45 Thought for the Week

Audrey Carville presents a selection of clips from last week's *Good Morning Ulster* Thought for the Day features.

11.05 Sunday with Steven Rainey

In-depth current affairs, interviews, discussion and analysis – including an essential guide to the Sunday papers. With news at 12.00.

1.05pm Sunday with Brian D'Arcy

Brian delves into his wide experience of music to bring listeners some tracks just right for a Sunday afternoon, along with some reflections to make them think, laugh or cry.
 Write to: Sunday with Brian D'Arcy, BBC Radio Ulster, Ormeau Avenue, Belfast BT2 8HQ

2.05 Countryside

Voices, views, stories, news and chat from Northern Ireland's rural community, hosted by Nicola Weir. Including essential livestock and weather reports.

3.05 The Culture Café

From the page to the stage, Marie-Louise Kerr presents the essential cultural conversation.

4.05 The Siobhan Brown Soul Show

The singer brings some seriously soulful sounds to the Sunday afternoon airwaves, from dancefloor classics to the latest releases.

5.05 Sounds Sacred

Richard Yarr introduces popular, sacred music performed by local and internationally acclaimed musicians. He also plays listeners' requests and provides news of music events across Northern Ireland.

6.05 Kintira

Helen Mark and the *Kintira* team present stories, news, music and banter from Ulster-Scots communities at home and abroad.
 Email: kintira@bbc.co.uk

Frequencies

12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the breaking stories of the day, from politics and health to consumer issues and education. Including news at **11.00**.
Phone: 03030 805555
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
Phone: 03030 805555
Text: 81771

3.05 The Lynette Fay Show

The host sets out to brighten up the afternoon with music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, presented by Vinny Hurrell and Cate Conway. Including news at **7.00**.

7.30 Blas

Ag coinneáil an lucht éisteachta ar an eolas faoi na himeachtaí ar gáiad a fheiceáil agus a chluinstin i saol ealaíne agus cultúir na Gaeilge agus níos faide ó bhaile.

Dáithí O'Muirí keeps listeners up-to-date with all that's happening in the arts.

8.05 The Ralph McLean Show

Classic rock, soul, blues, pop, gospel, reggae and funk both old and new, from home and abroad featuring live performance, interviews and more. Including news at **9.00**.

10.05 The Late Show with Eve Blair

A selection of chilled-out music, including easy listening melodies both old and new, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live**Wednesday**

RADIO ULSTER NEWS:
half-hourly 6.30am to 9.30pm, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster

With Sarah Brett and Chris Buckler including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 805555
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Mid-morning music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' reactions to the stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 805555
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
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Text: 81771

3.05 The Lynette Fay Show

The host sets out to brighten up the afternoon with music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, presented by Vinny Hurrell and Cate Conway.

7.05 The Dream Team with Vinny and Cate

Vinny Hurrell and Cate Conway talk about slumber journeys with the help of special guests and listener interaction, investigating what they might mean.

7.30 Blas

Caint agus comhrá faoi imeachtaí an tsaoil mhóir agus shaol an ghnáthlae. Má tá sé imbéal an phobail, beidh sé imbéal Mháire agus a haonna chomh maith! Máire Bhreathnach has all the latest news on local and international events and the issues of the day.

8.05 Ralph McLean: Country

From the sounds of Nashville to new bluegrass, Ralph takes another journey into the world of American roots music, offering a selection of classic tracks, live performance and timeless Americana along the way. Including news at **9.00**.

9.55 Wah Yan Jee Sing

Local information on health and social issues in Cantonese.

10.05 The Late Show with Eve Blair

Chilled-out music, including easy listening melodies old and new, together with material by the Artist of the Week.
Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live**Thursday**

RADIO ULSTER NEWS:
half-hourly 6.30am to 9.30pm, hourly 10.00 to 11.00pm, plus 4.30pm, 5.30, 11.55

6.30am Good Morning Ulster

With Sarah Brett and Chris Buckler, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
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Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
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Text: 81771
Email: connor@bbc.co.uk

12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the stories of the day, from politics and health to consumer issues and education. Including news at **1.00**.
Phone: 03030 805555
Email: talk.back@bbc.co.uk
Website: bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus the opportunity for listeners to submit requests by phone or text. Including news and travel at **2.00**.
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3.05 The Lynette Fay Show

The host sets out to brighten up the afternoon with music, features and interviews.
Text: 81771
Email: lynette.fay@bbc.co.uk

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news on the half-hour, plus regular sport, traffic and weather reports, and the latest agri-business.

6.05 Vinny and Cate

Teatime music and craic, presented by Vinny Hurrell and Cate Conway.

7.05 The Mystery Mix Tape with Vinny and Cate

Vinny Hurrell and Cate Conway challenge listeners – and each other – to search through the music memory banks to correctly identify the year in question.

7.30 Blas

Dearcadh an duine óig ar ábhair a bhfuil spraoi ag baint leo agus ábhair níos troime, gach rud ón stíl mhaireachtála go taisteal agus cúrsaí spóirt.

A youthful view of lifestyle issues, travel, sport, beauty, fashion, cookery and much more. Presented by Caoimhe Ní Chathail.

8.05 Blas Ceoil

Cuir tús spleodrach leis an deireadh seachtaine le rogha shiamsúil Lynette Fay de cheol traidisiúnta, fréamh agus dúchasach. Eisiúintí úra, sonraí gigeanna agus seisiúin bheo. Caoimhe "Ceoil" Ní Chathail introduces new releases, gig guide details and live acoustic sessions to keep listeners in touch with traditional, roots and folk music.

9.05 The Missing Madonna 4/9

The plan to rescue *The Madonna* gets very real. Contact is made with the agent of Duke of Buccleuch and a crunch meeting brings Robbie and his team to the point of no return. Repeated from Saturday 1.05pm

9.30 Beat Seekers

Upcoming DJs bring the freshest beats. The DJ's change from show to show, but the quality of new electronica remains unparalleled.

10.05 The Late Show with Eve Blair

Chilled-out music, featuring songs both old and new.
Email: eve.blair@bbc.co.uk

12.00 as Radio 5 Live**Friday**

RADIO ULSTER NEWS:
half-hourly 6.30am to 9.30pm, hourly 10.00 to 11.00pm, plus 4.30pm, 11.55

6.30am Good Morning Ulster

With Chris Buckler and Joel Taggart, including regular news, travel and sport updates and analysis of finance and business news and Thought for the Day at **7.20**.
Email: good.morning.ulster@bbc.co.uk

9.00 The Nolan Show

Breaking news and hard-hitting topical debate with Stephen Nolan. Listeners can share their views by phone, text or email. Including news and travel at **10.00**.
Phone: 03030 805555
Text: 81771
Email: nolan@bbc.co.uk

10.30 The Connor Phillips Show

Mid-morning music and mischief, with fun features such as Does My Head In, Useless Superpowers, Guess the Guest and Taylor Sifts. Including news at **11.00**.
Phone: 03030 805555
Text: 81771
Email: connor@bbc.co.uk

11.30 Mobile Disco

Connor Phillips introduces 30 minutes of the biggest anthems to help round off the working week.

12.05pm Talkback

William Crawley and the *Talkback* team present news and invite listeners' on-air reactions to the stories of the day. Including news at **1.00**.
Phone: 03030 805555
Email: talk.back@bbc.co.uk
bbc.co.uk/talkback

1.30 Hugo Duncan

Country music old and new, plus listener requests. With news and travel at **2.00**.
Phone: 03030 805555
Text: 81771

3.05 The Ticket

Kathy Clugston previews upcoming cultural attractions, from blockbuster movies to comedy gigs.

4.00 Evening Extra

A look back at the day's events, with Richard Morgan, Tara Mills and Declan Harvey. Featuring news, regular sport, traffic and weather reports, and the latest agri-business.

6.05 ATL Introducing

Gemma Bradley serves up new Irish musical talent, from indie-rock to hip-hop with live music and interviews.

7.05 The Stephen McCauley Show

Alternative music from punk to electronica, featuring live performance and interviews. With news at **8.00** and **9.00**.

10.05 The Mickey Bradley Record Show

There are loads of great records out there and Mickey has bought, borrowed and bagged lots of them since his teenage years. Here, he invites listeners to another selection of vintage rock, pop, and new releases. With news at **11.00**.
Text: 81771
Email: michael.bradley@bbc.co.uk

12.00 as Radio 5 Live

BBC Northern Ireland Broadcasting House
Ormeau Avenue, Belfast BT2 8HQ
02890 338 000
Phone-in 0845 955 5678

RADIO FOYLE

As *Radio Ulster* except:

Weekdays

RADIO FOYLE NEWS: hourly 9.00am to 3.00pm (not 1.00), plus 8.30am

6.30am**Good Morning Ulster**

News from home and abroad, presented by **Mon:** Sarah Brett and Joel Taggart; **Tue–Thu:** Sarah Brett and Chris Buckler; **Fri:** Chris Buckler and Joel Taggart.

8.00–9.00**North West Today**

An essential round-up of news, sport and weather across the north-west of Northern Ireland.

12.05pm The Mark Patterson Show

Issues affecting the daily lives of people in the north-west.

1.00 North West at One

Lunchtime round-up of the day's news stories.

1.10–1.30 20 Minutes with Mark Patterson

A snapshot of life in the north-west of Northern Ireland.

3.05–4.00 Sean Coyle

Music and chat, plus listener requests and dedications.

Mon: 8.05–10.00 Caschlár

An réimse ceoil ó phop go fréamh á chur le chéile agus á chur i láthair ag Brian Mullen. Brian Mullen presents a wide-ranging mix of music, including pop, blues and soul. Including news at **9.00**.

BBC Radio Foyle, 8 Northland Road Londonderry BT48 7GD
Tel: 02871 266 522

National**BBC Radio 1**

FM 97.9–99.7

BBC Radio 2

FM 88.3–90.1

BBC Radio 3

FM 90.5–92.3

BBC Radio 4

93.2 (Ballycastle), 93.2 (Carnmoney Hill), 94 (Limavady), 94.9 (Londonderry), 95.6 (Brougher Mountain), 96 (Belfast), 103.5 (Larne), 103.9 (Rostrevor Forest/Kilkeel), 104.6 (Camlough), (R4FM cannot be heard in some parts of N Ireland) LW 198 MW 720, 774 (Enniskillen (carry LW programmes))
BBC Radio 5 Live
MW 693, 909
BBC Radio Foyle
FM 93.1
BBC Radio Ulster
FM 92.7–95.4

RTE Radio 1

FM 87.8–90.0, LW 252

RTE 2FM 90.4–92.2, 97

RTE Raidió na Gaeltachta

92.6–94.4, 102.7

RTE Lyric FM 97.8–99.6,

92.2, 95.2, 96.7, 102.2

Classic FM 99.9–101.9 (not Freeview)

Talksport MW 1053,

1089

Absolute MW 1215

Today FM FM 105.5

All the above stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local**Cool FM 97.4**

Music, news and sport
Downtown FM 102.3 (Ballymena), 96.6 (Omagh/Enniskillen), 97.1 (Larne), 96.4 (Limavady), 102.4 (Londonderry), 103.4 (Newcastle), 103.1 (south Newry), MW 1026 (Belfast) Music, news
Q FM 96.7 (Belfast), 102.5 (Bangor), 102.5 (Carrickfergus), 102.9 (North West), 97.2 (North Coast), 97.6 (Ballycastle), 107.0 (Mid Antrim), 107.6 (Larne), 106.0 (Dungannon), 106.3 (Maghera), 101.2 (Tyrone/Fermanagh), 102.1 (Enniskillen), 100.5 (Newry & Mourne), 101.1 (Kilkeel), 101.1 (Newcastle)

Face behind the voice Martin Geissler BBC Radio Scotland



Age 52
Current job
 Presenter since last month of drivetime news (Mon to Wed, 4pm-6pm) on BBC Radio Scotland. "It's the best time of day – you know the news agenda, and our job is to give listeners the context." He also presents *The Sunday Show* – a TV and radio simulcast (10am-12 noon) "picking up where Laura Kuenssberg left off".
CV Born in St Andrews and brought up in Edinburgh. Planned to go to university but after doing work experience at the fledgling Sky TV, he was offered a job – his TV career was under way. "It was a great time and place to start. You could get away with mistakes, because no one was watching!"
 From Sky he moved to ITV as a reporter and presenter, then joined ITN in 2002, remaining there for 17 years, "covering wars, natural disasters and countless other stories". He joined BBC Scotland in 2019 for the launch of news programme *The Nine*, and began presenting on

BBC Radio Scotland. "A lot of people start out in radio and move to TV. I've done it the other way round. I had a healthy sense of intimidation! But when the red light went on I thought, 'Yes, this is where I belong.'"
Social media – yes or no? "I treat it with extreme caution. I'm active on X (Twitter) but I only tweet about my enthusiasms, not my work – so football and music."
Best moments "I'm probably proudest of the reporting I did from Zimbabwe in 2008, shining a light on the horrors of the Mugabe regime. We kept being banned and we kept going back in."
Worst moments "In 2017 I went to the wrong island to cover a hurricane! We thought it was going to hit Jamaica. I ended up stranded there while it was Haiti that got battered. Stuck on a paradise island while watching my rivals cover the story was as bad as it gets."
Off air "I live with my wife Teresa in a Clackmannanshire village. We've two grown-up children and a golden retriever called Baxter. I'm a Hearts season-ticket holder and am also a member of the

wonderful Muckhart Golf Club."
First radio memory "I grew up listening to Radio 1. I loved Janice Long. She had a quiz called Select-a-Disc – listeners would ring in and answer two questions. Get the first one right, you'd win a single; get the second one right, you'd win an album. I got on – and got both questions right. I'll never forget it."
Favourite broadcasters "Janice Long for me was even more important than John Peel. I also love Danny Baker. I like people who don't follow convention. I'd add Matt Chorley on Times Radio. He's a complete natural – funny, incisive, entertaining. You're never too old to wonder what it is you like about your rivals, and you'd be daft not to try and learn from them."
Ambition/Dream job "I've got my dream job, and my only ambition is to remain fulfilled."
Secret skills "I make the best poached eggs. I've a secret method – so secret I won't share it even with RT readers!" **SIMON O'HAGAN**
 Listen at bbc.co.uk/radioscotland

7.00 Radio Wales Breakfast
 The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
 Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
 With Jason Mohammad.

2.00pm Behnaz Akhgar
 Celebrity guests, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
 Claire Summers and the team with everything you need to know as you head home.

6.30 Science Café
 Adam Walton explores recent discoveries and technological developments in astronomy. Repeated tomorrow 6.30am

7.00 Molly Palmer
 Classic tracks and new music from Wales and beyond.

10.00 Eleri Siôn
 Music and chat.

12.00 Relax with Radio Wales
 Featuring classic and contemporary tunes.

1.00am-6.00 as Radio 5 Live

Wednesday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
 Music to start the day.

6.30 Science Café
 Adam Walton explores recent discoveries and technological developments in astronomy. Repeated from yesterday 6.30pm

7.00 Radio Wales Breakfast
 The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
 Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
 With Jason Mohammad.

2.00pm Behnaz Akhgar
 Celebrity guests, Midweek Menu recipes, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
 Wyre Davies and the team with everything you need to know as you head home.

6.30 Country Focus
 Rural affairs programme for those working in and living in the Welsh countryside. Repeated from Sunday 7am Repeated tomorrow 6.30am

7.00 Bronwen Lewis
 New and classic country music from Wales and the world.

10.00 Eleri Siôn
 Music and chat.

12.00 Relax with Radio Wales
 Featuring classic and contemporary tunes.

1.00am-6.00 as Radio 5 Live

Thursday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
 Music to start the day.

6.30 Country Focus
 Rural affairs programme for those working in and living in the Welsh countryside. Repeated from Sunday 7am

7.00 Radio Wales Breakfast
 The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
 Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
 With Oliver Hides.

2.00pm Behnaz Akhgar
 Celebrity guests, expert advice and music quiz Backtracks.

5.00 Radio Wales Drive
 Claire Summers and the team with everything you need to know as you head home.

6.30 The Learners New series. 1/4. A new term begins for the worst Welsh learners in Wales, but the class is distracted by the rumour that the college is one of the most haunted buildings in north Wales.

7.00 Aleighnia Scott
 Music and culture.

10.00 Eleri Siôn
 Music and chat.

12.00 Relax with Radio Wales
 Featuring classic and contemporary tunes.

1.00am-6.00 as Radio 5 Live

Friday

NEWS AND WEATHER: as Monday

6.05am Wake Up with Radio Wales
 Music to start the day.

6.30 All Things Considered
 Religious affairs programme. Repeated from Sunday 9am Email: religion.wales@bbc.co.uk

7.00 Radio Wales Breakfast
 The latest news, travel and weather, with Oliver Hides.

9.00 Wynne Evans
 Featuring Soundtrack Stories and Mystery Voice.

12.00 The Phone-in
 With Oliver Hides.

2.00pm Eleri Siôn
 Celebrity guests, film reviews and Foodie Friday recipes and music quiz Backtracks.

5.00 Radio Wales Drive
 Claire Summers and the team with everything you need to know as you head home.

6.30 Radio Wales Arts Show
 Gary Raymond explores the current arts scene in Wales.

7.00 Radio Wales Sport
 With live commentary, analysis and special features.

10.00 Friday Night H
 Music and chat.

12.00 The Party Playlist with H
 A party playlist.

1.00am-5.00 as Radio 5 Live
BBC Wales, 3 Central Square, Cardiff CF10 1FT
 03703 500 700
 (weekdays 9.30am to 5.30pm)
 (landline calls charged at a maximum of 8p per minute)
 SMS: 81012
bbc.co.uk/radiowales

Saturday

NEWS: hourly 7.00am to 2.00pm
 WEATHER: after most news bulletins
 HILL FORECAST: 6.59am

5.00am Vicki Blight
 Start the weekend with music and chat.

7.00 Radio Wales Breakfast
 The latest news, travel and weather, with Oliver Hides.

9.00 Money for Nothing
 Dedications and song requests from the 1950s to the 1990s. Phone: 03700 100 110

12.00 Lucy Owen
 Music and guests.

Newport FM only 12.30-2.50pm
Radio Wales Sport
 Newport County v Swindon Town, the League Two match at Rodney Parade (kick-off 12.45).

2.00pm Radio Wales Sport
 Wales v Scotland, both teams' opening match of the Six Nations at Principality Stadium (kick-off 4.45).

7.00 Molly Palmer
 Sitting in for Bethan Elfyn.

10.00 BBC Introducing with Adam Walton
 New Welsh music, exclusive sessions, interviews and demos.

1.00am-6.00 as Radio 5 Live

Sunday

NEWS: hourly 7.00am to 6.00pm
 WEATHER: after most news bulletins
 HILL FORECAST: 6.58am

6.00am Fabulous
 The story of the Fabs, an all-girl band from Wales who rocked European stages in the 1960s. Repeated from last Friday Repeated tomorrow 6.30am

6.30 Science Café
 Adam Walton discusses seasonal affective disorder with Professor of Psychology at the University of South Wales, Professor Lance Workman. Repeated from last Tuesday

7.00 Country Focus
 Rural affairs programme for those working in and living in the Welsh countryside. Repeated Wednesday 6.30pm and Thursday 6.30am

7.30 Celebration
 A service led by the Rev Mark Greenaway-Robbins, vicar of Margam Abbey and the Rev Ruth Greenaway-Robbins, the curate of Margam Abbey in Port Talbot. Repeated 7.30pm

8.00 Sunday Supplement
 The latest political news, discussions and analysis, plus a round-up of the newspapers with guest reviewers.

9.00 All Things Considered
 Religious affairs programme, tackling the issues of the day in a thought-provoking manner. Repeated Friday 6.30am Email: religion.wales@bbc.co.uk

9.30 Bronwen Lewis
 Music and guests.

11.00 Owen Money's Solid Gold Sunday
 Hits from the 1960s and 1970s.

1.00pm Kiri Pritchard-McLean
 Music and chat.

3.00 Lynn Bowles
 Featuring music, entertainment and guests.

5.00 Roy Noble
 Classic songs and laidback conversation. Email: roy.noble@bbc.co.uk

7.00 June Gibbons: the Silent Twin
 June Gibbons chats with programme maker Jessica Gunasekara about the experience of creating *June, Voice of a Silent Twin*. Repeated from last Monday

7.30 Celebration
 A service led by the Rev Mark Greenaway-Robbins, vicar of Margam Abbey and the Rev Ruth Greenaway-Robbins, the curate of Margam Abbey in Port Talbot. Repeated from 7.30am

8.00 Celtic Heartbeat
 Frank Hennessy presents folk, roots and acoustic music from the Celtic countries and beyond.

10.00 Beverley's World of Music
 Broadcaster Beverley Humphreys introduces songs from stage and screen.

1.00am-6.00 as Radio 5 Live

Monday

NEWS: hourly 6.00am to 10.00pm
 WEATHER: after most news bulletins

6.05am Wake Up with Radio Wales
 Music to start the day.

6.30 Fabulous
 The story of the Fabs, an all-girl band from Wales who rocked European stages in the 1960s. Repeated from last Friday

7.00 Radio Wales Breakfast
 The latest news, travel and weather, presented by Dot Davies and James Williams.

9.00 Wynne Evans
 Featuring Soundtrack Stories and Mystery Voice.

Frequencies

Sadwrn

5.30am Richard Rees

Cerddoriaeth a chwmnïaeth ar gyfer bore Sadwrn.

7.00 Galwad Cynnar

Geralllt Pennant a'i westeion yn trafod natur, bywyd gwyllt a chadwraeth. EBOSt: galwadcynnar@bbc.co.uk

8.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Dylan Jones.

8.30 Ar y Marc

Dylan Jones a'r criw yn trafod pob math o bethau'n ymwneud â phêl-droed. EBOSt: arymarc@bbc.co.uk

9.00 Tudur Owen

Lot o fywdd, 'chydig o sylwedd, dim swmp gyda Geth a Ger yn lle Tudur.

11.00 Y Sioe Sadwrn

Cerddoriaeth ac adloniant gyda Shelley Rees a Rhodri Owen.

2.00pm Chwaraeon

Radio Cymru
Sylwebaeth fyw o gêm Abertawe v Plymouth Argyle yn y Bancampwriaeth.

4.00 Sylwebaeth fyw
o gêm Cymru v Yr Alban ym Mhencampwriaeth y Chwe Gwlad 2024.

7.00 Marc Griffiths

Cymysgedd o'r hen a'r newydd i ddiddanu ar nos Sadwrn, gan gynnwys llwyth o geisiadau. EBOSt: marc.griffiths@bbc.co.uk

9.00 Ffion Emyr

Cerddoriaeth a chwmnïaeth ar nos Sadwrn.

12.00 gweler World Service

Sul

5.30am Linda Griffiths

Dechreuwch eich dydd Sul yn sain dewis cerddorol Linda Griffiths.

7.00 Troi'r Tir

Y straeon diweddaraf o fydd amaeth a bywyd cefn gwlad.

7.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmnï'r Parchedig Anna Jane Evans. Ail-ddarlledir am 4.30pm

8.00 Bore Sul

Trin a thraford papurau'r Sul, cerddoriaeth a sgysiau hamddenol gydag Alun Thomas.

10.00 Swyn y Sul

Y soprano Elin Manahan Thomas yn dewis cerddoriaeth ar gyfer bore Sul.

12.00 Yr Oedfa

Oedfa dan ofal Aled Wyn Williams, Llanllwni.

12.30pm Bwrw Golwg

Gwenfair Griffith a'i gwesteion yn trafod materion moesol a chrefyddol. EBOSt: bwrw.golwg@bbc.co.uk

1.00 Cofio

Archif, atgof a chân yng nghwmnï John Hardy. Ail-ddarlledir Llun am 6pm

2.00 Ffion Dafis

Ffion Dafis a'i gwesteion yn trafod y byd celfyddydol yn ei holl amrywiaeth, a hynny yng Nghymru a thu hwnt.

4.00 Gwreichion

Yn oriau mân y bore ar 13 Ragfyr, 1979, cafodd tanau eu cynnau yn friadol mewn dwy ardal wahanol o Gymru. Yn Llanrhian, Sir Benfro ac yn Nefyn a Llanbedrog ym Mhen Llŷn, roedd tai gwyliau wedi eu llosgi'n ulw. Dyma oedd cychwyn ymgyrch Meibion Glyndŵr-gweithredoedd fyddai'n parhau am dros ddegawd wedi hynny. Yn y gyfres yma mae'r newyddiadurwr Ioan Wyn Evans yn ail ymweld â'r hanes a'n cyfarfod â'r rheiny fu'n dyst i'r digwyddiadau. Wrth i'r ymosodiadau barhau, roedd pwysau cynyddol ar yr heddlu i ddod o hyd i atebion. Yn y bennod yma fe glywn gan unigolion gafodd eu chuddo o fod yn rhan o weithredoedd Meibion Glyndŵr.

4.30 Caniadaeth y Cysegr

Amrywiaeth o emynau yng nghwmnï'r Parchedig Anna Jane Evans. Darlledwyd am 7.30am

5.00 Dei Tomos

Sgysiau am Gymru, ei phobl a'i diwylliant. Ail-ddarlledir Mawrth am 6pm EBOSt: deitomos@bbc.co.uk

6.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Ail-ddarlledir Iau am 6pm

7.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2024. Ail-ddarlledir Mercher am 6pm

8.00 Ar Eich Cais

Rhys Meirion yn darllen cyfarchion ac yn chwarae geisiadau. EBOSt: areichcais@bbc.co.uk

9.00 John ac Alun

Cerddoriaeth a sgwrsio i gloi'r penwythnos.

12.00 gweler World Service

Llun

5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig. Hefyd, y bwletin amaeth dyddiol, yn ogystal â golwg ar y papurau.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Gino

Trin a thraford Cymru a'r byd. Rhodri Llywelyn sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Nia Thomas yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Cofio

Archif, atgof a chân yng nghwmnï John Hardy. Darlledwyd Sul am 1pm

7.00 Rhys Mwyn

Clasuron coll o gasgliad Mr Mwyn, a gwesteion yn hel atgofion.

9.00 Caryl

Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Mawrth

5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Gino

Trin a thraford Cymru a'r byd. Jennifer Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk

6.00 Dei Tomos

Sgysiau am Gymru, ei phobl a'i diwylliant. Darlledwyd Sul am 5pm EBOSt: deitomos@bbc.co.uk

7.00 Georgia Ruth

Dewis eclectig o gerddoriaeth o gasgliad Georgia Ruth, yn cynnwys cerddoriaeth ryngwladol, byd a thraciau Cymraeg arbrofol.

9.00 Caryl

Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Mercher

5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Gino

Trin a thraford Cymru a'r byd. Vaughan Roderick sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk

6.00 Y Talwrn

Dau dîm o feirdd yn cystadlu i gyrraedd y rownd derfynol yn Eisteddfod Genedlaethol 2024. Darlledwyd Sul am 7pm

7.00 Mirain Iwerydd

Cerddoriaeth newydd Cymru.

9.00 Caryl

Cerddoriaeth a hwyl gyda'r hwyr gyda Caryl Parry Jones.

12.00 gweler World Service

Iau

5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore, gyda bwletinau newyddion, chwaraeon, tywydd a thraffig.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Dylan Ebenezer.

9.00 Aled Hughes

Straeon cyfredol, cerddoriaeth, a holi'r cwestiynau sydd ar feddwl pawb.

11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Gino

Trin a thraford Cymru a'r byd. Catrin Haf Jones sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Ifan Jones Evans

Digon o gerddoriaeth, chwerthin a sgwrsio, yn ogystal â chystadleuaeth neu ddwy.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk

6.00 Beti a'i Phobol

Beti George yn sgwrsio gydag un o bobl Cymru. Darlledwyd Sul am 6pm

7.00 Huw Stephens

Cerddoriaeth newydd, ambell berll anghyfarwydd a sgwrs.

9.00 Caryl

Cerddoriaeth a hwyl gyda'r hwyr.

12.00 gweler World Service

Gwener

5.30am John Hardy

Cerddoriaeth a chwmnïaeth ben bore.

7.00 Dros Frecwast

Y newyddion diweddaraf yng Nghymru a thu hwnt, gyda Kate Crockett a Gwenllïan Grigg.

9.00 Trystan ac Emma

Cerddoriaeth ac adloniant gyda Trystan Ellis-Morris ac Emma Walford.

11.00 Bore Cothi

Croeso cynnes dros banded gyda Shân Cothi.

1.00pm Dros Gino

Trin a thraford Cymru a'r byd. Dewi Llwyd sy'n codi'r pynciau a gofyn y cwestiynau sy'n bwysig i chi. EBOSt: drosinio@bbc.co.uk Ffôn: 03703 500 500

2.00 Tudur Owen

Lot o fywdd, 'chydig o sylwedd, dim swmp gyda Geth a Ger yn lle Tudur.

5.00 Post Prynhawn

Newyddion y dydd yng Nghymru a thu hwnt gyda Dylan Jones yn cyflwyno. EBOSt: postprynhawn@bbc.co.uk Post Prynhawn, BBC Radio Cymru Canolfan y BBC, Bryn Meirion Bangor, LL57 2BY

6.00 Dydd Miwsig Cymru

Mirain Iwerydd
Mirain Iwerydd yn dathlu Dydd Miwsig Cymru 2024.

7.00 Lauren Moore

Cerddoriaeth ar gyfer nos Wener.

9.00 Nos Wener Ffion Emyr

Ffion Emyr yn tanio'r penwythnos gyda thair awr o gerddoriaeth.

12.00 gweler World Service

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(Codir prisiau daearyddol safonol am alwadau o ffônau sefydlog a symudol)
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EboSt: radio.cymru@bbc.co.uk
Gwefan: bbc.co.uk/radiocymru

Radio Cymru 2

fel Radio Cymru ac eithrio:

Sadwrn

7.00am–9.00

Sioe Frecwast: cerddoriaeth ac adloniant gyda Daniel Glyn

Sul

7.00am–10.00

Sioe Frecwast: cerddoriaeth ac adloniant gyda Mirain Iwerydd

Llun–Iau

7.00am–9.00

Sioe Frecwast: cerddoriaeth ac adloniant gyda Rhidian Bowen Phillips

9.00–11.00

Lisa Gwilym: Lisa Gwilym yn chwarae eich hoff fiwsig

10.30–11.00 Iau: Lisa Gwilym: Traciau Newydd Radio Cymru 2: rhestr chwarae o'r gerddoriaeth Gymraeg newydd orau ar gyfer eich clustiau

Gwener

7.00am–9.00

Sioe Frecwast: cerddoriaeth ac adloniant gyda Lisa Angharad

11.00–1.00pm

Dom James: Dom James yn chwarae eich hoff fiwsig

1.00pm–2.00

Miwsig y Siarter iaith: awr o gerddoriaeth gyfoes Gymraeg i ddathlu Dydd Miwsig Cymru

National

BBC Radio 1 197.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6, 103.5–105, LW 198
BBC Radio 5 Live MW 693, 909, 990

Radio Cymru 92.4–96.1, 96.8, 103.5–105

Radio Cymru 2 This station only broadcasts on Freeview, satellite television, digital radio and the internet

BBC Radio Wales 93.9–95.9, 103.7, 103.9

BBC Radio Wales Extra MW 1125 (mid-Wales)

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Gloucestershire 104.7

(Churchdown Hill), 95 (Stroud), 95.8 (Cirencester), MW 1413

Hereford and Worcester 94.7

(Hereford), 104.6 (Kidderminster), MW 738, 1584 (Tenbury Wells)

Somerset 95.5, MW 1566

Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5

(Salisbury), 103.6 (Swindon)

Independent stations:

Bay Radio 102.1 (Swansea)

Bridge FM 106.3 (Bridgend/Vale of Glamorgan)

Capital 103.2 (Cardiff), 97.4

(Newport), 96.3 (north Wales Coast), 103.4 (Cheshire/north east Wales), 97.1 (Wirral), 103

(Anglesey) Music, news

Carmarthenshire 97.1

(Carmarthen), 97.5

(Llanelli/Carmarthen Town)

Chester's Dee 106.3

Freeradio 103.1 (Shropshire), 97.2

(Wolverhampton) Music, news, 97.6 (Hereford), 96.7

(Kidderminster), 102.8

(Worcester) Music

Heart 88 (Wrexham), 103 (Bath/Weston Super-Mare), 96.3

(Bristol), 102.2 (west Wiltshire), 102.4

(Gloucester/Cheltenham), 102.6

(Somerset), 97.2 (Swindon), 105.2

(Abergavenny/Carmarthenshire), 105.4

(Cardiff), 105.9

(Aberdare), 105.7 (Colwyn Bay), 105.9

(Newport), 105.7

(Pembrokehire), 106 (Swansea/Carmarthen), 106.1

(Ebbw Vale), 106.2

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IN TRUE Indiana Jones fashion, Bettany Hughes refuses to reveal the location of her next adventure. The classicist-historian-archaeologist-author-broadcaster is “off to see a Nabatean tomb next week”, she says, pausing briefly to explain that the Nabateans were the geniuses behind Jordan’s ancient city of Petra, which was memorably seen at the climax of *Indiana Jones and the Last Crusade*. “But it’s a newly discovered one,” she adds, “so I’m very, very excited – and can’t tell you the location.”

Luckily, Hughes is less coy about her recent expeditions, and the journeys she undertook for her latest book, *The Seven Wonders of the Ancient World...*

Why are people still fixated on the Seven Wonders, an arbitrary list of old monuments?

The Seven Wonders represent something really important – something both good and bad about humanity. Because on the one hand these incredibly ambitious works were often built on the backs and blood of slaves; but on the other, I think there’s something very hopeful for us, as a species, that we are impressed by what other humans can do, that we can find wonder in it. I find the monuments very uplifting, as examples of human ambition and excellence and delight in the world around you.

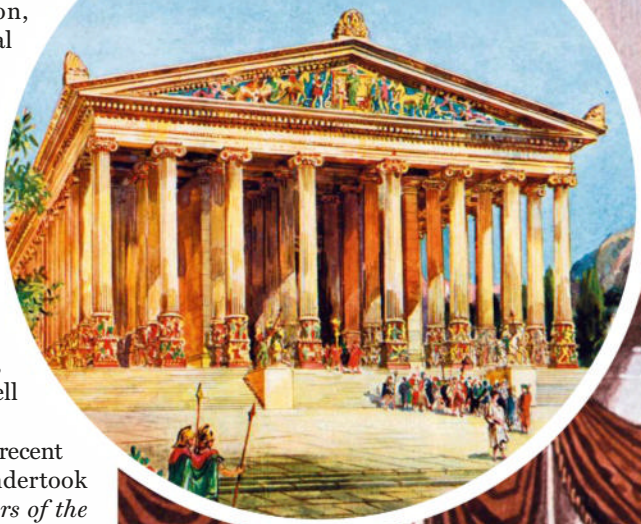
What makes your book different from all the previous tomes covering the same subject?

I’m not an armchair historian. I set off on this crazy journey, travelling to all seven locations apart from the Hanging Gardens of Babylon, in Iraq, which was too dangerous at the time – though I’m going there this autumn! Many of the previous books look at the monuments in isolation, but visiting the sites of them all shows you how they’re connected: for instance, the Statue of Zeus at Olympia was in a building inspired by the Temple of Artemis at Ephesus, and the Mausoleum of Helikarnassos used artists who had also worked on the Colossus of Rhodes and the Lighthouse of Alexandria.

Isn’t it frustrating that – apart from the Great Pyramid of Giza – there’s nothing left of the Wonders?

No, I love that! Using tiny, tiny fragments of things to unpack a big story is my meat and drink. So there are pieces of the Mausoleum – famously – in the British Museum; there are the foundations of the Colossus; there’s the footprint of the Lighthouse. And for me a historian is a kind of detective who can jigsaw-puzzle together all the evidence to fill in the gaps.

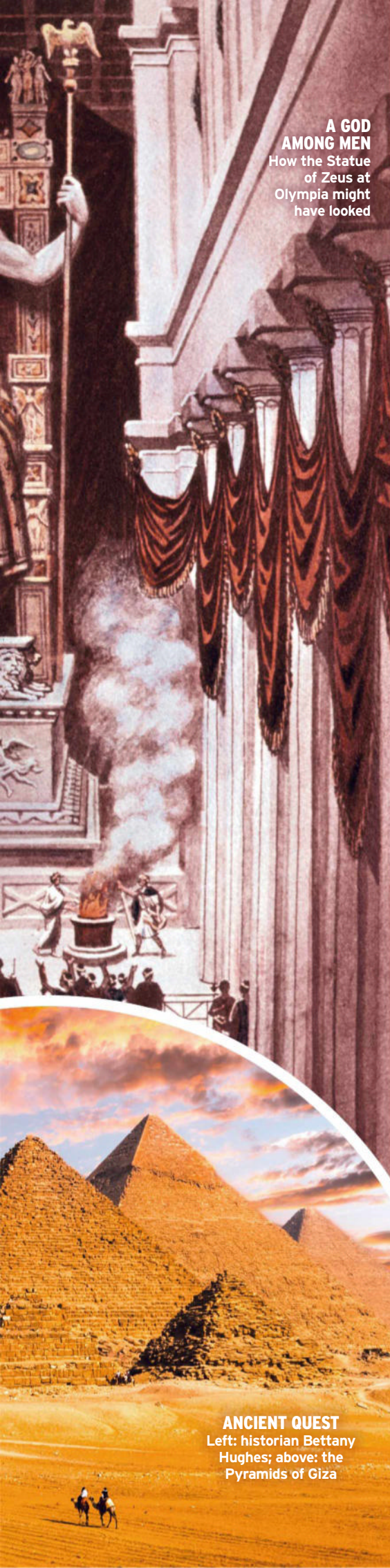
MAJESTIC SIGHT
A depiction of the Temple of Artemis at Ephesus



THE WONDER STUFF

Bettany Hughes is on a globe-trotting adventure to discover why the Seven Wonders of the Ancient World still thrill us





A GOD AMONG MEN
How the Statue of Zeus at Olympia might have looked

In fact, it's really interesting: if I get into a cab, or I'm talking to a stranger in a bar, I often ask "What's your favourite of the Seven Wonders?" If they don't back away nervously, the one that everyone mentions first is the Hanging Gardens of Babylon, and that's the one we don't have any evidence of. Because they can be whatever we want, they've had the strongest hold over the human imagination across time.

Anyway, I'm claustrophobic and scared of the dark, so having to clamber down and crawl underneath the bedrock of the Great Pyramid? Those aren't the happiest hours of my life.

Which modern cultural treasure would you add to the list? And which Wonder would you lose to make way for it?

The NHS would definitely be one of my modern cultural treasures; in fact, I dedicated my last book, *Venus & Aphrodite*, to the NHS back before Covid. And although I love it, the Wonder I'd lose would be the Mausoleum. It's named after King Mausolus, as it's his tomb, but it was actually built by his wife Artemisia, who's also buried there, so it should really be called the Artemiseum – and it slightly irritates me each time I write "Mausoleum".

This book is dedicated to your parents, who both passed away while you were researching it.

Yes, they both died unexpectedly. With my dad, I was at the Great Pyramid when I got the news, and it was actually very comforting being in a tomb, because I was reminded I'm part of 150 generations of people who've loved and lost and tried to make sense of death. Then with my mum, I was in Albania in pursuit of these mountain goddesses – there's a version of the Greek goddess Artemis who's still semi-worshipped there – and I'd been talking about the trip just four days earlier with my mum, and she was fascinated by it. So knowing she approved of the journey was some comfort. I'm just sorry Mum and Dad didn't get a copy of the book.

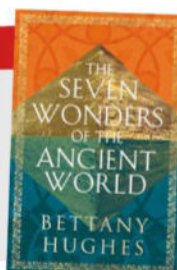
Finally, if there's only one Wonder left standing, presumably there'll be no TV series for this book?

There's actually a lot of interest in a television series! The joys of CGI mean we can take all those scraps of evidence and generate moments in the monuments' stories, like how it must have felt when people walked across the threshold of the Lighthouse of Alexandria and took in the huge amounts of charcoal needed to keep its flame burning. It would be amazing to re-create some of the glory of these Wonders...

ED GRENBY

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To order *The Seven Wonders of the Ancient World* by Bettany Hughes (W&N, £25) for £22 including p&p, please call **03302 232 639*** or visit radiotimes.com/shop06



ANCIENT QUEST
Left: historian Bettany Hughes; above: the Pyramids of Giza

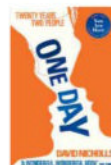


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ON OUR BOOKSHELF

The power of connection

A much-loved novel makes its way to the small screen

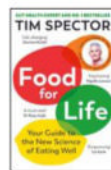


ONE DAY DAVID NICHOLLS

From Thursday **Netflix**

A modern classic, David Nicholls's *One Day* (£9.99, Hodder Paperbacks) has already had one adaptation

for the screen – the 2011 film with Anne Hathaway. Now it enjoys another, in the form of a 14-part Netflix series. Opening on 15 July 1988 as Emma and Dexter graduate from university, the book follows the pair over two decades, annually returning to them as their lives progress, both together and apart. Nicholls's realistic rendering of love gives his characters emotional depth, and his true-to-life writing perfectly captures the zeitgeist. See p22 and p32



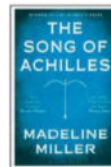
FOOD FOR LIFE TIM SPECTOR

Book of the Week Monday–

Friday 9.45am/12.30am **Radio 4**

How to eat healthily has been debated for many years, and

recent history has offered answers in the form of hundreds of diet plans, varying wildly in intensity and efficacy. In *Food for Life* (£12.99, Vintage), epidemiologist Tim Spector, founder of Zoe (a nutrition study-turned-programme), aims to change how we approach food and make us think about what is best for us as individuals. Spector's science-based approach and handy tips might just help to debunk the mysteries of never-ending ingredient lists.



THE SONG OF ACHILLES MADELINE MILLER

Book at Bedtime Monday–

Friday 10.45pm **Radio 4**

Greek mythology is full of

lovers, from gods to humans and everything in between, but Achilles is not usually the first to come to mind when discussing romantic heroes of the era. Madeline Miller, however, chose him for her 2011 debut novel, *The Song of Achilles* (£9.99, Bloomsbury), which tells an altered "history" of the heroic fighter and his bond with exiled prince Patroclus. Miller's poetic prose and artistic reworking of the saga offer a new, tender look at the wrathful demigod of legend.

RHIANNON THOMAS

Sue Perkins: Lost in Alaska

Friday 9.00pm **Channel 5**

IT'S RARE TO hear anyone express thanks for an experience that makes them go grey. But *Just a Minute* host, comedian and travel presenter Sue Perkins – who, for her latest show, has been learning how to protect herself from bears in the Alaskan wilderness – is full of gratitude.

“Travel has made me much more grey,” she says of her string of TV adventures, from training with sumo wrestlers in Japan to tracing the course of India’s Ganges. “In the sense that I don’t rush to a solution with anything. I’m not really a black-and-white person; I need to think about everything and everybody involved.”

Perkins had previously visited Alaska for a 2012 documentary on the world’s most dangerous roads, but in her new series, she takes in the history, wildlife and people of America’s 49th state, its largest and least populous. “You can’t get a grip on it, even when you’re there, because of its scale,” she says. “It’s extraordinary, magnificent.”

Misunderstood as a place of “oil refinery workers, guys in checked shirts, dudes and guns,” reckons Perkins, in Alaska you can unplug from today’s “sensory overload”. And you don’t need to be Bear Grylls to experience this “edge of civilisation”. Just don’t expect to bring your way of life there, she suggests. “You have to adapt. It’s big, brash, and beautiful.”

And you might see a bear.”

Ah, bears. Alaska – bought by the United States for \$7.2 million from Russia in 1867 – is home to nearly 140,000 black, brown and polar bears. Perkins learns to protect herself with pepper spray but also serves lunch (5lbs of dog food, 3lbs of oranges, a whole salmon, four eggs and celery smothered with peanut butter) to a bear at a wildlife conservation centre. “I fell in love,” she says.

‘It’s big, brash, and beautiful. And you might see a bear’

Alaska’s moose are also a big draw: “They’d be in people’s gardens – you’d be having a cup of tea and suddenly the moose would just potter around. You’re right up against the natural world. There’s still so much wilderness and wildlife.”

All those critters – “one bear crossed the road in front of us” – means that guns are a way of life in Alaska. At a shooting school, a visibly uncomfortable Perkins watches a ten-year-old boy practise with rifles as his proud parents look on: “I had a real revulsion to it,” the former *Great British Bake Off* host says. “To see kids being so composed in gun-handling was weird. But you find out that it’s about a culture of

sustenance, hunting and being able to take care of your family.”

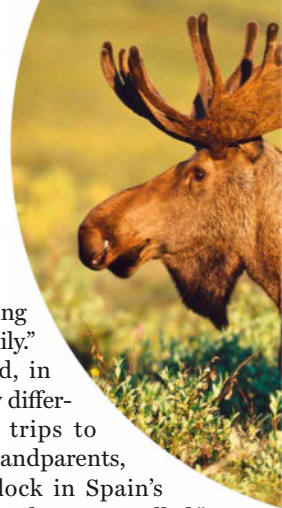
Perkins’s own childhood, in Croydon, was of course very different. Travel involved day trips to Brighton or visits to her grandparents, who moved to a tower block in Spain’s Torremolinos. “It was the road most travelled,” she says, “the same places every year.” In fact it wasn’t until she was 17, on her first solo trip, that she branched out – to New York, where she was promptly mugged. (“It was a very nice, gentlemanly mugging. He said, ‘I’ll take your bags.’ I said, ‘No, I can carry them.’ He went, ‘I’ll take your bags.’ And I went, ‘Oh.’”)

On TV, Perkins appears game for anything – including being shot (while wearing a bullet-proof vest) for a Netflix programme in Colombia. “I suppose as I get older, I’m not as fit as I should be; I’m tubbier than I was, so I’m more inclined to limit activities that show that than anything else. But I don’t feel fear about going into situations. I don’t have a lot of boundaries.”

A PILGRIMAGE THROUGH THE Himalayas for a BBC documentary was a “gear change”, allowing her to “really grieve” following the death of her father from a brain tumour in 2017. “When you go up a mountain... you’re left with this grey, pale landscape. As we came down, suddenly colour gets reintroduced... It was like my life was beginning again.” Meanwhile, Perkins revealed in 2015 that a

INTO THE WILD

Intrepid traveller Sue Perkins says she doesn’t have a lot of boundaries. So what better place to visit than America’s biggest state, Alaska?



GETTY





non-cancerous tumour was discovered in her pituitary gland while having medical tests for a BBC show. "As long as I remember to take my medication, I'm all right," she says. "It's an annoying lump in my head, but... I don't intend to let it circumscribe my future in any way."



CLOSE ENCOUNTERS

Top: a bull moose.
Above: Sue Perkins with Nina, owner of the Samovar Café in Alaska

That future, fans will be pleased to hear, could see her work with comedy partner, former *Light Lunch* and *Bake Off* co-host, Mel Giedroyc again. "There's some chatting," she says, keeping tight-lipped on those plans. The pair have just spent an evening watching Basil Brush in panto. "We're proper mates, we weren't put together by a management team!"

Perkins feels more at ease being herself on screen now. "I'm very curious.

I'm a real softy. I cry and laugh a lot. I feel everything," she says. But despite her success, she will never succumb to one trait perhaps expected of a television presenter: "I have no interest in personal grooming! I don't care what

I look like! I've worked with my make-up artist for years, and it's like a fight, trying to get me in that chair." **SHERNA NOAH**



THE BIG PICTURE
Brown bears in Katmai National Park, Alaska



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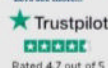
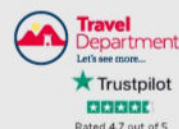
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DO I PAY TAX ON ONLINE SALES?

You may not have to, says **Paul Lewis** – just make sure you're aware of the rules

MILLIONS OF PEOPLE are selling things online these days to help with the cost-of-living crisis – or just to turn old stuff into useful cash. Nowadays that is known as a “side hustle”. Recent press articles imply that sellers must pay tax on the money they make, and that His Majesty's Revenue & Customs (HMRC) is preparing to write to everyone who does it demanding tax. The facts are a bit different.

Selling your own things from your attic or cupboards is not trading. It is, well, just selling your old stuff. So income tax is not due.

‘It's complicated, but most people needn't worry about it’

However, if you sell a personal possession for £6,000 or more and for considerably more than you paid, then capital gains tax may be due on the gain. Some things, such as cars, are usually exempt. Search gov.uk for “capital gains tax” for more details: it's complicated, but most people needn't worry about it.

If you buy things in order to sell them for a profit, or you make

things or paint pictures to sell them, then income tax may be due on the proceeds. Everyone can earn £1,000 a year from trading without paying tax. (This is a turnover tax, not a profits tax, so if your turnover exceeds £1,000 a year, then you must tell HMRC and the excess will be liable to tax.) Alternatively, you can treat it like a business and set off all your expenses against the sale price to get your profit. That is then potentially taxable, however little it is. If you have a business like that, you must register for self-assessment by 5 October in the tax year after the business started.

HOW WILL HMRC know about your sales? From this year, online marketplaces such as eBay and Vinted will demand more details from you and collect data on your annual turnover in the tax year. They must report that to HMRC from 31 January 2025. It is possible that HMRC will just go by the money you make and write to you implying that you must pay income tax, even if you are not “trading”. So, if it might affect you, I recommend you start keeping records of every sale now, and where the things you sell came from.

QUESTIONS? Send any questions to Paul.Lewis@radiotimes.com. I cannot answer you personally, but I will reflect them in this column.

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Age Partnership Plus

Crossword

PRIZE CROSSWORD One winner will receive fresh flowers delivered to their door every fortnight for three months, worth £150, courtesy of Neutradol Carpet Deodorizer, which you can shake on your carpets and vacuum up any lingering dirt and smells. For a chance to win a family holiday to Disneyland Paris, visit neutradol.com. To enter, fill in and post the coupon below, or email your answers to xword6@radiotimescomps.co.uk

WORDFINDER Find the name of the show in the shaded squares to win the prize below.

EASY CLUES Just for fun!



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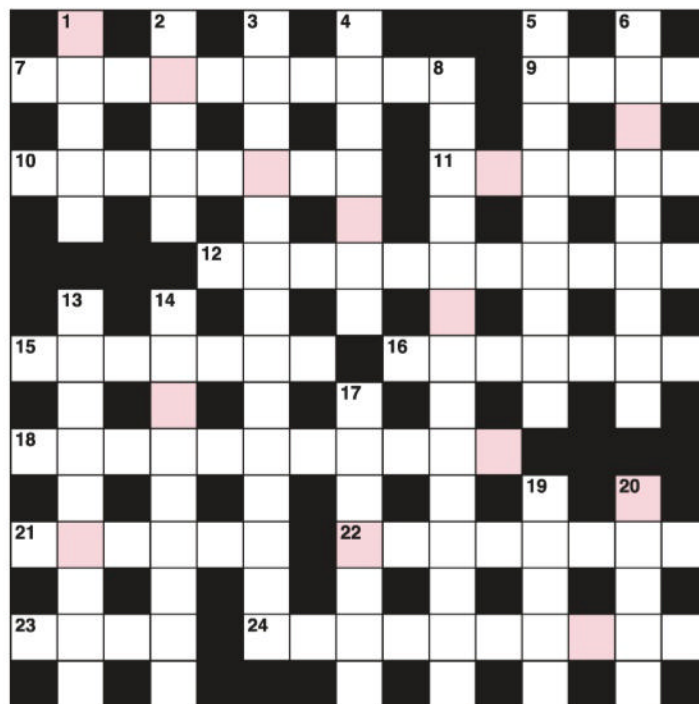
PRIZE CROSSWORD

ACROSS

- 7 Dressed for school with new entry? Not told (10)
9 English river coupled but endless (4)
10 Drink in amusing introductory musical sound (4,4)
11 Raid where cat's-eyes are? (6)
12 Alphabetically effortless? (2,4,2,3)
15 Cynical about dark fiendishness (7)
16 Longing to invest in crook with pepper (7)
18 I practised a new branch of medicine (11)
21 European left after I made Indian vegetable (6)
22 Lolly bag thrown all over the world (8)
23 Greek god missing centre of French city? (4)
24 Sitcom beginning move to different country (10)

DOWN

- 1 Still some spectre nightly returning (5)
2 Seances may regularly show the other side (5)
3 Unknown form, Asia Minor sort of religion (14)
4 Mixture from periodical priest brought up (7)
5 Advocate putting blockage round street (9)
6 High-speed connection with cummerbund? (9)
8 Flower might be given to Tommy by TV actress (5,3,6)
13 Communication from beach covering English chart (9)
14 Such soup found in tree? (5,4)
17 Day on entrance to vessel (7)
19 Jump over arched roof (5)
20 Caught single copy (5)



Prize Crossword 6

NAME _____

ADDRESS _____

POSTCODE _____

TELEPHONE _____

EMAIL _____

Cut or copy this form. Closing date: 16 February. Solution published in RT dated 9 March. Send to: Radio Times Prize Crossword, week 6 2024, PO Box 501, Leicester LE94 0AA. Or email your entry to xword6@radiotimescomps.co.uk

Please note, your contact details will only be used in order to contact the winner of the prize crossword



Two winners will each receive series four of *All Creatures Great and Small* (Acorn DVD). It's 1940 and change is on the horizon for everyone in Skeldale House. James and Helen wonder when the right time might be to start a family, not knowing if James will be called up by the RAF. Also features the Christmas special.

EASY CROSSWORD

ACROSS (answers page 139)

- 7 Liable to interfere (10)
9 Large stringed instrument (4)
10 Absolutely wonderful (8)
11 Meeting's list of topics (6)
12 Welsh celebration of 1 March (2,6,3)
15 Act of national betrayal (7)
16 Timber-cutting factory (7)
18 ITV *Saturday Morning* chef (5,6)
21 Dripping wet (6)
22 From Calgary or Winnipeg (8)
23 Norway's capital city (4)
24 Closing words of a letter (5,5)

DOWN

- 1 Entice, lure (5)
2 Cow's milk gland (5)
3 C4 restoration show (4,2,3,5)
4 Motorists' annual fee (4,3)
5 Trio (9)
6 Bit by bit (9)
8 Belief in the same rights for all (14)
13 River that flows into the Wash at King's Lynn (5,4)
14 Secretly listen in (9)
17 Burst into laughter (5,2)
19 Love to bits (5)
20 Big public gathering (5)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to wf6@radiotimescomps.co.uk.

Or post your entry (postcards only) to: Radio Times Wordfinder, Week 6 2024, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 16 February.

PRIZE CROSSWORD 51 SOLUTION

Prize Crossword

51 winner*

Simon Ireland,
East Sussex

Wordfinder 51

Tweenies

Wordfinder winners

Barry Page, West
Sussex; Nigel Jones,
Somerset



PUZZLE ANSWERS

EGGHEADS 1b 2a 3b 4c 5a
6c 7a 8b 9a 10c
West 10 Ellie Goulding
7 Babe 8 Tom Jones 9 Kanye
5 *Batdance* 6 *Modern Romance*
Night 3 Tina Charles 4 Boney M
1 Michael Cox 2 *Strangers in the*
POPMASTER
that the fewest people gave.

ENIGMA
Across Fraction, Pat, Axiom,
Jugular, Quirk, Lazy, Hangar,
Callow, Flag, Carry, Cricket,
Salvo, Son, Dominant
Down Banish, Focus, Ruin,
Invasion, Communal, Injury,
Banham, Garrison, Palpably,
Clan, Tardy, Wallop
POINTLESS
Like a Prayer (40), Live to Tell
(16), Like a Virgin (69), Into the
Groove (18), Papa Don't Preach
(62). So Live to Tell is the answer

ONLY CONNECT
Young animals
Joey, Foal, Calf, Cub
Types of heel
Stiletto, Cuban, Kitten, Platform
County football clubs
Ross, Newport, Notts, Derby
Characters from *Friends*
Chandler, Phoebe, Monica, Rachel
COUNTDOWN
10+3=13, 13x63=819,
819-6-2-2=811

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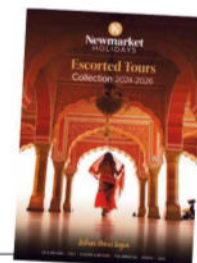
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The toughest brain teasers from your favourite shows

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ONLY CONNECT with Victoria Coren Mitchell



The connecting wall from *Only Connect* combines general knowledge, wordplay and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues on the side of the page...

Joey	Cuban	Phoebe	Cub
Stiletto	Chandler	Calf	Derby
Ross	Kitten	Notts	Rachel
Foal	Newport	Monica	Platform

TRY THESE CLUES: GROUP ONE: JOEY, GROUP TWO: KITTEN, GROUP THREE: ROSS, GROUP FOUR: PHOEBE. © RDF WEST

COUNTDOWN with Rachel Riley



Using addition, subtraction, multiplication and division, try to get as close to the target as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution is on the previous page.

811

7 3 6 2 10 9

SUPER SUDOKU 944

				6		1		
3	1	6						
				9				
	9					3	6	
		4	8					2
		1		7		4	8	
2					7		5	
		8	3					
6				5	1			

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 13/20**

SUDOKU NO 943 SOLUTION

7	1	6	5	8	3	2	9	4
3	4	5	9	2	6	1	8	7
8	2	9	7	1	4	5	6	3
4	6	1	2	3	7	9	5	8
2	5	7	8	6	9	3	4	1
9	3	8	1	4	5	7	2	6
6	9	4	3	5	1	8	7	2
5	8	3	6	7	2	4	1	9
1	7	2	4	9	8	6	3	5

SCRIBBLE PAD

TRACKWORD

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Adding an "s" to make the third-person singular of a verb is allowed; a plural is not. Proper nouns/foreign words not allowed. What is the nine-letter word?

BRAINBOX 29 words AVERAGE 19

TRACKWORD FOR LAST ISSUE Nine-letter word **NORTHWARD**

awn, dan, daw, dawn, dawt, draw, drawn, nard, nor, north, northward, norward, not, now, nowt, oar, onward, ort, own, owt, rad, ran, raw, road, roan, roar, rot, row, rowan, rowth, toad, ton, tor, tow, toward, town, tron, trona, twa, two, wad, wan, war, ward, woad, won, wort, worth, wot, wroth (Ref: *Chambers English Dictionary*)

THIS WEEK'S EASY CROSSWORD SOLUTION

Across 7 Meddlesome 9 Harp 10 Splendid 11 Agenda 12 St David's Day 15 Treason 16 Sawmill 18 James Martin 21 Sadden 22 Canadian 23 Oslo 24 Yours truly
Down 1 Tempt 2 Udder 3 Mend It for Money 4 Road tax 5 Threesome 6 Gradually 8 Egalitarianism 13 Great Ouse 14 Eavesdrop 17 Crack up 19 Adore 20 Rally

COMPETITION RULES Enter by post (postcards only, apart from prize crossword) by sending your entry to PO Box 501, Leicester LE94 0AA. Mark the name of the competition clearly on your entry. Bulk or third-party entries prohibited. Entries not accepted from employees of Immediate Media Company Limited or other companies associated with the competition, or their families or households. Unless otherwise stated, winners will be first correct entry drawn at random. Entrants bound by rules. For a list of winners or full rules, send sae to: Radio Times, Vineyard House, 44 Brook Green, Hammersmith, London W6 7BT, specifying competition, or check www.radiotimes.com/winners.

THE ENIGMA CODE

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 16/20 Target time: 32 minutes

	8	5	7	21	25	18	3	22		13	7	25
17		4		3		22				7		7
7	6	18	3	11		9	4	19	4	1	7	5
22		22		11		4				13		12
18				23	4	18	5	20		1	7	26
15		18			22		16		19		17	
10	7	22	19	7	5		21	7	1	1	3	24
		14		1		17		5		16		7
8	1	7	19		21	7	5	5	16			1
3		15				22		18		21		1
21	5	18	21	20	2	25		15	7	1	14	3
4		3				7		3		7		13
15	3	22		12	3	11	18	22	7	22	25	
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	Y	17	18	19	G	20	21	C	22	23

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CLIVE DOIG

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POINTLESS

with Richard Osman and Alexander Armstrong



Pointless asks a question of 100 people, the contestants are then asked to choose the answer they think the

fewest of those 100 people knew.

How to play Here are five Madonna song titles, with all their vowels replaced with the letter "M". Can you work out the titles and give us the most obscure answer?

MADONNA SONGS

LMKM / M / PRMYMR

LMVM / TM / TMLL

LMKM / M / VMRGMM

MNTM / THM / GRMMVM

PMPM / DMN'T / PRMMCH

EGGHEADS

with Jeremy Vine

KEVIN ASHMAN

1 The Order of the Seraphim, established in 1748, is the highest order of chivalry of which country?
a Belgium b Sweden c Spain

2 What is the name of Canadian football's equivalent of American football's Super Bowl?
a The Grey Cup b The Green Cup c The Brown Cup

OLAV BJORTOMT

3 Who had a top five hit with the comedy single *Funky Moped* in 1975?
a Lenny Henry b Jasper Carrott c Alexei Sayle

4 Complete the title of the 2018 film starring Sam Elliott: *The Man Who Killed Hitler and Then the...?*
a Loch Ness Monster b Abominable Snowman c Bigfoot

PAT GIBSON

5 Which letter is used to designate the most powerful type of solar flare?
a X b Y c Z

6 How is the comic-book character Johnny Blaze better known?
a Daredevil b Cyclops c Ghost Rider

LISA THIEL

7 Which actress wrote episodes of some of the television programmes in which she starred, using the pseudonym "Jonathan Marr"?
a Wendy Craig b Penelope Keith c Jan Francis

8 The word "dekkoo", meaning a quick look or glance, derives from which language?
a Welsh b Hindi c Mandarin

BETH WEBSTER

9 What is the term for preserving organic material by removing its water content?
a Desiccation b Detoxification c Diffraction

10 *Percy Jackson and the Olympians* is a series of books by which author?
a Phil Earle b Brian Selznick c Rick Riordan

DICTIONARY CORNER

Susie Dent



Word of the week Quiz

Behind the word that peppers our TV and radio listings lies one of English etymology's most popular

stories. The earliest record of "quiz" dates from the late 18th century, when it described an eccentric individual or a ridiculous thing. In the 1920s the word came to mean a series of questions

provided as entertainment. The word is said to have been the brainchild of an 18th-century Irish actor and theatre manager named Richard Daly, who took on a bet that he could invent a word and have it become the talk of the town within 24 hours; he did so by having "QUIZ" chalked or pasted around Dublin. The chronology would fit, and a theatre manager called Richard Daly existed, but we don't have definitive evidence. The word may simply derive from the adjective "inquisitive".



POPMASTER

with Ken Bruce

1960s

1 From 1960, Angela Jones was the only top 40 hit for which vocalist?

2 What was the title of the only number one hit achieved by Frank Sinatra during the 60s?

1970s

3 *Dance Little Lady Dance* and *Dr Love* were both top ten hits in 1976 for which singer?

4 Name the group whose record *Nightflight to Venus* topped the album charts for four weeks in 1978.

1980s

5 Which of these three hits by Prince gained the highest chart position: was it *Batdance*, *Sign 'O' the Times* or *Alphabet St*?

6 *Ay Ay Ay Ay Moosey* was the first top ten hit in 1981 for which group?

1990s

7 Although different songs, which one word number one from 1993 by Take That shares its title with the only top 40 hit from 1980 by Styx?

8 Name the legendary singer who made the top 20 in 1993 with the revival of the Beatles' 1967 number one, *All You Need Is Love*.

2000s-present day

9 In 2008, which rapper was featured on Estelle's number one single, *American Boy*?

10 Name the singer who entered the album charts at number one in 2023 with *Higher Than Heaven*.

QUESTIONS BY PHIL "THE COLLECTOR" SWERN

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Feedback

EDITED BY LAURA RUTKOWSKI

HEAR THE MURMUR

On *Countryfile* (21 Jan BBC1), we were told we would see starlings gathering in a murmuration before settling down to roost. The imagery was great, but the effect was ruined by the addition of background music. I've witnessed this wonderful phenomenon and part of the magic is the sound of thousands of birds in flight. There are times when nature cannot be improved upon.

Eddie Price Oswestry, Shropshire

COULD IT BE MAGIC?

The late composer and bandleader Laurie Johnson produced a lot of work used by the BBC, notably *Las Vegas*, the opening theme to the BBC's merciless self-satire *W1A*. Some viewers, however, would have recognised this tune as the opening theme to *Animal Magic*. Coincidence? I think not. Surely the intended effect was an ironic dissonance between the uncomplicated innocence of a previous era and the introspective angst of this one.

Nick Davies Swansea

JUST PLAY THE GAME

As rugby union fans (in our 80s), we loved the TV coverage of the recent World Cup and are looking forward to the Six Nations. We think the Premiership club games that we watch on TNT Sports are the most entertaining, but some are spoilt for us by the very poor quality of the commentary. For any sporting event, the commentary should enhance the viewing experience – the commentator(s) using their experience and knowledge, not being partisan or engaging in gossip about the players or officials.

Elsbeth and Eric Beckmann Shrewsbury, Shropshire

BRACE, BRACE

As a long time DIYer, I wonder how many others have spotted that the picture used in *RT* for *David and Jay's Touring*



SHUT THAT DOOR
Jay Blades and David Jason

Toolshed (22 January BBC2) shows the bracing pieces on the shed doors fitted incorrectly – or else they got the doors mixed up!

Alan Perks Oldbury, West Midlands

AMEN TO THAT

I believe that Sheku Kanneh-Mason is right to say that *Rule, Britannia!* should be removed from the Last Night of the Proms (*Desert Island Discs*, 21 January Radio 4). It is simply not needed. I would recommend that the final *Amen* chorus from

Handel's *Messiah* would be an excellent, rousing replacement, and the word, translated as "So be it", would be a very suitable close to weeks of brilliant music-making. Negative for no one.

Tony Stevens East London

WELCOME TO THE DANCE

As an ex-ballet dancer, I was delighted to find that *The Magic of Dance* was to be shown again on BBC4. In a small way, I was involved in the programme. I was privileged to be chosen to be in the corps de ballet of *Les Sylphides*, which we were told was going to be filmed, but I was working when it was originally shown in 1979, so didn't see it.

LETTER OF THE WEEK

Stop the cull!

I can't help but lament the BBC's decision to cull *Autumnwatch* and squish *Winterwatch* down to just four nights (16–19 January BBC2). Being trapped inside during the pandemic made me realise how much I rely on nature in terms of mindfulness and wellbeing. These programmes may not compete with the viewing figures of reality TV shows, but they do display the reality of our natural world, and they're delivered with enthusiasm and candour by the team. This is vital work.

And who says reality shows are more exciting? Gillian Burke surrounded by playful killer whales off Orkney was an emotional segment of footage I won't soon forget.

Josh Sharp Rossett, Wrexham

Josh Sharp wins a black Roberts Ortus 2 clock radio. Sleek and practical, this DAB/DAB+/FM radio has pre-sets for up to 20 stations, both a radio and a buzzer alarm with snooze function and an audio fade-out setting for listening in bed. The display light can be adjusted to dim or black-out at night. The Ortus 2 also features a USB socket for a smartphone connection and can double up as a speaker for your iPod or MP3 player. RRP £79.99 robertsradio.com



ROBERTS



THRILLING
Gillian Burke encounters orcas in Orkney

Watching episode four, I saw myself dancing, for the first time ever, at the age of 70.

What was even more wonderful is I was able to show my daughter!

Jo Allmond Shrewsbury, Shropshire

ROSIE'S IN THE HOUSE

I absolutely love *Richard Osman's House of Games*, but recent episodes (15–19 January BBC2) left me with an extra rosy (forgive the pun) glow because of the wonderful Rosie Jones. Her joyous enthusiasm was infectious.

Karen Houston Sheerness, Kent

SPLATTER EFFECT

I remember Jackson Pollock. I was a student when he was "new" and we all went out and tried slinging paint at a canvas, only to discover that his work wasn't random at all, but beautifully choreographed – as was *Russell Maliphant's Vortex* (21 January BBC4), inspired by his work. What a treat!

Annabeth Robb Lanarkshire

NORTHERN EXPOSURE

I have thoroughly enjoyed *Robson Green's Weekend Escapes* (BBC2). My great-grandfather came from Northumberland and my sister

and I made our first visit a few years ago, in search of our family history – we absolutely loved it. No wonder Robson is so passionate about this part of the UK. His humorous presentation combined with a variety of activities and guests, plus lovely places to stay, made it a refreshing watch.

Brenda Gibbons

Banbury, Northamptonshire

GLADIATORS, READY!

Oh, what a series *Gladiators* is (Saturdays BBC1). Bradley and Barney Walsh are such a good comedic pair. The games are brilliant, the system works to a tee, and the *Gladiators* are very humane, except Viper. BBC have made a great call.

Tim Whallead-Cehu Seaton, Devon

WILD ABOUT SIMON

Wilderness with Simon Reeve (Sunday BBC2) is a joy to watch. His celebration of the places and people he visits on his journey is humbling and heartfelt. It's a privilege and enlightening to be able to "share" the experience with him, and we always enjoy a game of count the "Bloody hells!".

Anne Metcalfe Nantwich, Cheshire



PET SOUNDS

I was surprised to hear Brian Aldridge on a recent episode of *The Archers* saying that a tortoise would be easier to look after than a cat. During more than 40 years of owning my tortoise, I have learnt that he is classed as an exotic animal, and that the British climate isn't generally sunny enough for tortoises to do well – hence many die before their time, unless they are cared for correctly.

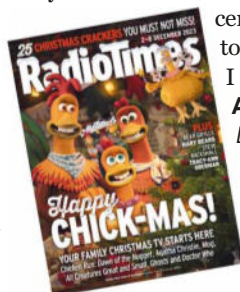
A concerned tortoise owner

GUESSING GAME

Do any other RT subscribers play "Guess who's on the cover" when their copy drops through the letterbox? We take turns each week to ask yes/no questions until we get it right. Biggest challenge so far? Rocky, Ginger and Molly from *Chicken Run*: *Dawn of the Nugget* (2 December issue)!

Vicki Vrint Chichester, West Sussex

Look out for pictures from the starry RT Covers Party next week.



POPLAR CRIES

What an emotional rollercoaster (*Call the Midwife*, 21 January BBC1)! I was sobbing throughout at the thought of the fate of poor Fred Buckle (Cliff Parisi) and, as usual, the programme brought some very important issues to the fore. I've no doubt that straight after the credits rolled, hundreds (if not thousands) of viewers were checking up on their tetanus vaccine status. I know I did!

Carole Gasan

Tiverton, Devon

TAMING OF THE VAMPIRE

How times have changed! On 14 January, the Legend channel screened the 1958 Hammer version of *Dracula*. At the time, it was an X certificate,

which meant nobody under 16 was allowed to see it. At the age of 13, I decided to try my luck – straight from school and still wearing my uniform – and unbelievably, I was given a ticket. I was amazed that in RT's description of the film, it is now classified as a 12 certificate! Tame stuff for today's kids, I assume, but I had my night of glory!

Andy Thompson

Llandaff, Cardiff

A CONFESSION

In last week's Feedback (RT, 27 January), Garry Simpson wrote in to say that on 3 January, Sky Sports Cricket showed highlights of the afternoon session [of the opening day of the Second Test between South Africa and India] before the morning session. I must be going a bit nuts, too, then, because I saw exactly the same thing! Maybe it's catching...

Simon Pritchard

Yardley Hastings, Northamptonshire

Sky Sports says: "Apologies to the readers who saw the afternoon highlights play out ahead of the morning session. It looks as though it was a rare issue and has since been resolved."

A CORRECTION

In the 20–26 January edition of RT we printed an incorrect solution to one of our *Eggheads* questions. The correct answer to who wrote the 1911 horror novel *The Lair of the White Worm* was, of course, b) Bram Stoker, and not a) Mary Shelley. Our apologies.

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JOYOUS
Simon Reeve's adventures get the thumbs-up



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THE BIG PICTURE QUIZ ANSWERS REVEALED!

We set you a tough visual quiz in our Christmas double issue. How many of the 50 shows and major events from 2023 did you spot?

- | | | | | |
|--------------------------------|------------------------------|--------------------------|--------------------------|--|
| 1 Succession | 11 Stonehouse | 21 Blue Lights | Next Door | 41 Queen Charlotte: a Bridgerton Story |
| 2 RuPaul's Drag Race UK | 12 Magpie Murders | 22 The Sixth Commandment | 32 Boiling Point | 42 Canal Boat Diaries |
| 3 Grayson Perry's Full English | 13 Colin from Accounts | 23 Time | 33 Dreamland | 43 The Long Shadow |
| 4 Black Mirror | 14 Black Ops | 24 The Bear | 34 Strictly Come Dancing | 44 Wolf |
| 5 Ted Lasso | 15 Squid Game: the Challenge | 25 Shetland | 35 Good Omens | 45 Great Expectations |
| 6 The Crown | 16 Henpocalypse! | 26 The Last of Us | 36 Inside No 9 | 46 Slow Horses |
| 7 Happy Valley | 17 Nolly | 27 The Gallows Pole | 37 Ghosts | 47 The Repair Shop |
| 8 The King's Coronation | 18 Father Brown | 28 World on Fire | 38 Ten Pound Poms | 48 Three Little Birds |
| 9 Doctor Who | 19 Beyond Paradise | 29 Rain Dogs | 39 White House Plumbers | 49 Challenge Anneka |
| 10 Celebrity Race | 20 Hotel Portofino | 30 The Woman in the Wall | 40 The Gold | 50 Bangers and Cash |
| | | 31 The Couple | | |

THE PICTURE QUIZ WINNER



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Four readers win £200 of Theatre Tokens:

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Wordfinder solution The Madame Blanc

Mysteries – Three Wordfinder winners

receive A Year on Planet Earth on Blu-ray or DVD:

Kathleen Eldridge, Bedfordshire; **Mrs S Gibbons**, Suffolk; and **Jason Wills**, Wrexham.



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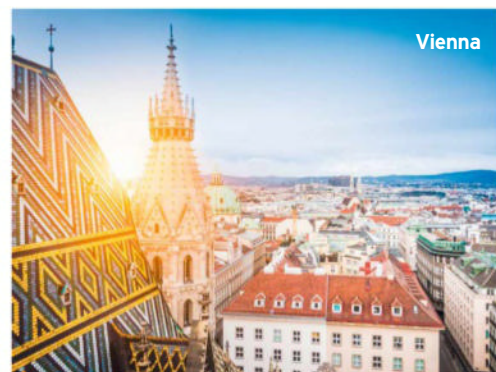
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RYLAN

The reality star on *The Traitors* – and his answer to cruel jibes about his teeth

What's the view from your sofa?

I spend most of my time in my kitchen – I have sofas in there, too. There's a big screen and a fire, and one wall is glass so I can look onto my garden.

What have you enjoyed watching recently on telly?

I love *The Traitors*, obviously! Everyone's on that bandwagon. Claud [*The Traitors* host Claudia Winkleman] is a good mate of mine – seeing her with her high collars and fringe makes me smile.

What is your first TV memory?

When Channel 5 launched [in 1997]! There was a test card and a countdown and then, the next thing you know, the Spice Girls are singing, "Welcome to a new generation!" I was having a panic attack – it was all so exciting.

When did you realise you wanted to be on telly?

I went to primary school with a girl whose auntie was in two episodes of *EastEnders*. She came to pick her up and it was like Princess Diana had come to the school. We were like, "She's so famous!" I remember thinking, "I could do that." Then reality TV came along and I realised, "That's the way to do it."

Did reality TV seem like the way to change your life?

I grew up in a council house with my mum and my nan. My mum had Crohn's disease, so she didn't work. I never went without, but it's not like we had a lot of money. So I definitely saw reality TV as an avenue to change my life. When I went on *The X Factor* [in 2012] people kept asking, "What do you want out of this experience?" It wasn't to be a pop star or to be famous. It was to get my mum a new front door. Fast forward to now – I've built my own house; I've built my mum a house. Reality TV has majorly changed my life.

Have you ever let fame go to your head?

Very early on, I saw people talking to other people like s**t. If something's



running over an hour, there would be people in this industry who would literally walk out, even if it meant the show didn't get made. I've seen it happen! I've always pledged that I'd never be that person. When I got ill after my divorce, I had time off. When I came back, everyone had waited for me and told me to take the time I needed. I didn't lose a single job. That was the biggest compliment, because I've always treated people well.

You haven't always been treated well on social media. Are you a thick-skinned person?

I developed a thick skin on *The X Factor* because I had to! I was getting death threats. I needed to have 24-hour security. As someone who was new to the industry, I had two choices: walk away or keep going. I kept going. You can look on social media and see someone say something that makes you feel like s**t for two minutes. But then I sit there and think, "I'm rich. I've come out of a council house in Stepney Green. Do you think I give a f*** that Julie038765XYZ on Twitter says that

MY IDEAL NIGHT IN



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Nighty Night, Ab Fab and Benidorm. Bring back Benidorm! ITV needs to sort it out.



SNACK AND DRINK
I'm trying to be healthy, so cashew nuts and Evian. I'm like Mariah Carey; I only drink Evian. How I haven't got a deal with them, I don't know!

I've got horse teeth or I'm too gay?" If I do feel like s**t, I just check my bank balance.

As well as *The One Show*, *This Morning* and your Saturday slot on Radio 2, you're hosting Amazon's new reality series *Hot Mess Summer*. Contestants think they'll be spending the summer partying in Zante, but instead wind up working in your bar. How would you fare? I worked in a bar and loved it. However, I didn't have cameras in my face or people scrutinising my every move. Did I have a sly drink behind the bar? Yes! Did I maybe add a little tip here and there when someone was p****d? Maybe!

Are your reality TV show days over?

I would hate nothing more than to be a contestant again. Unless it was on celebrity *Traitors*. I'd go to town on that. Literally every time I see Claudia I'm like, "Why has this not been done? Sort it out or I'll cut your fringe off, babe."

KELLY-ANNE TAYLOR

Hot Mess Summer is available on Amazon Prime Video from Wednesday

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